

SWAN (SOUTHERN WOMEN'S AID NETWORK)

England & Wales · Charity number 1188649

Details

Status Registered

Legal form CIO

Registered 2020-03-19

Register [View on the Charity Commission register](#)

Contact

Address Unit 3
The Bensham Centre
62 Bensham Grove
Thornton Heath
Surrey
CR7 8DB

Phone 02034900690

Email info@swanlondon.org

Website www.swanlondon.org

Activities

Objects: THE RELIEF OR PREVENTION OF POVERTY AMONGST PEOPLE IN LONDON OR IN OTHER PARTS OF THE UNITED KINGDOM OR ABROAD IN SUCH WAYS AS THE TRUSTEES FROM TIME-TO-TIME THINK FIT, IN PARTICULAR, BUT NOT EXCLUSIVELY BY:A) PROVIDING EMERGENCY FOOD AND HOUSEHOLD ITEMS TO INDIVIDUALS AND FAMILIES IN NEEDB) SUCH OTHER MEANS, INCLUDING (BUT NOT LIMITED TO) THE PROVISION OF SUPPORT OR SIGNPOSTING TO RELEVANT INFORMATION AND OTHER ADVISORY SERVICES AND THE SUPPORT OF OTHER ORGANISATIONS WORKING TO RELIEVE OR PREVENT POVERTY

Activities: SWAN (Southern Women's Aid Network) was founded by Saiqa Ali BEM and is led and operated by women. SWAN works with other national and international NGOs and is a recognised provider of food aid in London and abroad. SWAN provides food and other essential aid to individuals and families in need through its ongoing and emergency local and international aid projects.

Classification

- **How:** Provides Services
- **What:** General Charitable Purposes, The Prevention Or Relief Of Poverty, Overseas Aid/famine Relief, Economic/community Development/employment, Human Rights/religious Or Racial Harmony/equality Or Diversity
- **Who:** Other Charities Or Voluntary Bodies, The General Public/mankind

Geography

- Afghanistan
- Bangladesh
- Cameroon
- Chad
- Greece
- Lebanon
- Malawi
- Occupied Palestinian Territories
- Pakistan
- Sri Lanka
- Throughout England

Finances

Period end	Income	Expenditure	Assets	Employees
2025-04-30	£1,343,042	£1,236,750	£278,337	3
2024-04-30	£972,745	£867,082	£172,046	0
2023-04-30	£443,613	£464,072	-	-
2022-04-30	£401,694	£347,093	-	-
2021-04-30	£288,636	£264,830	-	-

Trustees

Name	Role	Appointed
Uzma Hameed	Chair	2025-09-20
Amina Khawaja		2020-01-01
Saman Jung		2020-01-01

SWAN (SOUTHERN WOMEN'S AID NETWORK)

England & Wales - Charity number 1188649

Accounts

SOUTHERN WOMEN'S AID NETWORK (SWAN)

TRUSTEE REPORT FOR THE YEAR 2024–2025

Charitable Incorporated Organisation (CIO) No. 1188649

The charity is non-profit making, and its trustees are volunteers.



Unit 3, Bensham Business Centre,
62 Bensham Grove, Thornton Heath, CR7 8DS
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Reference and Administrative Information

Charity's Registered Name: Southern Women's Aid Network

Charity's Registered Number: 1188649

Charity's Principal Address: 85 Great Portland Street, London W1W 7LT

Trustees:

- Uzma Hameed (Chair)
- Saiqa Ali
- Amina Nasreen Khawaja (Secretary)
- Amber Siddiqui (Treasurer)
- Saman Jung
- Smaira Wahid
- Naheed Nizam

Bankers:

Bank of Scotland

PO Box 23583, Edinburgh EH1 1WH

Independent Examiner & Accountant:

Pearl Accountants Limited



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Structure, Governance and Management – Objectives and Aims

The relief or prevention of poverty amongst people in London or in other parts of the United Kingdom or abroad in such ways as the trustees from time to time think fit but not exclusively by:

- **Providing emergency food and household items to individuals and families in need.**
- **Offering support and signposting to relevant information, advisory services, and other organisations working to relieve or prevent poverty.**



Message from Our Chairperson

Dear SWAN Supporters and Well-Wishers,

I am delighted to provide you with an overview of SWAN's financial performance and the impactful initiatives we have undertaken over the past year. Your unwavering support has played a crucial role in enabling us to make a positive difference in the lives of individuals and communities both locally and internationally.

This past year, internationally, our reach extended across Pakistan, Afghanistan, Malawi, Bangladesh, Palestine and Madagascar. Through our new partnership with Croissant d'Espoir de Madagascar, we delivered food packs to elderly people, widows, and orphans, ensuring access to nutritious meals and dignity for those most at risk.

SWAN continued its critical work in Palestine, responding to the escalating humanitarian crisis in Gaza with emergency food, water, grants, and medical aid at a time of immense human suffering.

Locally, in South London, SWAN has continued to address social need through a multifaceted, community-led approach. Our weekly food banks and three soup kitchens provided essential sustenance to 9,840 beneficiaries, while our partnerships with local food distributors ensured that surplus fresh food was redistributed responsibly and with dignity. Initiatives such as the Refugee Children's Art Club and our monthly Tea & Talk sessions have supported mental wellbeing, social connection, and inclusion within our communities.

We have also begun developing a Community Drop-In Service, designed to offer a safe, confidential space for individuals seeking advice, emotional support, or practical assistance. This initiative reflects SWAN's commitment to meeting people where they are and responding holistically to local need.

Looking ahead, the past year has also been a period of reflection and strategic planning for SWAN. As our work has grown, so too has the need to ensure that our impact remains focused, sustainable, and responsibly funded. We have therefore begun a process of strengthening our team and refining and defining our work more clearly, prioritising local need in the UK, and focusing internationally on carefully selected countries where we have trusted partners and the ability to fund programmes without overstressing our resources or relying on unrestricted funds. This approach will allow SWAN to deepen impact, build long-term sustainability, and ensure that every project we support is both meaningful and financially responsible.

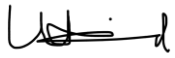
We extend our heartfelt gratitude to everyone who supports SWAN and to partner organisations including Don's Local Action Group, The Felix Project, FareShare, Lidl, and Gail's Bakery, whose weekly food donations continue to sustain our community pantries and families in need.

In conclusion, SWAN's work over the past year — locally and internationally — reflects both our compassion in responding to urgent need and our commitment to building a stronger, more sustainable organisation for the future. We remain deeply grateful for your trust, generosity, and belief in our mission.



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Warm regards,



Uzma Hameed

Chairperson

Southern Women's Aid Network (SWAN)

12th January 2026



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Achievements and Performance

SWAN has made a significant impact on the communities we serve through a holistic, three-tier approach of **Survival, Support, and Sustainability** — addressing urgent needs while empowering people for long-term resilience.

In **South London**, SWAN continues to run weekly food banks and three weekly soup kitchens, collectively providing for over **9,840 beneficiaries**. We also collaborate with other food banks to ensure no fresh food goes to waste, regularly donating surplus supplies to **St Martin's Community Centre**.

In addition to food aid, we offer emotional and social support through community-building initiatives such as our **Refugee Children's Art Club** and **monthly Tea & Talk gatherings** for adults.

As part of our continued commitment to holistic community support, we are now developing a **Community Drop-In Service**, which will be a confidential and welcoming space for anyone in need — offering advice, emotional support, and signposting to local services.

Our Appeals

United Kingdom

Our food bank and soup kitchens continue to serve diverse communities, including families in hardship, refugees, asylum seekers, and the homeless. This year, our **Community Pantry** provided over **3,000 food packs** to **900 registered families**, distributing up to **60 packs per week**.

We also provided **10,270 hot meals** through three weekly soup kitchens and distributed **2,530 essential supply packs**.

Through the **SWAN500 Project**, where 500 people donate £1 weekly, we have been able to issue **65 small grants** (up to £250 each) to families in emergency need, such as help with bills, debt, or essential items.

Afghanistan

Our **bakery project** produces **3,600 loaves weekly** (187,200 annually), providing both food and job opportunities. Additionally, vocational training empowers men and women with skills to achieve economic independence.



Pakistan

We operate **two weekly soup kitchens**, fund a **school for 100 children**, and provide **2,200 kg of flour monthly** to support 1,000 students and local poor families.

We also support widows through a **sewing programme**, giving each graduate a sewing machine to start a business.

Bangladesh

With *Umme Salman Safura Begum Girls Madrasha and Orphanage*, we run a **Coding for Kids** programme empowering **Rohingya girls** with digital literacy. Ninety-five students completed 50 programming projects this year.

Malawi

Through *Darul Qur'aan Madrassah*, SWAN supports **70 students**, half of whom are orphans. This year saw **4 new Huffaaz**, **7 Aalim graduates**, and **15 students** complete computer courses.

Sudan

SWAN continues to support **Sudanese refugee families and orphans** displaced by the conflict, delivering food, essentials, and shelter support to those in camps and temporary housing.

SWAN has contributed to a **sustainable bread factory** project producing 1,300 packs per hour — ensuring food security for thousands of families while maintaining a model that covers operational costs through affordable pricing.

Madagascar

In partnership with *Croissant d'Espoir de Madagascar*, SWAN is providing **food packs to elderly people, widows, and orphans**. Each pack includes rice, oil, flour, sugar, lentils, and household essentials — enough to sustain a family for several weeks. This collaboration marks an expansion of SWAN's reach in Africa, extending compassion and relief to overlooked communities.

Gaza, Palestine

SWAN continues long-standing projects in Gaza, including:

- **Ambulance service** for emergency and chronic patients
- **Khan Younis Field Hospital** (rent, salaries, medical aid)
- **Primary Health Clinic** (maternity, neonatal, emergency care)



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- **Women's Hygiene Kits** (£25 each)
- **Orphan Sponsorships** (50 children at £50/month)
- **Food, water, and vegetable hampers**
- **Monthly family grants**
- **Breastfeeding project** providing food packs for mothers and orphaned babies

Despite severe conditions, SWAN continues to deliver vital support wherever access is possible.

Seasonal Campaigns: Ramadan and Eid

During **Ramadan 2025**, SWAN distributed more than **21,000 iftar meals** across **Gaza, Afghanistan, Yemen, Lebanon, Pakistan, Somalia, and the UK**.

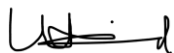
In **Gaza**, 5,800 meals were served; **Pakistan** saw 6,000 beneficiaries; **Syria** and **Afghanistan** received 2,500 each; **Yemen** 2,400; **Lebanon** 2,100.

Eid celebrations reached:

- 200 children in Lebanon (Eid gift bags)
- 120 widows in Pakistan (38kg family packs)
- 63 women's shelters in the UK (support hampers)

SWAN's Ramadan work ensures food, dignity, and joy reach those who need it most.

Signed on behalf of the Board of Trustees



Uzma Hameed
Chairperson
Southern Women's Aid Network (SWAN)
12th January 2026



Annual Report

Southern Women's Aid Network
For the period ended 30 April 2025



Prepared on
2 December 2025

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Southern Women's Aid Network
Financial Activities
 May 2024 - April 2025

	Total Restricted	Unrestricted	TOTAL
	£	funds £	£
Income			
Charitable activities	38,155	265	38,420
Donations and legacies	1,090,928	70,818	1,161,746
Bakery / Bread	79		79
Bakery Operations	697		697
Bread	37		37
Total Bakery / Bread	813	-	813
Emergency Response	952		952
Family Support	3		3
Food Packs	15		15
Food Bank	84		84
Nursing Mothers	528		528
Total Food Packs	627	-	627
General	5,760	68	5,828
Hot Meals	3		3
Emergency Cooked Meals	20	2,792	2,812
Soup Kitchen	356		356
Total Hot Meals	379	2,792	3,171
Hygiene	130		130
Medical Aid	9		9
SWAN Field Hospital	4,793		4,793
Total Medical Aid	4,802	-	4,802
Most Needed	-	1,496	1,496
Orphans	463		463
SWAN500	-	100	100
Vocational/Educational	-		-
Coding	10		10
School Development Programs	275		275
Total Vocational/Educational	285	-	285
Water	-		-
Water Tankers	6,432		6,432
Water Well	6,181		6,181
Total Water	12,613	-	12,613
Zakat In	60,074		60,074
Total Donations and legacies	1,177,830	75,274	1,253,104
Gift Aid	-	26,612	26,612
Grant	24,905		24,905
Total Income	1,240,891	102,151	1,343,042
Cost of Sales			
Merchant Fees	208	6,078	6,286

Total Cost of Sales	208	6,078	6,286
Total	1,240,683	96,073	1,336,756
Expenditures			
Accountancy fees	-	-	
Advertising/Promotional	-	19,166	19,166
Bank charges	-	1,835	1,835
Cost of Labour	- -	4,858 -	4,858
Depreciation	2,600		2,600
Employee Pension Liability	- -	13 -	13
Employer National Insurance Expense	-	1,973	1,973
Employer Pension Expense	-	402	402
Employer Pension Liability	- -	10 -	10
Entertainment	-	807	807
Fundraising	-	20,380	20,380
Insurances	-	1,090	1,090
Monitoring and Evaluation	-	40	40
Office/General Administrative Expenses	-	5,931	5,931
Other Professional Services	-	19,850	19,850
Phone Costs	-	1,462	1,462
Travel and Accommodation	-	57	57
Volunteer Training	-	346	346
Wages Expense	-	40,445	40,445
Total Expenditures	2,600	108,904	111,504
Net Operating Income	1,238,083 -	12,831	1,225,252
Other Expenditures			
Casual Labour	-	189	189
Community Support	5,604	1,656	7,260
Contractor	6,018	4,717	10,735
Employee Expenses	-	90	90
Food Packs	-		
Food Bank	8,375		8,375
Total Food Packs	8,375	-	8,375
Hall Hire	2,240		2,240
Hot Meals	-		
Soup Kitchen	23,693		23,693
Total Hot Meals	23,693	-	23,693
Medical Related Expenditure	-	25	25
Other Charities	169,554	7,000	176,554
Overseas	884,533		884,533
Refugees	972		972
Research and Case Studies	-	345	345
Zakat Out	4,000		4,000
Total Other Expenditures	1,104,963	13,997	1,118,960
Net Other Income	- 1,104,963 -	13,997 -	1,118,960
Net Income/(Expenditure)	133,120 -	26,828	106,292

Balance Sheet
Southern Women's Aid Network
As of April 30, 2025

Distribution account	Total
Fixed Asset	
Tangible assets	
Motor Vehicles Cost	13,000
Motor Vehicles Depreciation Charge for the year	-
Total for Tangible assets	9,967
Total for Fixed Asset	9,967
Cash at bank and in hand	
Bank Account	234,261
Paypal	-
Total for Cash at bank and in hand	234,261
Debtors	
Debtors	4,389
Total for Debtors	4,389
Current Assets	
Deferred income	32,698
Prepaid Expenditures	-
Total for Current Assets	32,698
NET CURRENT ASSETS	271,348
Creditors: amounts falling due within one year	
Trade Creditors	
Creditors	1,140
Total for Trade Creditors	1,140
Current Liabilities	
Accruals	-
Employee National Insurance Liability	13
National Insurance Liability	1,824
PAYE Liability	-
Payroll Clearing	-
VAT Control	-
Total for Current Liabilities	1,837
Total for Creditors: amounts falling due within one year	2,977
NET CURRENT ASSETS (LIABILITIES)	268,371
TOTAL ASSETS LESS CURRENT LIABILITIES	278,337
TOTAL NET ASSETS (LIABILITIES)	278,337
Charity funds	
Opening Balance	9,230
Retained Earnings	162,816
Surplus/(Deficit)	106,292
Total for Charity funds	278,337

Notes to financial statements

Unrestricted Funds

Unrestricted funds are funds that are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Unrestricted funds include general funds, which are available for use in accordance with the charitable objects, and designated funds, which have been set aside by the trustees for specific purposes.

Restricted Funds

Restricted funds are funds subject to specific conditions imposed by donors or grant-making bodies, or through the terms of an appeal, and may only be used for particular purposes within the charitable objectives of the charity.

The purposes and uses of restricted funds are detailed within the notes to the financial statements.

Tangible Fixed Assets and Depreciation

Tangible fixed assets are initially recognised at cost. Cost includes the purchase price and any costs directly attributable to bringing the asset into working condition for its intended use.

Depreciation is charged on a straight-line basis as follows.

Motor Vehicle: 5 years straight line method.

SOUTHERN WOMEN'S AID NETWORK (SWAN)

TRUSTEE REPORT FOR THE YEAR 2024–2025

Charitable Incorporated Organisation (CIO) No. 1188649

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Email: info@swanlondon.org | www.swanlondon.org

Reference and Administrative Information

Charity's Registered Name: Southern Women's Aid Network

Charity's Registered Number: 1188649

Charity's Principal Address: 85 Great Portland Street, London W1W 7LT

Trustees:

- Uzma Hameed (Chair)
- Saiqa Ali
- Amina Nasreen Khawaja (Secretary)
- Amber Siddiqui (Treasurer)
- Saman Jung
- Smaira Wahid
- Naheed Nizam

Bankers:

Bank of Scotland

PO Box 23583, Edinburgh EH1 1WH

Independent Examiner & Accountant:

Pearl Accountants Limited



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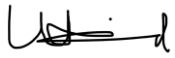
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Warm regards,



Uzma Hameed

Chairperson

Southern Women's Aid Network (SWAN)

12th January 2026



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Achievements and Performance

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Gaza, Palestine

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- **Food, water, and vegetable hampers**
- **Monthly family grants**
- **Breastfeeding project** providing food packs for mothers and orphaned babies

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Seasonal Campaigns: Ramadan and Eid

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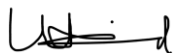
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Signed on behalf of the Board of Trustees



Uzma Hameed
Chairperson
Southern Women's Aid Network (SWAN)
12th January 2026



Annual Report

Southern Women's Aid Network
For the period ended 30 April 2025



Prepared on
2 December 2025

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Medical Aid	9		9
SWAN Field Hospital	4,793		4,793
Total Medical Aid	4,802	-	4,802
Most Needed	-	1,496	1,496
Orphans	463		463
SWAN500	-	100	100
Vocational/Educational	-		-
Coding	10		10
School Development Programs	275		275
Total Vocational/Educational	285	-	285
Water	-		-
Water Tankers	6,432		6,432
Water Well	6,181		6,181
Total Water	12,613	-	12,613
Zakat In	60,074		60,074
Total Donations and legacies	1,177,830	75,274	1,253,104
Gift Aid	-	26,612	26,612
Grant	24,905		24,905
Total Income	1,240,891	102,151	1,343,042
Cost of Sales			
Merchant Fees	208	6,078	6,286

Total Cost of Sales	208	6,078	6,286
Total	1,240,683	96,073	1,336,756
Expenditures			
Accountancy fees	-	-	
Advertising/Promotional	-	19,166	19,166
Bank charges	-	1,835	1,835
Cost of Labour	- -	4,858 -	4,858
Depreciation	2,600		2,600
Employee Pension Liability	- -	13 -	13
Employer National Insurance Expense	-	1,973	1,973
Employer Pension Expense	-	402	402
Employer Pension Liability	- -	10 -	10
Entertainment	-	807	807
Fundraising	-	20,380	20,380
Insurances	-	1,090	1,090
Monitoring and Evaluation	-	40	40
Office/General Administrative Expenses	-	5,931	5,931
Other Professional Services	-	19,850	19,850
Phone Costs	-	1,462	1,462
Travel and Accommodation	-	57	57
Volunteer Training	-	346	346
Wages Expense	-	40,445	40,445
Total Expenditures	2,600	108,904	111,504
Net Operating Income	1,238,083 -	12,831	1,225,252
Other Expenditures			
Casual Labour	-	189	189
Community Support	5,604	1,656	7,260
Contractor	6,018	4,717	10,735
Employee Expenses	-	90	90
Food Packs	-		
Food Bank	8,375		8,375
Total Food Packs	8,375	-	8,375
Hall Hire	2,240		2,240
Hot Meals	-		
Soup Kitchen	23,693		23,693
Total Hot Meals	23,693	-	23,693
Medical Related Expenditure	-	25	25
Other Charities	169,554	7,000	176,554
Overseas	884,533		884,533
Refugees	972		972
Research and Case Studies	-	345	345
Zakat Out	4,000		4,000
Total Other Expenditures	1,104,963	13,997	1,118,960
Net Other Income	- 1,104,963 -	13,997 -	1,118,960
Net Income/(Expenditure)	133,120 -	26,828	106,292

Balance Sheet
Southern Women's Aid Network
As of April 30, 2025

Distribution account	Total
Fixed Asset	
Tangible assets	
Motor Vehicles Cost	13,000
Motor Vehicles Depreciation Charge for the year	-
Total for Tangible assets	9,967
Total for Fixed Asset	9,967
Cash at bank and in hand	
Bank Account	234,261
Paypal	-
Total for Cash at bank and in hand	234,261
Debtors	
Debtors	4,389
Total for Debtors	4,389
Current Assets	
Deferred income	32,698
Prepaid Expenditures	-
Total for Current Assets	32,698
NET CURRENT ASSETS	271,348
Creditors: amounts falling due within one year	
Trade Creditors	
Creditors	1,140
Total for Trade Creditors	1,140
Current Liabilities	
Accruals	-
Employee National Insurance Liability	13
National Insurance Liability	1,824
PAYE Liability	-
Payroll Clearing	-
VAT Control	-
Total for Current Liabilities	1,837
Total for Creditors: amounts falling due within one year	2,977
NET CURRENT ASSETS (LIABILITIES)	268,371
TOTAL ASSETS LESS CURRENT LIABILITIES	278,337
TOTAL NET ASSETS (LIABILITIES)	278,337
Charity funds	
Opening Balance	9,230
Retained Earnings	162,816
Surplus/(Deficit)	106,292
Total for Charity funds	278,337

Notes to financial statements

Unrestricted Funds

Unrestricted funds are funds that are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Unrestricted funds include general funds, which are available for use in accordance with the charitable objects, and designated funds, which have been set aside by the trustees for specific purposes.

Restricted Funds

Restricted funds are funds subject to specific conditions imposed by donors or grant-making bodies, or through the terms of an appeal, and may only be used for particular purposes within the charitable objectives of the charity.

The purposes and uses of restricted funds are detailed within the notes to the financial statements.

Tangible Fixed Assets and Depreciation

Tangible fixed assets are initially recognised at cost. Cost includes the purchase price and any costs directly attributable to bringing the asset into working condition for its intended use.

Depreciation is charged on a straight-line basis as follows.

Motor Vehicle: 5 years straight line method.



Section A

Independent Examiner's Report

Report to the trustees

Charity Name
SWAN (SOUTHERN WOMEN'S AID NETWORK)

On accounts for the year
ended

30/04/2025

Charity no
(if any)

1188649

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **30 / 04 / 2025**.

Responsibilities and
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. *Delete [] if not applicable.*

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* *Please delete the words in the brackets if they do not apply.*

Signed:

M. Kalair

Date:

30/01/2026

Name:

Manisha Kalair

Relevant professional

MAAT

qualification(s) or body
(if any):

Address:

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

n/a

SWAN (SOUTHERN WOMEN'S AID NETWORK)

England & Wales - Charity number 1188649

Accounts

TRUSTEE REPORT 2023-2024
REPORT OF THE TRUSTEES FOR THE YEAR

SWAN (SOUTHERN WOMEN'S AID NETWORK, Charitable incorporated organisation 1188649 (CIO): a CIO is a charity registered as a body corporate under Part 11 of the Charities Act 2011 with the Charities Commission on 19 March 2020 and is governed by its constitution.

The charity is non-profit making and its trustees are volunteers.

The trustees present their report and the financial statements of the charity for the year ending 30 April 2024.

The trustees have adopted the provision of Accounting and Reporting by the charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019).

Chairperson's Message

Dear SWAN Supporters and Well-Wishers,

I am delighted to provide you with an overview of SWAN's financial performance and the impactful initiatives we've undertaken over the past year. Your unwavering support has played a crucial role in enabling us to make a positive difference in the lives of individuals and communities both locally and internationally.

In terms of financials, our total income for the year amounted to £970,644.82 comprising generous donations and legacies, Gift Aid contributions totalling £19,283.83, and grants amounting to £63,813.00. We received a total of £71,136.66 in Zakat. Our total expenditure, directed towards initiatives in the UK and overseas, reached £818,140.78

This past year, we have been working in Palestine aiding those in Gaza facing the continuing violence that have left many orphaned, injured, homeless and without clean, safe water and food.

Locally, in South London, SWAN continues to address social issues through multifaceted approaches. Our weekly food banks and three soup kitchens have provided essential sustenance to 9,840 beneficiaries, ensuring that no fresh food goes to waste through collaborations with other food banks. Moreover, initiatives such as the refugee kid's art club and monthly tea and talks for adults contribute to the emotional and mental well-being of our beneficiaries.

Internationally, our impact has been profound, with monthly food pack distributions in countries such as Pakistan and Afghanistan. Empowerment projects, including a sewing program for widows in Pakistan, an entire SWAN school in Pakistan and the establishment of the SWAN Afghanistan bakery, further our commitment to building capacity and promoting self-sufficiency in underserved communities.

Our financial model, exemplified by the SWAN500project, where 500 people donate £1 each week, has supported 56 families in unique cases through charity donations and also with zakat money for eligible families. This initiative showcases the collective power of small contributions in making a meaningful impact.

We extend our heartfelt gratitude to everyone in the community and organisations in London, including Don's Local Action Group, The Felix Project, Fareshare, Lidl, and Gails Bakery, for their weekly donations of food, contributing to the provision of ambient and fresh produce to struggling families in our community.

In conclusion, SWAN's multifaceted efforts, both locally and internationally, highlight our commitment to creating positive change in the world. We are grateful for your continued support and look forward to making an even greater impact in the coming year.

Warm regards,

Saiqa Ali

Chair/CEO

Reference and administrative information

Charities registered name: SWAN (Southern Women's Aid Network)

Charities registered number: 1188649

Charities Principal address: 85 Great Portland Street, First Floor, London, W1W 7LT

Trustees: At the date of this report following were the trustees of the Charity:

Saiqa Ali BEM
Saman Jung
Smaira Wahid
Amina Nasreen Khawaja
Naheed Nizam
Amber Siddiqui

Bankers:

Bank Of Scotland
PO Box 23583 Edinburgh EH1 1WH

Independent Examiner & Accountant

Pearl Accountants Limited

STRUCTURE, GOVERNANCE AND MANAGEMENT THE OBJECTIVES AND AIMS:

THE RELIEF OR PREVENTION OF POVERTY AMONGST PEOPLE IN LONDON OR IN OTHER PARTS OF THE UNITED KINGDOM OR ABROAD IN SUCH WAYS AS THE TRUSTEES FROM TIME-TO-TIME THINK FIT, IN PARTICULAR, BUT NOT EXCLUSIVELY BY:

- PROVIDING EMERGENCY FOOD AND HOUSEHOLD ITEMS TO INDIVIDUALS AND FAMILIES IN NEED
- SUCH OTHER MEANS, INCLUDING (BUT NOT LIMITED TO) THE PROVISION OF SUPPORT OR SIGNPOSTING TO RELEVANT INFORMATION AND OTHER ADVISORY SERVICES AND THE SUPPORT OF OTHER ORGANISATIONS WORKING TO RELIEVE OR PREVENT POVERTY

ACHIEVEMENTS AND PERFORMANCE

SWAN has made a significant impact on the communities we serve by implementing a multifaceted approach to address various social issues.

In South London, SWAN continues our weekly food banks and three weekly soup kitchens which provide for 9840 beneficiaries. We also collaborate with other food banks to ensure no fresh food is left to waste and weekly donate our food supplies to St Martins Community Centre aiding more than our database of beneficiaries. These initiatives provide essential food and sustenance to those in need, helping to alleviate hunger and food insecurity among vulnerable populations. By offering regular access to nutritious meals, SWAN has played a crucial role in improving the well-being of individuals and families in the region. As well as working to cater to the emotional needs and mental welfare of these beneficiaries through our refugee kids' art club and monthly tea and talks for adults.

In addition to these projects tackling food poverty and insecurity, we also have our SWAN500 that assesses beneficiaries on a case by case basis and offers small grants to help with various issues that refugees, asylum seekers and those facing poverty face. SWAN has also started a Community Care Clinic that fills the gap between someone needing help and receiving it by offering advice and direction for those struggling with tasks such as Universal credit claims, knowing how and where to get help from and immigration issues. The aim is to aid those able to eventually become independent from our support.

Additionally, we provide travel support to those seeking safety and asylum, facilitating the resettlement process for displaced individuals in the UK so they can overcome these obstacles that they face to regularise their stay.

On the international front, our impact is equally profound. We have been involved in monthly food pack distributions in multiple countries such as Pakistan and Afghanistan ensuring that individuals in underserved communities abroad have access to essential sustenance. We have sponsored an entire school in Pakistan for orphans and poor children, and created empowerment projects for widows so they may grow a source of income. We also have been providing bread daily in Kabul and Kandahar, Afghanistan. We also collaborate with an orphanage in Ivory Coast to provide uniform, education and essentials to the orphans.

SWAN's multifaceted efforts, both locally and internationally, highlight our holistic approach to creating positive change in the world.

London

FOODBANK

SWAN Food bank which has been running since 2012 by our amazing team of committed volunteers, provides food parcels to the community every Tuesday in Streatham Mosque. Our food bank has been renovated into a pantry after having received a grant. It now has a freezer and much storage space allowing more variety of non perishable items, and allowing some freedom in choice for beneficiaries, as well as freezable goods to be distributed.

Our food bank provided over 3000 food packs to beneficiaries with a database that now exceeds 900 families, supplying up to 60 packs per week.

SOUP KITCHENS

A Soup Kitchen is a place where a hot meal is offered to those in need of a hot meal for free or sometimes at a below-market price. Frequently located in lower-income neighbourhoods, soup kitchens are generally often run by volunteers. There is a rough estimate of 50 -70 independent soup kitchens running across London, with SWAN running three of them. We have two weekly soup kitchens in South London and one fortnightly. These are attended by children, homeless individuals, refugees, asylum seekers and those facing food insecurity.

Our Wednesday Soup Kitchen draws the most beneficiaries from homeless people to families living in temporary accommodation or in abject poverty. At this Soup Kitchen, we provide hot meals, food parcels, clothes and other essentials every week and the numbers of beneficiaries regularly grows week on week.

Through our weekly three soup kitchens, this year we provided 10,270 hot meals from the soup kitchens; along with 2530 essential supply packs.

SOCIAL WELLBEING PROJECTS

The SWAN500 project is where 500 people donate £1 each week so that SWAN can use these funds for emergency relief in the UK or abroad. With these funds we can help families on a case-by-case basis with £500 to go to bills, debt or where most needed. This allows us to cater to those who fall between the cracks of charity missions and to not miss anyone in need of support.

This year, we received 57 zakat applications for small grants and 52 applications for SWAN500 community support grants. Each grant amounts to up to £250 and we have supported 65 families with small grants. **That's more than one family a week in a year.**

OUR WORK ABROAD

Afghanistan

Afghanistan is facing one of the world's worst humanitarian crises. The Afghan economy has no cash to pay salaries or buy food. Western aid has been suspended because the Taliban government includes designated terrorists. And millions of Afghans face acute malnutrition and starvation in the coming months.

We provide 3600 breads a week. This year we have distributed 187,200 loaves of bread to locals so that they can have something to eat. 100 pieces of bread cost just £12, a small figure that allows so many people to eat. We also consistently provide monthly food packs at the cost of £50 so families can have the basics to prepare their own meals.

Ivory Coast

Ivory Coast shares a universal need for support and awareness when it comes to humanitarian issues. In October 2023, we supplied an orphanage which we partnered with, funds for slippers and shoes for the children and handed these out to happy children's faces. This was in addition to the continuous support we give to 100 orphans throughout the year including uniform, tuition and meals consistently.

Pakistan

We have a few ongoing projects in Pakistan in collaboration with GHRF that we fund weekly and monthly. These include:

- Weekly Soup kitchen for women and children on Thursday feeding about 125 women weekly
- Weekly Soup kitchen for men on Friday feeding hundreds of men weekly

- Sewing Empowerment Project for Widows: We have been funding courses for widows and giving them sewing machines upon their graduation to begin their new chapter into a small business.
- Pakistan school: We have sponsored a school with 20 children per class from grade 1 to 5, totalling 100 students at £50 per student a year.

Uganda

This year we worked on a few different projects in Uganda including distributing 350 copies of the Qur'an, iftar meals, food packs and Qurbani meat as well as building a water well so that there was a clean water supply for the locals.

Yemen

SWAN has worked in Yemen previously and this year we have provided 3 water wells at £3500 a well. This allows the people in remote areas of Yemen to have access to solar paneled water wells that will bring water up easily and quench the thirst of hundreds for each well.

Palestine

Before the ongoing conflict in Palestine, SWAN had been providing monthly food packs in Gaza, Palestine where access to basic necessities is often severely limited due to ongoing conflicts and geopolitical challenges. We were providing 60 food parcels every month. We had been doing this until September 2023 before the attacks intensified in October and the situation had changed.

In addition to providing food packs, between May 2023 and September 2023 we also had a Gaza Home Renovation Project where we would renovate one home every month for families. This has come to a halt due to the ongoing situation.

We have been working extensively in Palestine as we have been granted a special licence to deliver aid during this conflict into South and North Gaza. This will be looked at in more detail in the Emergency Aid section.

Seasonal Campaigns

Ramadan:

This Ramadan began in March 2024 and ended in April 2024 before the close of the fiscal year. We have done much work this year in various areas providing key food packs, water as well as emergency relief.

United Kingdom:

- Distributed 40 hampers to those impacted by domestic violence and refugees
- Served 880 meals through our soup kitchen throughout the month
- Provided 100 food packs and treat bags
- Distributed Eid gifts to 100 children

Collaboration with My Foster Family providing £25 gift packs for children in foster care. Where we raised funds for this initiative.

International:

Nigeria:

- Supported Masjid Al Fattah in Nigeria by providing 100 Iftar and Suhoor meals for the last 10 days, totaling 800 meals.

Ivory Coast:

- Assisted 220 orphans with Iftar meals during the last 10 nights, providing a total of 5,600 meals.

Pakistan:

- Distributed 250 food packs for widows and provided daily meals for 200 individuals throughout Ramadan in partnership with GHRF, totaling 6,000 meals.
- Distributed 200 packs for fitrana, 22 sewing machines, and installed 3 water hand pumps.
- Facilitated the enrollment of 100 children in school.

Yemen:

- Distributed 200 food packs and provided 4,500 hot meals throughout Ramadan.
- Installed 2 water wells to ensure access to clean water.

Afghanistan:

- Distributed 200 food packs for widows and provided 4,500 meals during Ramadan.
- Provided 7,780 packs of daily bread.

Somalia:

- Distributed 20 food parcels during the last 10 days.

Syria:

- Distributed 500 fitrana packs.

Bangladesh:

- Provided 600 food packs throughout Ramadan

Sudan

- Supporting 40 orphans for a year with education, food and clothing.
- 100 food parcels

Gaza:

- Distributed 4,500 Iftar meals and 2,500 iftar meals, along with 1,100 Ramadan food packs.
- Provided essential aid including 200 hygiene packs, nappies, vegetable packs, and distributed zakat to 200 families.
- Delivered 1 water tanker and 4 aid trucks loaded with food packs, water, blankets, and flour.
- Distributed 5,000 packs of bread and 600 children's gifts.
- Provided 1,000 children's Eid gifts and 500 fitrana packs.

Dhul Hijjah:

- Distributed 265 kilos of Qurbani meat in London and coordinated Qurbani meat distributions in Pakistan, Gaza, Afghanistan, Kenya and Uganda.

Emergency Relief:

- Jenin, Palestine in July 2023

Jenin is home to one of the largest refugee camps in the West Bank set up for Palestinians expelled from their homes since 1948. On the 3rd of July 2023, the lives of these refugees were shaken when the IDF launched the biggest Israeli military operation in the area since the 2000-2005 Intifada. Roads were blocked by the IDF for medical support. Water had been cut off. We created a soup kitchen within the University in Jenin and were able to distribute the following:

Hot meals to 500 people.

200 family food packs.

139,920 bottles of water to families, 4 mosques and an orphanage.

100 bags of baby milk.
200 packets of nappies.
Treats for 3760 children.

- Afghanistan Earthquake near Herat October 2023

Three earthquakes of magnitude 6.3 struck near Herat in Afghanistan on October 7th 2023 killing thousands and displaced over 20,000.

We distributed 4000 children bags, water to 5000 families in Herat.

- Morocco Earthquake September 2023

Our team travelled and used our drone to save and assist along the way and to reach remote villages to distribute life saving aid. In the first trip we distributed 394 food packs to families and 4410 litres of water (15 litres per family). Then in the second trip we distributed 556 food packs. A total of 950 Food Packs and water for 300 families.

- Gaza, Palestine October 2023 - Ongoing

Since October 7th 2023, SWAN has worked to provide aid in Gaza. Conflict began after an incident in the disputed territory leading to hostages taken by both sides and a war beginning. Civilian death toll of children and adults is extremely high. Aid and water is rare to come by. SWAN has been granted a license to enter and distribute aid.

We have since sent in and distributed (including Ramadan aid):

- 16 Aid trucks
- Distributed 4,500 Iftar meals and 2,500 iftar meals, along with 1,100 Ramadan food packs.
- Provided essential aid including 200 hygiene packs, nappies, vegetable packs, and distributed zakat to 200 families.
- Delivered 1 water tanker and 4 aid trucks loaded with food packs, water, blankets, and flour.
- Distributed 5,000 packs of bread and 600 children's gifts.
- Provided 1,000 children's Eid gifts and 500 fitrana packs

We have also begun development of a Field Hospital in Khan Younis. The funds required for this is over £102,000.

Charity Statement of Financial Activities for the year ending 30th April 2024

Under charity law, the trustee is responsible for preparing the trustee's annual report and accounts for each financial year which show a true and fair view of the state of affairs of the charity and of the excess of expenditure over income for that period.

In preparing these financial statements, generally accepted accounting practice requires that the Board of Trustees:

- Selects suitable accounting policies and then apply them consistently
- makes judgments and estimates that are reasonable and prudent
- states whether the recommendations of the SORP FRS 102 have been followed, subject to any material departures
- disclosed and explained in the financial statements
- states whether the financial statements comply with the trust deed, subject to any material departures disclosed and explained in the financial statements
- prepares the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue its activities.
- The trustee is required to act in accordance with the trust deed and the rules of the charity, within the framework of trust law.
- The trustee is responsible for keeping proper accounting records, sufficient to disclose at any time, with reasonable accuracy, the financial position of the charity at that time, and to enable the trustee to ensure that, where any statements of accounts are prepared.
- The trustee has general responsibility for taking such steps as are reasonably open to the trustee to safeguard the assets of the charity and to prevent and detect fraud and other irregularities.

Signed on behalf of the Board of Trustees:



SWAN (SOUTHERN WOMEN'S AID NETWORK)

Financial Activities 30/04/2024

May 2023 - April 2024

	Total Restricted	Unrestricted funds	TOTAL
INCOME			
Charitable activities	2,100.60	7,549.69	9,650.29
Donations and legacies	625,594.71	183,266.93	808,861.64
Gift Aid		19,283.83	19,283.83
Grant	63,813.00		63,813.00
Zakat In	71,136.66		71,136.66
Total Income	762,644.97	210,100.45	972,745.42
COST OF SALES			
Merchant Fees		1,158.62	1,158.62
Total Cost of Sales	0.00	1,158.62	1,158.62
TOTAL	762,644.97	208,941.83	971,586.80
EXPENDITURES			
Accountancy fees		1,140.00	1,140.00
Advertising/Promotional	45.57	20,220.14	20,265.71
Bank charges		1,464.45	1,464.45
Cost of Labour		4,857.50	4,857.50
Depreciation	433.33		433.33
Entertainment		600.00	600.00
Fundraising		9,799.77	9,799.77
Insurances	713.05	263.51	976.56
Monitoring and Evaluation		3,095.00	3,095.00
Motor Vehicle costs	993.32	137.31	1,130.63
Office/General Administrative Expenses		2,526.47	2,526.47
Phone Costs		1,073.67	1,073.67
Volunteer Training	71.00	349.00	420.00
Total Expenditures	2,256.27	45,526.82	47,783.09
NET OPERATING INCOME	760,388.70	163,415.01	923,803.71
OTHER EXPENDITURES			
Casual Labour	1,871.74	6,931.50	8,803.24
Community Administration	1,880.00	2,600.00	4,480.00
Community Support	8,315.00	12,355.24	20,670.24
Food Bank	9,849.60	7,097.61	16,947.21
Hall Hire	1,342.50		1,342.50
Other Charities	105,042.64	15,232.00	120,274.64
Overseas	613,794.26	1,000.00	614,794.26
Refugees		137.91	137.91
Soup Kitchen	12,955.81	17,446.49	30,402.30
Volunteer Expenses	288.48		288.48
Total Other Expenditures	755,340.03	62,800.75	818,140.78
NET OTHER INCOME	-755,340.03	-62,800.75	-818,140.78
NET INCOME/(EXPENDITURE)	£5,048.67	£100,614.26	£105,662.93

Balance Sheet

As of April 30, 2024

	Total
FIXED ASSET	
Tangible assets	
Motor Vehicles Cost	13,000.00
Motor Vehicles Depreciation Charge for the year	-433.33
Total Tangible assets	12,566.67
Total Fixed Asset	12,566.67
CASH AT BANK AND IN HAND	
Bank Account	161,950.80
Total Cash at bank and in hand	161,950.80
CURRENT ASSETS	
Deferred income	2,100.60
Prepaid Expenditures	1,425.00
Total Current Assets	3,525.60
NET CURRENT ASSETS	165,476.40
CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR	
Trade Creditors	
Creditors	1,140.00
Total Trade Creditors	1,140.00
Current Liabilities	
Accruals	4,857.50
Total Current Liabilities	4,857.50
Total Creditors: amounts falling due within one year	5,997.50
NET CURRENT ASSETS (LIABILITIES)	159,478.90
TOTAL ASSETS LESS CURRENT LIABILITIES	172,045.57
TOTAL NET ASSETS (LIABILITIES)	£172,045.57
CHARITY FUNDS	
Opening Balance Equity	9,229.90
Retained Earnings	57,152.74
Surplus/(Deficit)	105,662.93
Total Charity funds	£172,045.57

TRUSTEE REPORT 2023-2024
REPORT OF THE TRUSTEES FOR THE YEAR

SWAN (SOUTHERN WOMEN'S AID NETWORK, Charitable incorporated organisation 1188649 (CIO): a CIO is a charity registered as a body corporate under Part 11 of the Charities Act 2011 with the Charities Commission on 19 March 2020 and is governed by its constitution.

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Chairperson's Message

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In terms of financials, our total income for the year amounted to £970,644.82 comprising generous donations and legacies, Gift Aid contributions totalling £19,283.83, and grants amounting to £63,813.00. We received a total of £71,136.66 in Zakat. Our total expenditure, directed towards initiatives in the UK and overseas, reached £818,140.78

This past year, we have been working in Palestine aiding those in Gaza facing the continuing violence that have left many orphaned, injured, homeless and without clean, safe water and food.

Locally, in South London, SWAN continues to address social issues through multifaceted approaches. Our weekly food banks and three soup kitchens have provided essential sustenance to 9,840 beneficiaries, ensuring that no fresh food goes to waste through collaborations with other food banks. Moreover, initiatives such as the refugee kid's art club and monthly tea and talks for adults contribute to the emotional and mental well-being of our beneficiaries.

Internationally, our impact has been profound, with monthly food pack distributions in countries such as Pakistan and Afghanistan. Empowerment projects, including a sewing program for widows in Pakistan, an entire SWAN school in Pakistan and the establishment of the SWAN Afghanistan bakery, further our commitment to building capacity and promoting self-sufficiency in underserved communities.

Our financial model, exemplified by the SWAN500project, where 500 people donate £1 each week, has supported 56 families in unique cases through charity donations and also with zakat money for eligible families. This initiative showcases the collective power of small contributions in making a meaningful impact.

We extend our heartfelt gratitude to everyone in the community and organisations in London, including Don's Local Action Group, The Felix Project, Fareshare, Lidl, and Gails Bakery, for their weekly donations of food, contributing to the provision of ambient and fresh produce to struggling families in our community.

In conclusion, SWAN's multifaceted efforts, both locally and internationally, highlight our commitment to creating positive change in the world. We are grateful for your continued support and look forward to making an even greater impact in the coming year.

Warm regards,

Saiqa Ali

Chair/CEO

Reference and administrative information

Charities registered name: SWAN (Southern Women's Aid Network)

Charities registered number: 1188649

Charities Principal address: 85 Great Portland Street, First Floor, London, W1W 7LT

Trustees: At the date of this report following were the trustees of the Charity:

Saiqa Ali BEM
Saman Jung
Smaira Wahid
Amina Nasreen Khawaja
Naheed Nizam
Amber Siddiqui

Bankers:

Bank Of Scotland
PO Box 23583 Edinburgh EH1 1WH

Independent Examiner & Accountant

Pearl Accountants Limited

STRUCTURE, GOVERNANCE AND MANAGEMENT THE OBJECTIVES AND AIMS:

THE RELIEF OR PREVENTION OF POVERTY AMONGST PEOPLE IN LONDON OR IN OTHER PARTS OF THE UNITED KINGDOM OR ABROAD IN SUCH WAYS AS THE TRUSTEES FROM TIME-TO-TIME THINK FIT, IN PARTICULAR, BUT NOT EXCLUSIVELY BY:

- PROVIDING EMERGENCY FOOD AND HOUSEHOLD ITEMS TO INDIVIDUALS AND FAMILIES IN NEED
- SUCH OTHER MEANS, INCLUDING (BUT NOT LIMITED TO) THE PROVISION OF SUPPORT OR SIGNPOSTING TO RELEVANT INFORMATION AND OTHER ADVISORY SERVICES AND THE SUPPORT OF OTHER ORGANISATIONS WORKING TO RELIEVE OR PREVENT POVERTY

ACHIEVEMENTS AND PERFORMANCE

SWAN has made a significant impact on the communities we serve by implementing a multifaceted approach to address various social issues.

In South London, SWAN continues our weekly food banks and three weekly soup kitchens which provide for 9840 beneficiaries. We also collaborate with other food banks to ensure no fresh food is left to waste and weekly donate our food supplies to St Martins Community Centre aiding more than our database of beneficiaries. These initiatives provide essential food and sustenance to those in need, helping to alleviate hunger and food insecurity among vulnerable populations. By offering regular access to nutritious meals, SWAN has played a crucial role in improving the well-being of individuals and families in the region. As well as working to cater to the emotional needs and mental welfare of these beneficiaries through our refugee kids' art club and monthly tea and talks for adults.

In addition to these projects tackling food poverty and insecurity, we also have our SWAN500 that assesses beneficiaries on a case by case basis and offers small grants to help with various issues that refugees, asylum seekers and those facing poverty face. SWAN has also started a Community Care Clinic that fills the gap between someone needing help and receiving it by offering advice and direction for those struggling with tasks such as Universal credit claims, knowing how and where to get help from and immigration issues. The aim is to aid those able to eventually become independent from our support.

Additionally, we provide travel support to those seeking safety and asylum, facilitating the resettlement process for displaced individuals in the UK so they can overcome these obstacles that they face to regularise their stay.

On the international front, our impact is equally profound. We have been involved in monthly food pack distributions in multiple countries such as Pakistan and Afghanistan ensuring that individuals in underserved communities abroad have access to essential sustenance. We have sponsored an entire school in Pakistan for orphans and poor children, and created empowerment projects for widows so they may grow a source of income. We also have been providing bread daily in Kabul and Kandahar, Afghanistan. We also collaborate with an orphanage in Ivory Coast to provide uniform, education and essentials to the orphans.

SWAN's multifaceted efforts, both locally and internationally, highlight our holistic approach to creating positive change in the world.

London

FOODBANK

SWAN Food bank which has been running since 2012 by our amazing team of committed volunteers, provides food parcels to the community every Tuesday in Streatham Mosque. Our food bank has been renovated into a pantry after having received a grant. It now has a freezer and much storage space allowing more variety of non perishable items, and allowing some freedom in choice for beneficiaries, as well as freezable goods to be distributed.

Our food bank provided over 3000 food packs to beneficiaries with a database that now exceeds 900 families, supplying up to 60 packs per week.

SOUP KITCHENS

A Soup Kitchen is a place where a hot meal is offered to those in need of a hot meal for free or sometimes at a below-market price. Frequently located in lower-income neighbourhoods, soup kitchens are generally often run by volunteers. There is a rough estimate of 50 -70 independent soup kitchens running across London, with SWAN running three of them. We have two weekly soup kitchens in South London and one fortnightly. These are attended by children, homeless individuals, refugees, asylum seekers and those facing food insecurity.

Our Wednesday Soup Kitchen draws the most beneficiaries from homeless people to families living in temporary accommodation or in abject poverty. At this Soup Kitchen, we provide hot meals, food parcels, clothes and other essentials every week and the numbers of beneficiaries regularly grows week on week.

Through our weekly three soup kitchens, this year we provided 10,270 hot meals from the soup kitchens; along with 2530 essential supply packs.

SOCIAL WELLBEING PROJECTS

The SWAN500 project is where 500 people donate £1 each week so that SWAN can use these funds for emergency relief in the UK or abroad. With these funds we can help families on a case-by-case basis with £500 to go to bills, debt or where most needed. This allows us to cater to those who fall between the cracks of charity missions and to not miss anyone in need of support.

This year, we received 57 zakat applications for small grants and 52 applications for SWAN500 community support grants. Each grant amounts to up to £250 and we have supported 65 families with small grants. **That's more than one family a week in a year.**

OUR WORK ABROAD

Afghanistan

Afghanistan is facing one of the world's worst humanitarian crises. The Afghan economy has no cash to pay salaries or buy food. Western aid has been suspended because the Taliban government includes designated terrorists. And millions of Afghans face acute malnutrition and starvation in the coming months.

We provide 3600 breads a week. This year we have distributed 187,200 loaves of bread to locals so that they can have something to eat. 100 pieces of bread cost just £12, a small figure that allows so many people to eat. We also consistently provide monthly food packs at the cost of £50 so families can have the basics to prepare their own meals.

Ivory Coast

Ivory Coast shares a universal need for support and awareness when it comes to humanitarian issues. In October 2023, we supplied an orphanage which we partnered with, funds for slippers and shoes for the children and handed these out to happy children's faces. This was in addition to the continuous support we give to 100 orphans throughout the year including uniform, tuition and meals consistently.

Pakistan

We have a few ongoing projects in Pakistan in collaboration with GHRF that we fund weekly and monthly. These include:

- Weekly Soup kitchen for women and children on Thursday feeding about 125 women weekly
- Weekly Soup kitchen for men on Friday feeding hundreds of men weekly

- Sewing Empowerment Project for Widows: We have been funding courses for widows and giving them sewing machines upon their graduation to begin their new chapter into a small business.
- Pakistan school: We have sponsored a school with 20 children per class from grade 1 to 5, totalling 100 students at £50 per student a year.

Uganda

This year we worked on a few different projects in Uganda including distributing 350 copies of the Qur'an, iftar meals, food packs and Qurbani meat as well as building a water well so that there was a clean water supply for the locals.

Yemen

SWAN has worked in Yemen previously and this year we have provided 3 water wells at £3500 a well. This allows the people in remote areas of Yemen to have access to solar paneled water wells that will bring water up easily and quench the thirst of hundreds for each well.

Palestine

Before the ongoing conflict in Palestine, SWAN had been providing monthly food packs in Gaza, Palestine where access to basic necessities is often severely limited due to ongoing conflicts and geopolitical challenges. We were providing 60 food parcels every month. We had been doing this until September 2023 before the attacks intensified in October and the situation had changed.

In addition to providing food packs, between May 2023 and September 2023 we also had a Gaza Home Renovation Project where we would renovate one home every month for families. This has come to a halt due to the ongoing situation.

We have been working extensively in Palestine as we have been granted a special licence to deliver aid during this conflict into South and North Gaza. This will be looked at in more detail in the Emergency Aid section.

Seasonal Campaigns

Ramadan:

This Ramadan began in March 2024 and ended in April 2024 before the close of the fiscal year. We have done much work this year in various areas providing key food packs, water as well as emergency relief.

United Kingdom:

- Distributed 40 hampers to those impacted by domestic violence and refugees
- Served 880 meals through our soup kitchen throughout the month
- Provided 100 food packs and treat bags
- Distributed Eid gifts to 100 children

Collaboration with My Foster Family providing £25 gift packs for children in foster care. Where we raised funds for this initiative.

International:

Nigeria:

- Supported Masjid Al Fattah in Nigeria by providing 100 Iftar and Suhoor meals for the last 10 days, totaling 800 meals.

Ivory Coast:

- Assisted 220 orphans with Iftar meals during the last 10 nights, providing a total of 5,600 meals.

Pakistan:

- Distributed 250 food packs for widows and provided daily meals for 200 individuals throughout Ramadan in partnership with GHRF, totaling 6,000 meals.
- Distributed 200 packs for fitrana, 22 sewing machines, and installed 3 water hand pumps.
- Facilitated the enrollment of 100 children in school.

Yemen:

- Distributed 200 food packs and provided 4,500 hot meals throughout Ramadan.
- Installed 2 water wells to ensure access to clean water.

Afghanistan:

- Distributed 200 food packs for widows and provided 4,500 meals during Ramadan.
- Provided 7,780 packs of daily bread.

Somalia:

- Distributed 20 food parcels during the last 10 days.

Syria:

- Distributed 500 fitrana packs.

Bangladesh:

- Provided 600 food packs throughout Ramadan

Sudan

- Supporting 40 orphans for a year with education, food and clothing.
- 100 food parcels

Gaza:

- Distributed 4,500 Iftar meals and 2,500 iftar meals, along with 1,100 Ramadan food packs.
- Provided essential aid including 200 hygiene packs, nappies, vegetable packs, and distributed zakat to 200 families.
- Delivered 1 water tanker and 4 aid trucks loaded with food packs, water, blankets, and flour.
- Distributed 5,000 packs of bread and 600 children's gifts.
- Provided 1,000 children's Eid gifts and 500 fitrana packs.

Dhul Hijjah:

- Distributed 265 kilos of Qurbani meat in London and coordinated Qurbani meat distributions in Pakistan, Gaza, Afghanistan, Kenya and Uganda.

Emergency Relief:

- Jenin, Palestine in July 2023

Jenin is home to one of the largest refugee camps in the West Bank set up for Palestinians expelled from their homes since 1948. On the 3rd of July 2023, the lives of these refugees were shaken when the IDF launched the biggest Israeli military operation in the area since the 2000-2005 Intifada. Roads were blocked by the IDF for medical support. Water had been cut off. We created a soup kitchen within the University in Jenin and were able to distribute the following:

Hot meals to 500 people.

200 family food packs.

139,920 bottles of water to families, 4 mosques and an orphanage.

100 bags of baby milk.
200 packets of nappies.
Treats for 3760 children.

- Afghanistan Earthquake near Herat October 2023

Three earthquakes of magnitude 6.3 struck near Herat in Afghanistan on October 7th 2023 killing thousands and displaced over 20,000.

We distributed 4000 children bags, water to 5000 families in Herat.

- Morocco Earthquake September 2023

Our team travelled and used our drone to save and assist along the way and to reach remote villages to distribute life saving aid. In the first trip we distributed 394 food packs to families and 4410 litres of water (15 litres per family). Then in the second trip we distributed 556 food packs. A total of 950 Food Packs and water for 300 families.

- Gaza, Palestine October 2023 - Ongoing

Since October 7th 2023, SWAN has worked to provide aid in Gaza. Conflict began after an incident in the disputed territory leading to hostages taken by both sides and a war beginning. Civilian death toll of children and adults is extremely high. Aid and water is rare to come by. SWAN has been granted a license to enter and distribute aid.

We have since sent in and distributed (including Ramadan aid):

- 16 Aid trucks
- Distributed 4,500 Iftar meals and 2,500 iftar meals, along with 1,100 Ramadan food packs.
- Provided essential aid including 200 hygiene packs, nappies, vegetable packs, and distributed zakat to 200 families.
- Delivered 1 water tanker and 4 aid trucks loaded with food packs, water, blankets, and flour.
- Distributed 5,000 packs of bread and 600 children's gifts.
- Provided 1,000 children's Eid gifts and 500 fitrana packs

We have also begun development of a Field Hospital in Khan Younis. The funds required for this is over £102,000.

Charity Statement of Financial Activities for the year ending 30th April 2024

Under charity law, the trustee is responsible for preparing the trustee's annual report and accounts for each financial year which show a true and fair view of the state of affairs of the charity and of the excess of expenditure over income for that period.

In preparing these financial statements, generally accepted accounting practice requires that the Board of Trustees:

- Selects suitable accounting policies and then apply them consistently
- makes judgments and estimates that are reasonable and prudent
- states whether the recommendations of the SORP FRS 102 have been followed, subject to any material departures
- disclosed and explained in the financial statements
- states whether the financial statements comply with the trust deed, subject to any material departures disclosed and explained in the financial statements
- prepares the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue its activities.
- The trustee is required to act in accordance with the trust deed and the rules of the charity, within the framework of trust law.
- The trustee is responsible for keeping proper accounting records, sufficient to disclose at any time, with reasonable accuracy, the financial position of the charity at that time, and to enable the trustee to ensure that, where any statements of accounts are prepared.
- The trustee has general responsibility for taking such steps as are reasonably open to the trustee to safeguard the assets of the charity and to prevent and detect fraud and other irregularities.

Signed on behalf of the Board of Trustees:



SWAN (SOUTHERN WOMEN'S AID NETWORK)

Financial Activities 30/04/2024

May 2023 - April 2024

	Total Restricted	Unrestricted funds	TOTAL
INCOME			
Charitable activities	2,100.60	7,549.69	9,650.29
Donations and legacies	625,594.71	183,266.93	808,861.64
Gift Aid		19,283.83	19,283.83
Grant	63,813.00		63,813.00
Zakat In	71,136.66		71,136.66
Total Income	762,644.97	210,100.45	972,745.42
COST OF SALES			
Merchant Fees		1,158.62	1,158.62
Total Cost of Sales	0.00	1,158.62	1,158.62
TOTAL	762,644.97	208,941.83	971,586.80
EXPENDITURES			
Accountancy fees		1,140.00	1,140.00
Advertising/Promotional	45.57	20,220.14	20,265.71
Bank charges		1,464.45	1,464.45
Cost of Labour		4,857.50	4,857.50
Depreciation	433.33		433.33
Entertainment		600.00	600.00
Fundraising		9,799.77	9,799.77
Insurances	713.05	263.51	976.56
Monitoring and Evaluation		3,095.00	3,095.00
Motor Vehicle costs	993.32	137.31	1,130.63
Office/General Administrative Expenses		2,526.47	2,526.47
Phone Costs		1,073.67	1,073.67
Volunteer Training	71.00	349.00	420.00
Total Expenditures	2,256.27	45,526.82	47,783.09
NET OPERATING INCOME	760,388.70	163,415.01	923,803.71
OTHER EXPENDITURES			
Casual Labour	1,871.74	6,931.50	8,803.24
Community Administration	1,880.00	2,600.00	4,480.00
Community Support	8,315.00	12,355.24	20,670.24
Food Bank	9,849.60	7,097.61	16,947.21
Hall Hire	1,342.50		1,342.50
Other Charities	105,042.64	15,232.00	120,274.64
Overseas	613,794.26	1,000.00	614,794.26
Refugees		137.91	137.91
Soup Kitchen	12,955.81	17,446.49	30,402.30
Volunteer Expenses	288.48		288.48
Total Other Expenditures	755,340.03	62,800.75	818,140.78
NET OTHER INCOME	-755,340.03	-62,800.75	-818,140.78
NET INCOME/(EXPENDITURE)	£5,048.67	£100,614.26	£105,662.93

Balance Sheet

As of April 30, 2024

	Total
FIXED ASSET	
Tangible assets	
Motor Vehicles Cost	13,000.00
Motor Vehicles Depreciation Charge for the year	-433.33
Total Tangible assets	12,566.67
Total Fixed Asset	12,566.67
CASH AT BANK AND IN HAND	
Bank Account	161,950.80
Total Cash at bank and in hand	161,950.80
CURRENT ASSETS	
Deferred income	2,100.60
Prepaid Expenditures	1,425.00
Total Current Assets	3,525.60
NET CURRENT ASSETS	165,476.40
CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR	
Trade Creditors	
Creditors	1,140.00
Total Trade Creditors	1,140.00
Current Liabilities	
Accruals	4,857.50
Total Current Liabilities	4,857.50
Total Creditors: amounts falling due within one year	5,997.50
NET CURRENT ASSETS (LIABILITIES)	159,478.90
TOTAL ASSETS LESS CURRENT LIABILITIES	172,045.57
TOTAL NET ASSETS (LIABILITIES)	£172,045.57
CHARITY FUNDS	
Opening Balance Equity	9,229.90
Retained Earnings	57,152.74
Surplus/(Deficit)	105,662.93
Total Charity funds	£172,045.57



Section A

Independent Examiner's Report

Report to the trustees

On accounts for the year ended Charity no (if any)

Set out on pages (remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 30/04/2024YYY.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. *Delete [] if not applicable.*

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed: Date:

Name:

Relevant professional qualification(s) or body (if any):

Address:	Profite West, 950 Great West Road
	Brentford
	TW8 9ES

Section B**Disclosure**

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

N/A

SWAN (SOUTHERN WOMEN'S AID NETWORK)

England & Wales - Charity number 1188649

Accounts

TRUSTEE REPORT 2022-2023 REPORT OF THE TRUSTEES FOR THE YEAR

SWAN (SOUTHERN WOMEN'S AID NETWORK, Charitable incorporated organization 1188649 (CIO): a CIO is a charity registered as a body corporate under Part 11 of the Charities Act 2011 with the Charities Commission on 19 March 2020 and is governed by its constitution.

The charity is non-profit making and its trustees are volunteers.

The trustees present their report and the financial statements of the charity for the year ending 30 Apr 2023.

The trustees have adopted the provision of Accounting and Reporting by the charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019)

Chairperson's Message

Dear SWAN Supporters and Well-Wishers,

I am delighted to provide you with an overview of SWAN's financial performance and the impactful initiatives we've undertaken over the past year. Your unwavering support has played a crucial role in enabling us to make a positive difference in the lives of individuals and communities both locally and internationally.

In terms of financials, our total income for the year amounted to £443,613.37, comprising generous donations and legacies, Gift Aid contributions totalling £4,085.50, and grants amounting to £15,403. Our total expenditure, directed towards initiatives in the UK and overseas, reached £464,071.92.

Locally, in South London, SWAN continues to address social issues through multifaceted approaches. Our weekly food banks and three soup kitchens have provided essential sustenance to 9,840 beneficiaries, ensuring that no fresh food goes to waste through collaborations with other food banks. Moreover, initiatives such as the refugee kid's art club and monthly tea and talks for adults contribute to the emotional and mental well-being of our beneficiaries.

Internationally, our impact has been profound, with monthly food pack distributions in countries such as Pakistan, Uganda, Afghanistan, and Palestine. Empowerment projects, including a sewing program for widows and the establishment of the SWAN Afghanistan bakery, further our commitment to building capacity and promoting self-sufficiency in underserved communities.

Our financial model, exemplified by the SWAN500project, where 500 people donate £1 each week, has supported 56 families in unique cases through charity donations and also with zakat money for eligible families. This initiative showcases the collective power of small contributions in making a meaningful impact.

We extend our heartfelt gratitude to everyone in the community and organisations in London, including Don's Local Action Group, The Felix Project, Fareshare, Lidl, and Gails Bakery, for their weekly donations of food, contributing to the provision of ambient and fresh produce to struggling families in our community.

In conclusion, SWAN's multifaceted efforts, both locally and internationally, highlight our commitment to creating positive change in the world. We are grateful for your continued support and look forward to making an even greater impact in the coming year.

Warm regards,

Saiqa Ali

Chair/CEO

Reference and administrative information

Charities registered name: SWAN (Southern Women's Aid Network)

Charities registered number: 1188649

Charities Principal address: 8 Rycroft Road. Landon, SW16 3EG

Trustees: At the date of this report following were the trustees of the Charity:

Saiqa Ali BEM
 Saman Jung
 Smaira Wahid
 Amina Nasreen Khawaja
 Naheed Nizam
 Amber Siddiqui

Bankers:

Bank Of Scotland
 PO Box 23583 Edinburgh EH1 1WH

Independent Examiner & Accountant

Pearl Accountants Limited

STRUCTURE, GOVERNANCE AND MANAGEMENT THE OBJECTIVES AND AIMS:

THE RELIEF OR PREVENTION OF POVERTY AMONGST PEOPLE IN LONDON OR IN OTHER PARTS OF THE UNITED KINGDOM OR ABROAD IN SUCH WAYS AS THE TRUSTEES FROM TIME-TO-TIME THINK FIT, IN PARTICULAR, BUT NOT EXCLUSIVELY BY:

- PROVIDING EMERGENCY FOOD AND HOUSEHOLD ITEMS TO INDIVIDUALS AND FAMILIES IN NEED
- SUCH OTHER MEANS, INCLUDING (BUT NOT LIMITED TO) THE PROVISION OF SUPPORT OR SIGNPOSTING TO RELEVANT INFORMATION AND OTHER ADVISORY SERVICES AND THE SUPPORT OF OTHER ORGANISATIONS WORKING TO RELIEVE OR PREVENT POVERTY

ACHIEVEMENTS AND PERFORMANCE

SWAN has made a significant impact on the communities we serve by implementing a multifaceted approach to address various social issues. In South London, SWAN continues our weekly food banks and three weekly soup kitchens which provide for 9840 beneficiaries. We also collaborate with other food banks to ensure no fresh food is left to waste and weekly donate our food supplies to St Martins Community Centre aiding more than our database of beneficiaries. These initiatives provide essential food and sustenance to those in need, helping to alleviate hunger and food insecurity among vulnerable populations. By offering regular access to nutritious meals, SWAN has played a crucial role in improving the well-being of individuals and families in the region. As well as working to cater to the emotional needs and mental welfare of these beneficiaries through our refugee kids' art club and monthly tea and talks for adults.

Additionally, we provide travel support to those seeking safety and asylum, facilitating the resettlement process for displaced individuals in the UK so they can overcome these obstacles that they face to regularize their stay.

On the international front, our impact is equally profound. We have been involved in monthly food pack distributions in multiple countries such as Pakistan, Uganda, Afghanistan and Palestine ensuring that individuals in underserved communities abroad have access to essential sustenance.

We also have been providing bread daily in Kabul and Kandahar, Afghanistan.

And collaborate with an orphanage in Ivory Coast to provide uniform, education and essentials to the orphans.

SWAN's multifaceted efforts, both locally and internationally, highlight our holistic approach to creating positive change in the world.

London**FOODBANK**

SWAN Food bank which has been running since 2012 by our amazing team of committed volunteers, provides food parcels to the community every Tuesday in Streatham Mosque.

The regular food bank supports 9480 beneficiaries with a database of 887 families, supplying 30-40 packs per week. The temporary food bank for 6 months provided 25-40 food packs every week, totalling 2460 food parcels given to families with an average of 4 people per family.

SOUP KITCHENS

A Soup Kitchen is a place where a hot meal is offered to those in need of a hot meal for free or sometimes at a below-market price. Frequently located in lower-income neighbourhoods, soup kitchens are generally often run by volunteers. There is a rough estimate of 25 known soup kitchens across London, with SWAN running three of them.

Through our weekly three soup kitchens, this year the total meals and snack packs distributed is 19,760.

SOCIAL WELLBEING PROJECTS

The SWAN500 project is where 500 people donate £1 each week so that SWAN can use these funds for emergency relief in the UK or abroad. With these funds we can help families on a case-by-case basis with £500 to go to bills, debt or where most needed. This allows us to cater to those who fall between the cracks of charity missions and to not miss anyone in need of support.

This year, we have supported 39 families with unique cases through charity donations for SWAN 500 and 17 families that were zakat worthy with zakat money. A total of 56 families helped through our Swann 500 scheme. That's more than one family a week in a year, thanks to our supporters.

OUR WORK ABROAD

Afghanistan

Afghanistan is facing one of the world's worst humanitarian crises. The Afghan economy has no cash to pay salaries or buy food. Western aid has been suspended because the Taliban government includes designated terrorists. And millions of Afghans face acute malnutrition and starvation in the coming months. We provide 3600 breads a week. This year we have distributed 187,200 loaves of bread to locals so that they can have something to eat. 100 pieces of bread cost just £12, a small figure that allows so many people to eat. We also consistently provide monthly food packs at the cost of £50 so families can have the basics to prepare their own meals.

Ivory Coast

Ivory Coast shares a universal need for support and awareness when it comes to humanitarian issues. In October 2023, we supplied an orphanage which we partnered with, funds for slippers and shoes for the children and handed these out to happy children's faces. This was in addition to the continuous support we give to 100 Orphans throughout the year with uniform/tuition/meals consistently.

Pakistan

We have a few ongoing projects in Pakistan in collaboration with GHRF that we fund weekly and monthly. We are always looking for new ways to help and different areas we can work in. This includes a weekly soup kitchen, food packs, help to widows and flood relief aid

Uganda

This year we worked on a few different projects in Uganda including distributing 350 copies of the Qur'an, iftar meals, food packs and Qurbani meat as well as building a water well so that there was a clean water supply for the locals.

Yemen

We partnered with Forgotten Women to provide much needed water in Yemen. 80% of Yemen's population are in need of humanitarian aid and protection. More than 7 years of fighting has already pushed Yemen and its health system to the brink of collapse. Millions of children lack access to clean water and sanitation facilities.

Palestine

SWAN provides monthly food packs in Gaza, Palestine. We recognise the dire circumstances faced by the people in Gaza, where access to basic necessities is often severely limited due to ongoing conflicts and geopolitical challenges. By supplying monthly food packs, SWAN aims to alleviate some of the hardships faced by the local population, ensuring they have access to essential sustenance.

We provide 60 Food Parcels to the most needy every month when the situation allows.

Seasonal Campaigns**Ramadan:**

- Provided daily Iftar and Sahoor Packs at 3 Soup Kitchens in partnership with Tooting Community Kitchen, totalling 9,600 Iftar meals and 4,800 Sahoor meals.
- Distributed Eid Gifts/Zakat to Soup Kitchen and Foodbank Beneficiaries.

Dhul Hijjah:

- Distributed 265 kilos of Qurbani meat.

Emergency Relief:

- Lebanon: Distributed 400 Food Packs and £10,000 Zakat.
- Yemen: Distributed 250 Food Packs.
- Afghanistan (Gyan): Distributed 300 Food Packs and 10,000 loaves of bread.

Flood Relief:

- Uganda: Distributed 200 Food Packs and medicines.
- Bangladesh: Distributed 1,350 Food Packs, benefiting 5,400 people.
- Pakistan (in partnership with GHRF): Provided 1,500 cooked meals daily, operated a medical camp treating 1,200 people, established 3 Tent Cities for 100 families, conducted mosquito spraying in 50 villages, and provided 300 Food Packs along with daily milk and mosquito nets for 500 children.

Charity Statement of Financial Activities for the year ending 30th April 2023

Under charity law, the trustee is responsible for preparing the trustee's annual report and accounts for each financial year which show a true and fair view of the state of affairs of the charity and of the excess of expenditure over income for that period.

In preparing these financial statements, generally accepted accounting practice requires that the Board of Trustees:

- Selects suitable accounting policies and then apply them consistently
- makes judgments and estimates that are reasonable and prudent
- states whether the recommendations of the SORP FRS 102 have been followed, subject to any material departures
- disclosed and explained in the financial statements
- states whether the financial statements comply with the trust deed, subject to any material departures disclosed and explained in the financial statements
- prepares the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue its activities.
- The trustee is required to act in accordance with the trust deed and the rules of the charity, within the framework of trust law.
- The trustee is responsible for keeping proper accounting records, sufficient to disclose at any time, with reasonable accuracy, the financial position of the charity at that time, and to enable the trustee to ensure that, where any statements of accounts are prepared.
- The trustee has general responsibility for taking such steps as are reasonably open to the trustee to safeguard the assets of the charity and to prevent and detect fraud and other irregularities.

Signed on behalf of the Board of Trustees:



Saiqa Ali BEM
Chairperson

SWAN (SOUTHERN WOMENS AID NETWORK)**Southern Womens Aid Network
Income and expenditure report
May 2022 - April 2023**

	Restricted (£)	Unrestricted funds (£)	TOTAL (£)
Income			
Charitable activities		390.00	390.00
Donations and legacies	303,405.79	46,534.61	349,940.40
Gift Aid		4,085.50	4,085.50
Grant	15,403.00		15,403.00
Zakat In	73,794.47		73,794.47
Total Income	392,603.26	51,010.11	443,613.37
Operating Expenditure			
Casual Labour	0.00	6,980.00	6,980.00
Community Support	4,522.00	23,998.54	28,520.54
Dates	1,119.50	0.00	1,119.50
Food Bank	7,378.40	156.19	7,534.59
Other Charities	28,253.26	0.00	28,253.26
Overseas	308,747.19	1,500.00	310,247.19
Refugees	100.00	250.00	350.00
Soup Kitchen	35,567.14	3,017.91	38,585.05
SWAN 500	0.00	307.85	307.85
Volunteer Expenses	0.00	2,388.81	2,388.81
Zakat Out	2,700.00	500.00	3,200.00
Fundraising	0.00	13,607.16	13,607.16
Charitable activities	388,387.49	52,706.46	441,093.95
NET OPERATING INCOME	4,215.77	-1,696.35	2,519.42
Administrative expenses			
Accountancy fees	0.00	1,020.00	1,020.00
Advertising/Promotional	0.00	2,697.68	2,697.68
Bank charges	0.00	1,007.20	1,007.20
Insurances	0.00	804.37	804.37
Monitoring and Evaluation	0.00	500.00	500.00
Motor Vehicle costs	0.00	1,671.01	1,671.01
Office/General Administrative Expenses	0.00	6,055.87	6,055.87
Other Professional Services	0.00	774.00	774.00
Phone Costs	0.00	878.54	878.54
Rent or Lease of Buildings	0.00	7,500.00	7,500.00
Travel and Accommodation	0.00	69.30	69.30
Total Expenditures	0.00	22,977.97	22,977.97
NET INCOME/(EXPENDITURE)	4,215.77	- 24,674.32	- 20,458.55

SWAN (Southern Women's Aid Network)
Balance Sheet
As at 30 April 2023

	2023
Current assets	£
Cash at bank and in hand	67,402.64
Creditors: amounts falling due within one year	4 (1,020.00)
Net current assets	<u>66,382.64</u>
Net assets	<u>66,382.64</u>
Total Charity funds	<u>66,382.64</u>

Notes on the accounts

1 Accounting Policies

Basis of preparation

The financial statements have been prepared under the historical cost convention.

The accounts (financial statements) have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019 and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011 and UK Generally Accepted Practice as it applies from 1 January 2019.

The accounts (financial statements) have been prepared to give a ‘true and fair’ view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a ‘true and fair view’. This departure has involved following 21 Charity Commission, Charity reporting and accounting: the essentials, 2016 Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

The trustee considers that there are no material uncertainties about the ability to continue as a going concern.

Resources expended and irrecoverable VAT

All expenditure is accounted for on an accrual basis and have been classified under headings that aggregate all costs related to each category of expense shown in the Statement of Financial Activities.

Expenditure is recognised when the following criteria are met:

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to each category of expense shown in the Statement of Financial Activities.

Irrecoverable VAT is charged against the category of resources expended for which it was incurred.

Creditors

Creditors are amounts owed by the charity. They are measured at the amount that the charity expects to have to pay to settle the debt. Note 4, shows that creditors have been fully paid post-year end.

Related Party transactions

There are no related party transactions.

Income from donations and legacies

Donations from individuals are gifts from members of the public. The charity received £15,403 grant income in this financial year.

Restricted and Unrestricted funds have been shown in the income and expenditure report

TRUSTEE REPORT 2022-2023 REPORT OF THE TRUSTEES FOR THE YEAR

SWAN (SOUTHERN WOMEN'S AID NETWORK, Charitable incorporated organization 1188649 (CIO): a CIO is a charity registered as a body corporate under Part 11 of the Charities Act 2011 with the Charities Commission on 19 March 2020 and is governed by its constitution.

The charity is non-profit making and its trustees are volunteers.

The trustees present their report and the financial statements of the charity for the year ending 30 Apr 2023.

The trustees have adopted the provision of Accounting and Reporting by the charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019)

Chairperson's Message

Dear SWAN Supporters and Well-Wishers,

I am delighted to provide you with an overview of SWAN's financial performance and the impactful initiatives we've undertaken over the past year. Your unwavering support has played a crucial role in enabling us to make a positive difference in the lives of individuals and communities both locally and internationally.

In terms of financials, our total income for the year amounted to £443,613.37, comprising generous donations and legacies, Gift Aid contributions totalling £4,085.50, and grants amounting to £15,403. Our total expenditure, directed towards initiatives in the UK and overseas, reached £464,071.92.

Locally, in South London, SWAN continues to address social issues through multifaceted approaches. Our weekly food banks and three soup kitchens have provided essential sustenance to 9,840 beneficiaries, ensuring that no fresh food goes to waste through collaborations with other food banks. Moreover, initiatives such as the refugee kid's art club and monthly tea and talks for adults contribute to the emotional and mental well-being of our beneficiaries.

Internationally, our impact has been profound, with monthly food pack distributions in countries such as Pakistan, Uganda, Afghanistan, and Palestine. Empowerment projects, including a sewing program for widows and the establishment of the SWAN Afghanistan bakery, further our commitment to building capacity and promoting self-sufficiency in underserved communities.

Our financial model, exemplified by the SWAN500project, where 500 people donate £1 each week, has supported 56 families in unique cases through charity donations and also with zakat money for eligible families. This initiative showcases the collective power of small contributions in making a meaningful impact.

We extend our heartfelt gratitude to everyone in the community and organisations in London, including Don's Local Action Group, The Felix Project, Fareshare, Lidl, and Gails Bakery, for their weekly donations of food, contributing to the provision of ambient and fresh produce to struggling families in our community.

In conclusion, SWAN's multifaceted efforts, both locally and internationally, highlight our commitment to creating positive change in the world. We are grateful for your continued support and look forward to making an even greater impact in the coming year.

Warm regards,

Saiqa Ali

Chair/CEO

Reference and administrative information

Charities registered name: SWAN (Southern Women's Aid Network)

Charities registered number: 1188649

Charities Principal address: 8 Rycroft Road. Landon, SW16 3EG

Trustees: At the date of this report following were the trustees of the Charity:

Saiqa Ali BEM
 Saman Jung
 Smaira Wahid
 Amina Nasreen Khawaja
 Naheed Nizam
 Amber Siddiqui

Bankers:

Bank Of Scotland
 PO Box 23583 Edinburgh EH1 1WH

Independent Examiner & Accountant

Pearl Accountants Limited

STRUCTURE, GOVERNANCE AND MANAGEMENT THE OBJECTIVES AND AIMS:

THE RELIEF OR PREVENTION OF POVERTY AMONGST PEOPLE IN LONDON OR IN OTHER PARTS OF THE UNITED KINGDOM OR ABROAD IN SUCH WAYS AS THE TRUSTEES FROM TIME-TO-TIME THINK FIT, IN PARTICULAR, BUT NOT EXCLUSIVELY BY:

- PROVIDING EMERGENCY FOOD AND HOUSEHOLD ITEMS TO INDIVIDUALS AND FAMILIES IN NEED
- SUCH OTHER MEANS, INCLUDING (BUT NOT LIMITED TO) THE PROVISION OF SUPPORT OR SIGNPOSTING TO RELEVANT INFORMATION AND OTHER ADVISORY SERVICES AND THE SUPPORT OF OTHER ORGANISATIONS WORKING TO RELIEVE OR PREVENT POVERTY

ACHIEVEMENTS AND PERFORMANCE

SWAN has made a significant impact on the communities we serve by implementing a multifaceted approach to address various social issues. In South London, SWAN continues our weekly food banks and three weekly soup kitchens which provide for 9840 beneficiaries. We also collaborate with other food banks to ensure no fresh food is left to waste and weekly donate our food supplies to St Martins Community Centre aiding more than our database of beneficiaries. These initiatives provide essential food and sustenance to those in need, helping to alleviate hunger and food insecurity among vulnerable populations. By offering regular access to nutritious meals, SWAN has played a crucial role in improving the well-being of individuals and families in the region. As well as working to cater to the emotional needs and mental welfare of these beneficiaries through our refugee kids' art club and monthly tea and talks for adults.

Additionally, we provide travel support to those seeking safety and asylum, facilitating the resettlement process for displaced individuals in the UK so they can overcome these obstacles that they face to regularize their stay.

On the international front, our impact is equally profound. We have been involved in monthly food pack distributions in multiple countries such as Pakistan, Uganda, Afghanistan and Palestine ensuring that individuals in underserved communities abroad have access to essential sustenance.

We also have been providing bread daily in Kabul and Kandahar, Afghanistan.

And collaborate with an orphanage in Ivory Coast to provide uniform, education and essentials to the orphans.

SWAN's multifaceted efforts, both locally and internationally, highlight our holistic approach to creating positive change in the world.

London**FOODBANK**

SWAN Food bank which has been running since 2012 by our amazing team of committed volunteers, provides food parcels to the community every Tuesday in Streatham Mosque.

The regular food bank supports 9480 beneficiaries with a database of 887 families, supplying 30-40 packs per week. The temporary food bank for 6 months provided 25-40 food packs every week, totalling 2460 food parcels given to families with an average of 4 people per family.

SOUP KITCHENS

A Soup Kitchen is a place where a hot meal is offered to those in need of a hot meal for free or sometimes at a below-market price. Frequently located in lower-income neighbourhoods, soup kitchens are generally often run by volunteers. There is a rough estimate of 25 known soup kitchens across London, with SWAN running three of them.

Through our weekly three soup kitchens, this year the total meals and snack packs distributed is 19,760.

SOCIAL WELLBEING PROJECTS

The SWAN500 project is where 500 people donate £1 each week so that SWAN can use these funds for emergency relief in the UK or abroad. With these funds we can help families on a case-by-case basis with £500 to go to bills, debt or where most needed. This allows us to cater to those who fall between the cracks of charity missions and to not miss anyone in need of support.

This year, we have supported 39 families with unique cases through charity donations for SWAN 500 and 17 families that were zakat worthy with zakat money. A total of 56 families helped through our Swann 500 scheme. That's more than one family a week in a year, thanks to our supporters.

OUR WORK ABROAD

Afghanistan

Afghanistan is facing one of the world's worst humanitarian crises. The Afghan economy has no cash to pay salaries or buy food. Western aid has been suspended because the Taliban government includes designated terrorists. And millions of Afghans face acute malnutrition and starvation in the coming months. We provide 3600 breads a week. This year we have distributed 187,200 loaves of bread to locals so that they can have something to eat. 100 pieces of bread cost just £12, a small figure that allows so many people to eat. We also consistently provide monthly food packs at the cost of £50 so families can have the basics to prepare their own meals.

Ivory Coast

Ivory Coast shares a universal need for support and awareness when it comes to humanitarian issues. In October 2023, we supplied an orphanage which we partnered with, funds for slippers and shoes for the children and handed these out to happy children's faces. This was in addition to the continuous support we give to 100 Orphans throughout the year with uniform/tuition/meals consistently.

Pakistan

We have a few ongoing projects in Pakistan in collaboration with GHRF that we fund weekly and monthly. We are always looking for new ways to help and different areas we can work in. This includes a weekly soup kitchen, food packs, help to widows and flood relief aid

Uganda

This year we worked on a few different projects in Uganda including distributing 350 copies of the Qur'an, iftar meals, food packs and Qurbani meat as well as building a water well so that there was a clean water supply for the locals.

Yemen

We partnered with Forgotten Women to provide much needed water in Yemen. 80% of Yemen's population are in need of humanitarian aid and protection. More than 7 years of fighting has already pushed Yemen and its health system to the brink of collapse. Millions of children lack access to clean water and sanitation facilities.

Palestine

SWAN provides monthly food packs in Gaza, Palestine. We recognise the dire circumstances faced by the people in Gaza, where access to basic necessities is often severely limited due to ongoing conflicts and geopolitical challenges. By supplying monthly food packs, SWAN aims to alleviate some of the hardships faced by the local population, ensuring they have access to essential sustenance.

We provide 60 Food Parcels to the most needy every month when the situation allows.

Seasonal Campaigns

Ramadan:

- Provided daily Iftar and Sahoor Packs at 3 Soup Kitchens in partnership with Tooting Community Kitchen, totalling 9,600 Iftar meals and 4,800 Sahoor meals.
- Distributed Eid Gifts/Zakat to Soup Kitchen and Foodbank Beneficiaries.

Dhul Hijjah:

- Distributed 265 kilos of Qurbani meat.

Emergency Relief:

- Lebanon: Distributed 400 Food Packs and £10,000 Zakat.
- Yemen: Distributed 250 Food Packs.
- Afghanistan (Gyan): Distributed 300 Food Packs and 10,000 loaves of bread.

Flood Relief:

- Uganda: Distributed 200 Food Packs and medicines.
- Bangladesh: Distributed 1,350 Food Packs, benefiting 5,400 people.
- Pakistan (in partnership with GHRF): Provided 1,500 cooked meals daily, operated a medical camp treating 1,200 people, established 3 Tent Cities for 100 families, conducted mosquito spraying in 50 villages, and provided 300 Food Packs along with daily milk and mosquito nets for 500 children.

Charity Statement of Financial Activities for the year ending 30th April 2023

Under charity law, the trustee is responsible for preparing the trustee's annual report and accounts for each financial year which show a true and fair view of the state of affairs of the charity and of the excess of expenditure over income for that period.

In preparing these financial statements, generally accepted accounting practice requires that the Board of Trustees:

- Selects suitable accounting policies and then apply them consistently
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- states whether the recommendations of the SORP FRS 102 have been followed, subject to any material departures
- disclosed and explained in the financial statements
- states whether the financial statements comply with the trust deed, subject to any material departures disclosed and explained in the financial statements
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- The trustee is required to act in accordance with the trust deed and the rules of the charity, within the framework of trust law.
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- The trustee has general responsibility for taking such steps as are reasonably open to the trustee to safeguard the assets of the charity and to prevent and detect fraud and other irregularities.

Signed on behalf of the Board of Trustees:



Saiqa Ali BEM
Chairperson

SWAN (SOUTHERN WOMENS AID NETWORK)**Southern Womens Aid Network
Income and expenditure report
May 2022 - April 2023**

	<u>Restricted (£)</u>	<u>Unrestricted funds (£)</u>	<u>TOTAL (£)</u>
Income			
Charitable activities		390.00	390.00
Donations and legacies	303,405.79	46,534.61	349,940.40
Gift Aid		4,085.50	4,085.50
Grant	15,403.00		15,403.00
Zakat In	73,794.47		73,794.47
Total Income	392,603.26	51,010.11	443,613.37
Operating Expenditure			
Casual Labour	0.00	6,980.00	6,980.00
Community Support	4,522.00	23,998.54	28,520.54
Dates	1,119.50	0.00	1,119.50
Food Bank	7,378.40	156.19	7,534.59
Other Charities	28,253.26	0.00	28,253.26
Overseas	308,747.19	1,500.00	310,247.19
Refugees	100.00	250.00	350.00
Soup Kitchen	35,567.14	3,017.91	38,585.05
SWAN 500	0.00	307.85	307.85
Volunteer Expenses	0.00	2,388.81	2,388.81
Zakat Out	2,700.00	500.00	3,200.00
Fundraising	0.00	13,607.16	13,607.16
Charitable activities	388,387.49	52,706.46	441,093.95
NET OPERATING INCOME	4,215.77	-1,696.35	2,519.42
Administrative expenses			
Accountancy fees	0.00	1,020.00	1,020.00
Advertising/Promotional	0.00	2,697.68	2,697.68
Bank charges	0.00	1,007.20	1,007.20
Insurances	0.00	804.37	804.37
Monitoring and Evaluation	0.00	500.00	500.00
Motor Vehicle costs	0.00	1,671.01	1,671.01
Office/General Administrative Expenses	0.00	6,055.87	6,055.87
Other Professional Services	0.00	774.00	774.00
Phone Costs	0.00	878.54	878.54
Rent or Lease of Buildings	0.00	7,500.00	7,500.00
Travel and Accommodation	0.00	69.30	69.30
Total Expenditures	0.00	22,977.97	22,977.97
NET INCOME/(EXPENDITURE)	4,215.77	- 24,674.32	- 20,458.55

SWAN (Southern Women's Aid Network)
Balance Sheet
As at 30 April 2023

	2023
Current assets	£
Cash at bank and in hand	67,402.64
Creditors: amounts falling due within one year	4 (1,020.00)
Net current assets	<u>66,382.64</u>
Net assets	<u>66,382.64</u>
 Total Charity funds	 <u>66,382.64</u>

Notes on the accounts

1 Accounting Policies

Basis of preparation

The financial statements have been prepared under the historical cost convention.

The accounts (financial statements) have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019 and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011 and UK Generally Accepted Practice as it applies from 1 January 2019.

The accounts (financial statements) have been prepared to give a ‘true and fair’ view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a ‘true and fair view’. This departure has involved following 21 Charity Commission, Charity reporting and accounting: the essentials, 2016 Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

The trustee considers that there are no material uncertainties about the ability to continue as a going concern.

Resources expended and irrecoverable VAT

All expenditure is accounted for on an accrual basis and have been classified under headings that aggregate all costs related to each category of expense shown in the Statement of Financial Activities.

Expenditure is recognised when the following criteria are met:

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to each category of expense shown in the Statement of Financial Activities.

Irrecoverable VAT is charged against the category of resources expended for which it was incurred.

Creditors

Creditors are amounts owed by the charity. They are measured at the amount that the charity expects to have to pay to settle the debt. Note 4, shows that creditors have been fully paid post-year end.

Related Party transactions

There are no related party transactions.

Income from donations and legacies

Donations from individuals are gifts from members of the public. The charity received £15,403 grant income in this financial year.

Restricted and Unrestricted funds have been shown in the income and expenditure report



Section A

Independent Examiner's Report

Report to the trustees

Charity Name
SWAN (SOUTHERN WOMEN'S AID NETWORK)

On accounts for the year ended

30/04/2023

**Charity no
(if any)**

1188649

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **30/04/2023**.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. *Delete [] if not applicable.*

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed: *M. Kalair*

Date: 11/01/2024

Name: Manisha Kalair

Relevant professional qualification(s) or body

MAAT

(if any):

Address: Profile West, 950 Great West Road
Brentford,
TW8 9ES

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

n/a

SWAN (SOUTHERN WOMEN'S AID NETWORK)

England & Wales - Charity number 1188649

Accounts



REPORT OF THE TRUSTEES FOR THE YEAR ENDED 30 APRIL 2022

SWAN (SOUTHERN WOMEN'S AID NETWORK), Charitable incorporated organization 1188649 (CIO): a CIO is a charity registered as a body corporate under Part 11 of the Charities Act 2011 with the Charities Commission on 19th March 2020 and is governed by its constitution.

The charity is non-profit making and its trustees are volunteers.

The trustees present their report and the financial statements of the charity for the year ended 30 April 2022.

The trustees have adopted the provision of Accounting and Reporting by the charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019)

Reference and administrative Information

Charities registered name: SWAN (Southern Women's Aid Network)

Charities registered number: 1188649

Charities Principal address:

8 Ryecroft Road,
London,
SW16 3EG

Trustees: At the date of this report following were the trustees of the Charity:

Saiqa Ali BEM
Saman Jung
Smaira Wahid
Amina Nasreen Khawaja
Naheed Nizam
Amber Siddiqui

Bankers:

Bank Of Scotland
PO Box 23581
Edinburgh
EH1 1WH

Independent Examiner & Accountant:



STRUCTURE, GOVERNANCE AND MANAGEMENT THE OBJECTIVES AND AIMS:

THE RELIEF OR PREVENTION OF POVERTY AMONGST PEOPLE IN LONDON OR IN OTHER PARTS OF THE UNITED KINGDOM OR ABROAD IN SUCH WAYS AS THE TRUSTEES FROM TIME-TO-TIME THINK FIT, IN PARTICULAR, BUT NOT EXCLUSIVELY BY:

PROVIDING EMERGENCY FOOD AND HOUSEHOLD ITEMS TO INDIVIDUALS AND FAMILIES IN NEED

SUCH OTHER MEANS, INCLUDING (BUT NOT LIMITED TO) THE PROVISION OF SUPPORT OR SIGNPOSTING TO RELEVANT INFORMATION AND OTHER ADVISORY SERVICES AND THE SUPPORT OF OTHER ORGANISATIONS WORKING TO RELIEVE OR PREVENT POVERTY

ACHIVEMENTS AND PERFORMANCE

After almost a year of social distancing, lockdowns and furlough – words that would have seemed alien to us before – grassroot charities such as SWAN have had their work cut out for them in helping our society recover from financial hardship, ill health, grief and a host of other social ills.

In dealing with the challenges caused by the pandemic, our beneficiaries and volunteers have demonstrated resilience and creativity, diversifying the ways in which we work to generate funds and serve as many people in need as we can.

Throughout the year the SWAN team and implementing partners abroad have worked tirelessly to stop those already cut off, from starving to death. We followed the world as it become acclimatised to remote working, online meetings and digital progress. We successfully expanded our efforts to two new soup kitchens and new projects abroad.

In recognition of SWAN's work in the community our Chair of Trustees and de facto CEO Saiqa Ali's spearheading of our efforts during Covid19 were recognised by the Queen and she was listed on the Honours List 2021 and awarded a British Empire Medal.

London

Foodbank

SWAN Foodbank in Streatham has been running since 2012 by our amazing team of committed volunteers, provides food parcels to the community every Tuesday in Streatham Mosque. Over the past 12 months we have provided food parcels to our database of 690 families every month, including door to door food parcels deliveries. We have teamed up with a number of organisations and receive weekly food donations from Dons Charity, JR Butchers, and Gails Bakery, and Supermarkets such as Lidl's, Waitrose, M&S, Aldi, and Tesco. We also receive regular donations from our local community, Orchard Primary School and Balham Mosque.

We operated a new foodbank from outside our Community Hub in Croydon every Thursday evening. With a new group of volunteers, we distributed staple food items and fresh produce to struggling families in Croydon every week throughout winter.

Asylum Seekers/Refugee Aid

From 2020 to present SWAN has provided hundreds of Refugees/Asylum seekers with aid including clothes, shoes, coats, baby items, phones, hygiene products, supermarket vouchers and food.



The food provided in hostels/hotels is often of a very poor quality and families are desperately in need of nourishment. Our Soup Kitchens provide refugees/Asylum seekers with hot food, fruit and treats.

Soup Kitchens

A Soup Kitchen is a place where a hot meal is offered to those in need of a hot meal for free. Soup kitchens are generally often run by volunteers. There is a rough estimate of 25 known soup kitchens across London, with SWAN running three of them.

SWAN started their first soup Kitchens at Croydon Islamic Centre and Thornton Heath Islamic Centre during the Ramadan period in 2020 and subsequently opened three regular weekly soup kitchens across south London; Monday at Thornton Heath Islamic Centre, Wednesday at Croydon Islamic Centre and Saturday outside the Dudley Hotel in Clapham South - in conjunction with Tooting Community Kitchen - to provide hot meals for free to those who need it. SWAN also provide aid to a soup kitchen run in Central London by AR Food Projects every Sunday afternoon.

Our hot meals are purchased from Biryani House Ltd which allows us to provide a nutritious meal at a budget cost thus enabling us to feed hundreds of people each month across South London.

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Through our SWAN500 project we have supported multiple families in a number of ways; from fixing a ceiling, replacing carpet, buying cookers and fridges, paying off debt and helping the homeless off the streets. The support we have been able to provide has been priceless.

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In 2021/22 we facilitated the collection of clothes, shoes and winter clothes to benefit refugees and homeless people. The response from the local community to our collections is always incredible and we have been instrumental in helping thousands of people with essential items.

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Nearly 70,000 refugees and migrants from the Middle East, South Asia and Africa have passed through Bosnia-Herzegovina in the past three years, according to the International Organization for Migration. Today, some 6,000 live in five main camps run by the United Nations agency in coordination with local authorities scattered across the country, according to the IOM.



In response to a plea for help from a desperate family stuck in the snow on the border we first started our relief efforts in Bosnia, when we helped hundreds of families with food, winter clothing, shoes and materials to repair shelters.

Since then, our partner Salam Aldeen of Team Humanity has visited the Bosnian border multiple times and our latest distribution provided foodpacks to families living in horrendous conditions. The situation on the border is unlikely to change anytime soon, with more and more refugees traveling across the route. Consequently, as one of the only charities assisting these desperate and displaced families, it is inconceivable that we can stop efforts to aid and assist as best we can.

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Refugees in Lesbos, Greece have escaped from war zones, crossed hostile borders, and braved the sea, only to end up on the Greek island of Lesbos, where the EU's racist, xenophobic, and Islamophobic migration policies intensified during the coronavirus pandemic.

The sanitation facilities in Kara Tepe II are inadequate, and refugees are only provided two meals a day, often consisting of rotten, inedible food. Many refugees used to rely on grocery stores outside the camp to supplement meagre rations. But the pandemic has made even this small, autonomous act more difficult as security guards use social distancing measures as an excuse to deny refugees access to stores.

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More than half the population is now probably below the poverty line, said the report. The 12month inflation rate has risen to 157.9% in March this year from 10% in January last year. Unemployment has risen to nearly 40% late last year from 28% in February 2020. Access to healthcare has become limited.

We provided food packs, fuel and winter clothing to many families in Palestinian camps suffering from extreme weather conditions in winter.

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Pakistan's poverty rate has decreased in recent years. The government of Pakistan is doing its best to fight both the COVID-19 pandemic and poverty in Pakistan. So far the government has provided many social welfare programs at a scale that they have never done in history until now. However, there is so much more to do in order for the country to defeat poverty.

The COVID-19 pandemic has disproportionately affected the poverty-stricken citizens in Pakistan. These people consist of women, children, the elderly and people with disabilities. They are far more likely to suffer from malnutrition and their health may be weak. Thus, the virus has spread in poverty-stricken communities faster.

We have been working in collaboration with Global Humanitarian Relief Foundation (GHRF) for six years. We have supported each other's efforts to help as many people as possible. During 2021/22 we have provided the following:



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- Sewing machines and vocational training.
- Microfinance grants for people to set up businesses.
- Food and practical aid to widows and orphans.

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The crisis lasted 11 days during Ramadan and affected countless already struggling families in Gaza. SWAN responded to the crisis by working directly with Great Mosque in Gaza to provide food and essential aid to families. Since Ramadan 2021, SWAN provide food packs to some of the most vulnerable and struggling families and we have started a home refurbishment project. Whereby we renovate one inhabitable home to a livable standard every month. We also organised a book collection for the Samir Mansour Bookshop in Gaza which was destroyed in the bombing.

Seasonal Campaigns

Ramadan 2021

In London

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9200 hot meals
4350 breakfast packs
211 food parcels
342 supermarket vouchers.
Essential clothes and mobile phones to 50 refugees

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250 food packs in Pakistan
100 food packs in Yemen
16000 flatbreads in Lesvos, Greece
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Dhul Hijaah/Qurbani

In 2021 we organised



15 qurbanis and 100 food packs in Bosnia
18 Qurbanis in Greece and
9 Qurbanis and 25 food packs in Yemen.
4 cows (28 qurbanis) and 100 food packs and 100 Eid gifts in Gaza.

Charity Statement of Financial Activities for the year ending 30th April 2022

Under charity law, the trustee is responsible for preparing the trustee's annual report and accounts for each financial year which show a true and fair view of the state of affairs of the charity and of the excess of expenditure over income for that period.

In preparing these financial statements, generally accepted accounting practice requires that the Board of Trustees:

- selects suitable accounting policies and then apply them consistently
- makes judgments and estimates that are reasonable and prudent
- states whether the recommendations of the SORP FRS 102 have been followed, subject to any material departures
- disclosed and explained in the financial statements
- states whether the financial statements comply with the trust deed, subject to any material departures disclosed and explained in the financial statements
- prepares the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue its activities.
- The trustee is required to act in accordance with the trust deed and the rules of the charity, within the framework of trust law.
- The trustee is responsible for keeping proper accounting records, sufficient to disclose at any time, with reasonable accuracy, the financial position of the charity at that time, and to enable the trustee to ensure that, where any statements of accounts are prepared.
- The trustee has general responsibility for taking such steps as are reasonably open to the trustee to safeguard the assets of the charity and to prevent and detect fraud and other irregularities.

Signed on behalf of the Board of Trustees:

Name: Saiqa Ali BEM (Chair)

Date: 13th January 2023

SWAN (Southern Women's Aid Network)

Receipts and payments accounts

For the period from 1 Maay 2021 to 30 April 2022

Income and endowments from	£
Donations	392,587.21
Grant	9,107.00
	<hr/>
	401,694.21
Expenditure on	
Charitable activities	326,667.31
NET OPERATING INCOME	<hr/>
	75,026.90
Administrative expenses	
Travel and subsistence	63.67
Motor expenses	2,151.33
Rent	9,000.00
Telephone and fax	918.62
Accountancy fee	1,020.00
Advertising and PR	2,958.17
Other legal and professional	1,936.25
Printing, Postage and Stationery	3.83
Office/General Administrative Expenses	2,374.53
	<hr/>
	20,426.40
NET INCOME/(EXPENDITURE)	<hr/>
	54,600.50

**SWAN (Southern Women's Aid Network)****Balance Sheet****As at 30 April 2022**

	2021
	£
Current assets	
Cash at bank and in hand	87,861.19
Creditors: amounts falling due within one year	4 (1,020.00)
Net current assets	<u>£86,841.19</u>
Net assets	<u>£86,841.19</u>
The funds of the charity	
Unrestricted income fund	<u>86,841.19</u>
Total Charity funds	<u>£86,841.19</u>

Notes on the accounts**1 Accounting Policies****Basis of preparation**

The financial statements have been prepared under the historical cost convention.

The accounts (financial statements) have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019 and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011 and UK Generally Accepted Practice as it applies from 1 January 2019.

The accounts (financial statements) have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following 21 Charity Commission, Charity reporting and accounting: the essentials, 2016 Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.



The trustee considers that there are no material uncertainties about the ability to continue as a going concern.

The Covid-19 pandemic has had an impact on the charity's fundraising income for although this was partially offset by the generous donations made by members of the public in the first lockdown and a grant given by the Lottery commission.

Resources expended and irrecoverable VAT

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to each category of expense shown in the Statement of Financial Activities.

Expenditure is recognised when the following criteria are met:

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to each category of expense shown in the Statement of Financial Activities.

Irrecoverable VAT is charged against the category of resources expended for which it was incurred.

Debtors

Debtors are amounts owed to the charity. They are measured on the basis of their recoverable amount.

Creditors

Creditors are amounts owed by the charity. They are measured at the amount that the charity expects to have to pay to settle the debt.

2 Related Party transactions

There are no related party transactions

3 Income from donations and legacies

Donations from individuals are gifts from members of the public. The charity received £9,107.00 grant from The Joseph Rowntre UK.

4. Creditors

Creditors have been fully paid post year end.



REPORT OF THE TRUSTEES FOR THE YEAR ENDED 30 APRIL 2022

SWAN (SOUTHERN WOMEN'S AID NETWORK), Charitable incorporated organization 1188649 (CIO): a CIO is a charity registered as a body corporate under Part 11 of the Charities Act 2011 with the Charities Commission on 19th March 2020 and is governed by its constitution.

The charity is non-profit making and its trustees are volunteers.

The trustees present their report and the financial statements of the charity for the year ended 30 April 2022.

The trustees have adopted the provision of Accounting and Reporting by the charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019)

Reference and administrative Information

Charities registered name: SWAN (Southern Women's Aid Network)

Charities registered number: 1188649

Charities Principal address:

8 Ryecroft Road,
London,
SW16 3EG

Trustees: At the date of this report following were the trustees of the Charity:

Saiqa Ali BEM
Saman Jung
Smaira Wahid
Amina Nasreen Khawaja
Naheed Nizam
Amber Siddiqui

Bankers:

Bank Of Scotland
PO Box 23581
Edinburgh
EH1 1WH

Independent Examiner & Accountant:



STRUCTURE, GOVERNANCE AND MANAGEMENT THE OBJECTIVES AND AIMS:

THE RELIEF OR PREVENTION OF POVERTY AMONGST PEOPLE IN LONDON OR IN OTHER PARTS OF THE UNITED KINGDOM OR ABROAD IN SUCH WAYS AS THE TRUSTEES FROM TIME-TO-TIME THINK FIT, IN PARTICULAR, BUT NOT EXCLUSIVELY BY:

PROVIDING EMERGENCY FOOD AND HOUSEHOLD ITEMS TO INDIVIDUALS AND FAMILIES IN NEED

SUCH OTHER MEANS, INCLUDING (BUT NOT LIMITED TO) THE PROVISION OF SUPPORT OR SIGNPOSTING TO RELEVANT INFORMATION AND OTHER ADVISORY SERVICES AND THE SUPPORT OF OTHER ORGANISATIONS WORKING TO RELIEVE OR PREVENT POVERTY

ACHIVEMENTS AND PERFORMANCE

After almost a year of social distancing, lockdowns and furlough – words that would have seemed alien to us before – grassroot charities such as SWAN have had their work cut out for them in helping our society recover from financial hardship, ill health, grief and a host of other social ills.

In dealing with the challenges caused by the pandemic, our beneficiaries and volunteers have demonstrated resilience and creativity, diversifying the ways in which we work to generate funds and serve as many people in need as we can.

Throughout the year the SWAN team and implementing partners abroad have worked tirelessly to stop those already cut off, from starving to death. We followed the world as it become acclimatised to remote working, online meetings and digital progress. We successfully expanded our efforts to two new soup kitchens and new projects abroad.

In recognition of SWAN's work in the community our Chair of Trustees and de facto CEO Saiqa Ali's spearheading of our efforts during Covid19 were recognised by the Queen and she was listed on the Honours List 2021 and awarded a British Empire Medal.

London

Foodbank

SWAN Foodbank in Streatham has been running since 2012 by our amazing team of committed volunteers, provides food parcels to the community every Tuesday in Streatham Mosque. Over the past 12 months we have provided food parcels to our database of 690 families every month, including door to door food parcels deliveries. We have teamed up with a number of organisations and receive weekly food donations from Dons Charity, JR Butchers, and Gails Bakery, and Supermarkets such as Lidl's, Waitrose, M&S, Aldi, and Tesco. We also receive regular donations from our local community, Orchard Primary School and Balham Mosque.

We operated a new foodbank from outside our Community Hub in Croydon every Thursday evening. With a new group of volunteers, we distributed staple food items and fresh produce to struggling families in Croydon every week throughout winter.

Asylum Seekers/Refugee Aid

From 2020 to present SWAN has provided hundreds of Refugees/Asylum seekers with aid including clothes, shoes, coats, baby items, phones, hygiene products, supermarket vouchers and food.



The food provided in hostels/hotels is often of a very poor quality and families are desperately in need of nourishment. Our Soup Kitchens provide refugees/Asylum seekers with hot food, fruit and treats.

Soup Kitchens

A Soup Kitchen is a place where a hot meal is offered to those in need of a hot meal for free. Soup kitchens are generally often run by volunteers. There is a rough estimate of 25 known soup kitchens across London, with SWAN running three of them.

SWAN started their first soup Kitchens at Croydon Islamic Centre and Thornton Heath Islamic Centre during the Ramadan period in 2020 and subsequently opened three regular weekly soup kitchens across south London; Monday at Thornton Heath Islamic Centre, Wednesday at Croydon Islamic Centre and Saturday outside the Dudley Hotel in Clapham South - in conjunction with Tooting Community Kitchen - to provide hot meals for free to those who need it. SWAN also provide aid to a soup kitchen run in Central London by AR Food Projects every Sunday afternoon.

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Bosnia-Herzegovina became the main hub for migrants hoping to reach wealthier European countries after authorities closed the previous migration route through Serbia and Hungary in 2016. Now it's the shortest possible way to access the EU. But the bloc is failing to effectively address the humanitarian crisis unfolding on its doorstep. Meanwhile, Bosnia's poverty, complex political system, corruption, high unemployment — and its people's difficulty in burying the legacy of their past war — all stoke resentment against migrants, creating a crisis within a crisis.

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Signed on behalf of the Board of Trustees:

Name: Saiqa Ali BEM (Chair)

Date: 13th January 2023

SWAN (Southern Women's Aid Network)

Receipts and payments accounts

For the period from 1 Maay 2021 to 30 April 2022

Income and endowments from	£
Donations	392,587.21
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	401,694.21
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	<hr/>
	20,426.40
NET INCOME/(EXPENDITURE)	<hr/>
	54,600.50

**SWAN (Southern Women's Aid Network)****Balance Sheet**

As at 30 April 2022

	2021
	£
Current assets	
Cash at bank and in hand	87,861.19
Creditors: amounts falling due within one year	4 (1,020.00)
Net current assets	<u>£86,841.19</u>
Net assets	<u>£86,841.19</u>
The funds of the charity	
Unrestricted income fund	<u>86,841.19</u>
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All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to each category of expense shown in the Statement of Financial Activities.

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Creditors

Creditors are amounts owed by the charity. They are measured at the amount that the charity expects to have to pay to settle the debt.

2 Related Party transactions

There are no related party transactions

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Donations from individuals are gifts from members of the public. The charity received £9,107.00 grant from The Joseph Rowntre UK.

4. Creditors

Creditors have been fully paid post year end.



Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name
SWAN (SOUTHERN WOMEN'S AID NETWORK)

On accounts for the year
ended

30th April 2022

Charity no
(if any)

1188649

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 30 / 04 / 2022 .

Responsibilities and
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. *Delete [] if not applicable.*

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed: *M. Kalair*

Date: 06/02/2023

Name: Manisha Kalair

Relevant professional
qualification(s) or body

AAT

(if any):

Address:

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

SWAN (SOUTHERN WOMEN'S AID NETWORK)

England & Wales - Charity number 1188649

Accounts



SOUTHERN WOMEN'S AID NETWORK (SWAN)

Welcome to our report of the trustees for year ending 30th April 2021

The Trustees of SWAN present their annual report and audited accounts from the inception of the charity on 20th March 2020 to 30th April 2021

Objects

The relief or prevention of poverty amongst people in London or in other parts of the United Kingdom or abroad in such ways as the trustees from time-to-time think fit, in-particular, but not exclusively by:

- a) providing emergency food and household items to individuals and families in need
- b) such other means, including (but not limited to) the provision of support or signposting to relevant information and other advisory services and the support of other organisations working to relieve or prevent poverty

Introduction

Our registration as a CIO in March 2020, coincided with the first lockdown and the closure of the foodbank at Streatham Islamic Centre - that we have been running since Ramadan 2012. The decision to provide a Covid19 response with doorstep food parcels, proved to be the beginning of a very busy time for our team and volunteers. We became a life saver for so many families in the community. As our service grew we were flooded with referrals from other organisations, establishing SWAN as a recognised provider of aid in South London. We have built relationships and partnerships with charities and community groups in London, who have assisted in our growth and on our journey.

Ramadan 2020 was a Ramadan like no other, families had opportunities to spend time together and despite, or perhaps because of the pandemic sweeping the world, it felt like a really spiritual time. Sadly because of the closure of mosques and restrictions on communal prayers, many who previously relied on iftar meals at the mosques, had nowhere to turn. This led to our 200 Meals a Day campaign which provided meals from Thornton Heath and Croydon Islamic Centres. This campaign was incredibly well received by hundreds of beneficiaries and well supported by the South London community. The end of Ramadan signalled the start of our Monday Soup Kitchen at Thornton Heath Islamic Centre which has been providing meals to 120+ refugees, low income families and homeless people every week since.

For a small charity, we have reached so many people, suffering so many hardships, in London and in so many countries around the world. Our bread project in Lesvos, Greece has consistently provided 1000's of flatbreads every week. We have responded to emergency situations and provided food packs, shelter and clothing to refugees in Bosnia, food packs in Azerbaijan and Lebanon and Ramadan food packs in Pakistan and Yemen and supported Muslim Hands in providing blankets to Syria.



In London, through our community support project - SWAN500 - we have helped families in a number of different ways; from purchasing essential aids to paying debts. But we haven't stopped there, we have provided laptops to children from low income families, we have carried out countless aid collections for refugees and we have distributed clothes, shoes and food to hundreds of beneficiaries. Together with Tooting Community Kitchen we run a soup kitchen every Saturday, specifically for refugees.

Policies and Procedures

Since we became a charity in 2020, we have documented a number of policies and procedures at SWAN, including:

Health and Safety, Safeguarding, Volunteer Management, Code of Conduct, Risk Management, Financial Management and Volunteer Expense policy.

Current Trustees

Saiqa Ali BEM – Chair

Amber Siddiqui – Treasurer

Nasreen Khawaja – Secretary

Saman Jung

Smaira Wahid

Naheed Nizam

Trustees who have resigned

Kareena Nelson

Premises

We have a rented property which we use as Community Hub. We secured Lottery funding of £10,000 to cover the rent and overheads for the hub. The hub is used as a base and a weekly foodbank.

OUR WORK IN LONDON

Foodbank

Foodbanks provide emergency food and support to people locked in poverty; in the UK, more than 14 million people are living in poverty – including 4.5 million children. Food poverty, social isolation and unemployment affect many people across the UK, with many people having limited funds to buy food for themselves and their loved ones. In 2020/21 approximately 2.5



million people used a foodbank in the United Kingdom, over 600 thousand more than the previous year. The number of foodbank users has increased every year, from 346,992 people using foodbanks at the time of SWAN's genesis.

SWAN Foodbank which has been running since 2012 by our amazing team of committed volunteers, provides food parcels to the community every Tuesday in Streatham Mosque. Over the past 12 months we have provided food parcels to over 2000 families, during the lockdown we provided over door to door food parcels deliveries. We have teamed up with a number of organisations and receive weekly food donations from Dons Charity, JR Butchers, and Gails Bakery, and Supermarkets such as Lidl's, Waitrose, M&S, Aldi, and Tesco. We also receive regular donations from our local community, Orchard Primary School and Balham Mosque.

Asylum Seekers/Refugee Aid

At SWAN we are committed to supporting refugees, asylum seekers and migrants. Why? Because everyone has a right to be treated with dignity. Everyone has a right to be safe from persecution and everyone has the right to make a better life. The stories we hear are heartbreaking and frustrating. We wish we could do more. But for now, we do what we can, whenever and wherever we can to help. It's our duty as human beings to show compassion and empathy without labelling who is worthy of help. We all bleed the same and we all have human rights.

From 2020 to present SWAN has provided hundreds of Refugees/Asylum seekers with aid including clothes, shoes, coats, baby items, phones, hygiene products, supermarket vouchers and food.

We did an aid run to two hotels housing refugees in West London in December. We took a van and car load of winter clothes, shoes, clothes, books and toys and distributed £1260 Tesco/Asda gift cards for food. The desperation was overwhelming. It's utterly heart-breaking that families are living in such dire conditions in the UK. So many kids with no shoes and no coats. One little boy just wanted a football. Imagine in a world full of kids with electronics and expensive toys, how little he must have to want a football so much.

The food provided in hostels/hotels is often of a very poor quality and families are desperately in need of nourishment. Our Soup Kitchens provide refugees/Asylum seekers with hot food, fruit and treats.

Soup Kitchens

A Soup Kitchen is a place where a hot meal is offered to those in need of a hot meal for free. Soup kitchens are generally often run by volunteers. There is a rough estimate of 25 known soup kitchens across London, with SWAN running three of them.



SWAN started our first soup Kitchen at Croydon Mosque during the Ramadan period in 2020. Since lockdown and with the increasing rise of financial strain on families, in less than 12 Months, SWAN has opened a further two more soup kitchens across south London; Monday at Thornton Heath mosque, Wednesday at Croydon Mosque and Saturday at Euro Hotels Clapham South where we work in conjunction with Tooting Community Kitchen to provide hot meals for free to those who need it.

We have weekly rotas where volunteers offer their time and food donations from bottles of water to baked cakes. Our hot meals are purchased from Biryani House Ltd which allows us to provide a nutritious meal at a budget cost thus enabling us to feed hundreds of people each month across South London.

Community Support

The past year has been a strange one for social interaction and personal relationships. On the one hand, lockdown measures and work-from-home arrangements have made it harder to meet and connect with others, so feelings of isolation and loneliness are on the rise.

However, that hasn't undermined the importance of community. On the contrary, these changes have prompted many people to reconsider the significance of neighbourhood feeling, bringing the concept of meaningful belonging back into the spotlight.

During the past year we have seen our community coming together to support each and every one of our initiatives; from donating funds or food, baking for our soup kitchens, packing dates and volunteering at the foodbank, for aid collections and the soup kitchen. The community has provided invaluable support to our team. Together we have helped so many families and individuals who have been desperately in need of help.

Through our SWAN500 project we have supported multiple families in a number of ways; from fixing a ceiling, replacing carpet, buying cookers and fridges, paying off debt and helping the homeless off the streets. The support we have been able to provide has been priceless.

Hampers

Since 2020 we have distributed hundreds of hampers to women's refugees, the elderly and disadvantaged families in the community. For a family suffering hopelessness and loneliness receiving a hamper with essential items and treats sends a message of support and recognition that is invaluable. The feedback we receive for our hampers is incredibly heart-warming.

Laptops for Deprived Children

For thousands of children across the UK, one of the most challenging aspects of the past year has been finding the means to complete their schoolwork.



Around 1.8m children in the UK (around 9 per cent) did not have access to a laptop, desktop computer or tablet at the start of the pandemic, according to estimates from Ofcom, while more than 880,000 children are living in households with only a mobile internet connection. Among homes with an annual income of less than £13,500, around 18 per cent do not own or have access to a desktop or laptop, according to research from Deloitte.

The lack of access to electronic devices to help children participate in remote lessons and complete homework threatens to undo a decade's worth of social mobility, widening the gap between rich and poor pupils nationwide. SWAN responded to the need for laptops by providing laptops to children at Ernest Bevin School.

OUR WORK ABROAD

Greece

Refugees in Lesbos, Greece have escaped from war zones, crossed hostile borders, and braved the sea, only to end up on the Greek island of Lesbos, where the EU's racist, xenophobic, and Islamophobic migration policies intensified during the coronavirus pandemic.

Since our CEO's visit in 2019 to Moria – long a symbol of the failures of EU migration policy – has burned to the ground. Thousands of people are living in Kara Tepe II, a quickly erected, makeshift camp on a windswept, lead-contaminated, flood-prone patch of land next to the sea.

Conditions in Kara Tepe II are arguably worse than in Moria, where the situation was already beyond dismal. And greater restrictions on refugees' movement due to the pandemic have seriously hampered their ability to access basic services, like healthcare.

The sanitation facilities in Kara Tepe II are inadequate, and refugees are only provided two meals a day, often consisting of rotten, inedible food. Many refugees used to rely on grocery stores outside the camp to supplement meagre rations. But the pandemic has made even this small, autonomous act more difficult as security guards use social distancing measures as an excuse to deny refugees access to stores.

Our bread project in Lesbos started in Moria camp in 2019 and proved to be a lifesaver for countless families when the camp burned down as it was the only regular source of food for many weeks. SWAN has consistently provided 1000s of flatbreads to refugees every week.

Since the beginning of COVID lockdowns, there has been a 66 percent increase in attempted suicides and other self-harming behaviours amongst refugees on Lesbos. It is clear that this is what happens when racist, xenophobic, and Islamophobic border policies collide with a pandemic: People who have already been dehumanised are neglected, or worse, targeted.



This dehumanisation started long before the pandemic, but COVID has provided a pretext for it to continue largely under the radar and with impunity – as evidenced by the increase in violent and illegal pushbacks at the EU’s external borders in the past year.

Since we started our relief efforts in Lesvos we have successfully distributed: Prayer

Mats

Clothes

Shoes

Dates

Food Packs

Qurbani Meat

Iftar meals

Weekly flatbreads

Bosnia Border

Bosnia-Herzegovina became the main hub for migrants hoping to reach wealthier European countries after authorities closed the previous migration route through Serbia and Hungary in 2016. Now it's the shortest possible way to access the EU. But the bloc is failing to effectively address the humanitarian crisis unfolding on its doorstep. Meanwhile, Bosnia's poverty, complex political system, corruption, high unemployment — and its people's difficulty in burying the legacy of their past war — all stoke resentment against migrants, creating a crisis within a crisis.

Nearly 70,000 refugees and migrants from the Middle East, South Asia and Africa have passed through Bosnia-Herzegovina in the past three years, according to the International Organization for Migration. Today, some 6,000 live in five main camps run by the United Nations agency in coordination with local authorities scattered across the country, according to the IOM.

In response to a plea for help from a desperate family stuck in the snow on the border we first started our relief efforts in Bosnia, when we helped hundreds of families with food, winter clothing, shoes and materials to repair shelters.

Since then, our partner Salam Aldeen of Team Humanity has visited the Bosnian border multiple times and our latest distribution provided foodpacks to families living in horrendous conditions. The situation on the border is unlikely to change anytime soon, with more and more refugees traveling across the route. Consequently, as one of the only charities assisting these desperate and displaced families, it is inconceivable that we can stop efforts to aid and assist as best we can.



Lebanon

For nearly two years now, Lebanon has been assailed by compounded crises—specifically, an economic and financial crisis, followed by COVID-19 and, lastly, the explosion at the Port of Beirut on August 4, 2020.

In a report written by The World Bank earlier this year, the bank blamed what it called "deliberately inadequate policy responses" from the governing elite for worsening a financial meltdown "likely to rank in the top 10, possibly top three, most severe crisis episodes globally since the mid-nineteenth century".

More than half the population is now probably below the poverty line, said the report. The 12-month inflation rate has risen to 157.9% in March this year from 10% in January last year. Unemployment has risen to nearly 40% late last year from 28% in February 2020. Access to healthcare has become limited.

Our first aid distribution took place in response to the explosion in Beirut when we distributed hundreds of packs to struggling families in Beirut.

Pakistan

Pakistan's poverty rate has decreased in recent years. However, the country's current economic crisis, mixed with its fight against the COVID-19 pandemic, has put many Pakistani citizens out of jobs. This has further increased the poverty rate. The government of Pakistan is doing its best to fight both the COVID-19 pandemic and poverty in Pakistan. So far the government has provided many social welfare programs at a scale that they have never done in history until now. However, there is so much more to do in order for the country to defeat poverty.

The COVID-19 pandemic has disproportionately affected the poverty-stricken citizens in Pakistan. These people consist of women, children, the elderly and people with disabilities. They are far more likely to suffer from malnutrition and their health may be weak. Thus, the virus has spread in poverty-stricken communities faster.

We have been working in collaboration with Global Humanitarian Relief Foundation (GHRF) for five years. We have supported each other's efforts to help as many people as possible. During 2020/21 we have successfully carried out the following:

- 11 water pumps for families living in abject poverty.
- Sewing machines and vocational training.
- Microfinance grants for people to set up businesses.
- Food and practical aid to widows and orphans.



Yemen

For years, already the poorest country in the Middle East and North Africa (MENA), Yemen now suffers from the worst humanitarian crisis in the world. Embroiled in conflict since early 2015, fighting has devastated its economy—leading to serious food insecurity—and destroyed critical infrastructure. The UN has estimated that 24.3 million people in 2021 were “at risk” of hunger and disease, of whom roughly 14.4 million were in acute need of assistance.

In 2020 we partnered with Food4Humanity and set up bread factories in Sanaa and Taiz in Yemen and distributed food packs to desperate families.

Azerbaijan

Longstanding hostilities between Azerbaijan and Armenia over Nagorno-Karabakh renewed at the end of September 2020, dominating events in Azerbaijan for the rest of 2020 and into 2021. All parties to the conflict committed violations of international humanitarian law. The Azerbaijani military carried out attacks using banned cluster munitions.

National solidarity during the war served to suspend an intensifying conflict between the government and political opposition, however the government remained hostile to dissenting voices. Authorities misused restrictions imposed to slow the spread of Covid-19 to target critics, particularly those affiliated with the opposition Azerbaijan Popular Front Party (APFP).

By February 2021 the political unrest had a devastating effect on the civilian population and we responded to a request to help 183 families with food packs who lost their homes and breadwinners in the unrest.

Seasonal Campaigns

Ramadan 2020

In London

Ramadan 2020 was an extraordinary one; due to the lockdown, many Muslims were unable to attend mosques, have iftar gatherings or congregate with their family and friends.

Furthermore, many vulnerable individuals and families who had always relied on mosques for hot meals in Ramadan couldn't get them because due to Covid19 restrictions, mosques were not open and those reliant on mosque iftars were unable to access meals.

SWAN felt it was imperative that these individuals and families had access to nutritious and wholesome food during fasting. Therefore, we together with Muslim Association of Croydon and Tooting Community Kitchen collaborated to ensure that no one went hungry during the month of Ramadan.



We launched the #200MealsADay campaign which commenced on the 23d April 2020. The initiative provided up to 200 iftar meals and suhoor packs to refugees, the elderly, disabled, NHS workers and poor families; every day during the month of Ramadan.

We were inundated with requests for support from vulnerable families and this initiative provided a vital service for people observing Ramadan in South London and ensured that the most vulnerable on our doorstep were taken care of during the Ramadan.

Abroad:

In Lesvos, Greece we distributed:

- 557 food packs
- 1330 prayer mats
- 5000 Iftar meals
- 64,000 bread

Qurbani

In 2020 we organised 13 Qurbanis in Greece and 10 Qurbanis in Yemen.

Charity Statement of Financial Activities for the year ending 31 April 2021

Under charity law, the trustee is responsible for preparing the trustee's annual report and accounts for each financial year which show a true and fair view of the state of affairs of the charity and of the excess of expenditure over income for that period.

In preparing these financial statements, generally accepted accounting practice requires that the trustee:

- selects suitable accounting policies and then apply them consistently
- makes judgments and estimates that are reasonable and prudent
- states whether the recommendations of the SORP FRS 102 have been followed, subject to any material departures
- disclosed and explained in the financial statements
- states whether the financial statements comply with the trust deed, subject to any material departures disclosed and explained in the financial statements
- prepares the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue its activities.
- The trustee is required to act in accordance with the trust deed and the rules of the charity, within the framework of trust law.
- The trustee is responsible for keeping proper accounting records, sufficient to disclose at any time, with reasonable accuracy, the financial position of the charity at that time, and to enable the trustee to ensure that, where any statements of accounts are prepared



SOUTHERN WOMEN'S

by the trustee under section 132(1) of the Charities Act 2011, those statements of accounts comply with the requirements of regulations under that provision. The trustee has general responsibility for taking such steps as are reasonably open to the trustee to safeguard the assets of the charity and to prevent and detect fraud and other irregularities.

Signed on behalf of the trustee:

Name: Saiqa Ali (Chair)

Date: 25th February 2022

SWAN (Southern Women's Aid Network)

Receipts and payments accounts

For the period from 20 March 2020 to 30 April 2021

	£
Income and endowments from	
Donations	278,635.39
Grant	10,000.15
	<u>288,635.54</u>
Expenditure on	
Charitable activities	251,257.40
NET OPERATING INCOME	<u>37,378.14</u>
Administrative expenses	
Travel and subsistence	35.00
Motor expenses	60.00
Rent	7,500.00
Telephone and fax	216.90
Accountancy fee	1,020.00
Advertising and PR	2,649.98
Other legal and professional	143.90
Printing, Postage and Stationery	130.81
Office/General Administrative Expenses	1,815.09
	<u>13,571.68</u>
NET INCOME/(EXPENDITURE)	<u><u>23,806.46</u></u>

**SWAN (Southern Women's Aid Network)
Balance Sheet**

As at 30 April 2021

	2021
Current assets	£
Cash at bank and in hand	34,056.36
Creditors: amounts falling due within one year	4 (1,020.00)
Net current assets	<u>£33,036.36</u>
Net assets	<u>£33,036.36</u>
The funds of the charity	
Unrestricted income fund	<u>33,036.36</u>
Total Charity funds	<u>£33,036.36</u>

Notes on the accounts1 Accounting PoliciesBasis of preparation

The financial statements have been prepared under the historical cost convention.

The accounts (financial statements) have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019 and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011 and UK Generally Accepted Practice as it applies from 1 January 2019.

The accounts (financial statements) have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following 21 Charity Commission, Charity reporting and accounting: the essentials, 2016 Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.



The trustee considers that there are no material uncertainties about the ability to continue as a going concern.

The Covid-19 pandemic has had an impact on the charity's fundraising income for although this was partially offset by the generous donations made by members of the public in the first lockdown and a grant given by the Lottery commission.

Resources expended and irrecoverable VAT

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to each category of expense shown in the Statement of Financial Activities.

Expenditure is recognised when the following criteria are met:

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to each category of expense shown in the Statement of Financial Activities.

Irrecoverable VAT is charged against the category of resources expended for which it was incurred.

Debtors

Debtors are amounts owed to the charity. They are measured on the basis of their recoverable amount.

Creditors

Creditors are amounts owed by the charity. They are measured at the amount that the charity expects to have to pay to settle the debt.

2 Related Party transactions

There are no related party transactions

3 Income from donations and legacies

Donations from individuals are gifts from members of the public. The charity received £10,000 grant from the Lottery commission.

4. Creditors

Creditors have been fully paid post year end.