

Charity registration number 1188584

Company registration number CE021156 (England and Wales)

TOGETHER IN MUSICAL EXPRESSION
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

TOGETHER IN MUSICAL EXPRESSION

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Sherry-Ann Cribben Colin Kingsnorth Jemma Keyes
Charity number	1188584
Company number	CE021156
Principal address	49 Chalkwell Park Drive Leigh on Sea Essex England SS9 1NH
Independent examiner	Michael Davies 51 Churchill Avenue Basildon Essex England SS14 3SB

TOGETHER IN MUSICAL EXPRESSION

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TOGETHER IN MUSICAL EXPRESSION

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2024

The trustees present their annual report and financial statements for the year ended 31 March 2024.

The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Objectives and activities

To relieve the needs of those with special and/or additional needs through the provision of musical based activities.

The charity promotes inclusion and diversity within its service. No one is excluded from the benefits of our provisions - although a particular focus is placed within disability and mental health.

The charity aims to reach areas that have limited to no funding and engage with an audience that would otherwise miss out on the therapeutic, social and sensory stimulants our delivery provides.

Our objectives are to provide social inclusion, promote confidence, increase awareness of self-development via creative engagement, encourage expression and enable sensory and therapeutic benefits.

Achievements and performance

Significant activities and achievements against objectives

Charitable activities

The charity has continued its expansion and reach during our 4th year of operation.

Grants Applications

ASDA Green Token

TIME were invited to take part in another round of the ASDA Green Token Scheme. This time, the charity finished 3rd and were awarded £300. These funds were utilised to purchase percussion & sensory instruments. It also contributed toward the delivery of free music sessions, that the charity offers to every new care service that we visit.

Magic Little Grants

A £500 application for the provision of music sessions within elderly and dementia care settings. The aim with this fund was to reach care providers that have limited financial resources and are therefore, unable to acquire services such as ours. TIME have booked 4 sessions at separate locations, where therapeutic music sessions will be provided from June 2024.

Basildon Council - Sport and Physical Activity Development Grant

A grant of £940 for the delivery of 5 x 1 hour music sessions, to the attendees of the Billericay Mens Shed. The aim of this project is to engage those living with dementia, in a variety of musical activities, which will encourage physical movement, whilst promoting confidence and wellbeing. Attendees will be guided through musical exercises, which will assign specific movements and coordination's to follow. They will have the opportunity to experiment with a range of instruments, to aid motor skill function, and perform along to their favourite pieces of music. Often, when music is provided in environments such as this, many memories and moments of conversation are sparked. This reflection and discussion will be encouraged by our instructors, with the mindset of capturing stories/details, transforming them into lyrics and looking to compose short songs and/or melodies with the participants.

Sessions are due to start in May 24 and will occur once per month.

TOGETHER IN MUSICAL EXPRESSION

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

Basildon Council - Grant to Organisations

TIME were successful with a grant of £1,700, which will be credited to our account in April 24. These funds will enable TIME to visit 4 elderly & dementia care homes in Basildon. Each home will receive 4 inclusive music sessions, spread over 12 months. Our sessions entail performances of popular songs from the 50's, 60's, 70's and 80's, that aim to aid positive wellbeing and physical stimulation. Each resident will be offered the opportunity to participate with accessible musical instruments and moments will be set aside to encourage conversation and reflection, that performances such as this regularly spark.

Sessions can also include sensory & relaxation experiences, via the use of calming music (both live & pre-recorded). Attendees will experience instruments such as wind chimes and singing bowls, and their corresponding vibrations and soothing nature.

In addition, we will learn if any residents have previous instrument experience and this can be incorporated & showcased during the delivery (dependant upon the residents desire to do so).

As well as memory stimulation, our sessions will cover mobility and the powerful physical stimulus that live performance can provide. Our instructors regularly witness dancing throughout sessions of this type, and are continually informed by staff members. That residents who are usually otherwise withdrawn and stationary, are displaying a dramatically higher amount of movement and energy.

An ongoing focus for the charity is to reach areas of our community that have limited, or no funding options available. Our vast experience of working with vulnerable communities, has shown that dementia care, will frequently suffer from these restrictions. And previous sessions delivered within this sector, have served to strengthen our awareness.

Sessions have been fully arranged and are due to commence in June 2024.

Additional Funding

Funds of £100 from Blakemore foundation were received in May 23. This grant enabled a music session to be conducted at a local dementia care home. These musical interactions help aid mental & physical wellbeing, promote confidence, assist motor skills, memory & brain function - and provide moments of respite for the attendees support network. The session lasted 1 hour and was full of singing, dancing & self-expression.

The charity received a donation of £500 from a Southend based football team. The charity were nominated by the clubs members, as the charity they wished to raise funds for. This unrestricted amount helped provide 5 free music sessions to dementia care homes in the Essex area.

A very kind donation of £1,475, was received by the charity from Jackie Hansen. Jackie was the founder of a disability care service (The ARC), that operated in Thurrock.

Unfortunately, this service was forced to close. When this occurred, Jackie contacted TIME, stating that the organisation would like to donate the remainder of their funds, and that TIME had been chosen. This very kind offer enabled TIME to invest in a new round of accessible instruments. We also requested that Jackie let us know of any particular services that are close to her heart. Jackie nominated Re-engage, who aim to tackle elderly isolation. TIME spoke with this service and have arranged the provision of music sessions, that will be funded from Jackie's donation.

All of these funds have ensured that a wide range of groups & individuals, of a vastly varied age, ability and background, have engaged with our charity and been recipients of the positive & therapeutic purposes that we seek to deliver.

Donations

The charity has seen a steady flow of public donations. However, we wish to raise the awareness of TIME's presence, in the hope that the amount and regularity can increase. When the public become aware of our service, we tend to receive positive praise and testimonials. We have a successful track record of funding applications. And a strong reputation within the local community. Based on this evidence, we believe that a higher profile, should lead to an increase in donations.

These funds can then be utilised to expand the charities reach and delivery of its purposes, thus benefiting a far greater amount of our target audience..

TOGETHER IN MUSICAL EXPRESSION

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

Operations

TIME have continued to seek environments that have limited to no funding resources, and will ensure TIME can provide our services free of charge.

The charity has utilised funds to increase the amount of free sessions we can offer. This way, we are not dependent upon grant bids.

This has proved successful for the charity with a noticeable increase to the amount of case providers that are aware of and are acquiring TIMEs services. Once they have seen our delivery first hand, we are then able to discuss future bookings, and how joint bids can be compiled, to receive additional funding.

The charity have allocated some unrestricted funds to promote social media posts that detail our free sessions. These posts were also targeted towards increasing public donations.

We have seen some success with £10-£20 donations and a small amount of direct debits being setup. The charity have started with a low-end social media budget, while we look at the data and learn what works best. We plan to gradually increase this amount in the following year.

A 3 month trial period for acquiring an office/admin space was conducted between April - June 2023. One sessional worker accessed the co-working environment 'Space282' in Leigh on Sea. The premises provided a social and productive working environment, however, it was deemed that this was not necessary, as no big gains were made with productivity. It was agreed that the funds could be reserved for other purposes.

Financial review

Principal funding sources

The charity has received a combination of public donations and funds from the successful grant applications. The charity uses the services of the 'Peoples Fundraising Platform' to receive donations. They also collect gift aid on the charities behalf.

Grants have been received from the following:

ASDA Green Token - £300
Basildon Council: Sport & Physical Activity Development Grant - £940
Basildon Council: Grants To Organisations - £1,700
Magic Little Grants - £500

Reserves policy

Reserves policy

The charity wishes to maintain a minimum reserve of £10k in its accounts at all times. A financial review has taken place and it is agreed by all trustees that this amount meets our overheads. A financial review will take place each year, and as the charity grows, this reserve will increase in line with financial needs.

TOGETHER IN MUSICAL EXPRESSION

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

Plans for future periods

The charities trustees and sessional workers have agreed a plan for growth. An initial thought process was to use an allocation of funds committed by Colin Kingsnorth to secure a property on either a purchase or rental basis, that could be utilised for admin and small sessions. However, discussions lead to the conclusion that these funds would be better purposed with the hiring of an additional instructor. The charity and associated TIME Ltd have seen a large increase in enquiries over the last 6 months, which has been linked to the increased social media presence and provision of free sessions. With this evidence of a 'need' for our services, we firmly believe that beginning the journey of expanding the charities instructor team, would greatly increase the ability to deliver our purposes, and therefore benefit a far greater amount of people in vulnerable communities.

To aid this process, it is also felt that a fundraising officer/bid writer would be highly beneficial. The charity are awaiting a meeting with an independent candidate who has been recommended by Peaceful Place. He comes with a strong track records, over 3-4 decades and has helped charities rise through the funding ranks and receive longer terms grants of £200,000 - £1,000,000.

Acquiring larger funds, over 3-5 year agreements, will help the sustainability of our projects, increase and prolong the benefits our participants receive, and provide job security for those that apply to our organisation.

In addition to acquiring a bid writer, the charity will continue to work on new smaller scale applications in-house, which will serve to increase growth and impact.

Application re-submissions will also take place for the following:

- Arts Council: We have received specific feedback that details a need for clarity around match funding.
- Essex Community Foundation (2nd application): We have been advised that the application had no flaws. However, their current round of funds were prioritised for impoverished communities. The charity were informed that a re-submission at a later date had a greater chance of success.
- Awards For All: If the 2nd submission continues to not meet their requirements, then we will seek further guidance on what is required. Currently, the funder feels that further information is required around how we have assessed the 'need' for this project.

To further increase the efficiency of the charities growth, we will be seeking an advisor, who specialises in this department. The charity has been made aware of Sophie Brewer, of Phronesis Operations, who has a fantastic CV, that is well aligned with the charities purposes and desires. Initial contact has been made and this will be pursued in the very near future. The initial step will be an efficiency audit on the charity and associated TIME Ltd.

A separate funding discussion has taken place around the 'Involve' disability nightclub, that is currently operated by TIME Ltd. Essex County Council have expressed a desire in creating an improved night life for the disabled community, that occurs outside of the standard 9-5 provisions. They see 'Involve' as a good template and benchmark for this. Brief discussions have taken place around how they could utilise our experience via consultancy when setting up new nights, and whether they could potentially assist with funding, to increase the reach and impact of 'Involve'. These discussions will continue in to the following year of operation.

Elderly and Dementia Care homes remain a strong focus for the charity. Therefore, we will continue to utilise donations/unrestricted funds we receive to visit and benefit these environments.

Sessional workers will be continually looking at how to better structure our workflow and organisation, to ensure that sufficient time is available for such things as applications and general admin, whilst maintaining the paramount importance of regular music session delivery, to those who need it most. All parties feel strongly that the addition of a business mentor & bid writer, will greatly aid the ability for sessional workers to prioritise the delivery of the charities main purpose - therapeutic music sessions.

Structure, governance and management

The charity are a charitable incorporated organisation, that received charitable status in March 2020.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Sherry-Ann Cribben
Colin Kingsnorth
Jemma Keyes

TOGETHER IN MUSICAL EXPRESSION

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

Recruitment and appointment of trustees

Recruitment and appointment of new trustees

The charity aims to ensure that its trustees are able to bring a variety of different skills to the team. Our board is made up of individuals with great amounts of knowledge within the arts, education, social care and financial sectors. We believe this broad range of experiences, will lead to the successful delivery of the charities purposes.

Trustees positions will be reviewed at each AGM, where opportunities to retire from the office will be presented. However, if trustees wish to leave their role before such AGM, then written notice will be supplied to remaining trustees, and the board will seek a suitable replacement.

Organisational structure

Organisational structure

Trustees will oversee the delivery of the charities purposes, via the arrangement that is in place with TIME limited was outlined in the charities registration to the commission.

Induction and training of trustees

Induction and training of new trustees

All new trustees are provided with details of the responsibilities, by way of the relevant Charity Commission policies, agreements and documents. Further training is available to any trustee who wishes to receive it.

Other matters

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

The trustees also undertake regular risk assessment reviews covering the charity's operational, strategic, legal, insurance and employment risks, and where appropriate, system or procedures have been established to mitigate these risks.

Relationship with wider network

Wider network

The charity will continue to strengthen links with organisations that have already been established, and will continually seek to form new relationships that increase the reach and effectiveness of its charitable purpose.

The trustees report was approved by the Board of Trustees.



Sherry-Ann Cribben

Trustee

Date: 7th November 2024

TOGETHER IN MUSICAL EXPRESSION

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF TOGETHER IN MUSICAL EXPRESSION

I report to the trustees on my examination of the financial statements of Together In Musical Expression (the charity) for the year ended 31 March 2024.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Michael Davies

51 Churchill Avenue
Basildon
Essex
SS14 3SB
England

Dated: 7th November 2024

TOGETHER IN MUSICAL EXPRESSION

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2024

		Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
	Notes						
Income from:							
Donations and legacies	2	2,689	-	2,689	1,808	-	1,808
Charitable activities	3	100	2,210	2,310	523	17,106	17,629
Total income		<u>2,789</u>	<u>2,210</u>	<u>4,999</u>	<u>2,331</u>	<u>17,106</u>	<u>19,437</u>
Expenditure on:							
Charitable activities	4	10,855	2,210	13,065	4,838	17,106	21,944
Total expenditure		<u>10,855</u>	<u>2,210</u>	<u>13,065</u>	<u>4,838</u>	<u>17,106</u>	<u>21,944</u>
Net expenditure and movement in funds		<u>(8,066)</u>	<u>-</u>	<u>(8,066)</u>	<u>(2,507)</u>	<u>-</u>	<u>(2,507)</u>
Reconciliation of funds:							
Fund balances at 1 April 2023		<u>25,291</u>	<u>-</u>	<u>25,291</u>	<u>27,798</u>	<u>-</u>	<u>27,798</u>
Fund balances at 31 March 2024		<u>17,225</u>	<u>-</u>	<u>17,225</u>	<u>25,291</u>	<u>-</u>	<u>25,291</u>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

TOGETHER IN MUSICAL EXPRESSION

BALANCE SHEET AS AT 31 MARCH 2024

	Notes	2024 £	£	2023 £	£
Current assets					
Cash at bank and in hand		17,525		25,591	
Creditors: amounts falling due within one year	8	<u>(300)</u>		<u>(300)</u>	
Net current assets			<u>17,225</u>		<u>25,291</u>
The funds of the charity					
Unrestricted funds	9		<u>17,225</u>		<u>25,291</u>
			<u>17,225</u>		<u>25,291</u>

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2024.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the trustees on 7th November 2024



Sherry-Ann Cribben
Trustee

Company registration number CE021156 (England and Wales)

TOGETHER IN MUSICAL EXPRESSION

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

1 Accounting policies

Charity information

Together In Musical Expression is a private company limited by guarantee incorporated in England and Wales. The registered office is .

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's [governing document], the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

2 Income from donations and legacies

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Donations and gifts	2,689	1,808

TOGETHER IN MUSICAL EXPRESSION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

3 Charitable activities

	Charitable income 1 2024 £	Charitable income 1 2023 £
Grants	2,310	17,629
Analysis by fund		
Unrestricted funds	100	523
Restricted funds	2,210	17,106
	2,310	17,629

4 Charitable activities

	Charitable expenditure 1 2024 £	Charitable expenditure 1 2023 £
Management fees	9,795	18,596
Printing, stationery and advertising	761	585
Equipment	1,679	2,086
Insurance	340	347
Sundries	-	30
Room hire	190	-
	12,765	21,644
Accountancy	300	300
	13,065	21,944
Analysis by fund		
Unrestricted funds	10,855	4,838
Restricted funds	2,210	17,106
	13,065	21,944

5 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

TOGETHER IN MUSICAL EXPRESSION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

6 Employees

The average monthly number of employees during the year was:

	2024 Number	2023 Number
Total	-	-

There were no employees whose annual remuneration was more than £60,000.

7 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

8 Creditors: amounts falling due within one year

	2024 £	2023 £
Accruals and deferred income	300	300

9 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 April 2023 £	Incoming resources £	Resources expended £	At 31 March 2024 £
General funds	25,291	2,789	(10,855)	17,225
Previous year:	At 1 April 2022 £	Incoming resources £	Resources expended £	At 31 March 2023 £
General funds	27,798	2,331	(4,838)	25,291

10 Related party transactions

There were no disclosable related party transactions during the year (2023 - none).

