

Charity registration number 1188584

Company registration number CE021156 (England and Wales)

TOGETHER IN MUSICAL EXPRESSION
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

TOGETHER IN MUSICAL EXPRESSION

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees Sherry-Anne Cribben
Colin Kingsnorth
Jemma Keyes

Charity number 1188584

Company number CE021156

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TOGETHER IN MUSICAL EXPRESSION

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TOGETHER IN MUSICAL EXPRESSION

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2023

The trustees present their annual report and financial statements for the year ended 31 March 2023.

The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Objectives and activities

To relieve the needs of those with special and/or additional needs through the provision of musical based activities.

The charity promotes inclusion and diversity within its service. No one is excluded from the benefits of our provisions - although a particular focus is placed within disability and mental health.

The charity aims to reach areas that have limited to no funding and engage with an audience that would otherwise miss out on the therapeutic, social and sensory stimulants our delivery provides.

Our objectives are to provide social inclusion, promote confidence, increase awareness of self-development via creative engagement, encourage expression and enable sensory and therapeutic benefits.

Achievements and performance

Charitable activities

The charity has continued its expansion and reach during our 3rd year of operation.

Grants Applications

Essex Community Foundation (ECF)

Our first application to the Essex Community Foundation was successful and the charity received £5,230, to deliver therapeutic music sessions to 10 Essex based care homes, over the course of 12 months. We believe that this project has highlighted the positive effect that music can have on an emotional and physical level. Although many homes and staff shared this belief, it wasn't until they witnessed first hand, what music can achieve, that their attention was fully captured.

Our longstanding operation within the local community, has equipped us with the knowledge that the domains we visited for this project, and environments similar to them, have been deprived of music performance, creative engagement and general sensory stimulating services, such as ours, for many years. This became particularly prevalent throughout the pandemic - and has continued, due to severe lack of funding that this sector receives. Therefore, our project provided physical stimulation - increased emotional wellbeing - respite for staff and residents loved ones and opportunity for thoughtful reflection and conversation. This has all contributed towards stronger community cohesion, between us as service providers, staff, public members who became aware of the charity due to the project taking place - and most importantly, the residents and their support networks.

Aside from the residents/ participants of the project, we hold the homes staff members in such high regard. From the feedback we received, we believe that there has also been a positive impact on their wellbeing. It has provided them with ideas and inspiration for project legacy and how they could implement practices in between our future visits, by engaging with their residents in a creative and musical way.

This project also increased the reach and awareness of our charity. Many staff and residents family members would enquire, request details and recommend our service to others.

During this period of delivery, we witnessed an increase in public donations, that we believe is linked to an increased profile.

During the period of project delivery, after our successful ECF application, TIME were awarded an unrestricted amount of £523 from ECF. This was to "To help your organisation with rising costs during this difficult time" - and provided due to the following reasons - "We know that the cost-of-living crisis is having a significant impact on charities, voluntary and community groups in Essex."

TOGETHER IN MUSICAL EXPRESSION

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

Art Makes Children Powerful

The charity delivered a 6 week songwriting project to a local mainstream school (Prince Avenue). The school took part in the 'Art Makes Children Powerful Project', which was funded by local arts organisation - METAL.

The schools students took part in musical activities and a songwriting workshop. This culminated with a piece of music, that was composed by students, and included an accompanying music video, which they directed and starred in. The lyrics incorporated the principles and beliefs that are outlined in the schools mottos.

The response from the students and staff was highly positive and a request has been made for us to return. There were many instances where staff highlighted a vast improvement within individuals confidence and will-being. And the school witnessed an increased interest in music and creative based activities, during and after this period of musical participation.

Jewels In The Crown

TIME co-delivered a project with Sinfonia Viva, which culminated in a performance focused around celebrations for the Queens jubilee. Our partnered organisations attended Peaceful Place, an early onset dementia unit, with the focus of exploring instruments and their corresponding sound & vibrations, communication through music, immersing the participants within sensory and therapeutic settings, fully constructing and composing music from ideas that began to emerge from the attendees during the sessions, and rehearsing some set songs that were to be performed at the end of project live-event.

Jewels In The Crown was an intergenerational project that brought together the younger members of Kool Carers (9-16) and those attending Peaceful Place, who ranged from 50-90 years old.

The project was an overwhelming success, which saw attendees, that spanned multiple generations, coming together to compose, create, share and be inspired by each other. There were many emotional insights, via lyrical expression. Participants embraced instruments that they previously had no experience of. Attendees composed music for the first time in their long, or short lives. And everyone who participated was presented with the opportunity to perform live, to the wider public.

RE: Generation - Creative Estuary

TIME were successful with an application to the RE:Generation programme, which was funded by Creative Estuary. This offered the chance for a young person, to gain work experience within the creative sector, for 6 months, with a local, creative focused organisation.

The charity was selected as one of the organisations to participate and we conducted interviews with 2 candidates. The successful applicant spent a 6 month period, working alongside our instructors and demonstrated overwhelming creative ability and adaptability. The staff flourished in her role and at the end of the term, was offered a contract with the Limited strand of our services, She continues to this day and is becoming an increasingly important part of the structural setup.

Additional Funding

David Solomons Trust and Blakemore foundation responded to written requests for our desire to deliver an increased amount of music sessions at local disability care homes. This resulted in a contribution of £500 and £100 respectively.

All of these funds have ensured that a wide range of groups & individuals, of a vastly varied age, ability and background, have engaged with our charity and been recipients of the positive & therapeutic purposes that we seek to deliver.

In addition to the above, 14 applications and/or written letters have been submitted, which are still awaiting decision.

Donations

The charity has been a steady increase in public donations. This appears to be linked to an increased social media presence. And general heightened awareness of our organisation, through the expanded reach of our session delivery.

We have averaged a range of £10 - £50 for contributions. With on exception being a £250 donation from a Southend Based Football team, who selected us as their chosen charity during a fundraising event.

TOGETHER IN MUSICAL EXPRESSION

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

Operations

In addition to the successful funding applications, we received an increased amount of public donations, compared to our previous year of operation. This has been utilised to acquire necessary equipment for the charity, cover administrative expenses and fund the delivery of sessions at disability and dementia care settings.

We are continually seeking environments that have limited to no funding resources, and will ensure TIME can provide our services free of charge. During periods where no grant applications were received, we utilised our unrestricted funds, to make sure that these essential provisions can continue, for those that require it the most.

Our social media presence and interaction has continued to increase. We believe this has a direct correlation to the increased public donations. This is an avenue that we will continue to build throughout the next year of operation.

Plans for fundraising events have begun to take place, with the initial idea of a charity football match being organised. The concept has been inspired by one sessional workers separate charitable activities, which has been raising money for Samaritans and Bernardo's. We believe this avenue of event organisation could also benefit TIME and would provide essential funds for the continuation of our creative and therapeutic delivery.

Financial review

Principal funding sources

The charity has received a combination of public donations and funds from the successful grant applications. The charity uses the services of the 'Peoples Fundraising Platform' to receive donations. They also collect gift aid on the charities behalf.

Grants have been received from the following:

Essex Community Foundation - £5,230

Essex Community Foundation - £523

METAL - £2,700

Creative Estuary - £5,350

Sinfonia/ Kool Carers - £2,776

David Solomons Trust - £500

Blakmore Foundation - £100

Reserves policy

The charity wishes to maintain a minimum reserve of £10k in its accounts at all times. As we regard our activities to still be in its infancy, there are not many overheads to cater for. But as we grow, the reserve will increase in line with financial needs.

TOGETHER IN MUSICAL EXPRESSION

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

Plans for future periods

In this period of operation, further applications were submitted to 14 more funders (organisations, private donors & charitable trusts), with the decisions still pending.

In addition, applications have been started for:

- The National Lotteries 'Awards For All' programme. The charity propose to deliver a 12 week inclusive songwriting project for disabled people in Basildon.
- Essex Community Foundation - due to the success, positive testimonials and encouraging feedback from ECF, TIME are planning an expansion of the project we first delivered. An increased amount of homes will be visited, with a far greater amount of local residents benefitting.

Decisions and further information on these applications and corresponding projects, will be provided during the next annual return period.

During the period of this annual report, the charity applied to The Arts Council, as we were aware that Basildon had been identified by this organisation, as an area of low cultural engagement. An application for £9,700 was submitted, but has been initially rejected. This is due to the Arts Council requesting further information on our match funding plans and those who we will partner with to promote the project. We are currently in discussion about whether this will be re-submitted, with the additional information supplied, or whether we await a decision from The Awards For All programme, so we can plan our availability with greater clarity.

Elderly and Dementia Care homes remain a strong focus for the charity. Therefore, we will continue to utilise donations/unrestricted funds we receive to visit and benefit these environments.

Sessional workers will be continually looking at how to better structure our workflow and organisation, to ensure that sufficient time is available for applications and growth to be focused on, whilst maintaining the paramount importance of regular music session delivery, to those who need it most.

Structure, governance and management

The charity are a charitable incorporated organisation, that received charitable status in March 2020.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Sherry-Anne Cribben
Colin Kingsnorth
Jemma Keyes

Recruitment and appointment of new trustees

The charity aims to ensure that its trustees are able to bring a variety of different skills to the team. Our board is made up of individuals with great amounts of knowledge within the arts, education, social care and financial sectors. We believe this broad range of experiences, will lead to the successful delivery of the charities purposes.

Trustees positions will be reviewed at each AGM, where opportunities to retire from the office will be presented. However, if trustees wish to leave their role before such AGM, then written notice will be supplied to remaining trustees, and the board will seek a suitable replacement.

Organisational structure

Trustees will oversee the delivery of the charities purposes, via the arrangement that is in place with TIME limited was outlined in the charities registration to the commission.

Induction and training of new trustees

All new trustees are provided with details of the responsibilities, by way of the relevant Charity Commission policies, agreements and documents. Further training is available to any trustee who wishes to receive it.

TOGETHER IN MUSICAL EXPRESSION

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

Wider network

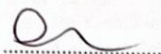
The charity will continue to strengthen links with organisations that have already been established, and will continually seek to form new relationships that increase the reach and effectiveness of its charitable purpose.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

The trustees also undertake regular risk assessment reviews covering the charity's operational, strategic, legal, insurance and employment risks, and where appropriate, system or procedures have been established to mitigate these risks.

The trustees report was approved by the Board of Trustees.



Sherry-Anne Cribben
Trustee

Date: 24/11/2023

TOGETHER IN MUSICAL EXPRESSION
INDEPENDENT EXAMINER'S REPORT
TO THE TRUSTEES OF TOGETHER IN MUSICAL EXPRESSION

I report to the trustees on my examination of the financial statements of Together In Musical Expression (the charity) for the year ended 31 March 2023.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Michael Davies

51 Churchill Avenue
Basildon
Essex
SS14 3SB
England

Dated: 24/11/2023

TOGETHER IN MUSICAL EXPRESSION

STATEMENT OF FINANCIAL ACTIVITIES
INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2023

		Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £
	Notes						
<u>Income from:</u>							
Donations and legacies	2	1,808	-	1,808	11,963	-	11,963
Charitable activities	3	523	17,106	17,629	-	20,000	20,000
Total income		<u>2,331</u>	<u>17,106</u>	<u>19,437</u>	<u>11,963</u>	<u>20,000</u>	<u>31,963</u>
<u>Expenditure on:</u>							
Charitable activities	4	4,838	17,106	21,944	3,111	22,000	25,111
Net (expenditure)/income for the year/							
Net movement in funds		(2,507)	-	(2,507)	8,852	(2,000)	6,852
Fund balances at 1 April 2022		<u>27,798</u>	<u>-</u>	<u>27,798</u>	<u>18,946</u>	<u>2,000</u>	<u>20,946</u>
Fund balances at 31 March 2023		<u>25,291</u>	<u>-</u>	<u>25,291</u>	<u>27,798</u>	<u>-</u>	<u>27,798</u>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

TOGETHER IN MUSICAL EXPRESSION

BALANCE SHEET AS AT 31 MARCH 2023

	Notes	2023 £	2022 £
Current assets			
Cash at bank and in hand		25,591	27,998
Creditors: amounts falling due within one year	8	(300)	(200)
Net current assets		<u>25,291</u>	<u>27,798</u>
Income funds			
Unrestricted funds		<u>25,291</u>	<u>27,798</u>
		<u>25,291</u>	<u>27,798</u>


The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2023.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 24/11/2023


Sherry-Anne Cribben
Trustee

Company registration number CE021156

TOGETHER IN MUSICAL EXPRESSION

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

Charity information

Together In Musical Expression is a private company limited by guarantee incorporated in England and Wales. The registered office is .

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's [governing document], the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

2 Donations and legacies

	Unrestricted funds	Unrestricted funds
	2023	2022
	£	£
Donations and gifts	1,808	11,963

TOGETHER IN MUSICAL EXPRESSION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

3 Charitable activities

	Charitable Income Heading 1 2023 £	Charitable Income Heading 1 2022 £
Grants	17,629	20,000
Analysis by fund		
Unrestricted funds	523	-
Restricted funds	17,106	20,000
	17,629	20,000

4 Charitable activities

	Charitable Expenditure Heading 1 2023 £	Charitable Expenditure Heading 1 2022 £
Management fees	18,596	12,110
Printing, stationery and advertising	585	641
Equipment	2,086	11,707
Artists costs	-	86
Insurance	347	367
Sundries	30	-
	21,644	24,911
Accountancy	300	200
	21,944	25,111
Analysis by fund		
Unrestricted funds	4,838	3,111
Restricted funds	17,106	22,000
	21,944	25,111

5 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

TOGETHER IN MUSICAL EXPRESSION

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

6 Employees

The average monthly number of employees during the year was:

	2023 Number	2022 Number
Total	-	-

There were no employees whose annual remuneration was more than £60,000.

7 Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

8 Creditors: amounts falling due within one year

	2023 £	2022 £
Accruals and deferred income	300	200

9 Related party transactions

There were no disclosable related party transactions during the year (2022 - none).