TOGETHER IN MUSICAL EXPRESSION

England & Wales · Charity number 1188584

Details

Status	Registered
Legal form	CIO
Registered	2020-03-17
Register	View on the Charity Commission register

Contact

Address	43 Progress Road Leigh On Sea Essex SS9 5PR
Phone	07766483588
Email	info@timemusiccharity.com
Website	www.timemusiccharity.com

Activities

Objects: TO RELIEVE THE NEEDS OF THOSE WITH SPECIAL AND/OR ADDITIONAL NEEDS THROUGH THE PROVISION OF MUSICAL BASED ACTIVITIES.

Activities: To relieve the needs of those with special and/or additional needs through the provision of musical based activities.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Disability
- **Who:** Children/young People, Elderly/old People, People With Disabilities, The General Public/mankind

Geography

- Throughout England

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Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£42,798	£38,921	-	-
2024-03-31	£4,999	£13,065	-	-
2023-03-31	£19,437	£21,944	-	-
2022-03-31	£31,963	£25,111	-	-
2021-01-31	£24,750	£3,804	-	-

Trustees

Name	Role	Appointed
Sherry-Ann Cribben	Chair	2020-01-01
Colin Kingsnorth		2020-01-01
Jemma Keyes		2020-01-01

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TOGETHER IN MUSICAL EXPRESSION

England & Wales - Charity number 1188584

Accounts

Charity registration number 1188584 (England and Wales)

Company registration number CE021156

TOGETHER IN MUSICAL EXPRESSION

ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

TOGETHER IN MUSICAL EXPRESSION

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TOGETHER IN MUSICAL EXPRESSION

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2025

The trustees present their annual report and financial statements for the year ended 31 March 2025.

The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Objectives and activities

To relieve the needs of those with special and/or additional needs through the provision of musical based activities.

The charity promotes inclusion and diversity within its service. No one is excluded from the benefits of our provisions - although a particular focus is placed within disability and mental health.

The charity aims to reach areas that have limited to no funding and engage with an audience that would otherwise miss out on the therapeutic, social and sensory stimulants our delivery provides.

Our objectives are to provide social inclusion, promote confidence, increase awareness of self-development via creative engagement, encourage expression and enable sensory and therapeutic benefits.

Achievements and performance

Significant activities and achievements against objectives

Charitable activities

The charity has continued its expansion and reach during our 5th year of operation.

Grants Applications

Basildon Council - Grant to Organisations

This project was outlined in the previous years annual return - however, funds were not due to arrive until April 2024. The following run of sessions, have now been completed:

TIME visited 4 elderly & dementia care homes in Basildon. Each home received 4 inclusive music sessions, spread over 12 months. Our sessions entailed performances of popular songs from the 50's, 60's, 70's and 80's, that aided positive wellbeing and physical stimulation. Each resident was offered the opportunity to participate with accessible musical instruments and moments were set aside to encourage conversation and reflection, that performances such as this regularly spark.

Sessions include sensory & relaxation experiences, via the use of calming music (both live & pre-recorded). Attendees experienced instruments such as wind chimes and singing bowls, and their corresponding vibrations and soothing nature.

In addition, residents with previous instrument experience, had this ability encouraged, incorporated & showcased during the sessions delivery.

ASDA - Empowering Local Communities

Due to the documented success of projects such as the one outlined previously (Basildon Council - Grants to Organisations) - TIME are continually seeking opportunities to expand this initiative and increase the amount of attendees in receipt of the resulting therapeutic benefits.

The ASDA Empowering Local Communities bid provided an additional opportunity to visit a further 4 dementia care homes in the Basildon area, that received the charities inclusive music sessions.

In addition, a portion of the fund enabled TIME to purchase sensory equipment, that expanded the array of therapeutic engagement our instructors are able to provide.

Postcode Places Trust

TIME were successful with our first application to the Postcode Lottery Fund - Postcode Places Trust - a fund that will provide a 3rd of a charities turnover. Therefore, TIME were awarded £6,479.

This 'unrestricted' pot was utilised for admin duties (client acquisition, management, promotion), marketing materials (flyers, social media campaigns) - and to further the charities reach and impact (targeting new environments that had not yet benefited from TIME's services).

Essex Association of Local Councils

Due to the success of TIME's project delivery at The Billericay Mens Shed (for adults living with dementia), and the overwhelmingly positive feedback received from attendees, TIME sought funds to extend the project. The Essex Association of Local Council provided a project grant of £991.

Our initial project culminated with the group composing their own song. This new fund enabled our instructors to provide a full recording experience for the participants. Each member contributed their own lyrics and musical ideas - and was then able to perform and capture each of them.

This extended project lead to further opportunities, as Basildon Council contacted the charity and invited The Mens Shed to perform their original composition at the councils Volunteer Awards. This presented another unique experience for the group, that added a further boost in confidence and pride, for all involved.

Another extension occurred, when sponsors of the volunteer awards, c2c, invited the group to perform at one of London's busiest train stations (Fenchurch Street), for the VE Day 80 celebrations.

This group have defied perceived limitations, demonstrated incredible creativity and dedication - and provided their loved ones and support networks with numerous heart warming moments of connection and pride.

Essex County Council

TIME were approached by commissioners from Essex County Council, after thy became aware of the work we were delivering in the local community. Initial discussions took place to see how they could potentially support one of our initiatives. It was agreed that the charities inclusive club night (Involve) aligned well with the councils priorities - and that 12 months of financial support would be provided. The aim of this grant, was to make Involve a free entry event, that would help increase attendance, raise awareness and further the impact of its many social benefits for the disabled community.

Area Committee Fund

TIME were successful with an application to Basildon Council Area Committee Fund. The finances enabled TIME to acquire a range of equipment to enhance the experience for all attendees of the Involve club night. Items included guitars, lighting and sensory instruments - with each purchase aiding the inclusivity and creative accessibility of this event.

Donations

Alongside some monthly direct debits from members of the public, the charity has received donations from some of the care home settings we have visited. This has been particularly present at environments we have delivered numerous free sessions for - or acquired a period of grant funding, to remove the cost for this client. As a result, staff gave liaised and conducted small fundraising events, with proceeds donated to TIME.

In addition - a local music promotions company organised a fundraising evening with DJ's and live music, with all proceeds donated to the charity.

The charity would like to increase it's public donations, as these unrestricted funds are vital for sustainability of such initiatives as our 'first session for free' policy. They also aid with general running costs (HR, insurance, accounting), admin & management.

Promotional videos were created towards the end of this years operations, which increased levels of engagement via our social media pages and a slight boost in donations. The charity believe they are well placed to expand on this, now we have data the demonstrates what media campaigns had the most impact.

Additional funds were received by Colin Kingsnorth to aid the charities growth. This was utilised for HR duties (policies & contracts), Business Plan expenses (constructed with a freelance write) and music instructor/session delivery costs.

Operations

TIME have continued to seek environments that have limited to no funding resources, and will ensure TIME can provide our services free of charge.

If no project specific grant has been acquired - we have continued our ongoing 'first session for free' policy, which allows care homes, day centres and other organisations to experience what we offer before committing to bookings. Whenever possible, we look to provide full sessions at no cost - ensuring accessibility, and helping us reach new groups who may otherwise never experience the benefits of musical engagement.

We've broadened the range of people and settings we work with, and have continued seeking new environments where our sessions could bring meaningful impact. Alongside this, we've increased the number of grant applications submitted, resulting in a higher turnover than the previous year.

Larger funding pots were also approached this year, including Big Lottery and Children In Need. While we were unfortunately unsuccessful, both funders noted that changes to their programmes and criteria led to significantly higher volume of applicants than usual. We're confident that the improved turnover in the current year, compared to the previous year's lower figures, will strengthen our position in future submissions.

We've also begun developing a more details business plan, helping us to clarify the charity's long-term vision, income strategy and operational structure.

Our inclusive club night, INVOLVE, has grown in attendance and community benefit, particularly due to the even becoming fully funded and free to attend. This has allowed us to reach more of the local disabled community and provide an inclusive music hub that people can depend on.

Awareness of the charity and our therapeutic aims has grown, with improved visibility both online and within the local communities. Relationships with local councils have strengthened, leading to increased referrals, collaboration, and recognition of the service's value.

Following plans outlined last year, we proceeded with engaging Sophie Brewer of Phronesis Operations. Her advice and guidance have been instrumental in aiding the charity's growth. With highly relevant experience and a strong understanding of our value, Sophie has provided invaluable support, particularly around systems, planning and long-term strategy. We meet on a monthly basis and will be continuing the working relationship for a further 12 months.

Financial review

Principal funding sources

The charity has received a combination of public donations and funds from the successful grant applications. The charity uses the services of the 'Peoples Fundraising Platform' to receive donations. They also collect gift aid on the charities behalf.

Grants have been received from the following:

ASDA: Empowering Local Communities - £770
Postcode Places Trust - £6,479
Essex Association of Local Council - £991
Essex County Council - £16,800
Basildon Council: Area Committee Fund - £3,726

Reserves policy

Reserves policy

The charity wishes to maintain a minimum reserve of £10k in its accounts at all times. A financial review has taken place and it is agreed by all trustees that this amount meets our overheads. A financial review will take place each year, and as the charity grows, this reserve will increase in line with financial needs.

Plans for future periods

The charity will continue to place strong focus on the elderly and dementia care sector, which is a core are of our work. We believe these environments benefit enormously from our approach, and we will continue to utilise unrestricted funds and public donations to deliver free or subsidised music sessions to care home and day centres whenever possible.

Over the past year, song writing projects delivered with Peaceful Place and The Billericay Men's Shed have shown us the profound impact these creative experiences can have. The song writing process, combined with the confidence-building, and live performance opportunities that followed,provided immense emotional and physical benefits for those involved. This has highlighted a real desire from both participants and staff for us to continue developing this strand of work, and we will be seeking further funding to expand and sustain these projects.

To support our ambitions for long-term sustainability, we have acquired the services of an assistant bid writer, who will now be working closely with the charity moving forward. Their involvement is expected to increase both the number and value of funding applications submitted. our aim is to secure longer-term grants spanning 2-5 years, enabling us to offer more stability for staff and participants alike, and ensure a continued delivery of high-impact sessions to those most in need.

A funding extension for our inclusive club night, INVOLVE, will also be sought. The event has proven to be one of the most vibrant and valued parts of our weekly output, particularly since becoming fully funded and free to attend. As the event grows in reach, so does its significance within the local disabled community and we are committed to make sure if continues to thrive.

We will also continue to strengthen relationships with councils, community groups, and local arts organisations, building partnerships with services whose aims align with outs, particularly in areas of disability, vulnerability, elderly care and mental health. These connections are vital in helping us identify new opportunities, share learning, and increase the number of people our charity can benefit.

The idea of acquiring a permanent premises will be revisited this year. Although it was decided last year that funds would be better directed towards service delivery and staffing, our growing workload and programme size means there may now be value in securing a small base. Ideally, this space would support administrative work and act as a venue for occasional 1-1 or group sessions.

Following a successful first year working alongside Sophie Brewer (Phronesis Operations), we will continue the relationship for a further 12 months. her advice has been instrumental in helping shape and clarify our development plans, systems and future direction.

To further our growth and increase awareness of our work, we will also seek the support of a marketing strategist or consultant and potentially someone with sales experience, to help us reach new client groups, diversify income streams, and increase the charity's overall visibility and impact.

Structure, governance and management

The charity are a charitable incorporated organisation, that received charitable status in March 2020.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Sherry-Ann Cribben
Colin Kingsnorth
Jemma Keyes

Recruitment and appointment of trustees

Recruitment and appointment of new trustees

The charity aims to ensure that its trustees are able to bring a variety of different skills to the team. Our board is made up of individuals with great amounts of knowledge within the arts, education, social scare and financial sectors. We believe this broad range of experiences, will lead to the successful delivery of the charities purposes.

Trustees positions will be reviewed at each AGM, where opportunities to retire from the office will be presented. However, if trustees wish to leave their role before such AGM, then written notice will be supplied to remaining trustees, and the board will seek a suitable replacement.

Organisational structure

Organisational structure

Trustees will oversee the delivery of the charities purposes, via the arrangement that is in place with TIME limited was outlined in the charities registration to the commission.

Induction and training of trustees

Induction and training of new trustees

All new trustees are provided with details of the responsibilities, by way of the relevant Charity Commission policies, agreements and documents. Further training is available to any trustee who wishes to receive it.

Other matters

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

The trustees also undertake regular risk assessment reviews covering the charity's operational, strategic, legal, insurance and employment risks, and where appropriate, system or procedures have been established to mitigate these risks.

Relationship with wider network

Wider network

The charity will continue to strengthen links with organisations that have already been established, and will continually seek to form new relationships that increase the reach and effectiveness of its charitable purpose.

The trustees report was approved by the Board of Trustees.

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Sherry-Ann Cribben

Trustee

Date: 3rd July 2025

TOGETHER IN MUSICAL EXPRESSION

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF TOGETHER IN MUSICAL EXPRESSION

I report to the trustees on my examination of the financial statements of Together In Musical Expression (the charity) for the year ended 31 March 2025.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law), you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006.

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the Companies Act 2006 and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011. In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the Charities Act 2011.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1 accounting records were not kept in respect of the charity as required by section 386 of the Companies Act 2006.

2 the financial statements do not accord with those records; or

3 the financial statements do not comply with the accounting requirements of section 396 of the Companies Act 2006 other than any requirement that the financial statements give a true and fair view, which is not a matter considered as part of an independent examination; or

4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Michael Davies
51 Churchill Avenue
Basildon
Essex
SS14 3SB
England
Date: .....

TOGETHER IN MUSICAL EXPRESSION

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2025

	Notes	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
Income from:							
Donations and legacies	2	2,431	-	2,431	2,689	-	2,689
Charitable activities	3	6,479	33,888	40,367	100	2,210	2,310
Total income		8,910	33,888	42,798	2,789	2,210	4,999
Expenditure on:							
Charitable activities	4	13,433	25,488	38,921	10,855	2,210	13,065
Total expenditure		13,433	25,488	38,921	10,855	2,210	13,065
Net income/(expenditure) and movement in funds		(4,523)	8,400	3,877	(8,066)	-	(8,066)
Reconciliation of funds:							
Fund balances at 1 April 2024		17,225	-	17,225	25,291	-	25,291
Fund balances at 31 March 2025		12,702	8,400	21,102	17,225	-	17,225

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

TOGETHER IN MUSICAL EXPRESSION

BALANCE SHEET

AS AT 31 MARCH 2025

	Notes	2025 £	£	2024 £	£
Current assets					
Cash at bank and in hand		21,427		17,525	
Creditors: amounts falling due within one year	8	(325)		(300)	
Net current assets			21,102		17,225
The funds of the charity					
Restricted income funds	9		8,400		-
Unrestricted funds	10		12,702		17,225
			21,102		17,225

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2025.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the trustees on 3rd July 2025

.....

Sherry-Ann Cribben
Trustee

Company registration number CE021156 (England and Wales)

Date 3rd July 2025

1 Accounting policies

Charity information

Together In Musical Expression is a private company limited by guarantee incorporated in England and Wales. The registered office is .

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)". The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a statement of cash flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

2 Income from donations and legacies

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Donations and gifts	2,431	2,689

3 Charitable activities

	Charitable income 1 2025	Charitable income 1 2024
	£	£
Grants	40,367	2,310
Analysis by fund		
Unrestricted funds	6,479	100
Restricted funds	33,888	2,210
	40,367	2,310

4 Charitable activities

	Charitable expenditure 1 2025	Charitable expenditure 1 2024
	£	£
Management fees	11,635	9,795
Printing, stationery and advertising	886	761
Equipment	2,724	1,679
Insurance	368	340
Room hire	135	190
Professional fees	3,650	-
Project delivery	19,198	-
	38,596	12,765
Accountancy	325	300
	38,921	13,065
Analysis by fund		
Unrestricted funds	13,433	10,855
Restricted funds	25,488	2,210
	38,921	13,065

5 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

6 Employees

The average monthly number of employees during the year was:

	2025 Number	2024 Number
Total	-	-

There were no employees whose annual remuneration was more than £60,000.

7 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

8 Creditors: amounts falling due within one year

	2025 £	2024 £
Accruals and deferred income	325	300

9 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	At 1 April 2024 £	Incoming resources £	Resources expended £	At 31 March 2025 £
	-	33,888	(25,488)	8,400

Previous year:	At 1 April 2023 £	Incoming resources £	Resources expended £	At 31 March 2024 £
	-	2,210	(2,210)	-

10 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 April 2024 £	Incoming resources £	Resources expended £	At 31 March 2025 £
General funds	17,225	8,910	(13,433)	12,702

10 **Unrestricted funds** (Continued)

Previous year:	At 1 April 2023	Incoming resources	Resources expended	At 31 March 2024
	£	£	£	£
General funds	25,291	2,789	(10,855)	17,225

11 **Analysis of net assets between funds**

	Unrestricted funds 2025	Restricted funds 2025	Total 2025
	£	£	£
At 31 March 2025:			
Current assets/(liabilities)	12,702	8,400	21,102
	12,702	8,400	21,102

	Unrestricted funds 2024	Restricted funds 2024	Total 2024
	£	£	£
At 31 March 2024:			
Current assets/(liabilities)	17,225	-	17,225
	17,225	-	17,225

12 **Related party transactions**

There were no disclosable related party transactions during the year (2024 - none).

TOGETHER IN MUSICAL EXPRESSION

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Sherry-Ann Cribben Colin Kingsnorth Jemma Keyes
Charity number (England and Wales)	1188584
Company number	CE021156
Principal address	49 Chalkwell Park Drive Leigh on Sea Essex England SS9 1NH
Independent examiner	Michael Davies 51 Churchill Avenue Basildon Essex England SS14 3SB

TOGETHER IN MUSICAL EXPRESSION

England & Wales - Charity number 1188584

Accounts

Charity registration number 1188584

Company registration number CE021156 (England and Wales)

TOGETHER IN MUSICAL EXPRESSION

ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

TOGETHER IN MUSICAL EXPRESSION

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TOGETHER IN MUSICAL EXPRESSION

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The charity promotes inclusion and diversity within its service. No one is excluded from the benefits of our provisions - although a particular focus is placed within disability and mental health.

The charity aims to reach areas that have limited to no funding and engage with an audience that would otherwise miss out on the therapeutic, social and sensory stimulants our delivery provides.

Our objectives are to provide social inclusion, promote confidence, increase awareness of self-development via creative engagement, encourage expression and enable sensory and therapeutic benefits.

Achievements and performance

Significant activities and achievements against objectives

Charitable activities

The charity has continued its expansion and reach during our 4th year of operation.

Grants Applications

ASDA Green Token

TIME were invited to take part in another round of the ASDA Green Token Scheme. This time, the charity finished 3rd and were awarded £300. These funds were utilised to purchase percussion & sensory instruments. It also contributed toward the delivery of free music sessions, that the charity offers to every new care service that we visit.

Magic Little Grants

A £500 application for the provision of music sessions within elderly and dementia care settings. The aim with this fund was to reach care providers that have limited financial resources and are therefore, unable to acquire services such as ours. TIME have booked 4 sessions at separate locations, where therapeutic music sessions will be provided from June 2024.

Basildon Council - Sport and Physical Activity Development Grant

A grant of £940 for the delivery of 5 x 1 hour music sessions, to the attendees of the Billericay Mens Shed. The aim of this project is to engage those living with dementia, in a variety of musical activities, which will encourage physical movement, whilst promoting confidence and wellbeing. Attendees will be guided through musical exercises, which will assign specific movements and coordination's to follow. They will have the opportunity to experiment with a range of instruments, to aid motor skill function, and perform along to their favourite pieces of music. Often, when music is provided in environments such as this, many memories and moments of conversation are sparked. This reflection and discussion will be encouraged by our instructors, with the mindset of capturing stories/details, transforming them into lyrics and looking to compose short songs and/or melodies with the participants.
Sessions are due to start in May 24 and will occur once per month.

Basildon Council - Grant to Organisations

TIME were successful with a grant of £1,700, which will be credited to our account in April 24. These funds will enable TIME to visit 4 elderly & dementia care homes in Basildon. Each home will receive 4 inclusive music sessions, spread over 12 months. Our sessions entail performances of popular songs from the 50's, 60's, 70's and 80's, that aim to aid positive wellbeing and physical stimulation. Each resident will be offered the opportunity to participate with accessible musical instruments and moments will be set aside to encourage conversation and reflection, that performances such as this regularly spark.
Sessions can also include sensory & relaxation experiences, via the use of calming music (both live & pre-recorded). Attendees will experience instruments such as wind chimes and singing bowls, and their corresponding vibrations and soothing nature.
In addition, we will learn if any residents have previous instrument experience and this can be incorporated & showcased during the delivery (dependant upon the residents desire to do so).

As well as memory stimulation, our sessions will cover mobility and the powerful physical stimulus that live performance can provide. Our instructors regularly witness dancing throughout sessions of this type, and are continually informed by staff members. that residents who are usually otherwise withdrawn and stationary, are displaying a dramatically higher amount of movement and energy.

An ongoing focus for the charity is to reach areas of our community that have limited, or no funding options available. Our vast experience of working with vulnerable communities, has shown that dementia care, will frequently suffer from these restrictions. And previous sessions delivered within this sector, have served to strengthen our awareness.

Sessions have been fully arranged and are due to commence in June 2024.

Additional Funding

Funds of £100 from Blakemore foundation were received in May 23. This grant enabled a music session to be conducted at a local dementia care home. These musical interactions help aid mental & physical wellbeing, promote confidence, assist motor skills, memory & brain function - and provide moments of respite for the attendees support network. The session lasted 1 hour and was full of singing, dancing & self-expression.

The charity received a donation of £500 from a Southend based football team. The charity were nominated by the clubs members, as the charity they wished to raise funds for. This unrestricted amount helped provide 5 free music sessions to dementia care homes n the Essex area.

A very kind donation of £1,475, was received by the charity from Jackie Hansen. Jackie was the founder of a disability care service (The ARC), that operated in Thurrock.
Unfortunately, this service was forced to close. When this occurred, Jackie contacted TIME, stating that the organisation would like to donate the remainder of their funds, and that TIME had been chosen. This very kind offer enabled TIME to invest in a new round of accessible instruments. We also requested that Jackie let us know of any particular services that are close to her heart. Jackie nominated Re-engage, who aim to tackle elderly isolation. TIME spoke with this service and have arranged the provision of music sessions, that will be funded from Jackie's donation.

All of these funds have ensured that a wide range of groups & individuals, of a vastly varied age, ability and background, have engaged with our charity and been recipients of the positive & therapeutic purposes that we seek to deliver.

Donations

The charity has seen a steady flow of public donations. However, we wish to raise the awareness of TIMEs presence, in the hope that the amount and regularity can increase. When the public become aware of our service, we tend to receive positive praise and testimonials. We have a successful track record of funding applications. And a strong reputation within the local community. Based on this evidence, we believe that a higher profile, should lead to an increase in donations.
These funds can then be utilised to expand the charities reach and delivery of it's purposes, thus benefiting a far greater amount of our target audience..

Operations

TIME have continued to seek environments that have limited to no funding resources, and will ensure TIME can provide our services free of charge.

The charity has utilised funds to increase the amount of free sessions we can offer. This way, we are not dependent upon grant bids.
This has proved successful for the charity with a noticeable increase to the amount of case providers that are aware of and are acquiring TIMEs services. Once they have seen our delivery first hand, we are then able to discuss future bookings, and how joint bids can be compiled, to receive additional funding.

The charity have allocated some unrestricted funds to promote social media posts that detail our free sessions. These posts were also targeted towards increasing public donations.
We have seen some success with £10-£20 donations and a small amount of direct debits being setup. The charity have started with a low-end social media budget, while we look at the data and learn what works best. We plan to gradually increase this amount in the following year.

A 3 month trial period for acquiring an office/admin space was conducted between April - June 2023. One sessional worker accessed the co-working environment 'Space282' in Leigh on Sea. The premises provided a social and productive working environment, however, it was deemed that this was not necessary, as no big gains were made with productivity. it was agreed that the funds could be reserved for other purposes.

Financial review
Principal funding sources

The charity has received a combination of public donations and funds from the successful grant applications. The charity uses the services of the 'Peoples Fundraising Platform' to receive donations. They also collect gift aid on the charities behalf.

Grants have been received from the following:

ASDA Green Token - £300
Basildon Council: Sport & Physical Activity Development Grant - £940
Basildon Council: Grants To Organisations - £1,700
Magic Little Grants - £500

Reserves policy
Reserves policy

The charity wishes to maintain a minimum reserve of £10k in its accounts at all times. A financial review has taken place and it is agreed by all trustees that this amount meets our overheads. A financial review will take place each year, and as the charity grows, this reserve will increase in line with financial needs.

Plans for future periods

The charities trustees and sessional workers have agreed a plan for growth. An initial thought process was to use an allocation of funds committed by Colin Kingsnorth to secure a property on either a purchase or rental basis, that could be utilised for admin and small sessions. However, discussions lead to the conclusion that these funds would be better purposed with the hiring of an additional instructor. The charity and associated TIME Ltd have seen a large increase in enquiries over the last 6 months, which has been linked to the increased social media presence and provision of free sessions. With this evidence of a 'need' for our services, we firmly believe that beginning the journey of expanding the charities instructor team, would greatly increase the ability to deliver our purposes, and therefore benefit a far greater amount of people in vulnerable communities.

To aid this process, it is also felt that a fundraising officer/bid writer would be highly beneficial. The charity are awaiting a meeting with an independent candidate who has been recommended by Peaceful Place. He comes with a strong track records, over 3-4 decades and has helped charities rise through the funding ranks and receive longer terms grants of £200,000 - £1,000,000.

Acquiring larger funds, over 3-5 year agreements, will help the sustainability of our projects, increase and prolong the benefits our participants receive, and provide job security for those that apply to our organisation.

In addition to acquiring a bid writer, the charity will continue to work on new smaller scale applications in-house, which will serve to increase growth and impact.

Application re-submissions will also take place for the following:

- Arts Council: We have received specific feedback that details a need for clarity around match funding.
- Essex Community Foundation (2nd application): We have been advised that the application had no flaws. However, their current round of funds were prioritised for impoverished communities. The charity were informed that a re-submission at a later date had a greater chance of success.
- Awards For All: If the 2nd submission continues to not meet their requirements, then we will seek further guidance on what is required. Currently, the funder feels that further information is required around how we have assessed the 'need' for this project.

To further increase the efficiency of the charities growth, we will be seeking an advisor, who specialises in this department. The charity has been made aware of Sophie Brewer, of Phronesis Operations, who has a fantastic CV, that is well aligned with the charities purposes and desires. Initial contact has been made and this will be pursued in the very near future. The initial step will be an efficiency audit on the charity and associated TIME Ltd.

A separate funding discussion has taken place around the 'Involve' disability nightclub, that is currently operated by TIME Ltd. Essex County Council have expressed a desire in creating an improved night life for the disabled community, that occurs outside of the standard 9-5 provisions. They see 'Involve' as a good template and benchmark for this. Brief discussions have taken place around how they could utilise our experience via consultancy when setting up new nights, and whether they could potentially assist with funding, to increase the reach and impact of 'Involve'. These discussions will continue in to the following year of operation.

Elderly and Dementia Care homes remain a strong focus for the charity. Therefore, we will continue to utilise donations/ unrestricted funds we receive to visit and benefit these environments.

Sessional workers will be continually looking at how to better structure our workflow and organisation, to ensure that sufficient time is available for such things as applications and general admin, whilst maintaining the paramount importance of regular music session delivery, to those who need it most. All parties feel strongly that the addition of a business mentor & bid writer, will greatly aid the ability for sessional workers to prioritise the delivery of the charities main purpose - therapeutic music sessions.

Structure, governance and management

The charity are a charitable incorporated organisation, that received charitable status in March 2020.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Sherry-Ann Cribben
Colin Kingsnorth
Jemma Keyes

Recruitment and appointment of trustees

Recruitment and appointment of new trustees

The charity aims to ensure that its trustees are able to bring a variety of different skills to the team. Our board is made up of individuals with great amounts of knowledge within the arts, education, social scare and financial sectors. We believe this broad range of experiences, will lead to the successful delivery of the charities purposes.

Trustees positions will be reviewed at each AGM, where opportunities to retire from the office will be presented. However, if trustees wish to leave their role before such AGM, then written notice will be supplied to remaining trustees, and the board will seek a suitable replacement.

Organisational structure

Organisational structure

Trustees will oversee the delivery of the charities purposes, via the arrangement that is in place with TIME limited was outlined in the charities registration to the commission.

Induction and training of trustees

Induction and training of new trustees

All new trustees are provided with details of the responsibilities, by way of the relevant Charity Commission policies, agreements and documents. Further training is available to any trustee who wishes to receive it.

Other matters

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

The trustees also undertake regular risk assessment reviews covering the charity's operational, strategic, legal, insurance and employment risks, and where appropriate, system or procedures have been established to mitigate these risks.

Relationship with wider network

Wider network

The charity will continue to strengthen links with organisations that have already been established, and will continually seek to form new relationships that increase the reach and effectiveness of its charitable purpose.

The trustees report was approved by the Board of Trustees.

.....

Sherry-Ann Cribben

Trustee

Date: 7th November 2024

TOGETHER IN MUSICAL EXPRESSION

INDEPENDENT EXAMINER'S REPORT
TO THE TRUSTEES OF TOGETHER IN MUSICAL EXPRESSION

I report to the trustees on my examination of the financial statements of Together In Musical Expression (the charity) for the year ended 31 March 2024.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or

2 the financial statements do not accord with those records; or

3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or

4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Michael Davies

51 Churchill Avenue
Basildon
Essex
SS14 3SB
England

Dated: 7th November 2024

TOGETHER IN MUSICAL EXPRESSION

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2024

	Notes	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
Income from:							
Donations and legacies	2	2,689	-	2,689	1,808	-	1,808
Charitable activities	3	100	2,210	2,310	523	17,106	17,629
Total income		2,789	2,210	4,999	2,331	17,106	19,437
Expenditure on:							
Charitable activities	4	10,855	2,210	13,065	4,838	17,106	21,944
Total expenditure		10,855	2,210	13,065	4,838	17,106	21,944
Net expenditure and movement in funds		(8,066)	-	(8,066)	(2,507)	-	(2,507)
Reconciliation of funds:							
Fund balances at 1 April 2023		25,291	-	25,291	27,798	-	27,798
Fund balances at 31 March 2024		17,225	-	17,225	25,291	-	25,291

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

TOGETHER IN MUSICAL EXPRESSION

BALANCE SHEET

AS AT 31 MARCH 2024

	Notes	2024 £	£	2023 £	£
Current assets					
Cash at bank and in hand		17,525		25,591	
Creditors: amounts falling due within one year	8	(300)		(300)	
Net current assets			17,225		25,291
The funds of the charity					
Unrestricted funds	9		17,225		25,291
			17,225		25,291

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2024.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the trustees on 7th November 2024

.....

Sherry-Ann Cribben
Trustee

Company registration number CE021156 (England and Wales)

1 Accounting policies

Charity information

Together In Musical Expression is a private company limited by guarantee incorporated in England and Wales. The registered office is .

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's [governing document], the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

2 Income from donations and legacies

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Donations and gifts	2,689	1,808

3 Charitable activities

	Charitable income 1 2024 £	Charitable income 1 2023 £
Grants	2,310	17,629
Analysis by fund		
Unrestricted funds	100	523
Restricted funds	2,210	17,106
	2,310	17,629

4 Charitable activities

	Charitable expenditure 1 2024 £	Charitable expenditure 1 2023 £
Management fees	9,795	18,596
Printing, stationery and advertising	761	585
Equipment	1,679	2,086
Insurance	340	347
Sundries	-	30
Room hire	190	-
	12,765	21,644
Accountancy	300	300
	13,065	21,944
Analysis by fund		
Unrestricted funds	10,855	4,838
Restricted funds	2,210	17,106
	13,065	21,944

5 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

6 Employees

The average monthly number of employees during the year was:

	2024 Number	2023 Number
Total	-	-

There were no employees whose annual remuneration was more than £60,000.

7 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

8 Creditors: amounts falling due within one year

	2024 £	2023 £
Accruals and deferred income	300	300

9 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 April 2023 £	Incoming resources £	Resources expended £	At 31 March 2024 £
General funds	25,291	2,789	(10,855)	17,225

Previous year:	At 1 April 2022 £	Incoming resources £	Resources expended £	At 31 March 2023 £
General funds	27,798	2,331	(4,838)	25,291

10 Related party transactions

There were no disclosable related party transactions during the year (2023 - none).

TOGETHER IN MUSICAL EXPRESSION

England & Wales - Charity number 1188584

Accounts

Charity registration number 1188584

Company registration number CE021156 (England and Wales)

TOGETHER IN MUSICAL EXPRESSION

ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

TOGETHER IN MUSICAL EXPRESSION

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Sherry-Anne Cribben Colin Kingsnorth Jemma Keyes
Charity number	1188584
Company number	CE021156
Principal address	49 Chalkwell Park Drive Leigh on Sea Essex England SS9 1NH
Independent examiner	Michael Davies 51 Churchill Avenue Basildon Essex England SS14 3SB

TOGETHER IN MUSICAL EXPRESSION

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TOGETHER IN MUSICAL EXPRESSION

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT)
FOR THE YEAR ENDED 31 MARCH 2023

The trustees present their annual report and financial statements for the year ended 31 March 2023.

The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Objectives and activities

To relieve the needs of those with special and/or additional needs through the provision of musical based activities.

The charity promotes inclusion and diversity within its service. No one is excluded from the benefits of our provisions - although a particular focus is placed within disability and mental health.

The charity aims to reach areas that have limited to no funding and engage with an audience that would otherwise miss out on the therapeutic, social and sensory stimulants our delivery provides.

Our objectives are to provide social inclusion, promote confidence, increase awareness of self-development via creative engagement, encourage expression and enable sensory and therapeutic benefits.

Achievements and performance

Charitable activities

The charity has continued its expansion and reach during our 3rd year of operation.

Grants Applications

Essex Community Foundation (ECF)

Our first application to the Essex Community Foundation was successful and the charity received £5,230, to deliver therapeutic music sessions to 10 Essex based care homes, over the course of 12 months. We believe that this project has highlighted the positive effect that music can have on an emotional and physical level. Although many homes and staff shared this belief, it wasn't until they witnessed first hand, what music can achieve, that their attention was fully captured.

Our longstanding operation within the local community, has equipped us with the knowledge that the domains we visited for this project, and environments similar to them, have been deprived of music performance, creative engagement and general sensory stimulating services, such as ours, for many years. This became particularly prevalent throughout the pandemic - and has continued, due to severe lack of funding that this sector receives. Therefore, our project provided physical stimulation - increased emotional wellbeing - respite for staff and residents loved ones and opportunity for thoughtful reflection and conversation. This has all contributed towards stronger community cohesion, between us as service providers, staff, public members who became aware of the charity due to the project taking place - and most importantly, the residents and their support networks.

Aside from the residents/ participants of the project, we hold the homes staff members in such high regard. From the feedback we received, e believe that there has also been a positive impact on their wellbeing. It has provided them with ideas and inspiration for project legacy and how they could implement practices in between our future visits, by engaging with their residents in a creative and musical way.

This project also increased the reach and awareness of our charity. Many staff and residents family members would enquire, request details and recommend our service to others.

During this period of delivery, we witnessed an increase in public donations, that we believe is linked to an increased profile.

During the period of project delivery, after our successful ECF application, TIME were awarded an unrestricted amount of £523 from ECF. This was to "*To help your organisation with rising costs during this difficult time*" - and provided due to the following reasons - "*We know that the cost-of-living crisis is having a significant impact on charities, voluntary and community groups in Essex.*"

Art Makes Children Powerful

The charity delivered a 6 week songwriting project to a local mainstream school (Prince Avenue). The school took part in the 'Art Makes Children Powerful Project', which was funded by local arts organisation - METAL.

The schools students took part in musical activities and a songwriting workshop. This culminated with a piece of music, that was composed by students, and included an accompanying music video, which they directed and starred in. The lyrics incorporated the principles and beliefs that are outlined in the schools mottos.

The response from the students and staff was highly positive and aa request has been made for us to return. There were many instances where staff highlighted a vast improvement within individuals confidence and will-being. And the school witnessed an increased interest in music and creative based activities, during and after this period of musical participation.

Jewels In The Crown

TIME co-delivered a project with Sinfonia Viva, which culminated in a performance focused around celebrations for the Queens jubilee. Our partnered organisations attended Peaceful Place, an early onset dementia unit, with the focus of exploring instruments and their corresponding sound & vibrations, communication through music, immersing the participants within sensory and therapeutic settings, fully constructing and composing music from ideas that began to emerge from the attendees during the sessions, and rehearsing some set songs that were to be performed at the end of project live-event.

Jewels In The Crown was an intergenerational project that brought together the younger members of Kool Carers (9-16) and those attending Peaceful Place, who ranged from 50-90 years old.

The project was an overwhelming success, which saw attendees, that spanned multiple generations, coming together to compose, create, share and be inspired by each other. There were many emotional insights, via lyrical expression. Participants embraced instruments that they previously had no experience of. Attendees composed music for the first time in their long, or short lives. And everyone who participated was presented with the opportunity to perform live, to the wider public.

RE: Generation - Creative Estuary

TIME were successful with an application to the RE:Generation programme, which was funded by Creative Estuary. This offered the chance for a young person, to gain work experience within the creative sector, for 6 months, with a local, creative focused organisation.

The charity was selected as one of the organisations to participate and we conducted interviews with 2 candidates. The successful applicant spent a 6 month period, working alongside our instructors and demonstrated overwhelming creative ability and adaptability. The staff flourished in her role and at the end of the term, was offered a contract with the Limited strand of our services, She continues to this day and is becoming an increasingly important part of the structural setup.

Additional Funding

David Solomons Trust and Blakemore foundation responded to written requests for our desire to deliver an increased amount of music sessions at local disability care homes. This resulted in a contribution of £500 and £100 respectively.

All of these funds have ensured that a wide range of groups & individuals, of a vastly varied age, ability and background, have engaged with our charity and been recipients of the positive & therapeutic purposes that we seek to deliver.

In addition to the above, 14 applications and/or written letters have been submitted, which are still awaiting decision.

Donations

The charity has been a steady increase in public donations. This appears to be linked to an increased social media presence. And general heightened awareness of our organisation, through the expanded reach of our session delivery.

We have averaged a range of £10 - £50 for contributions. With on exception being a £250 donation from a Southend Based Football team, who selected us as their chosen charity during a fundraising event.

Operations

In addition to the successful funding applications, we received an increased amount of public donations, compared to our previous year of operation. This has been utilised to acquire necessary equipment for the charity, cover administrative expenses and fund the delivery of sessions at disability and dementia care settings.

We are continually seeking environments that have limited to no funding resources, and will ensure TIME can provide our services free of charge. During periods where no grant applications were received, we utilised our unrestricted funds, to make sure that these essential provisions can continue, for those that require it the most.

Our social media presence and interaction has continued to increase. We believe this has a direct correlation to the increased public donations. This is an avenue that we will continue to build throughout the next year of operation.

Plans for fundraising events have begun to take place, with the initial idea of a charity football match being organised. The concept has been inspired by one sessional workers separate charitable activities, which has been raising money for Samaritans and Bernando's. We believe this avenue of event organisation could also benefit TIME and would provide essential funds for the continuation of our creative and therapeutic delivery.

Financial review
Principal funding sources

The charity has received a combination of public donations and funds from the successful grant applications. The charity uses the services of the 'Peoples Fundraising Platform' to receive donations. They also collect gift aid on the charities behalf.

Grants have been received from the following:

Essex Community Foundation - £5,230
Essex Community Foundation - £523
METAL - £2,700
Creative Estuary - £5,350
Sinfonia/ Kool Carers - £2,776
David Solomons Trust - £500
Blakmore Foundation - £100

Reserves policy

The charity wishes to maintain a minimum reserve of £10k in its accounts at all times. As we regard our activities to still be in its infancy, there are not many overheads to cater for. But as we grow, the reserve will increase in line with financial needs.

Plans for future periods

In this period of operation, further applications were submitted to 14 more funders (organisations, private donors & charitable trusts), with the decisions still pending.

In addition, applications have been started for:

- The National Lotteries 'Awards For All' programme. The charity propose to deliver a 12 week inclusive songwriting project for disabled people in Basildon.
- Essex Community Foundation - due to the success, positive testimonials and encouraging feedback from ECF, TIME are planning an expansion of the project we first delivered. An increased amount of homes will be visited, with a far greater amount of local residents benefitting.

Decisions and further information on these applications and corresponding projects, will be provided during the next annual return period.

During the period of this annual report, the charity applied to The Arts Council, as we were aware that Basildon had been identified by this organisation, as an area of low cultural engagement. An application for £9,700 was submitted, but has been initially rejected. This is due to the Arts Council requesting further information on our match funding plans and those who we will partner with to promote the project. We are currently in discussion about whether this will be re-submitted, with the additional information supplied, or whether we await a decision from The Awards For All programme, so we can plan our availability with greater clarity.

Elderly and Dementia Care homes remain a strong focus for the charity. Therefore, we will continue to utilise donations/ unrestricted funds we receive to visit and benefit these environments.

Sessional workers will be continually looking at how to better structure our workflow and organisation, to ensure that sufficient time is available for applications and growth to be focused on, whilst maintaining the paramount importance of regular music session delivery, to those who need it most.

Structure, governance and management

The charity are a charitable incorporated organisation, that received charitable status in March 2020.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:
Sherry-Anne Cribben
Colin Kingsnorth
Jemma Keyes

Recruitment and appointment of new trustees

The charity aims to ensure that its trustees are able to bring a variety of different skills to the team. Our board is made up of individuals with great amounts of knowledge within the arts, education, social scare and financial sectors. We believe this broad range of experiences, will lead to the successful delivery of the charities purposes.

Trustees positions will be reviewed at each AGM, where opportunities to retire from the office will be presented. However, if trustees wish to leave their role before such AGM, then written notice will be supplied to remaining trustees, and the board will seek a suitable replacement.

Organisational structure

Trustees will oversee the delivery of the charities purposes, via the arrangement that is in place with TIME limited was outlined in the charities registration to the commission.

Induction and training of new trustees

All new trustees are provided with details of the responsibilities, by way of the relevant Charity Commission policies, agreements and documents. Further training is available to any trustee who wishes to receive it.

Wider network

The charity will continue to strengthen links with organisations that have already been established, and will continually seek to form new relationships that increase the reach and effectiveness of its charitable purpose.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

The trustees also undertake regular risk assessment reviews covering the charity's operational, strategic, legal, insurance and employment risks, and where appropriate, system or procedures have been established to mitigate these risks.

The trustees report was approved by the Board of Trustees.

.....

Sherry-Anne Cribben
Trustee

Date: 24/11/2023

TOGETHER IN MUSICAL EXPRESSION

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF TOGETHER IN MUSICAL EXPRESSION

I report to the trustees on my examination of the financial statements of Together In Musical Expression (the charity) for the year ended 31 March 2023.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or

2 the financial statements do not accord with those records; or

3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or

4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Michael Davies

51 Churchill Avenue
Basildon
Essex
SS14 3SB
England

Dated: 24/11/2023

TOGETHER IN MUSICAL EXPRESSION

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2023

	Notes	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £
Income from:							
Donations and legacies	2	1,808	-	1,808	11,963	-	11,963
Charitable activities	3	523	17,106	17,629	-	20,000	20,000
Total income		2,331	17,106	19,437	11,963	20,000	31,963
Expenditure on:							
Charitable activities	4	4,838	17,106	21,944	3,111	22,000	25,111
Net (expenditure)/income for the year/ Net movement in funds		(2,507)	-	(2,507)	8,852	(2,000)	6,852
Fund balances at 1 April 2022		27,798	-	27,798	18,946	2,000	20,946
Fund balances at 31 March 2023		25,291	-	25,291	27,798	-	27,798

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

TOGETHER IN MUSICAL EXPRESSION

BALANCE SHEET

AS AT 31 MARCH 2023

	Notes	2023 £	£	2022 £	£
Current assets					
Cash at bank and in hand		25,591		27,998	
Creditors: amounts falling due within one year	8	(300)		(200)	
Net current assets			25,291		27,798
Income funds					
Unrestricted funds			25,291		27,798
			25,291		27,798

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2023.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 24/11/2023

.....

Sherry-Anne Cribben

Trustee

Company registration number CE021156

1 Accounting policies

Charity information

Together In Musical Expression is a private company limited by guarantee incorporated in England and Wales. The registered office is .

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's [governing document], the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

2 Donations and legacies

	Unrestricted funds	Unrestricted funds
	2023	2022
	£	£
Donations and gifts	1,808	11,963

3 Charitable activities

	Charitable Income Heading 1 2023 £	Charitable Income Heading 1 2022 £
Grants	17,629	20,000
Analysis by fund		
Unrestricted funds	523	-
Restricted funds	17,106	20,000
	17,629	20,000

4 Charitable activities

	Charitable Expenditure Heading 1 2023 £	Charitable Expenditure Heading 1 2022 £
Management fees	18,596	12,110
Printing, stationery and advertising	585	641
Equipment	2,086	11,707
Artists costs	-	86
Insurance	347	367
Sundries	30	-
	21,644	24,911
Accountancy	300	200
	21,944	25,111
Analysis by fund		
Unrestricted funds	4,838	3,111
Restricted funds	17,106	22,000
	21,944	25,111

5 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

6 Employees

The average monthly number of employees during the year was:

	2023 Number	2022 Number
Total	-	-

There were no employees whose annual remuneration was more than £60,000.

7 Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxationof Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

8 Creditors: amounts falling due within one year

	2023 £	2022 £
Accruals and deferred income	300	200

9 Related party transactions

There were no disclosable related party transactions during the year (2022 - none).

TOGETHER IN MUSICAL EXPRESSION

England & Wales - Charity number 1188584

Accounts

Charity registration number 1188584

Company registration number CE021156 (England and Wales)

TOGETHER IN MUSICAL EXPRESSION

ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2022

TOGETHER IN MUSICAL EXPRESSION

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Sherry-Anne Cribben Colin Kingsnorth Jemma Keyes
Charity number	1188584
Company number	CE021156
Principal address	49 Chalkwell Park Drive Leigh on Sea Essex England SS9 1NH
Independent examiner	Michael Davies ACCA 51 Churchill Avenue Basildon Essex SS14 3SB

TOGETHER IN MUSICAL EXPRESSION

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TOGETHER IN MUSICAL EXPRESSION

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2022

The trustees present their report with the financial statements of the charity for the year ended 31st March 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Objectives and activities

To relieve the needs of those with special and/or additional needs through the provision of musical based activities.

The charity promotes inclusion and diversity within its service. No one is excluded from the benefits of our provisions - although a particular focus is placed within disability and mental health.

The charity aims to reach areas that have limited to no funding and engage with an audience that would otherwise miss out on the therapeutic, social and sensory stimulants our delivery provides.

Our objectives are to provide social inclusion, promote confidence, increase awareness of self-development via creative engagement, encourage expression and enable sensory therapeutic benefits.

Achievements and performance

The charity has been able to continue its expansion and reach during our second year of operation. As Covid restrictions eased, we have been able to conduct further face to face sessions, which has helped increase the impact our services have on participants.

Although funds were received during the period of our last accounts, the bulk of the Open Labs project was carried out in this second year of operation. During our first period of accounts, we were reflecting on work that had been carried out close to the time of submission. Therefore, some of the following details had already been mentioned. However, our accounting period has since been updated, so we feel it is best that we reiterate some of the impact these sessions had and the work that was delivered.

During the Summer of 2021, TIME and digital artists Strange Pill, occupied an empty shop space in Basildon Town Centre. We were commissioned by 'BasildON Creative People & Places', who had received funding from Arts Council England, to create an inclusive music space, that utilised technology to enable high levels of accessibility for people of all ages and abilities. Public members were able to enter this space and engage with an ever evolving musical collaboration, that was presented to them on a projector. The system held loops submitted from people from across the globe, and participants were able to mash up, mix and edit the performances. They then had the opportunity to create their own loop, that could be immediately loaded on to the system and become part of the musical library.

Residents from a diverse range of backgrounds were able to engage,create, breakdown the song writing process, understand musical construction in greater detail - and in turn, realise their own creative abilities and potential. No musical experience was required. The project created a lasting legacy of musical awareness, increased creative expression, community engagement and an artistic piece that is unique to the people of Basildon.

To further promote the success of this project, TIME were presented with a £10,000 grant from the Esmee Fairbairn Foundation. The aim of this grant was to support the creation of multiple online platforms, that provided new interactive elements from the Open Labs Project. Participants of this project, as well as an entirely new audience, were able to access these links, create mixes of the project that suits their tastes and preferences, gain further insight into each performer (with added bios), and develop a greater understanding of song creation and audio mixing. This collective platform of audio-visual machines, enabled a far wider and longer lasting legacy to be imprinted upon this unique project.

As well as promoting the platform, around half of the fund was utilised to promote the general services of the charity. We partnered with the PR company Quite Great, who were able to obtain BBC Radio exposure, articles in high profile disability & inclusion magazines, numerous radio and podcast features - and generally raise awareness of the charities services, purposes and avenue to donate.

The completion of our project with The Stroke Association took place in this period. Stroke survivors, with no musical experience, were able to break down the song writing process, discuss a lyrical theme for the track, write every vocal line, as well as conduct and direct the musical direction of the piece. Certain physical limitations restricted the ability for participants to play every instrument on the final recording, but where possible, adaptions were made to ensure the highest levels of accessibility were available. Apart from 2 guitar lines, all musical creations were performed by the attendees.
After initially conducting sessions over Zoom, we were able to meet face to face at a community hall in Pitsea, which greatly aided the connection that formed between instructors and participants.
The project culminated with a performance at TIME's disability club night. This was another entirely new experience for our participants, and one that they stated they never thought they would have the opportunity to experience. Feedback from the Stroke Association and the impact it had on its members has been overwhelming and options are being looked at to ensure we can deliver another project soon.

Once further Covid restrictions had been lifted, TIME were able to enter domains such as elderly and dementia care homes. The charity discussed how environments such as these had been deprived of external entertainment, musical provision and the essential stimulus this provides. As soon as it was safe to do so, TIME utilised its unrestricted funds to visit 10 dementia care homes in the Basildon & Thurrock area. It is well known that these environments receive very little funding, and it is a large focus of the charity, to ensure the residents of these homes are able to receive the positive benefits that musical performance and creative interaction can bring.

The charity is pleased to have fully launched an online presence during this financial year. A website launched, branding was decided upon, which now features across all social media and online platforms, and a donation page via Peoples Fundraising Platform', is now fully functional and actively receiving donations.

Financial review

Investment portfolio

The charity holds no investments, other than its working capital, held as cash at Barclays Bank.

Reserves policy

The charity wishes to maintain a minimum reserve of £10,000 in its accounts at all times. As we regard our activities to still be in its infancy, there are not many overheads to cater for. But as we grow, this reserve will increase in line with financial needs.

Principal funding sources

The charity has received a combination of public donations and funds from successful grant applications. The charity uses the services of the 'Peoples Fundraising Platform' to receive donations. They also collect gift aid on the charities behalf.

Grants have been received from the following:

Esmee Fairbairn: £10,000
BasildOn Creative People & Places - Open Labs: £10,000 (stated in last years financial statements, but project delivery was carried out in this financial year)

Plans for future periods

In this period of operation, further applications were submitted to:

- Essex Community Foundations - £5,230 - To fund the delivery of 4 x sessions at 10 different dementia care services across the Basildon, Southend & Thurrock area.

- Walter Farthing - £3,000 - For the provision of 10 sessions in dementia services across the Mid-Essex area of Chelmsford.

- Sinfonia/Orchestra Live - £2,576 - A collaborative project, that will be co-run with Sinfonia. This will be an intergenerational project that merges the organisations Kool Carers (a young carer service) and Peaceful Place (Early onset dementia service). Sessions will incorporate a mix of music experimentation and exploration, Song writing experiences and the end goal of composing a piece of music that will be performed by all members, at an event, which will celebrate the Queens platinum jubilee.

Decisions on these applications will be provided during the next financial year.

The charity has continued to explore opportunities that may arise from Basildon being identified as an area of low cultural engagement. An application has been initially planned out, which will apply to The Arts Council for £10,000. This will fund the delivery of a songwriting programme for people with disabilities that reside in the town. Links have been made with an Arts Council representative and a member of the 'BasildON Creative People & Places', who are keen to support the development of the charity.

Elderly and Dementia Care homes remain a strong focus for the charity. Therefore, if successful, two of the above applications mentioned will help cate for our desire to deliver more frequently in these environments. We can confirm that strong links have also been made with Basildon Council and their funding officers, who are now seeking all available funding sources that are suited to our purposes.
A bid writer has also been recommended to the charity, who is keen to assist with our development.

Sessional workers will be continually looking at how to better structure our workflow and organisation, to ensure that sufficient time is available for applications and growth to be focused on, whilst maintaining the paramount importance of regular music session delivery, to those who need it most.

Structure, governance and management

Governing document

The charity is a charitable incorporated organisation, that received charitable status in March 2020.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:
Sherry-Anne Cribben
Colin Kingsnorth
Jemma Keyes

Recruitment and appointment of new trustees

The charity aims to ensure that its trustees are able to bring a variety of different skills to the team. Our board is made up of individuals with great amounts of knowledge within the arts, education, social care and financial sectors. We believe this broad range of experiences, will lead to the successful delivery of the charities purposes.
Trustees positions will be reviewed at each AGM, where opportunities to retire from office will be presented. However, if trustees wish to leave their role before such AGM, then written notice will be supplied to remaining trustees, and the board will seek a suitable replacement.

Organisational structure

Trustees will oversee the delivery of the charities purposes, via the arrangement that is in place with TIME Ltd and was outlined in the charities registration to the commission.

Induction and training of new trustees

All new trustees are provided with details of their responsibilities, by way of the relevant Charity Commission policies, agreements and documents. Further training is available to any trustee who wishes to receive it.

TOGETHER IN MUSICAL EXPRESSION

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF TOGETHER IN MUSICAL EXPRESSION

I report to the trustees on my examination of the financial statements of Together In Musical Expression (the charity) for the year ended 31 March 2022.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or

2 the financial statements do not accord with those records; or

3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or

4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Michael Davies ACCA
51 Churchill Avenue
Basildon
Essex
SS14 3SB

Dated: .....

Wider Network
The charity will continue to strengthen links with organisations that have already been established, and will continually seek to form new relationships that increase the reach and effectiveness of its charitable purposes.

Risk management
The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

The trustees also undertake regular risk assessment reviews covering the charity's operational, strategic, legal, insurance and employment risks, and where appropriate, systems or procedures have been established to mitigate these risks.

The trustees report was approved by the Board of Trustees.

Sherry-Anne Cribben
trustees

28 October 2022

TOGETHER IN MUSICAL EXPRESSION

BALANCE SHEET
AS AT 31 MARCH 2022

	Notes	2022 £	£	2021 £	£
Current assets					
Cash at bank and in hand		27,998		21,046	
Creditors: amounts falling due within one year	7	(200)		(100)	
Net current assets			27,798		20,946
Income funds					
Restricted funds			-		2,000
Unrestricted funds			27,798		18,946
			27,798		20,946

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2022.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 28 October 2022

Sherry-Anne Cribben
Trustee

Company registration number CE021156

TOGETHER IN MUSICAL EXPRESSION

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2022

	Notes	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £	Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £
Income from:							
Donations and legacies	2	11,963	-	11,963	15,750	-	15,750
Charitable activities	3	-	20,000	20,000	4,500	4,500	9,000
Total income		11,963	20,000	31,963	20,250	4,500	24,750
Expenditure on:							
Charitable activities	4	3,111	22,000	25,111	1,304	2,500	3,804
Net income/(expenditure) for the year/ Net movement in funds		8,852	(2,000)	6,852	18,946	2,000	20,946
Fund balances at 1 April 2021		18,946	2,000	20,946	-	-	-
Fund balances at 31 March 2022		27,798	-	27,798	18,946	2,000	20,946

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

1 Accounting policies

Charity information

Together In Musical Expression is a private company limited by guarantee incorporated in England and Wales. The registered office is .

1.1 Accounting convention

The financial statements have been prepared under the historical cost convention, and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008), the Charities Act 2011 and the requirements of the Statement of Recommended Practice, Accounting and Reporting by Charities.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

1.5 Expenditure

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

2 Donations and legacies

	Unrestricted funds	Unrestricted funds
	2022	2021
	£	£
Donations	11,963	15,750

3 Charitable activities

	Charitable Income 2022 £	Charitable Income 2021 £
Grants	20,000	9,000
Analysis by fund		
Unrestricted funds	-	4,500
Restricted funds	20,000	4,500

4 Charitable activities

	Charitable Expenditure 2022 £	Charitable Expenditure 2021 £
Bank charges	-	4
Management fees	12,110	3,700
Printing, stationery and advertising	641	-
Equipment	11,847	-
Artists costs	86	-
Insurance	367	-
	24,911	3,704
Accountancy	200	100
	25,111	3,804
Analysis by fund		
Unrestricted funds	3,111	1,304
Restricted funds	22,000	2,500
	25,111	3,804

5 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

6 Employees

The average monthly number of employees during the year was:

	2022 Number	2021 Number
Total	-	-

There were no employees whose annual remuneration was more than £60,000.

7 Creditors: amounts falling due within one year

	2022 £	2021 £
Accruals and deferred income	200	100

8 Analysis of net assets between funds

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £	Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £
Fund balances at 31 March 2022 are represented by:						
Current assets/(liabilities)	18,946	2,000	27,798	20,946	-	20,946
	18,946	2,000	27,798	20,946	-	20,946

9 Related party transactions

There were no disclosable related party transactions during the year (2021 - none).

TOGETHER IN MUSICAL EXPRESSION

England & Wales - Charity number 1188584

Accounts

Charity Registration No. 1188584

Company Registration No. CE021156 (England and Wales)

TOGETHER IN MUSICAL EXPRESSION

ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2021

TOGETHER IN MUSICAL EXPRESSION

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Sherry-Anne Cribben	(Appointed 17 March 2020)
	Colin Kingsnorth	(Appointed 17 March 2020)
	Jemma Keyes	(Appointed 17 March 2020)
Charity number	1188584	
Company number	CE021156	
Principal address	15A Grange Road Leigh-on-Sea Essex England SS9 2HS	
Independent examiner	Michael Davies ACCA 51 Churchill Avenue Basildon Essex SS14 3SB	

TOGETHER IN MUSICAL EXPRESSION

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TOGETHER IN MUSICAL EXPRESSION

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2021

The trustees present their report with the financial statements of the charity for the year ended 31st March 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Objectives and activities

To relieve the needs of those with special and/or additional needs through the provision of musical based activities.

The charity promotes inclusion and diversity within its service. No one is excluded from the benefits of our provisions - although a particular focus is placed within disability and mental health.

The charity aims to reach areas that have limited to no funding and engage with an audience that would otherwise miss out on the therapeutic, social and sensory stimulants our delivery provides.

Our objectives are to provide social inclusion, promote confidence, increase awareness of self-development via creative engagement, encourage expression and enable sensory therapeutic benefits.

Achievements and performance

The charity received its charitable status a matter of days before COVID-19 caused a nationwide lockdown. However, once the situation was greater understood by the public, we were able to implement a series of activities that aligned with the charities purposes.

Initially, the charities sessional workers planned to deliver face to face sessions, in physical spaces. Unfortunately, Covid prevented this from being possible. Therefore, sessions were organised via Zoom, that would reach the clients of services that were deemed most at need and experiencing the effects of isolation. It was agreed by all trustees that elderly and dementia care services should be a primary focus. As delivery was no organised online, the area of reach could be expanded. Sessional workers provided live music performances and musically lead activities to homes across the greater Essex area.

The charity utilised its link with TIME Ltd to provide a weekly disability stream titled 'Involve Live'. This replaced TIME Ltd's physical club night that was operating prior to COVID. The stream received funding for an 11 week delivery, where attendees were able to access essential social interaction, receive advice and guidance on mental health and other valuable services, experience live performances from a diverse mix of performers, receive British sign language tutorials, share thoughts and feelings in a safe place, and generally provide an environment for community and routine, that Covid had heavily disrupted.

The charity occupied an empty shop space in Basildon Town Centre as part of the 'Open Lab's' programme that was created by 'BasildON Creative People & Places', which is funded by Arts Council England.

The charity partnered with artists Strange Pil to deliver an inclusive project, that utilised the 'Musicjelly Mashup' app, which is an audio-visual sampler and interactive composing instrument. The public were able to create, upload and mix short videos of themselves and other member of the Basildon community: Creations from musicians, vocalists, dancers, beatboxers, turntablists, and sounds of the city, the crushing of a can, blowing in a bottle, vocal experimentation... and much more, were all collected - with no musical experience necessary. Each participant came together in this simple yet groundbreaking musical expression experience. The project created a lasting legacy of musical awareness, increased creative expression, community engagement and an artistic piece this is unique to people of Basildon.

The charity received funding from Active Essex, under the 'The Essex Local Delivery Pilot (LDP)'. This programme was designed to build healthier, more active communities across the county. The charity partnered with The Stroke Association and was successful with an application to provide a 9 week programme of music sessions, that would focus on physical and motor skill activity, but also demonstrate the overall positive effect on general wellbeing, that music participation can bring. We also included a songwriting project, which would encourage stroke survivors to share their personal experiences, coping mechanisms and the condition of their mental health, during and after their health concerns. The project was delayed due to covid restrictions, but the first session was able to be delivered over Zoom. This was a huge success with high engagement, and a record number of attendees for this areas Stroke Association members, during their course of programmes that were offered during lockdown. However, it was decided by both parties that the remainder of the sessions would be delivered once covid restrictions would ease. The project was initially planned within a physical space, and it was felt that the desired social inclusion, interaction, musical instruction and personal development, would be best achieved when operating in this way. The Sessions are scheduled to take place in August 2021.

Financial review

Investment portfolio

The charity holds no investments, other than its working capital, held as cash at Barclays Bank.

Reserves policy

The charity wishes to maintain a minimum reserve of £10,000 in its accounts at all times. As we regard our activities to still be in its infancy, there are not many overheads to cater for. But as we grow, this reserve will increase in line with financial needs.

Principal funding sources

The charity has received a combination of public donations and funds from successful grant applications. The charity uses the services of the 'Peoples Fundraising Platform' to receive donations. They also collect gift aid on the charities behalf.

Grants have been received from the following:

Basildon Council - Mental Health Fund: £2,000
BasildOn Creative People & Places - Open Labs: £10,000
Active Essex - The Essex Local Delivery Pilot: £2,500

Plans for future periods

The charity wishes to expand on the initial services that have been delivered over the last year. Covid prevented many of our plans from being actioned, but we were able to adapt and still provide many of the charitable purposes we set out to achieve. Now that many restrictions have been lifted, the charities sessional workers will be able to visit many more environments that cater for the vulnerable people that we wish to benefit.

Initial connections have been made with the likes of Basildon Council, The Stroke Association and Creative People & Places. We wish to build open these relationships by acquiring further partnerships such as this, and in turn, gather a wider pool of people that can access and engage with our services.

Dementia services are beginning to open their doors to external activities and this area will be a primary focus for the charity moving forward. This sector has been drastically cut off from stimulants such as music performance, and we aim to be a high provider of this in the coming months, across the Essex area.

Now that an increasing amount of charitable objectives can be met, we will be raising the profile of the charity with fund-raising events, a full social media launch and increased promotion of the charities aims, objectives and ways the public can support our delivery.

Additional sources of funding will be identified, with initial connections to Arts Council England beginning to be established. We believe that organisations of this size will vastly aid the effective delivery of our purposes. Our hometown of Basildon has been identified as an area of low engagement and the Arts Council are prioritising the funding of programmes there for the next 4 years. Therefore, the charity are perfectly places to capitalise on this increased investment, and will be continuing talks with the Arts Council to see how we can be a main provider of the initiatives they are looking to support.

Structure, governance and management

Governing document

The charity is a charitable incorporated organisation, that received charitable status in March 2020.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Sherry-Anne Cribben	(Appointed 17 March 2020)
Colin Kingsnorth	(Appointed 17 March 2020)
Jemma Keyes	(Appointed 17 March 2020)

Recruitment and appointment of new trustees
The charity aims to ensure that its trustees are able to bring a variety of different skills to the team. Our board is made up of individuals with great amounts of knowledge within the arts, education, social care and financial sectors. We believe this broad range of experiences, will lead to the successful delivery of the charities purposes.
Trustees positions will be reviewed at each AGM, where opportunities to retire from office will be presented. However, if trustees wish to leave their role before such AGM, then written notice will be supplied to remaining trustees, and the board will seek a suitable replacement.

Organisational structure
Trustees will oversee the delivery of the charities purposes, via the arrangement that is in place with TIME Ltd and was outlined in the charities registration to the commission.

Induction and training of new trustees
All new trustees are provided with details of their responsibilities, by way of the relevant Charity Commission policies, agreements and documents. Further training is available to any trustee who wishes to receive it.

Wider Network
The charity will continue to strengthen links with organisations that have already been established, and will continually seek to form new relationships that increase the reach and effectiveness of its charitable purposes.

Risk management
The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

The trustees also undertake regular risk assessment reviews covering the charity's operational, strategic, legal, insurance and employment risks, and where appropriate, systems or procedures have been established to mitigate these risks.

The trustees report was approved by the Board of Trustees.

.....
Sherry-Anne Cribben
trustees

Date: .....14/12/21.....

TOGETHER IN MUSICAL EXPRESSION

INDEPENDENT EXAMINER'S REPORT
TO THE TRUSTEES OF TOGETHER IN MUSICAL EXPRESSION

I report to the trustees on my examination of the financial statements of Together In Musical Expression (the charity) for the year ended 31 March 2021.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or

2 the financial statements do not accord with those records; or

3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or

4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Michael Davies ACCA
51 Churchill Avenue
Basildon
Essex
SS14 3SB

Dated: .....

TOGETHER IN MUSICAL EXPRESSION

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31 MARCH 2021

	Notes	Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £
Income from:				
Donations and legacies	2	15,750	4,500	20,250
Charitable activities	3	4,500	-	4,500
Total income		20,250	4,500	24,750
Expenditure on:				
Charitable activities	4	1,304	2,500	3,804
Net income for the year/ Net movement in funds		18,946	2,000	20,946
Fund balances at 17 March 2020		-	-	-
Fund balances at 31 March 2021		18,946	2,000	20,946

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

TOGETHER IN MUSICAL EXPRESSION

BALANCE SHEET

AS AT 31 MARCH 2021

	Notes	2021 £	£
Current assets			
Cash at bank and in hand		21,046	
Creditors: amounts falling due within one year	7	(100)	
Net current assets			20,946
Income funds			
Restricted funds			2,000
Unrestricted funds			18,946
			20,946

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2021.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on .....14/12/21...

.....

Sherry-Anne Cribben
Trustee

Company Registration No. CE021156

1 Accounting policies

1.1 Accounting convention

The financial statements have been prepared under the historical cost convention, and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008), the Charities Act 2011 and the requirements of the Statement of Recommended Practice, Accounting and Reporting by Charities.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

1.5 Expenditure

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

2 Donations and legacies

	Unrestricted funds	Restricted funds	Total
	2021	2021	2021
	£	£	£
Donations	15,750	4,500	20,250

3 Charitable activities

	Charitable Income Heading 1
	2021
	£
Grants	4,500

4 Charitable activities

	Charitable Expenditure Heading 1 2021 £
Bank charges	4
Management fees	3,700
	3,704
Accountancy	100
	3,804
Analysis by fund	
Unrestricted funds	1,304
Restricted funds	2,500
	3,804

5 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

6 Employees

The average monthly number of employees during the year was:

	2021 Number
Total	-

There were no employees whose annual remuneration was more than £60,000.

7 Creditors: amounts falling due within one year

	2021 £
Accruals and deferred income	100

8 Analysis of net assets between funds

	Unrestricted funds 2021	Restricted funds 2021	Total 2021
	£	£	£
Fund balances at 31 March 2021 are represented by:			
Current assets/(liabilities)	18,946	2,000	20,946
	18,946	2,000	20,946

9 Related party transactions

There were no disclosable related party transactions during the year (- none).