

# **Menscraft**

## **Report and Financial Statements**

**For the year ended 31 March 2023**

Charitable Incorporated Organisation  
Registered no: 1188578

# Menscraft

For the year ended 31 March 2023

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## **Menscraft**

**For the year ended 31 March 2023**

### **Legal and administrative information**

**Charitable Incorporated Organisation (CIO):** Menscraft

**Registered Charity number:** 1188578

**Trustees:**

David Thomas (resigned 8<sup>th</sup> January 2023)  
Susan Kelly  
Sam Watts  
David Jessop (resigned 5<sup>th</sup> April 2023)  
Simon Fenn (resigned 27<sup>th</sup> September 2023)  
Charles Ison  
Dr Georgia Philip  
Susan Latham-Flynn (resigned 6<sup>th</sup> June 2022)  
Kelvin Colbourn (appointed 5 July 2023)

**Principal office:**

6 The Cottage, St. Johns Alley  
Norwich, NR2 1DR

**Independent Examiner:**

I A Barlow FCCA  
Sexty & Co  
Chartered Certified Accountants  
124 Thorpe Road  
Norwich, NR1 1RS

**Bankers:**

The Co-Operative Bank Plc  
Skelmersdale Branch  
PO Box 250  
Skelmersdale, WN8 6WT

## **Menscraft**

**For the year ended 31 March 2023**

### **Report of the Trustees**

The Trustees of MensCraft are pleased to present their report together with the financial statements of the charity for the year ended 31 March 2023.

MensCraft was given CIO status on the 16<sup>th</sup> March 2020 following its formation as a community interest company (CIC) in 2010.

MensCraft is a Charitable Incorporated Organisation Registration Number 1188578

The Cottage, St. Johns Alley, Norwich, NR2 1DR

[www.menscraft.org.uk](http://www.menscraft.org.uk)

### **Objectives and activities**

As set out in our governing document our primary objectives are:

To promote social inclusion for the public benefit by preventing men and boys of all ages within Norfolk and surrounding areas, from becoming socially excluded, relieving the needs of those people who are socially excluded and assisting them to integrate into society in particular but not exclusively by:

- a) providing facilities in which they can meet jointly or individually to undertake creative, physical or recreational activities, learn or pass on skills and knowledge and support each other socially;
- b) providing practical advice and support to those individuals;
- c) raising public awareness of the issues affecting those individuals both generally and in relation to their inclusion; and
- d) providing advice so that the local community and businesses can adapt their services to better understand and meet the needs of those individuals.

By 'socially excluded' we mean being excluded from society, or parts of society, as a result of one or more of the following factors: unemployment; financial hardship; youth or old age; ill health (physical or mental).

We are committed to providing an inclusive environment for all who identify as male, regardless of age, gender identity, race, sexual orientation, disability, ethnicity, socio-economic status and faith. And we expect those that engage with us to do the same.

The Trustees can confirm that they have had paid due regard to the guidance issued by the Charity Commission on public benefit.

### **MensCraft supports boys and men of all ages**

We offer information, activities and programmes to meet the challenges of the different life stages.

## **Menscraft**

**For the year ended 31 March 2023**

### **Report of the Trustees – cont'd**

Our approach is strengths based. We seek a positive and deeper understanding of masculinity and one that promotes equalities. We support young men making the transition to adulthood; men as fathers, those experiencing difficulties, for example in their relationships, work or with their mental health. We provide one-to-one support, group work and access to other specialist services. Our range of activities give boys and men purpose, the opportunity for connection with others, and opportunities for improved wellbeing.

MensCraft's starting point is that happier and healthier men make for better brothers, partners, fathers, sons, friends and colleagues.

We are committed to providing an inclusive environment for all who identify as male, regardless of age, gender identity, race, sexual orientation, disability, ethnicity, socio-economic status and faith. And we expect those that engage with us to do the same.

While some (unhelpful) norms remain entrenched in how masculinity is expressed, validated and contested, our starting point is that a 'mature or integrated' masculinity goes beyond the 'myth of the Hero'.

Volatility, uncertainty, complexity and ambiguity are perennial. Much of our work is with men who are faced with the challenges of these in both the public sphere (how they are in the world of work and socially) and in the private sphere (inner life as well as their home life). We have also seen an increased demand for our services due to the long-term impact of Covid and the cost-of-living crisis.

From what men and others (partners and providers) tell us, we are making an effective difference.

*In 22 years of heightened anxiety and ideation, this is the first thing that has materially changed my circumstances*

*I've been able to stop taking the antidepressants. I don't need them anymore. I have a reason to get out most days.*

*I feel listened to. (MensCraft) happened at just the right time. I was giving up on being able to find help and people I could trust.*

*MensCraft have been amazing. The intervention and time I received was life-saving. It meant I got to see 2023.*

*If it wasn't for MensCraft, I probably wouldn't be here now. I'd never talked to anyone before. I thought I had no-one to help me, but MensCraft took me on. It's been the best place for me.*

## **Menscraft**

**For the year ended 31 March 2023**

### **Report of the Trustees – cont'd**

*MensCraft has helped me to be able to leave my house and meet people which is something I have not been able to do for a lot of years and it is helping me to make new friends.'*

*MensCraft has been very important in helping me to share my anxiety and break my isolation.*

*I couldn't have got to where I am today without the close support (MensCraft) gave me and introducing me to Pit Stop.*

*Prior to the first Pit Stop, I walked around the city for an hour trying to think of a good reason to go home. I didn't go home and stepped into (Pit Stop) full of fear but was made very welcome. I'm so glad I attended and look forward to the next one.*

MensCraft is its strongest-ever position. During 2022-23, we recruited new staff (and volunteers and associates) who, through their own lived experiences and diverse backgrounds, bring and share new insights into the way we work. They are doing some important work with due care and intrinsic motivation.

Our Board of Trustees bring a high degree of experience and expertise. They provide invaluable strategic guidance, advice and support.

We have relocated operations to new premises in the centre of Norwich while continuing to expand our coverage across the county. We have built positive collaborative work with other services.

Our strengths-based approaches and activities promote creative environments in which men can thrive, develop emotional literacy and generic flexibility - where they are prepared to try new things, adapt and are open to change.

Thanks are due, to the men who engage with us and who play a central role in shaping our work.

**Tim Allard**  
**Development Manager**

## **Menscraft**

**For the year ended 31 March 2023**

### **Report of the Trustees – cont'd**

#### **Achievements and performance**

MensCraft has continued to build on its' offer in line with its strategy. Despite the ongoing long term challenges following the COVID pandemic during the year, we have strengthened and expanded our work. In addition, we have continued to develop our network of agency and individual contacts and increased our pool of associates and volunteers.

#### **Headlines include:**

900+ men supported

A network of contacts has further increased and diversified.

20 different positive & creative activities

13 Pit Stops across Norfolk

545 referrals to our Prevention and Positive Activities suicide prevention service

18 - 86 the age range of men we have supported this year – average age 42

91% of men we work with report improved wellbeing

40,000+ page views of our website

***During 2022/23 we created new services, forged new partnerships; and found new opportunities to develop and share our knowledge and expertise.***

#### **DadsOnside**

The support we offer fathers and families was given a significant boost by grants of £85,000 from the Trusthouse Charitable Foundation and £10,000 from the Charles Hayward Foundation. These were followed, although just outside of this reporting period, by a further £216,000 grant from the National Lottery.

This funding enabled us to initiate DadsOnside, a new 3-year programme of one-to-one and group support for men who struggle with being a dad and want to build, improve or maintain relationships with their children. This includes delivering a new series of Caring Dads programmes, an internationally accredited course which promotes positive parenting for men who are harsh, abusive, neglectful of their children or have exposed them to domestic violence. MensCraft is one of the only providers in the East of England to offer this specialist support.

#### **#TimetoHeal**

In association with the Sue Lambert Trust, we started a new group therapy programme for men who have experienced sexual abuse or violence. Offering therapeutic support to men, either in groups or one to one, is becoming increasingly important to the success of our work. Many of the men we work with have complex and unresolved trauma and they are unable to move on in their lives without appropriate therapeutic intervention.

## **Menscraft**

**For the year ended 31 March 2023**

### **Report of the Trustees – cont'd**

#### ***Listening, learning, sharing***

*Our work is informed by and responsive to the men we support; their experiences, views, and insights shape the way we deliver services, and feeds into our understanding of men, male psychology and behaviours. This makes MensCraft uniquely placed to support and connect with men who would otherwise not engage with mainstream services, and we continue to share this knowledge with practitioners and the wider sector.*

We participated in two multi-agency research projects in Great Yarmouth and Waveney, hearing and learning from the experiences of men who are or feel under-represented, marginalised or disengaged.

The first, funded by the Department for Culture Media and Sport through their Know Your Neighbourhood Fund, explored attitudes to volunteering while the second, funded by the NHS, aimed to encourage more people in Great Yarmouth and Waveney to participate in health-related research. Our role was that of a 'trusted communicator', having conversations with men we support around how engaging in research can ensure health policy and practice better reflects their experiences.

#### **Mentoring the next generation of social workers**

We're proud of our links with the UEA School of Social Work, which includes offering placements and work experience for undergraduate students. This year we were joined by a student who spent five months working with the Pit Stops and Prevention and Positive Activities Teams, gaining enough experience to manage, under close supervision, his own caseload.

#### **Woodland Project:**

A project providing a place for men to improve their mental and physical well being in a friendly but structured environment.

A twelve week programme for a group of men to:

- Take time to be in nature
- Explore and discover the woodland environment
- Undertake a practical woodland improvement project
- Provide opportunities to learn some ancient woodcraft skills such as fire lighting, whittling, bender making
- Have time around an open fire for stories and discussions

#### **The Postcard Project**

A major pillar of our work is exploring and promoting discussions around contemporary masculinity, male psychology and maleness. This year we launched a project to encourage more men to identify 'Where Do You Most Belong?' and 'What Makes a Good Man?'. Their responses were thought provoking, sometimes sad, sometimes funny, but each a valid response and a snapshot of the views and opinions of men in Norfolk in 2022.



## **Menscraft**

**For the year ended 31 March 2023**

### **Report of the Trustees – cont'd**

Throughout 2022/23 we continued to deliver programmes and activities for men who are isolated, who wish to connect, to get more active in their community or who are at a point of crisis in their lives.

#### **Pit Stops**

##### ***Connecting Men through music, comedy, storytelling, activities and friendship***

Our Pit Stops have gone from strength to strength during 2022/23. We offered Pit Stops in 13 locations across Norfolk (Cromer, Dereham, Downham Market, Great Yarmouth, Holt, King's Lynn, Lowestoft, North Walsham, Norwich, Swaffham, Thetford, Watton, Wymondham), enabling over 300 men to get together, share a hobby or interest, learn new skills, become more active and connect with each other and their wider community.

In addition to weekly social groups, we offered activities including visual and creative arts, music, board games, history walks, fishing, yoga, Stand-Up comedy, gardening/allotments, music appreciation, pie clubs and storytelling.

#### **Prevention and Positive Activities Programme**

Funded by NHS England (and subsequently, the Integrated Care Board) and managed by Norfolk Public Health, this programme contributes to Norfolk County Council's suicide prevention strategy, by providing support to those most at risk.

Our PPA programme provided one to one and activity-based support for over 500+ men during 2022/23; men who have expressed thoughts of taking their own lives and need to talk, to confront their anxieties and to find a new sense of purpose.

We have successfully met the intended outcomes of the service in mitigating and reducing suicidal ideation, increasing protective measures, and improving the wellbeing of the individuals supported. We have helped our clients to address a wide range of practical concerns such as secure housing, money and legal challenges, and relationship difficulties.

#### **A new facility**

We successfully led on a proposal for renovating a creative community space in the centre of Norwich. Working with Trustees and staff at the Maddermarket Theatre, we jointly secured a capital grant to repurpose a 60m2 workshop to delivery a variety of activities adjacent to our new office.

#### **Our Funders**

As a registered charity our work is funded by grants from local and national trusts and foundations, from public sector contracts, from individual fundraisers and from private and corporate donations.

During 2022/23 our work was made possible through funding from:

- The Angling Trust
- Breckland Health and Wellbeing Partnership
- Charles Haywood Foundation
- East Community Fund
- Kings Lynn and West Norfolk Health and Wellbeing Partnership
- Ministry of Justice (c/-Sue Lambert Trust)

## **Menscraft**

**For the year ended 31 March 2023**

### **Report of the Trustees – cont'd**

#### **Our Funders cont'd:**

- The National Lottery
- NHS Charities
- Norfolk and Suffolk Foundation Trust
- Norfolk and Waveney Integrated Care Board
- Norfolk Community Foundation
- Norwich Consolidated Charities
- Norwich Freeman's Charity
- People's Health Trust
- Trusthouse Charitable Foundation

We also thank the many individuals who have generously donated to, and fundraised for, MensCraft.

#### **The Chair's report**

2022-23 was another positive year for us.

The report illustrates some key milestones.

- Our capacity has grown further.
- Our income has grown.
- We have secured a more permanent base.
- We have strengthened our governance further with specialist support procured for oversight of our finance, IT and HR functions.
- We have extended and tested the range and variety of our work. We have engaged with a greater variety of men and carried out research to better understand them.
- Our profile is higher.

These are accomplishments are directly linked to the hard work of our team. We'd like to personally thank every team member for their energy, commitment and consistency across our activities.

Thanks are due to Dave Thomas and Sue Latham Flynn, who stepped down as Trustees, for their contributions during this period.

We are reasonably confident that we can source funds beyond current projections to sustain the majority of our services and activities and that there is not currently any existential threat to the sustainability of our activities.

A big thank you to all our supporters, staff and volunteers for their work, commitment and support during this year.

Also, thanks to all of the trustees – in particular the Treasurer and the Finance Officer - in helping Menscraft rise to ensure compliance with its charitable duties and widening the support it can offer.

**Menscraft**


**For the year ended 31 March 2023**

**Report of the Trustees – cont'd**

**The Chair's report cont'd**

This report and the financial statements were approved by the Trustees on 22<sup>nd</sup> November 2023 and were signed on their behalf by:

.....  ..... Dr. Georgia Philip, Chair

.....  ..... Sam Watts, Interim Treasurer

**Menscraft**

**For the year ended 31 March 2023**

**Independent Examiner's Report to the Trustees**

I report to the Charity Trustees on my examination of the accounts of the Charity for the year ended 31 March 2023 which are set out on pages 11 to 19.

**Responsibilities and basis of report**

As the Charity's Trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.


**Independent examiner's statement**

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the Act. I confirm that I am qualified to undertake the examination because I am a member of the Association Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

  
I A Barlow FCCA  
Sexty & Co  
Chartered Certified Accountants  
and Registered Auditors  
124 Thorpe Road  
Norwich  
NR1 1RS

27/11/2023

# Menscraft

For the year ended 31 March 2023

## Statement of Financial Activities

	Notes	Unrestricted Funds	Restricted Funds	Total 2022/23 £	Total 2021/22 £
<b>Income and endowments from:</b>					
Donations and legacies	2	1,958	216,834	218,792	88,827
Charitable activity	3	869	253,119	253,988	243,099
Other income	4	11,124	237	11,361	16,953
<b>Total income and endowments</b>		<b>13,951</b>	<b>470,190</b>	<b>484,141</b>	<b>348,879</b>
<b>Expenditure on:</b>					
Charitable activities	5	33,785	384,383	418,168	293,912
		<b>33,785</b>	<b>384,383</b>	<b>418,168</b>	<b>293,912</b>
<b>Net movement in funds</b>		<b>(19,834)</b>	<b>85,807</b>	<b>65,973</b>	<b>54,967</b>
<b>Reconciliation of funds:</b>					
Fund balances brought forward		62,308	182,468	244,776	189,809
<b>Fund balances carried forward</b>	11	<b>42,474</b>	<b>268,275</b>	<b>310,749</b>	<b>244,776</b>

The notes set out on pages 13 to 19 form an integral part of these financial statements.

**Menscraft**

**For the year ended 31 March 2023**


**Balance Sheet**

**CIO registered number: 1188578**

	Note	2023 £	2022 £
<b>FIXED ASSETS</b>			
Tangible assets	7	8,563	3,554
<b>CURRENT ASSETS</b>			
Cash at bank and in hand		303,561	251,547
Debtors due within one year	8	<u>22,780</u>	<u>2,506</u>
		326,341	254,053
<b>CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR</b>			
	9	<u>(24,155)</u>	<u>(12,831)</u>
<b>NET CURRENT ASSETS</b>		<u>302,186</u>	<u>241,222</u>
<b>NET ASSETS</b>		<u>310,749</u>	<u>244,776</u>
<b>REPRESENTED BY:</b>			
Restricted funds		268,275	182,468
Unrestricted funds		<u>42,474</u>	<u>62,308</u>
<b>TOTAL FUNDS</b>	10-11	<u>310,749</u>	<u>244,776</u>

The financial statements on pages 11 to 19 were approved by the Trustees on 22<sup>nd</sup> November 2023 and signed on their behalf by:

 Dr. Georgia Philip, Chair

 Sam Watts, Interim Treasurer

## **Menscraft**

**For the year ended 31 March 2023**

### **Notes forming part of the financial statements**

#### **1 Accounting policies**

##### **(a) Basis of preparation**

The Charity constitutes a public benefit entity as defined by FRS 102. These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice (SORP) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011 and UK Generally Accepted Accounting Practice.

The financial statements are presented in pounds sterling and are rounded to the nearest pound.

##### **(b) Fund accounting**

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the Trustees for particular purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the Charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund.

##### **(c) Incoming resources**

All incoming resources are included in the statement of financial activities on an accruals basis. They are classified on an activity basis.

##### **(d) Resources expended**

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Where costs cannot be directly attributed to particular headings, they have been allocated to activities on a basis consistent with use of the resources.

##### **(e) Fixed assets**

Fixed assets are stated at cost less accumulated depreciation. Depreciation is provided to write off the cost, less estimated residual value, of fixed assets over their estimated useful lives. The rates used for this purpose are:

Computer equipment

– 20% straight line

## Menscraft

For the year ended 31 March 2023

### Notes forming part of the financial statements

(f) **Going concern**

The financial statements have been prepared on a going concern basis as the Trustees believe that no material uncertainties exist. The Trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the Charity to be able to continue as a going concern.

**2 Donations, legacies and similar income**

	<b>2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>
Corporate donors	1,952	13,000
Individual donors	1,817	1,230
Grant income	215,023	74,597
	<u>218,792</u>	<u>88,827</u>

**3 Income from charitable activity**

	<b>2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>
Projects, advice & support services	253,988	243,099
	<u>253,988</u>	<u>243,099</u>

**4 Other income**

	<b>2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>
Space rental	9,145	7,223
Utilities recharge	1,796	1,012
Norwich City Council lockdown payment	-	8,000
Other income	420	718
	<u>11,361</u>	<u>16,953</u>



# Menscraft

For the year ended 31 March 2023

## Notes forming part of the financial statements

### 5 Expenditure on charitable activities

	Unrestricted £	Restricted £	2023 £	2022 £
Advertising	603	6,908	7,511	5,023
Donations	(349)	-	(349)	1
Computer & telephone	1,673	7,770	9,443	4,988
Travel & subsistence	1,209	9,832	11,041	7,460
Insurance	-	1,564	1,564	2,253
Staff costs (gross, NI & pension)	(2,811)	284,844	282,033	176,778
Freelance costs	11,574	17,574	29,148	62,624
Utilities	563	3,676	4,239	3,280
Office costs	901	5,220	6,121	1,650
Room hire	1,330	16,021	17,351	4,166
Sundry	91	(22)	69	246
Market research	-	384	384	511
Training	678	2,349	3,027	5,008
Professional fees	772	10,162	10,934	3,097
Independent Examiners fee	600	1,200	1,800	1,800
Premises costs	15,261	3,131	18,392	7,167
Project materials	269	8,486	8,755	2,342
Recruitment	-	5,086	5,086	2,125
Repairs & maintenance	-	-	-	2,335
Depreciation	1,421	198	1,619	1,058
	<u>33,785</u>	<u>384,383</u>	<u>418,168</u>	<u>293,912</u>

### 6 Trustees expenses

No such expenses were incurred during the period.

# Menscraft

For the year ended 31 March 2023

## Notes forming part of the financial statements

### 7 Fixed assets

	Computer Equipment £	Total £
<b>Cost</b>		
At 1 April 2022	5,614	5,614
Additions	<u>6,628</u>	<u>6,628</u>
At 31 March 2023	<u>12,242</u>	<u>12,242</u>
<b>Depreciation</b>		
At 1 April 2022	2,060	2,060
Charge for year	<u>1,619</u>	<u>1,619</u>
At 31 March 2023	<u>3,679</u>	<u>3,679</u>
<b>Net book value</b>		
At 31 March 2023	<u>8,563</u>	<u>8,563</u>

### 8 Debtors and prepayments

	2023 £	2022 £
Debtors	19,853	120
Prepayments	<u>2,927</u>	<u>2,387</u>
	<u>22,780</u>	<u>2,507</u>

### 9 Creditors and accruals

	2023 £	2022 £
Trade creditors	5,850	-
Pension creditor	1,427	1,387
Accruals	3,759	7,794
Social security & other taxes	<u>13,119</u>	<u>3,650</u>
	<u>24,155</u>	<u>12,831</u>

# Menscraft

For the year ended 31 March 2023

## Notes forming part of the financial statements

### 10 Funds reconciliation

	Opening funds £	Income £	Expenditure £	Transfers £	Closing funds £
<b>Unrestricted</b>					
General	62,308	13,951	(33,785)	-	42,474
Total unrestricted	62,308	13,951	(33,785)	-	42,474
<b>Restricted funds</b>					
Caring Dads Programme	2,389	-	-	(2,389)	-
Pit Stop	52,792	130,777	(108,560)	-	75,009
Woodland Project	1,493	1,218	(1,314)	-	1,397
NCC Positive Activities	102,953	229,370	(245,728)	(18,000)	68,595
Mens Centre Development	8,771	12	(25,032)	-	(16,249)
Individual donation	13,000	-	-	-	13,000
Youth Programme	1,070	964	-	-	2,034
Men's Project	-	24,130	(1,706)	10,000	32,424
Know Your Neighbourhood	-	15,180	-	-	15,180
Young Men's Mentoring	-	11,720	-	-	11,720
Dads Onside	-	39,719	(2,043)	10,389	48,065
Norfolk Community Foundation	-	9,200	-	-	9,200
Time to Heal	-	7,900	-	-	7,900
Total restricted	182,468	470,190	(384,383)	-	268,275
<b>Total funds</b>	<b>244,776</b>	<b>484,141</b>	<b>(418,168)</b>	<b>-</b>	<b>310,749</b>

### 11 Restricted funds' purpose

The purpose of the restricted funds is as follows:

#### FUND

#### Caring Dads

#### PURPOSE

is a group intervention programme aiming to help fathers, of any age, improve their relationship with their children. It helps dads learn how to spend time with children in healthy ways, and to understand the impact on children of controlling, abusive and neglectful actions, which include witnessing domestic violence. The programme is evidence-based and has been refined over the last 10 years.

## **Menscraft**

**For the year ended 31 March 2023**

### **Notes forming part of the financial statements**

#### **Pit Stop**

Pit Stop is a dry bar drop in facility, offering face-to-face connection around shared passions, interests and activities. It encourages men from different backgrounds to come together for 3 hours per session for example, for table board games, music, films, comedy & other activities (i.e. model making, heritage walks, art, yoga, whittling) they have determined. The Pit Stop has a peer support component to its' delivery with a number of volunteers who form the 'Pit Crew'. They support the set up and setting down of the sessions, meet and greet and actively co-facilitate sessions.

#### **Woodland Project**

This is a 12 week programme for a group of up to 8 men, offered in partnership between MensCraft and The Nurture Project

It offers men chance to:-

Take time to be in nature

Explore and discover the woodland environment

Undertake a practical woodland improvement project

Provide opportunities to learn some ancient woodcraft skills such as fire lighting, whittling, bender making

Have time to sit around an open fire for a chat, tell stories and drink tea

We endeavour to ensure that access the venue is not a barrier to participation and we have a bursary fund to support people without their own transport to get to the venue.

#### **NCC Positive Activities**

The service supports men at the edge of crisis across Norfolk. We offer:

- Support for men who are thinking about suicide
- Safety and support plans
- A trusting / safe environment to talk
- Positive activities to engage with
- Signposting to support agencies
- Support at meetings and appointments

## **Menscraft**

**For the year ended 31 March 2023**

### **Notes forming part of the financial statements**

<b>Men's Project</b>	Coordination of bespoke programmes across the men's projects.
<b>Know Your Neighbourhood</b>	Mens programme for ages 18-25 in Great Yarmouth.
<b>Young Men's Mentoring</b>	Year 1 research into the needs of men in Great Yarmouth.
<b>Dads Onside</b>	Father support programme.
<b>Norfolk community Foundation</b>	Research on health needs for men in Great Yarmouth.
<b>Time to Heal</b>	Ministry of justice funding for men who have experienced sexual abuse.

#### **12 Analysis of net assets between funds**

	<b>Unrestricted funds £</b>	<b>Restricted funds £</b>	<b>At 31/03/2023 £</b>
Fixed assets	8,563	-	8,563
Current assets	35,022	291,319	326,341
Current liabilities	(1,111)	(23,044)	(24,155)
<b>Total</b>	<b>42,474</b>	<b>268,275</b>	<b>310,749</b>

#### **13 Average number of employees during the period**

The average number of employees during the period was 12 (2022 – 7).

#### **14 Pension Commitments**

The CIO operates a defined contributions pension scheme. The pension contributions payable by the CIO for 2023 amounted to £4,984 (2022 - £8,325)

#### **15 Related party transactions and donated facilities**

Such costs have not been incurred during the period.

#### **16 Ultimate controlling party**

The CIO is controlled by the Board of Trustees.