



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From Period start date 3.10.2024
To Period end date. 2.10.2025

Charity name: Triratna East Kent Buddhist Group

Charity registration number: 11885433

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To support the advancement of the Buddhist religion, in particular by: 1. Teaching members of the public the Buddhist practices of mindfulness and meditation. 2. Promoting and teaching Buddhist ethical values thereby enabling people to live more healthy and harmonious lives. 3. Enhancing the understanding and practice of spirituality* in our local community in particular by cooperating with other organisations delivering similar benefits. (*Spirituality being understood as pertaining to life's meaning and purpose.) 4. Supporting ordained members of the Triratna Buddhist Community and others (at the discretion of the CIO), who are working to actively promote the above values and practices.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	We have: Held services of worship and devotion. Organised lectures, courses, classes and retreats, both in person and via zoom. Maintained contact and provided information and resources, for example via regular emails, Facebook, Instagram and the website. Invited and received contributions. Supported individuals to attend learning events and retreats. Established and maintained connections with the local community. Continued to encourage and support people to practise mindfulness and meditation with all their psychological and spiritual benefits. All of our activities are designed to

		<p>encourage individuals to lead more ethical, purposeful, friendly and compassionate lives; to deepen their understanding and practice of Buddhism through study, friendship and events, and through working with others for the benefit of the local community and environment. Most of our events are offered on a donation basis and, where there is a charge, we have a bursary available to help those in need of support.</p> <p>No Order members are currently receiving ongoing support.</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	<p>The trustees have had regard to the Charity Commission guidance on public benefit when carrying out the charity's activities.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

Achievements and Performance

	SORP reference	
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Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.

Para 1.20

Our Chair stepped down from the role in July 2025. The Vision Team stopped regular meetings from that date.

Our principle aims continue: to attract a younger and more diverse membership, and to have a greater community presence. In addition, our vision now includes: to deepen sangha within the 3 groups; consolidate what has already been achieved; continue to spread the dharma; encourage people to deepen their own practice.

The 3 groups now have a team each to organise activities and events.

A self-employed 'social media co-ordinator' is appointed for 8 hours a week to promote our activities. They have created a presence for us on Facebook and Instagram and been instrumental in setting up a website and keeping it up to date. This publicity has attracted newcomers, including younger people, to many of our events and classes.

We have held weekly meditation classes in Deal, Margate and Canterbury. These have proved very popular for newcomers and regulars alike and are well attended.

Our Friday morning meditation on the beach and on zoom, has continued and attracted newcomers.

Regular study groups have continued, both on zoom and in person. All are well attended. We have held introductory courses for newcomers in Deal and Canterbury, and also a meditation teacher training course for experienced sangha members.

Sangha meetings in Deal, Canterbury and Margate have continued. Newcomers, including young people, have joined us.

We hold regular women+ and men+ events.

We have celebrated some Buddhist festivals with in-person evening and day events. In addition, we encourage sangha members to join online festivals, retreats and classes held by the wider Triratna Community.

We have held a very successful weekend sangha retreat at a Triratna retreat centre,

		<p>and 2 very successful and well attended weekend “at home” retreats locally, all led by visiting Order members.</p> <p>Our annual Buddhist Action Month event took place in June. The theme was “Sowing seeds of compassion for the world”. Activities included a film night, discussions, meditations and an earth puja.</p> <p>The sangha Lunch Club has continued to be very popular and enabled connections to grow.</p> <p>We have held film nights, showing films with a Buddhist theme, which have proved popular.</p> <p>The Sangha Care Group continues to offer friendship and simple care to people in the sangha in East Kent.</p> <p>It was agreed by the trustees that the year had been successful in working towards our aims and consolidating all that has been achieved so far.</p>
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	<p>Our finances have remained healthy throughout the year. We have received regular and one-off donations from sangha members for classes, retreats and events.</p> <p>Our outgoings have included donations to visiting speakers and Triratna charities approved by the trustees; regular payments to the social media co-ordinator; regular costs such as hire of premises, insurance, zoom and bank charges; payments for the website.</p> <p>The bursary fund has been used once in the year.</p>
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	<p>We hold a reserve of unspent income from a legacy of unrestricted funds. The legacy is used for payments to the social media co-ordinator.</p> <p>Our reserves will give the ability to continue to pay the social media co-ordinator, fund new projects and to manage unforeseen costs or financial difficulties such as a shortfall in income.</p>
Amount of reserves held	Para 1.22	Our reserve of unspent income is within our revised target range of £35,000 - £50,000. The reserves are deposited in 2 bank accounts earning interest.
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal	Para 1.46	

risks facing the charity		
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	The members of the charity trustees may at any time decide to appoint a new charity trustee. The maximum number of trustees is 12.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	TEKBG is part of a worldwide network of Triratna Buddhist centres, groups and practitioners – the Triratna Buddhist Community – all sharing the same aims and objectives. This provides us with both support and access to retreat centres, study materials, teachers, other centres and other Buddhist practitioners with whom we can share and discuss our plans and vision.
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Triratna East Kent Buddhist Group
Other name the charity uses	Deal Buddhist Group
Registered charity number	1188543
Charity's principal address	13 Herschell Square, Deal, Kent CT14 7SH

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Madeline Borland	Safeguarding Officer	3/10/24 – 31/7/25 Remains as Trustee	
2	Richard Gifford			
3	Maddava John	Group Treasurer		
4	Geraldine Moon	Group Secretary		
5	Graham John Patterson			
6	Marilyn Ann Williams	Chair	3/10/24 – 31/7/25 Remains as Trustee	
7	Sara Williams		9/7/25 – present	
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

[illegible]

Name of trustees holding title to property belonging to the charity

[illegible]

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

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Full name(s)

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Position (eg Secretary,
Chair, etc)

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Date

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CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
Triratna East Kent Buddhist Group

No (if any)
1188543

Receipts and payments accounts

CC16a

For the period from	Period start date	To	Period end date
	03/10/2024		02/10/2025

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	11 834	-		11 834	8 941
Sanga retreats	6 047	-		6 047	3 523
Bank interest	834	-	-	834	1 440
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	18 715	-	-	18 715	13 904
A2 Asset and investment sales, (see table).					
	-	-	-	-	
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	18 715	-	-	18 715	13 904
A3 Payments					
Premises fees	4 978	-	-	4 978	3 307
Retreats	3 516	-	-	3 516	3 009
Sanga purchases	288	-	-	288	461
Regular costs, insyrance, zoom	401	-	-	401	527
Social media co-ordinator	8 397	-	-	8 397	5 676
Websiute	-	-	-	-	21
Order member support	-	-	-	-	544
Bank charges	83	-	-	83	68
Donation to Triratna charities	1 650	-	-	1 650	5 950
Bank transfer to Triratna charity					100 000
Sundries	295			295	
Sub total	19 608	-	-	19 608	119 563
A4 Asset and investment purchases, (see table)					
	-	-	-	-	
	-	-	-	-	
Sub total	-	-	-	-	-
Total payments	19 608	-	-	19 608	119 563
Net of receipts/(payments)	- 893	-	-	- 893	- 105 659
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	66 072	-	-	66 072	171 731
Cash funds this year end	65 179	-	-	65 179	66 072

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Triodos current account	6 772	-	-
	Treiodos deposite account	54 703	-	-
	Co-Op Community Directplus account	3 700	-	-
	Total cash funds	65 175	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	