



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From Period start date 3.10.2021
To Period end date. 2.10.2022

Charity name: Triratna East Kent Buddhist Group

Charity registration number: 11885433

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To support the advancement of the Buddhist religion, in particular by: 1. Teaching members of the public the Buddhist practices of mindfulness and meditation. 2. Promoting and teaching Buddhist ethical values thereby enabling people to live more healthy and harmonious lives. 3. Enhancing the understanding and practice of spirituality* in our local community in particular by cooperating with other organisations delivering similar benefits. (*Spirituality being understood as pertaining to life's meaning and purpose.) 4. Supporting ordained members of the Triratna Buddhist Community and others (at the discretion of the CIO), who are working to actively promote the above values and practices.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	We have: Held services of worship and devotion both in person and via zoom. Organised lectures, courses, classes and retreats, both in person and via zoom. Maintained contact and provided information and resources, for example via regular emails, Facebook and Instagram. Raised funds and invited and received contributions. Supported individuals to attend learning events and retreats. Established and maintained

		<p>connections with the local community. Continued to encourage and support people to practise mindfulness and meditation with all their psychological and spiritual benefits.</p> <p>All of our activities are designed to encourage individuals to lead more ethical, purposeful, friendly and compassionate lives; to deepen their understanding and practice of Buddhism through study, friendship and events, and through working with others for the benefit of the local community and environment. Most of our events are offered on a donation basis and, where there is a charge, we have a bursary available to help those in need of support.</p> <p>No Order members are currently receiving ongoing support.</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	<p>The trustees have had regard to the Charity Commission guidance on public benefit when carrying out the charity's activities.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>We have continued to develop the principle aims established last year for our sangha: to attract a younger and more diverse membership; to have a greater community presence.</p> <p>A 'Vision Team' meets frequently to plan and monitor sangha activities and membership, and minutes of meetings go to the trustees.</p> <p>A self-employed 'social media co-ordinator' has been appointed for 8 hours a week to promote our activities. They have created a presence for us on Facebook and Instagram and been instrumental in setting up a website. This publicity has attracted newcomers, including younger people, to many of our events and classes.</p> <p>We have held a regular Saturday morning meditation class, with an optional introduction to Buddhism, in the town centre. This has proved very popular for newcomers and regulars alike and is well attended.</p> <p>Our Friday morning meditation on the beach, also on zoom, has continued and attracted newcomers.</p> <p>The regular year 2 study group and post year 4 study group have continued on zoom. Both are well attended.</p> <p>Our sangha evenings have continued - mostly in person, with one evening per month on zoom. Some new people have joined us.</p> <p>The continued use of zoom for some activities enables participation from a wider sangha membership and from visiting speakers.</p>

		<p>We have celebrated some Buddhist festivals with in-person evening and day events. In addition, sangha members have been able to join online festivals, retreats and classes held by the wider Triratna Community.</p> <p>We held a very successful weekend sangha retreat in February.</p> <p>Our annual Buddhist Action Month event took place in June. The theme was “compassion & connection in times of crisis”. We focussed on: the impact of covid; climate change; and refugees. A sangha member undertook a sponsored walk from Deal to Brighton Buddhist Centre, raising over £1,000 for Kent Refugee Action Network.</p> <p>The sangha Lunch Club has been a very popular new initiative enabling connections to grow.</p> <p>In June, a new group was formed in Canterbury for meditation, teaching and discussion.</p> <p>We explored the idea of expanding our ability to offer care to people in the sangha and community, and decided we would take part in the Local Care Network set up by the Triratna Abhayaratna Trust. This will involve training before it can begin.</p> <p>The trustees also explored, with input from a professional charity fundraiser, how we could use our legacy to set up a Centre. We have decided that we will make a decision next year.</p> <p>It was agreed by the trustees that the year had been successful in working towards our aims, and that we needed a year of consolidation to follow.</p>
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against	Para 1.41	
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objectives set		
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	<p>Our finances have remained healthy throughout the year. The balance of the legacy received from a sangha member last year has been paid into a bank account opened during this year. We have received regular and one-off donations from sangha members for classes, retreats and events.</p> <p>Our outgoings have included donations to visiting speakers and Triratna charities approved by the trustees; regular payments to the social media co-ordinator; regular costs such as hire of premises, insurance, zoom and bank charges; payments for the website and accounts auditing.</p> <p>The bursary fund has been used to pay for Triratna centre retreat and travel costs.</p>
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	<p>We hold a reserve of unspent income from a legacy of unrestricted funds received last year. The legacy has so far only been used for payments to the social media co-ordinator.</p> <p>The trustees have explored, with input from a professional charity fundraiser, how we might use our legacy to set up a Centre. This could not be met from other income. We have decided that we will make a decision next year based on further research into the best possibilities and opportunities for our sangha.</p>
Amount of reserves held	Para 1.22	Our reserve of unspent income is within our target range of £155,000 - £163,000. The reserves are deposited in 2 bank accounts earning interest.
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	The members of the charity trustees may at any time decide to appoint a new charity trustee. The maximum number of trustees is 12.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	TEKBG is part of a worldwide network of Triratna Buddhist centres, groups and practitioners - the Triratna Buddhist Community - all sharing the same aims and objectives. This provides us with both support and access to retreat centres, study materials, teachers, other centres and other Buddhist practitioners with whom we can share and discuss our plans and vision.
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Triratna East Kent Buddhist Group
Other name the charity uses	Deal Buddhist Group
Registered charity	1188543

number	
Charity's principal address	13 Herschell Square, Deal, Kent CT14 7SH

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Madeline Borland	Safeguarding Officer	1.3.22 - 2.10.22	
2	Richard Gifford			
3	Maddava John	Group Treasurer		
4	Geraldine Moon	Group Secretary		
5	Graham John Patterson	Safeguarding Officer	3.10.21 - 1.3.22	
6	Marilyn Ann Williams	Chair		
7				
8				
9				
10				
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12				
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15				
16				
17				
18				
19				
20				

Corporate trustees - names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Declarations

The trustees declare that they have approved the trustees’ report above.

Signed on behalf of the charity’s trustees

Signature(s)

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Full name(s)

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**Position (eg
Secretary, Chair, etc)**

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Date

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CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name	No (if any)
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Receipts and payments accounts

CC16a

For the period from	Period start date 10/3/2021	To	Period end date 10/2/2022
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Sangha evenings & days	4,226	-	-	4,226	6,188
Study classes	315	-	-	315	410
sangha retreats	4,155	-	-	4,155	180
Donations for visiting speakers	392	-	-	392	-
bank interest	124	-	-	124	15
legacy	85,194	-	-	85,194	85,000
	-	-	-	-	-
Sub total (Gross income for AR)	94,406	-	-	94,406	91,793
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	94,406	-	-	94,406	91,793
A3 Payments					
Premises fees	772	-	-	772	-
Retreats	2,659	-	-	2,659	-
Sangha purchases	576	-	-	576	149
Regular costs, facebook, insurance, zoom	526	-	-	526	444
Social Media Co-ordinator	4,380	-	-	4,380	-
Visiting speakers	854	-	-	854	-
Website	600	-	-	600	-
Sundries	43	-	-	43	-
Donations to Triratna charities	550	-	-	550	4,661
Audit	175	-	-	175	-
Support for Order members, convenors	132	-	-	132	546
Refunds	176	-	-	176	-
Bank charges	59	-	-	59	-
Sub total	11,502	-	-	11,502	5,800

A4 Asset and investment purchases, (see table)					
	-	-	-	-	
	-	-	-	-	
Sub total	-	-	-	-	-
Total payments	11,502	-	-	11,502	5,800
Net of receipts/(payments)	82,904	-	-	82,904	85,993
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	94,552	-	-	94,552	8,559
Cash funds this year end	177,456	-	-	177,456	94,552

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Triodos current accountbt	6,688	-	-
	Triodos deposit account	87,789	-	-
	Co-op Community Directplus account	82,979	-	-
	Total cash funds	177,456	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-

B5 Liabilities

		-	-
		-	-
		-	-

Details

	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval



CHARITY COMMISSION FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name

TRIRATNA EAST KENT BUDDHIST GROUP

On accounts for the year
ended

02.10.2022

Charity no
(if any)

11885433

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended DD / MM / YYYY.

Responsibilities and
basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

B. Ransom

Date:

30.05.2023

Name:

MRS B. RANSOM

Relevant professional
qualification(s) or body
(if any):

MI CB

Address:

70 ST. LEONARDS ROAD

DEAL, KENT

CT14 9AY