

TRIRATNA EAST KENT BUDDHIST GROUP

England & Wales · Charity number 1188543

Details

Other names	DEAL BUDDHIST GROUP
Status	Registered
Legal form	CIO
Registered	2020-03-13
Register	View on the Charity Commission register

Contact

Address	13 Herschell Square Walmer Deal Kent CT14 7SH
Phone	01304363118
Email	ekbuddhists@gmail.com
Website	eastkentbuddhistgroup.org

Activities

Objects: THE OBJECT OF THE CIO IS TO SUPPORT THE ADVANCEMENT OF THE BUDDHIST RELIGION, IN PARTICULAR BY: 1.TEACHING MEMBERS OF THE PUBLIC BUDDHIST PRACTICES OF MINDFULNESS AND MEDITATION.2.PROMOTING AND TEACHING BUDDHIST ETHICAL VALUES THEREBY ENABLING PEOPLE TO LIVE MORE HEALTHY AND HARMONIOUS LIVES. 3.ENHANCING THE UNDERSTANDING AND PRACTICE OF SPIRITUALITY* IN OUR LOCAL COMMUNITY IN PARTICULAR BY COOPERATING WITH OTHER ORGANISATIONS DELIVERING SIMILAR BENEFITS. (*SPIRITUALITY BEING UNDERSTOOD AS PERTAINING TO LIFE'S MEANING AND PURPOSE.) 4.SUPPORTING ORDAINED MEMBERS OF THE TRIRATNA BUDDHIST COMMUNITY AND OTHERS (AT THE DISCRETION OF THE CIO), WHO ARE WORKING TO ACTIVELY PROMOTE THE ABOVE VALUES AND PRACTICES

Activities: At the Triratna East Kent Buddhist Group we teach meditation and Buddhism in a way that is relevant to contemporary life. Normally courses and drop-in classes take place in a variety of locations in and around Deal, Canterbury and Margate in East Kent.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Religious Activities
- **Who:** The General Public/mankind

Geography

- Kent

Finances

Period end	Income	Expenditure	Assets	Employees
2025-10-02	£18,715	£19,608	-	-
2024-10-02	£13,904	£119,563	-	-
2023-10-02	£10,378	£16,103	-	-
2022-10-02	£94,406	£11,502	-	-
2021-10-02	£91,793	£5,800	-	-

Trustees

Name	Role	Appointed
Marilyn Ann Williams	Chair	2019-12-03
Geraldine Moon		2018-04-25
Graham John Patterson		2017-08-29
Heather Johnson		2025-11-03
Maddava Janice John		2018-02-21
Richard Gifford		2017-11-14
Roger Alan Phillips		2025-11-03
Sara Ellen Line WILLIAMS		2025-04-02
Thomas Lawrence Akehurst		2025-11-03

TRIRATNA EAST KENT BUDDHIST GROUP

England & Wales - Charity number 1188543

Accounts



Trustees' Annual Report for the period

From Period start date 3.10.2024
To Period end date. 2.10.2025

Charity name: Triratna East Kent Buddhist Group

Charity registration number: 11885433

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>To support the advancement of the Buddhist religion, in particular by:</p> <ol style="list-style-type: none"> 1. Teaching members of the public the Buddhist practices of mindfulness and meditation. 2. Promoting and teaching Buddhist ethical values thereby enabling people to live more healthy and harmonious lives. 3. Enhancing the understanding and practice of spirituality* in our local community in particular by cooperating with other organisations delivering similar benefits. (*Spirituality being understood as pertaining to life's meaning and purpose.) 4. Supporting ordained members of the Triratna Buddhist Community and others (at the discretion of the CIO), who are working to actively promote the above values and practices.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>We have:</p> <p>Held services of worship and devotion. Organised lectures, courses, classes and retreats, both in person and via zoom.</p> <p>Maintained contact and provided information and resources, for example via regular emails, Facebook, Instagram and the website.</p> <p>Invited and received contributions.</p> <p>Supported individuals to attend learning events and retreats.</p> <p>Established and maintained connections with the local community.</p> <p>Continued to encourage and support people to practise mindfulness and meditation with all their psychological and spiritual benefits.</p> <p>All of our activities are designed to</p>

		<p>encourage individuals to lead more ethical, purposeful, friendly and compassionate lives; to deepen their understanding and practice of Buddhism through study, friendship and events, and through working with others for the benefit of the local community and environment. Most of our events are offered on a donation basis and, where there is a charge, we have a bursary available to help those in need of support.</p> <p>No Order members are currently receiving ongoing support.</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	<p>The trustees have had regard to the Charity Commission guidance on public benefit when carrying out the charity's activities.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

Achievements and Performance

	SORP reference	

Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.

Para 1.20

Our Chair stepped down from the role in July 2025. The Vision Team stopped regular meetings from that date.

Our principle aims continue: to attract a younger and more diverse membership, and to have a greater community presence. In addition, our vision now includes: to deepen sangha within the 3 groups; consolidate what has already been achieved; continue to spread the dharma; encourage people to deepen their own practice.

The 3 groups now have a team each to organise activities and events.

A self-employed 'social media co-ordinator' is appointed for 8 hours a week to promote our activities. They have created a presence for us on Facebook and Instagram and been instrumental in setting up a website and keeping it up to date. This publicity has attracted newcomers, including younger people, to many of our events and classes.

We have held weekly meditation classes in Deal, Margate and Canterbury. These have proved very popular for newcomers and regulars alike and are well attended.

Our Friday morning meditation on the beach and on zoom, has continued and attracted newcomers.

Regular study groups have continued, both on zoom and in person. All are well attended. We have held introductory courses for newcomers in Deal and Canterbury, and also a meditation teacher training course for experienced sangha members.

Sangha meetings in Deal, Canterbury and Margate have continued. Newcomers, including young people, have joined us.

We hold regular women+ and men+ events.

We have celebrated some Buddhist festivals with in-person evening and day events. In addition, we encourage sangha members to join online festivals, retreats and classes held by the wider Triratna Community.

We have held a very successful weekend sangha retreat at a Triratna retreat centre,

		<p>and 2 very successful and well attended weekend “at home” retreats locally, all led by visiting Order members.</p> <p>Our annual Buddhist Action Month event took place in June. The theme was “Sowing seeds of compassion for the world”. Activities included a film night, discussions, meditations and an earth puja.</p> <p>The sangha Lunch Club has continued to be very popular and enabled connections to grow.</p> <p>We have held film nights, showing films with a Buddhist theme, which have proved popular.</p> <p>The Sangha Care Group continues to offer friendship and simple care to people in the sangha in East Kent.</p> <p>It was agreed by the trustees that the year had been successful in working towards our aims and consolidating all that has been achieved so far.</p>
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	<p>Our finances have remained healthy throughout the year. We have received regular and one-off donations from sangha members for classes, retreats and events.</p> <p>Our outgoings have included donations to visiting speakers and Triratna charities approved by the trustees; regular payments to the social media co-ordinator; regular costs such as hire of premises, insurance, zoom and bank charges; payments for the website.</p> <p>The bursary fund has been used once in the year.</p>
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	<p>We hold a reserve of unspent income from a legacy of unrestricted funds. The legacy is used for payments to the social media co-ordinator.</p> <p>Our reserves will give the ability to continue to pay the social media co-ordinator, fund new projects and to manage unforeseen costs or financial difficulties such as a shortfall in income.</p>
Amount of reserves held	Para 1.22	Our reserve of unspent income is within our revised target range of £35,000 - £50,000. The reserves are deposited in 2 bank accounts earning interest.
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal	Para 1.46	

risks facing the charity		
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	The members of the charity trustees may at any time decide to appoint a new charity trustee. The maximum number of trustees is 12.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	TEKBG is part of a worldwide network of Triratna Buddhist centres, groups and practitioners – the Triratna Buddhist Community – all sharing the same aims and objectives. This provides us with both support and access to retreat centres, study materials, teachers, other centres and other Buddhist practitioners with whom we can share and discuss our plans and vision.
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Triratna East Kent Buddhist Group
Other name the charity uses	Deal Buddhist Group
Registered charity number	1188543
Charity's principal address	13 Herschell Square, Deal, Kent CT14 7SH

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Madeline Borland	Safeguarding Officer	3/10/24 – 31/7/25 Remains as Trustee	
2	Richard Gifford			
3	Maddava John	Group Treasurer		
4	Geraldine Moon	Group Secretary		
5	Graham John Patterson			
6	Marilyn Ann Williams	Chair	3/10/24 – 31/7/25 Remains as Trustee	
7	Sara Williams		9/7/25 – present	
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Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

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Full name(s)

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Position (eg Secretary,
Chair, etc)

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Date

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CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name Triratna East Kent Buddhist Group	No (if any) 1188543
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Receipts and payments accounts

For the period from	Period start date 03/10/2024	To	Period end date 02/10/2025
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	11 834	-		11 834	8 941
Sanga retreats	6 047	-		6 047	3 523
Bank interest	834	-	-	834	1 440
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	18 715	-	-	18 715	13 904
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	18 715	-	-	18 715	13 904
A3 Payments					
Premises fees	4 978	-	-	4 978	3 307
Retreats	3 516	-	-	3 516	3 009
Sanga purchases	288	-	-	288	461
Regular costs, insyrance, zoom	401	-	-	401	527
Social media co-ordinator	8 397	-	-	8 397	5 676
Websiute	-	-	-	-	21
Order member support	-	-	-	-	544
Bank charges	83	-	-	83	68
Donation to Triratna charities	1 650	-	-	1 650	5 950
Bank transfer to Triratna charity					100 000
Sundries	295			295	
Sub total	19 608	-	-	19 608	119 563
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	19 608	-	-	19 608	119 563
Net of receipts/(payments)	- 893	-	-	- 893	- 105 659
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	66 072	-	-	66 072	171 731
Cash funds this year end	65 179	-	-	65 179	66 072

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Triodos current account	6 772	-	-
	Treiodos deptsit ccount	54 703	-	-
	Co-Op Community Directplus account	3 700	-	-
	Total cash funds	65 175	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	OK	OK

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval

TRIRATNA EAST KENT BUDDHIST GROUP

England & Wales - Charity number 1188543

Accounts



Trustees' Annual Report for the period

From Period start date 3.10.2023
To Period end date. 2.10.2024

Charity name: Triratna East Kent Buddhist Group

Charity registration number: 11885433

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>To support the advancement of the Buddhist religion, in particular by:</p> <ol style="list-style-type: none"> 1. Teaching members of the public the Buddhist practices of mindfulness and meditation. 2. Promoting and teaching Buddhist ethical values thereby enabling people to live more healthy and harmonious lives. 3. Enhancing the understanding and practice of spirituality* in our local community in particular by cooperating with other organisations delivering similar benefits. (*Spirituality being understood as pertaining to life's meaning and purpose.) 4. Supporting ordained members of the Triratna Buddhist Community and others (at the discretion of the CIO), who are working to actively promote the above values and practices.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>We have:</p> <p>Held services of worship and devotion both in person and via zoom.</p> <p>Organised lectures, courses, classes and retreats, both in person and via zoom.</p> <p>Maintained contact and provided information and resources, for example via regular emails, Facebook, Instagram and the website.</p> <p>Invited and received contributions.</p> <p>Supported individuals to attend learning events and retreats.</p> <p>Established and maintained connections with the local community.</p> <p>Continued to encourage and support people to practise mindfulness and meditation with all their psychological and spiritual benefits.</p>

		<p>All of our activities are designed to encourage individuals to lead more ethical, purposeful, friendly and compassionate lives; to deepen their understanding and practice of Buddhism through study, friendship and events, and through working with others for the benefit of the local community and environment. Most of our events are offered on a donation basis and, where there is a charge, we have a bursary available to help those in need of support.</p> <p>No Order members are currently receiving ongoing support.</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	<p>The trustees have had regard to the Charity Commission guidance on public benefit when carrying out the charity's activities.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

Achievements and Performance

	SORP reference	

Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.

Para 1.20

**We have continued to develop and consolidate the principle aims established for our sangha:
to attract a younger and more diverse membership;
to have a greater community presence.**

A 'Vision Team' meets frequently to plan and monitor sangha activities and membership. Minutes of meetings go to the trustees.

A self-employed 'social media co-ordinator' is appointed for 8 hours a week to promote our activities. They have created a presence for us on Facebook and Instagram and been instrumental in setting up a website and keeping it up to date. This publicity has attracted newcomers, including younger people, to many of our events and classes.

We have held weekly meditation classes in Deal, Margate and Canterbury. These have proved very popular for newcomers and regulars alike and are well attended.

Our Friday morning meditation on the beach and on zoom, has continued and attracted newcomers.

Regular study groups have continued, both on zoom and in person. A new class commenced in Canterbury in September. All are well attended.

Sangha meetings in Deal, Canterbury and Margate have continued. Newcomers, including young people, have joined us.

We hold regular women+ and men+ events.

We have celebrated some Buddhist festivals with in-person evening and day events. In addition, we encourage sangha members to join online festivals, retreats and classes held by the wider Triratna Community.

We held 2 very successful weekend sangha retreats – one at a Triratna retreat centre and one 'urban retreat' locally, which was also very successful and another is planned.

Our annual Buddhist Action Month event took place in June. Themes were "How to find a compassionate response to the

		<p>sufferings of the world” and “How can we listen deeply to others when they have a very different point of view to our own.” Activities included a talk & discussion with a representative from the Palestinian Solidarity Campaign, and an event at Brighton Buddhist Centre on the Climate & Ecological emergency.</p> <p>We hosted a Yatra (spiritual procession or pilgrimage) in August, with walking, poetry readings, meditation and a picnic. This was very well attended and another will be planned.</p> <p>The sangha Lunch Club has continued to be very popular and enabled connections to grow.</p> <p>We have held film nights, showing films with a Buddhist theme, which have proved popular.</p> <p>The Sangha Care Group continues to offer friendship and simple care to people in the sangha in East Kent.</p> <p>The trustees decided to use some of our legacy to support a Triratna charity which provides retreats for women training for Ordination. This will benefit women throughout the wider Triratna community as well as the whole community and Order.</p> <p>We have started to prepare for changes in our sangha when the current chair steps down next year. We have discussed a Vision and Way Forward at Vision Team, Trustees’ and sangha meetings.</p> <p>Forward planning is: to deepen sangha within the 3 groups; consolidate what has already been achieved; continue to spread the dharma; encourage people to deepen their own practice.</p> <p>It was agreed by the trustees that the year had been successful in working towards our aims and consolidating all that has been achieved so far.</p>
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
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Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	<p>Our finances have remained healthy throughout the year. We have received regular and one-off donations from sangha members for classes, retreats and events.</p> <p>Our outgoings have included donations to visiting speakers and Triratna charities approved by the trustees; regular payments to the social media co-ordinator; regular costs such as hire of premises, insurance, zoom and bank charges; payments for the website.</p> <p>The bursary fund has been used once in the year.</p>
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	<p>We hold a reserve of unspent income from a legacy of unrestricted funds. The legacy has so far been used for payments to the social media co-ordinator and donations to Tiratanaloka Unlimited for a larger centre for women training for Ordination.</p> <p>We are at the beginning of a year of transition with the possible appointment of a new chair, and our reserves will give the ability to continue to pay the social media co-ordinator, fund new projects and to manage unforeseen costs or financial difficulties such as a shortfall in income.</p>
Amount of reserves held	Para 1.22	Our reserve of unspent income is within our revised target range of £35,000 - £50,000. The reserves are deposited in 2 bank accounts earning interest.
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and	Para 1.46	

objectives including any social investment policy adopted		
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	The members of the charity trustees may at any time decide to appoint a new charity trustee. The maximum number of trustees is 12.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	TEKBG is part of a worldwide network of Triratna Buddhist centres, groups and practitioners – the Triratna Buddhist Community – all sharing the same aims and objectives. This provides us with both support and access to retreat centres, study materials, teachers, other centres and other Buddhist practitioners with whom we can share and discuss our plans and vision.
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Triratna East Kent Buddhist Group
Other name the charity uses	Deal Buddhist Group
Registered charity number	1188543
Charity's principal address	13 Herschell Square, Deal, Kent CT14 7SH

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Madeline Borland	Safeguarding Officer		
2	Richard Gifford			
3	Maddava John	Group Treasurer		
4	Geraldine Moon	Group Secretary		
5	Graham John Patterson			
6	Marilyn Ann Williams	Chair		
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Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

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Full name(s)

--	--

Position (eg Secretary,
Chair, etc)

--	--

Date

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CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name Triratna East Kent Buddhist Group	No (if any)
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Receipts and payments accounts

For the period from	Period start date 10/3/2023	To	Period end date 10/2/2024
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	8,941	-	-	8,941	5,826
Sangha retreats	3,523	-	-	3,523	2,800
Bank interest	1,440	-	-	1,440	1,270
study classes	-	-	-	-	145
refund	-	-	-	-	337
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total(Gross income for AR)	13,904	-	-	13,904	10,378
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	13,904	-	-	13,904	10,378
A3 Payments					
Premises fees	3,307	-	-	3,307	1,662
Retreats	3,009	-	-	3,009	4,161
Sangha purchases	461	-	-	461	307
Regular costs, insurance, zoom	527	-	-	527	507
Social media co-ordinator	5,676	-	-	5,676	5,036
Visiting speakers	-	-	-	-	144
Website	21	-	-	21	-
sundries	-	-	-	-	185
Audit	-	-	-	-	175
Order member support	544	-	-	544	-
Bank error	-	-	-	-	337
Bank charges	68	-	-	68	59
Donations to Triratna charities	5,950	-	-	5,950	3,530
Bank transfer to Triratna charity	100,000	-	-	100,000	-
	-	-	-	-	-
Sub total	119,563	-	-	119,563	16,103
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	119,563	-	-	119,563	16,103
Net of receipts/(payments)	- 105,659	-	-	- 105,659	- 5,725
A5 Transfers between funds					
A6 Cash funds last year end	171,731	-	-	171,731	177,456
Cash funds this year end	66,072	-	-	66,072	171,731

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Triodos current account	2,491	-	-
	Triodos deposti account	30,844	-	-
	Co-op Community Directplus account	32,737	-	-
	Total cash funds	66,072	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval

TRIRATNA EAST KENT BUDDHIST GROUP

England & Wales - Charity number 1188543

Accounts



Trustees' Annual Report for the period

From Period start date 3.10.2022
To Period end date. 2.10.2023

Charity name: Triratna East Kent Buddhist Group

Charity registration number: 11885433

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To support the advancement of the Buddhist religion, in particular by: 1. Teaching members of the public the Buddhist practices of mindfulness and meditation. 2. Promoting and teaching Buddhist ethical values thereby enabling people to live more healthy and harmonious lives. 3. Enhancing the understanding and practice of spirituality* in our local community in particular by cooperating with other organisations delivering similar benefits. (*Spirituality being understood as pertaining to life's meaning and purpose.) 4. Supporting ordained members of the Triratna Buddhist Community and others (at the discretion of the CIO), who are working to actively promote the above values and practices.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	We have: Held services of worship and devotion both in person and via zoom. Organised lectures, courses, classes and retreats, both in person and via zoom. Maintained contact and provided information and resources, for example via regular emails, Facebook and Instagram. Invited and received contributions. Supported individuals to attend learning events and retreats. Established and maintained connections with the local community. Continued to encourage and support people to practise mindfulness and meditation with all their psychological and spiritual benefits.

		<p>All of our activities are designed to encourage individuals to lead more ethical, purposeful, friendly and compassionate lives; to deepen their understanding and practice of Buddhism through study, friendship and events, and through working with others for the benefit of the local community and environment. Most of our events are offered on a donation basis and, where there is a charge, we have a bursary available to help those in need of support.</p> <p>No Order members are currently receiving ongoing support.</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	<p>The trustees have had regard to the Charity Commission guidance on public benefit when carrying out the charity's activities.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

Achievements and Performance

	SORP reference	
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Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.

Para 1.20

We have continued to develop and consolidate the principle aims established for our sangha: to attract a younger and more diverse membership; to have a greater community presence.

A 'Vision Team' meets frequently to plan and monitor sangha activities and membership, and minutes of meetings go to the trustees.

A self-employed 'social media co-ordinator' is appointed for 8 hours a week to promote our activities. They have created a presence for us on Facebook and Instagram and been instrumental in setting up a website and keeping it up to date. This publicity has attracted newcomers, including younger people, to many of our events and classes.

We have held regular Saturday morning meditation classes in Deal and Canterbury. These have proved very popular for newcomers and regulars alike and are well attended.

Our Friday morning meditation on the beach and on zoom, has continued and attracted newcomers.

Regular study groups have continued, both on zoom and in person, and a new Year 1 group commenced in person in July. All are well attended.

Sangha meetings in Deal and Canterbury have continued - mostly in person, with one evening per month on zoom. Some new people have joined us.

The continued use of zoom for some activities enables participation from a wider sangha membership and from visiting speakers.

A new group was formed in Margate in September with a weekly drop-in meditation class and a monthly sangha evening. The group has attracted young people.

We hold regular women+ and men+ events.

We have celebrated some Buddhist festivals with in-person evening and day events. In addition, sangha members

		<p>have been able to join online festivals, retreats and classes held by the wider Triratna Community.</p> <p>We held 2 very successful weekend sangha retreats – in October and May.</p> <p>Our annual Buddhist Action Month event took place in June. The theme was “Climate and Compassion for Ourselves and the Earth”, through reflection, sharing our hopes and fears and taking actions for the good of the earth. Activities included poetry, meditation, talks and a 30-day eco-challenge.</p> <p>The sangha Lunch Club has continued to be very popular and enabled connections to grow.</p> <p>An ‘Art Space’ took place twice a month with varied activities and materials available.</p> <p>A Sangha Care Group formed at the end of the year, offering friendship and simple care to people in the sangha in East Kent.</p> <p>The trustees have explored, with input from a professional charity fundraiser, how we could use our legacy to set up a Centre. We are continuing to consider the viability of this.</p> <p>It was agreed by the trustees that the year had been successful in working towards our aims, and consolidating all that has been achieved so far.</p>
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	

Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	<p>Our finances have remained healthy throughout the year. We have received regular and one-off donations from sangha members for classes, retreats and events.</p> <p>Our outgoings have included donations to visiting speakers and Triratna charities approved by the trustees; regular payments to the social media co-ordinator; regular costs such as hire of premises, insurance, zoom and bank charges; payments for the website and accounts auditing.</p> <p>The bursary fund has been used to pay for Triratna centre retreat and travel costs.</p>
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	<p>We hold a reserve of unspent income from a legacy of unrestricted funds. The legacy has so far been used for payments to the social media co-ordinator and donations to Tiratanaloka Unlimited for a larger centre for women training for Ordination.</p> <p>The trustees have explored, with input from a professional charity fundraiser, how we might use our legacy to set up a Centre. This could not be met from other income. We are continuing to consider the viability of this.</p>
Amount of reserves held	Para 1.22	Our reserve of unspent income is within our revised target range of £140,000 - £150,000. The reserves are deposited in 2 bank accounts earning interest.
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any	Para 1.46	

social investment policy adopted		
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	The members of the charity trustees may at any time decide to appoint a new charity trustee. The maximum number of trustees is 12.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	TEKBG is part of a worldwide network of Triratna Buddhist centres, groups and practitioners – the Triratna Buddhist Community – all sharing the same aims and objectives. This provides us with both support and access to retreat centres, study materials, teachers, other centres and other Buddhist practitioners with whom we can share and discuss our plans and vision.
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Triratna East Kent Buddhist Group
Other name the charity uses	Deal Buddhist Group
Registered charity number	1188543
Charity's principal address	13 Herschell Square, Deal, Kent CT14 7SH

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Madeline Borland	Safeguarding Officer		
2	Richard Gifford			
3	Maddava John	Group Treasurer		
4	Geraldine Moon	Group Secretary		
5	Graham John Patterson			
6	Marilyn Ann Williams	Chair		
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

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Full name(s)

--	--

Position (eg Secretary,
Chair, etc)

--	--

Date

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CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name	No (if any)
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CC16a

Receipts and payments accounts

For the period from	Period start date 10/3/2022	To	Period end date 10/2/2023
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	5,826	-	-	5,826	4,226
Legacy		-	-	-	85,194
Study classes	145	-	-	145	315
Sangha retreats	2,800	-	-	2,800	4,155
Bank interest	1,270	-	-	1,270	124
Refund of bank error	337	-	-	337	-
donations for visiting speakers	-	-	-	-	392
	-	-	-	-	-
Sub total (Gross income for AR)	10,378	-	-	10,378	94,406
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	10,378	-	-	10,378	94,406
A3 Payments					
Premises fees	1,662	-	-	1,662	772
Retreats	4,161	-	-	4,161	2,659
Sangha purchases	307	-	-	307	576
Regular costs, insurance, zoom	507	-	-	507	526
Social Media Co-ordinator	5,036	-	-	5,036	4,380
Visiting speakers	144	-	-	144	854
Website	-	-	-	-	600
Sundries	185	-	-	185	43
Audit	175			175	175
Support Order members, convenors					132
Bank error	337			337	
Bank charges	59			59	59
Refunds					176
Donations to Triratna charities	3,530	-	-	3,530	550
Sub total	16,103	-	-	16,103	11,502
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	16,103	-	-	16,103	11,502
Net of receipts/(payments)	- 5,725	-	-	- 5,725	82,904
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	177,456	-	-	177,456	94,552
Cash funds this year end	171,731	-	-	171,731	177,456

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Triodos current account	1,838	-	-
	Triodos deposit account	83,964	-	-
	Co-op Community Directplus account	85,929	-	-
	Total cash funds	171,731	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval

TRIRATNA EAST KENT BUDDHIST GROUP

England & Wales - Charity number 1188543

Accounts



Trustees' Annual Report for the period

From Period start date 3.10.2021
To Period end date. 2.10.2022

Charity name: Triratna East Kent Buddhist Group

Charity registration number: 11885433

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To support the advancement of the Buddhist religion, in particular by: 1. Teaching members of the public the Buddhist practices of mindfulness and meditation. 2. Promoting and teaching Buddhist ethical values thereby enabling people to live more healthy and harmonious lives. 3. Enhancing the understanding and practice of spirituality* in our local community in particular by cooperating with other organisations delivering similar benefits. (*Spirituality being understood as pertaining to life's meaning and purpose.) 4. Supporting ordained members of the Triratna Buddhist Community and others (at the discretion of the CIO), who are working to actively promote the above values and practices.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	We have: Held services of worship and devotion both in person and via zoom. Organised lectures, courses, classes and retreats, both in person and via zoom. Maintained contact and provided information and resources, for example via regular emails, Facebook and Instagram. Raised funds and invited and received contributions. Supported individuals to attend learning events and retreats. Established and maintained

		<p>connections with the local community. Continued to encourage and support people to practise mindfulness and meditation with all their psychological and spiritual benefits.</p> <p>All of our activities are designed to encourage individuals to lead more ethical, purposeful, friendly and compassionate lives; to deepen their understanding and practice of Buddhism through study, friendship and events, and through working with others for the benefit of the local community and environment. Most of our events are offered on a donation basis and, where there is a charge, we have a bursary available to help those in need of support.</p> <p>No Order members are currently receiving ongoing support.</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	<p>The trustees have had regard to the Charity Commission guidance on public benefit when carrying out the charity's activities.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

Achievements and Performance

	SORP reference	
<p>Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.</p>	<p>Para 1.20</p>	<p>We have continued to develop the principle aims established last year for our sangha: to attract a younger and more diverse membership; to have a greater community presence.</p> <p>A 'Vision Team' meets frequently to plan and monitor sangha activities and membership, and minutes of meetings go to the trustees.</p> <p>A self-employed 'social media co-ordinator' has been appointed for 8 hours a week to promote our activities. They have created a presence for us on Facebook and Instagram and been instrumental in setting up a website. This publicity has attracted newcomers, including younger people, to many of our events and classes.</p> <p>We have held a regular Saturday morning meditation class, with an optional introduction to Buddhism, in the town centre. This has proved very popular for newcomers and regulars alike and is well attended.</p> <p>Our Friday morning meditation on the beach, also on zoom, has continued and attracted newcomers.</p> <p>The regular year 2 study group and post year 4 study group have continued on zoom. Both are well attended.</p> <p>Our sangha evenings have continued - mostly in person, with one evening per month on zoom. Some new people have joined us.</p> <p>The continued use of zoom for some activities enables participation from a wider sangha membership and from visiting speakers.</p>

		<p>We have celebrated some Buddhist festivals with in-person evening and day events. In addition, sangha members have been able to join online festivals, retreats and classes held by the wider Triratna Community.</p> <p>We held a very successful weekend sangha retreat in February.</p> <p>Our annual Buddhist Action Month event took place in June. The theme was “compassion & connection in times of crisis”. We focussed on: the impact of covid; climate change; and refugees. A sangha member undertook a sponsored walk from Deal to Brighton Buddhist Centre, raising over £1,000 for Kent Refugee Action Network.</p> <p>The sangha Lunch Club has been a very popular new initiative enabling connections to grow.</p> <p>In June, a new group was formed in Canterbury for meditation, teaching and discussion.</p> <p>We explored the idea of expanding our ability to offer care to people in the sangha and community, and decided we would take part in the Local Care Network set up by the Triratna Abhayaratna Trust. This will involve training before it can begin.</p> <p>The trustees also explored, with input from a professional charity fundraiser, how we could use our legacy to set up a Centre. We have decided that we will make a decision next year.</p> <p>It was agreed by the trustees that the year had been successful in working towards our aims, and that we needed a year of consolidation to follow.</p>
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against	Para 1.41	
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objectives set		
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	<p>Our finances have remained healthy throughout the year. The balance of the legacy received from a sangha member last year has been paid into a bank account opened during this year. We have received regular and one-off donations from sangha members for classes, retreats and events.</p> <p>Our outgoings have included donations to visiting speakers and Triratna charities approved by the trustees; regular payments to the social media co-ordinator; regular costs such as hire of premises, insurance, zoom and bank charges; payments for the website and accounts auditing.</p> <p>The bursary fund has been used to pay for Triratna centre retreat and travel costs.</p>
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	<p>We hold a reserve of unspent income from a legacy of unrestricted funds received last year. The legacy has so far only been used for payments to the social media co-ordinator.</p> <p>The trustees have explored, with input from a professional charity fundraiser, how we might use our legacy to set up a Centre. This could not be met from other income. We have decided that we will make a decision next year based on further research into the best possibilities and opportunities for our sangha.</p>
Amount of reserves held	Para 1.22	Our reserve of unspent income is within our target range of £155,000 - £163,000. The reserves are deposited in 2 bank accounts earning interest.
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A

Additional information (optional)

You may choose to include further statements where relevant about:

<p>The charity's principal sources of funds (including any fundraising)</p>	<p>Para 1.47</p>	
<p>Investment policy and objectives including any social investment policy adopted</p>	<p>Para 1.46</p>	
<p>A description of the principal risks facing the charity</p>	<p>Para 1.46</p>	
<p>Other</p>		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	The members of the charity trustees may at any time decide to appoint a new charity trustee. The maximum number of trustees is 12.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	TEKBG is part of a worldwide network of Triratna Buddhist centres, groups and practitioners - the Triratna Buddhist Community - all sharing the same aims and objectives. This provides us with both support and access to retreat centres, study materials, teachers, other centres and other Buddhist practitioners with whom we can share and discuss our plans and vision.
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Triratna East Kent Buddhist Group
Other name the charity uses	Deal Buddhist Group
Registered charity	1188543

number	
Charity's principal address	13 Herschell Square, Deal, Kent CT14 7SH

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Madeline Borland	Safeguarding Officer	1.3.22 - 2.10.22	
2	Richard Gifford			
3	Maddava John	Group Treasurer		
4	Geraldine Moon	Group Secretary		
5	Graham John Patterson	Safeguarding Officer	3.10.21 - 1.3.22	
6	Marilyn Ann Williams	Chair		
7				
8				
9				
10				
11				
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13				
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15				
16				
17				
18				
19				
20				

Corporate trustees - names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

--	--

Full name(s)

--	--

Position (eg
Secretary, Chair, etc)

--	--

Date

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CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name	No (if any)
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CC16a

Receipts and payments accounts

For the period from	Period start date 10/3/2021	To	Period end date 10/2/2022
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Sangha evenings & days	4,226	-	-	4,226	6,188
Study classes	315	-	-	315	410
sangha retreats	4,155	-	-	4,155	180
Donations for visiting speakers	392	-	-	392	-
bank interest	124	-	-	124	15
legacy	85,194	-	-	85,194	85,000
	-	-	-	-	-
Sub total (Gross income for AR)	94,406	-	-	94,406	91,793
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	94,406	-	-	94,406	91,793
A3 Payments					
Premises fees	772	-	-	772	-
Retreats	2,659	-	-	2,659	-
Sangha purchases	576	-	-	576	149
Regular costs, facebook, insurance, zoom	526	-	-	526	444
Social Media Co-ordinator	4,380	-	-	4,380	-
Visiting speakers	854	-	-	854	-
Website	600	-	-	600	-
Sundries	43	-	-	43	-
Donations to Triratna charities	550	-	-	550	4,661
Audit	175	-	-	175	-
Support for Order members, convenors	132	-	-	132	546
Refunds	176	-	-	176	-
Bank charges	59	-	-	59	-
Sub total	11,502	-	-	11,502	5,800

A4 Asset and investment purchases, (see table)					
	-	-	-	-	
	-	-	-	-	
Sub total	-	-	-	-	-
Total payments	11,502	-	-	11,502	5,800
Net of receipts/(payments)	82,904	-	-	82,904	85,993
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	94,552	-	-	94,552	8,559
Cash funds this year end	177,456	-	-	177,456	94,552

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Triodos current account	6,688	-	-
	Triodos deposit account	87,789	-	-
	Co-op Community Directplus account	82,979	-	-
	Total cash funds	177,456	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details	to nearest £	to nearest £	to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-

		-	-
		-	-
		-	-

B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval



Section A

Independent Examiner's Report

Report to the trustees/ members of

Charity Name: TRIRATNA EAST KENT BUDDHIST GROUP

On accounts for the year ended

02.10.2022 Charity no (if any): 11885433

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended DD / MM / YYYY.

Responsibilities and basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed: B. Ransom

Date: 30.05.2023

Name: MRS B. RANSOM

Relevant professional qualification(s) or body (if any):

m i e b

Address:

70 ST. LEONARDS ROAD
DEAL, KENT
CT14 9AY

TRIRATNA EAST KENT BUDDHIST GROUP

England & Wales - Charity number 1188543

Accounts



Trustees' Annual Report for the period

From 03.10.2020 Period start date
To 02.10.2021 Period end date

Charity name: **Triratna East Kent Buddhist Group**

Charity registration number: **1188543**

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>The purpose of the charity is to support the advancement of the Buddhist religion, in particular by:</p> <ol style="list-style-type: none">1. Teaching members of the public the Buddhist practices of mindfulness and meditation.2. Promoting and teaching Buddhist ethical values, thereby enabling people to live more healthy and harmonious lives.3. Enhancing the understanding and practice of spirituality* in our local community, in particular by co-operating with other organisations delivering similar benefits. (*spirituality being understood as pertaining to life's meaning and purpose.)4. Supporting ordained members of the Triratna Buddhist Community and others (at the discretion of the charity), who are working to actively promote the above values and practices.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>We have carried out the following activities during the year to further the charity's purposes for the public benefit.</p> <p>Held services of worship and devotion both in person and when that was not possible, via zoom.</p> <p>Organised lectures, courses, classes and retreats, both in person and when that was not possible, via zoom.</p>

		<p>Maintained contact and provided information and resources primarily online, for example via regular emails and Facebook and Instagram.</p> <p>Raised funds and invited and received contributions.</p> <p>Supported individuals to attend learning events and retreats, both online and in person.</p> <p>Established and maintained connections with the local community.</p> <p>Continued to encourage and support people to practise mindfulness and meditation, with all their psychological and spiritual benefits.</p> <p>All our activities are designed to encourage individuals to lead more ethical purposeful, friendly and compassionate lives; to deepen their understanding and practice of Buddhism through study, friendship and events, and through working with others for the benefit of the local community and environment. Most of our events are offered on a donation basis and, where there is a charge, we have a bursary available to help those in need of support.</p> <p>No Order members are currently receiving ongoing support.</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	We have carried out the charity's activities with regard to the Charity Commission's guidance on public benefit.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	

Contribution made by volunteers	Para 1.38	
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>A new vision for our sangha was established during the year. After consultation with the whole sangha, two principle aims were recognised: to attract a younger and more diverse membership; and to have a greater community presence. A 'Vision Team' have been taking these aims forward with further consultation with sangha members and the establishment of a larger team to develop different areas, including social media, newcomers' courses and classes, website design and publicity. The trustees receive minutes of the Vision Team meetings. There is energy and enthusiasm in the sangha for our vision, and also connection with the wider Triratna Community to share ideas and experience.</p> <p>We continued using zoom for much of the year for our sangha events. A positive outcome of this was the inclusion of people from a wider geographical area, and others who find it difficult to attend in-person events for various reasons. Newcomers have been able to find us on zoom and connect with our teaching and practice events.</p> <p>Zoom continues to enable connections with the wider Triratna community in the UK and internationally. Many sangha members have taken part in online retreats, classes and other events with hundreds of others from our worldwide community.</p> <p>Once we were able to meet in person, we alternated weekly in-person and online Sangha evenings to cater for all preferences and abilities, and both were well attended. We have also held other in-person events, including a Mitra Ceremony.</p>

		<p>We continued to be able to invite high profile visiting speakers from other parts of the UK and abroad to lead events on zoom.</p> <p>Our weekday online lunchtime drop-in sessions were discontinued during the year, and an online Saturday morning meditation and Buddhism class aimed for newcomers and regulars, took place for several months. This attracted several newcomers who continued to attend our regular sangha events.</p> <p>Regular study groups continued throughout the year. A first-year study group was completed in the summer, and most participants continued to a second year. Three people from this study group became mitras (friends of the community) during the year.</p> <p>Our annual Buddhist Action Month event took place in June. The theme was "Speaking up in a Troubled World". Sangha members made personal pledges in line with environmental concerns and Buddhist ethical values. We made connections with local environmental groups for activities during the month, including Deal with It and East Kent Climate Action. These connections continued, offering the advantages of shared understanding, ethical values and practice, a sharing of resources, networking, and a greater presence in the community. During the month we held a very successful and inspiring fund-raising event for the Indian Sangha, connecting with them via zoom for talks and discussions. We fundraised £3,000 and sent it via Future Dharma Fund for the Indian sangha.</p> <p>Triratna Order members have been supported as necessary to attend events and retreats. Two members of our sangha were ordained; one preceptor was supported financially to attend the Ordination retreat.</p>
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
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Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	<p>Our finances have been healthy throughout the year. We have received regular standing orders from sangha members, one off donations for specific events and also a legacy of £166,000 from a sangha member. £85,000 of this was paid into our savings account in June, and £81,000 remained with the Executors awaiting the opening of another bank account.</p> <p>Our outgoings have included donations to visiting speakers, Triratna retreat centres, groups and organisations; charitable payments; one off payments such as web page, zoom and insurance; and bank charges. All donations are approved by the Trustees. It was agreed to send a 'thank you' email to sangha members noting to whom we have donated during the year.</p> <p>The bursary is not often used. It is offered to sangha members to go on retreat to Triratna centres when the retreat is on a payment basis, and also for travel costs. It is not used for dana requests.</p>
Statement explaining the	Para 1.22	We hold a reserve of unspent income

policy for holding reserves stating why they are held		<p>from a legacy of unrestricted funds received during the year. We intend to use this as deposit for the purchase or for rental of a centre for our charity activities. This could not be met from other income.</p> <p>A centre will further the objects of our CIO to support the advancement of the Buddhist religion, help us be more visible in the community and attract a more diverse and younger age group.</p> <p>We will spend our reserves after researching the property market and opportunities for growth in our activities.</p>
Amount of reserves held	Para 1.22	We hold a reserve of unspent income with a target range of £155,000 - £163,000. This is from a legacy of unrestricted funds received during the year. The reserves are deposited in bank accounts earning interest.
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

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Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	The members of the charity trustees may at any time decide to appoint a new charity trustee. The maximum number of trustees is 12.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	TEKBG is part of a worldwide network of Triratna Buddhist Centres, Groups and practitioners - the Triratna Buddhist Community - all sharing the same aims and objectives. This provides us with both support and access to retreat centres, study materials, teachers, other centres and other Buddhist practitioners with whom we can share and discuss our plans and vision.
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Triratna East Kent Buddhist Group
Other name the charity	Deal Buddhist Group

uses	
Registered charity number	1188543
Charity's principal address	13 Herschell Square Deal, Kent CT14 7SH

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Madeline Borland	Chair Trustee	3.10.20 - 14.9.21 For whole year.	
2	Graham John Patterson	Safeguarding Officer		
3	Philippa Kelsall	Group Treasurer	3.10.20 - 1.7.21	
4	Carolyn Edwards		3.10.20 - 1.7.21	
5	Geraldine Moon	Group Secretary		
6	Richard Gifford			
7	Janice John	Group Treasurer Trustee	1.7.21 - 2.10.21 For whole year	
8	Marilyn Ann Williams	Chair Trustee	15.9.21 - 2.10.21 For whole year	
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Corporate trustees - names of the directors at the date the report was approved

Director name		
N/A		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
N/A		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

--	--

Full name(s)

--	--

Position (eg
Secretary, Chair, etc)

--	--

Date

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CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name	No (if any)
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Receipts and payments accounts

For the period from	Period start date 10/3/2020	To	Period end date 10/2/2021
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £
A1 Receipts				
Regular standing orders	3,765	-	-	3,765
Sangha retreats	180	-	-	180
Sangha evenings and days	2,161	-	-	2,161
Study classes	410	-	-	410
Women's/men's events	262	-	-	262
Legacy	85,000	-	-	85,000
Interest	15	-	-	15
Other courses, classes, miscellaneous	-	-	-	-
Sub total (Gross income for AR)	91,793	-	-	91,793
A2 Asset and investment sales, (see table).				
	-	-	-	-
	-	-	-	-
Sub total	-	-	-	-
Total receipts	91,793	-	-	91,793
A3 Payments				
Premises fees	-	-	-	-
Retreat venue fees	-	-	-	-
Travel and accommodation expenses	-	-	-	-
Purchases for events/sangha	149	-	-	149
Refunds	-	-	-	-
Regular costs - insurance, zoom, etc	444	-	-	444
Donatons to other Triratna charities	4,661	-	-	4,661
Support for Ordination/mitra convenors etc	546	-	-	546
	-	-	-	-
Sub total	5,800	-	-	5,800
A4 Asset and investment purchases, (see table)				
	-	-	-	-
	-	-	-	-
Sub total	-	-	-	-
Total payments	5,800	-	-	5,800
Net of receipts/(payments)	85,993	-	-	85,993
A5 Transfers between funds		-	-	-
A6 Cash funds last year end	8,559	-	-	8,559
Cash funds this year end	94,552	-	-	94,552

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £
B1 Cash funds	Current account	6,884	-
	Savings account	87,668	-
		-	-
	Total cash funds	94,552	-
	(agree balances with receipts and payments account(s))	OK	OK

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £
B2 Other monetary assets		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

Categories	Details	Fund to which asset belongs	Cost (optional)
B3 Investment assets			-
			-
			-
			-
			-

Categories	Details	Fund to which asset belongs	Cost (optional)
B4 Assets retained for the charity's own use			-
			-
			-
			-
			-
			-
			-
			-
			-

Categories	Details	Fund to which liability relates	Amount due (optional)
B5 Liabilities			-
			-
			-
			-
			-

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name

CC16a

**Last year
to the nearest £**

2,650
308
1,478
96
187
-
13
1,031
5,763

-
-
-

5,763

864
275
227
284
50
1,008
310
1,134
-
4,152

-
-
-

4,152

1,610
-
6,949
8,559



Endowment funds

to nearest £

-
-
-
-

OK

Endowment funds

to nearest £

-
-
-
-
-
-

Current value (optional)

-
-
-
-
-

Current value (optional)

-
-
-
-
-
-
-
-
-

When due (optional)

Date of approval



Section A

Independent Examiner's Report

Report to the trustees/
members of

On accounts for the year ended Charity no (if any)

Set out on pages

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended

Responsibilities and basis of report As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed: Date:

Name:

Relevant professional qualification(s) or body (if any):

Address: