

LESOTHO RUGBY ACADEMY

REGISTERED CHARITY, NO: 1188458



Trustees' Annual Report & Statement of Financial Activity

for the Year Ended 31 December 2024

Trustees

Dan Aylward-Mills

Andrew Barton

Iain Richards

Ruth Aylward

John Stephen Lloyd

Nick Macey

LESOTHO RUGBY ACADEMY

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1 Reference and Administration Details

1.1 Charity Name & Registration

Lesotho Rugby Academy

The charity is a Charitable Incorporated Organisation, registration no: 1188458, registered with the Charity Commission on 10 March 2020.

The charity is registered with HM Revenue & Customs

1.2 Charity's Address

45 Holland Villas Road

London

W14 8DH

e-mail: dan.c.aylward@gmail.com

website: www.lesothorugbyacademy.org

1.3 Names of the Trustees Who Manage the Charity

	<i>Appointed</i>	<i>Resigned</i>
Dan Aylward-Mills	10 March 2020	-
Andrew Barton	10 March 2020	-
Iain Richards	10 March 2020	-
Ruth Aylward	10 March 2020	-
John Stephen Lloyd	10 March 2020	-
Nick Macey	12 February 2025	-

1.4 Names of Advisors & Senior Members of Staff

None

1.5 Bank

Natwest Westminster Bank PLC, 250 Bishopsgate, London, EC2M 4AA

PayPal (Europe), S.à r.l. et Cie, S.C.A., 22-24 Boulevard Royal, L-2449 Luxembourg

2 Structure, Governance & Management

2.1 Type of Governing Document

Constitution – based on the Charity Commission's model governing document for Foundation Charitable Incorporated Organisations, ie: where the Trustees are the only Members of the charity.

2.2 Charitable Objects

As defined in Lesotho Rugby Academy's Constitution (Governing Document):

The object of Lesotho Rugby Academy is to act as a resource for young people living in Lesotho by providing assistance, training and grants and organising programmes of physical, educational and

other activities, in particular but not exclusively through sessions devoted to the sport of rugby, as a means of:

- a) Advancing in life and helping young people by developing their skills, capacities, capabilities to enable them to participate in society as independent, mature and responsible individuals;
- b) Providing recreational and leisure time activity in the interests of social welfare for people living in the area of benefit who have need by reason of their youth, age, infirmity or disability, poverty or social and economic circumstances with a view to improving the conditions of life of such persons.

2.3 Trustee Selection Methods

There must be at least three charity trustees. The maximum number of trustees is 12.

In accordance with the Constitution, Trustees are appointed or re-appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees.

In appointing Trustees due consideration is given to ensuring that the Trustees have, between them, the skills and experience necessary to manage the charity effectively and in accordance with charity law.

3 Activities

3.1 Statutory Declaration

The Trustees of Small Charity Support confirm that they have paid due regard to the guidance issued by the Charity Commission on public benefit in deciding what activities the charity should undertake.

4 Achievements & Performance

4.1 Outputs and Outcomes for the Charity's Beneficiaries

Expansion and Engagement: 2024 marked a year of remarkable expansion and community engagement for the Lesotho Rugby Academy. Building on its tenth anniversary, the Academy broadened its reach across multiple districts, Botha-Bothe, Leribe, Berea, Mohale's Hoek, and Qacha's Nek, strengthening ties with schools and introducing rugby to new communities. By extending the training programme from a short-term cycle to a six-month development session, the Academy was able to engage a larger and more consistent cohort of learners, both male and female. Participation numbers increased significantly, with new school teams joining local leagues and tournaments, including the Econet Rugby League and the Five Star Rugby Memorial Tournament.

Life Skills and Academic Support: Through structured coaching and mentorship, participants reported improvements in teamwork, leadership, and self-esteem, qualities that translated into better academic focus and reduced behavioural challenges. The programme continued to provide a constructive alternative to risky behaviours, helping address issues such as substance abuse and early sexual engagement among youth.

Teacher Training and Community Building: Capacity building for coaches and educators was another major achievement. The Academy collaborated closely with the Federation of Lesotho Rugby (FLR) to deliver two coaching workshops in Botha-Bothe and Qacha's Nek reaching over 87 participants (38 men and 49 women). These sessions improved technical knowledge, coaching consistency, and child safeguarding awareness, ensuring sustainability of the Academy's programs at school level.

Challenges and Adaptability: While 2024 was a year of growth, it also presented logistical challenges, including school calendar changes and limited teacher engagement in certain schools. However, the team's commitment to flexibility, community communication and adaptive scheduling ensured that learning and training continued throughout.

Future Goals: Looking ahead, LRA aims to build on this year's momentum with an even broader vision. Priorities for 2025 include deepening grassroots participation through increasing the number of learners and partner schools, and developing community rugby initiatives to keep young people engaged all year-round. Through these initiatives and more, LRA will continue to deliver a positive impact, and build confident, disciplined and resilient children who are equipped to succeed in sport, education and life.

4.2 How the Public Have Benefitted.

The Lesotho Rugby Academy's programme visited schools in disadvantaged areas across Lesotho, providing an opportunity for children to participate in sporting activities whilst also learning important life skills. Throughout this time the programme taught basic rules and the skills of rugby, and the three pillars that any rugby player should live by: communication, commitment and respect. Each session informs children about, and encourages them to discuss, important life skills and socially sensitive issues including gender equality, good nutrition, protection from HIV and AIDS, and how to live a healthy responsible lifestyle. Overall 3,093 children participated across 47 schools.

All schools which participated in the programme demonstrated an improved understanding amongst children of important aspects of healthy and responsible lifestyles.

4.3 Contributing to Activities Run by Other Organisations

Lesotho Rugby Academy contributes funding to other organisations in order to aid delivery of our programme. For 2024, as in previous years, our main delivery partner was Dolen Cymru (Charity registration number: 1143448), who provide programme management oversight in Lesotho. Dolen Cymru manages the finances for the programme (including transfer of funds to Lesotho and disbursement on a monthly basis), monitors the programme – including through its in-country staff, promotes the programme amongst potential sponsors and provides additional governance reassurance thanks to its established ABC, safeguarding, whistleblowing and expenses policies. It establishes linkages between schools in Lesotho and the UK which the rugby programme 'piggybacks'. It also provides some capacity building to the delivery team.

Lesotho Rugby Academy expects to continue to partner with Dolen Cymru in 2025, but has the right to change delivery partner at any time.

4.4 Trustee Development

Trustees are encouraged to participate in development opportunities as and when appropriate.

5 Financial Review

5.1 Details of Any Funds Materially in Deficit

The Charity has no funds which are materially in deficit.

5.2 Policy on Reserves

The Charity's policy on reserves is to generate and maintain a balance which is sufficient:

- a) to preserve the financial viability of the Charity in the event that unforeseen and/or unavoidable circumstance precipitate a short-term fall in its income;

- b) to enable the Charity, in the interests of meeting its objectives, to undertake from time to time the setting up of new and innovative projects on a pilot basis to demonstrate the viability and potential benefits of such activities as a precursor to securing the external funding necessary to maintain such projects on an on-going basis.

For these purposes the Charity will endeavour to generate and maintain reserves equal to at least one year of its annual turnover.

5.3 Principal Sources of Funding and Outgoings

Fundraising in 2024 increased to £16,270 (2023: £13,373) as a result of several extra donations in the year. Lesotho Rugby Academy continues to work to achieve a sustainable funding base and in 2024, all of our funding came from small charitable donations.

Expenses for 2024 increased to £18,478 (2023: £15,129). This was predominantly due to a rise in staff costs in Lesotho in the year. Expenses represent costs in Lesotho on the day-to-day running of the programme.

5.4 Remuneration of Trustees

All Trustees act in a voluntary capacity and receive no remuneration or other material benefits from their services to the Charity.

Out-of-pocket expenses necessarily and reasonably incurred by Trustees in promoting the purposes of the Charity are reimbursed at cost.

5.5 Financial Status

Though modest, Lesotho Rugby Academy's current resources from unrestricted donations are more than sufficient to meet its outgoings for at least the next year.

All the indications are that this will remain the case for the foreseeable future.

5.6 Statutory Statements on Liabilities

The Trustees declare that:

- ✓ The charity has given no guarantees where potential liability under the guarantee is outstanding at the date of this statement (*eg*: any outstanding/ongoing contract or legal undertaking to buy or provide specific services);
- ✓ The charity has no debt outstanding at the date of this statement which is owed by the CIO and which is secured by an express charge on any assets of the CIO (*eg*: a mortgage on property owned by the charity);

Approved by the Trustees and signed on their behalf,



Andrew Barton (Trustee)

30/10/2025

6 Statement of Financial Activity

6.1 Receipts & Payments Accounts for the Financial Year Ended 31-Dec-24

6.1.1 Receipts & Payments

	Current Financial Year, Jan'24-Dec'24			Last Year
	Unrestr'd Funds £	Restricted Funds £	Total £	Total £
A1 - RECEIPTS				
Voluntary Income	16,270		16,270	13,373
Charitable Income	0		0	0
Other Receipts	0		0	0
	<u>16,270</u>	<u>0</u>	<u>16,270</u>	<u>13,373</u>
A1 - ASSETS & INVESTMENTS				
Sale of Investments	0		0	0
Sale of Assets	0		0	0
	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>
TOTAL RECEIPTS	16,270	0	16,270	13,373
A3 - PAYMENTS				
Generating Funds	-918		-918	-29
Charitable Activities	-17,560		-17,560	-15,100
Support Costs	0		0	0
Other Payments	0		0	0
	<u>-18,478</u>	<u>0</u>	<u>-18,478</u>	<u>-15,129</u>
A4 - ASSETS & INVESTMENTS				
Purchase of Investments	0		0	0
Purchase of Assets	0		0	0
	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>
TOTAL PAYMENTS	-18,478	0	-18,478	-15,129
NET OF RECEIPTS-PAYMENTS	-2,208	0	-2,208	-1,756
A5 - Transfers Between Funds	0	0	0	0
NET AFTER TRANSFERS	-2,208	0	-2,208	-1,756

6.1.2 Summary of Receipts & Payments Accounts

	Current Financial Year, Jan'24-Dec'24			Last Year
	Unrestr'd Funds £	Restricted Funds £	Total £	Total £
Actual Funds Brought Forward	37,931	-	37,931	39,687
Movement After Transfers	-2,208	0	-2,208	-1,756
Total Funds Carried Forward	35,723	0	35,723	37,931

6.1.3 Statement of Assets and Liabilities

Cash Assets	Bt'Fwd at 01-Jan-2024	Receipts in Period	Payments in Period	Transfers in Period	Cd'Fwd at 31-Dec-24
Cash at Bank & in Hand					
Bank, Current Account	23,750	14,895	-18,449	0	20,196
PayPal Account	14,181	1,375	-29	0	15,527
Actual Cash Assets	37,931	16,270	-18,478	0	35,723
Owed to Charity {Overdue Receipts}	0				0
Owed by Charity {Overdue Payments}	0				0
Net Cash Assets	37,931				35,723

	As at 31-Dec-24			Last Year
	General Funds £	Restricted Funds £	Total £	Total £
B1 - Cash Assets				
General Fund	35,723		35,723	37,931
Net Payments in Advance	0		0	0
Designated Funds	0		0	0
Total Unrestricted Funds			35,723	37,931
Restricted Funds				
None		0		0
Total Restricted Funds			0	0
Total Cash Funds			35,723	37,931
B2 - Money Owed to the Charity {Other Monetary Assets}			0	0
B5 - Money Owed by the Charity {Liabilities}			0	0
Net Cash Assets			35,723	37,931
B3 - Investment assets				
	0	0	0	0
B4 - Assets retained for charity's own use.				
	0	0	0	0
Total Current Funds			35,723	37,931
Total Funds (net of liabilities)			35,723	37,931

6.1.4 Approval of the Board of Trustees

The Trustees declare that they have approved the above Annual Report & Statement of Financial Activity.

Signed on behalf of the Trustees



Andrew Barton (Trustee)

30/10/2025

6.2 Notes to the Accounts

- a) Accounting Policies
The financial statements have been prepared in accordance with the Charities Act 2011 Section 133, using the Receipts and Payments basis available to small charities and the charity's accounts spreadsheet.
- b) Reimbursement of Out-of-Pocket Expenses
Out-of-pocket expenses incurred necessarily, reasonably and incidentally in the course the charity's activities are reimbursed at cost.
No Trustees received any reimbursement of out-of-pocket expenses in the financial year.
- c) Salaries & Professional Fees
No trustee receives any payments for the services they provide to the charity.
In the current financial year the charity employed no staff or external contractors;
- d) Fixed Assets
The charity has not purchased or disposed of any fixed assets in the current financial year;
- e) Creditors & Debtors
Cheques for goods or services purchased, or invoices for goods or services delivered, which are issued prior to the end of the financial year but not appearing in the end of financial year bank statement are reported as outstanding creditors or debtors respectively.
- f) Rounding Discrepancies
All amounts are recorded to the penny, but in these accounts are shown as digitally rounded to the nearest pound. This can occasionally result in a total apparently not being the sum of its constituent amounts. All individual amounts, and their totals, are nevertheless correct.