

LESOTHO RUGBY ACADEMY

England & Wales · Charity number 1188458

Details

Status Registered

Legal form CIO

Registered 2020-03-10

Register [View on the Charity Commission register](#)

Contact

Address 45 Holland Villas Road
London
W14 8DH

Phone +447557316505

Email dan.c.aylward@gmail.com

Website <https://www.lesothorugbyacademy.org/>

Activities

Objects: THE OBJECT OF THE CIO IS:TO ACT AS A RESOURCE FOR YOUNG PEOPLE LIVING IN LESOTHO BY PROVIDING ASSISTANCE, TRAINING AND GRANTS AND ORGANISING PROGRAMMES OF PHYSICAL, EDUCATIONAL AND OTHER ACTIVITIES, IN PARTICULAR BUT NOT EXCLUSIVELY THROUGH SESSIONS DEVOTED TO THE SPORT OF RUGBY, AS A MEANS OF:A) ADVANCING IN LIFE AND HELPING YOUNG PEOPLE BY DEVELOPING THEIR SKILLS, CAPACITIES, CAPABILITIES TO ENABLE THEM TO PARTICIPATE IN SOCIETY AS INDEPENDENT, MATURE AND RESPONSIBLE INDIVIDUALS;B) PROVIDING RECREATIONAL AND LEISURE TIME ACTIVITY IN THE INTERESTS OF SOCIAL WELFARE FOR PEOPLE LIVING IN THE AREA OF BENEFIT WHO HAVE NEED BY REASON OF THEIR YOUTH, AGE, INFIRMITY OR DISABILITY, POVERTY OR SOCIAL AND ECONOMIC CIRCUMSTANCES WITH A VIEW TO IMPROVING THE CONDITIONS OF LIFE OF SUCH PERSONS.

Activities: The aim of the charity is simple:1) To support and educate vulnerable children and adolescents through open group sessions;2) To share our enthusiasm for a sport that provides inspiration, focus and a support network, in a country with few opportunities for young people.3) To produce a top quality future generation of Lesotho rugby players, and to place Lesotho rugby on the map

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Education/training, Amateur Sport, Human Rights/religious Or Racial Harmony/equality Or Diversity
- **Who:** Children/young People, People Of A Particular Ethnic Or Racial Origin, Other Charities Or Voluntary Bodies

Geography

- Lesotho

Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£16,270	£18,478	-	-
2023-12-31	£13,373	£15,129	-	-
2022-12-31	£4,323	£11,267	-	-
2021-12-31	£5,604	£1,031	-	-
2020-12-31	£22,422	£13,108	-	-

Trustees

Name	Role	Appointed
Andrew Barton		2020-03-10
DAN AYLWARD-MILLS		2020-03-10
Iain Richards		2020-03-10
JOHN STEPHEN LLOYD		2020-03-10
RUTH AYLWARD		2020-03-10

Accounts

LESOTHO RUGBY ACADEMY

REGISTERED CHARITY, NO: 1188458



Trustees' Annual Report & Statement of Financial Activity

for the Year Ended 31 December 2024

Trustees

Dan Aylward-Mills

Andrew Barton

Iain Richards

Ruth Aylward

John Stephen Lloyd

Nick Macey

LESOTHO RUGBY ACADEMY

Trustees' Annual Report & Statement of Financial Activity for the Year Ended 31 December 2024



Contents

1	Reference and Administration Details.....	3
1.1	Charity Name & Registration.....	3
1.2	Charity's Address.....	3
1.3	Names of the Trustees Who Manage the Charity.....	3
1.4	Names of Advisors & Senior Members of Staff.....	3
1.5	Bank.....	3
2	Structure, Governance & Management.....	3
2.1	Type of Governing Document.....	3
2.2	Charitable Objects.....	3
2.3	Trustee Selection Methods.....	4
3	Activities.....	4
3.1	Statutory Declaration.....	4
4	Achievements & Performance.....	4
4.1	Outputs and Outcomes for the Charity's Beneficiaries.....	4
4.2	How the Public Have Benefitted.....	5
4.3	Contributing to Activities Run by Other Organisations.....	5
4.4	Trustee Development.....	5
5	Financial Review.....	5
5.1	Details of Any Funds Materially in Deficit.....	5
5.2	Policy on Reserves.....	5
5.3	Principal Sources of Funding and Outgoings.....	6
5.4	Remuneration of Trustees.....	6
5.5	Financial Status.....	6
5.6	Statutory Statements on Liabilities.....	6
6	Statement of Financial Activity.....	7
6.1	Receipts & Payments Accounts for the Financial Year Ended 31-Dec-24.....	7
6.2	Notes to the Accounts.....	9

Trustees Annual Report & Statement of Financial Activity for the Year Ended 31 December 2024

1 Reference and Administration Details

1.1 Charity Name & Registration

Lesotho Rugby Academy

The charity is a Charitable Incorporated Organisation, registration no: 1188458, registered with the Charity Commission on 10 March 2020.

The charity is registered with HM Revenue & Customs

1.2 Charity's Address

45 Holland Villas Road

London

W14 8DH

e-mail: dan.c.aylward@gmail.com

website: www.lesothorugbyacademy.org

1.3 Names of the Trustees Who Manage the Charity

	<i>Appointed</i>	<i>Resigned</i>
Dan Aylward-Mills	10 March 2020	-
Andrew Barton	10 March 2020	-
Iain Richards	10 March 2020	-
Ruth Aylward	10 March 2020	-
John Stephen Lloyd	10 March 2020	-
Nick Macey	12 February 2025	-

1.4 Names of Advisors & Senior Members of Staff

None

1.5 Bank

Natwest Westminster Bank PLC, 250 Bishopsgate, London, EC2M 4AA

PayPal (Europe), S.à r.l. et Cie, S.C.A., 22-24 Boulevard Royal, L-2449 Luxembourg

2 Structure, Governance & Management

2.1 Type of Governing Document

Constitution – based on the Charity Commission's model governing document for Foundation Charitable Incorporated Organisations, ie: where the Trustees are the only Members of the charity.

2.2 Charitable Objects

As defined in Lesotho Rugby Academy's Constitution (Governing Document):

The object of Lesotho Rugby Academy is to act as a resource for young people living in Lesotho by providing assistance, training and grants and organising programmes of physical, educational and

other activities, in particular but not exclusively through sessions devoted to the sport of rugby, as a means of:

- a) Advancing in life and helping young people by developing their skills, capacities, capabilities to enable them to participate in society as independent, mature and responsible individuals;
- b) Providing recreational and leisure time activity in the interests of social welfare for people living in the area of benefit who have need by reason of their youth, age, infirmity or disability, poverty or social and economic circumstances with a view to improving the conditions of life of such persons.

2.3 Trustee Selection Methods

There must be at least three charity trustees. The maximum number of trustees is 12.

In accordance with the Constitution, Trustees are appointed or re-appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees.

In appointing Trustees due consideration is given to ensuring that the Trustees have, between them, the skills and experience necessary to manage the charity effectively and in accordance with charity law.

3 Activities

3.1 Statutory Declaration

The Trustees of Small Charity Support confirm that they have paid due regard to the guidance issued by the Charity Commission on public benefit in deciding what activities the charity should undertake.

4 Achievements & Performance

4.1 Outputs and Outcomes for the Charity's Beneficiaries

Expansion and Engagement: 2024 marked a year of remarkable expansion and community engagement for the Lesotho Rugby Academy. Building on its tenth anniversary, the Academy broadened its reach across multiple districts, Botha-Bothe, Leribe, Berea, Mohale's Hoek, and Qacha's Nek, strengthening ties with schools and introducing rugby to new communities. By extending the training programme from a short-term cycle to a six-month development session, the Academy was able to engage a larger and more consistent cohort of learners, both male and female. Participation numbers increased significantly, with new school teams joining local leagues and tournaments, including the Econet Rugby League and the Five Star Rugby Memorial Tournament.

Life Skills and Academic Support: Through structured coaching and mentorship, participants reported improvements in teamwork, leadership, and self-esteem, qualities that translated into better academic focus and reduced behavioural challenges. The programme continued to provide a constructive alternative to risky behaviours, helping address issues such as substance abuse and early sexual engagement among youth.

Teacher Training and Community Building: Capacity building for coaches and educators was another major achievement. The Academy collaborated closely with the Federation of Lesotho Rugby (FLR) to deliver two coaching workshops in Botha-Bothe and Qacha's Nek reaching over 87 participants (38 men and 49 women). These sessions improved technical knowledge, coaching consistency, and child safeguarding awareness, ensuring sustainability of the Academy's programs at school level.

Challenges and Adaptability: While 2024 was a year of growth, it also presented logistical challenges, including school calendar changes and limited teacher engagement in certain schools. However, the team's commitment to flexibility, community communication and adaptive scheduling ensured that learning and training continued throughout.

Future Goals: Looking ahead, LRA aims to build on this year's momentum with an even broader vision. Priorities for 2025 include deepening grassroots participation through increasing the number of learners and partner schools, and developing community rugby initiatives to keep young people engaged all year-round. Through these initiatives and more, LRA will continue to deliver a positive impact, and build confident, disciplined and resilient children who are equipped to succeed in sport, education and life.

4.2 How the Public Have Benefitted.

The Lesotho Rugby Academy's programme visited schools in disadvantaged areas across Lesotho, providing an opportunity for children to participate in sporting activities whilst also learning important life skills. Throughout this time the programme taught basic rules and the skills of rugby, and the three pillars that any rugby player should live by: communication, commitment and respect. Each session informs children about, and encourages them to discuss, important life skills and socially sensitive issues including gender equality, good nutrition, protection from HIV and AIDS, and how to live a healthy responsible lifestyle. Overall 3,093 children participated across 47 schools.

All schools which participated in the programme demonstrated an improved understanding amongst children of important aspects of healthy and responsible lifestyles.

4.3 Contributing to Activities Run by Other Organisations

Lesotho Rugby Academy contributes funding to other organisations in order to aid delivery of our programme. For 2024, as in previous years, our main delivery partner was Dolen Cymru (Charity registration number: 1143448), who provide programme management oversight in Lesotho. Dolen Cymru manages the finances for the programme (including transfer of funds to Lesotho and disbursement on a monthly basis), monitors the programme – including through its in-country staff, promotes the programme amongst potential sponsors and provides additional governance reassurance thanks to its established ABC, safeguarding, whistleblowing and expenses policies. It establishes linkages between schools in Lesotho and the UK which the rugby programme 'piggybacks'. It also provides some capacity building to the delivery team.

Lesotho Rugby Academy expects to continue to partner with Dolen Cymru in 2025, but has the right to change delivery partner at any time.

4.4 Trustee Development

Trustees are encouraged to participate in development opportunities as and when appropriate.

5 Financial Review

5.1 Details of Any Funds Materially in Deficit

The Charity has no funds which are materially in deficit.

5.2 Policy on Reserves

The Charity's policy on reserves is to generate and maintain a balance which is sufficient:

- a) to preserve the financial viability of the Charity in the event that unforeseen and/or unavoidable circumstance precipitate a short-term fall in its income;

- b) to enable the Charity, in the interests of meeting its objectives, to undertake from time to time the setting up of new and innovative projects on a pilot basis to demonstrate the viability and potential benefits of such activities as a precursor to securing the external funding necessary to maintain such projects on an on-going basis.

For these purposes the Charity will endeavour to generate and maintain reserves equal to at least one year of its annual turnover.

5.3 Principal Sources of Funding and Outgoings

Fundraising in 2024 increased to £16,270 (2023: £13,373) as a result of several extra donations in the year. Lesotho Rugby Academy continues to work to achieve a sustainable funding base and in 2024, all of our funding came from small charitable donations.

Expenses for 2024 increased to £18,478 (2023: £15,129). This was predominantly due to a rise in staff costs in Lesotho in the year. Expenses represent costs in Lesotho on the day-to-day running of the programme.

5.4 Remuneration of Trustees

All Trustees act in a voluntary capacity and receive no remuneration or other material benefits from their services to the Charity.

Out-of-pocket expenses necessarily and reasonably incurred by Trustees in promoting the purposes of the Charity are reimbursed at cost.

5.5 Financial Status

Though modest, Lesotho Rugby Academy's current resources from unrestricted donations are more than sufficient to meet its outgoings for at least the next year.

All the indications are that this will remain the case for the foreseeable future.

5.6 Statutory Statements on Liabilities

The Trustees declare that:

- ✓ The charity has given no guarantees where potential liability under the guarantee is outstanding at the date of this statement (*eg*: any outstanding/ongoing contract or legal undertaking to buy or provide specific services);
- ✓ The charity has no debt outstanding at the date of this statement which is owed by the CIO and which is secured by an express charge on any assets of the CIO (*eg*: a mortgage on property owned by the charity);

Approved by the Trustees and signed on their behalf,



Andrew Barton (Trustee)

30/10/2025

6 Statement of Financial Activity

6.1 Receipts & Payments Accounts for the Financial Year Ended 31-Dec-24

6.1.1 Receipts & Payments

	Current Financial Year, Jan'24-Dec'24			Last Year
	Unrestr'd Funds £	Restricted Funds £	Total £	Total £
A1 - RECEIPTS				
Voluntary Income	16,270		16,270	13,373
Charitable Income	0		0	0
Other Receipts	0		0	0
	<u>16,270</u>	<u>0</u>	<u>16,270</u>	<u>13,373</u>
A1 - ASSETS & INVESTMENTS				
Sale of Investments	0		0	0
Sale of Assets	0		0	0
	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>
TOTAL RECEIPTS	16,270	0	16,270	13,373
A3 - PAYMENTS				
Generating Funds	-918		-918	-29
Charitable Activities	-17,560		-17,560	-15,100
Support Costs	0		0	0
Other Payments	0		0	0
	<u>-18,478</u>	<u>0</u>	<u>-18,478</u>	<u>-15,129</u>
A4 - ASSETS & INVESTMENTS				
Purchase of Investments	0		0	0
Purchase of Assets	0		0	0
	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>
TOTAL PAYMENTS	-18,478	0	-18,478	-15,129
NET OF RECEIPTS-PAYMENTS	-2,208	0	-2,208	-1,756
A5 - Transfers Between Funds	0	0	0	0
NET AFTER TRANSFERS	-2,208	0	-2,208	-1,756

6.1.2 Summary of Receipts & Payments Accounts

	Current Financial Year, Jan'24-Dec'24			Last Year
	Unrestr'd Funds £	Restricted Funds £	Total £	Total £
Actual Funds Brought Forward	37,931	-	37,931	39,687
Movement After Transfers	-2,208	0	-2,208	-1,756
Total Funds Carried Forward	35,723	0	35,723	37,931

6.1.3 Statement of Assets and Liabilities

Cash Assets	Bt'Fwd at 01-Jan-2024	Receipts in Period	Payments in Period	Transfers in Period	Cd'Fwd at 31-Dec-24
Cash at Bank & in Hand					
Bank, Current Account	23,750	14,895	-18,449	0	20,196
PayPal Account	14,181	1,375	-29	0	15,527
Actual Cash Assets	37,931	16,270	-18,478	0	35,723
Owed to Charity {Overdue Receipts}	0				0
Owed by Charity {Overdue Payments}	0				0
Net Cash Assets	37,931				35,723

	As at 31-Dec-24			Last Year
	General Funds £	Restricted Funds £	Total £	Total £
B1 - Cash Assets				
General Fund	35,723		35,723	37,931
Net Payments in Advance	0		0	0
Designated Funds	0		0	0
Total Unrestricted Funds			35,723	37,931
Restricted Funds				
None		0		0
Total Restricted Funds			0	0
Total Cash Funds			35,723	37,931
B2 - Money Owed to the Charity {Other Monetary Assets}			0	0
B5 - Money Owed by the Charity {Liabilities}			0	0
Net Cash Assets			35,723	37,931
B3 - Investment assets				
	0	0	0	0
B4 - Assets retained for charity's own use.				
	0	0	0	0
Total Current Funds			35,723	37,931
Total Funds (net of liabilities)			35,723	37,931

6.1.4 Approval of the Board of Trustees

The Trustees declare that they have approved the above Annual Report & Statement of Financial Activity.

Signed on behalf of the Trustees



Andrew Barton (Trustee)

30/10/2025

6.2 Notes to the Accounts

- a) Accounting Policies
The financial statements have been prepared in accordance with the Charities Act 2011 Section 133, using the Receipts and Payments basis available to small charities and the charity's accounts spreadsheet.
- b) Reimbursement of Out-of-Pocket Expenses
Out-of-pocket expenses incurred necessarily, reasonably and incidentally in the course the charity's activities are reimbursed at cost.
No Trustees received any reimbursement of out-of-pocket expenses in the financial year.
- c) Salaries & Professional Fees
No trustee receives any payments for the services they provide to the charity.
In the current financial year the charity employed no staff or external contractors;
- d) Fixed Assets
The charity has not purchased or disposed of any fixed assets in the current financial year;
- e) Creditors & Debtors
Cheques for goods or services purchased, or invoices for goods or services delivered, which are issued prior to the end of the financial year but not appearing in the end of financial year bank statement are reported as outstanding creditors or debtors respectively.
- f) Rounding Discrepancies
All amounts are recorded to the penny, but in these accounts are shown as digitally rounded to the nearest pound. This can occasionally result in a total apparently not being the sum of its constituent amounts. All individual amounts, and their totals, are nevertheless correct.

Accounts

LESOTHO RUGBY ACADEMY

REGISTERED CHARITY, NO: 1188458



Trustees' Annual Report & Statement of Financial Activity

for the Year Ended 31 December 2023

Trustees

Dan Aylward-Mills

Andrew Barton

Iain Richards

Ruth Aylward

John Stephen Lloyd

LESOTHO RUGBY ACADEMY

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Contents

1	Reference and Administration Details.....	3
1.1	Charity Name & Registration	3
1.2	Charity's Address.....	3
1.3	Names of the Trustees Who Manage the Charity.....	3
1.4	Names of Advisors & Senior Members of Staff.....	3
1.5	Bank.....	3
2	Structure, Governance & Management.....	3
2.1	Type of Governing Document	3
2.2	Charitable Objects	3
2.3	Trustee Selection Methods	4
3	Activities	4
3.1	Statutory Declaration	4
4	Achievements & Performance	4
4.1	Outputs and Outcomes for the Charity's Beneficiaries	4
4.2	How the Public Have Benefitted.	5
4.3	Contributing to Activities Run by Other Organisations.....	5
4.4	Trustee Development.....	5
5	Financial Review.....	5
5.1	Details of Any Funds Materially in Deficit.....	5
5.2	Policy on Reserves.....	5
5.3	Principal Sources of Funding and Outgoings.....	6
5.4	Remuneration of Trustees	6
5.5	Financial Status	6
5.6	Statutory Statements on Liabilities	6
6	Statement of Financial Activity	7
6.1	Receipts & Payments Accounts for the Financial Year Ended 31-Dec-22	7
6.2	Notes to the Accounts.....	9

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The charity is registered with HM Revenue & Customs

1.2 Charity's Address

35 High Street

Ascott-under-Wychwood

Oxfordshire

OX7 6AW

e-mail: dan.c.aylward@gmail.com

website: www.lesothorugbyacademy.org

1.3 Names of the Trustees Who Manage the Charity

	<i>Appointed</i>	<i>Resigned</i>
Dan Aylward-Mills	10 March 2020	-
Andrew Barton	10 March 2020	-
Iain Richards	10 March 2020	-
Ruth Aylward	10 March 2020	-
John Stephen Lloyd	10 March 2020	-

1.4 Names of Advisors & Senior Members of Staff

None

1.5 Bank

Natwest Westminster Bank PLC, 250 Bishopsgate, London, EC2M 4AA

PayPal (Europe), S.à r.l. et Cie, S.C.A., 22-24 Boulevard Royal, L-2449 Luxembourg

2 Structure, Governance & Management

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3 Activities

3.1 Statutory Declaration

The Trustees of Small Charity Support confirm that they have paid due regard to the guidance issued by the Charity Commission on public benefit in deciding what activities the charity should undertake.

4 Achievements & Performance

4.1 Outputs and Outcomes for the Charity's Beneficiaries

Expansion and Engagement: 2023 marked a year of strategic growth and sustained impact for the Lesotho Rugby Academy (LRA). Building on previous years, LRA extended its coaching program from a 10-week model to a 6-month format in early 2023. This extension aimed to deepen the impact on young learners, allowing coaches to build stronger relationships and facilitate greater life skill development, particularly in disadvantaged communities. Through this model, LRA reached over 1,500 young participants across various districts, with continued focus on life skills, resilience, and fostering positive aspirations among youth.

Life Skills and Academic Support: LRA's life skills curriculum continued to play a significant role in addressing social challenges faced by Lesotho's youth, such as substance abuse, early pregnancy, and HIV/AIDS. In a country where youth often lack structured after-school activities, LRA's program filled this gap by providing a safe, structured environment. Coaches reported positive feedback from participants aspiring to join the national "Likatola" rugby team, reflecting increased confidence and a stronger sense of purpose.

Teacher Training and Community Building: A notable achievement in 2023 was the training of 38 teachers across the Butha-Buthe and Qacha's Nek regions. These trainings equipped teachers to independently coach rugby and deliver LRA's life skills curriculum, ensuring sustainability beyond direct LRA involvement. Moreover, Butha-Buthe established its own LRA women's team, set to participate in the Lesotho Rugby Senior Women's League, expanding LRA's impact and fostering local ownership of the program.

Challenges and Adaptability: Despite logistical challenges, including school calendar changes and limited teacher engagement in certain schools, LRA adapted by rescheduling sessions around school exams and enhancing flexibility in coach roles. Coaches also engaged in professional development by attending World Rugby-accredited courses, raising LRA's standards as a professional organization and positioning it as a role model for rugby development within Lesotho.

Future Goals: Moving forward, LRA aims to increase the number of community-led rugby clubs and expand participation in the Econet Rugby League. By partnering with more schools and training additional teachers, LRA seeks to create an enduring network of rugby and life skills advocates across Lesotho's communities, furthering its mission to equip young people with the tools needed for positive life choices and social mobility.

4.2 How the Public Have Benefitted.

The Lesotho Rugby Academy's programme visited schools in disadvantaged areas across Lesotho, providing an opportunity for children to participate in sporting activities whilst also learning important life skills. Throughout this time the programme taught basic rules and the skills of rugby, and the three pillars that any rugby player should live by: communication, commitment and respect. Each session informs children about, and encourages them to discuss, important life skills and socially sensitive issues including gender equality, good nutrition, protection from HIV and AIDS, and how to live a healthy responsible lifestyle. Overall 3,174 children participated across 71 schools.

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Lesotho Rugby Academy expects to continue to partner with Dolen Cymru in 2024, but has the right to change delivery partner at any time.

4.4 Trustee Development

Trustees are encouraged to participate in development opportunities as and when appropriate.

5 Financial Review

5.1 Details of Any Funds Materially in Deficit

The Charity has no funds which are materially in deficit.

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Expenses for 2023 increased to £15,129 (2022: £11,267). This was predominantly due to a rise in staff costs in Lesotho in the year. Expenses represent costs in Lesotho on the day-to-day running of the programme.

5.4 Remuneration of Trustees

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Out-of-pocket expenses necessarily and reasonably incurred by Trustees in promoting the purposes of the Charity are reimbursed at cost.

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The Trustees declare that:

- ✓ The charity has given no guarantees where potential liability under the guarantee is outstanding at the date of this statement (*eg*: any outstanding/ongoing contract or legal undertaking to buy or provide specific services);
- ✓ The charity has no debt outstanding at the date of this statement which is owed by the CIO and which is secured by an express charge on any assets of the CIO (*eg*: a mortgage on property owned by the charity);

Approved by the Trustees and signed on their behalf,



Andrew Barton (Trustee)

31/10/2024

6 Statement of Financial Activity

6.1 Receipts & Payments Accounts for the Financial Year Ended 31-Dec-23

6.1.1 Receipts & Payments

	Current Financial Year, Jan'23-Dec'23			Last Year
	Unrestr'd Funds £	Restricted Funds £	Total £	Total £
A1 - RECEIPTS				
Voluntary Income	13,373		13,373	4,323
Charitable Income	0		0	0
Other Receipts	0		0	0
	<u>13,373</u>	<u>0</u>	<u>13,373</u>	<u>4,323</u>
A1 - ASSETS & INVESTMENTS				
Sale of Investments	0		0	0
Sale of Assets	0		0	0
	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>
TOTAL RECEIPTS	13,373	0	13,373	4,323
A3 - PAYMENTS				
Generating Funds	-29		-29	-667
Charitable Activities	-15,100		-15,100	-10,600
Support Costs	0		0	0
Other Payments	0		0	0
	<u>-15,129</u>	<u>0</u>	<u>-15,129</u>	<u>-11,267</u>
A4 - ASSETS & INVESTMENTS				
Purchase of Investments	0		0	0
Purchase of Assets	0		0	0
	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>
TOTAL PAYMENTS	-15,129	0	-15,129	-11,267
NET OF RECEIPTS-PAYMENTS	-1,756	0	-1,756	-6,944
A5 - Transfers Between Funds	0	0	0	0
NET AFTER TRANSFERS	-1,756	0	-1,756	-6,944

6.1.2 Summary of Receipts & Payments Accounts

	Current Financial Year, Jan'23-Dec'23			Last Year
	Unrestr'd Funds £	Restricted Funds £	Total £	Total £
Actual Funds Brought Forward	39,687	-	39,687	46,631
Movement After Transfers	-1,756	0	-1,756	-6,944
Total Funds Carried Forward	37,931	0	37,931	39,687

6.1.3 Statement of Assets and Liabilities

Cash Assets	Bt'Fwd at 01-Jan-2023	Receipts in Period	Payments in Period	Transfers in Period	Cd'Fwd at 31-Dec-23
Cash at Bank & in Hand					
Bank, Current Account	26,806	12,044	-15,100	0	23,750
PayPal Account	12,881	1,328	-29	0	14,181
Actual Cash Assets	39,687	13,373	-15,129	0	37,931
Owed to Charity {Overdue Receipts}	0				0
Owed by Charity {Overdue Payments}	0				0
Net Cash Assets	39,687				37,931

	As at 31-Dec-23			Last Year
B1 - Cash Assets	General Funds £	Restricted Funds £	Total £	Total £
General Fund	37,931		37,931	39,687
Net Payments in Advance	0		0	0
Designated Funds	0		0	0
Total Unrestricted Funds			37,931	39,687
Restricted Funds				
None		0		0
Total Restricted Funds			0	0
Total Cash Funds			37,931	39,687
B2 - Money Owed to the Charity {Other Monetary Assets}			0	0
B5 - Money Owed by the Charity {Liabilities}			0	0
Net Cash Assets			37,931	39,687
B3 - Investment assets	0	0	0	0
B4 - Assets retained for charity's own use.	0	0	0	0
Total Current Funds			37,931	39,687
Total Funds (net of liabilities)			37,931	39,687

6.1.4 Approval of the Board of Trustees

The Trustees declare that they have approved the above Annual Report & Statement of Financial Activity.

Signed on behalf of the Trustees



Andrew Barton (Trustee)

30/10/2024

6.2 Notes to the Accounts

- a) Accounting Policies
The financial statements have been prepared in accordance with the Charities Act 2011 Section 133, using the Receipts and Payments basis available to small charities and the charity's accounts spreadsheet.
- b) Reimbursement of Out-of-Pocket Expenses
Out-of-pocket expenses incurred necessarily, reasonably and incidentally in the course the charity's activities are reimbursed at cost.
No Trustees received any reimbursement of out-of-pocket expenses in the financial year.
- c) Salaries & Professional Fees
No trustee receives any payments for the services they provide to the charity.
In the current financial year the charity employed no staff or external contractors;
- d) Fixed Assets
The charity has not purchased or disposed of any fixed assets in the current financial year;
- e) Creditors & Debtors
Cheques for goods or services purchased, or invoices for goods or services delivered, which are issued prior to the end of the financial year but not appearing in the end of financial year bank statement are reported as outstanding creditors or debtors respectively.
- f) Rounding Discrepancies
All amounts are recorded to the penny, but in these accounts are shown as digitally rounded to the nearest pound. This can occasionally result in a total apparently not being the sum of its constituent amounts. All individual amounts, and their totals, are nevertheless correct.

Accounts

LESOTHO RUGBY ACADEMY

REGISTERED CHARITY, NO: 1188458



Trustees' Annual Report & Statement of Financial Activity for the Year Ended 31 December 2022

Trustees

Dan Aylward-Mills

Andrew Barton

Iain Richards

Ruth Aylward

John Stephen Lloyd

LESOTHO RUGBY

Trustees' Annual Report & Statement of Financial Activity

for the Year Ended 31 December 2022



Contents

1	Reference and Administration Details.....	3
1.1	Charity Name & Registration.....	3
1.2	Charity's Address.....	3
1.3	Names of the Trustees Who Manage the Charity.....	3
1.4	Names of Advisors & Senior Members of Staff.....	3
1.5	Bank.....	3
2	Structure, Governance & Management.....	3
2.1	Type of Governing Document.....	3
2.2	Charitable Objects.....	3
2.3	Trustee Selection Methods.....	4
3	Activities.....	4
3.1	Statutory Declaration.....	4
4	Achievements & Performance.....	4
4.1	Outputs and Outcomes for the Charity's Beneficiaries.....	4
4.2	How the Public Have Benefitted.....	5
4.3	Contributing to Activities Run by Other Organisations.....	5
4.4	Trustee Development.....	5
5	Financial Review.....	5
5.1	Details of Any Funds Materially in Deficit.....	5
5.2	Policy on Reserves.....	6
5.3	Principal Sources of Funding and Outgoings.....	6
5.4	Remuneration of Trustees.....	6
5.5	Financial Status.....	6
5.6	Statutory Statements on Liabilities.....	6
6	Statement of Financial Activity.....	7
6.1	Receipts & Payments Accounts for the Financial Year Ended 31-Dec-22	7
6.2	Notes to the Accounts.....	9

Trustees Annual Report & Statement of Financial Activity for the Year Ended 31 December 2022

1 Reference and Administration Details

1.1 Charity Name & Registration

Lesotho Rugby Academy

The charity is a Charitable Incorporated Organisation, registration no: 1188458, registered with the Charity Commission on 10 March 2020.

The charity is registered with HM Revenue & Customs

1.2 Charity's Address

35 High Street
Ascott-under-Wychwood
Oxfordshire
OX7 6AW

e-mail: dan.c.aylward@gmail.com

website: www.lesothorugbyacademy.org

1.3 Names of the Trustees Who Manage the Charity

	<i>Appointed</i>	<i>Resigned</i>
Dan Aylward-Mills	10 March 2020	-
Andrew Barton	10 March 2020	-
Iain Richards	10 March 2020	-
Ruth Aylward	10 March 2020	-
John Stephen Lloyd	10 March 2020	-

1.4 Names of Advisors & Senior Members of Staff

None

1.5 Bank

Natwest Westminster Bank PLC, 250 Bishopsgate, London, EC2M 4AA

PayPal (Europe), S.à r.l. et Cie, S.C.A., 22-24 Boulevard Royal, L-2449
Luxembourg

2 Structure, Governance & Management

2.1 Type of Governing Document

Constitution – based on the Charity Commission's model governing document for Foundation Charitable Incorporated Organisations, ie: where the Trustees are the only Members of the charity.

2.2 Charitable Objects

As defined in Lesotho Rugby Academy's Constitution (Governing Document):

The object of Lesotho Rugby Academy is to act as a resource for young people living in Lesotho by providing assistance, training and grants and organising

programmes of physical, educational and other activities, in particular but not exclusively through sessions devoted to the sport of rugby, as a means of:

- a) Advancing in life and helping young people by developing their skills, capacities, capabilities to enable them to participate in society as independent, mature and responsible individuals;
- b) Providing recreational and leisure time activity in the interests of social welfare for people living in the area of benefit who have need by reason of their youth, age, infirmity or disability, poverty or social and economic circumstances with a view to improving the conditions of life of such persons.

2.3 Trustee Selection Methods

There must be at least three charity trustees. The maximum number of trustees is 12.

In accordance with the Constitution, Trustees are appointed or re-appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees.

In appointing Trustees due consideration is given to ensuring that the Trustees have, between them, the skills and experience necessary to manage the charity effectively and in accordance with charity law.

3 Activities

3.1 Statutory Declaration

The Trustees of Small Charity Support confirm that they have paid due regard to the guidance issued by the Charity Commission on public benefit in deciding what activities the charity should undertake.

4 Achievements & Performance

4.1 Outputs and Outcomes for the Charity's Beneficiaries

The end of September 2022 saw the completion of the successful, 2-year 'National Scale Up Project' which was predominantly funded by the UKAID Small Charities Challenge Fund. The Lesotho Rugby Academy team in Lesotho (LRA-L) was responsible for delivery whilst Lesotho Rugby Academy UK registered charity (LRA-UK) provided match funding.

The programme enabled the LRA-L to scale up its pilot programme and deliver to a larger number of schools and learners across the country. Based on outcome and output level assessment, the project has achieved what was initially intended and has significantly exceeded expectations in some parts. During the grant period (October 2020 –September 2022) we achieved:

- 108 schools vs. target of 80.
- 8500 learners vs. target of 5000.
- 130 teachers vs. target of 40.

All participating schools demonstrated a better understanding of key messages, and 97% of respondents interviewed reported broader positive impacts in the classroom.

Teachers were surveyed on their perceptions of programme impacts against 14 dimensions of effective learning. These dimensions mirror the key pillars of teamwork and communication of the programme. All teachers responding to the survey reported positive impacts on dimensions of effective learning

- 'Contributing to discussions' (86%),
- 'Working collaboratively with others' (81%),
- 'Confidence to ask questions' (71%),
- 'Giving support to others' (71%),
- The lowest results were in 'Remembering information' (38%).

An independent evaluation of the programme concluded that "the project has presented positive impacts on the social and academic welfare of participating students.... while others have generally also improved in academic performance.... "

2022 saw Lesotho Rugby Academy operating for a full and uninterrupted year as the Covid-19 pandemic receded. In 2022:

- Coaches delivered introduction to rugby and life skills training at 64 schools in Lesotho
- 4,164 children participated, of which 50% were girls.

4.2 How the Public Have Benefitted.

The Lesotho Rugby Academy's programme visited schools in disadvantaged areas across Lesotho, providing an opportunity for children to participate in sporting activities whilst also learning important life skills. Throughout this time the programme taught basic rules and the skills of rugby, and the three pillars that any rugby player should live by: communication, commitment and respect. Each session informs children about, and encourages them to discuss, important life skills and socially sensitive issues including gender equality, good nutrition, protection from HIV and AIDS, and how to live a healthy responsible lifestyle. Overall 4,164 children participated across 64 schools.

All schools which participated in the programme demonstrated an improved understanding amongst children of important aspects of healthy and responsible lifestyles.

4.3 Contributing to Activities Run by Other Organisations

Lesotho Rugby Academy contributes funding to other organisations in order to aid delivery of our programme. For 2022, as in 2021, our main delivery partner was Dolen Cymru (Charity registration number: 1143448), who provide programme management oversight in Lesotho. Dolen Cymru manages the finances for the programme (including transfer of funds to Lesotho and disbursement on a monthly basis), monitors the programme – including through its in-country staff, promotes the programme amongst potential sponsors and provides additional governance reassurance thanks to its established ABC, safeguarding, whistleblowing and expenses policies. It establishes linkages between schools in Lesotho and the UK which the rugby programme 'piggybacks'. It also provides some capacity building to the delivery team.

Lesotho Rugby Academy expects to continue to partner with Dolen Cymru in 2023, but has the right to change delivery partner at any time.

4.4 Trustee Development

Trustees are encouraged to participate in development opportunities as and when appropriate.

5 Financial Review

5.1 Details of Any Funds Materially in Deficit

The Charity has no funds which are materially in deficit.

5.2 Policy on Reserves

The Charity's policy on reserves is to generate and maintain a balance which is sufficient:

- a) to preserve the financial viability of the Charity in the event that unforeseen and/or unavoidable circumstance precipitate a short-term fall in its income;
- b) to enable the Charity, in the interests of meeting its objectives, to undertake from time to time the setting up of new and innovative projects on a pilot basis to demonstrate the viability and potential benefits of such activities as a precursor to securing the external funding necessary to maintain such projects on an on-going basis.

For these purposes the Charity will endeavour to generate and maintain reserves equal to at least one year of its annual turnover.

5.3 Principal Sources of Funding and Outgoings

Fundraising in 2022 decreased to £4,323 (2021: £5,104) as a result of lower donations in the year, as well as a grant of £500 received in the prior year which did not recur in 2022. Lesotho Rugby Academy continues to work to achieve a sustainable funding base and in 2022, all of our funding came from small charitable donations.

Expenses for 2022 increased to £11,267 (2021: £5,604). This was as a result of the programme running uninterrupted by Covid-19 in 2022. Expenses represent costs in Lesotho on the day-to-day running of the programme.

5.4 Remuneration of Trustees

All Trustees act in a voluntary capacity and receive no remuneration or other material benefits from their services to the Charity.

Out-of-pocket expenses necessarily and reasonably incurred by Trustees in promoting the purposes of the Charity are reimbursed at cost.

5.5 Financial Status

Though modest, Lesotho Rugby Academy's current resources from unrestricted donations are more than sufficient to meet its outgoings for at least the next year.

All the indications are that this will remain the case for the foreseeable future.

5.6 Statutory Statements on Liabilities

The Trustees declare that:

- ✓ The charity has given no guarantees where potential liability under the guarantee is outstanding at the date of this statement (eg: any outstanding/ongoing contract or legal undertaking to buy or provide specific services);

- ✓ The charity has no debt outstanding at the date of this statement which is owed by the CIO and which is secured by an express charge on any assets of the CIO (eg: a mortgage on property owned by the charity);

Approved by the Trustees and signed on their behalf,

A handwritten signature in black ink, appearing to read 'Andrew Barton', written in a cursive style.

Andrew Barton (Trustee)

30/10/2023

6 Statement of Financial Activity

6.1 Receipts & Payments Accounts for the Financial Year Ended 31-Dec-22

6.1.1 Receipts & Payments

	Current Financial Year, Jan'22-Dec'22			Last Year
	Unrestr'd Funds £	Restricted Funds £	Total £	Total £
A1 - RECEIPTS				
Voluntary Income	4,323		4,323	5,104
Charitable Income	0		0	500
Other Receipts	0		0	0
	<u>4,323</u>	<u>0</u>	<u>4,323</u>	<u>5,604</u>
A1 - ASSETS & INVESTMENTS				
Sale of Investments	0		0	0
Sale of Assets	0		0	0
	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>
TOTAL RECEIPTS	4,323	0	4,323	5,604
A3 - PAYMENTS				
Generating Funds	-48		-48	-31
Charitable Activities	-11,219		-11,219	-1,000
Support Costs	0		0	0
Other Payments	0		0	0
	<u>-11,267</u>	<u>0</u>	<u>-11,267</u>	<u>-1,031</u>
A4 - ASSETS & INVESTMENTS				
Purchase of Investments	0		0	0
Purchase of Assets	0		0	0
	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>
TOTAL PAYMENTS	-11,267	0	-11,267	-1,031
NET OF RECEIPTS-PAYMENTS	-6,944	0	-6,944	4,573
A5 - Transfers Between Funds	0	0	0	0
NET AFTER TRANSFERS	-6,944	0	-6,944	4,573

6.1.2 Summary of Receipts & Payments Accounts

	Current Financial Year, Jan'22-Dec'22			Last Year
	Unrestr'd Funds £	Restricted Funds £	Total £	Total £
Actual Funds Brought Forward	46,631	-	46,631	42,058
Movement After Transfers	-6,944	0	-6,944	4,573
Total Funds Carried Forward	39,687	0	39,687	46,631

6.1.3 Statement of Assets and Liabilities

Cash Assets	Bt'Fwd at 01-Jan-2022	Receipts in Period	Payments in Period	Transfers in Period	Cd'Fwd at 31-Dec-22
Cash at Bank & in Hand					
Bank, Current Account	35,595	2,430	-11,219	0	26,806
PayPal Account	11,036	1,893	-48	0	12,881
Actual Cash Assets	46,631	4,323	-11,267	0	39,687
Owed to Charity {Overdue Receipts}	0				0
Owed by Charity {Overdue Payments}	0				0
Net Cash Assets	46,631				39,687

	As at 31-Dec-22			Last Year
	General Funds £	Restricted Funds £	Total £	Total £
B1 - Cash Assets				
General Fund	39,687		39,687	46,631
Net Payments in Advance	0		0	0
Designated Funds	0		0	0
Total Unrestricted Funds			39,687	46,631
Restricted Funds				
None		0		0
Total Restricted Funds			0	0
Total Cash Funds			39,687	46,631
B2 - Money Owed to the Charity {Other Monetary Assets}			0	0
B5 - Money Owed by the Charity {Liabilities}			0	0
Net Cash Assets			39,687	46,631
B3 - Investment assets	0	0	0	0
B4 - Assets retained for charity's own use.	0	0	0	0
Total Current Funds			39,687	46,631
Total Funds (net of liabilities)			39,687	46,631

6.1.4 Approval of the Board of Trustees

The Trustees declare that they have approved the above Annual Report & Statement of Financial Activity.

Signed on behalf of the Trustees



Andrew Barton (Trustee)

30/10/2023

6.2 Notes to the Accounts

- a) **Accounting Policies**
The financial statements have been prepared in accordance with the Charities Act 2011 Section 133, using the Receipts and Payments basis available to small charities and the charity's accounts spreadsheet.
- b) **Reimbursement of Out-of-Pocket Expenses**
Out-of-pocket expenses incurred necessarily, reasonably and incidentally in the course the charity's activities are reimbursed at cost.
No Trustees received any reimbursement of out-of-pocket expenses in the financial year.
- c) **Salaries & Professional Fees**
No trustee receives any payments for the services they provide to the charity.
In the current financial year the charity employed no staff or external contractors;
- d) **Fixed Assets**
The charity has not purchased or disposed of any fixed assets in the current financial year;
- e) **Creditors & Debtors**
Cheques for goods or services purchased, or invoices for goods or services delivered, which are issued prior to the end of the financial year but not appearing in the end of financial year bank statement are reported as outstanding creditors or debtors respectively.
- f) **Rounding Discrepancies**
All amounts are recorded to the penny, but in these accounts are shown as digitally rounded to the nearest pound. This can occasionally result in a total apparently not being the sum of its constituent amounts. All individual amounts, and their totals, are nevertheless correct.

Accounts

LESOTHO RUGBY ACADEMY

REGISTERED CHARITY, NO: 1188458



Trustees' Annual Report & Statement of Financial Activity

for the Year Ended 31 December 2021

Trustees

Dan Aylward-Mills

Andrew Barton

Iain Richards

Ruth Aylward

John Stephen Lloyd

LESOTHO RUGBY ACADEMY

Trustees' Annual Report & Statement of Financial Activity for the Year Ended 31 December 2021



Contents

1	Reference and Administration Details.....	3
1.1	Charity Name & Registration	3
1.2	Charity's Address.....	3
1.3	Names of the Trustees Who Manage the Charity.....	3
1.4	Names of Advisors & Senior Members of Staff.....	3
1.5	Bank.....	3
2	Structure, Governance & Management.....	3
2.1	Type of Governing Document	3
2.2	Charitable Objects.....	3
2.3	Trustee Selection Methods	4
3	Activities	4
3.1	Statutory Declaration	4
4	Achievements & Performance	4
4.1	Outputs and Outcomes for the Charity's Beneficiaries	4
4.2	How the Public Have Benefitted.	5
4.3	Contributing to Activities Run by Other Organisations.....	4
4.4	Trustee Development.....	5
5	Financial Review.....	5
5.1	Details of Any Funds Materially in Deficit	5
5.2	Policy on Reserves.....	5
5.3	Principal Sources of Funding and Outgoings.....	5
5.4	Remuneration of Trustees	6
5.5	Financial Status	6
5.6	Statutory Statements on Liabilities.....	6
6	Statement of Financial Activity	7
6.1	Receipts & Payments Accounts for the Financial Year Ended 31-Dec-21	7
6.2	Notes to the Accounts.....	9

Trustees Annual Report & Statement of Financial Activity for the Year Ended 31 December 2021

1 Reference and Administration Details

1.1 Charity Name & Registration

Lesotho Rugby Academy

The charity is a Charitable Incorporated Organisation, registration no: 1188458, registered with the Charity Commission on 10 March 2020.

The charity is registered with HM Revenue & Customs

1.2 Charity's Address

107 Godwin Road,

London, E7 0LW

e-mail: dan.c.aylward@gmail.com

website: www.lesothorugbyacademy.org

1.3 Names of the Trustees Who Manage the Charity

	<i>Appointed</i>	<i>Resigned</i>
Dan Aylward-Mills	10 March 2020	-
Andrew Barton	10 March 2020	-
Iain Richards	10 March 2020	-
Ruth Aylward	10 March 2020	-
John Stephen Lloyd	10 March 2020	-

1.4 Names of Advisors & Senior Members of Staff

None

1.5 Bank

Natwest Westminster Bank PLC, 250 Bishopsgate, London, EC2M 4AA

PayPal (Europe), S.à r.l. et Cie, S.C.A., 22-24 Boulevard Royal, L-2449 Luxembourg

2 Structure, Governance & Management

2.1 Type of Governing Document

Constitution – based on the Charity Commission's model governing document for Foundation Charitable Incorporated Organisations, ie: where the Trustees are the only Members of the charity.

2.2 Charitable Objects

As defined in Lesotho Rugby Academy's Constitution (Governing Document):

The object of Lesotho Rugby Academy is to act as a resource for young people living in Lesotho by providing assistance, training and grants and organising programmes of physical, educational and other activities, in particular but not exclusively through sessions devoted to the sport of rugby, as a means of:

- a) Advancing in life and helping young people by developing their skills, capacities, capabilities to enable them to participate in society as independent, mature and responsible individuals;
- b) Providing recreational and leisure time activity in the interests of social welfare for people living in the area of benefit who have need by reason of their youth, age, infirmity or disability, poverty or social and economic circumstances with a view to improving the conditions of life of such persons.

2.3 Trustee Selection Methods

There must be at least three charity trustees. The maximum number of trustees is 12.

In accordance with the Constitution, Trustees are appointed or re-appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees.

In appointing Trustees due consideration is given to ensuring that the Trustees have, between them, the skills and experience necessary to manage the charity effectively and in accordance with charity law.

3 Activities

3.1 Statutory Declaration

The Trustees of Small Charity Support confirm that they have paid due regard to the guidance issued by the Charity Commission on public benefit in deciding what activities the charity should undertake.

4 Achievements & Performance

4.1 Outputs and Outcomes for the Charity's Beneficiaries

The first quarter of 2021 saw the delivery of the Lesotho Rugby Academy programme on pause as the Government of Lesotho enforced further lockdowns to prevent new waves of Covid-19.

However, from April 2021 the programme was back up and running again, although there was a temporary ban on sports later in the year, again to try and prevent the spread of Covid. Adaptation has therefore been critical over the year, with a switch to classroom based Life Skills lessons when sports were not permitted.

The programme was updated to include lessons around Covid-19 prevention and broader issues around handwashing and sanitisation, with the country programme director accredited as a COVID-19 Compliance Officer for Safe Sport Management.

- Between April and June the programme was delivered to 1,190 children in 20 schools across 4 districts.
- Between July and September the programme was delivered to 1,090 children in 19 schools.
- Between October and December the programme was delivered to 1,550 children in 21 schools in 3 districts.
- 4 workshops were run to train 79 teachers in delivery of the syllabus.
- A Community Winter Rugby Camp was run in July with 390 attendees
- Through December, the Lesotho Rugby Academy worked closely with the Office of The British High Commission to organise an inclusive, celebratory event to mark the visit to Lesotho of the Queen's Commonwealth Baton Relay for young people with visual and hearing impairments.

4.2 How the Public Have Benefitted.

The Lesotho Rugby Academy's programme visited schools in disadvantaged areas across Lesotho, providing an opportunity for children to participate in sporting activities whilst also learning important life skills. Throughout this time we taught basic rules and the skills of rugby, and the three pillars that any rugby player should live by: communication, commitment and respect. Each session informs children about, and encourages them to discuss, important life skills and socially sensitive issues including gender equality, good nutrition, protection from HIV and AIDS, and how to live a healthy responsible lifestyle. Overall 3,830 children participated, with a further 79 teachers receiving basic rugby coaching training to continue the sport in their school.

All schools which participated in the programme demonstrated an improved understanding amongst children of important aspects of healthy and responsible lifestyles.

4.3 Contributing to Activities Run by Other Organisations

Lesotho Rugby Academy contributes funding to other organisations in order to aid delivery of our programme. For 2021, as in 2020, our main delivery partner was Dolen Cymru (Charity registration number: 1143448), who provide programme management oversight in Lesotho. Dolen Cymru manages the finances for the programme (including transfer of funds to Lesotho and disbursement on a monthly basis), monitors the programme – including through its in-country staff, promotes the programme amongst potential sponsors and provides additional governance reassurance thanks to its established ABC, safeguarding, whistleblowing and expenses policies. It establishes linkages between schools in Lesotho and the UK which the rugby programme 'piggybacks'. It also provides some capacity building to the delivery team.

Lesotho Rugby Academy expects to continue to partner with Dolen Cymru in 2022, but has the right to change delivery partner at any time.

4.4 Trustee Development

Trustees are encouraged to participate in development opportunities as and when appropriate.

5 Financial Review

5.1 Details of Any Funds Materially in Deficit

The Charity has no funds which are materially in deficit.

5.2 Policy on Reserves

The Charity's policy on reserves is to generate and maintain a balance which is sufficient:

- a) to preserve the financial viability of the Charity in the event that unforeseen and/or unavoidable circumstance precipitate a short-term fall in its income;
- b) to enable the Charity, in the interests of meeting its objectives, to undertake from time to time the setting up of new and innovative projects on a pilot basis to demonstrate the viability and potential benefits of such activities as a precursor to securing the external funding necessary to maintain such projects on an on-going basis.

For these purposes the Charity will endeavour to generate and maintain reserves which are at least 50% of its annual turnover.

5.3 Principal Sources of Funding and Outgoings

Lesotho Rugby Academy continues to work to achieve a sustainable funding base. UK fundraising was limited in 2021, both by lockdowns, which prevented any fundraising events, and as efforts were focused on adapting the programme and delivery plans in response to lockdowns in Lesotho.

The main source of funds was the Atlas Foundation, which committed £7,000 to fund three years' of Academy programming in Matsieng between 2020 and 2022, £500 of which was received in 2021. Our remaining funding came from small charitable donations.

Expenses for 2021 were low as the programme received direct financial support from the UK Government to implement the programme over the year. This grant funding was paid directly to Lesotho Rugby Academy's implementing partner, Dolen Cymru. As such, the Charity was able to build up reserves to continue the programme delivery at a greater scale once UK Government grant funding ends in September 2022.

5.4 Remuneration of Trustees

All Trustees act in a voluntary capacity and receive no remuneration or other material benefits from their services to the Charity.

Out-of-pocket expenses necessarily and reasonably incurred by Trustees in promoting the purposes of the Charity are reimbursed at cost.

5.5 Financial Status

Though modest, Lesotho Rugby Academy's current resources from unrestricted donations are more than sufficient to meet its outgoings for at least the next year.

All the indications are that this will remain the case for the foreseeable future.

5.6 Statutory Statements on Liabilities

The Trustees declare that:

- ✓ The charity has given no guarantees where potential liability under the guarantee is outstanding at the date of this statement (*eg: any outstanding/ongoing contract or legal undertaking to buy or provide specific services*);
- ✓ The charity has no debt outstanding at the date of this statement which is owed by the CIO and which is secured by an express charge on any assets of the CIO (*eg: a mortgage on property owned by the charity*);

Approved by the Trustees and signed on their behalf,



Name: Andrew Barton

Date: 27/10/2022

6 Statement of Financial Activity

6.1 Receipts & Payments Accounts for the Financial Year Ended 31-Dec-21

6.1.1 Receipts & Payments

	Current Financial Year, Jan'21-Dec'21			Last Year
	Unrestr'd Funds £	Restricted Funds £	Total £	Total £
A1 - RECEIPTS				
Voluntary Income	5,104		5,104	2,407
Charitable Income	500		500	20,015
Other Receipts	0		0	0
	<u>5,604</u>	<u>0</u>	<u>5,604</u>	<u>22,422</u>
A1 - ASSETS & INVESTMENTS				
Sale of Investments	0		0	0
Sale of Assets	0		0	0
	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>
TOTAL RECEIPTS	5,604	0	5,604	22,422
A3 - PAYMENTS				
Generating Funds	-31		-31	-84
Charitable Activities	-1,000		-1,000	-13,000
Support Costs	0		0	-24
Other Payments	0		0	0
	<u>-1,031</u>	<u>0</u>	<u>-1,031</u>	<u>-13,108</u>
A4 - ASSETS & INVESTMENTS				
Purchase of Investments	0		0	0
Purchase of Assets	0		0	0
	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>
TOTAL PAYMENTS	-1,031	0	-1,031	-13,108
NET OF RECEIPTS-PAYMENTS	4,573	0	4,573	9,315
A5 - Transfers Between Funds	0	0	0	0
NET AFTER TRANSFERS	4,573	0	4,573	9,315

6.1.2 Summary of Receipts & Payments Accounts

	Current Financial Year, Jan'21-Dec'21			Last Year
	Unrestr'd Funds £	Restricted Funds £	Total £	Total £
Actual Funds Brought Forward	42,058	-	42,058	32,743
Movement After Transfers	4,573	0	4,573	9,315
Total Funds Carried Forward	46,631	0	46,631	42,058

6.1.3 Statement of Assets and Liabilities

Cash Assets	Bt'Fwd at 01-Jan-2021	Receipts in Period	Payments in Period	Transfers in Period	Cd'Fwd at 31-Dec-21
Cash at Bank & in Hand					
Bank, Current Account	32,439	4,156	-1,000	0	35,595
PayPal Account	9,619	1,448	-31	0	11,036
Actual Cash Assets	42,058	5,604	-1,031	0	46,631
Owed to Charity {Overdue Receipts}	0				0
Owed by Charity {Overdue Payments}	0				0
Net Cash Assets	42,058				46,631

	As at 31-Dec-21			Last Year
	General Funds £	Restricted Funds £	Total £	Total £
B1 - Cash Assets				
General Fund	46,631		46,631	42,058
Net Payments in Advance	0		0	0
Designated Funds	0		0	0
Total Unrestricted Funds			46,631	42,058
Restricted Funds				
None		0		0
Total Restricted Funds			0	0
Total Cash Funds			46,631	42,058
B2 - Money Owed to the Charity {Other Monetary Assets}			0	0
B5 - Money Owed by the Charity {Liabilities}			0	0
Net Cash Assets			46,631	42,058
B3 - Investment assets				
	0	0	0	0
B4 - Assets retained for charity's own use.				
	0	0	0	0
Total Current Funds			46,631	42,058
Total Funds (net of liabilities)			46,631	42,058

6.1.4 Approval of the Board of Trustees

The Trustees declare that they have approved the above Annual Report & Statement of Financial Activity.

Signed on behalf of the Trustees



Name (& role if appropriate): Andrew Barton (Trustee)

Date: 27/10/2022

6.2 Notes to the Accounts

- a) Accounting Policies
The financial statements have been prepared in accordance with the Charities Act 2011 Section 133, using the Receipts and Payments basis available to small charities and the charity's accounts spreadsheet.
- b) Reimbursement of Out-of-Pocket Expenses
Out-of-pocket expenses incurred necessarily, reasonably and incidentally in the course the charity's activities are reimbursed at cost.
No Trustees received any reimbursement of out-of-pocket expenses in the financial year.
- c) Salaries & Professional Fees
No trustee receives any payments for the services they provide to the charity.
In the current financial year the charity employed no staff or external contractors;
- d) Fixed Assets
The charity has not purchased or disposed of any fixed assets in the current financial year;
- e) Creditors & Debtors
Cheques for goods or services purchased, or invoices for goods or services delivered, which are issued prior to the end of the financial year but not appearing in the end of financial year bank statement are reported as outstanding creditors or debtors respectively.
- f) Rounding Discrepancies
All amounts are recorded to the penny, but in these accounts are shown as digitally rounded to the nearest pound. This can occasionally result in a total apparently not being the sum of its constituent amounts. All individual amounts, and their totals, are nevertheless correct.

Accounts

LESOTHO RUGBY ACADEMY

REGISTERED CHARITY, NO: 1188458



Trustees' Annual Report & Statement of Financial Activity

for the Year Ended 31 December 2020

Trustees

Dan Aylward-Mills

Andrew Barton

Iain Richards

Ruth Aylward

John Stephen Lloyd

LESOTHO RUGBY ACADEMY



Trustees' Annual Report & Statement of Financial Activity for the Year Ended 31 December 2020

Contents

1	Reference and Administration Details.....	3
1.1	Charity Name & Registration	3
1.2	Charity's Address.....	3
1.3	Names of the Trustees Who Manage the Charity.....	3
1.4	Names of Advisors & Senior Members of Staff.....	3
1.5	Bank.....	3
2	Structure, Governance & Management.....	3
2.1	Type of Governing Document	3
2.2	Charitable Objects	3
2.3	Trustee Selection Methods	4
3	Activities	4
3.1	Statutory Declaration	4
4	Achievements & Performance	4
4.1	Outputs and Outcomes for the Charity's Beneficiaries	4
4.2	How the Public Have Benefitted.	5
4.3	Contributing to Activities Run by Other Organisations.....	5
4.4	Trustee Development.....	5
5	Financial Review.....	5
5.1	Details of Any Funds Materially in Deficit.....	5
5.2	Policy on Reserves.....	5
5.3	Principal Sources of Funding and Outgoings.....	5
5.4	Remuneration of Trustees	6
5.5	Financial Status	6
5.6	Statutory Statements on Liabilities	6
6	Statement of Financial Activity	7
6.1	Receipts & Payments Accounts for the Financial Year Ended 31-Dec-20	7
6.2	Notes to the Accounts.....	9

Trustees Annual Report & Statement of Financial Activity for the Year Ended 31 December 2020

1 Reference and Administration Details

1.1 Charity Name & Registration

Lesotho Rugby Academy

The charity is a Charitable Incorporated Organisation, registration no: 1188458, registered with the Charity Commission on 10 March 2020.

The charity is registered with HM Revenue & Customs

1.2 Charity's Address

107 Godwin Road,

London, E7 0LW

e-mail: dan.c.aylward@gmail.com

website: www.lesothorugbyacademy.org

1.3 Names of the Trustees Who Manage the Charity

	<i>Appointed</i>	<i>Resigned</i>
Dan Aylward-Mills	10 March 2020	-
Andrew Barton	10 March 2020	-
Iain Richards	10 March 2020	-
Ruth Aylward	10 March 2020	-
John Stephen Lloyd	10 March 2020	-

1.4 Names of Advisors & Senior Members of Staff

None

1.5 Bank

Natwest Westminster Bank PLC, 250 Bishopsgate, London, EC2M 4AA

PayPal (Europe), S.à r.l. et Cie, S.C.A., 22-24 Boulevard Royal, L-2449 Luxembourg

2 Structure, Governance & Management

2.1 Type of Governing Document

Constitution – based on the Charity Commission's model governing document for Foundation Charitable Incorporated Organisations, *ie*: where the Trustees are the only Members of the charity.

2.2 Charitable Objects

As defined in Lesotho Rugby Academy's Constitution (Governing Document):

The object of Lesotho Rugby Academy is to act as a resource for young people living in Lesotho by providing assistance, training and grants and organising programmes of physical, educational and other activities, in particular but not exclusively through sessions devoted to the sport of rugby, as a means of:

- a) Advancing in life and helping young people by developing their skills, capacities, capabilities to enable them to participate in society as independent, mature and responsible individuals;
- b) Providing recreational and leisure time activity in the interests of social welfare for people living in the area of benefit who have need by reason of their youth, age, infirmity or disability, poverty or social and economic circumstances with a view to improving the conditions of life of such persons.

2.3 Trustee Selection Methods

There must be at least three charity trustees. The maximum number of trustees is 12.

In accordance with the Constitution, Trustees are appointed or re-appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees.

In appointing Trustees due consideration is given to ensuring that the Trustees have, between them, the skills and experience necessary to manage the charity effectively and in accordance with charity law.

3 Activities

3.1 Statutory Declaration

The Trustees of Small Charity Support confirm that they have paid due regard to the guidance issued by the Charity Commission on public benefit in deciding what activities the charity should undertake.

4 Achievements & Performance

4.1 Outputs and Outcomes for the Charity's Beneficiaries

In response to the global Covid-19 pandemic, Lesotho followed the lead of South Africa and enacted a complete, nationwide lockdown in early 2020, with schools closed between April and October.

This meant that the LRA team has only been operational in schools for 50% of the time, reducing the number of beneficiaries originally compared to previous years and targets.

In response to the new challenges affecting communities in Lesotho, we enhanced our programme with new lessons on WASH and Covid-19 safe practices. We formed a new partnership with the Lesotho Red Cross and our coaches attended training sessions to deliver these additional workshops. New lesson plans were introduced at the start of the programme so that safe practice could be established early and confidence built with district and school leaders.

Between January and March 2020 we visited 10 schools - 5 in the Lowland district of Maseru and 5 in the Highland district of Butha-Buthe. A total of 617 children benefitted from the programme during this period. Our next wave of schools was due to launch in April 2020, but was postponed due to Covid-19 related lockdowns until schools reopened in October.

During the period October 2020 – Dec 2020, the programme ran in 2 regions of Lesotho, including a district in the rural lowlands. 400 vulnerable children were beneficiaries of our programme, in addition to their teachers. With the intended overall outcome of delivering a programme to children between the ages of 10-14 to make positive lifestyle choices being achieved, teachers and community coaches were also trained in programme delivery and have increased understanding of key life skills lessons to ensure sustained on-going delivery of the programme.

The disruptions due to Covid-19 are not over, with Lesotho entering a second lockdown in early 2021. When schools reopen, we will aim to get back into schools and increase our participation numbers. Most importantly, we will continue to ensure that the delivery of our education programme and physical activity is done safely and within Covid-19 protocol guidelines.

4.2 How the Public Have Benefitted.

The Lesotho Rugby Academy's programme visited schools in disadvantaged areas across Lesotho from January to March 2020, and later in the year from October to December 2020. Throughout this time we taught basic rules and the skills of rugby, and the three pillars that any rugby player should live by: communication, commitment and respect. Each session informs children about, and encourages them to discuss, important life skills and socially sensitive issues including gender equality, good nutrition, protection from HIV and AIDS, and how to live a healthy responsible lifestyle.

4.3 Contributing to Activities Run by Other Organisations

Lesotho Rugby Academy contributes funding to other organisations in order to aid delivery of our programme. For 2020 our main delivery partner was Dolen Cymru (Charity registration number: 1143448), who provide programme management oversight in Lesotho. Dolen Cymru manages the finances for the programme (including transfer of funds to Lesotho and disbursement on a monthly basis), monitors the programme – including through its in country staff, promotes the programme amongst potential sponsors and provides additional governance reassurance thanks to its established ABC, safeguarding, whistleblowing and expenses policies. It establishes linkages between schools in Lesotho and the UK which the rugby programme 'piggybacks'. It also provides some capacity building to the delivery team.

Lesotho Rugby Academy expects to continue to partner with Dolen Cymru in 2021, but has the right to change delivery partner at any time.

4.4 Trustee Development

Trustees are encouraged to participate in development opportunities as and when appropriate.

5 Financial Review

5.1 Details of Any Funds Materially in Deficit

The Charity has no funds which are materially in deficit.

5.2 Policy on Reserves

The Charity's policy on reserves is to generate and maintain a balance which is sufficient:

- a) to preserve the financial viability of the Charity in the event that unforeseen and/or unavoidable circumstance precipitate a short-term fall in its income;
- b) to enable the Charity, in the interests of meeting its objectives, to undertake from time to time the setting up of new and innovative projects on a pilot basis to demonstrate the viability and potential benefits of such activities as a precursor to securing the external funding necessary to maintain such projects on an on-going basis.

For these purposes the Charity will endeavour to generate and maintain reserves which are at least 50% of its annual turnover.

5.3 Principal Sources of Funding and Outgoings

Lesotho Rugby Academy continues to work to achieve a sustainable funding base. UK fundraising was limited in 2020, both by lockdowns, which prevented any fundraising events, and as efforts were focused on adapting the programme and delivery plans in response to lockdowns in Lesotho.

The main sources of funds were Atlas Foundation, Harlequins Foundation and the Barbarians Charitable Trust, which committed £7,000 to fund three years' of Academy programming in Matsieng between 2021 and 2023. Our remaining funding came from small charitable donations.

Expenses were also lower for the year as lockdowns prevented coaching teams from attending schools, reducing transportation costs. As explained in our 2019 Annual Statement, LRA decided to

continue to pay all coaches in the absence of a government backed wage support scheme. Fortunately, LRA had established a good level of cash reserves in previous years which helped us overcome these challenges.

5.4 Remuneration of Trustees

All Trustees act in a voluntary capacity and receive no remuneration or other material benefits from their services to the Charity.

Out-of-pocket expenses necessarily and reasonably incurred by Trustees in promoting the purposes of the Charity are reimbursed at cost.

5.5 Financial Status

Though modest, Lesotho Rugby Academy's current resources from unrestricted donations are more than sufficient to meet its outgoings for at least the next year.

All the indications are that this will remain the case for the foreseeable future.

5.6 Statutory Statements on Liabilities

The Trustees declare that:

- ✓ The charity has given no guarantees where potential liability under the guarantee is outstanding at the date of this statement (*eg*: any outstanding/ongoing contract or legal undertaking to buy or provide specific services);
- ✓ The charity has no debt outstanding at the date of this statement which is owed by the CIO and which is secured by an express charge on any assets of the CIO (*eg*: a mortgage on property owned by the charity);

Approved by the Trustees and signed on their behalf,



Name

Andrew Barton

Date:

29.10.2021

6 Statement of Financial Activity

6.1 Receipts & Payments Accounts for the Financial Year Ended 31-Dec-20

6.1.1 Receipts & Payments

	Current Financial Year, Mar'20-Dec'20		
	Unrestr'd Funds £	Restricted Funds £	Total £
A1 - RECEIPTS			
Voluntary Income	2,407		2,407
Charitable Income	20,015		20,015
Other Receipts	0		0
	<u>22,422</u>	<u>0</u>	<u>22,422</u>
A1 - ASSETS & INVESTMENTS			
Sale of Investments	0		0
Sale of Assets	0		0
	<u>0</u>	<u>0</u>	<u>0</u>
TOTAL RECEIPTS	22,422	0	22,422
A3 - PAYMENTS			
Generating Funds	-84		-84
Charitable Activities	-13,000		-13,000
Support Costs	-24		-24
Other Payments	0		0
	<u>-13,108</u>	<u>0</u>	<u>-13,108</u>
A4 - ASSETS & INVESTMENTS			
Purchase of Investments	0		0
Purchase of Assets	0		0
	<u>0</u>	<u>0</u>	<u>0</u>
TOTAL PAYMENTS	-13,108	0	-13,108
NET OF RECEIPTS-PAYMENTS	9,315	0	9,315
A5 - Transfers Between Funds	0	0	0
NET AFTER TRANSFERS	9,315	0	9,315

6.1.2 Summary of Receipts & Payments Accounts

	Current Financial Year, Mar'20-Dec'20		
	Unrestr'd Funds £	Restricted Funds £	Total £
Actual Funds Brought Forward	32,743	-	32,743
Movement After Transfers	9,315	0	9,315
Total Funds Carried Forward	42,058	0	42,058

6.1.3 Statement of Assets and Liabilities

Cash Assets	Bt'Fwd at 10-03-2020	Receipts in Period	Payments in Period	Transfers in Period	Cd'Fwd at 31-Dec-20
Cash at Bank & in Hand					
Bank, Current Account	24,650	21,030	-13,077	-164	32,439
PayPal Account	8,093	1,392	-31	164	9,619
Actual Cash Assets	32,743	22,422	-13,108	0	42,058
Owed to Charity {Overdue Receipts}	0				0
Owed by Charity {Overdue Payments}	0				0
Net Cash Assets	32,743				42,058

As at 31-Dec-20			
	General Funds £	Restricted Funds £	Total £
B1 - Cash Assets			
General Fund	42,058		42,058
Net Payments in Advance	0		0
Designated Funds	0		0
Total Unrestricted Funds			42,058
Restricted Funds			
None		0	
Total Restricted Funds			0
Total Cash Funds			42,058
B2 - Money Owed to the Charity {Other Monetary Assets}			0
B5 - Money Owed by the Charity {Liabilities}			0
Net Cash Assets			42,058
B3 - Investment assets	0	0	0
B4 - Assets retained for charity's own use.	0	0	0
Total Current Funds			42,058
Total Funds (net of liabilities)			42,058

6.1.4 Approval of the Board of Trustees

The Trustees declare that they have approved the above Annual Report & Statement of Financial Activity.

Signed on behalf of the Trustees



Name (& role if appropriate) Andrew Barton (Trustee)

Date: 29.10.2021

6.2 Notes to the Accounts

- a) Accounting Policies
The financial statements have been prepared in accordance with the Charities Act 2011 Section 133, using the Receipts and Payments basis available to small charities and the charity's accounts spreadsheet.
- b) Reimbursement of Out-of-Pocket Expenses
Out-of-pocket expenses incurred necessarily, reasonably and incidentally in the course the charity's activities are reimbursed at cost.
No Trustees received any reimbursement of out-of-pocket expenses in the financial year.
- c) Salaries & Professional Fees
No trustee receives any payments for the services they provide to the charity.
In the current financial year the charity employed no staff or external contractors;
- d) Fixed Assets
The charity has not purchased or disposed of any fixed assets in the current financial year;
- e) Creditors & Debtors
Cheques for goods or services purchased, or invoices for goods or services delivered, which are issued prior to the end of the financial year but not appearing in the end of financial year bank statement are reported as outstanding creditors or debtors respectively.
- f) Rounding Discrepancies
All amounts are recorded to the penny, but in these accounts are shown as digitally rounded to the nearest pound. This can occasionally result in a total apparently not being the sum of its constituent amounts. All individual amounts, and their totals, are nevertheless correct.