

COMPANY REGISTRATION NUMBER: 12140175
CHARITY REGISTRATION NUMBER: 1188418

MENUCHA LTD
Company Limited by Guarantee
UNAUDITED FINANCIAL STATEMENTS
31 DECEMBER 2020



MENUCHA LTD
ANNUAL REPORT AND FINANCIAL STATEMENTS
PERIOD ENDED 31 DECEMBER 2020
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MENUCHA LTD
ANNUAL REPORT AND FINANCIAL STATEMENTS
PERIOD ENDED 31 DECEMBER 2020
COMPANY INFORMATION

Name:	Menucha Ltd
Charity Registration number:	1188418
Company registration number:	12140175
Registered office:	32 Hamilton Road London NW11 9EJ
Trustees:	Miriam Ollech Alexis Jacques Dwek Jona Lewin Susie Weisz Leah Aliza Sanger Rebecca Rosalind Dwek
Chair of Trustees:	Miriam Ollech

For company law purposes the Trustees are also the Company directors.

Independent Examiner:	Shaya Grosskopf ACA 1g Accountants 33 Kings Close London NW4 2JU
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MENUCHA LTD
ANNUAL REPORT AND FINANCIAL STATEMENTS
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TRUSTEES' ANNUAL REPORT (INCORPORATING DIRECTORS' REPORT)

The trustees, who are also the directors for the purposes of the Companies Act 2006, present their report and the unaudited financial statements of the charity for the period ended 31 December 2020.

The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

TRUSTEES

During the year the following individuals served as trustees of the Charity: -

Tsipporah Krausz (Appointed 1 December 2019 and resigned 29 January 2021)
Rebecca Rosalind Dwek (Appointed 1 December 2019 and resigned 29 January 2021)
Leah Aliza Sanger (Appointed 6 August 2019)
Miriam Ollech (Appointed 1 January 2021)
Alexis Jacques Dwek (Appointed 1 January 2021)
Jona Lewis (Appointed 1 January 2021)
Susie Weisz (Appointed 1 January 2021)

OBJECTIVES AND ACTIVITIES

The principal activities of the Charity are to provide advice and support to empower women experiencing perinatal mood disorders to understand this issue. The Charity's goal is to alleviate the severity of Perinatal mood disorders by ensuring every woman can access help quickly and efficiently and feel confident in doing so.

PUBLIC BENEFIT

The trustees have given careful consideration to the Charity Commission's guidance on public benefit when setting the aims and objectives of the Charity. In particular, the Trustees consider how planned activities will contribute to the aims and objectives of the Charity.

The Charity has no affiliation with any political organisation.

CHARITABLE ACTIVITIES

During this period covered by this report the Trustees worked on developing its clinical model and team.

At the beginning of January 2020, the Trustees met with the Clinical Director of the Anna Freud Centre. What began as a conversation about Parent Infant Psychotherapy for mums struggling to bond with their babies led to the instrumental decision to work with the Centre in a consultancy role to help the Trustees refine The Charity's model and develop our team. Around this time, we also presented at the Interlink Maternity Services meeting at the Royal Free Hospital, which provided an excellent opportunity to raise awareness of the Charity's mission and a chance to hear from various professionals and other community organisations about their experiences working with women with maternal mental health issues in the Orthodox Jewish Community.

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TRUSTEES' ANNUAL REPORT (continued)

The Trustees regularly meet with the clinical lead of Barnet Council responsible for Perinatal Mental Health, to discuss working relationships with the Barnet Council Specialist Team and training opportunities for our staff and team.

The Charity's mission statement was created and thought was given on how to measure the efficacy of its clinical model. Further talks with Barnet Council explored the idea of a researcher from the Royal Free Hospital following its progress. Our Key Performance Indicators were discussed as well as how we will measure them. The Trustees decided to use industry standard GAD2 questions for intake process and continuous weekly mood scoring. Additionally, we measure performance against a bespoke intake questionnaire form and requests for client feedback forms every three months followed by a feedback form for the ending process. The Charity did not perform any clinical work during the period covered by these financial statements.

EFFECT OF CORONAVIRUS

The Charity has adapted to operating during the Coronavirus Pandemic. Two awareness evenings were hosted via videoconferencing. The first meeting was held in July with 67 attendees and a second was held in September with 98 attendees. Additionally a cultural awareness training with 23 psychiatrists and psychologists from across the country was held in October.

PLANS FOR FUTURE PERIODS

In January 2021 the Charity rolled out the community awareness program. This involves weekly adverts on the signs and symptoms in local advertisers and on social media.

In February 2021 the Charity launched the Menucha Service. Helplines went live on 2 February 2021.

The Trustees plan is to have regular weekly reviews with the executive board to review the efficacy of the model and staff and protocols for the first six months.

Once procedures and protocols have been finalised and the Trustees are satisfied that the clinical model is working well, the Charity plans on beginning work on a further phase of work looking at the provision of community preventative treatment program.

In March 2021 a member of the team began Birth Trauma Resolution Training. The trustees have appointed a perinatal occupational therapist to begin in May. The plan is to target the triggers of Perinatal Mental Illness such as birth trauma, adjustment issues and isolation, and treat them.

FINANCIAL REVIEW

The Charity's income for the year amounted to £50,641. Expenditure was £8,964. The resulting net surplus was £41,677

RESERVES POLICY

It is the policy of the trustees to seek to maintain funds which are the reserves of the Charity at a level sufficient to cover management, administration and support costs, subject to constraints arising from the diminishing financial and other resources available.

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TRUSTEES' ANNUAL REPORT (continued)

The trustees have established the level of unrestricted current net assets that the Charity ought to have. Reserves are needed to bridge the funding gap between spending on activities and receiving resources through voluntary income. The trustees consider that the ideal level of unrestricted reserves as at 31 December 2020 would be three months of resources expended which equates to £2,500

At 31 December 2020 the Charity had reserves of £41,677 which exceeds our target reserves.

The Trustees are conscious of the need to further expand the Charity's fundraising, in order to secure the activities of the Charity, and are actively pursuing sources of funding in order to ensure that there are sufficient reserves to provide for future financial stability and flexibility to fund charitable activities.

STRUCTURE, GOVERNANCE AND MANAGEMENT

The company was established under a Memorandum of Association and is governed under the Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £1. The Trustees are responsible for the overall governance and stewardship of the Charity. The Trustees employ two Clinical Directors responsible for day to day clinical management and leadership.

SMALL COMPANY PROVISIONS

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

The trustees' annual report was approved on 5 May 2021 and signed on behalf of the board of trustees by:

L Sanger

Leah Aliza Sanger (May 4, 2021, 7:09pm)

Trustee

MENUCHA LTD
ANNUAL REPORT AND FINANCIAL STATEMENTS
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INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES

I report to the trustees on my examination of the financial statements of Menucha Ltd ('the Charity' and for company law purposes, 'the Company') for the period ended 31 December 2020.

Responsibilities and basis of my report

As the Charity's trustees (who are also directors of the Company for the purposes of company law), you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 act").

Having satisfied myself that the accounts of the Company are not required to be audited for this year under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the Charity's accounts as carried out under section 145 of the Charities Act 2011 ("the 2011 Act"). In carrying out my examination, I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention which give me reason to believe that:

- Accounting records were not kept in accordance with section 386 of the 2006 Act; or
- The accounts do not accord with such records; or
- The accounts do not comply with relevant accounting requirements under section 396 of the Company Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- The accounts have not been prepared in accordance with the Charities SORP (FRS102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Shaya Grosskopf

Shaya Grosskopf (May 4, 2021, 8:06pm)

Shaya Grosskopf ACA

1g Accountants

Chartered Accountants

33 Kings Close

London

NW4 2JU

5 May 2021

MENUCHA LTD
ANNUAL REPORT AND FINANCIAL STATEMENTS
PERIOD ENDED 31 DECEMBER 2020
STATEMENT OF COMPREHENSIVE FINANCIAL ACTIVITIES

	Note	2020 Unrestricted funds £	2020 Restricted funds £	2020 Total funds £
Income				
Donations		39,830	710	40,540
Grants		9,950	-	9,950
Other income		151	-	151
Total income	4	49,931	710	50,641
Expenditure				
Expenditure on charitable activities		6,751	-	6,751
Costs of raising funds		-	710	710
Expenditure on governance costs		2,001	-	2,001
Total expenditure	5	8,752	710	9,462
Total comprehensive surplus for the year and movement in funds		41,178	-	41,178
Total funds carried forwards		41,178		41,178

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

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STATEMENT OF FINANCIAL POSITION

	Note	2020
		£
Current assets		
Cash at bank and in hand		42,127
Total current assets		42,127
Creditors: amounts falling due with one year	8	(949)
Net current assets / (liabilities)		41,178
Total assets less current liabilities		41,178
Net assets		41,178
Funds of the charity		
Unrestricted funds		41,178
Total charity funds	9	41,178

For the period ending 31 December 2020 the Company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies. No member has required the Company to obtain an audit for its financial statements for the year in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and preparation of financial statements.

The financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

These financial statements were approved by the board of trustees and authorised for issue on 5 May 2021 and are signed on behalf of the board by:

L Sanger

Leah Aliza Sanger (May 4, 2021, 7:09pm)

Leah Aliza Sanger

Director and Trustee

Company registration number: 12140175

The notes on the succeeding pages form part of these financial statements.

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ANNUAL REPORT AND FINANCIAL STATEMENTS
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NOTES TO THE FINANCIAL STATEMENTS

1. General Information

The Charity is a registered charity and a private company limited by guarantee, registered in England and Wales. The registered address is 32 Hamilton Road, London, NW11 9EJ. The liability of the members in the event of the charity being liquidated is limited to £1 each.

2. Statement of compliance

The financial statements have been prepared in compliance with FRS102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (Charities SORP (FRS 102) and the Companies Act 2006.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis. The financial statements are prepared in pound sterling, which is the functional currency of the Charity.

Going concern

In the opinion of the Trustees there are no material uncertainties about the Charity's ability to continue its operations as a going concern.

Disclosure exemption

The Charity qualifies for and has taken advantage of the exemption available under paragraph 1.12 of FRS102 from presenting a cash flow statement.

Key judgements and estimates

In the opinion of the Trustees there were no significant areas of judgement or estimate engaged when preparing the financial statements.

Fund accounting

The charity's assets are split between unrestricted funds, which are available for use at the trustee's discretion in furtherance of the Charity's objectives, and restricted funds, which are subject to specific conditions by donors as to how they may be used. Further details on the Charity's restricted fund are presented in note 12 to the financial statements.

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NOTES TO THE FINANCIAL STATEMENTS (continued)

Incoming resources

Incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that economic benefits will pass to the charity; and that benefit can be reliably quantified. The following specific policies are applied to specific categories of income: -

- Income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable, and the amount can be reliably quantified.

Resources expended

Expenditure is recognised on an accrual basis when incurred and is inclusive of value added tax.

Financial instruments

Basic financial instruments, being most current assets and liabilities, are measured at the cash or other consideration expected to be paid or received. Financing transactions are measured at the present value of future payments discounted at a market rate of interest for a similar debt instrument.

4. Income

	2020	2020	2020
	Unrestricted funds	Restricted funds	Total funds
	£	£	£
Donations			
Donations from individuals	39,830	710	40,540
Grants received			
Grants	9,950	-	9,950
Other income			
Compensation received	150	-	150
Sundry income	1	-	1
Total other income	151		151
Total income received	49,931	710	50,641

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NOTES TO THE FINANCIAL STATEMENTS (continued)

5. Expenses

	2020	2020	2020
	Unrestricted funds	Restricted funds	Total funds
	£	£	£
Expenditure on charitable activities			
Advertising	533	-	533
Awareness events	100	-	100
Training and consultation	5,789	-	5,789
Helpline and telephony	305	-	305
Total expenditure on charitable activities	6,751	-	6,751
Costs of raising funds			
Fundraising events costs	-	710	710
Governance costs			
Accountancy and independent examiner's fees	450	-	450
Legal and professional services	1,551	-	1,551
Total expenditure on governance costs	2,001	-	2,001
Total expenditure	8,752	710	9,462

6. Staff costs

The average number of staff employed by the Charity during the year was 0.

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NOTES TO THE FINANCIAL STATEMENTS (continued)

7. Net surplus

Net surplus is stated after charging:

	2020
	£
Fees payable for the independent examination of the financial statements	450

8. Creditors: amounts falling due with one year

	2020
	£
Accruals	949
	949

9. Analysis of restricted funds

	At 6 August 2019	Income	Expenditure	At 31 December 2020	
Sponsorship of fundraising event	-	710	(710)		-

10. Transactions with trustees

No trustee drew remuneration or expenses in the reporting period.



Issuer 1g Accountants

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Parties involved with this document

Document processed	Party + Fingerprint
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Audit history log

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