

# THE IAN WILLIAMS FOUNDATION

England & Wales · Charity number 1188414

## Details

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**Status** Registered

**Legal form** CIO

**Registered** 2020-03-09

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** St. Lawrence House  
Gumfreston  
Tenby  
SA70 8RA

**Phone** 12345678988

**Email** [communicate@theianwilliamsfoundation.org](mailto:communicate@theianwilliamsfoundation.org)

**Website** [www.theianwilliamsfoundation.org](http://www.theianwilliamsfoundation.org)

## Activities

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**Objects:** THE OBJECTS OF THE CIO ARE:(1) THE ADVANCEMENT OF HEALTH AND THE SAVING OF LIVES BY RAISING AWARENESS OFCARDIOVASCULAR ISSUES AND CARDIAC HEALTH IN ATHLETES AND PEOPLE TAKING PART IN SPORT; PROMOTING THE NEED FOR CARDIAC SCREENING AS A PREVENTATIVE MEASURE; AND, RAISING AWARENESS OF MENTAL HEALTH ISSUES WHICH MAY AFFECT THOSE PARTICIPATING IN SPORT AND THE OPTIONS AVAILABLE FOR SUCH PEOPLE;(2) THE PROMOTION OF COMMUNITY PARTICIPATION IN HEALTHY RECREATION, IN PARTICULAR BY THE MAKING OF GRANTS TO OTHER CHARITIES AND SPORTS CLUBS FOR THE PLAYING OF RUGBY UNION.

**Activities:** Lobbying various professional bodies who control the health and safety requirements for both amateur and professional athletes in rugby - both men and women. We will be considering the possibility of screening options and financial contributions to such options from our current funds. We are in discussions to sponsor a screening opportunity for The Varsity Matches - both Welsh and English.

## Classification

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- **How:** Provides Advocacy/advice/information
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Amateur Sport
- **Who:** Children/young People, Other Charities Or Voluntary Bodies, The General Public/mankind

## Geography

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- Throughout England And Wales

## Finances

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Period end	Income	Expenditure	Assets	Employees
2025-04-05		£0	£0	-
2024-04-05		£0	£0	-
2023-04-05		£0	£0	-
2022-04-05		£0	£0	-
2021-04-05		£0	£0	-

## Trustees

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Name	Role	Appointed
<b>Helen Williams</b>	Chair	2019-01-17
Christina Haddad		2019-01-17
James Hay		2019-01-17
Nicola Wager		2019-01-17
Philippa Williams		2019-01-17

**THE IAN WILLIAMS FOUNDATION**

England & Wales - Charity number 1188414

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# Accounts

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# THE IAN WILLIAMS FOUNDATION

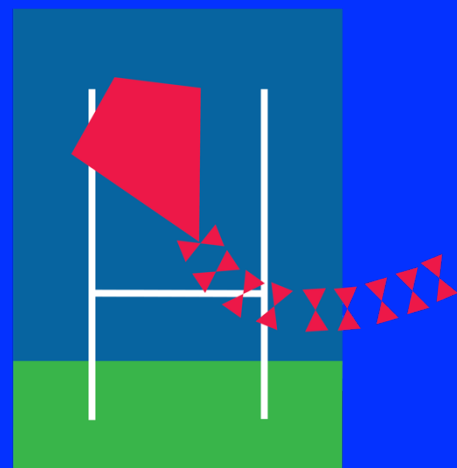
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Trustee Report & Financial  
Review

Year ended: 5<sup>th</sup> April 2025

Charity Number 1188414

St Lawrence House, Tenby, Pembrokeshire, SA70 8RA.  
[communicate@theianwilliamsfoundation.org](mailto:communicate@theianwilliamsfoundation.org)



## MISSION STATEMENT

Ian Michael Williams was a talented tight-head prop fulfilling his dream of being a professional rugby union player. But sadly in February 2018, aged just 27, he collapsed and died whilst training with Doncaster Knights.

Our vision for The Ian Williams Foundation is to move beyond this sadness and create an impactful vehicle for change. Like Ian, we want his Foundation to be big, sporty, strong, compassionate, dynamic, driven and caring.

*Our plan is to Screen, Encourage and Enable in order to SEE out this vision and Safeguard the Heart of Sport.*

## STRUCTURE & GOVERNANCE

The Ian Williams Foundation is a Charitable Incorporated Organisation (CIO), charity number 1188414, whose only voting members are its charity trustees and has its principal office located in Wales.

Where new trustees are appointed they are given a formal introduction to our work and provided with the information they need to fulfil their roles, which includes information about the role of trustees and charity law. New trustees are nominated by members of the board of trustees and appointed where they have the necessary skills to contribute to the charity's management and development. There must be a minimum of 3 trustees and a maximum number of 13. We are not yet large enough to require sub-committees of the trustee board to act in specific operational areas, and all decisions are made by the current board of charity trustees:

Helen Williams (Chair)  
Philippa Williams  
Nicola Wager  
Christina Haddad  
James Hay

All trustees give of their time freely and no trustee remuneration was paid during the year.

## POLICIES

To date the trustees have elected not to implement any particular policies. However, policy requirements will be reviewed as and when increasing activity necessitates. The trustees anticipate that grant making and volunteer management may become relevant, and are committed to implementing such policies as needed.

## OBJECTIVES

The legal objects of The Ian Williams Foundation as set out in our governing document are:

1. The advancement of health and the saving of lives by raising awareness of cardiovascular issues and cardiac health in athletes and people taking part in sport' promoting the need for cardiac screening as a preventative measure; and, raising awareness of mental health issues which may affect those participating in sport and the options available for such people
2. The promotion of community participation in healthy recreation, in particular by the making of grants to other charities and sports clubs for the playing of Rugby Union

## ACTIVITIES

The trustees have taken the Charity Commission's public benefit guidance into account when making any decision where it is relevant to planning our activities for the year.

At the start of this period, concerns remained that recent demands on RFU and Championship resources may have impacted the implementation of consistent cardiac screening at Championship level. The trustees have continued to investigate this, lobby relevant professional bodies, and explore ways to ensure consistent governance in this area across England and Wales. We were pleased to be able to confirm that cardiac screening for up to 50 registered first team players is now mandated in the Championship minimum standards and funded centrally by the RFU. Work continues to understand the status of implemented screening standards within the WRU.

On 4 December 2024 The Foundation partnered with Oxford University Rugby Football Club (OURFC) for their annual fixture against the Major Stanleys, raising £2,465. Fundraising at this event was specifically with the intention of screening OURFC players in future seasons. This is a charity match partnership that we hope to continue in future.

The trustees continued to engage with the RFU in order to develop a better understanding of the current support structures and infrastructure in place for athletes participating within rugby at a University level. The primary goal remains to understand existing athlete welfare procedures and ascertain the best potential avenue for developing a consistent and deliverable provision of both screening and education for the University athlete population. Useful initial meetings have been held and, with the help of the RFU University Partnerships Manager, next steps are being considered - in particular, the feasibility and strategy to adopt with regard to raising this issue with the BUCS (British Universities and Colleges Sport) Sport Advisory Group.

Work still continues to reinstate the largest event organised and 'hosted' by The Foundation: the annual Ian Williams Memorial Match which in early iterations saw peers from his two alma maters - Swansea University and Oxford University - compete in a rugby match in his memory. Whilst both universities were theoretically committed to finding a suitable date for the fixture to be held annually, governance and timetabling differences between the two institutions has been acknowledged as a potentially insurmountable obstacle. We therefore continue to consider the best solution for all, and discussions have begun to find an alternative approach to securing the fixture - the best potential option being the adjustment of those clubs involved. We remain committed to the fixture representing key parts of Ian's story and history, and to finding a sustainable annual iteration that will both raise awareness and raise funds to support our charitable objectives.

The trustees continue to assess the most sustainable and impactful route to achieving our charitable objectives and raising both funds and awareness around these objectives.

We are, as always, grateful to all of our supporters, and Ian's friends, for their continued contributions and fundraising efforts.

## FINANCIAL REVIEW

To date the trustees have not opened a bank account and therefore have no financial reports to submit. We have, however, had some income and thus include a financial review herewith our trustee report.

All funds raised and donated are currently held with our charity partner *The Atlas Foundation* (charity number 1161179) in the Ian Williams Foundation Fund, from whom we get a regular fund report.

The only costs incurred have been administrative (such as web domain and PR costs etc). The remaining majority of our income continues to be held, awaiting the decision of the trustees regarding its application.

The main financial risk to the charity is a reduction in donations and fundraising activities of our supporters and volunteers, however this is currently of no cause for concern as we do not have any regular financial commitments to meet at this stage.

The latest fund report read as follows:

### Profit & Loss for The Atlas Foundation - 06/04/2018 to 05/04/2025(Charity Project : Ian Williams Foundation Fund)

#### Profit & Loss Report for The Atlas Foundation

Period: 06/04/2018 to 05/04/2025, Charity Project: Ian Williams Foundation Fund

#### Turnover

4001	Donations: Partnership Projects	4,554.41	11.77%	
4010	Donations	34,143.66	88.23%	
<b>Total Turnover</b>		<b>£38,698.07</b>		

**Turnover: £38,698.07**

#### Less Cost of Sales

5001	Payment Fees: Partnership Projects	77.65	0.20%	
<b>Total Cost of Sales:</b>		<b>£77.65</b>	0.20%	

**Gross Profit: £38,620.42**  
99.80%

#### Less Expenses

5000	Payment Processing Fee	398.06	1.03%	
8051	Marketing	186.00	0.48%	
8220	Fundraising Expenses	517.61	1.34%	
9014	Partnership Project Expenses	2,113.92	5.46%	
<b>Total Expenses:</b>		<b>£3,215.59</b>	8.31%	

**Net Profit: £35,404.83**  
91.49%

## FUTURE PLANS

The trustees have taken a cautious approach in recent years, with limited engagement and activity, but remain optimistic that the steady approach adopted will continue to increase activity in a sustainable way in coming years. Lasting change remains the driving force behind decision-making: ensuring appropriate strategic engagement to truly facilitate this change whilst employing continued sensitivity to the current climate both within relevant sectors, and globally/economically.

This staid approach continues to inform the trustees longer view of the coming years and intention to create a structured implementation of activities and events that will culminate in both change and celebration upon reaching the 10<sup>th</sup> anniversary of Ian's death in 2028.

The trustees plan to further engage with the RFU University Partnerships Manager and BUCS Sports Advisory Group in pursuit of identifying and creating a strategic pathway to provide sustainable screening and education to university level rugby players, as well as the broader University athlete population in England and Wales.

The 4<sup>th</sup> Ian Williams Memorial Match is in tentative planning stages for a September 2025 fixture date. The trustees will continue to engage with all relevant parties to secure this date and commitment to annual fixtures thereafter.

A number of items remain ongoing and will remain on the trustees' radar for future plans and activity, until such time as they are considered complete and/or resolved:

- Revisiting discussions regarding sponsorship of a screening opportunity for, and formal partnership with, The Varsity Matches - and the University of Oxford and University of Cambridge respectively.
- Exploration of consistent avenues to work with The Welsh Varsity.
- Periodic investigation of the benefits of opening a bank account to: facilitate opportunities for fundraising and donations on social media platforms and in other charitable spheres; and, enable decisions regarding financial contributions to screening options from our current funds.
- Consideration of the potential appointment of new trustees relating to the requirements and goals of TIWF, to place experts within our governance who will ensure that we continue to move toward achieving our objects and vision.

**THE IAN WILLIAMS FOUNDATION**

England & Wales - Charity number 1188414

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# Accounts

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# THE IAN WILLIAMS FOUNDATION

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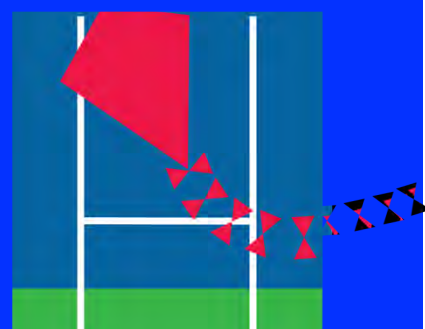
Trustee Report & Financial  
Review

Year ended: 5<sup>th</sup> April 2024

Charity Number 1188414

St Lawrence House, Tenby, Pembrokeshire, SA70 8RA.  
[communicate@theianwilliamsfoundation.org](mailto:communicate@theianwilliamsfoundation.org)

The Ian Williams  
Foundation



Safeguarding the  
heart of sport

## MISSION STATEMENT

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Our vision for The Ian Williams Foundation is to move beyond this sadness and create an impactful vehicle for change. Like Ian, we want his Foundation to be big, sporty, strong, compassionate, dynamic, driven and caring.

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## STRUCTURE & GOVERNANCE

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Helen Williams (Chair)  
Philippa Williams  
Nicola Wager  
Christina Haddad  
James Hay

All trustees give of their time freely and no trustee remuneration was paid during the year.

## POLICIES

To date (and in part due to limited activity) the trustees have elected not to implement any particular policies. However, having highlighted the potential need for policies on grant making and volunteer management, there remains a need to review these as they become relevant to increasing activity.

## OBJECTIVES

The legal objects of The Ian Williams Foundation as set out in our governing document are:

1. The advancement of health and the saving of lives by raising awareness of cardiovascular issues and cardiac health in athletes and people taking part in sport' promoting the need for cardiac screening as a preventative measure; and, raising awareness of mental health issues which may affect those participating in sport and the options available for such people
2. The promotion of community participation in healthy recreation, in particular by the making of grants to other charities and sports clubs for the playing of Rugby Union

## ACTIVITIES

The trustees have taken the Charity Commission's public benefit guidance into account when making any decision where it is relevant to planning our activities for the year.

Concerns remain that recent demands on RFU and Championship resources may have impacted the implementation of consistent cardiac screening at Championship level. The trustees have continued to investigate this, lobby relevant professional bodies, and explore ways to ensure consistent governance in this area across England and Wales.

The trustees continue to assess the most sustainable and impactful route to achieving our charitable objectives and raising both funds and awareness around these objectives.

The trustees have continued to consider the requirement for grant making and volunteer management policies as they pertain to our activities. Whilst currently not required, this will continue to be assessed on a regular basis.

Work continues to reinstate the largest event that is organised and 'hosted' by The Foundation itself (the annual Ian Williams Memorial Match which sees peers from his two alma maters - Swansea University and Oxford University - compete in a rugby match in his memory). Both universities remain committed to finding a suitable date for the fixture to be held annually, but governance and timetabling differences between the two institutions continue to provide an obstacle to securing the fixture. Work continues to find the best solution for all, and we remain optimistic that we will be able to confirm changes to this fixture that will see this settle into the prescribed match schedule for both university teams on the desired annual basis.

We are, as always, grateful to all of our supporters, and Ian's friends, for their continued contributions and fundraising efforts.

## FINANCIAL REVIEW

To date the trustees have not opened a bank account and therefore have no financial reports to submit. We have, however, had some income and thus include a financial review herewith our trustee report.

All funds raised and donated are currently held with our charity partner *The Atlas Foundation* (charity number 1161179) in the Ian Williams Foundation Fund, from whom we get a regular fund report.

The only costs incurred have been administrative (such as web domain and PR costs etc). The remaining majority of our income continues to be held, awaiting the decision of the trustees regarding its application.

The main financial risk to the charity is a reduction in donations and fundraising activities of our supporters and volunteers, however this is currently of no cause for concern as we do not have any regular financial commitments to meet at this stage.

The latest fund report read as follows:

### Profit & Loss for The Atlas Foundation - 01/04/2015 to 31/03/2024(Charity Project : Ian Williams Foundation Fund)

#### Profit & Loss Report for The Atlas Foundation


Period: 01/04/2015 to 31/03/2024, Charity Project: Ian Williams Foundation Fund

#### Turnover

4001	Donations: Partnership Projects	3,676.11	9.72%	
4010	Donations	34,143.66	90.28%	
<b>Total Turnover</b>		<b>£37,819.77</b>		

Turnover: £37,819.77

#### Less Cost of Sales

5001	Payment Fees: Partnership Projects	61.53	0.16%	
<b>Total Cost of Sales:</b>		<b>£61.53</b>	0.16%	

Gross Profit: £37,758.24  
99.84%

#### Less Expenses

5000	Payment Processing Fee	398.06	1.05%	
8051	Marketing	186.00	0.49%	
8220	Fundraising Expenses	517.61	1.37%	
9014	Partnership Project Expenses	1,485.02	3.93%	
<b>Total Expenses:</b>		<b>£2,586.69</b>	6.84%	

Net Profit: £35,171.55  
93.00%

## FUTURE PLANS

The trustees are hopeful that the year ending April 2025 will see a revival in activity following the extended pause experienced since April 2020.

The trustees intend to take a long view of the coming years and prepare plans to structure the implementation of activities and events strategically with the goal of particularly utilising the 10<sup>th</sup> anniversary of Ian's death (in 2028).

The trustees hope to utilise the new appointment of Simon Halliday (2023) to address concerns regarding the Championship's implementation of cardiac screening as part of their 'Standard Operating Procedures' and to ensure governance changes have been maintained. Mr Halliday is a patron of CRY - with whom the trustees have engaged previously - and has a particular passion for promoting cardiac screening, which the trustees hope will enable further progress to be made in securing consistent governance of this issue moving forward. The trustees further hope to engage Mr Halliday's expertise to evaluate the best approach to securing commitment to the screening process in other divisions of both Men's and Women's rugby across England and Wales.

The trustees also hope to engage with the RFU regarding, in particular, the support structures and infrastructure in place for athletes participating within rugby at a University level. Our goal is to ascertain information around existing athlete welfare procedures with a view to understanding the space and developing a potential avenue to both screen and educate the University athlete population.

The trustees will continue to address the scheduling obstacles between Swansea University and the University of Oxford in order to secure a date for the 4<sup>th</sup> Ian Williams Memorial Match (the first fixture between current 1<sup>st</sup> XV teams as opposed to alumni); and, to further secure commitment from the institutions for the annual fixtures thereafter.

Discussions will be revisited regarding sponsorship of a screening opportunity for, and formal partnership with, The Varsity Matches - and the University of Oxford and University of Cambridge respectively. Likewise, other avenues to work with The Welsh Varsity will be explored.

The trustees plan to investigate the benefits of opening a bank account, with the intention of using these details to: facilitate opportunities for fundraising and donations on social media platforms and in other charitable spheres; and, enable decisions regarding financial contributions to screening options from our current funds.

The existing trustees will continue to consider the potential appointment of new trustees relating to the requirements and goals of TIWF in order to place experts within our governance who will ensure that we continue to move toward achieving our objects and vision.

**THE IAN WILLIAMS FOUNDATION**

England & Wales - Charity number 1188414

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# THE IAN WILLIAMS FOUNDATION

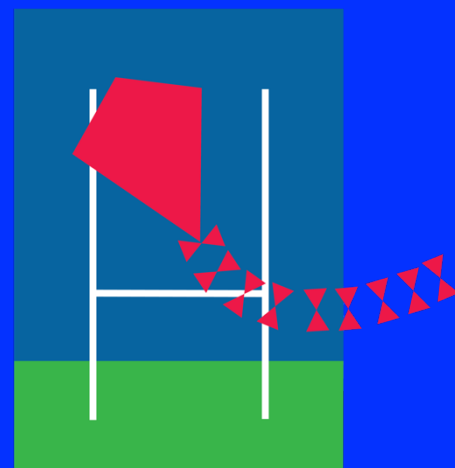
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Trustee Report & Financial  
Review

Year ended: 5<sup>th</sup> April 2023

Charity Number 1188414

St Lawrence House, Tenby, Pembrokeshire, SA70 8RA.  
[communicate@theianwilliamsfoundation.org](mailto:communicate@theianwilliamsfoundation.org)



## MISSION STATEMENT

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All trustees give of their time freely and no trustee remuneration was paid during the year.

## POLICIES

To date (and in part due to limited activity) the trustees have elected not to implement any particular policies. However, having highlighted the potential need for policies on grant making and volunteer management, there remains a need to review these as they become relevant to increasing activity.

## OBJECTIVES

The legal objects of The Ian Williams Foundation as set out in our governing document are:

1. The advancement of health and the saving of lives by raising awareness of cardiovascular issues and cardiac health in athletes and people taking part in sport' promoting the need for cardiac screening as a preventative measure; and, raising awareness of mental health issues which may affect those participating in sport and the options available for such people
2. The promotion of community participation in healthy recreation, in particular by the making of grants to other charities and sports clubs for the playing of Rugby Union

## ACTIVITIES

The trustees have taken the Charity Commission's public benefit guidance into account when making any decision where it is relevant to planning our activities for the year.

The inevitable pause Covid-19 caused to The Foundation's campaign to extend cardiac screening to rugby players at all levels continued to last longer than we might have hoped. However, having secured the RFU's agreement in 2019 to include cardiac screening as part of the 'Standard Operating Procedures' for the Championship (the second professional division, below the Premiership) we have been regularly following up with checks that they have indeed been adopted into the Championship's governing rules, and in turn (and more importantly) implemented by the clubs. There are significant concerns that this may not have remained the case due to other more recent demands on RFU and Championship resources, so further time this year has been spent on understanding the level to which this policy change has been enacted. Further work is needed in this area.

As a result of The Foundation's own pause to regroup and develop a sustainable plan to ensure progress across our charitable objectives, there were fewer activities undertaken by our supporters, and friends of Ian's, this year. However, the raising of both funds and awareness continues through a variety of, mostly, sporting events, and we remain humbled by these amazing efforts and participants who choose to raise money for The Foundation.

The largest event that is organised and 'hosted' by The Foundation itself is the annual Ian Williams Memorial Match which sees peers from his two alma maters (Swansea University and Oxford University) compete in a rugby match between alumni. Sadly, despite our best efforts and rescheduling this date twice, the match has not taken place this year. However, both universities remain committed to finding a suitable date for the fixture to be held, and then return to being held annually. We look forward to confirming the changes this fixture will go through as it settles into the match schedule for both university teams.

We are grateful to all of our supporters for their contributions and fundraising efforts.

## FINANCIAL REVIEW

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<b>Total Expenses:</b>		<b>£2,586.69</b>	6.84%	

**Net Profit: £35,171.55**  
93.00%

## FUTURE PLANS

Planned activity for the year ending April 2024 remains consistent with previous years due to the extended impact of Covid-19 and pause in moving existing plans forward.

The trustees plan to address concerns regarding the Championship's implementation of cardiac screening as part of their 'Standard Operating Procedures' and to ensure governance changes have been maintained.

We plan to address the scheduling issues that prevented the 4<sup>th</sup> Ian Williams Memorial Match taking place, and are hopeful that the first fixture between current 1<sup>st</sup> XV teams from Swansea University and the University of Oxford can be secured.

The discussions to sponsor a screening opportunity for, and formal partnership with, The Varsity Matches - and the University of Oxford and University of Cambridge respectively - will be resumed. Likewise, other avenues to work with The Welsh Varsity will be explored.

We plan to continue looking into the potential appointment of trustees relating to the requirements and goals of TIWF and how we can best place experts in our governance to ensure that we continue to move in the right direction for achieving our objects and vision.

The trustees will continue to assess the requirement for grant making and volunteer management policies as they pertain to our activities (both from the perspective of policy writing as well as implementation).

The trustees plan to open a bank account and use these details to facilitate opportunities for fundraising and donations on social media platforms and in other charitable spheres (such as Benevity).

We will be considering the possibility of screening options and financial contributions to such options from our current funds.

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# Accounts

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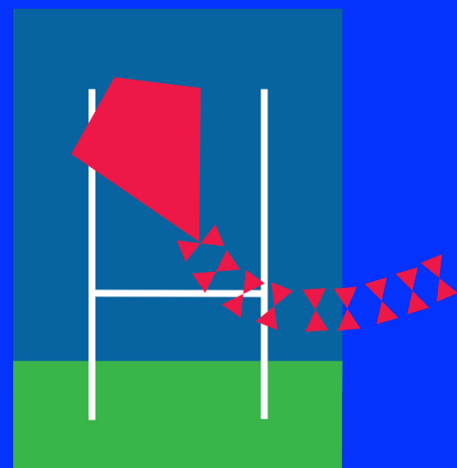
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## ACTIVITIES

The trustees have taken the Charity Commission's public benefit guidance into account when making any decision where it is relevant to planning our activities for the year.

The inevitable pause in The Foundation's campaign to extend cardiac screening to rugby players at all levels as a result of Covid-19 lasted longer than we might have hoped. However, having secured the RFU's agreement to include cardiac screening as part of the 'Standard Operating Procedures' for the Championship (the second professional division, below the Premiership) we have been regularly following up with checks that they have indeed been adopted into the Championship's governing rules, and in turn (and more importantly) implemented by the clubs.

Many activities were undertaken by our supporters, and friends of Ian's, raising both funds and awareness, including participation in Iron Man Wales, online charity fitness classes, and a variety of running events. We remain humbled by all of these amazing efforts and participants choosing to raise money for The Foundation.

The largest event that is organised and 'hosted' by The Foundation itself is the annual Ian Williams Memorial Match which sees peers from his two alma maters (Swansea University and Oxford University) compete in a rugby match between alumni. Sadly due to Covid-19 restrictions this could not take place in the summer of 2020, but returned with much enthusiasm this year. Played in London on 4<sup>th</sup> December 2021 - Ian's 31<sup>st</sup> birthday - this was the third and final match played between alumni and, moving forward, will now become a fixture between current 1<sup>st</sup> XV players at the two university rugby clubs. It was a well-attended event to mark the occasion of Ian's birthday, and even prompted the sale of The Foundation's first 'merchandise' (in the form of beanie hats branded with The Foundation logo). We look forward to the changes the fixture will go through as it settles into the match schedule for both university teams.

We are grateful to all of our supporters for their contributions and fundraising efforts.

## FINANCIAL REVIEW

To date the trustees have not opened a bank account and therefore have no financial reports to submit. We have, however, had income and thus include a financial review herewith our trustee report.

All funds raised and donated are currently being held with our charity partner *The Atlas Foundation* (charity number 1161179) in the Ian Williams Foundation Fund, from which we get a monthly fund report.

The only costs incurred have been administrative (such as web domain and PR costs etc). The remaining majority of our income is awaiting the decision of the trustees regarding its application.

The main financial risk to the charity is a reduction in donations and fundraising activities of our supporters and volunteers, however this is currently of no cause for concern as we do not have any regular financial commitments to meet at this stage.



The latest fund report (for the year ending April 2022) read as follows:

### Profit & Loss for The Atlas Foundation - 01/12/2014 to 30/04/2022(Charity Project : Ian Williams Foundation Fund)

#### Profit & Loss Report for The Atlas Foundation


Period: 01/12/2014 to 30/04/2022, Charity Project: Ian Williams Foundation Fund

#### Turnover

4001	Donations: Partnership Projects	2,278.23	6.26%	
4010	Donations	34,143.66	93.74%	
<b>Total Turnover</b>		<b>£36,421.89</b>		

**Turnover: £36,421.89**

#### Less Cost of Sales

5001	Payment Fees: Partnership Projects	41.55	0.11%	
<b>Total Cost of Sales:</b>		<b>£41.55</b>	0.11%	

**Gross Profit: £36,380.34**  
99.89%

#### Less Expenses

5000	Payment Processing Fee	398.06	1.09%	
8051	Marketing	186.00	0.51%	
8220	Fundraising Expenses	517.61	1.42%	
9014	Partnership Project Expenses	1,485.02	4.08%	
<b>Total Expenses:</b>		<b>£2,586.69</b>	7.10%	

**Net Profit: £33,793.65**  
92.78%

## FUTURE PLANS

The year ending April 2024 will see the 4<sup>th</sup> Ian Williams Memorial Match take place, and the first between current 1<sup>st</sup> XV teams from Swansea University and The University of Oxford. The plan is to hold the match in London in September '23, which should encourage attendance from a large contingent of alumni and friends/family of Ian's. The trustees hope to return to lobbying various professional bodies who control the health and safety requirements for both amateur and professional athletes in rugby (both men and women's). Having secured commitment to the screening process from the English Championship, we are evaluating the best approach to progress this further. Previously we had been looking to move to National One League and into the Welsh Premiership (the top amateur division(s) in England and Wales respectively), however there are other considerations and avenues presenting themselves which the Trustees will assess before making a decision.

We plan to continue looking into the potential appointment of trustees relating to the requirements and goals of TIWF and how we can best place experts in our governance to ensure that we continue to move in the right direction for achieving our objects and vision.

The trustees will continue to assess the requirement for grant making and volunteer management policies as they pertain to our activities (both from the perspective of policy writing as well as implementation).

The trustees plan to open a bank account and use these details to facilitate opportunities for fundraising and donations on social media platforms and in other charitable spheres (such as Benevity).

We are in discussions to sponsor a screening opportunity for, and formal partnership with, The Varsity Matches scheduled to take place in Spring 2023. Similarly, we are working towards a relationship with Swansea and Cardiff Universities relating to their Welsh Varsity matches.

We will be considering the possibility of screening options and financial contributions to such options from our current funds.

**THE IAN WILLIAMS FOUNDATION**

England & Wales - Charity number 1188414

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# Accounts

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# THE IAN WILLIAMS FOUNDATION

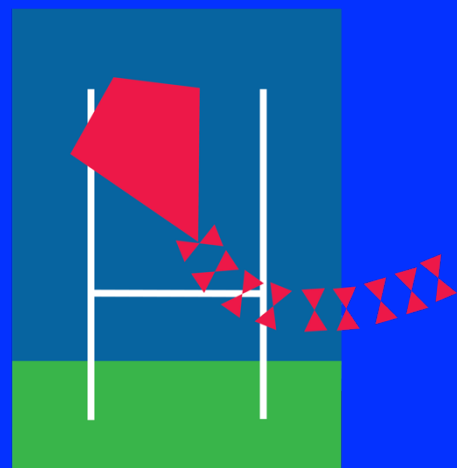
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Trustee Report & Financial  
Review

Year ended: 5<sup>th</sup> April 2021

Charity Number 1188414

St Lawrence House, Tenby, Pembrokeshire, SA70 8RA.  
[communicate@theianwilliamsfoundation.org](mailto:communicate@theianwilliamsfoundation.org)



## MISSION STATEMENT

Ian Michael Williams was a talented tight-head prop fulfilling his dream of being a professional rugby union player. But sadly in February 2018, aged just 27, he collapsed and died whilst training with Doncaster Knights.

Our vision for The Ian Williams Foundation is to move beyond this sadness and create an impactful vehicle for change. Like Ian, we want his Foundation to be big, sporty, strong, compassionate, dynamic, driven and caring.

*Our plan is to Screen, Encourage and Enable in order to SEE out this vision and Safeguard the Heart of Sport.*

## STRUCTURE & GOVERNANCE

The Ian Williams Foundation is a Charitable Incorporated Organisation (CIO), charity number 1188414, whose only voting members are its charity trustees and has its principal office located in Wales.

Where new trustees are appointed they are given a formal introduction to our work and provided with the information they need to fulfil their roles, which includes information about the role of trustees and charity law. New trustees are nominated by members of the board of trustees and appointed where they have the necessary skills to contribute to the charity's management and development. There must be a minimum of 3 trustees and a maximum number of 13. We are not yet large enough to require sub-committees of the trustee board to act in specific operational areas, and all decisions are made by the current board of charity trustees:

Helen Williams (Chair)  
Philippa Williams  
Nicola Wager  
Christina Haddad  
James Hay

All trustees give of their time freely and no trustee remuneration was paid during the year.

## POLICIES

To date (and in part due to limited activity as a result of Covid-19 restrictions) the trustees have elected not to implement any particular policies. However, the potential need for policies on grant making and volunteer management will be reviewed in the coming year.

## OBJECTIVES

The legal objects of The Ian Williams Foundation as set out in our governing document are:

1. The advancement of health and the saving of lives by raising awareness of cardiovascular issues and cardiac health in athletes and people taking part in sport' promoting the need for cardiac screening as a preventative measure; and, raising awareness of mental health issues which may affect those participating in sport and the options available for such people
2. The promotion of community participation in healthy recreation, in particular by the making of grants to other charities and sports clubs for the playing of Rugby Union

## ACTIVITIES

The trustees have taken the Charity Commission's public benefit guidance into account when making any decision where it is relevant to planning our activities for the year.

The restrictions imposed as a result of the Covid-19 pandemic during 2020/2021 and in particular on organised sport at all levels meant an inevitable pause in The Foundation's campaign to extend cardiac screening to rugby players at all levels. However, having secured the RFU's agreement to include cardiac screening as part of the 'Standard Operating Procedures' for the Championship (the second professional division, below the Premiership) we are following up this decision by checking that they have indeed been adopted into the Championship's governing rules, and in turn (and more importantly) implemented by the clubs.

Many activities were undertaken by our supporters, and friends of Ian's, raising both funds and awareness, including participation in Iron Man Wales, the London 10k, the Vitality Half Marathon, Ride London, the Brighton marathon, the Bournemouth marathon, and even a Channel swim. We are humbled by all of these amazing efforts and participants choosing to raise money for The Foundation.

The largest event that is organised and 'hosted' by The Foundation itself is the annual Ian Williams Memorial Match which sees peers from his two alma maters (Swansea University and Oxford University) compete in a rugby match between alumni. Sadly due to Covid-19 restrictions this could not take place in the summer of 2020 as planned, but has instead been scheduled for 4<sup>th</sup> December 2021 - Ian's 31<sup>st</sup> birthday. Due to be played in London, this will be the third and final match played between alumni and we hope it will be a well-attended event to mark the occasion. Moving forward, from 2022 and beyond, this will become a fixture between current 1<sup>st</sup> XV players at the two university rugby clubs.

We are grateful to all of our supporters for their contributions and fundraising efforts.

## FINANCIAL REVIEW

To date the trustees have not opened a bank account and therefore have no financial reports to submit. We have, however, had income and thus include a financial review herewith our trustee report.

All funds raised and donated are currently being held with our charity partner *The Atlas Foundation* (charity number 1161179) in the Ian Williams Foundation Fund, from which we get a monthly fund report.

The only costs incurred have been administrative (such as web domain and PR costs etc). The remaining majority of our income is awaiting the decision of the trustees regarding its application.

The main financial risk to the charity is a reduction in donations and fundraising activities of our supporters and volunteers, however this is currently of no cause for concern as we do not have any regular financial commitments to meet at this stage.

The latest fund report (for the year ending April 2021) read as follows:

### Profit & Loss for The Atlas Foundation - 01/01/2017 to 30/04/2021(Charity Project : Ian Williams Foundation Fund)

#### Profit & Loss Report for The Atlas Foundation

Period: 01/01/2017 to 30/04/2021, Charity Project: Ian Williams Foundation Fund

#### Turnover

4001	Donations: Partnership Projects	1,208.44	3.42%	
4010	Donations	34,143.66	96.58%	
<b>Total Turnover</b>		<b>£35,352.10</b>		

Turnover: £35,352.10

#### Less Cost of Sales

5001	Payment Fees: Partnership Projects	20.41	0.06%	
<b>Total Cost of Sales:</b>		<b>£20.41</b>	<b>0.06%</b>	

Gross Profit: £35,331.69  
99.94%

#### Less Expenses

5000	Payment Processing Fee	398.06	1.13%	
8051	Marketing	186.00	0.53%	
8220	Fundraising Expenses	517.61	1.46%	
9014	Partnership Project Expenses	180.00	0.51%	
<b>Total Expenses:</b>		<b>£1,281.67</b>	<b>3.63%</b>	

Net Profit: £34,050.02  
96.32%

## FUTURE PLANS

The year ending April 2022 will see the 3<sup>rd</sup> Ian Williams Memorial Match on 4<sup>th</sup> December 2021, Ian's 31<sup>st</sup> birthday. Covid restrictions allowing, the trustees hope to continue lobbying various professional bodies who control the health and safety requirements for both amateur and professional athletes in rugby (both men and women's). Having secured commitment to the screening process from the English Championship, we are looking to move to National One League and into the Welsh Premiership (the top amateur division(s) in England and Wales respectively) as a starting point.

We will be looking in to the potential appointment of trustees relating to the requirements and goals of TIWF and how we can best place experts in our governance to ensure that we continue to move in the right direction for achieving our objects and vision.

The trustees will continue to assess the requirement for grant making and volunteer management policies as they pertain to our activities (both from the perspective of policy writing as well as implementation).

The trustees plan to open a bank account and use these details to facilitate opportunities for fundraising and donations on social media platforms and in other charitable spheres (such as Benevity).

We are in discussions to sponsor a screening opportunity for The Varsity Matches scheduled to take place in Spring 2022. We will also be pursuing formalising this partnership in order to facilitate an ongoing relationship with both Oxford and Cambridge Universities.

Similarly, we are working towards a relationship with Swansea and Cardiff Universities relating to their Welsh Varsity matches.

We will be considering the possibility of screening options and financial contributions to such options from our current funds.