

Annual Report for Ability Sports and Social North East FY End 2021

Charity Overview

Ability Sports and Social North East was set up to help support Adults with a very wide range of complex Learning Difficulties and other conditions including social mobility. We focus on offering all day Multi Sports sessions to our attendees featuring: Football, Cricket, Golf, Shot Putt, Javelin, Running, Indoor Hockey and Indoor New Age Kurling as well as a structured Walking group and we welcome all over 18s (16-18 welcome with Carer) regardless of Gender, Race or Ability. Our sessions are led by Brian Wood who has vast Experience in this sector and was a former Chairman of Gateshead Special Olympics. We also have a vastly experienced Multi Sports Coach in Kirsty West who works alongside Brian in the vast majority of Sports we offer.

We also run a separate Ladies Drop in group (Men are also Welcome) run by Irene Storey who has over 30 Years Experience in this sector as well as an experience Teaching Adults with Learning Difficulties at a local College which offers those not so keen on Sport, a variety of Activities like Bingo, Crafts, Flower arranging, basic Health and Well-being advice but more importantly somewhere safe to meet up with new and existing friends, just getting these vulnerable Adults out their homes is a massive stride forward after Covid.

We make positive differences in the lives of disabled adults where provision is often lacking in the North East. Through sports we increase a persons social, mental and health well-being. We are not a numbers led organisation and pride ourselves on measuring the impact we make on an individual's life. Our services also provide vital respite to unpaid carers made up of partners, parents, siblings and friends of service users.

The charity is ran by a strong leadership and management team, each of whom bring skills in lived experience, finance, governance and service delivery.

Plans for the Future

As the charity moves into its second year, we envisage building our beneficiary base to at least 20 attendees at each week's sessions. We will also explore commissioning opportunities with local authorities, NHS Trusts and care providers in order to address the lack of provision. We also plan to explore creating additional days of service delivery as we deliver our growth plans.

Our aims are to build up our attendees fitness but as importantly their confidence, self esteem and social mobility. Adult Social Care has seen huge cuts in local budgets and as such; accessible Day Care or Activity centres are diminishing and we expect within a year there will be very few if any left in the Gateshead area highlighting the increased need for our service.

We will also look to build strong relationships with other local charities like Your Voice Counts and the Newcastle United Foundation and form collaborative partnerships with organisations such as; the Special Olympics, Mencap and the Down Syndrome Society which would give us the credibility as the regions only full multi Sports Club in this sector – meaning we can position ourselves as the only club in the region to deliver this type of service.

Financial Review

Ability Sports and Social North East gained Charitable Status just before the Covid-19 pandemic lock down, this meant we were unable to acquire a bank account which stagnated our launch and ability to fundraise. This is reflected in our FY End 21 accounts showing one months trading.

The external funding landscape remains incredibly volatile however the trustees have plans to use a method of adopting various income generation streams in order to ensure we remain financially robust and viable in the future.

Achievements

During our first period of trading we have secured an excellent base with safe indoor and outdoor areas for our athletes, we have a lot of interest and expect to hit our 20 regulars pretty quickly.

The biggest achievement is we have been able to attract a talented senior leadership and management team who are invested in growing Ability Sports and Social North East by providing quality opportunities to make a positive difference in the lives of disabled adults who otherwise would be inactive.

Brian Wood
Chairman
Ability Sports and Social North East

**ABILITY SPORTS AND SOCIAL (NORTH EAST)
DIRECTORS' REPORT AND
FINANCIAL STATEMENTS
FOR THE PERIOD 6 MARCH 2020 TO 31 JULY 2021**



**Ability Sports and Social (North East)
Directors' Report and Financial Statements
For the Period 6 March 2020 to 31 July 2021**

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Ability Sports and Social (North East)
Company Information
For the Period 6 March 2020 to 31 July 2021

Directors	Mr Leslie Dixon Mr Brian Wood
Company Number	CE021007
Registered Office	22 Beech Drive Gateshead NE11 9PD
Accountants	KP Simpson Ltd Certified Public Accountants 172-174 Albert Road Jarrow Tyne And Wear NE32 5JA

Ability Sports and Social (North East)
Company No. CE021007
Directors' Report For the Period 6 March 2020 to 31 July 2021

The directors present their report and the financial statements for the period ended 31 July 2021.

Statement of Directors' Responsibilities

The directors are responsible for preparing the Directors' Report and the financial statements in accordance with applicable law and regulations.

Company law requires the directors to prepare financial statements for each financial year. Under that law the directors have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the surplus or deficit of the company for that period. In preparing the financial statements the directors are required to:

- select suitable accounting policies and then apply them consistently;
- make judgments and accounting estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Directors

The directors who held office during the period were as follows:

Mr Leslie Dixon

Mr Brian Wood

Small Company Rules

This report has been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

On behalf of the board

Mr Leslie Dixon

Director

13/06/2022

Ability Sports and Social (North East)
Accountant's Report
For the Period 6 March 2020 to 31 July 2021

In accordance with the engagement letter dated , and in order to assist you to fulfil your duties under the Companies Act 2006, we have compiled the financial statements of the company from the accounting records and information and explanations you have given to us.

This report is made to the directors in accordance with the terms of our engagement. Our work has been undertaken to prepare for approval by the directors the financial statements that we have been engaged to compile, to report to the directors that we have done so, and to state those matters that we have agreed to state to them in this report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Company and the Company's directors for our work or for this report.

You have acknowledged on the balance sheet as at period ended 31 July 2021 your duty to ensure that the company has kept proper accounting records and to prepare financial statements that give a true and fair view under the Companies Act 2006. You consider that the company is exempt from the statutory requirement for an audit for the year.

We have not been instructed to carry out an audit of the financial statements. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the financial statements.

Signed

13/06/2022

KP Simpson Ltd
Certified Public Accountants
172-174 Albert Road Jarrow
Tyne And Wear
NE32 5JA

Ability Sports and Social (North East)
Income and Expenditure Account
For the Period 6 March 2020 to 31 July 2021

	Notes	31 July 2021
		£
Administrative expenses		(60)
Other operating income		310
		<hr/>
OPERATING SURPLUS AND SURPLUS FOR THE FINANCIAL PERIOD		250
		<hr/> <hr/>

The notes on page 6 form part of these financial statements.

Ability Sports and Social (North East)
Balance Sheet
As at 31 July 2021

		31 July 2021	
	Notes	£	£
CURRENT ASSETS			
Cash at bank and in hand		310	
			310
Creditors: Amounts Falling Due Within One Year	3	(60)	
NET CURRENT ASSETS (LIABILITIES)			250
TOTAL ASSETS LESS CURRENT LIABILITIES			250
NET ASSETS			250
Income and Expenditure Account			250
MEMBERS' FUNDS			250

For the period ending 31 July 2021 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

On behalf of the board

Mr Leslie Dixon

Director

13/06/2022

The notes on page 6 form part of these financial statements.

Ability Sports and Social (North East)
Notes to the Financial Statements
For the Period 6 March 2020 to 31 July 2021

1. Accounting Policies

1.1. Basis of Preparation of Financial Statements

The financial statements are prepared under the historical cost convention and in accordance with the FRS 102 Section 1A Small Entities - The Financial Reporting Standard applicable in the UK and Republic of Ireland and the Companies Act 2006.

2. Average Number of Employees

Average number of employees, including directors, during the year was as follows: NIL

3. Creditors: Amounts Falling Due Within One Year

	31 July 2021
	£
Accruals and deferred income	60
	<hr/>
	60
	<hr/> <hr/>

4. Company limited by guarantee

The company is limited by guarantee and has no share capital.

Every member of the company undertakes to contribute to the assets of the company, in the event of a winding up, such an amount as may be required not exceeding £1.

5. General Information

Ability Sports and Social (North East) is a private company, limited by guarantee, incorporated in England & Wales, registered number CE021007. The registered office is 22 Beech Drive, Gateshead, NE11 9PD.

Ability Sports and Social (North East)
Detailed Income and Expenditure Account
For the Period 6 March 2020 to 31 July 2021

	31 July 2021	
	£	£
Administrative Expenses		
Accountancy fees	60	
		(60)
Other Operating Income		
Other income - contributing to other operating income	310	
		310
OPERATING SURPLUS AND SURPLUS FOR THE FINANCIAL PERIOD		250