

# ABILITY SPORTS AND SOCIAL (NORTH EAST)

England & Wales · Charity number 1188381

## Details

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**Status** Registered

**Legal form** CIO

**Registered** 2020-03-06

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** 22 Beech Drive  
Gateshead  
NE11 9PD

**Phone** 07751422305

**Email** [irenestorey@msn.com](mailto:irenestorey@msn.com)

## Activities

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**Objects:** THE RELIEF OF PEOPLE WITH A LEARNING DISABILITY BY PROVIDING OR ASSISTING IN THE PROVISION OF SPECIALIST SUPPORT AND SPORTING OR SOCIAL ACTIVITIES WITH A VIEW TO IMPROVING THEIR CONDITIONS OF LIFE AND SUPPORTING INDEPENDENT LIVING

**Activities:** Ability Sports and Social supports Adults with a wide Variety of Learning and Physical Disabilities by giving them access to a wide Variety of Sporting and Social Activities.

## Classification

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- **How:** Provides Services
- **What:** General Charitable Purposes
- **Who:** People With Disabilities

## Geography

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- Durham
- Gateshead
- Newcastle Upon Tyne City
- North Tyneside
- Northumberland
- South Tyneside
- Sunderland

## Finances

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Period end	Income	Expenditure	Assets	Employees
2025-07-31	£10,237	£10,446	-	-
2024-07-31	£1,683	£9,725	-	-
2023-07-31	£22,188	£24,921	-	-
2022-07-31	£47,100	£35,139	-	-
2021-07-31	£310	£60	-	-

## Trustees

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Name	Role	Appointed
Irene Storey		2021-10-06
James Tate		2021-10-06
Michael Donnelly		2021-10-06

**ABILITY SPORTS AND SOCIAL (NORTH EAST)**

England & Wales - Charity number 1188381

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# Accounts

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**ABILITY SPORTS AND SOCIAL (NORTH EAST)  
UNAUDITED FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 JULY 2025**

**Ability Sports and Social (North East)  
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**Ability Sports and Social (North East)  
Company Information  
For The Year Ended 31 July 2025**

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<b>Company Number</b>	CE021007
<b>Registered Charity Number</b>	1188381
<b>Principal Office</b>	22 Beech Drive Gateshead NE11 9PD
<b>Accountants</b>	Brown, March and Bowman Ltd CPAA 4 Tyne View Newcastle Upon Tyne NE15 8DE
<b>Structure, Governance and Management</b>	The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by Companies Act 2006
<b>Trustees</b>	Irene Storey (Appointed 06/10/2021) Michael Donnelly (Appointed 06/10/2021) James Tate (Appointed 06/10/2021)
<b>Reserves Policy</b>	The Charity holds a financial reserves policy to maintain a positive reserve balance where possible, excess reserves are reinvested back into activities for the beneficiaries of the charity.
<b>Objectives and Achievements</b>	The Objectives of the charity comprise of providing individuals with Learning disabilities access to specialist support, sporting activities, and opportunities for social activities with a view to improving their conditions of life and support independent living. Within the year, beneficiaries of the charity participated in a range of different sports including football, cricket and the likes of, with access to specialist coaching throughout. The charity plans to continue providing this support in future periods.

**Ability Sports and Social (North East)  
Independent Examiner's Report  
For The Year Ended 31 July 2025**

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**Independent examiner's report to the trustees of Ability Sports and Social ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 July 2025.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

**Annual Financial Review**

Within the financial year 31/07/2025 all funds received and held at the end of the year comprised of unrestricted funding, donations, and legacies. Within the year, total receipts were £10,236, comprising of money fundraised, donations and £1,425 of unrestricted grants. Operating costs and overheads for the charity totalled £10,447, leaving the charity in a deficit for the period of £209 and using reserves brought forward from prior years.

Within the year, the biggest expense to the charity was an event fee of £2,440 paid to Whickham Golf club to host a fundraising event. The intention of the night was to provide an annual event for the beneficiaries of the charity but also as an attempt to attract funders to raise funds for the charity.

**Independent examiner's statement**

The charity's gross income does not exceed £250,000; therefore, the independent examiner isn't required to be a member of a listed body. However, I can confirm that I am qualified to undertake an independent examination in either circumstance, as I am a member of the Certified Public Accountants Association, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report to enable a proper understanding of the accounts to be reached.



Paul Andrew Brown (CPAA)  
Certified Public Accountants Association

Brown, March and Bowman Ltd  
4 Tyne View  
Newcastle Upon Tyne  
NE15 8DE

Date: 26<sup>th</sup> May 2026

**Ability Sports and Social (North East)**  
**Income and Expenditure Account**  
**For The Year Ended 31 July 2025**

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	<b>2025</b>	<b>2024</b>
	<b>£</b>	<b>£</b>
<b>TURNOVER</b>	<b>10,237</b>	<b>1,683</b>
Cost of raw materials and consumables	(4,230 )	(1,874 )
Staff costs	(210 )	(447 )
Depreciation and other amounts written off assets	(662 )	(750 )
Other charges	(5,344 )	(6,654 )
	<hr/>	<hr/>
<b>NET DEFICIT</b>	<b>(209 )</b>	<b>(8,042 )</b>
	<hr/> <hr/>	<hr/> <hr/>

**Ability Sports and Social (North East)**  
**Balance Sheet**  
**As At 31 July 2025**

	<b>2025</b>	<b>2024</b>
	<b>£</b>	<b>£</b>
Fixed assets	-	812
Current assets	1,659	1,020
<b>NET CURRENT ASSETS</b>	<b>1,659</b>	<b>1,020</b>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>	<b>1,659</b>	<b>1,832</b>
Accruals and deferred income	(432 )	(396 )
<b>NET ASSETS</b>	<b>1,227</b>	<b>1,436</b>
<b>RESERVES</b>	<b>1,227</b>	<b>1,436</b>

## Notes

### 1. General Information

Ability Sports and Social (North East) is a charity, incorporated in England & Wales, registered number CE021007 . The registered office is 22 Beech Drive, Gateshead, NE11 9PD.

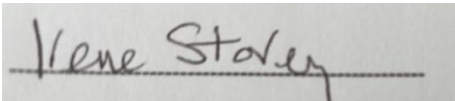
### 2. Average Number of Employees

Average number of employees, including directors, during the year was: NIL (2024: NIL)

For the year ending 31 July 2025 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to Charities. These Financial Statements are compliant with SORP (FRS 102)

The member has not required the charity to obtain an audit in accordance with section 476 of the Companies Act 2006. The trustees acknowledges their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

Signed on behalf of the trustees



26/05/2026

**Ability Sports and Social (North East)**  
**Detailed Income and Expenditure Account**  
**For The Year Ended 31 July 2025**

	<b>2025</b>		<b>2024</b>	
	£	£	£	£
<b>TURNOVER</b>				
Donations and Legacies	8,812		1,683	
Grants and subsidies received	1,425		-	
		10,237		1,683
<b>COST OF RAW MATERIALS AND CONSUMABLES</b>				
Equipment and Charitable Activities	2,970		1,874	
Purchases for resale	913		-	
Sportswear	347		-	
		(4,230)		(1,874)
<b>STAFF COSTS</b>				
Travel expenses	-		51	
Subsistence expenses	210		396	
		(210)		(447)
<b>DEPRECIATION AND OTHER AMOUNTS WRITTEN OFF ASSETS</b>				
Depreciation of motor vehicles	-		750	
Deficit on disposal of tangible fixed assets	662		-	
		(662)		(750)
<b>OTHER CHARGES</b>				
Other direct costs:				
Consultancy fees	1,270		1,050	
Event Fees	2,860		2,284	
	4,130		3,334	
Premises expenses:				
Rent	-		864	
General administration costs:				
Vehicle running costs	206		452	
Insurance	-		832	
Printing, postage and stationery	87		68	
Advertising and marketing costs	52		180	
Accountancy fees	396		438	
Subscriptions	206		227	
Bank charges	-		86	
Charitable donations	180		-	
Entertaining	-		174	
Sundry expenses	2		(1)	
Volunteer Gifts	85		-	
	1,214		2,456	
		(5,344)		(6,654)
<b>NET DEFICIT</b>		<b>(209)</b>		<b>(8,042)</b>

**ABILITY SPORTS AND SOCIAL (NORTH EAST)**

England & Wales - Charity number 1188381

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# Accounts

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**ABILITY SPORTS AND SOCIAL (NORTH EAST)  
UNAUDITED FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 JULY 2024**

**Ability Sports and Social (North East)**  
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**Ability Sports and Social (North East)  
Company Information  
For The Year Ended 31 July 2024**

---

<b>Company Number</b>	CE021007
<b>Registered Charity Number</b>	1188381
<b>Principal Office</b>	22 Beech Drive Gateshead NE11 9PD
<b>Accountants</b>	Brown, March and Bowman Ltd CPAA 4 Tyne View Newcastle Upon Tyne NE15 8DE
<b>Structure, Governance and Management</b>	The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by Companies Act 2006
<b>Trustees</b>	Irene Storey (Appointed 06/10/2021) Michael Donnelly (Appointed 06/10/2021) James Tate (Appointed 06/10/2021)

**Objectives and Achievements**

The Objectives of the charity comprise of providing individuals with Learning disabilities access to specialist support, sporting activities, and opportunities for social activities with a view to improving their conditions of life and support independent living. Within the year, beneficiaries of the charity participated in a range of different sports including football, cricket and the likes of, with access to specialist coaching throughout. The charity plans to continue providing this support in future periods.

**Ability Sports and Social (North East)  
Accountant's Report  
For The Year Ended 31 July 2024**

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In accordance with the engagement letter dated 01/04/2023, and in order to assist you to fulfil your duties under the Companies Act 2006, we have compiled the financial statements of the company from the accounting records and information and explanations you have given to us.

This report is made to the trustees in accordance with the terms of our engagement. Our work has been undertaken to prepare for approval by the chair of trustees the financial statements that we have been engaged to compile, to report to the trustees that we have done so, and to state those matters that we have agreed to state to them in this report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Charity and the Charity's Trustees for our work or for this report.

You have acknowledged on the balance sheet as at year ended 31 July 2024 your duty to ensure that the charity has kept proper accounting records and to prepare financial statements that give a true and fair view under the Companies Act 2006.

**Reserves Policy**

The Charity holds a financial reserves policy to maintain a positive reserve balance where possible, excess reserves are reinvested back into activities for the beneficiaries of the charity.

**Annual Financial Review**

Within the financial year 31/07/2024 all funds received and held at the end of the year comprised of unrestricted funding, donations, and legacies. Within the year, total receipts were £1,683, comprising of money fundraised and donations. No grant income was received by the charity within the period. Operating costs and overheads for the charity totalled £9,725.47, leaving the charity in a deficit for the period of £8,042 and using reserves bought forward from the prior year.

Within the year, the biggest expense to the charity was an event fee of £2,284 paid to Whickham Leisure. The intention of the night was to provide a annual event for the beneficiaries of the charity but also as an attempt to attract funders to raise funds for the charity.

Mr Brian Wood also acts in a capacity of an unofficial treasurer of the charity, a role he is not remunerated for. There are however payments to Mr Wood for reimbursed expenses throughout the year.

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Date: 12/05/2025  
Brown, March and Bowman Ltd  
CPAA  
4 Tyne View  
Newcastle Upon Tyne  
NE15 8DE

**Ability Sports and Social (North East)**  
**Income and Expenditure Account**  
**For The Year Ended 31 July 2024**

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	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
<b>TURNOVER</b>	<b>1,683</b>	<b>22,188</b>
Cost of raw materials and consumables	(1,874)	(5,901)
Staff costs	(447)	(473)
Depreciation and other amounts written off assets	(750)	(750)
Other charges	(6,654)	(17,797)
	<hr/>	<hr/>
<b>NET DEFICIT</b>	<b>(8,042)</b>	<b>(2,733)</b>
	<hr/> <hr/>	<hr/> <hr/>

**Ability Sports and Social (North East)**  
**Balance Sheet**  
**As At 31 July 2024**

	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
Fixed assets	812	1,562
Current assets	1,020	8,480
<b>NET CURRENT ASSETS</b>	<b>1,020</b>	<b>8,480</b>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>	<b>1,832</b>	<b>10,042</b>
Accruals and deferred income	(396)	(564)
<b>NET ASSETS</b>	<b>1,436</b>	<b>9,478</b>
<b>RESERVES</b>	<b>1,436</b>	<b>9,478</b>

## Notes

### 1. General Information

Ability Sports and Social (North East) is a charity, limited by guarantee, incorporated in England & Wales, registered number CE021007. The registered office is 22 Beech Drive, Gateshead, NE11 9PD.

### 2. Average Number of Employees

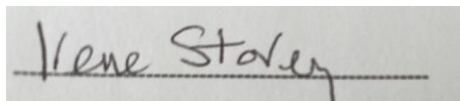
Average number of employees, including directors, during the year was: NIL (2023: NIL)

For the year ending 31st July 2024, the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to Charities. These Financial Statements are compliant with SORP (FRS 102)

The member has not required the charity to obtain an audit in accordance with section 476 of the Companies Act 2006.

The trustees acknowledges their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

On behalf of the board



12/05/2025

**Ability Sports and Social (North East)  
Detailed Income and Expenditure Account  
For The Year Ended 31 July 2024**

	<b>2024</b>		<b>2023</b>	
	£	£	£	£
<b>TURNOVER</b>				
Sales	1,683		16,489	
Grants and subsidies received	-		5,699	
	<u>1,683</u>	1,683	<u>22,188</u>	22,188
<b>COST OF RAW MATERIALS AND CONSUMABLES</b>				
Equipment and Charitable Activities	1,874		4,106	
Food Parcels	-		1,795	
	<u>1,874</u>	(1,874)	<u>5,901</u>	(5,901)
<b>STAFF COSTS</b>				
Staff training	-		83	
Travel expenses	51		-	
Subsistence expenses	396		390	
	<u>396</u>	(447)	<u>390</u>	(473)
<b>DEPRECIATION AND OTHER AMOUNTS WRITTEN OFF ASSETS</b>				
Depreciation of motor vehicles	750		750	
		(750)		(750)
<b>OTHER CHARGES</b>				
Other direct costs:				
Consultancy fees	1,050		5,587	
Event Fees	2,284		1,860	
	<u>3,334</u>		<u>7,447</u>	
Premises expenses:				
Rent	864		5,855	
General administration costs:				
Vehicle running costs	452		1,350	
Insurance	832		785	
Printing, postage and stationery	68		124	
Advertising and marketing costs	180		191	
Accountancy fees	438		564	
Subscriptions	227		526	
Bank charges	86		212	
Entertaining	174		743	
Sundry expenses	(1)		-	
	<u>2,456</u>		<u>4,495</u>	
		(6,654)		(17,797)
<b>NET DEFICIT</b>		<u>(8,042)</u>		<u>(2,733)</u>

**ABILITY SPORTS AND SOCIAL (NORTH EAST)**

England & Wales - Charity number 1188381

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# Accounts

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**ABILITY SPORTS AND SOCIAL (NORTH EAST)  
UNAUDITED FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 JULY 2023**

**Ability Sports and Social (North East)**  
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**Ability Sports and Social (North East)  
Company Information  
For The Year Ended 31 July 2023**

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<b>Structure, Governance and Management</b>	The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by Companies Act 2006
<b>Trustees</b>	Irene Storey (Appointed 06/10/2021) Michael Donnelly (Appointed 06/10/2021) James Tate (Appointed 06/10/2021)
<b>Objectives and Achievements</b>	The Objectives of the charity comprise of providing individuals with Learning disabilities access to specialist support, sporting, and opportunities for social activities with a view to improving their conditions of life and support independent living. Within the year, beneficiaries of the charity participated in a range of different sports including football, cricket and the likes of, with access to specialist coaching throughout. The charity plans to continue providing this support in future periods.

**Ability Sports and Social (North East)  
Financial Review  
For The Year Ended 31 July 2023**

---

In accordance with the engagement letter dated 01/04/2023, and in order to assist you to fulfil your duties under the Companies Act 2006, we have compiled the financial statements of the company from the accounting records and information and explanations you have given to us.

This report is made to the trustees in accordance with the terms of our engagement. Our work has been undertaken to prepare for approval by the trustees the financial statements that we have been engaged to compile, to report to the trustees that we have done so, and to state those matters that we have agreed to state to them in this report and for no other purpose.

You have acknowledged on the balance sheet as at year ended 31 July 2023 your duty to ensure that the charity has kept proper accounting records and to prepare financial statements that give a true and fair view under the Companies Act 2006.

**Reserves Policy**

The Charity holds a financial reserves policy to maintain a positive reserve balance were possible, excess reserves are reinvested back into activities for the beneficiaries of the charity.

**Annual Financial Review**

Within the financial year 31/07/2023 all funds received and held at the end of the year comprised of unrestricted funding, donations, and legacies. Within the year, total receipts were £22,188, comprising mostly of money fundraised and donations. Some unrestricted grant income was paid to the charity in this period. Operating costs and overheads for the charity totalled £24,921, leaving the charity in a deficit for the period of £2,733 and using reserves brought forward from the prior year.

Within the year, the biggest expense to the charity was the consultancy fees paid to, Mrs Kirsty West, Mr Leslie Dixon, and Mr James Woolford in their capacity of acting as sports coaches. Mr Brian Wood also acts in a capacity of an unofficial treasurer of the charity, a role he is not remunerated for. There are however payments to Mr Wood for reimbursed expenses throughout the year.

Signed

-----  
Date

Brown, March and Bowman Ltd  
CPAA  
4 Tyne View  
Newcastle Upon Tyne  
NE15 8DE

**Ability Sports and Social (North East)**  
**Income and Expenditure Account**  
**For The Year Ended 31 July 2023**

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	<b>2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>
<b>TURNOVER</b>	<b>22,188</b>	<b>29,755</b>
Other income	-	17,345
Cost of raw materials and consumables	(5,901)	(8,310)
Staff costs	(473)	(1,313)
Depreciation and other amounts written off assets	(750)	(688)
Other charges	(17,797)	(24,828)
	<hr/>	<hr/>
<b>NET (DEFICIT)/SURPLUS</b>	<b>(2,733)</b>	<b>11,961</b>
	<hr/> <hr/>	<hr/> <hr/>

**Ability Sports and Social (North East)**  
**Balance Sheet**  
**As At 31 July 2023**

	<b>2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>
Fixed assets	1,562	2,312
Current assets	8,480	10,379
<b>NET CURRENT ASSETS</b>	<b>8,480</b>	<b>10,379</b>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>	<b>10,042</b>	<b>12,691</b>
Accruals and deferred income	(564)	(480)
<b>NET ASSETS</b>	<b>9,478</b>	<b>12,211</b>
<b>RESERVES</b>	<b>9,478</b>	<b>12,211</b>

**Notes**

**1. General Information**

Ability Sports and Social (North East) is a charity, limited by guarantee, incorporated in England & Wales, registered number CE021007. The registered office is 22 Beech Drive, Gateshead, NE11 9PD.

**2. Average Number of Employees**

Average number of employees, including directors, during the year was: NIL (2022: )

For the year ending 31 July 2023 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The member has not required the entity to obtain an audit in accordance with section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the micro-entity provisions.

On behalf of the board

*Irene Staley*

Date 26 - 4 - 2024.

**Ability Sports and Social (North East)**  
**Detailed Income and Expenditure Account**  
**For The Year Ended 31 July 2023**

	2023		2022	
	£	£	£	£
<b>TURNOVER</b>				
Sales	16,489		19,035	
Grants and subsidies received	5,699		10,720	
		22,188		29,755
<b>OTHER INCOME</b>				
Other operating income		-		17,345
		22,188		47,100
<b>COST OF RAW MATERIALS AND CONSUMABLES</b>				
Equipment and Charitable Activities	4,106		8,310	
Food Parcels	1,795			
		(5,901)		(8,310)
<b>STAFF COSTS</b>				
Staff training	83		296	
Staff entertaining	-		1,017	
Subsistence expenses	390		-	
		(473)		(1,313)
<b>DEPRECIATION AND OTHER AMOUNTS WRITTEN OFF ASSETS</b>				
Depreciation of motor vehicles	750		688	
		(750)		(688)
<b>OTHER CHARGES</b>				
Other direct costs:				
Consultancy fees	5,587		12,390	
Event Fees	1,860		1,437	
	7,447		13,827	
Premises expenses:				
Rent	5,855		5,941	
General administration costs:				
Vehicle running costs	1,350		165	
Repairs, renewals and maintenance	-		1,637	
Insurance	785		835	
Printing, postage and stationery	124		107	
Advertising and marketing costs	191		191	
Website costs	-		325	
Accountancy fees	564		526	
Consultancy fees	-		900	
Subscriptions	526		8	
Bank charges	212		64	
Entertaining	743		302	
Sundry expenses	-		-	
	4,495		5,060	
		(17,797)		(24,828)
<b>NET (DEFICIT)/SURPLUS</b>		(2,733)		11,961



**ABILITY SPORTS AND SOCIAL (NORTH EAST)**

England & Wales - Charity number 1188381

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# Accounts

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CHARITY COMMISSION  
FOR ENGLAND AND WALES

## Trustees' Annual Report for the period

**From** 1st August 2021 **Period start date** **To** 31st July 2022 **Period**  
**end date**

**Charity name:** Ability sports and social (North East)

**Charity registration number:** 1188381

### Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<b>To help adults with learning difficulties</b>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<b>To provide sports coaching and activities to adults with learning difficulties</b>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	<b>The trustees have had regard to the guidance issued by the charity commission on public benefit</b>

#### Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference
Policy on grant making	Para 1.38
Policy on social investment	Para 1.38

including program related investment

Contribution made by volunteers

Para 1.38

Other

## Achievements and Performance

SORP reference

**Our main achievements have been helping adults with learning difficulties get fit make friends and help with there mental well being**

Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.

Para 1.20

### **Additional information (optional)**

You may choose to include further statements where relevant about:

Achievements against objectives set

Para 1.41

Performance of fundraising  
activities against objectives  
set

Para 1.41

Investment performance  
against objectives

Para 1.41

Other

## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	<b>In credit at the bank</b>
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	<b>none</b>
Amount of reserves held	Para 1.22	<b>none</b>
Reasons for holding zero reserves	Para 1.22	<b>Lack of funds</b>
Details of fund materially in deficit	Para 1.24	<b>n/a</b>
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	<b>n/a</b>

### Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)

Para 1.47

Investment policy and objectives including any social investment policy adopted

Para 1.46

A description of the principal risks facing the charity

Para 1.46

Other

## Structure, Governance and Management

Description of charity's trusts: **To provide coaching and training for vulnerable adults**

Type of governing document    Para 1.25    **Trust**  
(trust deed, royal charter)

How is the charity constituted?    Para 1.25    **CIO**  
(e.g unincorporated association, CIO)

Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees    Para 1.25    **Ask for volunteers**

### **Additional information (optional)**

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees    Para 1.51

The charity's organisational structure and any wider network with which the charity works    Para 1.51

Relationship with any related parties    Para 1.51

Other

## **Reference and Administrative details**

Charity name	Ability Sports and Social (North East)
Other name the charity uses	
Registered charity number	1188381
Charity's principal address	22 -24 Beech Drive Dunston NE11 ( PD





## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity N/A

Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects N/A

Details of arrangements for safe custody and segregation of such assets from the charity's own assets N/A

### Additional information (optional)

Names and addresses of advisers (Optional information)		
Type of adviser	Name	Address
Name of chief executive or names of senior staff members (Optional information)		

### Exemptions from disclosure

Reason for non-disclosure of key personnel details

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### Other optional information

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## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

<b>Signature(s)</b>		
<b>Full name(s)</b>	Brian Wood	
<b>Position (eg Secretary, Chair, etc)</b>	Chair	
<b>Date</b>	24/07/23	

**ABILITY SPORTING CLUB (NORTH EAST) LIMITED  
DIRECTORS' REPORT AND  
FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 JULY 2022**

**Ability Sporting Club (North East) Limited  
Directors' Report and Financial Statements  
For The Year Ended 31 July 2022**

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The following pages do not form part of the statutory accounts:	
Detailed Income and Expenditure Account	10–11

**Ability Sporting Club (North East) Limited**  
**Company Information**  
**For The Year Ended 31 July 2022**

---

<b>Directors</b>	Mr Leslie Dixon Mr James Tate Mr Brian Wood Mr John Kirsop
<b>Company Number</b>	12146820
<b>Registered Office</b>	22-24 Beech Drive Dunston Gateshead Tyne & Wear NE11 9PD
<b>Accountants</b>	KP Simpson Ltd Certified Public Accountants 172-174 Albert Road Jarrow NE32 5JA

**Ability Sporting Club (North East) Limited**  
**Company No. 12146820**  
**Directors' Report For The Year Ended 31 July 2022**

---

The directors present their report and the financial statements for the year ended 31 July 2022.

**Directors**

The directors who held office during the year were as follows:

Mr Leslie Dixon

Mr James Tate

Mr Brian Wood

Mr John Kirsop

**Statement of Directors' Responsibilities**

The directors are responsible for preparing the Directors' Report and the financial statements in accordance with applicable law and regulations.

Company law requires the directors to prepare financial statements for each financial year. Under that law the directors have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the surplus or deficit of the company for that period. In preparing the financial statements the directors are required to:

- select suitable accounting policies and then apply them consistently;
- make judgments and accounting estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The directors are responsible for the maintenance and integrity of the corporate and financial information included on the company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

**Small Company Rules**

This report has been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

On behalf of the board

-----

Mr Brian Wood

Director

05/04/2023

**Ability Sporting Club (North East) Limited**  
**Accountant's Report**  
**For The Year Ended 31 July 2022**

---

In accordance with the engagement letter dated , and in order to assist you to fulfil your duties under the Companies Act 2006, we have compiled the financial statements of the company from the accounting records and information and explanations you have given to us.

This report is made to the directors in accordance with the terms of our engagement. Our work has been undertaken to prepare for approval by the directors the financial statements that we have been engaged to compile, to report to the directors that we have done so, and to state those matters that we have agreed to state to them in this report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Company and the Company's directors for our work or for this report.

You have acknowledged on the balance sheet as at year ended 31 July 2022 your duty to ensure that the company has kept proper accounting records and to prepare financial statements that give a true and fair view under the Companies Act 2006. You consider that the company is exempt from the statutory requirement for an audit for the year.

We have not been instructed to carry out an audit of the financial statements. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the financial statements.

Signed

-----

05/04/2023

KP Simpson Ltd  
Certified Public Accountants  
172-174 Albert Road  
Jarrow  
NE32 5JA

**Ability Sporting Club (North East) Limited**  
**Income and Expenditure Account**  
**For The Year Ended 31 July 2022**

	Notes	2022 £	2021 £
<b>TURNOVER</b>		5,515	23,563
Cost of sales		(2,448)	(4,016)
		<hr/>	<hr/>
<b>GROSS SURPLUS</b>		3,067	19,547
Administrative expenses		(6,044)	(13,116)
		<hr/>	<hr/>
<b>OPERATING (DEFICIT)/SURPLUS</b>		(2,977)	6,431
Interest payable and similar charges		(135)	-
		<hr/>	<hr/>
<b>(DEFICIT)/SURPLUS BEFORE TAXATION</b>		(3,112)	6,431
Tax on (Deficit)/surplus		159	(637)
		<hr/>	<hr/>
<b>(DEFICIT)/SURPLUS AFTER TAXATION BEING (DEFICIT)/SURPLUS FOR THE FINANCIAL YEAR</b>		<hr/> <hr/>	<hr/> <hr/>

The notes on pages 7 to 9 form part of these financial statements.

**Ability Sporting Club (North East) Limited**  
**Balance Sheet**  
**As at 31 July 2022**

		2022		2021	
	Notes	£	£	£	£
<b>FIXED ASSETS</b>					
Tangible Assets	4		2,512		3,350
			<u>2,512</u>		<u>3,350</u>
<b>CURRENT ASSETS</b>					
Debtors	5	15,281		16,797	
Cash at bank and in hand		510		4,655	
		<u>15,791</u>		<u>21,452</u>	
<b>Creditors: Amounts Falling Due Within One Year</b>	6		(4,627)		(4,251)
			<u>11,164</u>		<u>17,201</u>
<b>NET CURRENT ASSETS (LIABILITIES)</b>			<u>11,164</u>		<u>17,201</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>			<u>13,676</u>		<u>20,551</u>
<b>Creditors: Amounts Falling Due After More Than One Year</b>	7		(11,238)		(15,000)
<b>PROVISIONS FOR LIABILITIES</b>			<u>(477)</u>		<u>(637)</u>
Deferred Taxation			<u>(477)</u>		<u>(637)</u>
<b>NET ASSETS</b>			<u>1,961</u>		<u>4,914</u>
Income and Expenditure Account			<u>1,961</u>		<u>4,914</u>
<b>MEMBERS' FUNDS</b>			<u>1,961</u>		<u>4,914</u>

**Ability Sporting Club (North East) Limited**  
**Balance Sheet (continued)**  
**As at 31 July 2022**

---

For the year ending 31 July 2022 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

On behalf of the board

-----  
Mr Brian Wood

Director

05/04/2023

The notes on pages 7 to 9 form part of these financial statements.

# Ability Sporting Club (North East) Limited

## Notes to the Financial Statements

### For The Year Ended 31 July 2022

---

#### 1. General Information

Ability Sporting Club (North East) Limited is a private company, limited by guarantee, incorporated in England & Wales, registered number 12146820. The registered office is 22-24 Beech Drive, Dunston, Gateshead, Tyne & Wear, NE11 9PD.

#### 2. Accounting Policies

##### 2.1. Basis of Preparation of Financial Statements

The financial statements have been prepared under the historical cost convention and in accordance with Financial Reporting Standard 102 section 1A Small Entities "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Companies Act 2006

##### 2.2. Turnover

Turnover is measured at the fair value of the consideration received or receivable, net of discounts and value added taxes. Turnover includes revenue earned from the sale of goods and from the rendering of services. Turnover is reduced for estimated customer returns, rebates and other similar allowances.

##### Sale of goods

Turnover from the sale of goods is recognised when the significant risks and rewards of ownership of the goods has transferred to the buyer. This is usually at the point that the customer has signed for the delivery of the goods.

##### Rendering of services

Turnover from the rendering of services is recognised by reference to the stage of completion of the contract. The stage of completion of a contract is measured by comparing the costs incurred for work performed to date to the total estimated contract costs. Turnover is only recognised to the extent of recoverable expenses when the outcome of a contract cannot be estimated reliably.

##### 2.3. Tangible Fixed Assets and Depreciation

Tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. Depreciation is provided at rates calculated to write off the cost of the fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Computer Equipment	25% RB
--------------------	--------

##### 2.4. Taxation

Income tax expense represents the sum of the tax currently payable and deferred tax.

The tax currently payable is based on taxable surplus for the year. Taxable surplus differs from surplus as reported in the statement of comprehensive income because of items of income or expense that are taxable or deductible in other years and items that are never taxable or deductible. The company's liability for current tax is calculated using tax rates that have been enacted or substantively enacted by the end of the reporting period.

Deferred tax is recognised on timing differences between the carrying amounts of assets and liabilities in the financial statements and the corresponding tax bases used in the computation of taxable surplus. Deferred tax liabilities are generally recognised for all taxable timing differences. Deferred tax assets are generally recognised for all deductible temporary differences to the extent that it is probable that taxable surplus will be available against which those deductible timing differences can be utilised. The carrying amount of deferred tax assets is reviewed at the end of each reporting period and reduced to the extent that it is no longer probable that sufficient taxable surplus will be available to allow all or part of the asset to be recovered.

Deferred tax assets and liabilities are measured at the tax rates that are expected to apply in the period in which the liability is settled or the asset realised, based on tax rates (and tax laws) that have been enacted or substantively enacted by the end of the reporting period. Deferred tax liabilities are presented within provisions for liabilities and deferred tax assets within debtors. The measurement of deferred tax liabilities and assets reflect the tax consequences that would follow from the manner in which the Company expects, at the end of the reporting period, to recover or settle the carrying amount of its assets and liabilities.

Current or deferred tax for the year is recognised in surplus or deficit, except when they related to items that are recognised in other comprehensive income or directly in equity, in which case, the current and deferred tax is also recognised in other comprehensive income or directly in equity respectively.

#### 3. Average Number of Employees

Average number of employees, including directors, during the year was as follows: 4 (2021: )

**Ability Sporting Club (North East) Limited**  
**Notes to the Financial Statements (continued)**  
**For The Year Ended 31 July 2022**

**4. Tangible Assets**

	<b>Computer Equipment</b>
	<b>£</b>
<b>Cost</b>	
As at 1 August 2021	5,000
As at 31 July 2022	<u>5,000</u>
<b>Depreciation</b>	
As at 1 August 2021	1,650
Provided during the period	838
As at 31 July 2022	<u>2,488</u>
<b>Net Book Value</b>	
As at 31 July 2022	<u>2,512</u>
As at 1 August 2021	<u>3,350</u>

**5. Debtors**

	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
<b>Due within one year</b>		
Directors' loan accounts	<u>15,281</u>	<u>16,797</u>
	<u>15,281</u>	<u>16,797</u>

**6. Creditors: Amounts Falling Due Within One Year**

	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
Trade creditors	-	(1)
Bank loans and overdrafts	1,875	-
Other creditors	-	1,432
Accruals and deferred income	420	420
Directors' loan accounts	<u>2,332</u>	<u>2,400</u>
	<u>4,627</u>	<u>4,251</u>

**7. Creditors: Amounts Falling Due After More Than One Year**

	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
Bank loans	<u>11,238</u>	<u>15,000</u>
	<u>11,238</u>	<u>15,000</u>

**8. Directors Advances, Credits and Guarantees**

Included within Debtors are the following loans to directors:

The above loan is unsecured, interest free and repayable on demand.

**Ability Sporting Club (North East) Limited**  
**Notes to the Financial Statements (continued)**  
**For The Year Ended 31 July 2022**

---

**9. Company limited by guarantee**

The company is limited by guarantee and has no share capital.

Every member of the company undertakes to contribute to the assets of the company, in the event of a winding up, such an amount as may be required not exceeding £1.

**Ability Sporting Club (North East) Limited**  
**Detailed Income and Expenditure Account**  
**For The Year Ended 31 July 2022**

	<b>2022</b>		<b>2021</b>	
	£	£	£	£
<b>TURNOVER</b>				
Sales		4,672		21,591
Other trading income		843		1,972
		5,515		23,563
<b>COST OF SALES</b>				
Purchases	408		169	
Food parcels	725		2,428	
Sports Kits	450		1,119	
Other direct costs	865		300	
		(2,448)		(4,016)
<b>GROSS SURPLUS</b>		3,067		19,547
<b>Administrative Expenses</b>				
Wages and salaries	780		2,391	
Staff entertaining	1,121		1,370	
Rent	720		1,248	
Use of private residence	1,248		-	
Vehicle running costs	200		946	
Vehicle parking costs	-		6	
Repairs, renewals and maintenance	-		98	
Insurance	-		85	
Website costs	14		36	
Accountancy fees	498		420	
Legal fees	-		13	
Royalties and licence fees payable	-		40	
Bank charges	84		-	
Charitable donations	125		4,016	
Depreciation of computer equipment	838		1,650	
Entertaining	40		798	
Sundry expenses	376		(1)	
		(6,044)		(13,116)
<b>OPERATING (DEFICIT)/SURPLUS</b>		(2,977)		6,431
<b>Interest payable and similar charges</b>				
Bank loan interest	135		-	
		(135)		-
<b>(DEFICIT)/SURPLUS BEFORE TAXATION</b>		(3,112)		6,431

...CONTINUED

**Ability Sporting Club (North East) Limited**  
**Detailed Income and Expenditure Account (continued)**  
**For The Year Ended 31 July 2022**

---

**Tax on (Deficit)/surplus**

Deferred taxation	<u>(159)</u>	<u>637</u>
	<u>159</u>	<u>(637)</u>
<b>(DEFICIT)/SURPLUS AFTER TAXATION BEING (DEFICIT)/SURPLUS FOR THE FINANCIAL YEAR</b>	<b><u><u>(2,953)</u></u></b>	<b><u><u>5,794</u></u></b>

**ABILITY SPORTING CLUB (NORTH EAST) LIMITED  
DIRECTORS' REPORT AND  
FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 JULY 2022**

**Ability Sporting Club (North East) Limited  
Directors' Report and Financial Statements  
For The Year Ended 31 July 2022**

---

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The following pages do not form part of the statutory accounts:	
Detailed Income and Expenditure Account	10–11

**Ability Sporting Club (North East) Limited**  
**Company Information**  
**For The Year Ended 31 July 2022**

---

<b>Directors</b>	Mr Leslie Dixon Mr James Tate Mr Brian Wood Mr John Kirsop
<b>Company Number</b>	12146820
<b>Registered Office</b>	22-24 Beech Drive Dunston Gateshead Tyne & Wear NE11 9PD
<b>Accountants</b>	KP Simpson Ltd Certified Public Accountants 172-174 Albert Road Jarrow NE32 5JA

**Ability Sporting Club (North East) Limited**  
**Company No. 12146820**  
**Directors' Report For The Year Ended 31 July 2022**

---

The directors present their report and the financial statements for the year ended 31 July 2022.

**Directors**

The directors who held office during the year were as follows:

Mr Leslie Dixon

Mr James Tate

Mr Brian Wood

Mr John Kirsop

**Statement of Directors' Responsibilities**

The directors are responsible for preparing the Directors' Report and the financial statements in accordance with applicable law and regulations.

Company law requires the directors to prepare financial statements for each financial year. Under that law the directors have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the surplus or deficit of the company for that period. In preparing the financial statements the directors are required to:

- select suitable accounting policies and then apply them consistently;
- make judgments and accounting estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The directors are responsible for the maintenance and integrity of the corporate and financial information included on the company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

**Small Company Rules**

This report has been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

On behalf of the board

-----

Mr Brian Wood

Director

05/04/2023

**Ability Sporting Club (North East) Limited**  
**Accountant's Report**  
**For The Year Ended 31 July 2022**

---

In accordance with the engagement letter dated , and in order to assist you to fulfil your duties under the Companies Act 2006, we have compiled the financial statements of the company from the accounting records and information and explanations you have given to us.

This report is made to the directors in accordance with the terms of our engagement. Our work has been undertaken to prepare for approval by the directors the financial statements that we have been engaged to compile, to report to the directors that we have done so, and to state those matters that we have agreed to state to them in this report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Company and the Company's directors for our work or for this report.

You have acknowledged on the balance sheet as at year ended 31 July 2022 your duty to ensure that the company has kept proper accounting records and to prepare financial statements that give a true and fair view under the Companies Act 2006. You consider that the company is exempt from the statutory requirement for an audit for the year.

We have not been instructed to carry out an audit of the financial statements. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the financial statements.

Signed

-----

05/04/2023

KP Simpson Ltd  
Certified Public Accountants  
172-174 Albert Road  
Jarrow  
NE32 5JA

**Ability Sporting Club (North East) Limited  
Income and Expenditure Account  
For The Year Ended 31 July 2022**

---

	Notes	2022 £	2021 £
<b>TURNOVER</b>		5,515	23,563
Cost of sales		(2,448)	(4,016)
		<hr/>	<hr/>
<b>GROSS SURPLUS</b>		3,067	19,547
Administrative expenses		(6,044)	(13,116)
		<hr/>	<hr/>
<b>OPERATING (DEFICIT)/SURPLUS</b>		(2,977)	6,431
Interest payable and similar charges		(135)	-
		<hr/>	<hr/>
<b>(DEFICIT)/SURPLUS BEFORE TAXATION</b>		(3,112)	6,431
Tax on (Deficit)/surplus		159	(637)
		<hr/>	<hr/>
<b>(DEFICIT)/SURPLUS AFTER TAXATION BEING (DEFICIT)/SURPLUS FOR THE FINANCIAL YEAR</b>		<hr/> <hr/>	<hr/> <hr/>

The notes on pages 7 to 9 form part of these financial statements.

**Ability Sporting Club (North East) Limited**  
**Balance Sheet**  
**As at 31 July 2022**

		2022		2021	
	Notes	£	£	£	£
<b>FIXED ASSETS</b>					
Tangible Assets	4		2,512		3,350
			<u>2,512</u>		<u>3,350</u>
<b>CURRENT ASSETS</b>					
Debtors	5	15,281		16,797	
Cash at bank and in hand		510		4,655	
			<u>15,791</u>		<u>21,452</u>
<b>Creditors: Amounts Falling Due Within One Year</b>	6		<u>(4,627)</u>		<u>(4,251)</u>
<b>NET CURRENT ASSETS (LIABILITIES)</b>			<u>11,164</u>		<u>17,201</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>			<u>13,676</u>		<u>20,551</u>
<b>Creditors: Amounts Falling Due After More Than One Year</b>	7		<u>(11,238)</u>		<u>(15,000)</u>
<b>PROVISIONS FOR LIABILITIES</b>					
Deferred Taxation			<u>(477)</u>		<u>(637)</u>
<b>NET ASSETS</b>			<u>1,961</u>		<u>4,914</u>
Income and Expenditure Account			<u>1,961</u>		<u>4,914</u>
<b>MEMBERS' FUNDS</b>			<u>1,961</u>		<u>4,914</u>

**Ability Sporting Club (North East) Limited**  
**Balance Sheet (continued)**  
**As at 31 July 2022**

---

For the year ending 31 July 2022 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

On behalf of the board

-----  
Mr Brian Wood

Director

05/04/2023

The notes on pages 7 to 9 form part of these financial statements.

# Ability Sporting Club (North East) Limited

## Notes to the Financial Statements

### For The Year Ended 31 July 2022

---

#### 1. General Information

Ability Sporting Club (North East) Limited is a private company, limited by guarantee, incorporated in England & Wales, registered number 12146820. The registered office is 22-24 Beech Drive, Dunston, Gateshead, Tyne & Wear, NE11 9PD.

#### 2. Accounting Policies

##### 2.1. Basis of Preparation of Financial Statements

The financial statements have been prepared under the historical cost convention and in accordance with Financial Reporting Standard 102 section 1A Small Entities "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Companies Act 2006

##### 2.2. Turnover

Turnover is measured at the fair value of the consideration received or receivable, net of discounts and value added taxes. Turnover includes revenue earned from the sale of goods and from the rendering of services. Turnover is reduced for estimated customer returns, rebates and other similar allowances.

##### Sale of goods

Turnover from the sale of goods is recognised when the significant risks and rewards of ownership of the goods has transferred to the buyer. This is usually at the point that the customer has signed for the delivery of the goods.

##### Rendering of services

Turnover from the rendering of services is recognised by reference to the stage of completion of the contract. The stage of completion of a contract is measured by comparing the costs incurred for work performed to date to the total estimated contract costs. Turnover is only recognised to the extent of recoverable expenses when the outcome of a contract cannot be estimated reliably.

##### 2.3. Tangible Fixed Assets and Depreciation

Tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. Depreciation is provided at rates calculated to write off the cost of the fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Computer Equipment	25% RB
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##### 2.4. Taxation

Income tax expense represents the sum of the tax currently payable and deferred tax.

The tax currently payable is based on taxable surplus for the year. Taxable surplus differs from surplus as reported in the statement of comprehensive income because of items of income or expense that are taxable or deductible in other years and items that are never taxable or deductible. The company's liability for current tax is calculated using tax rates that have been enacted or substantively enacted by the end of the reporting period.

Deferred tax is recognised on timing differences between the carrying amounts of assets and liabilities in the financial statements and the corresponding tax bases used in the computation of taxable surplus. Deferred tax liabilities are generally recognised for all taxable timing differences. Deferred tax assets are generally recognised for all deductible temporary differences to the extent that it is probable that taxable surplus will be available against which those deductible timing differences can be utilised. The carrying amount of deferred tax assets is reviewed at the end of each reporting period and reduced to the extent that it is no longer probable that sufficient taxable surplus will be available to allow all or part of the asset to be recovered.

Deferred tax assets and liabilities are measured at the tax rates that are expected to apply in the period in which the liability is settled or the asset realised, based on tax rates (and tax laws) that have been enacted or substantively enacted by the end of the reporting period. Deferred tax liabilities are presented within provisions for liabilities and deferred tax assets within debtors. The measurement of deferred tax liabilities and assets reflect the tax consequences that would follow from the manner in which the Company expects, at the end of the reporting period, to recover or settle the carrying amount of its assets and liabilities.

Current or deferred tax for the year is recognised in surplus or deficit, except when they related to items that are recognised in other comprehensive income or directly in equity, in which case, the current and deferred tax is also recognised in other comprehensive income or directly in equity respectively.

#### 3. Average Number of Employees

Average number of employees, including directors, during the year was as follows: 4 (2021: )

**Ability Sporting Club (North East) Limited**  
**Notes to the Financial Statements (continued)**  
**For The Year Ended 31 July 2022**

**4. Tangible Assets**

	<b>Computer Equipment</b>
	<b>£</b>
<b>Cost</b>	
As at 1 August 2021	5,000
As at 31 July 2022	<u>5,000</u>
<b>Depreciation</b>	
As at 1 August 2021	1,650
Provided during the period	838
As at 31 July 2022	<u>2,488</u>
<b>Net Book Value</b>	
As at 31 July 2022	<u>2,512</u>
As at 1 August 2021	<u>3,350</u>

**5. Debtors**

	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
<b>Due within one year</b>		
Directors' loan accounts	<u>15,281</u>	<u>16,797</u>
	<u>15,281</u>	<u>16,797</u>

**6. Creditors: Amounts Falling Due Within One Year**

	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
Trade creditors	-	(1)
Bank loans and overdrafts	1,875	-
Other creditors	-	1,432
Accruals and deferred income	420	420
Directors' loan accounts	<u>2,332</u>	<u>2,400</u>
	<u>4,627</u>	<u>4,251</u>

**7. Creditors: Amounts Falling Due After More Than One Year**

	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
Bank loans	<u>11,238</u>	<u>15,000</u>
	<u>11,238</u>	<u>15,000</u>

**8. Directors Advances, Credits and Guarantees**

Included within Debtors are the following loans to directors:

The above loan is unsecured, interest free and repayable on demand.

**Ability Sporting Club (North East) Limited**  
**Notes to the Financial Statements (continued)**  
**For The Year Ended 31 July 2022**

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**9. Company limited by guarantee**

The company is limited by guarantee and has no share capital.

Every member of the company undertakes to contribute to the assets of the company, in the event of a winding up, such an amount as may be required not exceeding £1.

**Ability Sporting Club (North East) Limited**  
**Detailed Income and Expenditure Account**  
**For The Year Ended 31 July 2022**

	<b>2022</b>		<b>2021</b>	
	£	£	£	£
<b>TURNOVER</b>				
Sales		4,672		21,591
Other trading income		843		1,972
		5,515		23,563
<b>COST OF SALES</b>				
Purchases	408		169	
Food parcels	725		2,428	
Sports Kits	450		1,119	
Other direct costs	865		300	
		(2,448)		(4,016)
<b>GROSS SURPLUS</b>		3,067		19,547
<b>Administrative Expenses</b>				
Wages and salaries	780		2,391	
Staff entertaining	1,121		1,370	
Rent	720		1,248	
Use of private residence	1,248		-	
Vehicle running costs	200		946	
Vehicle parking costs	-		6	
Repairs, renewals and maintenance	-		98	
Insurance	-		85	
Website costs	14		36	
Accountancy fees	498		420	
Legal fees	-		13	
Royalties and licence fees payable	-		40	
Bank charges	84		-	
Charitable donations	125		4,016	
Depreciation of computer equipment	838		1,650	
Entertaining	40		798	
Sundry expenses	376		(1)	
		(6,044)		(13,116)
<b>OPERATING (DEFICIT)/SURPLUS</b>		(2,977)		6,431
<b>Interest payable and similar charges</b>				
Bank loan interest	135		-	
		(135)		-
<b>(DEFICIT)/SURPLUS BEFORE TAXATION</b>		(3,112)		6,431

...CONTINUED

**Ability Sporting Club (North East) Limited**  
**Detailed Income and Expenditure Account (continued)**  
**For The Year Ended 31 July 2022**

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**Tax on (Deficit)/surplus**

Deferred taxation	<u>(159)</u>	<u>637</u>
	<u>159</u>	<u>(637)</u>
<b>(DEFICIT)/SURPLUS AFTER TAXATION BEING (DEFICIT)/SURPLUS FOR THE FINANCIAL YEAR</b>	<b><u><u>(2,953)</u></u></b>	<b><u><u>5,794</u></u></b>

**ABILITY SPORTS AND SOCIAL (NORTH EAST)**

England & Wales - Charity number 1188381

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# Accounts

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# Annual Report for Ability Sports and Social North East FY End 2021

## Charity Overview

Ability Sports and Social North East was set up to help support Adults with a very wide range of complex Learning Difficulties and other conditions including social mobility. We focus on offering all day Multi Sports sessions to our attendees featuring: Football, Cricket, Golf, Shot Putt, Javelin, Running, Indoor Hockey and Indoor New Age Kurling as well as a structured Walking group and we welcome all over 18s (16-18 welcome with Carer) regardless of Gender, Race or Ability. Our sessions are led by Brian Wood who has vast Experience in this sector and was a former Chairman of Gateshead Special Olympics. We also have a vastly experienced Multi Sports Coach in Kirsty West who works alongside Brian in the vast majority of Sports we offer.

We also run a separate Ladies Drop in group (Men are also Welcome) run by Irene Storey who has over 30 Years Experience in this sector as well as an experience Teaching Adults with Learning Difficulties at a local College which offers those not so keen on Sport, a variety of Activities like Bingo, Crafts, Flower arranging, basic Health and Well-being advice but more importantly somewhere safe to meet up with new and existing friends, just getting these vulnerable Adults out their homes is a massive stride forward after Covid.

We make positive differences in the lives of disabled adults where provision is often lacking in the North East. Through sports we increase a persons social, mental and health well-being. We are not a numbers led organisation and pride ourselves on measuring the impact we make on an individual's life. Our services also provide vital respite to unpaid carers made up of partners, parents, siblings and friends of service users.

The charity is ran by a strong leadership and management team, each of whom bring skills in lived experience, finance, governance and service delivery.

## Plans for the Future

As the charity moves into its second year, we envisage building our beneficiary base to at least 20 attendees at each week's sessions. We will also explore commissioning opportunities with local authorities, NHS Trusts and care providers in order to address the lack of provision. We also plan to explore creating additional days of service delivery as we deliver our growth plans.

Our aims are to build up our attendees fitness but as importantly their confidence, self esteem and social mobility. Adult Social Care has seen huge cuts in local budgets and as such; accessible Day Care or Activity centres are diminishing and we expect within a year there will be very few if any left in the Gateshead area highlighting the increased need for our service.

We will also look to build strong relationships with other local charities like Your Voice Counts and the Newcastle United Foundation and form collaborative partnerships with organisations such as; the Special Olympics, Mencap and the Down Syndrome Society which would give us the credibility as the regions only full multi Sports Club in this sector – meaning we can position ourselves as the only club in the region to deliver this type of service.

## **Financial Review**

Ability Sports and Social North East gained Charitable Status just before the Covid-19 pandemic lock down, this meant we were unable to acquire a bank account which stagnated our launch and ability to fundraise. This is reflected in our FY End 21 accounts showing one months trading.

The external funding landscape remains incredibly volatile however the trustees have plans to use a method of adopting various income generation streams in order to ensure we remain financially robust and viable in the future.

## **Achievements**

During our first period of trading we have secured an excellent base with safe indoor and outdoor areas for our athletes, we have a lot of interest and expect to hit our 20 regulars pretty quickly.

The biggest achievement is we have been able to attract a talented senior leadership and management team who are invested in growing Ability Sports and Social North East by providing quality opportunities to make a positive difference in the lives of disabled adults who otherwise would be inactive.

Brian Wood  
Chairman  
Ability Sports and Social North East

**ABILITY SPORTS AND SOCIAL (NORTH EAST)  
DIRECTORS' REPORT AND  
FINANCIAL STATEMENTS  
FOR THE PERIOD 6 MARCH 2020 TO 31 JULY 2021**



**Ability Sports and Social (North East)  
Directors' Report and Financial Statements  
For the Period 6 March 2020 to 31 July 2021**

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**Ability Sports and Social (North East)**  
**Company Information**  
**For the Period 6 March 2020 to 31 July 2021**

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<b>Directors</b>	Mr Leslie Dixon Mr Brian Wood
<b>Company Number</b>	CE021007
<b>Registered Office</b>	22 Beech Drive Gateshead NE11 9PD
<b>Accountants</b>	KP Simpson Ltd Certified Public Accountants 172-174 Albert Road Jarrow Tyne And Wear NE32 5JA

**Ability Sports and Social (North East)**  
**Company No. CE021007**  
**Directors' Report For the Period 6 March 2020 to 31 July 2021**

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The directors present their report and the financial statements for the period ended 31 July 2021.

**Statement of Directors' Responsibilities**

The directors are responsible for preparing the Directors' Report and the financial statements in accordance with applicable law and regulations.

Company law requires the directors to prepare financial statements for each financial year. Under that law the directors have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the directors must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the surplus or deficit of the company for that period. In preparing the financial statements the directors are required to:

- select suitable accounting policies and then apply them consistently;
- make judgments and accounting estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

**Directors**

The directors who held office during the period were as follows:

Mr Leslie Dixon  
Mr Brian Wood

**Small Company Rules**

This report has been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

On behalf of the board

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Mr Leslie Dixon

Director

13/06/2022

**Ability Sports and Social (North East)**  
**Accountant's Report**  
**For the Period 6 March 2020 to 31 July 2021**

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In accordance with the engagement letter dated , and in order to assist you to fulfil your duties under the Companies Act 2006, we have compiled the financial statements of the company from the accounting records and information and explanations you have given to us.

This report is made to the directors in accordance with the terms of our engagement. Our work has been undertaken to prepare for approval by the directors the financial statements that we have been engaged to compile, to report to the directors that we have done so, and to state those matters that we have agreed to state to them in this report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Company and the Company's directors for our work or for this report.

You have acknowledged on the balance sheet as at period ended 31 July 2021 your duty to ensure that the company has kept proper accounting records and to prepare financial statements that give a true and fair view under the Companies Act 2006. You consider that the company is exempt from the statutory requirement for an audit for the year.

We have not been instructed to carry out an audit of the financial statements. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the financial statements.

Signed

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13/06/2022

KP Simpson Ltd  
Certified Public Accountants  
172-174 Albert Road Jarrow  
Tyne And Wear  
NE32 5JA

**Ability Sports and Social (North East)**  
**Income and Expenditure Account**  
**For the Period 6 March 2020 to 31 July 2021**

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	<b>Notes</b>	<b>31 July 2021</b>
		<b>£</b>
Administrative expenses		(60)
Other operating income		310
		<hr/>
<b>OPERATING SURPLUS AND SURPLUS FOR THE FINANCIAL PERIOD</b>		<b>250</b>
		<hr/> <hr/>

The notes on page 6 form part of these financial statements.

**Ability Sports and Social (North East)  
Balance Sheet  
As at 31 July 2021**

	Notes	31 July 2021	
		£	£
<b>CURRENT ASSETS</b>			
Cash at bank and in hand		310	
		<u>310</u>	
<b>Creditors: Amounts Falling Due Within One Year</b>	<b>3</b>	<u>(60)</u>	
<b>NET CURRENT ASSETS (LIABILITIES)</b>			<u>250</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>			<u>250</u>
<b>NET ASSETS</b>			<u>250</u>
Income and Expenditure Account			<u>250</u>
<b>MEMBERS' FUNDS</b>			<u>250</u>

For the period ending 31 July 2021 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

On behalf of the board

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Mr Leslie Dixon

Director

13/06/2022

The notes on page 6 form part of these financial statements.

**Ability Sports and Social (North East)**  
**Notes to the Financial Statements**  
**For the Period 6 March 2020 to 31 July 2021**

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**1. Accounting Policies**

**1.1. Basis of Preparation of Financial Statements**

The financial statements are prepared under the historical cost convention and in accordance with the FRS 102 Section 1A Small Entities - The Financial Reporting Standard applicable in the UK and Republic of Ireland and the Companies Act 2006.

**2. Average Number of Employees**

Average number of employees, including directors, during the year was as follows: NIL

**3. Creditors: Amounts Falling Due Within One Year**

	<b>31 July 2021</b>
	<b>£</b>
Accruals and deferred income	60
	<hr/>
	60
	<hr/> <hr/>

**4. Company limited by guarantee**

The company is limited by guarantee and has no share capital.

Every member of the company undertakes to contribute to the assets of the company, in the event of a winding up, such an amount as may be required not exceeding £1.

**5. General Information**

Ability Sports and Social (North East) is a private company, limited by guarantee, incorporated in England & Wales, registered number CE021007. The registered office is 22 Beech Drive, Gateshead, NE11 9PD.

**Ability Sports and Social (North East)**  
**Detailed Income and Expenditure Account**  
**For the Period 6 March 2020 to 31 July 2021**

---

	<b>31 July 2021</b>	
	<b>£</b>	<b>£</b>
<b>Administrative Expenses</b>		
Accountancy fees	60	
	<hr/>	
		(60)
<b>Other Operating Income</b>		
Other income - contributing to other operating income	310	
	<hr/>	
		310
		<hr/>
<b>OPERATING SURPLUS AND SURPLUS FOR THE FINANCIAL PERIOD</b>		<b>250</b>
		<hr/> <hr/>