



Trustees' report and Financial Statement for the period ended.
01 April 2024 for Free the Forgotten

Registered Charity number
1188376

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For the period ended 01 April 2024

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Free the Forgotten

Organisation Information

For the period ended 01 April 2024

TRUSTEES:

Abdillahi Mohamed	(Chair)
Zaki Elmi	(Treasurer)
Amina Hussein	(Trustee)
Anisa Mohamed	(Trustee)

Web: [www. freetheforgotten.org/](http://www.freetheforgotten.org/)

Email: info@freetheforgotten.org

REGISTERED OFFICE:

220 Church Road
London
NW10 9NP

BANKERS: Royal Bank Scotland

Northwest House,
119 Marylebone Road.
London NW1 5PY



Free the Forgotten

Report of the Trustees

For the period ended 01 April 2024

The Trustees of the Organisation present their report and statement of financial activities of the Organisation for the period ended 01 April 2024

The accounts have been prepared by the accounting policies set out in note 1 to the accounts and comply with the charities governing document, the Charities Act 2011 and Statement of Recommended Practices —Accounting and Reporting by Charities revised 2015.

PRINCIPAL ACTIVITY

The principal activity of the organisation in the year under review was the provision of advice and guidance and community events, in line with the principle of the organisation that promotes community cohesion and integration.

This report provides an overview of our activities, achievements, and financial performance over the past year, demonstrating our commitment to our mission of supporting marginalized and forgotten communities around the world.

2. Our Mission and Objectives

Free The Forgotten Charity is dedicated to empowering and supporting vulnerable individuals and communities who have been marginalized, forgotten, or overlooked. Our mission is to provide essential resources, education, and advocacy to help these individuals achieve a better quality of life, uphold their rights, and promote social justice.

Our key objectives are:

To provide immediate relief and support to marginalized communities through food, shelter, education, and healthcare programs.

To advocate for the rights of those who are oppressed or forgotten by society, amplifying their voices on local, national, and international platforms.

To build sustainable development initiatives that foster independence, resilience, and long-term growth in underprivileged communities.

3. Achievements and Activities

Over the past year, Free The Forgotten Charity has made significant strides in delivering impactful programs and services. Below are some of the key achievements:

3.1 Humanitarian Relief Programs

Emergency Food and Shelter Aid: Provided emergency food and shelter to over 10,000 individuals in conflict-affected and disaster-prone areas. Our outreach teams worked tirelessly in partnership with local organizations to ensure aid reached those most in need.

Healthcare Initiatives: Launched mobile health clinics in three rural regions, providing essential healthcare services, including vaccinations, maternal health care, and basic medical check-ups, to over 5,000 individuals.

3.2 Educational Programs

Community Learning Centres: Established five community learning centres, which provide education to over 2,000 children and adults. These centres focus on basic literacy, numeracy, vocational training, and life skills.

Scholarship and Mentorship Program: Awarded scholarships to 150 underprivileged students and provided mentorship programs to guide them through their educational journeys.

3.3 Advocacy and Awareness Campaigns

Awareness Campaigns: Conducted three major campaigns on human rights, women's rights, and the plight of refugees. These campaigns reached an audience of over 50,000 people through social media, public forums, and collaborations with other NGOs.

Policy Advocacy: Engaged with policymakers and stakeholders at both the local and national levels to advocate for the rights of marginalized communities, contributing to the drafting of new social policies in London and surrounding areas.

4. Financial Overview

The trustees are pleased to report that Free The Forgotten Charity remains in a healthy financial position. Our income for the year totalled £ [Insert Amount], compared to £ [Insert Amount] in the previous year. The main sources of income were as follows:

Grants and Donations: £25,500

Fundraising Events: £34,898

Other Income: £10,012

Total Income for the year £70,410.00

TRUSTEES

Trustees during the year under review were:

Abdillahi Mohamed	(Chair)
Zaki Elmi	(Treasurer)
Anisa Mohamed	(Secretary)
Amina Hussein	(Member)

STATEMENT OF TRUSTEES' RESPONSIBILITIES

Organisation law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the Organisation and of the profit or loss of the Organisation for that period. In preparing those financial statements, the Trustees are required to

- select suitable accounting policies and then apply them consistently
- make judgements and estimates that are reasonable and prudent
- prepare the financial statements on a going concern basis unless it is inappropriate to presume that the Organisation will continue in operation.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the Organisation and enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the Organisation and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

ON BEHALF OF THE BOARD OF TRUSTEES:

Abdillahi Mohamed - Chair

Dated: 05.09.2024

Zaki Elmi - Treasurer

Dated: 05.09.2024

FREE THE FORGOTTEN

Detailed profit and loss account items for the year ended 1 April 2024

	2024 £	2023 £
Income		
Grants and donations	35,512	73,129
Other income		
Other income	34,898	15,314
	70,410	88,443
Staff costs		
Wages and salaries	20,549	26,530
Employer's NI	-	36
Staff training and welfare	1,900	-
Travel and subsistence	-	201
Motor expenses	815	-
Events	1,629	2,062
	24,893	28,829
Depreciation and other amounts written off assets		
Depreciation	200	200
Other charges		
Premises costs:		
Rent	2,600	2,290
Light and heat	2,464	1,844
	5,064	4,134
General administrative expenses:		
Telephone and internet	1,359	1,938
Postage	-	55
Stationery and printing	770	755
Courier services	420	-
Information and publications	-	205
Subscriptions	130	-
Insurance	222	228
Software	491	188
Repairs and maintenance	506	2,900
	3,898	6,269
Legal and professional costs:		
Accountancy fees	650	550
Consultancy fees	550	8,320
Advertising and PR	-	54
Other legal and professional	723	477
	1,923	9,401
Other		
Subcontractor costs	11,075	23,106
Commissions payable	8,625	12,729



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	<u>19,700</u>	<u>35,835</u>
Resources expended	<u>55,678</u>	<u>84,668</u>
Surplus/ (deficit)	<u>14,732</u>	<u>3,775</u>
Balance brought Forward	<u>4,665</u>	<u>890</u>
Balance Carried Forward	<u><u>19,397</u></u>	<u><u>4,665</u></u>

FREE THE FORGOTTEN

Registered number:

1188376

Balance Sheet

as at 1 April 2024

	2024	2023
	£	£
Fixed assets	400	600
Current assets	23,054	8,119
Creditors: amounts falling due within one year	<u>(1,005)</u>	<u>(1,302)</u>
Net current assets	<u>22,049</u>	<u>6,817</u>
Total assets less current liabilities	22,449	7,417
Creditors: amounts falling due after more than one year	<u>(3,052)</u>	<u>(2,752)</u>
Net assets	<u>19,397</u>	<u>4,665</u>
 Capital and reserves	 <u>19,397</u>	 <u>4,665</u>
	<u>Number</u>	<u>Number</u>
Average number of employees	4	7
FREE THE FORGOTTEN		<u></u>

The financial statements set out on pages 4 to 7 were approved and authorised for issue by the Trustees on 5th September 2024 and signed on behalf of the charity' trustees by

Abdillahi Mohamed

Chair

Approved by the board on 05/09/2024

FREE THE FORGOTTEN**Notes to the Accounts****for the year ended 1 April 2024****1 Accounting policies****Basis of preparation**

The accounts have been prepared under the historical cost convention and in accordance with the both the requirements of the Charities Act 2011 and the Statements of Recommended Practice (SORP), “Accounting and Reporting by Charities” published in 2005.

Fund accounting

Unrestricted funds are available for use as the discretion of the trustees in furtherance of the charity’s objectives and restricted funds are funds which are to be used in accordance with specific restrictions imposed by the donors or which have been raised by the charity for particular purposes.

Incoming resources

All Incoming resources are included upon receipt by the charity. Donations are only included in the receipts and payments account when the charity has unconditional entitlement to the resource.

Resources expended

Expenditure is recognised upon payment. As all liabilities are usually settled immediately, the charity does not carry over any material liabilities to subsequent periods.

Expenditure is accounted for under heading that relate to the nature of its purpose.

Charitable activity costs are those costs incurred directly in support of expenditure on the objects of the charity.

Grants and Donations

Grants and donations are accounted for on accruals basis. All grants have been brought into account for the period in which they relate to.

The funding received during the period was to fund the charities main objectives.

Depreciation

No Depreciation has been provided for the period.

2 Creditors: amounts falling due within one year	2024	2023
	£	£
Other creditors		
Professional Fees	<u>650</u>	<u>550</u>

3 Statement of Financial activities	2021
	£
At 2 April 2023	4665
Surplus for the year	14732
	<u>19,397</u>
At 01 April 2024	

4	
Grants, Donations and Other Income	
Church Road Business Ltd	500
Training Income	10,012
Donations from the public	34,898
GLA Capacity building	24,500
Sports Foundation	<u>500</u>
Total Income for the year	70,410

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No transactions other than the refund of out of pocket expenses for the trustees of the Charity took place during the year under review

6 Independent examiner's fees	<u>2024</u>
Accounts preparations	500
Independent examination	<u>150</u>
	650



Independent Examiner's report to the trustees of
Free the Forgotten

We report on the accounts of Free the Forgotten for the period ended 01 April 2024.

Respective Responsibilities of the Trustees and Examiner

As the Project's Management Committee, you are responsible for the preparation of the accounts; you consider that the audit requirement of section 43(2) of the Charities Act 2011 (the Act) does not apply and that an independent examination is needed.

It is our responsibility to examine the accounts under section 43 of the Act, to follow the procedures laid down in the General Directions given by the Charity Commission under section 43(7)(b) of the Act, and to state whether particular matters have come to our attention.

Basis of Independent Examiner's Report

Our examination was carried out by General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the Project and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as Management Committee concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and we do not express an audit opinion on the view given by the accounts.

Independent Examiner's Statement

In the course of our examination, no matters have come to our attention:

- 1) This gives us reasonable cause to believe that, in any material respect the management committee has not met the requirement of the requirements to ensure that:
 - a) Proper accounting records are kept following section 41 of the Act; and
 - b) Accounts are prepared which agree with the accounting records and comply with the accounting requirements of the Act; or
- 2) To which in my opinion, attention should be drawn to enable a proper understanding of the accounts to be reached.

05 Sept 2024

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 Anderson Pierce and Co
 Accountants and Business Advisers
 14 Alexandria Rd
 London W13 0NR