

Registered number
1188376

FREE THE FORGOTTEN

Accounts

31 March 2022

FREE THE FORGOTTEN
Report and accounts
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FREE THE FORGOTTEN
Company Information

Directors

Secretary

113 Harlesden High Street, London, England, NW10 4TR

Accountants

Anderson Pierce and Co

14 Alexandria Road

West Ealing

London

W13 0NR

Registered number

1188376

FREE THE FORGOTTEN

Accountants' Report

Accountants' report to the directors of FREE THE FORGOTTEN

You consider that the company is exempt from an audit for the year ended 31 March 2022. You have acknowledged, on the balance sheet, your responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts. These responsibilities include preparing accounts that give a true and fair view of the state of affairs of the company at the end of the financial year and of its profit or loss for the financial year.

In accordance with your instructions, we have prepared the accounts which comprise the Profit and Loss Account and the Balance Sheet from the accounting records of the company and on the basis of information and explanations you have given to us.

We have not carried out an audit or any other review, and consequently we do not express any opinion on these accounts.

Anderson Pierce and Co
Accountants

14 Alexandria Road
West Ealing
London
W13 0NR

20 January 2023

FREE THE FORGOTTEN
Profit and Loss Account
for the year ended 31 March 2022

	2022 £	2021 £
Turnover	36,934	8,169
Staff costs	(23,194)	(3,554)
Depreciation and other amounts written off assets	(200)	-
Other charges	(13,132)	(4,133)
Profit before taxation	<u>408</u>	<u>482</u>
Profit	<u>408</u>	<u>482</u>
balance B/F	482	-
BALANCE C/F	<u>890</u>	<u>482</u>

FREE THE FORGOTTEN**Registered number:****1188376****Balance Sheet****as at 31 March 2022**

	2022	2021
	£	£
Fixed assets	800	-
Current assets	3,890	482
Creditors: amounts falling due within one year	(2,730)	-
Net current assets	1,160	482
Total assets less current liabilities	1,960	482
Creditors: amounts falling due after more than one year	(1,070)	-
Net assets	890	482
Capital and reserves	890	482
	Number	Number
Average number of employees	6	1

The company is a private company limited by shares and incorporated in England. Its registered office is .

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the micro entity provisions of the Companies Act 2006 and FRS 105, The Financial Reporting Standard applicable to the Micro-entities Regime. The accounts have been delivered in accordance with the provisions applicable to companies subject to the small companies regime. The profit and loss account has not been delivered to the Registrar of Companies.

Abdillahi Mohamed

Director

Approved by the board on 20 January 2023

FREE THE FORGOTTEN

Detailed profit and loss account items for the year ended 31 March 2022

This schedule does not form part of the statutory accounts

	2022 £	2021 £
Sales		
Sales	36,934	8,169
Staff costs		
Wages and salaries	15,852	3,554
Employer's NI	157	-
Temporary staff and recruitment	6,748	-
Travel and subsistence	437	-
	23,194	3,554
Depreciation and other amounts written off assets		
Depreciation	200	-
Other charges		
Premises costs:		
Rent	2,290	2,990
Service charges	950	491
Light and heat	607	-
Cleaning	4,736	-
	8,583	3,481
General administrative expenses:		
Telephone and internet	771	125
Stationery and printing	488	72
Courier services	40	-
Bank charges	2,385	205
Repairs and maintenance	260	-
	3,944	402
Legal and professional costs:		
Accountancy fees	300	250
Consultancy fees	188	-
Other legal and professional	117	-
	605	250
	13,132	4,133