

Chesterfield & North Derbyshire Tinnitus Support Group
(Registered charity, number 1188354)
Financial statements
for the period 5 March 2020 to 31 March 2021

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Chesterfield & North Derbyshire Tinnitus Support Group
Trustees' annual report
for the period 5 March 2020 to 31 March 2021

Full name Chesterfield & North Derbyshire Tinnitus Support Group

Other names by which the charity is known Chesterfield Tinnitus Support Group
CNDTSG

Organisation type Charitable incorporated organisation

Registered charity number 1188354

Principal address

34 Glumangate, Chesterfield, S40 1TX

Trustees

Joanne Gordon, Chair
Audrey Carlin, Secretary
Sarah Walters, Treasurer

Independent examiner

John O'Brien, employee of Community Accounting Plus, Units 1 & 2 North West, 41 Talbot Street, Nottingham, NG1 5GL

Governance and management

The charity is operated under the rules of its constitution adopted 5 March 2020.

Anyone who experiences Tinnitus, is interested in supporting others with the condition or who has a family member with the condition can be considered for appointment as a new trustee.

Objectives and activities

The relief of sickness and the preservation of health among people affected by Tinnitus in Derbyshire, in particular, but not exclusively, by the provision of support, education and practical advice.

To support anyone suffering from Tinnitus to manage the condition. We support people by offering one to one support by phone, access to meetings (peer support), face to face group meetings before Covid and since Covid online. We send out information packs, newsletters/magazines and resources.

Public benefit statement

The Trustees confirm that they have complied with the duty in section 17 of the Charities Act 2011 to have due regard to the Charity Commission's general guidance on public benefit, 'Charities and Public Benefit'.

Chesterfield & North Derbyshire Tinnitus Support Group

Summary of the main activities undertaken for the public benefit

Those experiencing Tinnitus can suffer from anxiety and depression. The support group helps sufferers to manage the condition by offering emotional support and knowledge and understanding about the condition. Our support group arranges regular meetings (which have ceased during the pandemic) but our newsletters have increased in size and the regularity of issues on a monthly basis to maintain communication and to reduce the feelings of isolation.

We also run an online support group meeting to which we invite speakers. During the pandemic we made phone calls, particularly to those people who were most vulnerable and offered everyone the opportunity to make contact with us via our Helpline, if they are struggling. Our committed support increases their confidence and helps to prevent the mental health issues that can result from the condition. We also keep them up-to-date with current research.

Tinnitus can cause anxiety, depression, sleep and relationship problems. A study by the British Tinnitus Association into the healthcare costs of Tinnitus Management has calculated that on average the cost of tinnitus treatment per patient per year is £717, equating to an NHS Healthcare bill of £750million per year. Our support helps people to manage their condition, which in turn helps to support the NHS. Our one to one support, which includes listening to the sufferer, monthly Tinnitus magazine, resources and specifically targeted letter helps the sufferer to manage their condition, it also reduces isolation caused by the condition particularly during the pandemic and lockdown.

Summary of the main achievements during the period

We have continued to offer one to one support and send out information. We have been unable to organise meetings but have continued to send out newsletters/magazines and resources. Our newsletter is now a magazine which has increased from bi-monthly to monthly. We have also been holding online support group meetings, with speakers as well as just allowing our members to chat. In conjunction with the British Tinnitus Association we have also been facilitating an online evening Support Group meeting which regularly sees up to 30 attendees.

For Tinnitus Awareness Week we prepared a number of videos on topics to support those experiencing Tinnitus including those struggling to sleep. These can be accessed on our Facebook page.

We have also been active on social media with regular updates and posts. We have continued to offer an excellent service due to close links with the Audiology department at Chesterfield Royal Hospital.

Some activities were unable to take place due to COVID, however funds held for these will be spent when COVID restrictions allow. These activities include poetry workshops and outreach work in Matlock and Sheffield.

Chesterfield & North Derbyshire Tinnitus Support Group

Financial review

We are in a relatively healthy position, although have a number of outstanding projects to fulfil.

One of our main risks is the difficulty in securing grant funding to continue our support.

The charity's policy on reserves

Our policy is to keep sufficient reserves to run a helpline and produce a bi-monthly newsletter for 12 months.

Signed on behalf of the charity's trustees:

Signed _____ Date _____
Joanne Gordon, Trustee

**Independent examiner's report to the trustees of
Chesterfield & North Derbyshire Tinnitus Support Group
for the period 5 March 2020 to 31 March 2021**

I report to the trustees on my examination of the accounts of Chesterfield & North Derbyshire Tinnitus Support Group (the charity) for the period 5 March 2020 to 31 March 2021.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed _____ Date _____

John O'Brien MSc, FCCA, FCIE

Employee of Community Accounting Plus

Chesterfield & North Derbyshire Tinnitus Support Group
Receipts & payments account
for the period 5 March 2020 to 31 March 2021

		<i>13 months</i> <i>2021</i> £
	Note	
Receipts		
Grants & donations	3	1690
Membership		2030
Opening transfer	2	7468
Total receipts		<u>11188</u>
Payments		
Administration		288
Advertising		443
Bank charges		102
Events		115
Internet		29
Printing		1782
Resources		260
Total payments		<u>3019</u>
Net receipts/(payments)		<u>8169</u>
Cash funds at end of this period		<u>8169</u>

Chesterfield & North Derbyshire Tinnitus Support Group
Statement of assets and liabilities
at 31 March 2021

	<i>2021</i>
Cash assets	£
Bank accounts	8169
	<u>8169</u>
 Assets retained for the charity's own use	
General equipment.	
 Liabilities	
Creditors: Independent examination fee	(300)
Administration	<u>(187)</u>
	<u>(487)</u>

These financial statements are accepted on behalf of the charity by:

Signed _____ Dated _____
 Sarah Walters, Trustee

Chesterfield & North Derbyshire Tinnitus Support Group
Notes to the accounts
for the period 5 March 2020 to 31 March 2021

1. Receipts & payments accounts

Receipts and payments accounts contain a summary of money received and money spent during the period and a list of assets and liabilities at the end of the period. Usually, cash received and cash spent will include transactions through bank accounts and cash in hand.

2. Opening transfer

The opening transfer is the bank balance of the organisation prior to it becoming a registered charity.

3. Grants & donations

	£
The Zachary Merton & George Woofindin Convalescent Trust	250
Chesterfield Charitable Trust	200
Harry Bottom Charitable Trust	200
Sundry grants & donations	1040
	<u>1690</u>

4. Trustees' remuneration

Trustees received no expenses, remuneration or benefits in this period.

5. Previous period comparison

The previous period's figures have not been included for comparison because this is the charity's first accounting period.

6. Glossary of terms

Creditors: These are amounts owed by the charity, but not paid during the accounting period.