



**1 April 2023 -
31 March 2024**

ANNUAL
REPORT

PREPARED BY :

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Chair

Spelthorne Breastfeeding Friends

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WHO ARE WE?



Spelthorne Breastfeeding Friends is a charitable group established to contribute to the promotion, protection and continuation of breastfeeding within the Borough of Spelthorne.

Our objectives are to:

Promote volunteering of mothers of any age who have breastfed their own baby/s or are still breastfeeding and have the unique quality of being able to relate to mothers from a similar community, culture and values sets

Develop capabilities, competencies, skills, understanding and employability of volunteers

Act as a source of up-to-date information about breastfeeding and feeding-related issues, the practical task of looking after babies and the importance of attunement, attachment and empathy

Provide mother-to-mother breastfeeding and other practical support for new mothers

Work closely with other organisations in Spelthorne who are supporting new parents

Help promote the benefits of breastfeeding to women less likely to breastfeed and providing appropriate support

VOLUNTEER ACTIVITY

Breast pump hire scheme

Our free breast pump hire scheme has continued to be accessed from parents in Spelthorne and the surrounding boroughs although the demand has been much less than in previous years. The day-to-day administration has been taken over by one of our volunteers and three other volunteers are acting as pump hire agents - organising the collection/delivery of pumps and offering expressing and breastfeeding support to mothers hiring the pumps. The scheme is actively promoted at Ashford and St Peter's Hospital and the midwives have told us how valuable parents find it when they are working on establishing breastfeeding.

**THIS YEAR WE HIRED
OUT AROUND 15 PUMPS**



**FREE
BREAST PUMP
HIRE**

Spelthorne Breastfeeding Friends has a number of breast pumps to loan to residents of Spelthorne Borough

Only £10 per personal, sterile collection kit **Loan up to 4 weeks**

For more information go to our website or email spelthornebffpumps@gmail.com

Facebook @SpelthorneBreastfeedingFriends
<https://spelthornebreastfeedingfriends.wordpress.com/>

TESCO
Bags of Help

FAMILY CENTRE

Made with PosterMyWall.com

TRAINING

We did commission a training course for volunteers this year but we found it very difficult to recruit many people as it seems like the capacity for parents to offer their time for free is becoming limited. Unfortunately none of the recruits completed the training due to various factors.

We will be putting any training programmes on hold as we reconsider the future of the charity.

WHAT'S NEXT?

Next year we will continue to run our pump hire loan scheme but will be dicussing the viability of running the charity in the future especially.

FINANCIAL REPORT

Financial Report for Spelthorne Breastfeeding Friends as of 31/3/2024

Income

Grants	0.00
Donations	0.00
Fundraising	0.00
Breastpump loan scheme	225.00

Total Income	225.00
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Expenditure

Training	720.00
Venue Hire	0.00
Volunteer expenses	0.00
Insurance	0.00
Promotion	0.00
Photocopying, stationery	0.00
Refreshments	0.00
Resources and Equipment	0.00
Sundries	0.00
Breastpump loan scheme	765.56
Graduation event	0.00

Total Expenditure	1,485.56
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Balances

Funds carried forward from last year (if any)	2,685.02
Funds received in year	225.00
Funds spent in year	1,485.56
Current balance	1,424.46

Funds held in bank	1,424.46
Funds held as cash	-
Total	1,424.46



CHARITY COMMISSION
FOR ENGLAND AND WALES

Spelthorne Breastfeeding Friends

1188340

Receipts and payments accounts

CC16a

For the period
from

4/1/2023


To

3/31/2024

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Balance brought forward	2,685.02	-	-	2,685	
Breastpump rental fee	225	-	-	225	
Grants	-	-	-	-	
Donation for breast pump rental scheme	-	-	-	-	
Lottery Grant	-	-	-	-	
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	2,910	-	-	2,910	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	2,910	-	-	2,910	-
A3 Payments					
Training package	720	-	-	720	-
pump kits for loan scheme	766	-	-	766	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	1,486	-	-	1,486	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	1,486	-	-	1,486	-
Net of receipts/(payments)	1,424	-	-	1,424	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	1,424	-	-	1,424	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank Balance	1,424	-	-
		-	-	-
		-	-	-
	Total cash funds	1,424	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details	to nearest £	to nearest £	to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
		Hazel Meyer	1/20/2025	