



**1 April 2022 -  
31 March 2023**

ANNUAL  
**REPORT**

PREPARED BY :

Hazel Meyer  
Chair

Spelthorne Breastfeeding Friends

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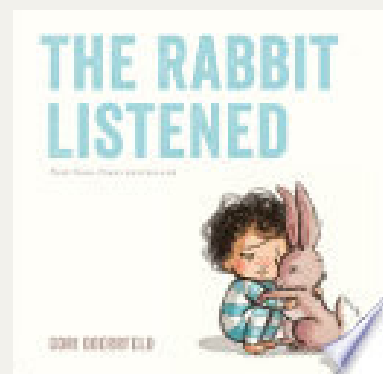
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# LETTER FROM THE CHAIR



# WHO ARE WE?



Spelthorne Breastfeeding Friends is a charitable group established to contribute to the promotion, protection and continuation of breastfeeding within the Borough of Spelthorne.

Our objectives are to:

Promote volunteering of mothers of any age who have breastfed their own baby/s or are still breastfeeding and have the unique quality of being able to relate to mothers from a similar community, culture and values sets

Develop capabilities, competencies, skills, understanding and employability of volunteers

Act as a source of up-to-date information about breastfeeding and feeding-related issues, the practical task of looking after babies and the importance of attunement, attachment and empathy

Provide mother-to-mother breastfeeding and other practical support for new mothers

Work closely with other organisations in Spelthorne who are supporting new parents

Help promote the benefits of breastfeeding to women less likely to breastfeed and providing appropriate support

# VOLUNTEER ACTIVITY

## Breast pump hire scheme



Our free breast pump hire scheme has gone from strength to strength. The day-to-day administration has been taken over by one of our volunteers and four other volunteers are acting as pump hire agents - organising the collection/delivery of pumps and offering expressing and breastfeeding support to mothers hiring the pumps. The scheme is actively promoted at Ashford and St Peter's Hospital and the midwives have told us how valuable parents find it when they are working on establishing breastfeeding.

**THIS YEAR WE HIRED  
OUT AROUND 90 PUMPS**

Parents  
told us ....

*Very easy to collect pump  
especially during Covid with no  
contact collection*

*I never felt pressured about timing of giving it  
back, I was asked if I'd finished and when would  
suit me so never felt rushed*

*It's an amazing service and can't  
thank you guys enough*

A poster for the Spelthorne Breastfeeding Friends Free Breast Pump Hire scheme. The top section has a black background with a logo of three stylized figures in yellow, blue, and green, and the text 'FREE BREAST PUMP HIRE' in white. The middle section has a green background with an image of a breast pump and the text 'Spelthorne Breastfeeding Friends has a number of breast pumps to loan to residents of Spelthorne Borough'. Below this, it says 'Only £10 per personal, sterile collection kit' and 'Loan up to 4 weeks'. The bottom section has a green background with a logo of a sun and the text 'For more information go to our website or email spelthornebffpumps@gmail.com'. At the very bottom, there is a small logo for 'FAMILY CENTRE' and a Facebook link 'Facebook @SpelthorneBreastfeedingFriends' with the URL 'https://spelthornebreastfeedingfriends.wordpress.com/'. The bottom right corner features the 'TESCO Bags of Help' logo.

# **VOLUNTEER ACTIVITY**

## **Volunteers Ashford and St Peter's Hospital**



*Our amazing volunteer in St Peter's Hospital*

## **WHAT'S NEXT?**

Next year we will look at training more volunteers alongside our pump hire loan scheme

# FINANCIAL REPORT

## Financial Report for Spelthorne Breastfeeding Friends as of 31/3/2023

### Income

Grants	0.00
Donations	335.00
Fundraising	0.00
Breast pump loan scheme	780.00

<b>Total Income</b>	<b>1,115.00</b>
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### Expenditure

Training	827.50
Venue Hire	0.00
Volunteer expenses	59.00
Insurance	321.21
Promotion	0.00
Photocopying, stationery	4.99
Refreshments	0.00
Resources and Equipment	0.00
Sundries	80.00
Breastpump loan scheme	314.40
Graduation event	143.74

<b>Total Expenditure</b>	<b>1,750.84</b>
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### Balances

Funds carried forward from last year (if any)	3,279.85
Funds received in year	1,115.00
Funds spent in year	1,750.84
Current balance	2,644.01

Funds held in bank	2,644.01
Funds held as cash	-
Total	2,644.01

Grant funds held (total)	2,309.01
General funds held	335.00
Total	2,644.01





CHARITY COMMISSION  
FOR ENGLAND AND WALES

Spelthorne Breastfeeding Friends

1188340

## Receipts and payments accounts

CC16a

For the period  
from

4/1/2022

To

3/31/2023

### Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
<b>A1 Receipts</b>					
Balance brought forward	3,280	-	-	3,280	
Breastpump rental fee	780	-	-	780	
Grants				-	
Donation for breast pump rental scheme	335			335	
Lottery Grant				-	
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b> (Gross income for AR)	4,395	-	-	4,395	-
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total receipts</b>	4,395	-	-	4,395	-
<b>A3 Payments</b>					
Liability insurance	321	-	-	321	-
childcare for training	59	-	-	59	-
graduation event	144	-	-	144	-
pump kits for loan scheme	314	-	-	314	-
Training package	828	-	-	828	-
sundries	80	-	-	80	-
photocopying and stationery	5	-	-	5	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	1,751	-	-	1,751	-
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total payments</b>	1,751	-	-	1,751	-
<b>Net of receipts/(payments)</b>	2,644	-	-	2,644	-
<b>A5 Transfers between funds</b>	-	-	-	-	-
<b>A6 Cash funds last year end</b>	-	-	-	-	-
<b>Cash funds this year end</b>	2,644	-	-	2,644	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank Balance	2,644	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	2,644	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	Hazel Meyer	Hazel Meyer	1/25/2024	