

Let's Find the HUMOUR Within the TUMOUR

Annual Report and Accounts
2022 - 2023



Table Of Contents

Page 5-6: Chair Statement

Page 7-8: Mission and Aims

Page 9-10: Leadership

Page 11-12: Hair Raising Salon

Page 13-14: Butterfly Youth Club

Page 15-16: Braved And Bereaved

Page 17-18: In The Same Boat / Milk And Honey

Page 19-20: Future Plans

Page 21-22: Photo Gallery

Page 23 onwards: Financial Accounts

Dear Supporters and Beloved Cancer Warriors,

Chair's Statement

With every burst of laughter, we put cancer to shame, reminding it that it can't rob us of our joy. We wield humor as our secret weapon, turning fear into courage and darkness into a glow. Cancer may think it's a formidable opponent, but it never stood a chance against our spirit of laughter. I am elated to unveil a theme that our teenage and young adult support group came up with themselves: "Humor Against the Tumor." At Lev Echod Cancer Care, we believe in the power of laughter and joy as weapons in the cancer battle. Every cancer patient should have a reason to smile, and to find moments of levity and camaraderie in their challenging journey.

Our amazing team, dedicated volunteers, passionate trustees, and steering committees, If it's not funny; It's surreal. If I were to compile your collective volunteering hours and pay for it, along with the trustees, volunteers, pro bono professionals, and the steering committee, we would use every pound of our income on wages. We are blown away by how each of you gave your heart, hands, and even yourself. Devoiry, how many times did you crawl and roll on the floor, getting to a baby with Neuroblastoma at eye level, making funny faces to bring laughter to a child and her father? Haddasa, you ran a crowdfunding campaign and rallied a crowd of caring young adults with no fundraising experience to raise £100,000 towards our new center!

A special mention goes to our valued partners and benefactors, including Peoples Health Trust, the Mayor of London, Building Stronger Communities, Community Partnerships, Sport England, Groundwork Tesco, Clothworkers Foundation, HSE, Mrs Smith and Mount Charitable Trust BBC Children in Need, Cash for Kids, National Lottery Fund, Jewish Child's Day, and Cherry Family Fund. Your faith in our cause has helped us leverage match funding and community support and propels us further than we ever envisioned.

We are so appreciative to the Peoples Health Trust for the robust compliance check that has further fortified our governance and operational prowess. This support has instilled agility in our endeavors, allowing us to serve our beneficiaries more efficiently.

I'm excited to share that we are pioneering a pilot project, "Don't Say Happily Ever After," we can't expect survivors to snap into life pre-cancer, and we want them to move on -what's the balance? Don't Say Happily Ever After has struck a chord with young adults in their survivorship journey as it validates the pain and helps them tap into their strengths to embrace social opportunities and progress in their personal and professional lives without hushing their cancer experience

Together, united in the spirit of humor against the tumor, we shall continue to lighten the lives of cancer warriors, one sparkling smile at a time.



With utmost appreciation and admiration
Malky

Rather than having a traditional mission statement, Lev Echod Cancer Care adopts a mission question, which we pose to every patient and stakeholder:

What can we do for you to make this cancer journey suck a little less?

This is because we understand that no person or cancer journey is the same.

Mission and Aims

Mission Statement

Lev Echod Cancer Care aims to empower children and adults, including pediatric warriors, young carers, and siblings, by:

CHILDREN:

Creating a Safe Haven:

Our first aim is to provide a safe and nurturing space where children can be whilst their parents are in hospital.

Fostering Joy and Laughter:

Our second aim is to ensure that children facing cancer have opportunities to play, laugh, and experience the joy of childhood, just like any other child. Sundays, Holidays and every day. That their worries should be about normal peer pressure, exams, and robbers.

Simplifying Understanding and Support:

Our third aim is to help children comprehend their cancer journey in a way that is age-appropriate and manageable for them.

ADULTS:

Reducing Isolation:

You should never ever feel that you are alone in this. We are a Team, you have team players and cheerleaders, connect 1-1 with our trained mentors, or join group therapy and group experiences, because together we are stronger.

Emotional support:

We want to carry your emotional pain and support you with counseling, mentoring, and group support; so that you can focus on your resilience and your recovery.

Long-Term Survivorship Support:

Our aim is to continue providing ongoing support, addressing survivorship-related issues, and helping them lead fulfilling lives after cancer treatment.

End-of-Life Care and Comfort:

Lev Echod Cancer Care aims to provide compassionate end-of-life support to both patients and their families. Our focus is on ensuring comfort, dignity, and emotional support during this sensitive period

Empowering Caregivers:

Lev Echod Cancer Care recognizes the pivotal role of caregivers and cares for carers so that they can in turn care for patients. No Carers should be forced to function long term on overdraft.



Leadership

Cancer does not discriminate, nor do we, as a Jewish-led charity, serving the Jewish community. However, we warmly welcome requests for our support from non-jewish patients in hospitals who saw our services and were encouraged to join and spread the word.

We have invested care and effort to ensure that all individuals, regardless of their faiths and nationalities, feel comfortable and included.

Our dedicated trustee and chair, Michelle Sprung, who is also a chaplain in several London hospitals, has developed an excellent rapport with medical professionals and provides support to children facing tough treatment journeys. Our board of trustees, consisting of a chair, treasurer, and internal auditor, meets regularly to ensure effective governance, supported by an elected steering committee comprising five beneficiaries who meet monthly.

One of our key strengths is the lived-in experience shared by all trustees who have had their personal cancer /caring journeys.

Another significant aspect of our service is the short wait times and support provided during the intake drop-in period. Lev Echod Cancer Care recognizes the time-sensitivity of providing support to cancer patients and carers. We ensure wait times are less than two weeks and offer assistance to those on the waitlist, ensuring individuals receive timely support during their cancer journey.

What distinguishes Lev Echod Cancer Care is that we don't think we are bigger or better than other services. We are a great team player and work exceptionally well with community partners and NHS Macmillan. However, users especially trust us as they know that every trustee, volunteer, and most of the staff have had personal experience with cancer and can truly relate.

Our support is personalized.

Trustees actively participate in sessions, building personal connections with beneficiaries. This unique approach enables the organization to truly understand the needs of its clients and tailor services.

There is no hierarchy or red tape here, and everyone has a chance to lead. We have built strong connections with medical teams on both community and hospital levels, fostering relationships with oncology teams, community nurses, palliative care teams, and mental health professionals.

We also provide specific training to oncology staff, ensuring they can effectively serve clients from various backgrounds and faiths. This commitment fosters an inclusive and welcoming environment for everyone.

Hair Raising Salon

"Losing my hair was losing my identity."

Step into the enchanting world of Jubilee Hair Raising Salon, where cancer patients find solace and rejuvenation. The salon is a special space where patients and survivors who suffer from hair loss or uncomfortable regrowths can feel pampered whilst having their wig washed and styled at no cost. They can have it done by our professional stylists or volunteers or have fun themselves experimenting with various wig styles and accessories at wig workshops.

In addition to wig workshops, the salon hosts hair loss support groups and wig jig sessions, where participants can openly share their hair loss experiences and laugh and cry together.

Hair Raising Salon also offers a mobile service, ensuring that those who may be unable to visit the salon in person still have access to support and styling expertise. Whether at home or in the hospital, we bring the salon experience to their doorstep, keeping the spirit of empowerment alive, even during challenging times.



OUTCOMES:

Enhanced Confidence: The salon provides a safe and supportive environment where patients can regain their sense of identity and boost their confidence. A new hairstyle or a well-styled wig can make a significant difference in how they perceive themselves.

Empowerment: By offering wig workshops and encouraging self-styling, the salon empowers patients to explore different looks and regain a sense of control over their appearance during a time when they might feel powerless.

Quality of Life: Providing access to professional styling expertise and pampering experiences improves the overall quality of life for cancer patients. It offers them a break from medical routines and allows them to indulge in self-care.

Flexible Accessibility: The mobile service ensures that patients who might be physically limited due to their condition can still benefit from the salon's services. This inclusivity ensures that no one is left behind.

“Lea...

I managed to retain my smile during the initial aches and coughing attacks. I managed to hold onto my joie de vivre even when my grim-faced doctor diagnosed me with Lymphoma. I pushed through the biopsies, endless scans, pricks and tests. Through the nausea and chemo and radiation. I can't say it wasn't tough, but with Lev Echod Cancer Care at my side, I could smile at least one smile every day. But then my beautiful, thick, sleek light chestnut hair started falling out. With each hair, I felt the death of a part of me. I lost it and fell into a depression. I received a wig from the hospital that looked like a floor mop. It felt like steel wool and scratched my hair. Lev Echod Cancer Care found a sponsor for a magnificent highlighted wig that looked just like my hair did. But I was embarrassed to visit a salon to have it set and styled. Hair-Raising Salon allows me to pop in for a wash and set or style without even having an occasion. I also learned to wash and set myself and help out at the salon when I feel up to it.

”

Butterfly Youth Club

IS OUR FLAGSHIP PROJECT:

Butterfly Club: This is a magical specialist kids club where pediatric cancer warriors and their brave siblings can forget about chemo and radiation, and escape tests and needles. Here they can relax, unwind, connect with kids who get them, and enjoy games, crafting workshops, music and dance, peer support, day trips and annual retreats. Supper is served after school when parents are in hospital or too weak to serve meals; all at no cost to parents.

Every child is paired either with an adult cancer survivor or 'a survivor sibling'. These mentors know the painful journey and manage to build rapport and friendships with children who don't open up to anyone.

The club services are unmatched in the local Hackney area and we have recently started a monthly session for our Gateshead contingent which we hope to offer more regularly in the next year. Gateshead kids also join London kids for our annual Shabbaton. Children can read, relax, connect with other kids, or get answers to burning questions by speaking to their mentor our specialist children's Play Workers and get clear information about any step in their cancer journey through our Cancer Explained scrapbook which we work on together with the kids.



OUTCOMES:

Safe Spaces and reduced hunger:

Creating a safe and supervised space for patients, siblings and young carers who often come home to an empty house when their parents rush to the hospital. Meal provision reduces the burden of the cost of living crises and exertion of meal prep for parents who are unwell or caring for an unwell child.

Power of Peer Support: Fostering friendships and a sense of community for children facing social isolation and loneliness during their cancer journey. Simple Childhood Fun Creating a space where paediatric cancer warriors, siblings, and young carers can simply enjoy the pleasures of childhood without the burden of cancer treatments.



Ruchy...

"Volunteering at the Butterfly Club is my healing, and when the children are collected, I sometimes indulge myself and play with an amazing selection of playmobil. When i was a child I had to be an adult and look after my younger siblings all the time. The toys space has no age to it. I can get lost in play for hours."

Tobi...

"Some days, I can open the fridge, and turn to the pantry and fruit bowl and find nothing edible. On other days we get deliveries from charities or neighbors. If the food was good, there would be nothing or barely any left for me; more often these deliveries are very spicy and I hate them and still go to bed hungry and sad."

Now at Butterfly Club, we get yummy meals that taste a bit like mum's food before she became sick. I also love eating at a table with other kids. It feels more normal than grabbing food and eating it alone."

Braved and Bereaved

Braved and Bereaved offers a network of support for adults and children with bereavement. Braved and Bereaved will remove the solitude and confusion of the grief journey and help participants steer to recovery as well as offer Breadwinners Baskets- crisis parcels for people who lost their breadwinners.

We will have two groups in Hackney and near the Macmillan Center at UCLH Camden, and Gateshead. We bring together teens and young adults who share the profound experience of the death of a loved one.

This is a place in which the challenges and feelings of the grieving experience can be expressed, where loved ones are remembered and honored, and where stories can be shared in a safe and non-judgmental place. Groups run on a fortnightly basis and are facilitated by an experienced end-of-life oncology psychotherapist.

OUTCOMES:

Supported grief processing. Braved and Bereaved connected a diverse mix of people in the community, allowing them to support each other during the grieving stage of losing a close family member and building connections and community cohesion. The connections proved cathartic and formed strong bonds between community members in bereavement.

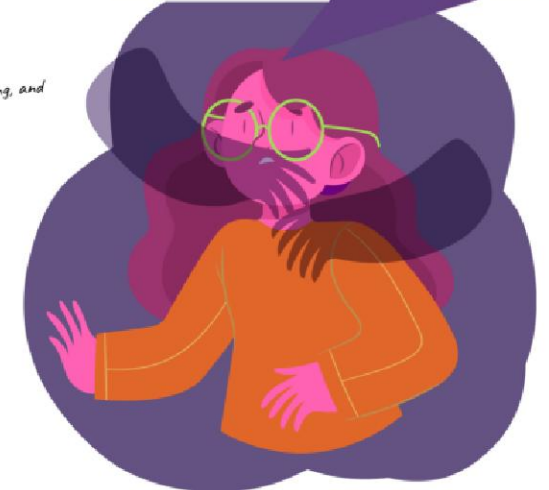
The Breadwinners Benevolent Basket alleviated food, fuel, and personal care poverty for families who had lost their breadwinners and were destitute.

Challenges faced post treatment

- Feeling lost and alone (nobody to speak to, nobody understands you)
- Feeling vulnerable, insecure, confused (somebody save me!)
- Low self esteem (I am no longer a hero!)
- Survivors' guilt (why do I feel like this when my child has survived?)
- Fear of the future (relapse, long term side effects)
- Identity loss (who am I, what's my purpose in life...)
- Financial difficulty (getting back to your job or finding a new job/career)
- Parenting challenges (getting back to normal unspoilt parenting)
- Support (financially and emotionally) and pampering cut off (no more spoiling, and partying).
- Marriage difficulties (through medical crisis marriage falls to the wayside)
- Not being able to relate to any of your friends (and family members)
- Fitting back into society and the community
- Spiritual confusion (emunah, bitochon, amongst other things)

Senior participant...

“When I lost my partner in life of 60 years, I saw no reason to live. In the depths of grief, the footprints of those who have walked this path before and with me remind us that we are not alone. Together, we find strength in shared experiences and forge a bond that transcends pain.”



H.Korn
d1.16

In The Same Boat



Though our journeys may have started from different shores, In the Same Boat, we courageously weather the storm of cancer together. We enjoyed 3 blocks of 18 kayaking sessions for all ages. The atmosphere a boat creates has an incredibly positive effect on participants. We have discovered that the watersports environment has immense power to re-engage patients, enabling them to get away from their illness and build new positive lives.

David...

“When my only sister, my 3-year-old sister started becoming unwell, I just knew this is not just a virus. Her face was sallow and white like sudocrem. She was coughing non stop and rolling over in pain.

After she was diagnosed with Hodgkins, I just couldn't pull myself together. My parents were fraught with worry about caring for her, yet I was making things harder for them by locking myself into my room and going on a hunger strike. I wasn't really striking. I was in such deep pain and depression that I couldn't function. I stopped my social life abruptly, couldn't go to school, and was a complete mess. Until Michelle Sprung visited me at home together with a boy my age who has survived cancer. We spoke for 3 hrs and they invited me to join “In the same boat”. It was the best decision I have ever made. The boys really got me, there was no need to cover things up. We understood each other even without talking.”



OUTCOMES:

The social opportunity of connecting with kids ‘in the same boat’ validates their pain, eases the loneliness and gives them a feeling of solidarity and connection.

Sports and fitness is crucial for everyone; even more so for cancer patients, Many cancer care teams are urging their patients to be as physically active as possible before, during and after cancer treatment.

Spending time in nature and being active has a positive impact on mental health including improving mood, increasing self-esteem, lowering the risk of depression, improves sleep.

Milk & Honey



Milk and honey lounge provides refuge for individuals and families, patients and carers in between cancer treatment and after treatments. Its a place to put up our feet, unwind in relaxation space, access pain management massage, yoga, peer support groups, pomegranate juice and health smoothies, recreational crocheting, pottery, scrapbooking and meet others who understand. Here time stands still, and the weight of cancer is momentarily lifted, leaving only moments of peace, laughter, comfort, and connection.

OUTCOMES:

Enhanced well-being and reduced stress.

Strong peer support and a sense of belonging.

Improved quality of life and coping skills.

A comforting refuge for patients and caregiver.

“Mrs Gross...

As a mother of three young kids, the exhaustion from treatments can be overwhelming, but at Milk and Honey, I can unwind and recharge and when I return home I'm refreshed to look after my children with strength and smile.”

Future Plans

We know that cancer isn't 'over' when the bell rings and treatment ends.

For many, the time after treatment is the most challenging. We have successfully piloted '(Don't Say) Happily Ever After' Scheme exclusively focused on supporting cancer survivors to embrace their past, brace for the future and brave their limiting beliefs. At school, at work, at home, and everywhere.

We look forward to launching this project this coming year. We recognize that for many individuals, life after cancer is forever transformed, and the challenges persist long after the treatment journey. The project aims to address the profound impact of cancer on survivors and their loved ones, acknowledging that life may never be the same again. It seeks to provide the necessary support and resources to navigate the physical, emotional, and practical obstacles that arise post-treatment.

DON'T Say
"Happily
Ever
After!"



Survivorship Challenges

Schooling	Learning gap	Concentration difficulties	Relating to peers
Work	Stigma to say or to hide	Skills gap	Fatigue
Social	Difficulty relating to others after having a near death experience.	Lost, rusty friendships	Low self esteem
Mental Health	Trauma	Scan-anxiety and fear of cancer relapsing	Survivors guilt





LEV ECHOD - CANCER CARE CIO

Charity No. 1188272

Trustees' Report and Unaudited Accounts

31 March 2023



THE TRUSTEES PRESENT THEIR REPORT WITH THE UNAUDITED FINANCIAL STATEMENTS OF THE
CHARITY FOR THE YEAR ENDED 31 MARCH 2023.

REFERENCE AND ADMINISTRATIVE DETAILS:

Charity No. 1188272
Principal Office
20 Heathland Road
Stoke Newington
London
N16 5PG

TRUSTEES:

The following trustees served during the year:

K. Konig
M. Sprung
J. Zweibel

ACCOUNTANTS:

S J Sheldon Ltd
20 Clarence Road
Hale
Cheshire
WA15 8SG

FINANCIAL REVIEW:

Total incoming resources in the year were £302,412 (2022: £156,959).

Total expenditure was £294,387 (2022: £119,377)

The charity distributes its income as it is received.

The policy of the charity is to maximise the funds that it raises so that it can continue to meet its aims and objectives in the future. The charity has no restricted funds.

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF LEV ECHOD - CANCER CARE CIO

I report to the trustees on my examination of the financial statements of LEV ECHOD - CANCER CARE CIO for the year ended 31 March 2023.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

As the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination by being a qualified member of Institute of Financial Accountants.

I have completed my examination. I can confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- the accounting records were not kept in respect of the charity as required by section 130 of the Act; or
- the financial statements do not accord with those records; or
- the financial statements do not comply with the applicable requirements concerning the form and content of financial statements set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the financial statements give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Simon Sheldon Institute of Financial Accountants
S J Sheldon Ltd
20 Clarence Road
Hale
Cheshire
WA15 8SG
31 March 2023

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2023

		Unrestricted funds 2023 £	Total funds 2023 £	Total funds 2022 £
	Notes			
Income and endowments from:				
Donations and legacies	3	302,412	302,412	121,644
Other	4	-	-	35,315
Total		302,412	302,412	156,959
Expenditure on:				
Charitable activities	5	274,728	274,728	81,267
Other	6	19,659	19,659	38,110
Total		294,387	294,387	119,377
Net gains on investments		-	-	-
Net income		8,025	8,025	37,582
Transfers between funds		-	-	-
Net income before other gains/(losses)		8,025	8,025	37,582
Other gains and losses				
Net movement in funds		8,025	8,025	37,582
Reconciliation of funds:				
Total funds brought forward		38,235	38,235	653
Total funds carried forward		46,260	46,260	38,235

BALANCE SHEET

		2023 £	2022 £
Current assets			
Debtors	8	4,295	-
Cash at bank and in hand		41,965	41,590
		<u>46,260</u>	<u>41,590</u>
Creditors: Amount falling due within one year	9	-	(3,355)
Net current assets		46,260	38,235
Total assets less current liabilities		46,260	38,235
Net assets excluding pension asset or liability		46,260	38,235
Total net assets		<u>46,260</u>	<u>38,235</u>
The funds of the charity			
Restricted funds	10		
Unrestricted funds	10		
General funds		46,260	38,235
		<u>46,260</u>	<u>38,235</u>
Reserves	10		
Total funds		<u>46,260</u>	<u>38,235</u>

Approved by the trustees on 31 March 2023

And signed on their behalf by:

M. Sprung

Trustee

31 March 2023

NOTES TO THE ACCOUNT

1. ACCOUNTING POLICIES

BASIS OF PREPARATION

The financial statements have been prepared in accordance with Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

CHANGE IN BASIS OF ACCOUNTING OR TO PREVIOUS ACCOUNTS

There has been no change to the accounting policies (valuation rules and method of accounting) since last year and no changes have been made to accounts for previous years.

FUND ACCOUNTING

Unrestricted funds - These are available for use at the discretion of the trustees in furtherance of the general objects of the charity.

Designated funds - These are unrestricted funds earmarked by the trustees for particular purposes.

Revaluation funds - These are unrestricted funds which include a revaluation reserve representing the restatement of investment assets at their market values.

Restricted funds - These are available for use subject to restrictions imposed by the donor or through terms of an appeal.

INCOME

Recognition of income - Income is included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to, and virtually certain to receive, the income and the amount of the income can be measured with sufficient reliability.

Income with related expenditure - Where income has related expenditure the income and related expenditure is reported gross in the SoFA.

Donations and legacies - Voluntary income received by way of grants, donations and gifts is included in the the SoFA when receivable and only when the Charity has unconditional entitlement to the income.

Tax reclaims on donations and gifts - Income from tax reclaims is included in the SoFA at the same time as the gift/donation to which it relates.

Donated services and facilities - These are only included in income (with an equivalent amount in expenditure) where the benefit to the Charity is reasonably quantifiable, measurable and material.

Volunteer help - The value of any volunteer help received is not included in the accounts.

Investment income - This is included in the accounts when receivable.

Gains/(losses) on revaluation of fixed assets - This includes any gain or loss resulting from revaluing investments to market value at the end of the year.

NOTES TO THE ACCOUNT

Expenditure

Recognition of expenditure - Expenditure is recognised on an accruals basis. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Expenditure on raising funds - These comprise the costs associated with attracting voluntary income, fundraising trading costs and investment management costs.

Expenditure on charitable activities - These comprise the costs incurred by the Charity in the delivery of its activities and services in the furtherance of its objects, including the making of grants and governance costs.

Grants payable - All grant expenditure is accounted for on an actual paid basis plus an accrual for grants that have been approved by the trustees at the end of the year but not yet paid.

Governance costs - These include those costs associated with meeting the constitutional and statutory requirements of the Charity, including any audit/independent examination fees, costs linked to the strategic management of the Charity, together with a share of other administration costs.

Other expenditure - These are support costs not allocated to a particular activity.

Taxation

The charity is exempt from tax on its charitable activities.

Trade and other debtors - Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash and cash equivalents - Cash and cash equivalents comprise cash at bank and on hand, demand deposits with banks and other short-term highly liquid investments with original maturities of three months or less and bank overdrafts. In the statement of financial position, bank overdrafts are shown within borrowings or current liabilities. In the Statement of Cash Flows, cash and cash equivalents are shown net of bank overdrafts that are repayable on demand and form an integral part of the company's cash management.

Trade and other creditors - Short term creditors are measured at the transaction price. Other creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Receipt of donated goods, facilities and services - All donated goods, facilities and services received are recognised within incoming resources and expenditure at an estimate of the value to the charity.

NOTES TO THE ACCOUNT

2. STATEMENT OF FINANCIAL

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £
Income and endowments from:			
Donations and legacies	121,644	-	121,644
Other	13,389	21,926	35,315
Total	135,033	21,926	156,959
Expenditure on:			
Charitable activities	-	81,267	81,267
Other	38,110	-	38,110
Total	38,110	81,267	119,377
Net income	96,923	(59,341)	37,582
Net income before other gains/(losses)	96,923	(59,341)	37,582
Other gains and losses:			
Net movement in funds	96,923	(59,341)	37,582
Reconciliation of funds:			
Total funds brought forward	653	-	653
Total funds carried forward	97,576	(59,341)	38,235

NOTES TO THE ACCOUNT
STATEMENT OF FINANCIAL CONT.

3 Income from donations and legacies

	Unrestricted	Total 2023	Total 2022
	£	£	£
Small grants and donations	302,412	302,412	121,644
	<u>302,412</u>	<u>302,412</u>	<u>121,644</u>

4 Other income

	Total 2023	Total 2022
	£	£
People Health Trust	-	21,926
Grants other	-	13,389
	<u>-</u>	<u>35,315</u>

NOTES TO THE ACCOUNT
STATEMENT OF FINANCIAL CONT.

5 Expenditure on charitable activities

	Unrestricted	Total 2023	Total 2022
	£	£	£
<i>Expenditure on charitable activities</i>			
Awards and grants	23,108	23,108	3,948
Patient Non Clinical Services	152,546	152,546	49,661
Respite services	14,666	14,666	12,768
Hospital Transportation Services	84,408	84,408	14,890
<i>Governance costs</i>			
	<u>274,728</u>	<u>274,728</u>	<u>81,267</u>

6 Other expenditure

	Unrestricted	Total 2023	Total 2022
	£	£	£
Services	-	-	5,465
Volunteer cost	-	-	8,474
Other costs	4,752	4,752	14,734
Employee costs	12,000	12,000	3,707
Premises costs	-	-	2,540
General administrative costs	921	921	190
Legal and professional costs	1,986	1,986	3,000
	<u>19,659</u>	<u>19,659</u>	<u>38,110</u>

NOTES TO THE ACCOUNT

STATEMENT OF FINANCIAL CONT.

7 Staff costs

	2023	2022
Salaries and wages	12,000	3,707
	<u>12,000</u>	<u>3,707</u>

No employee received emoluments in excess of £60,000.

8 Debtors

	2023	2022
	£	£
Other debtors	4,295	-
	<u>4,295</u>	<u>-</u>

9 Creditors:

amounts falling due within one year

	2023	2022
	£	£
Other creditors	-	855
Accruals	-	2,500
	<u>-</u>	<u>3,355</u>

NOTES TO THE ACCOUNT
STATEMENT OF FINANCIAL CONT.

10 Movement in funds

	At 1 April 2022	Incoming resources (including other gains/losses) £	Resources expended £	At 31 March 2023 £
Restricted funds:				
Unrestricted funds:				
General funds	38,235	302,412	(294,387)	46,260
Total funds	<u>38,235</u>	<u>302,412</u>	<u>(294,387)</u>	<u>46,260</u>

11 Analysis of net assets between funds

	Unrestricted funds £	Total £
Net current assets	46,260	46,260
	<u>46,260</u>	<u>46,260</u>

12 Reconciliation of net debt

	At 1 April 2022 £	Cash flows £	At 31 March 2023 £
Cash and cash equivalents	41,590	375	41,965
	<u>41,590</u>	<u>375</u>	<u>41,965</u>
Net debt	<u>41,590</u>	<u>375</u>	<u>41,965</u>

STATEMENT OF CASH FLOW

	2023 £	2022 £
Cash flows from operating activities		
Net income per Statement of Financial Activities	8,025	37,582
Adjustments for:		
Increase in trade and other receivables	(4,295)	-
(Decrease)/Increase in trade and other payables	(3,355)	855
Net cash provided by operating activities	<u>375</u>	<u>3,122</u>
Net cash from investing activities	<u>-</u>	<u>35,315</u>
Net cash from financing activities	<u>-</u>	<u>-</u>
Net increase in cash and cash equivalents	375	38,437
Cash and cash equivalents at the beginning of the year	41,590	3,153
Cash and cash equivalents at the end of the year	<u>41,965</u>	<u>41,590</u>
Components of cash and cash equivalents		
Cash and bank balances	41,965	41,590
	<u>41,965</u>	<u>41,590</u>

DETAILED STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds 2023 £	Total funds 2023 £	Total funds 2022 £
Income and endowments from:			
Donations and legacies			
Small grants and donations	302,412	302,412	121,644
	<u>302,412</u>	<u>302,412</u>	<u>121,644</u>
Other			
People Health Trust	-	-	21,926
Grants other	-	-	13,389
	<u>-</u>	<u>-</u>	<u>35,315</u>
Total income and endowments	302,412	302,412	156,959
Expenditure on:			
Charitable activities			
Awards and grants	23,108	23,108	3,948
Patient Non Clinical Services	152,546	152,546	49,661
Respite services	14,666	14,666	12,768
Hospital Transportation Services	84,408	84,408	14,890
	<u>274,728</u>	<u>274,728</u>	<u>81,267</u>

DETAILED STATEMENT OF FINANCIAL ACTIVITIES CONT.

Total of expenditure on charitable activities	274,728	274,728	81,267
Other expenditure			
Services	-	-	5,465
Volunteer cost	-	-	8,474
Other costs	4,752	4,752	14,734
	<u>4,752</u>	<u>4,752</u>	<u>28,673</u>
Employee costs			
Salaries/wages	12,000	12,000	3,707
	<u>12,000</u>	<u>12,000</u>	<u>3,707</u>
Rent	-	-	540
Premises insurances	-	-	460
Other premises costs	-	-	1,540
	<u>-</u>	<u>-</u>	<u>2,540</u>
General administrative costs, including depreciation and amortisation			
Subscriptions	921	921	190
	<u>921</u>	<u>921</u>	<u>190</u>
Legal and professional costs			
Other legal and professional costs	1,986	1,986	3,000
	<u>1,986</u>	<u>1,986</u>	<u>3,000</u>

DETAILED STATEMENT OF FINANCIAL ACTIVITIES CONT.

Total of expenditure of other costs	<u>19,659</u>	<u>19,659</u>	<u>38,110</u>
Total expenditure	<u>294,387</u>	<u>294,387</u>	<u>119,377</u>
Net gains on investments	-	-	-
Net income	<u>8,025</u>	<u>8,025</u>	<u>37,582</u>
Net income before other gains/(losses)	<u>8,025</u>	<u>8,025</u>	<u>37,582</u>
Other Gains	-	-	-
Net movement in funds	<u>8,025</u>	<u>8,025</u>	<u>37,582</u>
Reconciliation of funds:			
Total funds brought forward	<u>38,235</u>	<u>38,235</u>	<u>653</u>
Total funds carried forward	<u>46,260</u>	<u>46,260</u>	<u>38,235</u>