

REGISTERED CHARITY NUMBER: 1188199

**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022
FOR
OPTIONS PREGNANCY RESOURCE CENTRE CIO**

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FOR THE YEAR ENDED 31 MARCH 2022**

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OPTIONS PREGNANCY RESOURCE CENTRE CIO

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

INCORPORATION

The charitable incorporated organisation was incorporated on 26 February 2020 and commenced trading on 1 April 2020.

OBJECTIVES AND ACTIVITIES

Objectives and aims

The principal objects of the charity are:-

- The preservation and protection of women's health by the provision of advice, counselling and assistance to women and their partners and families who are suffering from any physical or mental illness, distress or poverty during or as a result of pregnancy or following an abortion, miscarriage, cot death, still birth or loss of a child; and
- The advancement of education in the subject of pregnancy and the termination of pregnancy and into the effects thereof upon women whether physical, medical or psychological by the provision of a service to schools and colleges that encourages and helps young people to make responsible and healthy choices with regard to their sexual behaviour.

Public benefit

The trustees have complied with their duties under 17(5) of the Charities Act 2011 to have due regard to public benefit guidance when exercising their powers or duties.

How our activities deliver public benefit

Our core activities and who we try to help are described in our report. All our charitable activities focus on the effects and impact of pregnancy and related activities.

OPTIONS PREGNANCY RESOURCE CENTRE CIO

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

ACHIEVEMENT AND PERFORMANCE

Charitable activities

We remained subject to Covid restrictions until July of the year under review and once restrictions eased, we managed a careful return to face to face operations, whilst continuing to undertake some of our activities online. We provide listening and pastoral support using counselling skills for women with a crisis pregnancy or in difficulty after an abortion or miscarriage, and for partners, friends and family affected by these situations. Offering a hybrid approach, face to face or online, means we can provide help suitable to our client's needs.

Help is provided:

- to crisis pregnancy clients through appointments (online and in person) with a volunteer trained in pastoral support using counselling skills, made at very short notice; and
- to post-abortion/post-miscarriage clients through short term (3 months) one to one or group support with a volunteer trained in pastoral support using counselling skills, courses, study groups and support groups, all facilitated by the volunteer counsellor(s).

These appointments or courses/groups are accessed by telephone (manned during office hours and answerphone at other times), and by email, are advertised on our website and elsewhere, and are promoted through social media and by networking with relevant local agencies and GPs.

To this end we employ a Centre Director and Administrator to recruit, train, supervise and support a volunteer team of counsellors, receptionist and support workers.

Fundraising activities

The charity's principal funding sources for the year were those of grants from local churches, gifts from individual donors and a corporate donation. The charity's fundraising activities consist of requests to local churches and their members.

Achievement and performance

The main achievements of the charity during the year were as follows:

We sustained our pastoral support work (using counselling skills), to both crisis pregnancy and post-abortion clients, principally providing online appointments and, where restrictions permitted, some meetings in person.

We strengthened our partnerships with supporter churches. A number of churches have made one-off donations. Others have renewed and, in some cases, increased their support.

We reviewed our overall strategy to identify our short-medium term objectives, in particular we reviewed our marketing strategy with a view to achieving these objectives.

We grew our volunteer base in the field of marketing, to help develop and implement a strategy.

During the period under review, the Trust's usual base of operations at 577 Kingston Road was undergoing redevelopment. This did not cause interruption to any services offered as either these were being offered online (as employees and volunteers worked from home), or we were able to relocate and use premises nearby for meetings, training and supervision once covid restrictions were lifted.

OPTIONS PREGNANCY RESOURCE CENTRE CIO

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

FINANCIAL REVIEW

Financial Review and Reserves policy

The charity endeavours to maintain sufficient reserves to manage ongoing cashflow requirements.

The trustees are aware that the charity's income, while it is growing, is not as robust as they would wish. The trustees have already secured new partner churches who are committed to supporting the charity for at least a three year period.

We have generated sufficient income to continue employment of a part-time Centre Director, and a part time Centre Manager for the Streatham satellite centre and to fund our various initiatives and activities. The Board are confident that the charity remains viable, and they will continue to work to extend the support base among local churches.

FUTURE PLANS

In the coming year, we plan to:

- Sustain our current programmes, offering either in person or online appointments to be as flexible as possible for our teams and our service users.
- Run our accredited training course for new volunteers to meet growing demand for our services.
- Continue to develop a plan for growth with an emphasis on increasingly effective and sustained marketing so that all trained volunteers are used optimally.
- Continue to refine and develop our online services and once the redevelopment at 577 Kingston Road is complete, return some or all of the operations to this base, as seems best.
- Continue to investigate ways in which we may expand our services into other London boroughs, by the provision of training to, or partnering with other local groups interested in the development of a similar service.
- With the help of relevant professionals (who are giving their time at substantially reduced rates) and suitably qualified volunteers we will formulate a new marketing strategy including a refresh of our brand, imaging and messaging to make sure that we are communicating effectively not only with those who might wish to make use of our services but also with our supporter base.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

The charity is a charitable incorporated organisation, incorporated on 26 February 2020.

Recruitment and appointment of new trustees

Trustees are appointed for a two-year term pursuant to the charity's constitution. Existing trustees may be re-appointed. If the need to recruit additional trustees arises suitable individuals will be sought initially from amongst those actively involved in supporting the work of the charity.

OPTIONS PREGNANCY RESOURCE CENTRE CIO

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2022**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

The trustees have assessed the major risks to which the charity is exposed and are satisfied that systems are in place to mitigate exposure to the major risks.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1188199

Registered office

Barlow Robbins LLP
The Oriel
Sydenham Road
Guildford
Surrey
GU1 3SR

Trustees

G S Johnston
M K Chambers
Dr A J Nicholls
G Reid
H S Fielder

Independent Examiner

Brosnans
Chartered Accountants
Birkby House
Bailliff Bridge
Brighouse
West Yorkshire
HD6 4JJ

Approved by order of the board of trustees on 31 January 2023 and signed on its behalf by:



G S Johnston - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
OPTIONS PREGNANCY RESOURCE CENTRE CIO**

Independent examiner's report to the trustees of Options Pregnancy Resource Centre CIO ('the Company')
I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2022.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Laura R Brain FCA
Chartered Accountant
Brosnans
Chartered Accountants
Birkby House
Bailiff Bridge
Brighouse
West Yorkshire
HD6 4JJ

31 January 2023

OPTIONS PREGNANCY RESOURCE CENTRE CIO

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2022

		Year ended 31.3.22 Unrestricted fund £	Period 26.2.20 to 31.3.21 Total funds £
INCOME AND ENDOWMENTS FROM	Notes		
Donations and legacies		<u>52,640</u>	<u>70,816</u>
EXPENDITURE ON			
Charitable activities			
Counselling and support services		<u>39,073</u>	<u>38,089</u>
NET INCOME		13,567	32,727
RECONCILIATION OF FUNDS			
Total funds brought forward		<u>32,727</u>	<u>-</u>
TOTAL FUNDS CARRIED FORWARD		<u>46,294</u>	<u>32,727</u>

The notes form part of these financial statements

OPTIONS PREGNANCY RESOURCE CENTRE CIO

BALANCE SHEET
31 MARCH 2022

	Notes	2022 Unrestricted funds £	2021 Unrestricted funds £
FIXED ASSETS			
Tangible assets	5	-	108
CURRENT ASSETS			
Debtors	6	53,994	40,199
CREDITORS			
Amounts falling due within one year	7	(7,700)	(7,580)
NET CURRENT ASSETS		<u>46,294</u>	<u>32,619</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>46,294</u>	<u>32,727</u>
NET ASSETS/(LIABILITIES)		<u>46,294</u>	<u>32,727</u>
FUNDS	8		
Unrestricted funds		<u>46,294</u>	<u>32,727</u>
TOTAL FUNDS		<u>46,294</u>	<u>32,727</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

OPTIONS PREGNANCY RESOURCE CENTRE CIO

**BALANCE SHEET - continued
31 MARCH 2022**

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 31 January 2023 and were signed on its behalf by:



G S Johnston - Trustee

The notes form part of these financial statements

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

1. ACCOUNTING POLICIES

BASIS OF PREPARING THE FINANCIAL STATEMENTS

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

INCOME

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

EXPENDITURE

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

TANGIBLE FIXED ASSETS

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings - 33% on cost

TAXATION

The charity is exempt from corporation tax on its charitable activities.

FUND ACCOUNTING

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

OPTIONS PREGNANCY RESOURCE CENTRE CIO

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022

2. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	Year ended 31.3.22	Period 26.2.20 to 31.3.21
	£	£
Depreciation - owned assets	<u>108</u>	<u>428</u>

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2022 nor for the period ended 31 March 2021.

TRUSTEES' EXPENSES

There were no trustees' expenses paid for the year ended 31 March 2022 nor for the period ended 31 March 2021.

4. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £
INCOME AND ENDOWMENTS FROM	
Donations and legacies	<u>70,816</u>
EXPENDITURE ON	
Charitable activities	
Counselling and support services	<u>38,089</u>
NET INCOME	<u>32,727</u>
TOTAL FUNDS CARRIED FORWARD	<u>32,727</u>

OPTIONS PREGNANCY RESOURCE CENTRE CIO

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022

5. TANGIBLE FIXED ASSETS

	Fixtures and fittings £
COST	
At 1 April 2021 and 31 March 2022	<u>1,286</u>
DEPRECIATION	
At 1 April 2021	1,178
Charge for year	<u>108</u>
At 31 March 2022	<u>1,286</u>
NET BOOK VALUE	
At 31 March 2022	<u>-</u>
At 31 March 2021	<u>108</u>

6. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Money owed by Options charity	52,829	39,849
Gift aid debtor	<u>1,165</u>	<u>350</u>
	<u>53,994</u>	<u>40,199</u>

7. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Deferred income	6,500	6,500
Accrued expenses	<u>1,200</u>	<u>1,080</u>
	<u>7,700</u>	<u>7,580</u>

OPTIONS PREGNANCY RESOURCE CENTRE CIO

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022

8. MOVEMENT IN FUNDS

	At 1.4.21 £	Net movement in funds £	At 31.3.22 £
Unrestricted funds			
General fund	32,727	13,567	46,294
TOTAL FUNDS	<u>32,727</u>	<u>13,567</u>	<u>46,294</u>

Net movement in funds, included in the above are as follows:

	Income £	Expenditure £	Movement in funds £
Unrestricted funds			
General fund	52,640	(39,073)	13,567
TOTAL FUNDS	<u>52,640</u>	<u>(39,073)</u>	<u>13,567</u>

Comparatives for movement in funds

	Net movement in funds £	At 31.3.21 £
Unrestricted funds		
General fund	32,727	32,727
TOTAL FUNDS	<u>32,727</u>	<u>32,727</u>

Comparative net movement in funds, included in the above are as follows:

	Income £	Expenditure £	Movement in funds £
Unrestricted funds			
General fund	70,816	(38,089)	32,727
TOTAL FUNDS	<u>70,816</u>	<u>(38,089)</u>	<u>32,727</u>

OPTIONS PREGNANCY RESOURCE CENTRE CIO

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022**

9. RELATED PARTY DISCLOSURES

The assets and undertakings of the Options Wimbledon Pregnancy Resource Centre (charity number 1112366) were intended to be transferred to the CIO on 31 March 2020, however the bank accounts will now remain in the charity until 1 April 2022, held on trust for the CIO. All charitable activities are now carried out via the CIO.

OPTIONS PREGNANCY RESOURCE CENTRE CIO

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2022**

	Year ended 31.3.22 £	Period 26.2.20 to 31.3.21 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donation from Options Wimbledon Pregnancy Resource Centre	-	31,156
Donations	51,825	39,309
Gift aid	815	351
	<u>52,640</u>	<u>70,816</u>
Total income		
	<u>52,640</u>	<u>70,816</u>
EXPENDITURE		
Charitable activities		
Subscriptions	176	334
Insurance	538	538
Training courses and supervision	2,958	2,561
Telephone and broadband	340	583
Postage, stationery and IT	655	1,316
Advertising, PR and website cost	3,538	698
Sundries	402	451
Wages recharged	28,447	30,088
	<u>37,054</u>	<u>36,569</u>
Support costs		
Finance		
Bank charges	15	-
Fixtures and fittings	108	428
	<u>123</u>	<u>428</u>
Governance costs		
Accountancy, payroll and independent examination fees	1,896	1,092
	<u>1,896</u>	<u>1,092</u>
Total expenditure	<u>39,073</u>	<u>38,089</u>
Net income	<u>13,567</u>	<u>32,727</u>

This page does not form part of the statutory financial statements