

REGISTERED CIO NUMBER: CE020872 (England and Wales)
REGISTERED CHARITY NUMBER: 1188199

REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS FOR THE PERIOD 26 FEBRUARY 2020 TO 31 MARCH 2021
FOR
OPTIONS PREGNANCY RESOURCE CENTRE CIO

OPTIONS PREGNANCY RESOURCE CENTRE CIO

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FOR THE PERIOD 26 FEBRUARY 2020 TO 31 MARCH 2021

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OPTIONS PREGNANCY RESOURCE CENTRE CIO
REPORT OF THE TRUSTEES
FOR THE PERIOD 26 FEBRUARY 2020 TO 31 MARCH 2021

The trustees present their report with the financial statements of the charity for the period 26 February 2020 to 31 March 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

INCORPORATION

The charitable incorporated organisation was incorporated on 26 February 2020 and commenced trading on 1 April 2020.

OBJECTIVES AND ACTIVITIES

Objectives and aims

The principal objects of the charity are:-

- The preservation and protection of women's health by the provision of advice, counselling and assistance to women and their partners and families who are suffering from any physical or mental illness, distress or poverty during or as a result of pregnancy or following an abortion, miscarriage, cot death, still birth or loss of a child; and
- The advancement of education in the subject of pregnancy and the termination of pregnancy and into the effects thereof upon women whether physical, medical or psychological by the provision of a service to schools and colleges that encourages and helps young people to make responsible and healthy choices with regard to their sexual behaviour.

Public benefit

The trustees have complied with their duties under 17(5) of the Charities Act 2011 to have due regard to public benefit guidance when exercising their powers or duties.

How our activities deliver public benefit

Our core activities and who we try to help are described in our report. All our charitable activities focus on the effects and impact of pregnancy and related activities.

OPTIONS PREGNANCY RESOURCE CENTRE CIO

REPORT OF THE TRUSTEES FOR THE PERIOD 26 FEBRUARY 2020 TO 31 MARCH 2021

ACHIEVEMENT AND PERFORMANCE

Charitable activities

We were subject to Covid restrictions for the year under review and so the bulk of our activities were carried out online. When the pandemic struck we were able quickly to move our operation online. We provide listening and pastoral support using counselling skills for women with a crisis pregnancy or in difficulty after an abortion or miscarriage, and for partners, friends and family affected by these situations.

Help is provided:

- to crisis pregnancy clients through appointments (online and in person) with a volunteer trained in pastoral support using counselling skills, made at very short notice; and
- to post-abortion/post-miscarriage clients through short term (3 months) one to one or group support with a volunteer trained in pastoral support using counselling skills, courses, study groups and support groups, all facilitated by the volunteer counsellor(s).

These appointments or courses/groups are accessed by telephone (manned during office hours and answerphone at other times), and by email, are advertised on our website and elsewhere, and are promoted through social media and by networking with relevant local agencies and GPs.

To this end we train, supervise and support a volunteer team of counsellors, receptionist and support workers.

We have also provided resources for families in need (e.g. baby clothing and equipment) on request.

Fundraising activities

The charity's principal funding sources for the year were those of grants from local churches and gifts from individual donors. The charity's fundraising activities consist of requests to local churches and their members.

Achievement and performance

The main achievements of the charity during the year were as follows:

We sustained our pastoral support work (using counselling skills), to both crisis pregnancy and post-abortion clients, principally providing online appointments and, where restrictions permitted, some meetings in person.

We strengthened our partnerships with supporter churches. A number of churches have made one-off donations. Others have renewed and in some cases increased their support.

We reviewed our marketing strategy and continued our social media presence.

We grew our back-office volunteer base.

We were able to quickly and effectively move our services online and thus able to continue delivering them, despite the coronavirus pandemic.

OPTIONS PREGNANCY RESOURCE CENTRE CIO

REPORT OF THE TRUSTEES FOR THE PERIOD 26 FEBRUARY 2020 TO 31 MARCH 2021

FINANCIAL REVIEW

Financial Review and Reserves Policy

The charity endeavours to maintain sufficient reserves to manage ongoing cashflow requirements.

The trustees are aware that the charity's income, while it is growing, is not as robust as they would wish. The trustees have already secured new partner churches who are committed to supporting the charity for at least a three year period.

We have generated sufficient income to continue employment of a part-time Centre Director, and a part-time Centre Manager for the Streatham satellite centre and to fund our various initiatives and activities. The Board are confident that the charity remains viable, and they will continue to work to extend the support base among local churches.

FUTURE PLANS

In the coming year, we plan to:

- Sustain our current programmes, returning to in person appointments when restrictions permit
- Run our accredited training course for new volunteers to meet growing demand for our services
- Continue to develop a plan for growth with an emphasis on increasingly effective and sustained marketing of our services
- Continue to refine and develop our online services and reopen service locations when government guidance permits
- Continue to investigate ways in which we may expand our services into other London boroughs, by the provision of training to local groups interested in the development of a similar service.
- With the help of relevant professionals (who are giving their time at substantially reduced rates) and suitably qualified volunteers we will formulate a new marketing strategy including a refresh of our brand, imaging and messaging to make sure that we are communicating effectively not only with those who might wish to make use of our services but also with our supporter base.

OPTIONS PREGNANCY RESOURCE CENTRE CIO

**REPORT OF THE TRUSTEES
FOR THE PERIOD 26 FEBRUARY 2020 TO 31 MARCH 2021**

Recruitment and appointment of new trustees

Trustees are appointed for a two year term pursuant to the charity's constitution. Existing trustees may be re-appointed. If the need to recruit additional trustees arises suitable individuals will be sought initially from amongst those actively involved in supporting the work of the charity.

Risk management

The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is a charitable incorporated organisation, incorporated on 26 February 2020.

OPTIONS PREGNANCY RESOURCE CENTRE CIO

**REPORT OF THE TRUSTEES
FOR THE PERIOD 26 FEBRUARY 2020 TO 31 MARCH 2021**

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1188199

Registered office

Moore Barlow LLP
The Oriel
Sydenham Road
Guildford
GU1 3SR

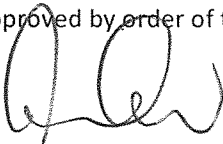
Trustees

Mrs G S Johnston
Ms MK Chambers
Dr A J Nicholls
Mr G Reid
Ms H S Fielder

Independent Examiner

Brosnans
Chartered Accountants
Birkby House
Bailiff Bridge
Brighouse
West Yorkshire
HD6 4JJ

Approved by order of the board of trustees on 24 January 2022 and signed on its behalf by:



G Reid
Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
OPTIONS PREGNANCY RESOURCE CENTRE CIO**

Independent examiner's report to the trustees of Options Pregnancy Resource Centre CIO

I report to the charity trustees on my examination of the accounts of Options Pregnancy Resource Centre CIO (the Charity) for the year ended 31 March 2021.

Responsibilities and basis of report

As the charity trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Laura R Brain FCA
Chartered Accountant
Brosnans
Chartered Accountants
Birkby House
Bailiff Bridge
Brighthouse
West Yorkshire
HD6 4JJ

24 January 2022

OPTIONS PREGNANCY RESOURCE CENTRE CIO

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE PERIOD 26 FEBRUARY 2020 TO 31 MARCH 2021

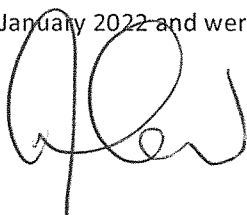
| | Unrestricted funds £ |
|--|----------------------------|
| INCOME AND ENDOWMENTS FROM | |
| Donations and contributions towards training | 70,816 |
| EXPENDITURE ON | |
| Charitable activities | |
| Counselling and support services | 38,089 |
| | <hr/> |
| NET INCOME | 32,727 |
| | <hr/> |
| TOTAL FUNDS CARRIED FORWARD | <u><u>32,727</u></u> |

OPTIONS PREGNANCY RESOURCE CENTRE CIO

BALANCE SHEET
31 MARCH 2021

| | Notes | Unrestricted funds £ |
|--|-------|----------------------------|
| FIXED ASSETS | | |
| Tangible assets | 4 | 108 |
| CURRENT ASSETS | | |
| Debtors | 5 | 40,199 |
| CREDITORS | | |
| Amounts falling due within one year | 6 | (7,580) |
| NET CURRENT ASSETS | | <u>32,619</u> |
| TOTAL ASSETS LESS CURRENT LIABILITIES | | <u>32,727</u> |
| NET ASSETS | | <u><u>32,727</u></u> |
| FUNDS | 7 | |
| Unrestricted funds | | <u>32,727</u> |
| TOTAL FUNDS | | <u><u>32,727</u></u> |

The financial statements were approved by the Board of Trustees and authorised for issue on 24 January 2022 and were signed on its behalf by:



G Reid - Trustee

OPTIONS PREGNANCY RESOURCE CENTRE CIO

NOTES TO THE FINANCIAL STATEMENTS FOR THE PERIOD 26 FEBRUARY 2020 TO 31 MARCH 2021

1. ACCOUNTING POLICIES

BASIS OF PREPARING THE FINANCIAL STATEMENTS

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

INCOME

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

EXPENDITURE

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

TANGIBLE FIXED ASSETS

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

TAXATION

The charity is exempt from corporation tax on its charitable activities.

FUND ACCOUNTING

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

OPTIONS PREGNANCY RESOURCE CENTRE CIO

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE PERIOD 26 FEBRUARY 2020 TO 31 MARCH 2021

2. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

| | |
|-----------------------------|------------|
| | £ |
| Depreciation - owned assets | <u>428</u> |

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the period ended 31 March 2021.

TRUSTEES' EXPENSES

There were no trustees' expenses paid for the period ended 31 March 2021.

4. TANGIBLE FIXED ASSETS

| | |
|-----------------------|----------------------------------|
| | Fixtures and fittings £ |
| COST | |
| Transfer to ownership | <u>1,286</u> |
| DEPRECIATION | |
| Charge for year | 428 |
| Transfer to ownership | <u>750</u> |
| At 31 March 2021 | <u>1,178</u> |
| NET BOOK VALUE | |
| At 31 March 2021 | <u>108</u> |

5. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

| | |
|--|---------------|
| | £ |
| Money owed by Options charity (see note 8) | 39,849 |
| Gift aid debtor | <u>350</u> |
| | <u>40,199</u> |

OPTIONS PREGNANCY RESOURCE CENTRE CIO

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE PERIOD 26 FEBRUARY 2020 TO 31 MARCH 2021

6. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

| | £ |
|------------------|--------------|
| Deferred income | 6,500 |
| Accrued expenses | <u>1,080</u> |
| | <u>7,580</u> |

7. MOVEMENT IN FUNDS

| | Net movement in funds £ | At 31.3.21 £ |
|---------------------------|----------------------------|-----------------|
| Unrestricted funds | | |
| General fund | 32,727 | 32,727 |
| | <u>32,727</u> | <u>32,727</u> |
| TOTAL FUNDS | <u>32,727</u> | <u>32,727</u> |

Net movement in funds, included in the above are as follows:

| | Income £ | Expenses £ | Movement in funds £ |
|---------------------------|---------------|-----------------|------------------------|
| Unrestricted funds | | | |
| General fund | 70,816 | (38,089) | 32,727 |
| | <u>70,816</u> | <u>(38,089)</u> | <u>32,727</u> |
| TOTAL FUNDS | <u>70,816</u> | <u>(38,089)</u> | <u>32,727</u> |

8. RELATED PARTY DISCLOSURES

The assets and undertakings of the Options Wimbledon Pregnancy Resource Centre (charity number 1112366) were intended to be transferred to the CIO on 31 March 2020, however the bank accounts will now remain in the charity until 1 April 2022, held on trust for the CIO. All charitable activities are now carried out via the CIO.

OPTIONS PREGNANCY RESOURCE CENTRE CIO

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE PERIOD 26 FEBRUARY 2020 TO 31 MARCH 2021

£

INCOME AND ENDOWMENTS

| | |
|---------------------------------|---------------|
| Donations and legacies | |
| Donation from Options Wimbledon | |
| Pregnancy Resource Centre | 31,157 |
| Donations | 39,228 |
| Training | 80 |
| Gift aid | <u>351</u> |
| | <u>70,816</u> |
| Total income | 70,816 |

EXPENDITURE

Charitable activities

| | |
|---------------------------------|---------------|
| Subscriptions | 334 |
| Insurance | 538 |
| Training courses & supervision | 2,561 |
| Telephone & broadband | 583 |
| Postage, stationery & IT | 1,316 |
| Advertising, PR & website costs | 698 |
| Sundries | 543 |
| Wages recharged | <u>29,996</u> |
| | 36,569 |

Support costs

| | |
|------------------------------------|-----|
| Fixtures and fittings depreciation | 428 |
|------------------------------------|-----|

Governance costs

| | |
|--|--------------|
| Accountancy, payroll and independent examination fees | <u>1,092</u> |
|--|--------------|

| | |
|--------------------------|----------------------|
| Total expenditure | <u>38,089</u> |
|--------------------------|----------------------|

| | |
|-------------------|-----------------------------|
| Net income | <u><u>32,727</u></u> |
|-------------------|-----------------------------|