

COTEHELE QUAY GIG CLUB TRUSTEES ANNUAL REPORT 2024

Cotehele Quay Gig Club (CQGC) is a charity registered in 2020. Its **purpose** is to

‘To promote community participation in healthy recreation by providing facilities to participate in the sport of Cornish Pilot Gig Rowing, both recreationally and competitively. (For the purposes of this clause “facilities” means land, buildings, equipment, access to coaching and organising sporting activities).

Its **mission** is ‘To enable as many people as possible to access Cornish Pilot Gig Rowing at the highest level and to improve the health, fitness and social interaction of all its members’.

Its **vision** is ‘To be recognised as Devon and Cornwall’s foremost inclusive rowing club with a wide community membership of competitive and recreational rowers’.

The club seeks to uphold the following **values** in relation to all its work, to be **inclusive, dynamic, professional** and **welcoming**.

Financial Summary

- Reporting period: 1st January 2024 to 31st December 2024
- Cotehele Quay Gig club account balance at the start of the period: £14867.29
- Total 2024 Income: £41626.28
- Total 2024 Expenditure: £40414.31
- Cotehele Quay Gig club account balance at the end of December 2024 was £16101.26.
- 2024 income and expenditure records have been reconciled against the Bank statements and will be independently examined prior to submission to the Charities Commission in accordance with Charity Commission rules.

Notes:

- Membership subscriptions covered 49% of expenditure and 48% of income.
- £5500.00 generated through the sale of Zeus.
- £4000.00 donation from The Rowing Foundation was gratefully received in August 2024.
- £400.00 donation from St Dominic Parish Council was gratefully received in October 2024.
- £375.00 donation from Calstock Parish Council was gratefully received in November 2024.
- £ 360.30 Easy Fundraising’ donations.
- £368.00 One Lottery income.

- An Income and Expenditure Forecast continues to provide clarity on the expected financial wellbeing of the club for 2025 and beyond.

Treasurers' Comments:

- Membership subscriptions were not increased during 2024.
- In order to capture on-going inflationary pressure it has been agreed by the Committee that subscription rates should be increased during 2025.
- Dependency on active fundraising through club events and donations will continue to be pivotal in maintaining club financial wellbeing.

Trustees

Sheila Snellgrove – Chair

Nigel Cooper – Club Secretary

Treasurer – Alan Harper

Colin Peters – Club Captain

Steve Leonard-Williams – Welfare & Safeguarding Officer

Gordon Peters - Health & Safety Officer

Marilyn Downes - Membership Secretary

Coryn Peters – Recreational Officer

Kath Dandy - Fundraising Officer

Nicola Mathieson - Juniors Officer

Kate Fowle – Logistics Officer

Steve Fox – Defects Officer

Changes to Trustees

The following trustees retired during 2024 as follows.

Rita Hoyle (resigned January 2024).

Dave Bolton (resigned October 2024).

Kate Fowle was appointed as new Gig Captain on 25th October 2024 with a revised job title. The responsibilities of the Gig Captain have been substantially changed due to the huge workload attached to it. The roles and duties of this position have now been split between two new titles, Logistics Officer and Defects Officer.

Updated Policies

The club selection policy was updated in December 2023 making it even more clear that continuous evidence of on, and off water training and improvement in performance is required of members in order to be considered for competitive crews.

Further to this the club Equality, Diversity & Inclusion Policy, club Code of Conduct for Trustees, code of Conduct for Members and our Cancellation of Rowing Policy have all been revised and updated during the year.

Business Plan 2024 - 2026

The following key areas for development for the period 2024 – 2026 were articulated in December 2023.

- a) Juniors – a recruitment programme focusing on 11+ young people to develop the next wave of championship rowers and to develop the skills of young people e.g. supporting young people to learn to cox and coach, supporting young people to be part of the managing committee, investigation into qualifications or relevant sports administration courses i.e. seeing our training as part of a bigger picture and connecting to those services/stepping stones. It is hoped that this will include an annual regatta based at Cotehele Quay that is specifically for Juniors.

In process

- b) Competitive Rowers – having reached 11th at the World Pilot Gig Championships there is recognition that we now need sustainable growth i.e. we avoid the temptation to move too fast and ensure the momentum and commitment by members can be sustained. The energy and commitment now required of A club rowers is intense and we must ensure that members remain part of the club. The committee recognise the need to support selectors in their difficult job of allocating members to squads and, with increasing competition, to move members between squads when the need arises.

Achieved

- c) Recreational Rowers – the implementation of a development and intermediate programme of training to enable recreational rowers to increase their knowledge and skill on the water. Recreational rowers will then be able to row with recreational squads who are more aligned in terms of strength, commitment and ability. After completing courses recreational rowers will be able to apply to become competitive rowers if appropriate and desired.

Achieved

- d) Coxing and Coaching – a rolling programme of coxing and coaching courses for members to increase the pool of competent coxes and coaches across the whole club. Where this cannot be achieved internally funds will be set aside to buy external support. A development programme will be implemented for the rower, cox, race cox and coach. It is understood that individuals can be great coaches but not great race coxes and vice versa. This could free people up for larger events where people could have coached a crew but not need to race cox them.

Partially Achieved

- e) Maintenance & Purchase of Kit – to continue to repair and upgrade kit as required and to raise enough funds to purchase 2 new sets of oars in 2024 and a new plastic boat in 2025.

Achieved before target

- f) Environmental Sustainability – to appoint a member of the club to the position of Environmental Officer, ensuring that the club meets its obligations to reduce waste and use recycled materials whenever possible.

In process

- g) Website – the club website needs updating. A figure will be set aside to enable the purchase of a skilled external expert to deliver this for the club.

In process

An updated business plan was put into place in February 2024 to ensure that the club delivers appropriately on its targets for the future. The new plan is for the period 2025 – 2026. These documents are essential in providing clarity on the future trajectory and priorities of the club. The dissemination of these plans ensures all members are aware of our future needs and releases members to support the delivery of key club priorities going forward. The business plan enables potential grant makers to understand the planned aspiration and progression of our charity and provides a clear picture for external agencies of how their potential investment will positively impact the club.

Review of the Year 2024

Cotehele Quay Gig Club (CQGC) is unique in that it is an inclusive club that encourages people of all ages and abilities to get involved with sport, enjoy our extraordinary location, get fit and make new friends. The club is divided between competitive, recreational and junior rowers and there is a growing relationship between the two which is encouraging. Our recreational rowers make a massive contribution to our community. This year has seen new initiatives to support and encourage our recreational rowers to increase their abilities, knowledge and skill through development and intermediate training courses. We would like to thank Gill Mannings-Cox for her tireless work in this area. This has meant that all our rowers had the opportunity to improve and develop their rowing skills with the very best instruction increasing aspiration, improved health and overall fitness.

This year has been a year of promise for the future, especially in regard to our juniors. At the start of the year, we had very few juniors left because many had become full adult members of the club and the pipeline of talent seemed to have dried up. Due to the tireless encouragement and dedication of our Junior Officer, Nicola Mathieson, the junior membership has risen this year from three to seventeen. There is now a vibrant and talented group of 12 –16 year olds who meet each week and who have shown incredible improvement, dedication, and a hunger to learn. Their enthusiasm is infectious, and their performances on the water are getting stronger all the time. The future potential of the club lies with these young people, and we are very excited to see what results they achieve in competition next year.

Our competitive crews started Scillies training at Cattewater on the 6th January and all crews attended these important and useful sessions. Conditions ranged from bright, crisp, windless weather to windy, choppy and turbulent conditions that prevented crews from fully entering Plymouth Sound. Thanks to volunteer towers from both sides of the club and a wider group of friends, we managed to launch two crews at a time and all six Scillies crews were able to train, as planned, on Saturday mornings.

Take up of non-Scillies rowing (NSR) slots was varied, with sessions frequently cancelled due to lack of numbers.

Edgecumbe and Zeus were rowed back to the Quay at the end of February by crews of recreational and NSR rowers following this very successful sea training, essential for success at the World Cornish Pilot Gig Championships where sea conditions can be extremely challenging.

Five crews entered the Caradon 3 Rivers Race at Saltash in March, the 2024 racing was attended by a record number of clubs and gigs. CQGC came away with some of our best ever results:

Ladies A - 6 out of 98 (Gallos)

Ladies B - 27th out of 98 (Govenek)

LSV - 49th out of 98 (Zeus) and 9th out of Vets and Super Vets

Men's A - 28th out of 95 (Gallos)

Men's B - 72 out of 95 (Govenek)

As we progressed into March, competitive training continued at the quay, boosted by the ability to train in the evenings once the clocks went forward. Some crews trained two or three times a week on the water as well as their other training and this encouraged all crews to work harder than ever before.

After the racing gigs departed for the Scillies it became a juggling act of oars and gigs for all crews: a problem that would be alleviated as gigs returned post Championships. Training continued well with all Scillies crews putting in a final push as the Scillies Championships grew closer.

The World Cornish Pilot Gig Championships in May saw five CQGC squads in the competition. Sadly Ladies Vets were cruelly disqualified following their St Agnes race after a contentious start line infringement. Ladies Super Vets were a strong crew and again made it through to the finals on Saturday morning.

Ladies A once again finished in the top 12, securing the club a second boat for 2025.

Results were as follows.

LA - 12/ 132

MA - 51/ 128

LB - 44/ 132

MB - 104/ 128

LV - 18/ 44 in first race

LSV - 12/ 48

The first regatta of the summer season at Looe was unfortunately cancelled at the eleventh hour due to bad weather, the club had to wait for St Goran for the chance to race again. Here there was a field of 22 boats and we performed well, in spite of our gigs being confused on two occasions with other boats by the umpires. Once the points were adjusted to reflect our true position, we were 3rd overall instead of the published 6th.

We initially made the decision not to take part in the inaugural Cornish Pilot Gig Association (CPGA) Summer Series as it would have meant a great deal of travelling for a small number of rowers and many others would miss out on the chance to race.

Instead, we were able to take several crews to the Salcombe Regatta where wins by Ladies A and Ladies B helped us to secure another 3rd place overall. This winning streak continued with a fabulous day of racing at Rock, where the Ladies Vets built on their run of good form by coming first and being awarded liquid gold!

During this time, it was decided that until the wooden boats had been inspected and repaired, they should not be used for training and only Govenek should be used for regattas.

CQGC was well-represented at CPGA Vets Championships at Brixham where, in spite of some incredibly difficult conditions and some ferocious racing, our Ladies Vets A crew came 4th in the Cup Final and Men's Vets B won the Bowl Final and came home with a handsome trophy.

Our fine racing form continued throughout July and August with a second overall at Rame and third at Charlestown, despite having slightly lower numbers than expected putting their names down to race.

Once again the weather gods smiled on the clubs Intraclub Regatta where recreational and competitive rowers and juniors battled it out on a sunny afternoon of lively racing. The event was attended by 50 members and turned into a musical, early evening barbecue, enjoyed by all.

August ended with a strong showing at Fowey; an outstanding 4th place for our Ladies Masters in the Cup final of the CPGA Masters Championships at Paignton and spectacular results in all of the races at the CPGA Summer series event the following day.

In September, the club finished off the summer racing season in style. We had strong results at Women and Open Newquay Championships LA coming 14th, LB reached quarter finals (joint 37th), Men's A reached quarter finals, Men's B participating in the recharge. The club had its best results at the London Great River Race (2nd Fastest gig; fastest SV crew)This continued into October where the Open crew finished second in the Tamar Challenge with the 4th fastest time and our first-time participation in the Roadford Races coming 2nd overall.

Autumn brought the Scillies 25 selection process once again, with applicants taking part in the selection rows and ergo tests. The Loft facilities really came into their own for people prepping for their final submissions and gave a comfortable environment for those who could not do their tests at home.

The committee again ratified the club selectors to deliver crew selections for Scillies 25 which were completed by the end of November. The committee recognises the ongoing complexity and difficulties encountered when selecting crews and again reiterated to selectors that they fully endorse and support their decisions. Due to some fierce winter storms, the usual December start to training was delayed until the middle of the month. However, all squads

requested ergo training time in the Loft which is encouraging and there is a schedule in place for squad training times which have been regularly attended by all.

It has been a great year of competitive rowing for CQGC and we can only hope to build on the dedication and hard work of our crews to produce more success in 2025.

From this time forward Ladies Crews will be renamed Women's Crews, this is to comply with current norms and the guidance of British Rowing.

It goes without say that none the successes we have achieved would have been possible without the unsung heroes who make this club thrive. Our coxes and coaches who deliver relentless commitment to developing each rower, both as athletes and as individuals, is the foundation of our success. Their ability to inspire, challenge, and support has been pivotal this year. The same goes for all our supporting volunteers, and there are so many of them; boat aiders, maintenance teams, event organizers, on-line/media teams and everyone who ensures we have everything from clean boats to smooth logistics, Without this enormous volunteer workforce we could not have achieved the position we currently hold in gig racing. The club committee has been exemplary this year in dealing with every day issues whilst looking forward and ensuring that we are well-governed, compliant and able to deal with future challenges. There is a lot of work that goes into running a small enterprise on a daily basis but this has not prevented the club from being strategic about its future trajectory.

Social Media Report

We are enormously grateful for the work of Jane Fitzsimons, Emily Bolton and Lindsay Bright in creating a presence for the club on social media and in continually finding story angles to keep CQGC in the spotlight. This work has definitely encouraged new rowers to the club and increases our visibility regionally. The following is an indication of followers for specific events;

Followers	Facebook	Instagram
Newquay	3700	676
Falmouth	1900	1100
Appledore	1300	875
Caradon	1300	765
Rock	1200	828
Charlestown	1100	334
Cotehele	977	558
Portleven	882	721
Tamar & Tavy	623	507
Looe	-	1200

We have deleted our account on X (formerly Twitter) as it is no longer a reliable social media outlet. Our current social media followers are 977 for Facebook and 558 for Instagram. We are publishing the most content out of the above clubs mainly through stories (only visible for 24 hours). Traditional posts are used for race results.

Gig Captain Report

2 new sets of oars were purchased from Andrew Nancarrow to bring stock up to an acceptable level. A new GRP gig was purchased from Trevor Deakin with support from the Rowing Foundation. HDPE pin protection plates were fitted to all 4 GRP gigs making Vaseline unnecessary when rowing.

Junior Officer's Report

The age status of juniors has been clarified.

1. When a young person turns 16 they can receive correspondence in their own right and are independent of their parents.
2. When they are 16 they can row in Open or Women races if they choose.
3. They could choose to continue racing in Junior categories until December 30th of the following season if they are 17 on August 30th.
4. they could do both.
5. If "a young person" is 17 or below on August 30th they can row as a Junior in Under 18 races until December 30th of the following year
6. If they are 18 on August 30th or before they should be rowing with adults i.e. Open or Women . They should not be rowing with Juniors unless DBS checked. They cannot enter Junior races

The Junior Officer has joined a group consisting of a number of other Junior officers from Devon and Cornwall rowing clubs. This led to our Juniors attending a 'Junior Jolly ' led by Tamar and Tavy and participation in the winter league at Roadford Lake in September.

Health & Safety Officer's Report

During the reporting period 3 x gig safety bags were purchased to replace those that had developed leaks due to wear and tear.

A period of handover has been undertaken to upskill Andy Wiltshire to take over from Gordon Peters as Health and Safety officer. A written precis of his likely duties and responsibilities has been delivered. There is a recommendation to align with CPGA job titles and to shorten the Health and Safety Officer job title to "Safety Officer".

2 x adult lifejackets have been purchased to increase the number of Coxes/passengers jackets available when 4 x plastic training boats are in use. All remaining lifejackets have been checked and are up to standard.

Welfare Officer's Report

The Welfare Officer has been attending the CPGA on-line webinars to ensure the club is fully compliant with its obligations to members. DBS checks are ongoing. We are aware that no

sensitive information or correspondence should be stored on personal systems and that the club email and file storage system is used for this purpose. In the event of a welfare or safeguarding issue we are aware that we must always use club email to communicate not a messaging app. If an issue is raised by WhatsApp or text message, the communication should be transferred to email immediately to ensure a reliable record is maintained. The use of WhatsApp as a club organisational/messaging platform is under discussion. It is now generally accepted that WhatsApp has some significant weaknesses that can pose data protection and safeguarding risks. During discussions at the CPGA safeguarding forums it has been suggested that a bespoke sports team management system can replace WhatsApp and offer very significant advantages as well as resolving the basic security issues. Several clubs are now using 'Spond' (<https://www.spond.com/>) which is a free app and has been recommended by those using it. It is understood that this would be a challenging move and will be investigated further in 2025.

Membership Secretary's Report

Cotehele Quay is a thriving Gig Club. The Membership has remained steady this year. We frequently have requests to join the club and regularly run Learn to Row courses to accommodate new members.

As of January 2025, we have 167 members comprising of 71 Competitive members, 73 Recreational members, 17 Juniors and 6 Social non-Rowing members.

We are an all-inclusive club. Our youngest Rower is 11 and our oldest 83.

We encourage all our members to participate in supporting activities within the club to ensure that our gigs, equipment and facilities are well maintained. We serve a wide community with members travelling from Plymouth and across the Tamar as well as many who live locally to our base at the Quay.

End of Year Awards & Celebration Evening

This was attended by 70 members from across the club on 29th November. It was a hugely successful event with music by Boogie Juice. Awards were given to 3 recreational rowers.

Kim Lakey, who joined recreational rowing two years ago and very quickly became involved with all aspects of recreational rowing. She was a member of the GRR crew in 2023 and now is rowing regularly with the workout crews. However it's behind the scenes that she has made her mark – organising joint trips with other clubs and our own 'Jollies'. She was instrumental in organising the calendar for 2025 and in organising food stalls for CQGC regattas.

Mike Forward, awarded outstanding recreational rower male for his ongoing commitment and dedication to the club over many years. Despite being the grandfather of the club, he comes forward to fill seats and cox whenever he can to enable boats get out on the water which otherwise would not. Latterly he has been an integral and essential part of the maintenance team and has repaired many oars for the club.

Gill Mannings Cox, awarded for work done with recreational rowers to improve their standard of rowing and the training of the coxes to have some coaching ability to maintain and improve standards. Her training has increased enthusiasm for rowing well amongst recreational rowers and encouraged coxes to be more confident and positively critical during rows.

Other awards are as follows.

Andy Wilshire, awarded for most improved male. Andy joined the club just over a year ago and has made it his focus to learn from everyone. He has consistently joined in with every crew who will have him, rowing at every opportunity and volunteering to help with anything that will enable him to master the art of gig rowing. He was selected for Men's A in November.

Emily Cuffe, awarded for most improved female. Emily joined the club three years ago and has shown the commitment, drive, determination and dedication to become a Women's A rower. Her sense of humour, fun and mischievous comments make her a most popular rower. Her sensitivity, care and support for fellow rowers has enabled her team to exceed expectations.

Charlie Long, awarded for most improved junior. Charlie has a quiet, intelligent approach to rowing and observes, listens and understands the techniques of rowing really well. He has encouraged his peer group and friends to come forward and take up rowing and always gives of his best, whatever the circumstances. He is a friendly, thoughtful individual with a determination to do well and has improved significantly over the year.

Tristan de Rochefort – Roper, awarded outstanding junior rower for his incredible rowing ability, strength and technique. Tristan has rowed as a junior for four years and has transformed from a quiet, under-confident rower to a shining example of how to row well. His leadership, generosity and patience with others makes him a real asset to any team.

Liv Martin, awarded Cox of Year via a vote of all members. Liv has received this award many times and continues to be the most dedicated and committed cox, coach and rower. She is forensic in her search for the perfect rowing stroke and spends endless hours looking at U-Tube videos to identify rowing techniques from other clubs that can help the club develop its skills and presence as one of the top 12 rowing clubs at the world championships. Her detailed training plans provide the essential blueprint for how rowers can improve their strength, technique and resilience to become better, and more proficient, rowers. We are extremely grateful for her ongoing dedication and support for the club. The 'slurry principle' is yet to be patented but will definitely become a staple in international rowing theory!

Dave Bolton, awarded for most significant contribution to the club. Dave has spent the last two & a half years getting all existing club equipment up to scratch & arranging new & replacement equipment so that the club is in a strong position and sorted for all eventualities. He has worked flat out to ensure that the club has everything it needs to succeed. We cannot thank Dave

enough for the focussed and rigorous way he has organised purchases, repairs, servicing and maintenance to bring club kit up to a really high standard.

Nicola Mathieson, awarded for most significant contribution to the club (female). Nicola has been tireless in her ambition to motivate and inspire young people to take up the sport of gig rowing. Her work advertising opportunities to participate in local schools has enabled a new generation of young people to access the sport. It is often difficult to find enough coxes and boat aids to support junior rowing but Nicola's determination and positive attitude continues to make this happen. Under her leadership the juniors have radically increased in numbers.

Looking Forward

The last four years has seen CQGC leap forwards in terms of its growth, reputation and success. When the committee wrote a 5 Year Plan at the beginning of the Covid-19 pandemic in 2020 we had no idea that our plan would be largely achieved in 3 years. Then we canvassed the whole club membership to collect everyone's ambitions for the future and enshrined that in a document that we could work towards. Making clear plans really helped to focus the club on the important things and we have achieved them; two new wooden boats, six rowing machines for off-water training, a social space for coffee and conversation, top 12 placing at the Isles of Scilly World Pilot Gig Championships.

Now we have arrived at another threshold. The club is close to capacity, it has over 170 members and our physical space at the quay is limited. We cannot expand any more as we have no more space for boats and equipment. We closed membership for a period except for experienced rowers with a track record. This, however, is not really a solution and creates limitations for the future of the club. For instance, our business plan partly focuses on young people, giving them the attention they require to grow and flourish. How do we combine this with a club of older rowers given that we have now decided that 170 members is our limit?

As the club becomes more professional we are also facing new challenges. For instance In the past we have never needed to consider whether a new member should be able to join competitive or recreational groups for rowing. Anyone could join and they made the choice as to whether they would be rowing competitively or recreationally. With the upsurge of interest in the club do we now need to be asking new members to reach a fitness threshold for entry to competitive rowing? If we do this will we need to be testing all current competitive rowers to ensure they meet this threshold?

We want to continue to be inclusive and recently there has been a really positive move to up-skill recreational rowers through the creation of 'intermediates' and 'development' crews. Recreational rowers have many reasons for choosing the recreational side of the club: they may be busy and unable to commit to the training required of the competitiveness, they may be single parents, they may be caring for a loved one or recovering from illness, they may not want to travel to regattas or put themselves under additional competition pressure, they may just want to be highly skilled recreational rowers. This must be a good thing as it encourages skill development, better health and well-being and better rowers are more useful to the club.

One solution might be a re-negotiation of our lease with the National Trust for more territory at Cotehele Quay. This could expand our footprint and enable the storage of further boats and

oars. However expansion does come with additional responsibilities and it is important that all members contribute, not just to rowing, but to duties outside of rowing. For this reason we have set up a second skills register in the hope that all rowers will take on another duty that helps us to expand safely and appropriately, not overloading existing officers, coxes and coaches.

We have been very lucky that we have achieved sponsorship and grant income from a variety of sources over the years. Going forward we have agreed that the subscriptions for membership should be set at a level where the income generated is sufficient to cover the regular running costs of the club. We do not feel it is prudent to rely on grant funding to run the club. In the current economic environment raising grants is particularly challenging and what income that is raised should be reserved only for exceptional purchases. We are therefore proposing an increase in membership fees at the next AGM. The proposed new monthly rates will be Competitive £19.00 (approx. 12%) Recreational £13.00 (approx. 15%) Social and Junior membership will remain the same.

Cornish Pilot Gig Association (CPGA)

There has been several changes at the CPGA this year with 4 trustees stepping down as Trustees of the CPGA CIO, two reaching the end of their permitted tenure and two resigning.

They have continued the development of the “Championship Regatta Series” which now includes specific events for Junior Rowers in addition to the existing Open, Vets and Masters regattas.

The CPGA Trustees determined that it was necessary to call an Extraordinary General Meeting of the membership in August 2024 to share information on the legal costs that they had incurred as a result of action taken against the Cornish Four Oared Gig Association in a patent dispute over the design of a four oared gig. The total costs came to just over £41,000.00 and have made a significant impact on the CPGA’s financial reserves. How this financial shortfall will be addressed is still being considered but increases in the CPGA membership fees are under consideration by the CPGA Trustees.

Our Club Secretary and Club Captain have attended meetings with the CPGA on-line to keep informed of the CPGA position and to be aware of their future intentions.

Transaction Date	Transaction Description	Transaction Type	Credit Amount	Debit Amount
27/03/2025	S SNELLGROVE	TFR		700
03/03/25	ME PETER CARNE	FPO		745
24/02/2025	S SNELLGROVE	TFR		700
23/01/2025	ME PETER CARNE	FPO		1953
16/01/2025	S SNELLGROVE	TFR		700
30/12/2024	S SNELLGROVE	TFR		700
25/11/2024	S SNELLGROVE	TFR		700
11/11/24	ME PETER CARNE	FPO		1290
28/10/2024	S SNELLGROVE	TFR		700
30/09/2024	S SNELLGROVE	TFR		700
01/08/24	WFL UK LTD	DD		78
01/08/24	TV LICENCE MBP	DD		15
12/07/24	FIRST LOCAL SERVIC	DEB		307.2
01/07/24	CORNWALL COUNCIL	DD		179
01/07/24	WFL UK LTD	DD		78
01/07/24	TATE MEMBERS	DD		72
01/07/24	TV LICENCE MBP	DD		13.25
17/06/2024	TAVISTOCK CHIMNEY	FPO		110
12/06/24	WWW.GLASSTOPS.CO.	DEB		159.53
03/06/24	CORNWALL COUNCIL	DD		179
03/06/24	WFL UK LTD	DD		78
03/06/24	TV LICENCE MBP	DD		13.25
28/05/2024	TFL TRAVEL CH	DEB		2.8
28/05/2024	WASABI PADDINGTON	DEB		12.65
28/05/2024	TFL TRAVEL CH	DEB		8.5
24/05/2024	ROYAL NATIONAL THE	DEB		95
24/05/2024	TST-Wahaca - South	DEB		25.15
24/05/2024	TATE MODERN EATS	DEB		20.7
24/05/2024	MARKS&SPENCER PLC	DEB		16.5
24/05/2024	SUMUP *NATIONAL T	DEB		9.4
24/05/2024	WATERSTONES FOYLE	DEB		8.99
23/05/2024	ANTHROPOLOGIE 4501	DEB		18
22/05/2024	ZARA BOND STREET	DEB		42.98
22/05/2024	GWR CATERING	DEB		7.3
22/05/2024	SAINSBURYS-SUPERM	DEB		5
22/05/2024	TFL TRAVEL CH	DEB		2.7
21/05/2024	Plush	DEB		99
21/05/2024	CORNWALL COUNCIL	PDEB		1.1
20/05/2024	MARTIN CARNE	FPO		80
20/05/2024	ME PETER CARNE	FPO		1962
14/05/2024	MSC CONTRACTING LT	FPO		1360.75
01/05/24	CORNWALL COUNCIL	DD		179
01/05/24	WFL UK LTD	DD		78
01/05/24	TV LICENCE MBP	DD		13.25
11/04/24	PAT SURE	FPO		80.6
02/04/24	CORNWALL COUNCIL	DD		174.16
02/04/24	WFL UK LTD	DD		126
02/04/24	TV LICENCE MBP	DD		13.25

Transaction Date	Transaction Description	Transaction Type	Credit Amount	Debit Amount
27/03/2025	S SNELLGROVE	TFR		700
03/03/25	ME PETER CARNE	FPO		745
24/02/2025	S SNELLGROVE	TFR		700
23/01/2025	ME PETER CARNE	FPO		1953
16/01/2025	S SNELLGROVE	TFR		700
30/12/2024	S SNELLGROVE	TFR		700
25/11/2024	S SNELLGROVE	TFR		700
11/11/24	ME PETER CARNE	FPO		1290
28/10/2024	S SNELLGROVE	TFR		700
30/09/2024	S SNELLGROVE	TFR		700
01/08/24	WFL UK LTD	DD		78
01/08/24	TV LICENCE MBP	DD		15
12/07/24	FIRST LOCAL SERVIC	DEB		307.2
01/07/24	CORNWALL COUNCIL	DD		179
01/07/24	WFL UK LTD	DD		78
01/07/24	TATE MEMBERS	DD		72
01/07/24	TV LICENCE MBP	DD		13.25
17/06/2024	TAVISTOCK CHIMNEY	FPO		110
12/06/24	WWW.GLASSTOPS.CO.	DEB		159.53
03/06/24	CORNWALL COUNCIL	DD		179
03/06/24	WFL UK LTD	DD		78
03/06/24	TV LICENCE MBP	DD		13.25
28/05/2024	TFL TRAVEL CH	DEB		2.8
28/05/2024	WASABI PADDINGTON	DEB		12.65
28/05/2024	TFL TRAVEL CH	DEB		8.5
24/05/2024	ROYAL NATIONAL THE	DEB		95
24/05/2024	TST-Wahaca - South	DEB		25.15
24/05/2024	TATE MODERN EATS	DEB		20.7
24/05/2024	MARKS&SPENCER PLC	DEB		16.5
24/05/2024	SUMUP *NATIONAL T	DEB		9.4
24/05/2024	WATERSTONES FOYLE	DEB		8.99
23/05/2024	ANTHROPOLOGIE 4501	DEB		18
22/05/2024	ZARA BOND STREET	DEB		42.98
22/05/2024	GWR CATERING	DEB		7.3
22/05/2024	SAINSBURYS-SUPERM	DEB		5
22/05/2024	TFL TRAVEL CH	DEB		2.7
21/05/2024	Plush	DEB		99
21/05/2024	CORNWALL COUNCIL	PDEB		1.1
20/05/2024	MARTIN CARNE	FPO		80
20/05/2024	ME PETER CARNE	FPO		1962
14/05/2024	MSC CONTRACTING LT	FPO		1360.75
01/05/24	CORNWALL COUNCIL	DD		179
01/05/24	WFL UK LTD	DD		78
01/05/24	TV LICENCE MBP	DD		13.25
11/04/24	PAT SURE	FPO		80.6
02/04/24	CORNWALL COUNCIL	DD		174.16
02/04/24	WFL UK LTD	DD		126
02/04/24	TV LICENCE MBP	DD		13.25