DANCE 21

England & Wales · Charity number 1188124

Details

Status	Registered
Legal form	CIO
Registered	2020-02-21
Register	View on the Charity Commission register

Contact

Address	92 Longstomps Avenue Chelmsford CM2 9LB
Phone	01245259742
Email	dance21@blueyonder.co.uk
Website	www.dance21.co.uk

Activities

Objects: THE OBJECT OF THE CIO ISTO RELIEVE THE NEEDS OF PERSONS AFFECTED BY DOWN SYNDROME, THEIR PARENTS, CARERS AND SIBLINGS, PRIMARILY IN THE ESSEX AND LONDON AREA, IN PARTICULAR BUT NOT EXCLUSIVELY BY:PROVIDING DANCE GROUPS FOR CHILDREN AND YOUNG ADULTS WITH DOWN SYNDROME AND THEIR SIBLINGS.PROMOTING MENTAL AND PHYSICAL HEALTH WITHIN DANCERS WITH DOWN SYNDROME.PROVIDING A MUCH-NEEDED SOCIAL NETWORK FOR PARENTS, CARERS AND PEOPLE WITH DOWN SYNDROME AND PROJECTING A POSITIVE IMAGE OF DISABILITY AND PROJECTING A POSITIVE IMAGE OF DISABILITY TO THE PUBLIC, ENCOURAGING THEM TO SEE THAT PEOPLE WITH DOWN SYNDROME CAN ACHIEVE MANY THINGS.

Activities: Dance 21 provides dance sessions for children and young adults with Down Syndrome and their siblings. We operate in Chelmsford, Essex and Woodford, Greater London. We hold three weekly classes during school term time in both locations

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Disability
- **Who:** People With Disabilities

Downloaded from opencharities.uk/ew/1188124

Geography

- Essex
- Redbridge

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£16,411	£20,441	-	-
2024-03-31	£15,030	£17,022	-	-
2023-03-31	£14,379	£15,103	-	-
2022-03-31	£13,374	£10,793	-	-
2021-03-31	£13,974	£7,910	-	-

Trustees

Name	Role	Appointed
Mary Schultz	Chair	2020-02-02
Beverley Ann Weeks		2020-02-02
Christine Marie Kite		2020-02-02
Kathy Mary Hart		2020-02-02
Kim Elizabeth Kemp		2020-02-02
Olivia Kate Gordon		2020-02-02
Peter Michael Schultz		2020-02-02
Rachel Luan Palfreman		2020-02-02

Downloaded from opencharities.uk/ew/1188124

DANCE 21

England & Wales - Charity number 1188124

Accounts

DANCE 21

For children and young adults with Down Syndrome and their siblings



Annual Report & Accounts 2024/25

Registered Charity
No 1188124

Introducing our dance groups



Chelmsford
Group 1

Chelmsford
Group 2





Woodford
Groups 1 & 2

Contents

Structure and governance	2
Mission statement	3
Our purpose, our values, our services	3
Chair's annual review	3
Our trustees	4
Report on Dance Groups	6
What People Say…..	8
Special thanks to our benefactors	13
Treasurers Report	13
Receipts & Payments account	14
Independent examiner's report	15

Structure and governance

Dance 21 was founded in September 2000 and achieved charity status as a Charitable Incorporated Organisation in February 2020 with the registered Charity Number 1188124. Our governing document is the CIO Foundation model Constitution, which was also signed and agreed in 2020. We will be reviewing it on a regular basis.

In accordance with Charity Commission regulations, we have an elected Board of Trustees, all Volunteers, who are responsible for the governance of the group. Charity trustees are elected on the basis of relevant skills and attributes they possess that enable them to perform important functions within the charity. Trustees who were elected at the Annual General Meeting on 29th September 2024 are:

Mrs. Mary Schultz	Chair and Charity Manager
Mr. Peter Schultz	Treasurer
Mrs. Bev Weeks	Secretary
Mrs. Kim Kemp	Minutes Secretary
Mrs. Rachel Palfreman	
Mrs. Christine Twomey	
Mrs. Kathy Hart	
Mrs. Olivia Gordon	

Dance 21 was formed to meet the need locally for children and young adults with Down Syndrome and their siblings to join a dance group where they can experience opportunities to perform locally and further afield that would not otherwise be available to them. We also go on social outings as a group.

Dance 21 has now expanded to four groups, two in Chelmsford and two in Woodford. All are very well attended.

Through Dance 21, the dancers and parents, their families and friends have also established close friendships and a much needed social network, sharing advice on health and social issues as they arise.

Belonging to Dance 21 helps to motivate our dancers and improve their quality of life by providing exciting opportunities to take part in dancing events, lots of social events and the sense of belonging to the ‘Dance 21 family’.



Mission statement

Dance 21 dance group is a unique dance group based in Essex and Woodford for children and young adults with Down Syndrome and their siblings projecting a positive image of disability.

We offer a dynamic, fun, structured environment where everyone has the opportunity to improve their potential through dance and movement.

We develop a variety of skills and each child is valued as an individual and a respected team member.

Our public performances are a delightful opportunity to share our achievements

Our purpose, our values, our services

Dance 21 is committed to providing an excellent and professional service to children and young adults with Down Syndrome and their siblings; comprising affordable, confidence building and dancing opportunities that promote good health, friendships and ultimately raise self esteem.

Chair's annual review

I would like to take this opportunity to thank our parents who give up so much of their time to ferry the dancers here, there and everywhere, to our volunteer team, without whom we wouldn't be able to provide the best support to our dancers and of course our lovely teachers, Jean Hunter, Steven Turner, Hannah Randall, Katie Osborne, Francesca Bradford, Sophie Aston and Chloe Worth who give so generously of their time to attend events. Our committee continues to work very hard to ensure Dance 21 operates at the highest level, promoting a positive image of different abilities in our community.

Over the year we have danced at various events such as QPR Tiger Cubs, Boswells Community Show, Haven House Sparkle Walk, Chigwell Fete, Columbus C Fest, St Hohns Church Fete, The Soothe Show at St Andrews Church, Chigwell Riding Trust Open Day, Chelmsford Community Church, Oaklands Park Community Day, St Giles Summer Fete, All Saints Church Fete, Turning on off Christmas Lights in Barkingside, Ongar Christmas Festival, Columbus Christmas Fayre, Breakaway Holidays Party and the Mad Hatters Christmas Party at Grosvenor House. Our dancers love to show off their talents, all individual in their own way and we are always open to dance at other events.

This year, the Woodford dancers split into two groups to allow all dancers to grow in their ability and techniques. It has proved a great success and there has been so much positive feedback.

Three times a year, we present a Brian Jiggins Award, in memory of one of our

Chelmsford Fathers who tragically passed away. He was such a kind and generous, loving soul so we continue in his memory to share some joy within our dance groups. Each dancer who receives this award feels very proud to have been chosen and the trophy is cherished, as indeed is Brian's memory.

This year, we welcomed SEND PROTECT who gave us several sessions on how we can protect our child's financial future. Each session was very thought provoking and raised many questions. Several of the parents have sought more advice as a result and we are so grateful to SEND PROTECT for taking the time to come and talk to us.

We are very grateful for donations from, Chelmsford Community Church, Breakaway Holidays and all the lovely people who used Amazon Smile to ensure we get donations from them periodically. These donations allowed us to continue running all three groups, providing new uniform and costumes and to pay their teachers.

New dancers are always welcome to attend a free taster session at one of our three classes.

For more information about classes, please contact Mary Schultz (contact details on back page).

I am very proud of what we have achieved with Dance 21 over the last 25 years and I am confident our charity will continue to earn recognition in the local community and further afield as a respected and well-established organisation with a strong team of dedicated and friendly trustees and volunteers, not to mention our lovely bunch of dancers, their families/support workers and our dedicated teachers.

Mary Schultz
Chair and Charity Manager.

Our trustees

Mary Schultz

Mary's role as Chair of the Board of Trustees and Charity Manager includes planning and organising all dance and social events, liaison with dance teachers, volunteers and event organisers and overseeing the general running of the Charity.

She is the mother of Ellen, one of the dancers in the Senior group in Chelmsford since it started in 2000. Mary is actively involved in all events across the three groups.



Peter Schultz

Peter's role as Treasurer involves keeping accurate accounts and liaising with our Independent Examiner. As Father of Ellen, he is also actively involved in all events.

Bev Weeks

Bev is the proud mum of Luke, one of the Group 1 dancers in Chelmsford who joined in 2004. She is the Secretary of Dance 21 and also a volunteer in the weekly dance classes, assisting the teachers by helping and encouraging the dancers. Bev also enjoys being part of the events team for public performances.

Kim Kemp

Kim is mother of Sarah, who has been dancing with Chelmsford Group 1 since 2006. Sarah loves to dance and spend time with her friends. Kim enjoys meeting up with other parents to share knowledge and socialise. Her role in Dance 21 is as Minutes Secretary and this involves taking notes at meetings, typing them up and circulating them to the committee. She keeps a record of all the minutes for future reference.

Rachel Palfreman

Rachel is a mother of three, whose youngest daughter, Libby, is in Chelmsford Group 2. She is an excellent seamstress having made many costumes for the shows we perform in..

Her daughter has been dancing for ten years and looks forward to her weekly Dance 21 sessions and the numerous events we are asked to dance at.

Christine Kite

Christine is a full-time working mum with 22 year old twins, one of which, Amber, has Down Syndrome. It was her daughters love of dance which navigated Christine to Dance 21.

She helps run the Woodford group with Kathy and Olivia.

Kathy Hart

Kathy is a mother of two children, the oldest is Lauryn who has Down's syndrome. Lauryn loves to dance and looks forward each week so that she can be with her friends dancing at the Woodford group.

Kathy helps to run the group with Christine and Olivia.

Olivia Gordon

Olivia's eldest son, Ethan, has Down Syndrome and he is a member of the Woodford branch of Dance 21. She helps run the group, is there for the weekly sessions and helps out at dance events.

Report on Dance Groups

Chelmsford Group 1

Once again a great year. We have been fortunate to be invited to dance at many events, some of which stand out in our memories because of their uniqueness. One which springs to mind was the Sooth Show which stretched our dancers in so many ways.

All events have given the dancers the opportunity to show off their fantastic dance ability.

We are grateful to Hamptons Sports & Leisure Centre for hiring us their hall to practice our dances and the cafe for our parents / careers to meet, chat and exchange information.



We very much enjoyed our Dance 21 party this year at the amazing venue - Basildon Sports and Leisure. All 3 groups were there, dancing the night away to music provided by Crazy Martin DJ.

The group continues to learn and evolve thanks to our wonderful teachers Jean & Steven.

They get the very best from our young people to showcase at our events.



Thank you to a wonderful supportive group of parents and careers that bring their dancer along each week to class.

Looking forward to all our future events.

Chelmsford Group 2

We have continued to practice at Hamptons sport and leisure club, along with Chelmsford Group 1. Everyone has settled in well.

On the odd occasion Group 2 join in with Group 1 in the big hall which everyone enjoys. It's so lovely to see both groups dancing and getting on so well but also learning from each other.

Parents still get together for coffee and cake at Bubu's cafe. It's been lovely to get to know the parents/ carers of group 1.

As every year Dance 21 has had a full calendar of performances.

We had a great night in April partying with both Chelmsford groups and Woodford in Basildon. Lots of dancing, food, making new friends and memories.



Our biggest event of the year was the Boswells Community Show. It is always a great two days which both Chelmsford groups enjoy.

This year we had a raffle to raise money for Children In Need. Lots of people kindly donated raffle prizes and some dancers dressed up in their Pudsey T-shirts and ears. We raised £110 in total.



We continue to award The Brian Jiggins award which is presented to one dancer from each group termly. Everyone looks forward to this, parents and dancers alike.

Our instagram/facebook pages have taken off nicely. We are getting more likes and spreading the word of our amazing dancers and all the events they dance at.

Looking forward to another year of new dances and more performances.

Woodford Groups 1 and 2

Woodford dance group continues to go from strength to strength We have expanded to two groups on a Thursday evening. This has allowed both groups to flourish and each dancer has improved and grown in confidence Everyone is happy with the change.

Our parent group also continues to thrive providing great company and support for each other. We arranged two SEND protect sessions on a Thursday evening which presented everyone with useful information on wills & trusts. We started on the 5th April at QPR where we performed in their fan zone and at half time we walked around the pitch to a great welcoming reception We then performed at our annual events like

Haven House Sparkle Walk, Chigwell Riding Trust and the Black Cab Tea Party. For the first time we were invited to perform at two Christmas light switch ons; Barkingside & Ongar which were both very successful.

We are now looking forward to dancing next year at their summer festivals.





What People Say…..

Chelmsford Group 1 continue to hold their sessions at Hamptons Sports and Leisure where the parents and support workers can enjoy the upstairs BuBu's Café.

We have attended and performed at several events throughout the year mainly as their teacher but in June I watched the Soothe Show in Wickford, with my daughter, Adele, as a relaxed member of the audience. I have to say I was extremely proud of our groups who tackled this piece, which had difficult, fast moves, choreography and timings, with enthusiasm and dedication! As a group they had a powerful presence in their new red T shirts and yes the Soothe part was beautiful.

I see this as a result of many years of hard work both in class and performances experiencing many different genres.

They did not hold back in class offering up their own ideas which Dan was encouraging. Especially impressed with the Chelmsford Group 2 who had never done this style of dance before.

They both did Dan and Steven proud in this contemporary style of work and behaved impeccably throughout the rest of the performance.

We continue onwards and upwards with ability, technique, commitment and enthusiasm.

Jean Hunter, Dance Teacher Chelmsford.

Dance 21 Group 2 have had another smashing year!

Our group has grown a little as we have welcomed a few new dancers, therefore building friendships and learning to work with new class members.

Our newest dances One Call Away and Dance The Night have been a hit and well received at the Boswells Community Show. They were a challenge for the dancers to learn but they took it in their stride and smashed it!

It is wonderful to have the studio space most weeks at Hamptons and continue to be on site with Group 1. We have been lucky to connect occasionally which has benefited our dancers as they have learned from the other teachers and navigated different class dynamics.

Hannah Lustig, Dance Teacher Chelmsford.

What an incredible year it has been for Woodford Groups 1 & 2!

These reports seem to come around faster every time — a sign, perhaps, of just how full and rewarding this past year has been at Dance 21. It's been a year of growth, performance, connection and joyful movement.

One of the most impactful changes we've made this year was splitting the group into two smaller groups This has proven to be a huge success, with every dancer benefitting enormously. The focused environment has allowed each child to thrive — their dancing has improved tenfold and their confidence has soared. Despite now working in separate groups, the warmth and unity of our community remain as strong as ever. The dancers continue to support, encourage and celebrate one another.

We've also had the chance to perform at more events than ever before — both as returning favourites and exciting first-time acts. Every stage we've stepped onto has been met with enthusiasm, pride, and pure joy.

A huge shoutout to my wonderful helper, Chloe — we all absolutely adore her. Her energy, kindness and dedication to the dancers are felt in every session. Chloe, thank you for being such a special part of Dance 21.

Another big thank you goes to Lynne and Liz, who run the back room so smoothly and with so much care. You keep everything ticking behind the scenes and your support means the world to us all.

Olivia Gordon, thank you for running our Instagram with such creativity, consistency and heart. You've captured so many beautiful moments and helped tell our story to a wider audience — we're so grateful.

To all my dancers: thank you for turning up every week with smiles, enthusiasm and determination. Your passion and positivity light up every room we dance in.

To the amazing parents and carers: your trust, support and commitment — not just on Thursdays, but throughout all our performances and events — is deeply appreciated. A special mention to Christine and Kathy, who work tirelessly behind the scenes to organise the Woodford group and keep Dance 21 going strong. Your leadership and love do not go unnoticed.

Here's to another year of dancing, growing, and sharing this beautiful journey together.

Francesca Bradford, Dance Teacher Woodford.

I was delighted to join Dance 21 for their joyful celebration party at Basildon Sports & Leisure Club. It was great to see such polished and enthusiastic performances from the groups attending. Thanks to Jean for inviting me and the wonderful dancers who really put on a great show, also thanks to the dedicated staff who all worked so hard with these inspiring young people. I hope to see you all again soon.

Linda Mascot
Mayor of Chelmsford

I just wanted to say, thank you so much to Dance 21 for performing and for leading our warm-up at our Sparkle Walk event on Friday, the group were all wonderful and we received such lovely feedback.

Sophie at Haven House

From Dancers

I loved the Soothe Show in Wickford and having our new teacher, Dan, for a little while. I enjoyed doing the new dance.

Dan is so friendly and was nice to chat to. He was very kind to us all.

I love dancing with everyone together and I love different dance events

Conor Hickey

I love the friendships we have within the dance group, it makes me feel I am surrounded by good friends all the time.

Sam Medler

I love going dancing because I love learning new songs and moves for the Boswells show. Which is my favourite. I like seeing my dancing gang every Thursday.

Hannah and Katie make dancing fun. I love both of you.

Libby

I have been at dance 21 for many years now. It is a truly successful team for me and I always look forward to more dance events.

I'm so proud of Conor who is my partner as a solo together .

Hannah

I *have made lots of friends in dance 21, they're so friendly and caring people they are bunch of talented dancers. Some of us have danced together since we are were five years old. We all have different personalities and have good laughs/ jokes together. We have each other backs too.*

Michael

I have been with Dance 21 since it started and really enjoy our dance classes and all the events we dance at. I have made lots of friends there and we have a great social life together.

Dance 21 means a lot to me.

Ellen

From Parents and Carers

Dance21 has made such a difference to my daughter's life, to mine and society in general. It supports her physical health and wellbeing. She loves music and dancing and has made lots of friends through the group - and I have too. She enjoys performing and their shows help the public see just what people with down syndrome are capable of given time and attention.

Catherine

Dance 21 has been a huge part of Conors life for over 25 years. He has attended almost every session without fail because he just loves it! They have performed on many many occasions at invitations from organisations across Essex and in London .His teachers Jean and Stephen are dedicated to all the needs of the group and bring out the absolute best from them. The members have all become firm friends and all are such a big part of their individual lives. I can't imagine life without Dance 21 for Conor!

Anne

I enjoy a Thursday catch up with the Dance 21 Mums in Bubu's café with a cuppa, sharing stories with other Mums.

Rachel

Tom has been going to dance 21 for the last 19 years. He has always enjoyed his time there.

He loves learning the dances and performing them and the teachers and helpers are lovely.

He has made lots of friends there over the years.

I would recommend Dance 21 to everyone.

Teresa

Orla really looks forward to going to Dance 21 each week. Being part of the group has given her the chance to make lovely friendships with others who share her enthusiasm. She has so much fun dancing, and it's wonderful to see her being so creative and expressive. Performing at community events has been a real highlight for her – she absolutely loves being on stage and sharing what she's learned. Most of all, we've seen her confidence grow so much since joining. Dance 21 has become a very special part of Orla's life.

Sue

Dance 21 is literally the highlight of my daughter Emmy's week! Without these classes both Emmy and myself wouldn't have the friends and support that we appreciate so much. From the dancers, to the parents, to the teachers and even Lynn and Liz who help out every week in the kitchen we have built up such a lovely community of people and I am truly grateful. The dance shows that the dancers get to perform at are just an added bonus where everyone gets to witness how amazing they are and make this group so so special x

Sally

Dance 21 continues to grow from strength to strength. It started over 25 years ago in Chelmsford from a handful of cheeky dancers and a few dedicated professionals who pulled it all together. Dance 21 became so popular that a 2nd class was started in South Woodford, where my daughter, Charlotte, now attends. Where to next?! The difference Dance 21 has made to Charlotte's confidence, wellbeing and sense of belonging is immeasurable and immense. My family's life would be a poorer place without Dance 21. Long may it continue. A big thank you to all the organisers of Dance 21, and a special thank you must go to Jean and Mary whose dedication started what must be the happiest dance group in the world.

Kate Bissell,
Proud mum

My son who is now 17 years old, has been a part of the Woodford group for more than 7 years.

Dance 21 is a inviting, warm, safe, fun and friendly group.

Myles loves taking part in the weekly dance sessions and the performances. He has made so many friends.

Organisers & other parents make everyone feel so welcomed, and are so supportive.

I can honestly say that over the years, taking part in this group has changed Myles in such a positive way.

Thank you Dance 21

Rosemarie & Myles

Since joining Dance 21, Molly's self belief and confidence have soared. Molly has formed the most wonderful and true friendships and watching her and her friends interact the way they do, is something I never dreamed possible. There really isn't a day that goes by, where Molly isn't watching videos of dance shows she has performed in, or indeed practicing a routine taught to her by the wonderful (and extremely patient) Fran and Chloe. As her mum, Dance 21 has at times been a lifeline for me, I too have formed friendships with parents that relate to me on just about every level and there really is no time limit on sharing milestones, having a rant, or indeed a cry. Thank you Dance 21 for giving Molly this opportunity to shine through dance.'

Chantal

Special thanks to our benefactors

Many thanks to

- People who donated via Paypal Justgiving and Amazon Prime
- The Co-op Community Fund
- Breakaway Holidays

Treasurers Report

Dance 21 are in the enviable position where our income from class fees over the three dance groups covers all of our regular costs for hall hire, dance teachers and assistants as well as Dance 21 uniform as and when needed. Whilst we may on occasion fund raise for specific exceptional expenses there is generally no need for additional fund raising.

This year our accounts show a deficit of just over £4,000 which is almost entirely accounted for by the decision taken by the committee, after consultation with parents/ carers and dancers, to have another party at the Basildon Sports & Leisure Centre. The previous party had been a huge success and it was the one occasion when we were able to bring all three groups together to 'show off' their dances and to have a really good time.

This year our only major donation was £150 from Breakaway Holidays in Chelmsford. We had the pleasure of dancing for them at their annual party and are very grateful for the generous donation.

This year we carry forward a bank balance of £16,147.38. There are no outstanding invoices or other debts. This has been another successful and rewarding year for Dance 21. Thanks as always to all of our dancers, teachers, parents, support workers and to all of the others in the wider community that support us throughout the year.



Receipts & Payments account

for the year ended 31 March 2025

RECEIPTS AND PAYMENTS ACCOUNT FOR YEAR ENDING 31ST MARCH 2025

	2024/2025	2023/2024
Receipts		
Subscriptions	15,167.00	13,792.00
Donations & Fundraising	245.00	726.88
Events	554.05	493.61
Uniform	34.00	NIL
Sundries	410.67	18.00
Total Receipts	16,410.72	15,030.49
Expenditure		
Dance Teachers	6,980.00	9,008.00
Uniform/Costumes	149.58	2,872.07
Hall Hire	2,495.57	2,300.10
CVS & DBS Checks	135.00	10.00
Printing	138.00	157.64
Events	8,070.27	1,807.51
Refunds on Class Fees	402.00	NIL
New PA's	823.59	NIL
Trophies & Medals	445.34	NIL
Other Expenses	801.18	886.78
Total Expenditure	20,440.53	17,022.10
Surplus (deficit) for year	(4,029.81)	(1,991.61)
Bank Bal. b/f	20,177.19	
Bank Bal. c/f	16,147.38	

Approved on behalf of committee by : Chair M.T.Schutt Date 30-6-25

Treasurer P. Sey Date 30/6/25

Independent examiner's report

I report on the accounts of Dance 21 charity no 1188124 for the year ended 31 March 2025 which are set out on page 14

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

The charity's trustees consider that an audit is not required for this year under section 144 of the Act and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the applicable Directions given by the Charity Commission (under section 145(5)(b) of the Act, and
- to state whether particular matters have come to my attention

Basis of independent examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no material matters have come to my attention which gives me cause to believe that, in any material respect:

- accounting records were not kept in accordance with section 130 of the Charities Act
  or
- the accounts do not accord with the accounting records

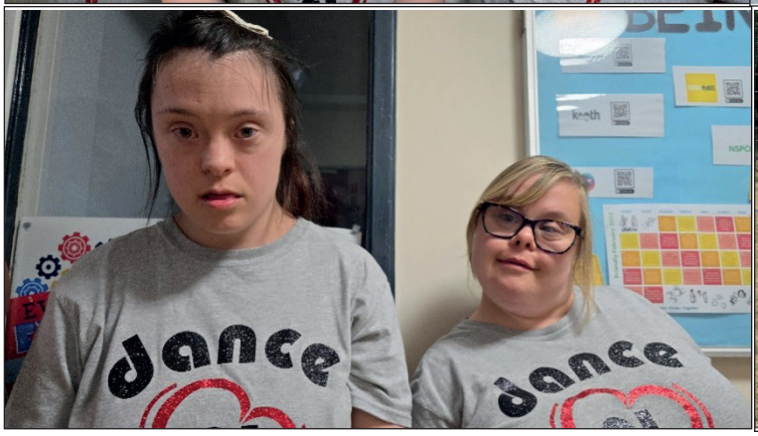
I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Robert Andrews MA, ACIB, FCIE
3 Sewards End, Wickford, SS12 9PB
12 September 2025


BEFORE you
speak...
Is it...
True?
Is it...
Helpful?
Is it...
Inspiring?
Is it...
Necessary?
dance
21


dance


dance














W12
QUEENS PARK RANGERS
dance
21







For children and young adults with Down Syndrome
and their siblings

Dance 21

Registered address:

c/o 92 Longstomps Avenue
Chelmsford
Essex CM2 9LB

Registered Charity Number: 1188124

www.dance21.co.uk

www.facebook.com/Dance21

Instagram

@dance21chelmsford
@dance21woodford

For more information please contact

Mary Schultz, Chair and Charity Manager

Tel: 07814 959312
Email: dance21.chelmsford@gmail.com

DANCE 21

England & Wales - Charity number 1188124

Accounts

DANCE 21

For children and young adults with Down Syndrome and their siblings



Annual Report & Accounts 2023/24

Registered Charity
No 1188124

Introducing our three groups



Dance 21 Seniors and Juniors



Dance 21 Woodford

Contents

Structure and governance	2
Mission statement	3
Our purpose, our values, our services	3
Chair's annual review	3
Our trustees	4
Report on Dance Groups	5
What People Say…..	9
Treasurers Report	12
Receipts & Payments account	13
Independent examiner's report	14
Special thanks to our benefactors	15
So glad to be back	15



Structure and governance

Dance 21 was founded in September 2000 and achieved charity status as a Charitable Incorporated Organisation in February 2020 with the registered Charity Number 1188124. Our governing document is the CIO Foundation model Constitution, which was also signed and agreed in 2020. We will be reviewing it on a regular basis.

In accordance with Charity Commission regulations, we have an elected Board of Trustees, all Volunteers, who are responsible for the governance of the group. Charity trustees are elected on the basis of relevant skills and attributes they possess that enable them to perform important functions within the charity. Trustees who were elected at the Annual General Meeting on 22nd October 2022 are:

Mrs. Mary Schultz	Chair and Charity Manager
Mr. Peter Schultz	Treasurer
Mrs. Bev Weeks	Secretary
Mrs. Kim Kemp	Minutes Secretary
Mrs. Rachel Palfreman	
Mrs. Christine Twomey	
Mrs. Kathy Hart	
Mrs. Olivia Gordon	

Dance 21 was formed to meet the need locally for children and young adults with Down Syndrome and their siblings to join a dance group where they can experience opportunities to perform locally and further afield that would not otherwise be available to them. We also go on social outings as a group.

Dance 21 has now expanded to three groups, two in Chelmsford and one in Woodford. All are very well attended.

Through Dance 21, the dancers and parents, their families and friends have also established close friendships and a much needed social network, sharing advice on health and social issues as they arise.

Belonging to Dance 21 helps to motivate our dancers and improve their quality of life by providing exciting opportunities to take part in dancing events, lots of social events and the sense of belonging to the ‘Dance 21 family’.



Mission statement

Dance 21 dance group is a unique dance group based in Essex and Woodford for children and young adults with Down Syndrome and their siblings projecting a positive image of disability.

We offer a dynamic, fun, structured environment where everyone has the opportunity to improve their potential through dance and movement.

We develop a variety of skills and each child is valued as an individual and a respected team member.

Our public performances are a delightful opportunity to share our achievements.

Our purpose, our values, our services

Dance 21 is committed to providing an excellent and professional service to children and young adults with Down Syndrome and their siblings; comprising affordable, confidence building and dancing opportunities that promote good health, friendships and ultimately raise self esteem.

Chair's annual review

What a fantastic year Dance 21 have had. Lots of dance events, including the Boswells Community Show, Ongar Festival, Chigwell Festival, Chelmsford Carnival, Columbus C Fest, Chelmsford Community Church Fair, St Giles Summer Fete, Hamptons Community Day to raise funds for Morocco, All Saints Annual Sale, QPR event, Haven House Xmas Fair, SEND Xmas Fun Day, Columbus Xmas Fair and the London Black Cabs Children's party at Grosvenor House.

We are already booked in for over ten more events up to September 2024 and all the dancers are looking forward to these, showing everyone exactly what they are capable of.

Once more many thanks to our parents and support workers who give up so much of their time to ferry the dancers here, there and everywhere, to our volunteer team, without whom we wouldn't be able to provide the best support to our dancers and of course our lovely teachers, Jean Hunter, Steven Turner, Hannah Randall, Katie Osborne, Francesca Bradford and Sophie Aston who give so generously of their time to attend events. Our committee continues to work very hard to ensure Dance 21 operates at the highest level, promoting a positive image of different abilities in our community.

We are very grateful for donations from Chelmsford Community Church, The Ongar Festival Award, the Co-op Community Fund and all the lovely people who used Amazon Smile to ensure we get donations from them periodically. These donations allowed us to continue running all three groups, providing new uniform and costumes and to pay their teachers.

New dancers are always welcome to attend a free taster session at one of our three classes.

For more information about classes, please contact Mary Schultz (contact details on back page).

I am very proud of what we have achieved with Dance 21 over the last 24 years and I am confident our charity will continue to earn recognition in the local community and further afield as a respected and well-established organisation with a strong team of dedicated and friendly trustees and volunteers, not to mention our lovely bunch of dancers, their families/support workers and our teachers.

Mary Schultz
Chair and Charity Manager.

Our trustees

Dance 21 was founded in September 2000 by Mary Schultz and we currently have 59 dancers.

We have 8 parents on our Board of Trustees who are all volunteers.

Mary Schultz

Mary's role as Chair of the Board of Trustees and Charity Manager includes planning and organising all dance and social events, liaison with dance teachers, volunteers and event organisers and overseeing the general running of the Charity.

She is the mother of Ellen, one of the dancers in the Senior group in Chelmsford since it started in 2000. Mary is actively involved in all events across the three groups.

Peter Schultz

Peter's role as Treasurer involves keeping accurate accounts and liaising with our Independent Examiner. As Father of Ellen, he is also actively involved in all events.

Bev Weeks

Bev is the proud mum of Luke, one of the Senior dancers in Chelmsford who joined in 2004. She is the Secretary of Dance 21 and also a volunteer in the weekly dance classes, assisting the teachers by helping and encouraging the dancers. Bev also enjoys being part of the events team for all public performances.



Kim Kemp

Kim is mother of Sarah, who has been dancing with the Seniors since 2006. Sarah loves to dance and spend time with her friends. Kim enjoys meeting up with other parents to share knowledge and socialise. Her role in Dance 21 is as Minutes Secretary and this involves taking notes at meetings, typing them up and circulating them to the committee. She keeps a record of all the minutes for future reference.

Rachel Palfreman

Rachel is a mother of three, whose youngest daughter, Libby, is in the Junior group in Chelmsford. She also helps out weekly in the class sessions, assisting the two dance teachers.

Her daughter has been dancing for nine years and looks forward to her weekly Dance 21 sessions and the numerous events we are asked to dance at.

Christine Kite

Christine is a full-time working mum with 19 year old twins, one of whom, Amber, has Down Syndrome. It was her daughters love of dance which navigated Christine to Dance 21.

She helps run the Woodford group with Kathy and Olivia.

Kathy Hart

Kathy is a mother of two children, the oldest is Lauryn who has Down syndrome. Lauryn loves to dance and looks forward to the weekly classes so that she can be with her friends dancing at the Woodford group.

Kathy helps to run the Woodford group with Christine and Olivia.

Olivia Gordon

Olivia's eldest son, Ethan, has Down Syndrome and he is a member of the Woodford branch of Dance 21. She helps run the group, is there for the weekly sessions and helps out at dance events.

Report on Dance Groups

Dance 21 Seniors

We have enjoyed performing at various local events throughout the year such as The Boswells Community Show, Columbus Summer and Xmas Fairs, Chelmsford Community Church, St Giles Summer Fete, Hamptons Community Day and SEND Xmas Fun Day where the dancers showcase their ever growing dance skills and love for dance.

We are looking forward to our next party in May where all 3 groups and their families can meet up and socialise. Our favourite DJ, Crazy Martin will be there, providing the music, the costumes and an amazing atmosphere.

The group is going from strength to strength with the continued support of our wonderful teachers, Jean and Steven, our volunteers and the commitment of the parents and support workers who bring them to class each week.

Looking forward to all our future events as always.





Dance 21 Juniors

We have been very fortunate this year to join the Seniors at Hamptons Sport and Leisure Club. This has many benefits and has enabled the Seniors and Juniors to mix more, to do collaborative dances and has given the parents a chance to socialise upstairs in the Marconi Café. Many thanks to the North Avenue Christian Centre for our time there, we greatly appreciate it.

Once more a busy time, dancing in the Boswells Community Show, our biggest event of the year, Columbus C Fest, Hamptons Community Day, SEND Christmas Fair and Columbus Xmas Fair.



Due to the huge success of our celebration party last year, we look forward to another party where Chelmsford and Woodford groups can get together, once again in Basildon to forge more friendships.

The biggest, happiest event of the year was the birth of a little boy to one of our teachers, Hannah. He is a joy to both his parents and to all around him and we look forward to his continuing visits to our dance classes.

Future events are at the Boswells Show, Columbus C Fest, the Soothe Show in Wickford and a multicultural event in Oaklands Park.



Dance 21 Woodford

The Woodford dance group continues to go from strength to strength. We have grown in members and we continue to provide a safe place for children to dance as well as providing a place for friendships to be built & maintained.

We started the year off dancing at the Ongar festival in April followed by the Chigwell fete in May. Both were big events and the dance group showed themselves off really well.



Next came the summer fetes at Haven House in Woodford & St John's RC School A lot of the dancers attend this school so it was a great event showing their dancing moves off to their friends & teachers

After the summer QPR Football Club asked us to be part of their very special event marking 15 years of a Down's Syndrome football team at their club.

We met all of the first team players their manager & coaches as well as the Down's Syndrome Team. Sky television were there to film the event …It was amazing !

All Saints autumn fayre followed by the Xmas fete at Haven House Children's Hospice in Woodford were a huge success.

In the new year we returned to the Grosvenor House Hotel to dance at the annual Black Cab Extravaganza. Wearing our new Red T shirts, we had a fantastic time.



What People Say…..

The Senior group continues to hold its sessions at Hamptons Sports and Leisure, whilst the parents/support workers can enjoy the upstairs Café Marconi.

We have attended and performed at several events throughout the year and are now looking forward to two shows at the Boswells School at the end of April 2024 plus other future events.

Everything is running smoothly with most dancers attending regularly.

Jean Hunter, Dance Teacher Chelmsford.

Another great year for the Dance 21 Juniors! This year we have welcomed two lovely young volunteer helpers, Harriet and Phebe who the dancers have really warmed to and have been a great support, particularly to new starters!

We had an amazing response to our newest dances - Dance The Night and One Call Away at the Boswells Community Show last month and as teachers agree these were 2 of our best dances to date!

We are enjoying holding classes at Hamptons and the opportunities every now and again to combine classes with the seniors - it is a great way to learn from each other and develop confidence and performance abilities further!

Hannah Lustig, Dance Teacher Chelmsford.

As always it has been an honour. We have welcomed new dancers and we have maintained our original 'squad' with such a positive atmosphere every week. I have been able to challenge our dancers with difficult choreography, partner work and the use of props and it has been such a pleasure to see them create my vision with such positivity.

Our most recent dance has been such a joy to watch come to life, we have tackled a new genre (musical theatre) and involved more movement and transitions, the dancers have taken it one step at a time and made the dance look seamless. I have encouraged the dancers to perform alone and in small groups without my assistance to which they blew me away with their enthusiasm, I have also begun to introduce the dancers to the teaching side by leading parts of the warm up every week, the ability to control the room has been amazing.

We have performed at a number of different events and fayres, both locally and in London. My dancers have turned up on time in their uniform and ready to dance (in the rain and boiling heat - nothing is able to faze them), I have left bursting with pride from every event. We performed at QPR football fanzone before one of their games. We then went in to watch the match and paraded around the pitch during half time - it was such a fabulous day. Another event that approached us was the Church Fayre at St Johns in Loughton and the dancers were utterly incredible.

I love my Thursday evenings with Dance 21 and get so much joy watching the dancers grow in confidence. Thank you to everyone involved who make teaching so enjoyable and fun.

Francesca Bradford, Dance Teacher Woodford.

We are always delighted to have Dance 21 perform at our Annual Sale held in November, here at All Saints' Church, Woodford Wells. They produce such joy and energy and bring smiles to everyone's faces. We always have so many comments afterwards saying how amazing they are! We look forward to hopefully having Dance 21 perform again this year!

Best wishes, Hannah.

Dance 21 is a unique dance group that fills the room with so much passion, love and dedication, but most of all happiness and friendship. Dance 21 has shown me that physically, emotionally and socially, dance is meaningful, a journey of growth and lessons learnt from another perspective. I feel dance 21 is a very effective treatment for anxiety, giving me a feeling of self worth and being grounded. I have gained so much confidence from the encouragement and support from the dancers and the teachers. Dance 21 has taught me and is still teaching me to embrace "me"and accept "me":- for this, I will be eternally grateful. Thank you Dance 21 you ROCK. XX

Harriet

Dance 21 is not only a dance group but a group of friendship, laughter and endless joy. It has been amazing for my confidence and I am grateful for the support I have received from the dance teachers. Everyone at dance 21 is so warm and welcoming and it has allowed me to be my true self, flaws and all with no care every Thursday evening. I am a very lucky person to be a part of such a wonderful group of people.

Phebe

Great dancing as always! A fun afternoon, thank you.

Kate

Brilliant dancing! So lovely to see you all once more.

Jenni

Love these superstars

Samantha

Saw the Thursday night Boswells Show, it was great!

Anne

Well done all of you xxx

Siobhan

Our amazing family

Caffe Marconi

Beautiful…your posts make me smile xxx

Romford

Awesome dancing at the Chelmsford Carnival today. The crowd loved them so much there was a very loud clap and cheering at the end.

Clare

I thought you guys were amazing. I have not been that happy in a long time.

Kimberly Wyatt, Got to Dance.

From Dancers

I like going to Dance 21 because I have made a lot of friends. The parents are all so friendly and we are like a big family.

I love dancing with my friends and learning new dances.

I like it when the dance teachers teach us new dance moves. My friends are in Dance 21 and I love seeing them each week.

Not only do we dance but we go to each others birthday parties, to the theatre and generally just have fun.

From Parents and Carers

I *have found Dance 21 very uplifting. Everyone is so welcoming and kind.*

Fran absolutely loves it

Dance 21 is an amazing group. Not only do the dancers get to gain skills and progress in the art of dance, they are given opportunities to improvise and add their own character to their performance, all whilst mixing and socialising within a troupe where there is great understanding of each other.

Newcomers are welcomed, without expectation and all dancers are allowed to progress at their own pace.

As for the fellow parents and carers, I'm sure we all feel it is a welcomed opportunity for a catch up, knowing our young people are in safe hands.

The Dance 21 Woodford team are absolutely amazing, ensuring that classes and performances always take place without fail by coming together to overcome any obstacles they may experience in running this amazing dance troupe.

By Toni, Alfie's mum

As the mom of a child with Down syndrome, I am pleased to share my observations on the positive impact of Dance 21 dance group on my child's development. The group has provided a unique opportunity for children with Down syndrome to develop various skills, build friendships, and enhance their overall well-being.

Physical Benefits

1. *Improved motor skills: The dance group has helped my child to develop better coordination, balance, and flexibility.*
2. *Increased strength and endurance: The weekly dance sessions have led to noticeable improvements in my child's muscle tone and stamina.*

Social Benefits

1. *Enhanced communication skills: My child has become more confident in interacting with others and expressing their thoughts and feelings.*
2. *Friendships: The dance group has provided a supportive environment for my child to develop meaningful relationships with peers who share similar experiences.*

Emotional Benefits

1. *Boosted self-esteem: Participating in the dance group has given my child a sense of pride and accomplishment, leading to increased self-confidence.*
2. *Emotional expression: The dance sessions have provided an outlet for my child to express her emotions and feelings in a safe and nurturing environment.*

In essence, the dance group has had a profoundly positive impact on my child's development. I am grateful for the opportunity to be part of such an inclusive and supportive community. I highly recommend this program for other families who have children with Down syndrome.

By Andrea. Shari's Mum

Thank you for the last two evenings at Boswells School, it is such a good event.

Kate

Treasurers Report

While Dance 21 has had another hectic year with all three groups enjoying their regular weekly classes together with many public performances, it has been a fairly uneventful year in financial terms.

Dance 21 receive no external funding and continue to rely largely on class fees to cover costs. There has been a small increase in income from class fees which has been offset by a correspondingly small increase in dance teacher costs. This year there has been a £500 approx reduction in hall hire costs due to savings as a result of the beneficial rates we enjoyed from Hamptons Sports & Leisure where both Chelmsford groups now hold their weekly classes.

This year we also received a donation from Ongar Festival Awards of £650 for which we are most grateful.

Our Annual Accounts show a deficit of around £2,000 due largely to the costs of a top up order for our regular dance uniform plus a brand new red sparkle t-shirt (which all the dancers love). At the end of the financial year we carry forward a bank balance of £20,177.19. There were no outstanding invoices or other debts.

As always we are very grateful for the continued support of all of our dancers, teachers, parents, support workers and to the very many others who come to our events to support us throughout the year.

Receipts & Payments account

for the year ended 31 March 2024

RECEIPTS AND PAYMENTS ACCOUNT FOR YEAR ENDING 31ST MARCH 2024

	2023/2024	2022/2023
Receipts		
Subscriptions	13,792.00	13,412.00
Donations & Fundraising	726.88	461.94
Events	493.61	481.00
Uniform	NIL	24.00
Sundries	18.00	NIL
Total Receipts	15,030.49	14,378.94
Expenditure		
Dance Teachers	9,008.00	8,310.00
Uniform/Costumes	2,872.07	73.67
Hall Hire	2,300.10	2,841.05
CVS & DBS Checks	10.00	162.00
Printing	157.64	273.25
Events	1,807.51	2,906.57
Refunds on Class Fees	NIL	20.00
General Expenses	866.78	516.12
Total Expenditure	17,022.10	15,102.66
Surplus(deficit) for year	(2,050.13)	(723.72)
Bank Bal. b/f	22,168.80	
Bank Bal. c/f	20,177.19	

Approved on behalf of committee by: Chair M.T.Schuth Date 8/7/24

Treasurer P. S Date 8/7/2024

Independent examiner's report

I report on the accounts of Dance 21 charity no 1188124 for the year ended 31 March 2024 which are set out on page 13

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

The charity's trustees consider that an audit is not required for this year under section 144 of the Act and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the applicable Directions given by the Charity Commission (under section 145(5)(b) of the Act, and
- to state whether particular matters have come to my attention

Basis of independent examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no material matters have come to my attention which gives me cause to believe that, in any material respect:

- accounting records were not kept in accordance with section 130 of the Charities Act
  or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Robert Andrews MA, ACIB, FCIE
3 Sewards End, Wickford, SS12 9PB
24 August 2024

Special thanks to our benefactors

Many thanks to

- Ongar Town Festival Steering Group
- Chelmsford Community Church
- Everyone who donated via Paypal, Justgiving and Amazon Prime
- The Co-op Community Fund

So glad to be back








Dance
21


Dance
21


Dance
21


13D/Po


dance
21
dance
dance
dance
21
THINK
OUTSIDE
THE
BOX




dance
21
dance
21

For children and young adults with Down Syndrome
and their siblings

Dance 21

Registered address:

c/o 92 Longstomps Avenue
Chelmsford
Essex CM2 9LB

Registered Charity Number: 1188124

www.dance21.co.uk

www.facebook.com/Dance21

Instagram

@dance21_essex
@dance21woodford

For more information please contact

Mary Schultz, Chair and Charity Manager

Tel: 07814 959312 Email: dance21@blueyonder.co.uk

DANCE 21

England & Wales - Charity number 1188124

Accounts

For children and young adults with Down Syndrome
and their siblings

Dance 21

Registered address:

c/o 92 Longstomps Avenue
Chelmsford
Essex CM2 9LB

Registered Charity Number: 1188124

www.dance21.co.uk

www.facebook.com/Dance21

For more information please contact

Mary Schultz, Chair and Charity Manager

Tel: 07814 959312 Email: dance21@blueyonder.co.uk

DANCE 21

For children and young adults with Down Syndrome and their siblings



Annual Report & Accounts 2022/23

Registered Charity
No 1188124

Introducing our three groups



Dance 21 Seniors







Dance 21 Juniors









Dance 21 Woodford







Contents

Structure and governance	2
Mission statement	3
Our purpose, our values, our services	3
Chair's annual review	3
Our trustees	4
Report on Dance Groups	6
What People Say…..	9
Treasurer's report	12
Receipts & Payments account	13
Independent examiner's report	14
Special thanks to our benefactors	15
So glad to be back	15

Structure and governance

Dance 21 was founded in September 2000 and achieved charity status as a Charitable Incorporated Organisation in February 2020 with the registered Charity Number 1188124. Our governing document is the CIO Foundation model Constitution, which was also signed and agreed in 2020. We will be reviewing it on a regular basis.

In accordance with Charity Commission regulations, we have an elected Board of Trustees, all Volunteers, who are responsible for the governance of the group. Charity trustees are elected on the basis of relevant skills and attributes they possess that enable them to perform important functions within the charity. Trustees who were elected at the Annual General Meeting on 22nd October 2022 are:

Mrs. Mary Schultz	Chair and Charity Manager
Mr. Peter Schultz	Treasurer
Mrs. Bev Weeks	Secretary
Mrs. Kim Kemp	Minutes Secretary
Mrs. Rachel Palfreman	
Mrs. Christine Twomey	
Mrs. Kathy Hart	
Mrs. Olivia Gordon	

Dance 21 was formed to meet the need locally for children and young adults with Down Syndrome and their siblings to join a dance group where they can experience opportunities to perform locally and further afield that would not otherwise be available to them. We also go on social outings as a group.

Dance 21 has now expanded to three groups, two in Chelmsford and one in Woodford. All are well attended.

Through Dance 21, the dancers and parents, their families and friends have also established close friendships and a much needed social network, sharing advice on health and social issues as they arise.

Belonging to Dance 21 helps to motivate our dancers and improve their quality of life by providing exciting opportunities to take part in dancing events, lots of social events and the sense of belonging to the ‘Dance 21 family’.



Special thanks to our benefactors

Many thanks to

- Breakaway Holidays
- Chelmsford Community Church
- People who donated via Paypal Justgiving and Amazon Prime
- The Co-op Community Fund

So glad to be back







Independent examiner's report

I report on the accounts of Dance 21 charity no 1188124 for the year ended 31 March 2023 which are set out on page 13

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

The charity's trustees consider that an audit is not required for this year under section 144 of the Act and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the applicable Directions given by the Charity Commission (under section 145(5)(b) of the Act, and
- to state whether particular matters have come to my attention

Basis of independent examiner's statement

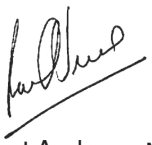
My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no material matters have come to my attention which gives me cause to believe that, in any material respect:

- accounting records were not kept in accordance with section 130 of the Charities Act
  or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Robert Andrews MA, ACIB, FCIE
3 Sewards End, Wickford, SS12 9PB
8 August 2022

Mission statement

Dance 21 dance group is a unique dance group based in Essex and Woodford for children and young adults with Down Syndrome and their siblings projecting a positive image of disability.

We offer a dynamic, fun, structured environment where everyone has the opportunity to improve their potential through dance and movement.

We develop a variety of skills and each child is valued as an individual and a respected team member.

Our public performances are a delightful opportunity to share our achievements.

Our purpose, our values, our services

Dance 21 is committed to providing an excellent and professional service to children and young adults with Down Syndrome and their siblings; comprising affordable, confidence building and dancing opportunities that promote good health, friendships and ultimately raise self esteem.

Chair's annual review

What a difference a year makes!! Classes are back to normal, we have danced at several events: The Boswells Community Show, Chigwell Fete, Tiptree Care Home Jubilee Celebration, Columbus C Fest, Chelmsford Carnival, Ongar Summer Fete, Haven House, Upwards with Downs Summer Fete, Chelmsford Community Church Day, St Johns Fete, Chatten Free School Fayre, Columbus Christmas Fair, All Saints Church Fair, Grosvenor House Black Cabs Xmas Party and a 25th Anniversary Party for Breakaway Holidays, what a marvellous achievement and we were so happy to be part of all the celebrations!!! Needless to say everyone was so glad to be back dancing, showing off their skills and especially sharing them with an audience.

We are already booked in for another eight events, taking us up to August 2023, plus 2 more long standing events in 2024.

Our long awaited '21st' Anniversary party went ahead in June and was a great success. Unfortunately, Pete, Ellen and I couldn't go as Ellen had Covid but we saw some of the celebrations on a video link our talented teacher, Steven, set up. The evening consisted of lots of dancing, eating and socialising and it was so good to see so many people enjoying themselves. Huge thanks to Chelmsford's Deputy Mayor, Sue Dobson and Consort who opened the party and stayed most of the night, ripping up the dance floor, mingling with the families and having as much fun as our dancers.

I would like to take this opportunity to thank our parents who give up so much of their time to ferry the dancers here, there and everywhere, to our volunteer team, without whom we wouldn't be able to provide the best support to our dancers and of course

our lovely teachers, Jean Hunter, Steven Turner, Hannah Randall, Katie Osborne, Francesca Bradford and Sophie Aston who give so generously of their time to attend events. Our committee continues to work very hard to ensure Dance 21 operates at the highest level, promoting a positive image of different abilities in our community.

We are very grateful for donations from, Chelmsford Community Church, Breakaway Holidays and all the lovely people who used Amazon Smile to ensure we get donations from them periodically. These donations allowed us to continue running all three groups, providing new uniform and costumes and to pay their teachers.

New dancers are always welcome to attend a free taster session at one of our three classes.

For more information about classes, please contact Mary Schultz (contact details on back page).

I am very proud of what we have achieved with Dance 21 over the last 23 years and I am confident our charity will continue to earn recognition in the local community and further afield as a respected and well-established organisation with a strong team of dedicated and friendly trustees and volunteers, not to mention our lovely bunch of dancers and their families/support workers.

Mary Schultz

Chair and Charity Manager

Our trustees

Dance 21 was founded in September 2000 by Mary Schultz and we currently have 59 dancers.

We have 8 parents on our Board of Trustees who are all volunteers.

Mary Schultz

Mary's role as Chair of the Board of Trustees and Charity Manager includes planning and organising all dance and social events, liaison with dance teachers, volunteers and event organisers and overseeing the general running of the Charity.

She is the mother of Ellen, one of the dancers in the Senior group in Chelmsford since it started in 2000. Mary is actively involved in all events across the three groups.



Receipts & Payments account

for the year ended 31 March 2023

	2022/2023	2021/2022
Receipts		
Subscriptions	13,412.00	12,305.00
Donations & Fundraising	461.94	749.48
Events	481.00	220.00
Uniform	24.00	NIL
Sundries	NIL	100.00
Total Receipts	14,378.94	13,374.48
Expenditure		
Dance Teachers	8,310.00	6,413.36
Uniform/Costumes	73.67	1,119.60
Hall Hire	2,841.05	1,978.54
CVS & DBS Checks	162.00	48.00
Printing	273.25	125.71
Events	2,906.57	670.00
Refunds on Class Fees	20.00	NIL
Class Medals/Awards	NIL	115.56
General Expenses	516.12	321.78
	15,102.66	10,792.55
Surplus (deficit) for year	(723.72)	2,581.93
Bank Bal. b/f	22,892.52	
Bank Bal. c/f	22,168.80	

Approved on behalf of the committee by: Chair M.T Schultz Date 11/7/23.

Treasurer P. S... Date 11/7/23



Treasurer's report

Following 2 years where our classes have suffered from disruption due to the Covid-19 pandemic it is good to be able to report on a full year of 'normal activities'. All three classes have been running throughout the year and our programme of outside performances is back to pre-pandemic levels.

Dance 21 is a registered charity providing dance classes for children and young adults with Down Syndrome and their siblings. It is run entirely by parent volunteers and employs no staff. In line with the requirements of the Charities Commission our accounts have been inspected by an Independent Examiner, Mr Robert Andrews, and his report can be found elsewhere in this report together with a full summary of our accounts for the year.

Our accounts this year show a small deficit of £723.72. Although our accounts show significant increases this year in the principal costs for teachers fees and hall/class hire these are simply returning to pre-pandemic levels (Yr 2019/2020 teachers fees £8,266 and Hall Hire £2,808). Our one major extravagance this year was the much delayed 21st Anniversary Party which we celebrated by bringing together all three dance groups together with old friends and our many supporters and benefactors from over the years.

Dance 21 receive no external funding and rely primarily on class fees to cover the costs of our various activities. This year we must also thank Breakaway Holidays for a generous donation. As always we are grateful for the continued support of all of our dancers, parents, carers and the many others who come to our events throughout the year.

At the end of the financial year we carry forward a bank balance of £22,168.80. There are no outstanding invoices or other debts.



Peter Schultz

Peter's role as Treasurer involves keeping accurate accounts and liaising with our Independent Examiner. As Father of Ellen, he is also actively involved in all events.

Bev Weeks

Bev is the proud mum of Luke, one of the Senior dancers in Chelmsford who joined in 2004. She is the Secretary of Dance 21 and also a volunteer in the weekly dance classes, assisting the teachers by helping and encouraging the dancers. Bev also enjoys being part of the events team for all public performances.

Kim Kemp

Kim is mother of Sarah, who has been dancing with the Seniors since 2006. Sarah loves to dance and spend time with her friends. Kim enjoys meeting up with other parents to share knowledge and socialise. Her role in Dance 21 is as Minutes Secretary and this involves taking notes at meetings, typing them up and circulating them to the committee. She keeps a record of all the minutes for future reference.

Rachel Palfreman

Rachel is a mother of three, whose youngest daughter, Libby, is in the Junior group in Chelmsford. She also helps out weekly in the class sessions, assisting the two dance teachers.

Her daughter has been dancing for nine years and looks forward to her weekly Dance 21 sessions and the numerous events we are asked to dance at.

Christine Kite

Christine is a full-time working mum with 19 year old twins, one of whom, Amber, has Down Syndrome. It was her daughters love of dance which navigated Christine to Dance 21.

She helps run the Woodford group with Kathy and Olivia.

Kathy Hart

Kathy is a mother of two children, the oldest is Lauryn who has Down syndrome. Lauryn loves to dance and looks forward to the weekly classes so that she can be with her friends dancing at the Woodford group.

Kathy helps to run the Woodford group with Christine and Olivia.

Olivia Gordon

Olivia's eldest son, Ethan, has Down Syndrome and he is a member of the Woodford branch of Dance 21. She helps run the group, is there for the weekly sessions and helps out at dance events.

Report on Dance Groups

Dance 21 Seniors

We have enjoyed performing at various local events throughout the year where the dancers showcase their ever growing dance skills and love for dance.

In June we had our '21st' Anniversary party celebration which all three dance groups plus their families attended plus people who had previously been part of the dance group and some of our supporters throughout our 23 years. Chelmsford's Deputy Mayor and her consort opened up the celebration which has been long awaited. We had a fantastic evening of dance performances by each group followed by food and yet more dancing to a local DJ. It was such a great success that everyone wants to know when we are having another party !!!

The group is going from strength to strength with the continued support of our wonderful teachers, Jean and Steven and the commitment of the parents and support workers who bring them to class each week.

Looking forward to all our future events as always





learned and remembered all the different moves and routines. She loves performing at events and the group has helped build her confidence as well as expanding her circle of friends.

From others

At the Chelmsford Festival …. Awesome dancing by the adult dancers. They were in rhythm and the Juniors were fantastic as well. The crowd loved them all and after three dances each, lots of clapping and cheering from the audience.
Clare Nice

Wonderful performance today. I look forward to working with you again.
David Biddlecombe, Photographer

So lovely to see you all!! Thank you for coming, it was a great day.
Jenni Modes-Samouilhan

Well done guys, you were amazing, you all looked so good.
Jane Wood

This was a really great show; well staged and well executed. The Seniors were excellent and they obviously enjoyed the music they were dancing to.

I love the fact that Steven and the Seniors took it in turns so everyone was 'fresh' for each dance.
Anne Kennelly

Just wanted to say a huge thanks to Dance 21 Woodford for their performance at our annual Black Cabs Party in London, it was great as always and a wonderful moment during the Party where kids entertain kids – absolutely brilliant!

Hope everyone enjoyed themselves and we look forward to seeing you all again soon.
Steve & Wendy
2023 Mad Hatters

I *would like to thank you for inviting my husband and I to attend your '21st' Anniversary celebration. We had a lovely time, and it was obvious how much the young people enjoyed themselves and how much of a benefit dancing is to their wellbeing. They all performed well and it was lovely to have been part of such an important milestone for your group.*
Councillor Sue Dobson
Deputy Mayor of Chelmsford

I thought you guys were amazing. I have not been that happy in a long time.
Kimberly Wyatt
Got to Dance

I love all the different types of events and festivals we go to. I feel like I belong to the Dance 21 family.

I love dancing so much and enjoy dancing at different events in different places.

I love Dance 21 because we have so much fun. Everyone is so friendly and Steven is part of our family too.

Dance 21 is the best dance group. I have made lots of friends and I like my teachers, Jean and Steven.

Dance 21 has given me so many friends…we go out with each other, go to each other parties and have fun. Our teachers are brilliant, thankyou Jean and Steven.

I really enjoyed the Chelmsford Festival and would like to do it again. Love learning new dance routines and going to different places.

I am happy to be back at dancing after my knee operation. I enjoy learning new dance moves.

I love seeing my friends and my lovely dance teachers, Hannah and Katie.

I love going to dance 21 as it keeps me fit and healthy. I really like that we all have Down syndrome as it makes me feel more comfortable. It is fun learning the new moves to the songs. The dance teachers are amazing and make the dance lessons great fun. We all enjoy performing our dances at events to show everyone what we can do. Going to Dance 21 makes me feel positive and confident.

From Parents and Carers

Dance 21 has been amazing for my son, Todd (16), who joined from the very start of the Woodford branch. It has given him the confidence to dance in front of many people and has, in my opinion, brought out his passion for music and dance. The group is also very supportive and inclusive for the children/young people, their parents and support workers. Christine and Kathy are fantastic, not forgetting Fran and Sophie too.

My daughter has positively benefitted from being at Dance 21. This has contributed to her friendships and confidence which has grown over the last few years. Meeting other parents every week has made her family feel supported and reassured when tacking schooling, benefits etc.

I love seeing all the happy faces of the dancers, when dancing to the songs. Especially when a new dance comes together. I enjoy helping out with the dance costumes for our annual Boswells School Community Show.

Dance 21, has allowed Daniel to feel part of a club. He looks forward to going every week, he has made lots of friends and is able to be himself without anyone looking at him.

Martha looks forward to Dance 21 every week. She gets home from school on a Thursday and rushes upstairs to change into her dance clothes with great enthusiasm. Martha is very proud of her dancing and we have been impressed by the way she has

Dance 21 Juniors

We are so happy to be back rehearsing at a new venue in North Avenue Christian Centre, Chelmsford. Here there is a proper place for the parents to sit in comfort for which we are very grateful.

Busy time, dancing in the Boswells Community Show, a firm favourite which we look forward to every year, Columbus C Fest, Chatten Free School Summer Fete where our two dance teachers, Hannah and Katie work and Columbus Xmas Fair.

Our BIG celebration of the year was our '21st' Anniversary party in June where our three dance groups performed in front of parents, friends and invited guests!!! We had so much fun dancing the night away, meeting new friends and we still have happy memories of it. Must have another party soon.



Looking forward to future events at the Boswells Show, Chelmsford Carnival and Chelmsford Community Church.



Dance 21 Woodford

Another great year for Dance 21 Woodford.

We began the year performing at the Black Cab Annual Fundraiser at the Grosvenor House Hotel and then performed at Chigwell Fete, Ongar Summer Fete and Haven House, a Childrens' Hospice.

All events have been well attended and everyone has a great time showing off their dancing moves!

Each Thursday, everyone turns up to dance with lots of energy and huge smiles. We continue to grow in numbers and, each time we perform, we advertise Dance 21 and recruit more people to the group.

It's a pleasure and a privilege to be part of this very special group.





What People Say…..

The Senior group continues to hold its sessions at Hamptons Sports and Leisure, whilst the parents/support workers can enjoy the upstairs Café Marconi.

We have attended and performed at several events throughout the year and are now looking forward to two shows at the Boswells School at the end of April 2023 plus other future events.

Everything is running smoothly with most dancers attending regularly.
Jean Hunter, Dance Teacher Chelmsford

We have had a great start to 2023 with Dance 21 Juniors. The dancers settled in very well to the new hall and it seems to suit everyone very well.

Katie and I are feeling very positive about the new dances we have been working on; 'Classic' and 'Brave', both of which we feel send a positive message.

We have added a few new patterns and steps and have been gradually working on dynamics, stance and using the same arm as each other etc. We believe these are two of our strongest dances and are excited to see them on stage at Boswells and performances beyond.
Hannah Lustig, Dance Teacher Chelmsford

I can't believe it's time to write another report. As always it has been a pleasure spending my Thursday evenings with my fabulous dancers.

Over the past twelve months our dancers have been learning new skills, advancing their routines and growing in confidence. All dancers have shown great development when it comes to their dance ability. I have been able to challenge them with new styles and more progressive routines.

Revolting Children from Matilda has been our newest routine to learn and the dancers have shown extreme enthusiasm with many of them telling me that they have been practising at home. I am looking forward to this being performed over the coming months. We have already performed at a number of different events, showcasing our new routines – my dancers showed up in their preferred uniform eager to perform….I have left bursting with pride and joy from every event.

I look forward to my Thursdays and love hearing about their weeks and the plans they have for the weekend. A massive thank you to my dancers for showing up and giving it your all, thank you to Sophie and to the parents for showing commitment and believing in me. Finally, thank you to Dance 21 for making me smile.
Francesca Bradford, Dance Teacher Woodford

From Dancers

I love Dance 21 because everyone is so friendly and it is great to chat with friends. Dance 21 are part of my family.

DANCE 21

England & Wales - Charity number 1188124

Accounts

DANCE 21

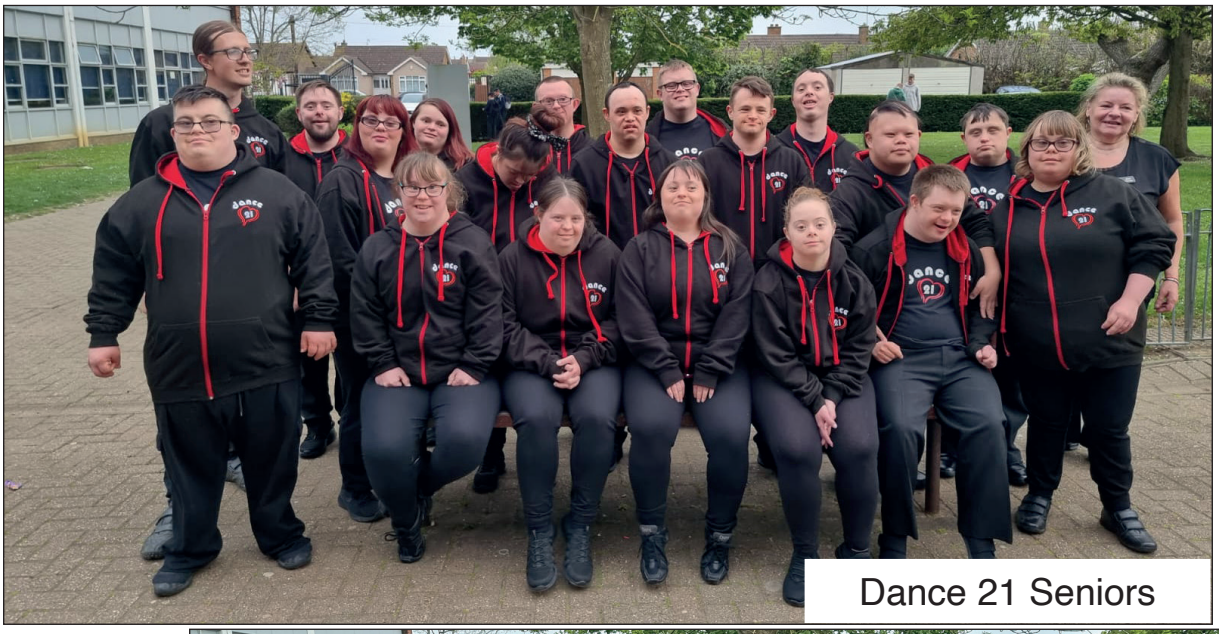
For children and young adults with Down Syndrome and their siblings



Annual Report & Accounts 2021/22

Registered Charity
No 1188124

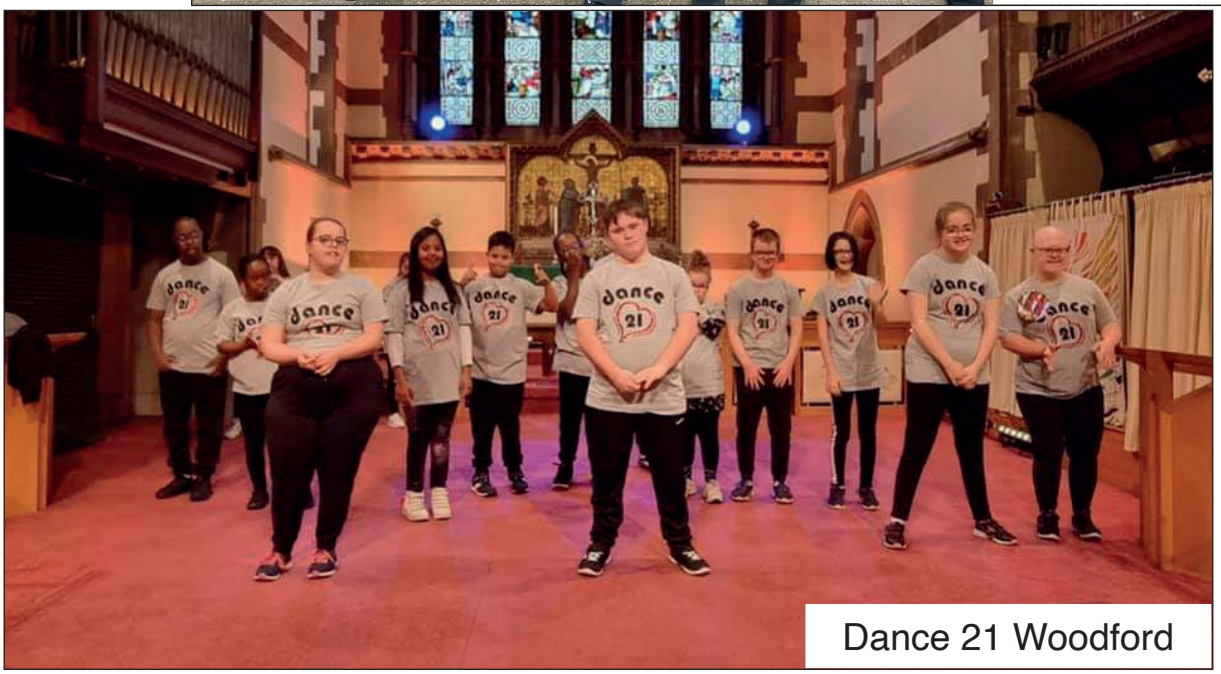
Introducing our three groups



Dance 21 Seniors



Dance 21 Juniors



Dance 21 Woodford

Contents

Structure and governance	2
Mission statement	3
Our purpose, our values, our services	3
Chair's annual review	3
Our trustees	4
Report on Dance Groups	6
What People Say…..	9
Treasurer's report	13
Receipts & Payments account	14
Independent examiner's report	15
Special thanks to our benefactors	16
So glad to be back	16

Structure and governance

Dance 21 was founded in September 2000 and achieved charity status as a Charitable Incorporated Organisation in February 2020 with the registered Charity Number 1188124. Our governing document is the CIO Foundation model Constitution, which was also signed and agreed in 2020. We will be reviewing it on a regular basis.

In accordance with Charity Commission regulations, we have an elected Board of Trustees, all Volunteers, who are responsible for the governance of the group. Charity trustees are elected on the basis of relevant skills and attributes they possess that enable them to perform important functions within the charity. Trustees who were elected at the Annual General Meeting on 15th June 2021 are:

Mrs. Mary Schultz	Chair and Charity Manager
Mr. Peter Schultz	Treasurer
Mrs. Bev Weeks	Secretary
Mrs. Kim Kemp	Minutes Secretary
Mrs. Rachel Palfreman	
Mrs. Christine Twomey	
Mrs. Kathy Hart	
Mrs. Olivia Gordon	

Dance 21 was formed to meet the need locally for children and young adults with Down Syndrome and their siblings to join a dance group where they can experience opportunities to perform locally and further afield that would not otherwise be available to them. We also go on social outings as a group.

Dance 21 has now expanded to three groups, two in Chelmsford and one in Woodford. All are well attended.

Through Dance 21, the dancers and parents, their families and friends have also established close friendships and a much needed social network, sharing advice on health and social issues as they arise.

Belonging to Dance 21 helps to motivate our dancers and improve their quality of life by providing exciting opportunities to take part in dancing events, lots of social events and the sense of belonging to the ‘Dance 21 family’.



Mission statement

Dance 21 dance group is a unique dance group based in Essex and Woodford for children and young adults with Down Syndrome and their siblings projecting a positive image of disability.

We offer a dynamic, fun, structured environment where everyone has the opportunity to improve their potential through dance and movement.

We develop a variety of skills and each child is valued as an individual and a respected team member.

Our public performances are a delightful opportunity to share our achievements.

Our purpose, our values, our services

Dance 21 is committed to providing an excellent and professional service to children and young adults with Down Syndrome and their siblings; comprising affordable, confidence building and dancing opportunities that promote good health, friendships and ultimately raise self esteem.

Chair's annual review

So glad to be getting back to some sort of normality. Dance classes are running across all 3 groups and we are looking forward to several events which have already been booked.

Our 21st Anniversary party has been cancelled several times now due to Covid issues but I am very pleased to say it will be taking place this year in June. We have invited our local Mayor and Consort, several people who are connected with us and some of our past donators.

Everyone is getting very excited and looking forward to the inevitable dancing, eating and singing.

I would like to take this opportunity to thank our parents who give up so much of their time to ferry the dancers here, there and everywhere, to our volunteer team, without whom we wouldn't be able to provide the best support to our dancers and of course our lovely teachers, Jean Hunter, Steven Turner, Hannah Randall, Katie Osborne, Francesca Bradford and Briony Creasey who give so generously of their time to attend events. Our committee continues to work very hard to ensure Dance 21 operates at the highest level, promoting a positive image of different abilities in our community.

We are very grateful for donations from Gadsby Wicks Solicitors of Chelmsford, Chelmsford Community Church and all the lovely people who used Amazon Smile to ensure we get donations from them periodically. These donations allowed us to continue running all three groups and pay the teachers.

New dancers are always welcome to attend a free taster session at one of our three classes.

For more information about classes, please contact Mary Schultz (contact details on back page).

I am very proud of what we have achieved with Dance 21 over the last 22 years and I am confident our charity will continue to earn recognition in the local community and further afield as a respected and well-established organisation with a strong team of dedicated and friendly trustees and volunteers.

Mary Schultz
Chair and Charity Manager

Our trustees

Dance 21 was founded in September 2000 by Mary Schultz and we currently have 58 dancers.

We have 8 parents on our Board of Trustees who are all volunteers.

Mary Schultz

Mary's role as Chair of the Board of Trustees and Charity Manager includes planning and organising all dance and social events, liaison with dance teachers, volunteers and event organisers and overseeing the general running of the Charity.

She is the mother of Ellen, one of the dancers in the Senior group in Chelmsford since it started in 2000. Mary is actively involved in all events across the three groups.

Peter Schultz

Peter's role as Treasurer involves keeping accurate accounts and liaising with our Independent Examiner. As Father of Ellen, he is also actively involved in all events.



Bev Weeks

Bev is the proud mum of Luke, one of the Senior dancers in Chelmsford who joined in 2004. She is the Secretary of Dance 21 and also a volunteer in the weekly dance classes, assisting the teachers by helping and encouraging the dancers. Bev also enjoys being part of the events team for all public performances.

Kim Kemp

Kim is mother of Sarah, who has been dancing with the Seniors since 2006. Sarah loves to dance and spend time with her friends. Kim enjoys meeting up with other parents to share knowledge and socialise. Her role in Dance 21 is as Minutes Secretary and this involves taking notes at meetings, typing them up and circulating them to the committee. She keeps a record of all the minutes for future reference.

Rachel Palfreman

Rachel is a mother of three, whose youngest daughter, Libby, is in the Junior group in Chelmsford. She also helps out weekly in the class sessions, assisting the two dance teachers.

Her daughter has been dancing for nine years and looks forward to her weekly Dance 21 sessions and the numerous events we are asked to dance at.

Christine Kite

Christine is a full-time working mum with 18 year old twins, one of whom, Amber, has Down Syndrome. It was her daughters love of dance which navigated Christine to Dance 21.

She helps run the Woodford group with Kathy and Olivia.

Kathy Hart

Kathy is a mother of two children, the oldest is Lauryn who has Down's syndrome. Lauryn loves to dance and looks forward to the weekly classes so that she can be with her friends dancing at the Woodford group.

Kathy helps to run the Woodford group with Christine and Olivia.

Olivia Gordon

Olivia's eldest son, Ethan, has Down Syndrome and he is a member of the Woodford branch of Dance 21. She helps run the group, is there for the weekly sessions and helps out at dance events.

Report on Dance Groups

Dance 21 Seniors

During this year it has been great to finally get back to proper dance lessons in person at our rehearsal hall with the dance 21 seniors and their teachers Jean and Steven.

Although the zoom lessons were fantastic the dancers had really missed seeing each other in person and having proper interaction. Being back in class has benefited them on lots of levels including their mental health and wellbeing and the routine and structure of learning new dances.

We have seven bookings to dance at various events soon which cannot come soon enough for us. Dancing at the Easter Breakaway Party and a long time favourite, the Community Show at Boswells School, will start off our journey back to normality. Later on we will be dancing in Chelmsford Carnival, a Jubilee Celebration in Tiptree, Columbus C Fest, Chelmsford Community Church and our long awaited Anniversary party.

On 24th June this year we are looking forward to celebrating Dance 21's 21st Anniversary with an event including past and present dancers and volunteers and all three Dance 21 dance groups. Everyone is really looking forward to celebrating this wonderful milestone together.





Dance 21 Juniors

We have all settled back into our normal routine and the dancers enjoy seeing each other again in person and being with Hannah and Katie. It is lovely to see how much they have grown up over the Covid lockdown and have coped so well with everything thrown at them.

The group has moved back to St Johns Church Hall and enjoys the large space it offers. Rehearsals are going well for future events at the Boswells Community Show, Columbus C Fest and our 21st Anniversary Party which we are all really looking forward to.

Our BIG celebration of the year will be our 21st Anniversary party which has already being cancelled twice….third time lucky, where our three dance groups will perform in front of parents, friends and invited guests!!!

Roll on the rest of 2022 and we hope 2023 is even better.





Dance 21 Woodford

The group continues to go from strength to strength despite going through covid. We have enrolled new members and are looking forward to performing at local events : Chigwell Fair, St John's summer Fete & Upwards with Downs.

In June all of the dancing groups will assemble together in Basildon to celebrate 22 years of Dance 21 and we are all so looking forward to this.

Our dancers continue to receive a medal for their fantastic achievements and is a highlight of their year.







What People Say…..

The Senior group have been enjoying some brilliant sessions this year, making full use of the beautiful hall at Hamptons Sport and Leisure, with underfloor heating in the winter and Air Con in the summer. Plus the use of their wonderful PA system has enhanced the quality of music sound.

Post lockdown, the group have come back stronger, with more confidence and focus, (helped by the ongoing Zoom sessions) with a great sense of camaraderie, mutual trust and friendship. This in turn has improved their performance skills and technique to a high level. We have one, possibly two new members who have fitted in perfectly with the gang. As always, it has been an absolute pleasure to continue working with these amazing youngsters. Thanks go to Bev and Doris who assist in class, and especially Jane who has been working regularly with Giles.

We are continuing with Steven's Zoom dances and concentrating on our next event ones, Rolling in the deep, All of me and High Hopes. We are saving our newest dance, Better When I'm Dancing, for the anniversary party, which we are all looking forward to. We are already planning for our next season's new dance in September.

Jean Hunter, Dance Teacher Chelmsford.

I am really proud of how the dancers have 'bounced back' from the Covid Pandemic. Dance 21 seems one of a few places where it felt as if nothing had happened, which is really positive.

We moved back to St John's Hall in January which has been great, and again it was as if we had never been elsewhere. Straight into preparing our dances for Columbus Christmas Fayre, and getting ready for Boswells Community Show.

Our 2 new dances 'Friend Like Me' and 'History' were well remembered despite the break in meeting face to face, so we just had to remember how to work as a team and in a real dance space again. As always, the youngsters give and get so much out of both their classes and performances.

Hannah Lustig, Dance Teacher Chelmsford.

Another year with Dance 21 and what a pleasure it has been. The dancers have shown enthusiasm, commitment and passion over the past 12 months each and every one of them overcoming different hurdles.

We have also expanded as a group and all have shown massive growth both mentally/ emotionally and physically when it comes to their dance ability. I have been able to push them, challenge them and ultimately watch them shine like the stars they are.

'Under the surface' was our most enjoyed dance this term, as soon as the music came on I could see the smiles get that little bit bigger. I have also asked some dancers if they wish to show me a routine without my assistance to which they all took in their stride and led to the majority not needing me leading from the front.

We are looking forward to performing at a number of different events, Chigwell Fayre and Upwards with Downs Summer Fair, showcasing some new and old routines.

I look forward to my Thursdays and love every minute I get to spend with my class. Thank you for making me smile, thank you to the parents for showing dedication and commitment, thank you to Dance21 for making this possible.

Francesca Bradford, Dance Teacher Woodford.

From Dancers

I have been dancing for over 22 years with Dance 21. Perhaps we could try different styles of music and more difficult dance moves in the future.

My favourite dance event was Stars in Our Eyes where we met Bonnie Langford on stage.

More locally I like to dance at the Bowl in Bond Street and at the Boswells Show.

I love dancing with my friends and I would like to dance in some different places in the future.

I would like to dance further afield in Essex.

I like Dance 21 because I have made lots of friends and I like seeing them have lots of good laughs.

I definitely love Dance 21 the best….. I love my best friends at Dance 21.

I enjoy dance 21 as it gives me exercise and I have lots of friends there. It makes me feel positive and believe in myself. I like learning new dances to songs I know and performing them at events. It's great fun at Dance 21.

My teachers and helpers are so kind to Charlotte and Giles making them happy .

I'm Jordan, I'm 32 years old. I love dancing and I joined dance 21 in December 21 when I moved from London to Braintree. I enjoy the Thursday dance group where I've made loads of new friends

From Parents and Carers

Charlotte has been part of Dance 21 for as long as I can remember and it is a big part of her life. Charlotte is always excited and enthusiastic when she goes and rarely misses a session. Dancing in a group with her peers has given Charlotte a real sense of belonging and has been great for Charlotte's confidence and social skills. The choreographers have always been dedicated and patient with the dancers and encourage them to be the best they can. The dance routines are always fresh and modern and Cliff and I just love watching all the dancers when they perform at shows around Essex. Dance 21 is definitely a unique and rare gem and my family feel privileged to be part of it. Long may Dance 21 continue!

For us as a company, we really see during shows etc how much our girls love being in the group by the smiles on their faces. They really love it and gives all dancers….. like Jessy who is pretty non verbal ….. a chance to express themselves.

My daughter has been attending Dance 21 classes since she was 13 years old and this year celebrated her 30th birthday! She loves it as much today as when she first started. Apart from the exercise it gives her it has been amazing for her socially as

she had made so many good friends. Dance 21 is also a lifeline for the parents both socially and to share vital information and support each other. This has become more important as our young adults grow and their needs change. The weekly rehearsal sessions give the dancers something to look forward to each week. As parents it's great to see their hard work at events they perform at. We are very lucky to have this wonderful facility and the people who run it.

Dance 21 is a lifeline to me, the support from other parents and the general camaraderie making life easier. Harriet has grown in confidence learning several different routines for each show improving her memory skills and co-ordination. Despite all the dancers having different needs the teachers encourage dancers and are about to adapt to suit individual needs.

We joined Dance21 in September last year. The group has been of huge significance to my son, who has Down Syndrome, but has also been of huge benefit to me as a mum and also to my daughter, who loves to come along too. We have all found the process of meeting lots of other young people with Down Syndrome and their families very uplifting. After his first session, Gabriel (my son) got into the car and said "Mummy, I so happy!" He was beaming, and full of an energy I had not seen in him before. It has been great to watch Gabriel grow in confidence and develop friendships with other members of the group. Initially he was reluctant to join in and could only focus for a few minutes, but slowly over the year he has increased his attention span and even shows me moves he has learnt when he gets home. Thank you Dance21.

My son is probably one of the oldest to attend Dance21 Woodford. He overheard me speaking to a parent re the group and insisted on starting. He has only been going a few months. The timing suits him, any later would be difficult. It is located locally in a well maintained church building.

The group has a fantastic mix of youngsters; varying ages and ability. The group along with the parents has a welcoming atmosphere and a jolly positive vibe. The youngsters have plenty of opportunities to showcase their fancy footwork/moves at events, which are usually as local as can be.

Participants and parents also try to meet outside of the weekly classes

Dance 21 has been a godsend for Todd. He now has a love of music and dancing because of the group and he loves going to see all his friends on a Thursday. I have also met some lovely friends too x

I'm Lorna mum of Jordan. I contacted Mary regarding the Thursday dance 21 group after looking for my son to attend because of his love for dancing. We attended and instantly, as I knew he would he loved it, and asked to come again. That was December 2021. We've been going ever since. The group were very welcoming to Jordan as were the parents to myself so much that I've actually enjoyed outside entertainment with them.

Conor, my son, was one of the small crowd from the beginning of the formation of Dance 21 over 20 years ago. It came about after Mary Schultz together with their teacher Jean Hunter realised that there love and enthusiasm of all things dance

needed to be channelled into their own group for just children with Down Syndrome and their siblings. It just went on from strength to strength to where they are today. They have performed all over Essex and in London and always get a rapturous response wherever they go. Conor is 30 now and the friends he has made through attending is phenomenal. They are just like one big happy family. It is his life and I am forever grateful for everybody that has kept this group going with their continuous commitment to its being. Thank you from the bottom of my heart.

From others

I love seeing you guys, always happy and I love your dancing.

You should all be so proud of this group, they are a credit to you all.

What an inspiration for anyone. Whenever you may feel a little down or think life's not giving you the best time. You watch Harriet and the troup and you have this huge feeling of wonder and amazement and you have to tell yourself off for being so self indulgent xx. Love them all xx

Lauraine Brunt

I have been watching Dance 21 preform for many years now and attend the Boswells Show annually.

These dancers never stop making me smile with their fantastic routines. Their concentration and attention to detail when preforming is a credit to them all, and of course, to Jean and Steven who encourage each and every dancer to shine.

I always feel a sense of pride watching them. An absolute joy to see.

Janette Chalk (friend of Dance 21)

I thought you guys were amazing. I have not been that happy in a long time.

Kimberly Wyatt, Got to Dance.



Treasurer's report

Following the disruption to our dance classes in 2020 and 2021, due to Covid-19, it has been good to get back to a full programme of classes. The online Zoom Classes that we ran throughout the pandemic were crucial in allowing us to 'keep going' and we are grateful for the tremendous support of dancers, teachers, parents and carers. The life blood of Dance 21 is in the classes and the public performances and it was challenging having to adapt to a new way of operating!

In line with the requirements of The Charities Commission our annual accounts have been inspected by an independent examiner, Mr Robert Andrews, and his report can be found in this brochure together with a full summary of our accounts for the year.

Dance 21 is a charity providing dance classes for children and young adults with Down Syndrome and their siblings. It is run entirely by parent volunteers and employs no staff.

We receive no external funding and rely primarily on class fees to enable us to run our regular dance classes. The class fees are set at a level to cover all of our costs and to allow a small contingency for other expenses. This year we are particularly endebted to the dancers, parents, carers who have continued to support us as we 'resume normal service' and put Covid-19 behind us. We are very grateful for a generous donation from Gadsby Wicks Solicitors of Chelmsford.

Our principal fixed costs are teachers' fees and hall/dance class hire. Additionally this year there is a significant cost circa £1,100 for purchase of Dance 21 uniform across the three groups. In preparation for the celebration later this year of our much delayed (another victim of Covid-19) Dance 21 21st Anniversary there is a one off cost of £450 for venue hire.

At the end of the financial year we carry forward a bank balance of £22,892 showing a surplus of £2,581 on the year. There are no outstanding invoices or other debts.



Receipts & Payments account

for the year ended 31 March 2022

	2021/2022	2020/2021
Receipts		
Subscriptions	12,305.00	11,462.00
Donations & Fundraising	749.48	2,512.00
Events	220.00	NIL
Sundries	100.00	NIL
Total Receipts	13,374.48	13,974.00
Expenditure		
Dance Teachers	6,413.36	5,783.81
Uniform/Costumes	1,119.60	53.81
Hall Hire	1,978.54	300.00
CVS & DBS Checks	48.00	NIL
Printing	125.71	95.25
Equipment	NIL	134.85
Events	670.00	NIL
Donations	NIL	200.00
Dance 21 Trademark	NIL	512.00
Refunds on Class Fees	NIL	180.00
Class Medals, Woodford	115.56	NIL
General Expenses	321.78	650.73
	10,792.55	7,910.45
Surplus (deficit) for year	2,581.93	6,063.55
Bank Bal. b/f 1/4/2021	20,310.59	
Bank Bal. c/f 31/3/2022	22,892.52	

Approved on behalf of the committee by: Chair M.T.Schwartz Date 19/7/22

Treasurer P. Schwartz Date 19/7/22

Independent examiner's report

I report on the accounts of Dance 21 charity no 1188124 for the year ended 31 March 2022 which are set out on page 14

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

The charity's trustees consider that an audit is not required for this year under section 144 of the Act and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the applicable Directions given by the Charity Commission (under section 145(5)(b) of the Act, and
- to state whether particular matters have come to my attention

Basis of independent examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no material matters have come to my attention which gives me cause to believe that, in any material respect:

- accounting records were not kept in accordance with section 130 of the Charities Act
  or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Robert Andrews MA, ACIB, FCIE
3 Sewards End, Wickford, SS12 9PB
8 August 2022

Special thanks to our benefactors

Many thanks to

- Chelmsford Community Church
- People who donated via Paypal Justgiving and Amazon Prime
- Gadsby Wick's Solicitors
- The Co-op Community Fund

So glad to be back


















21



Dance 21

Registered address:

c/o 92 Longstomps Avenue
Chelmsford
Essex CM2 9LB

Registered Charity Number: 1188124

www.dance21.co.uk

www.facebook.com/Dance21

For more information please contact

Mary Schultz, Chair and Charity Manager

Tel: 07814 959312 Email: dance21@blueyonder.co.uk

DANCE 21

England & Wales - Charity number 1188124

Accounts

DANCE 21

For children and young adults with Down Syndrome and their siblings



Annual Report & Accounts 2020/21

Registered Charity
No 1188124

Introducing our three groups



Dance 21 Seniors



Dance 21 Juniors



Dance 21 Woodford

Contents

Structure and governance	2
Mission statement	3
Our purpose, our values, our services	3
Chair's annual review	3
Our trustees	4
Report on Dance Groups	6
What People Say…..	9
Treasurer's report	12
Receipts & Payments account for the year ended 31 March 2021	13
Independent examiner's report	14
Special thanks to our benefactors	15
We are back and running	16

Structure and governance

Dance 21 was founded in September 2000 and achieved charity status as a Charitable Incorporated Organisation in February 2020 with the registered Charity Number 1188124. Our governing document is the CIO Foundation model Constitution, which was also signed and agreed in 2020. We will be reviewing it on a regular basis.

In accordance with Charity Commission regulations, we have an elected Board of Trustees, all Volunteers, who are responsible for the governance of the group. Charity trustees are elected on the basis of relevant skills and attributes they possess that enable them to perform important functions within the charity. Trustees who were elected at the Annual General Meeting on 31 August 2020 are:

Mrs. Mary Schultz	Chair
Mr. Peter Schultz	Treasurer
Mrs. Bev Weeks	Secretary
Mrs. Kim Kemp	Minutes Secretary
Mrs. Rachel Palfreman	
Mrs. Christine Twomey	
Mrs. Kathy Hart	
Mrs. Olivia Gordon	

Dance 21 was formed to meet the need locally for children and young adults with Down Syndrome and their siblings to join a dance group where they can experience opportunities to perform locally and further afield that would not otherwise be available to them. We also go on social outings as a group.

Dance 21 has now expanded to three groups, two in Chelmsford and one in Woodford. All are very well attended.

Through Dance 21, the dancers and parents, their families and friends have also established close friendships and a much needed social network, sharing advice on health and social issues as they arise.

Belonging to Dance 21 helps to motivate our dancers and improve their quality of life by providing exciting opportunities to take part in dancing events, lots of social events and the sense of belonging to the ‘Dance 21 family’.

Mission statement

Dance 21 dance group is a unique dance group based in Essex and Woodford for children and young adults with Down Syndrome and their siblings, projecting a positive image of disability.

We offer a dynamic, fun, structured environment where everyone has the opportunity to improve their potential through dance and movement.

We develop a variety of skills and each child is valued as an individual and a respected team member.

Our public performances are a delightful opportunity to share our achievements.

Our purpose, our values, our services

Dance 21 is committed to providing an excellent and professional service to children and young adults with Down Syndrome and their siblings; comprising affordable, confidence building and dancing opportunities that promote good health, friendships and ultimately raise self esteem.

Chair's annual review

Well, what a year 2020/2021 has been and one we could have never expected!

We unfortunately could not attend any events from end of March 2020 to March 2021 due to Covid restrictions and Lockdown but this did not stop us from having our weekly dance sessions on Zoom. Our Woodford group did manage to return to live classes during September, October and December 2020 amazingly and all benefited from the social interaction with their peers We are so grateful to Steven Turner, Hannah Randall and Francesca Bradford for running the zoom sessions and the feedback from the dancers and their parents has been amazing.

With the roll out of the vaccines, we are all beginning to see the benefits and I cannot wait to see our dancers, their parents and our teachers once more in person. Life will be a new normal but one still to be very much enjoyed and celebrated.

I would like to take this opportunity to thank our volunteer team, without whom we wouldn't be able to provide the best support to our dancers and of course our lovely teachers, Jean Hunter, Steven Turner, Hannah Randall, Katie Osborne, Francesca Bradford and Jessie Bussell who give so generously of their time to attend events. Our committee continues to work very hard to ensure Dance 21 operates at the highest level, promoting a positive image of different abilities in our community.

We are very grateful for donations from the Bank of Nova Scotia and all the lovely people who used Amazon Smile to ensure we get donations from them periodically.

These donations allowed us to continue running zoom sessions for all three groups and pay those teachers.

New dancers are always welcome to attend a free taster session at one of our three classes.

In fact, during lockdown, we had three new members in our Senior group, three new members in the Juniors and two new members at Woodford.

For more information about classes, please contact Mary Schultz (contact details on back page).

I am very proud of what we have achieved with Dance 21 over the last 21 years and I am confident our charity will continue to earn recognition in the local community and further afield as a respected and well-established organisation with a strong team of dedicated and friendly trustees and volunteers.

Mary Schultz

Chair and Charity Manager.

Our trustees

Dance 21 was founded in September 2000 by Mary Schultz, with Jean Hunter as the first dance teacher, and we currently have 54 dancers. We have 8 parents on our Board of Trustees who are all volunteers.

Mary Schultz

Mary's role as Chair of the Board of Trustees and Charity Manager includes planning and organising all dance and social events, liaison with dance teachers, volunteers and events organisers and overseeing the general running of the Charity.

She is the mother of Ellen, one of the dancers in the Senior group in Chelmsford since it started in 2000. Mary is actively involved in all events across the three groups.

Peter Schultz

Peter's role as Treasurer involves keeping accurate accounts and liaising with our Independent Examiner. As father of Ellen, he is also actively involved in all events.



Bev Weeks

Bev is the proud mum of Luke, one of the Senior dancers in Chelmsford who joined in 2004. She is the Secretary of Dance 21 and also a volunteer in the weekly dance classes, assisting the teachers by helping and encouraging the dancers. Bev also enjoys being part of the events team for all public performances.

Kim Kemp

Kim is mother of Sarah, who has been dancing with the Seniors since 2006. Sarah loves to dance and spend time with her friends. Kim enjoys meeting up with other parents to share knowledge and socialise. Her role in Dance 21 is as Minutes Secretary and this involves taking notes at meetings, typing them up and circulating them to the committee. She keeps a record of all the minutes for future reference.

Rachel Palfreman

Rachel is a mother of three, whose youngest daughter, Libby, is in the Junior group in Chelmsford. She also helps out weekly in the class sessions, assisting the two dance teachers.

Her daughter has been dancing for eight years and looks forward to her weekly Dance 21 sessions and the numerous events we are asked to dance at.

Christine Kite

Christine is a full time working mum with 17 year old twins, one of whom, Amber, has Down Syndrome. It was her daughter's love of dance which navigated Christine to Dance 21.

She helps run the Woodford group with Kathy and Olivia.

Kathy Hart

Kathy is a mother of two children, the oldest is Lauryn who has Down syndrome. Lauryn loves to dance and looks forward each week so that she can be with her friends dancing at the Woodford group.

Kathy helps to run the Woodford group with Christine and Olivia.

Olivia Gordon

Olivia's eldest son, Ethan, has Down Syndrome and he is a member of the Woodford branch of Dance 21. She helps run the group, is there for the weekly sessions and helps out at dance events.



Report on Dance Groups

Dance 21 Seniors

It has been a very different year for Dance 21 Seniors.

The Dancers have missed seeing each other in person, but thankfully our amazing Dance teacher Steven Turner has enabled us to continue our classes each week via Zoom. Steven has taught us 5 new routines including ones that involve the group performing actions split between the dancers.

Everybody is looking forward to returning to Face-to-face dancing on the 10th June.

We have had a few new Dancers joining, so the group is going from strength to strength.



Dance 21 Juniors

After a crazy year with Covid, Dance 21 Juniors have had many zoom lessons which have gone down well with our dancers. Hannah, our teacher, has taught two new dances, 'Dance with me tonight' and 'Timber'.

Since going back to our new Hall at the Quakers Meeting House in Chelmsford, the group have settled in really well, taking covid restrictions in their stride. We have three new dancers who have gained in confidence each week and it is so lovely to see them joining in with the warm ups and dances.

Everyone is enjoying being back together and looking forward to future events.









Dance 21 Woodford

Dance 21 group in Woodford continues to move forwards despite the Covid pandemic.

Our dance teacher, Fran, arranged a zoom dance class each Thursday. This enabled all the children to access an hours dance, it also gave them great pleasure being able to see each other when we were in the middle of lockdown.

Parents, children and teachers remain dedicated to the group and we hope dancing will continue in the hall for the foreseeable future now that we are out of lockdown

We look forward to celebrating 21 years as a group with everyone in October.












What People Say…..

At the beginning of 2020 I had never used zoom to teach dance classes and here we are a year later and still going strong. Many thanks to everybody for bearing with me as we all learnt together! I have really enjoyed the classes and trying out new ideas and routines. Since being online the dancers have learnt 8 new dances, 4 were mainly warm up routines but could be performed if necessary and 4 that have been specifically designed for performance. Although not seeing everyone has been awful, working online has had its advantages. Everyone has been able to clearly see me doing the new choreography (including me doing both parts at times), in addition I also feel it has helped the dancers develop and learn as individuals and not rely on watching other dancers for choreography. I am looking forward to getting back to dancing together, performing and sharing our hard work with everyone.

Steven Turner, Dance Teacher Chelmsford

Dance 21 Juniors have settled back into face-to-face classes as if the past year of online classes never happened. Even with a change of venue, they have taken social dist-dancing in their stride. We have used floor markers to help with choosing their space and have adapted our usual format of practising steps from corner to corner to be in our own pattern in the middle of the hall. We have welcomed some new dancers who have settled in very quickly and seem to be enjoying learning the moves and choosing to share with the other dancers too. We still practise our old faithful dances which have been easily adapted to remain in a space and we are excited at the prospect of getting to the opportunity of performing again in July.

Hannah Lustig, Dance Teacher Chelmsford

It has been a pleasure to be a teacher to such beautiful, kind and hardworking students. Throughout the past few months the children at Dance21 Woodford have shown resilience, determination and passion whether that be in person or via zoom. They have been learning new routines via zoom and also rehearsing old ones. Our most recent activity has been the children each choosing their favourite routine to teach, this consists of them finding the music and becoming the teacher and giving cues (whilst I am on mute and join in too). This has been extremely rewarding and is ensuring the children know all the routines like the back of their hand. Although I have enjoyed teaching via zoom, I am enjoying it even more now seeing everyone face to face back in the hall.

Francesca Bradford, Dance Teacher Woodford

From Dancers

- *As I was shielding for over a year the highlight of my week was Steven's zoom sessions. It enabled me to see all my dance friends and chat like we would at dance class, before getting some exercise and learning lots of new dances.*
- *I love dancing with my friends at Dance 21.*
- *I like seeing my friends at Dance 21 and enjoy dancing so much. The one thing I really like is going to dance events in the summer months.*
- *I didn't really enjoy doing the zoom sessions and will be so very happy to be back in class.*

From Parents

- *The weekly Zoom sessions have been a godsend for Charlotte. Charlotte lives by routine and these sessions have certainly helped Charlotte's mental health.*
- *Steven has somehow managed to be enthusiastic for each of the sessions for the past year.*
- *The Bissell's would like to say a big thank you to Steven and all those behind the scenes who have managed to facilitate these sessions.*
- *Although Charlotte is really looking forward to returning to live in the flesh sessions next week, Charlotte will miss the Zoom sessions.*
- *Thomas loves his time at Dance 21. He has been coming for many years and enjoys seeing his friends, the variety of dances and clear instructions.*
- *He feels happy with the dance teachers and loves performing to an audience.*
- *Steven's regular zoom classes have been a very welcome event during lockdown and Bev's little catch up at the end of each class has been a special touch.*
- *Looking forward to everything getting back to normal.*
- *Thank you Dance 21: Mary, Jean ,Steven Bev, Kim and everyone who makes this work.*
- *Dance 21 has been fantastic for my son Todd now 14 years old. it has given him a love for music and dancing which is now his passion. He has also made some friends too as I myself have. It has been the making of him and he looks forward to it each week.*



- *My son Kamani, 14yrs old now, joined Dance 21 in Feb 2017 when he was 10 yrs old.*

  As a parent of a child with Special Needs it is difficult to find a service where they can fit in and feel confident about themselves. Dance 21 certainly provided this. The teachers are very friendly and the environment is clean and safe. Dance 21 has helped my child to improve his social skills and boost his confidence. When Kamani preforms in front of a big crowd I see such a change in him, he loves the attention. He has improved so much on these skills and looks forward to the weekly sessions.
- *I know it has been difficult these past 18 months with Lockdown. We have had sessions on Zoom but Kamani didn't really enjoy the Virtual experience as he prefers the physical aspect. Now things are gradually getting back to normal and the sessions are back in the hall with social distance rules, he loves seeing his friends again.*
- *Thank you so much Fran and Jessie for teaching the group and to Christine, Kathy and Olivia for providing this service in our area.*
- *Please keep up the fantastic work you are doing everyone in Dance 21.*
- *How excited I was to hear that a new dance group was starting just for children with Down Syndrome and it was local too!*
- *Our experience to date has been good. It's a friendly group. I think it builds the children's confidence in themselves and their self esteem encouraging them to socialise,. making new friendships. Leah loves the music and learning all the new dance routines. For the mums it's also been good for socialising, sharing information and support. Their performances have taken them all over London even meeting a few celebrities ! I hope for the future the group will continue to grow.*

From others

- *I love seeing you guys, always happy and I love your dancing.*
- *You should all be so proud of this group, they are a credit to you all.*
- *I thought you guys were amazing. I have not been that happy in a long time.*
- *Kimberly Wyatt, Got to Dance.*



Treasurer's report

This year has been a year like no other (and one which we hope never to see the like of again) with Covid-19 seriously impacting on our ability to provide 'service as normal' to the dancers in our three groups. Having operated as an Unincorporated Association for 20 years, 2021 was our first full year as a registered charity following our successful application to The Charities Commission in 2020. It is hoped that our new charitable status will give us greater flexibility to fully support the activities of Dance 21 for the benefit of all of our dancers.

Our accounts have been inspected by an Independent Examiner, Mr Robert Andrews, in line with the requirements of The Charities Commission and his report can be found in this leaflet together with a full summary of our accounts for the year.

Dance 21 receives no external funding and relies primarily on class fees to enable us to run the regular weekly classes. Additionally we have been lucky to enjoy the support of many benefactors over the years and this year we are very grateful to The Bank of Nova Scotia for a very generous donation. In previous years we have successfully applied for a number of grants which enabled us to set up two further dance groups and to invest in things such as sound equipment, dancers costumes and events which would otherwise have been out of our reach.

The principal costs to Dance 21 are teachers' fees and hall/dance class hire. Class fees are set at a level which covers the fixed costs and allows a small contingency for other expenses.

Dance 21 is run entirely by parent volunteers and employs no staff. Having been unable to run our usual regular in person weekly classes this year most of our classes have taken place online, as you will have seen elsewhere in this report, and a by-product of this is that some of our fixed costs have been reduced which accounts for a large part of the £6,000 surplus shown in our accounts. The online classes have been very popular but for a variety of reasons some of the dancers have had limited access to them and a small number were unable to join in any. To this end we have offered either partial or full refunds as appropriate to all of our dancers. We calculate that total refunds could amount to maximum of £4,500 which will be reflected in next years accounts.

Additionally we have a small credit balance of £127.50 accrued through support from the Chelmsford Star Co-op Community Club. This is being wound up this year and the funds will be withdrawn and credited to our bank account.

Peter Schultz

Treasurer

RECEIPTS AND PAYMENTS ACCOUNT FOR YEAR ENDING 31ST MARCH 2021

	2020/2021	2019/2020
Receipts		
Subscriptions	11,462.00	12,098.00
Donations & Fundraising	2,512.00	1,122.80
Events	NIL	482.00
Total Receipts	13,974.00	13,702.80
Expenditure		
Dance Teachers	5,783.81	8,266.00
Uniform/Costumes	53.81	2,443.90
Hall Hire	300.00	2,808.00
CVS & DBS Checks	NIL	206.00
Video, DVD, Photos & Printing	95.25	8.99
Equipment	134.85	40.47
Events	NIL	453.00
Donations	200.00	NIL
Dance 21 Trade Mark Renewal	512.00	NIL
Refund Class Fees M Braithwaite	180.00	NIL
General Expenses	650.73	387.53
Total Expenses	7,910.45	14,613.89
Surplus (deficit) for year	6,063.55	(911.09)
Bank Bal. b/f 1/4/2020	14,247.04	
Bank Bal. c/f 31/3/2021	20,310.59	

Approved on behalf of the committee by: Chair M.T.Schuth Date 21/6/21

Treasurer P. S Date 21/6/21

Independent examiner's report

I report on the accounts of Dance 21 charity no 1188124 for the year ended 31 March 2021 which are set out on page 13

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

The charity's trustees consider that an audit is not required for this year under section 144 of the Act and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the applicable Directions given by the Charity Commission (under section 145(5)(b) of the Act, and
- to state whether particular matters have come to my attention

Basis of independent examiner's statement

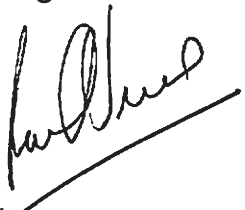
My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no material matters have come to my attention which gives me cause to believe that, in any material respect:

- accounting records were not kept in accordance with section 130 of the Charities Act
  or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Robert Andrews MA, ACIB, FCIE
3 Sewards End, Wickford, SS12 9PB
1 August 2021

Special thanks to our benefactors



Many thanks to Michelle Gibbins, Director at Nova Scotia Bank for your very kind donation which has helped see us through Lockdown

also everybody who has been purchasing goods from Amazon Smile, thereby ensuring a donation goes to Dance 21.





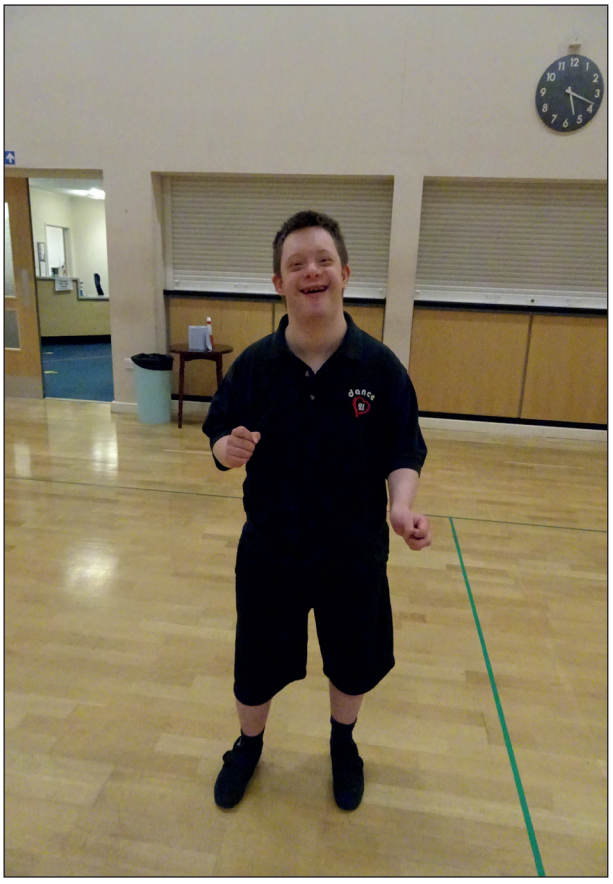


We are back and running

















Dance 21

Registered address:

c/o 92 Longstomps Avenue
Chelmsford
Essex CM2 9LB

Registered Charity Number: 1188124

www.dance21.co.uk

www.facebook.com/Dance21

For more information please contact

Mary Schultz, Chair and Charity Manager

Tel: 07814 959312 Email: dance21@blueyonder.co.uk