METHORIA

England & Wales · Charity number 1188043

Details

Status	Registered
Legal form	Charitable company
Company number	12095690
Registered	2020-02-18
Register	View on the Charity Commission register

Contact

Address	Clear Village Charitable Trust J L Morgan Small Works A Block Peabody Estate Vauxhall Bridge Road London SW1V 1TA
Phone	07837598461
Email	methoria@icloud.com
Website	http://lastrights.net/

Activities

Objects: FOR THE PUBLIC BENEFIT, 1. TO PROMOTE HUMAN RIGHTS (AS SET OUT IN THE UNIVERSAL DECLARATION OF HUMAN RIGHTS AND SUBSEQUENT UNITED NATIONS CONVENTIONS AND DECLARATIONS) THROUGHOUT THE WORLD BY ALL OR ANY OF THE FOLLOWING MEANS:(A) MONITORING ABUSES OF HUMAN RIGHTS;(B) OBTAINING REDRESS FOR THE VICTIMS OF HUMAN RIGHTS ABUSE;(C) RELIEVING NEED AMONG THE VICTIMS OF HUMAN RIGHTS ABUSE;(D) RESEARCH INTO HUMAN RIGHTS ISSUES;(E) EDUCATING THE PUBLIC ABOUT HUMAN RIGHTS;(F) PROVIDING TECHNICAL ADVICE TO GOVERNMENT AND OTHERS ON HUMAN RIGHTS MATTERS;(G) CONTRIBUTING TO THE SOUND ADMINISTRATION OF HUMAN RIGHTS LAW;(H) COMMENTING ON PROPOSED HUMAN RIGHTS LEGISLATION;(I) RAISING AWARENESS OF HUMAN RIGHTS ISSUES;(J) PROMOTING PUBLIC SUPPORT FOR HUMAN RIGHTS;(K) PROMOTING RESPECT FOR HUMAN RIGHTS AMONG INDIVIDUALS AND CORPORATIONS; (L) INTERNATIONAL ADVOCACY OF HUMAN RIGHTS;(M) ELIMINATING INFRINGEMENTS OF HUMAN RIGHTS; AND2. THE RELIEF OF REFUGEES, ASYLUM SEEKERS, MIGRANTS AND THEIR FAMILIES AND DEPENDANTS WHO ARE IN CONDITIONS OF NEED, HARDSHIP AND DISTRESS, IN SUCH WAYS AS ARE EXCLUSIVELY CHARITABLE UNDER THE LAW OF ENGLAND AND WALES.

Activities: The charity's objects are, for the public benefit, to promote human rights (as set out in the Universal Declaration of Human Rights and subsequent United Nations conventions and declarations) throughout the world. The charity has conducted legal and policy work with authorities, international organizations and with national and local civil society organizations on behalf of migrants and refugees.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Disability, Human Rights/religious Or Racial Harmony/equality Or Diversity
- **Who:** Other Defined Groups

Geography

- France
- Greece
- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-07-31	£11,467	£12,447	-	-
2024-07-31	£54,000	£53,900	-	-
2023-07-31	£17,846	£16,087	-	-
2022-07-31	£17,708	£14,982	-	-
2021-07-31	£7,490	£17,203	-	-

Trustees

Name	Role	Appointed
CATRIONA JARVIS	Chair	2019-07-10
Adrian Berry		2022-05-02
Nuala Kathleen Mary Mole		2022-11-08
Patricia Mary Monro		2022-05-02
Philip Bolton		2019-07-10

Accounts

Charity Registration No. 1188043
Company Registration No. 12095690 (England and Wales)

METHORIA

ANNUAL REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 JULY 2024

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Ms C Jarvis Mr P S J Bolton Mr A Berry Ms P Monro Ms N Mole
Charity number	1188043
Company number	12095690
Principal address	Admin Office Block A Vauxhall Bridge Road London SW1V 1TA
Registered office	Admin Office Block A Vauxhall Bridge Road London SW1V 1TA
Independent examiner	Jasmin Aktar BSC J L Morgan Ltd Admin Office Block A Vauxhall Bridge Road London SW1V 1TA

The trustees present their annual report and financial statements for the year ended 31 July 2024.
The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's Articles, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Objectives and activities

The charity's objects are, for the public benefit to promote human rights (as set out in the Universal Declaration of Human Rights and subsequent United Nations conventions and declarations) throughout the world by all or any of the following means:
• monitoring abuses of human rights;
• obtaining redress for the victims of human rights abuse;
• relieving need among the victims of human rights abuse;
• research into human rights issues;
• educating the public about human rights;
• providing technical advice to government and others on human rights matters
• contributing to the sound administration of human rights law;
• commenting on proposed human rights legislation;
• raising awareness of human rights issues;
• promoting public support for human rights;
• promoting respect for human rights among individuals and corporations;
• international advocacy of human rights;
• eliminating infringements of human rights;

and the relief of refugees, asylum seekers, migrants and their families and dependants who are in conditions of need, hardship and distress, in such ways as are exclusively charitable under the law of England and Wales.
The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

As a small charity, we rely on the generosity of our supporters who make regular donations to our work. We wouldn’t be here without your help. We are also very grateful to our legal and administrative consultant.

This year, we have found strength in the hard work and solidarity of our supporters, and our partners. As we look forward, resilience will continue to be a defining feature of our experience.

Financial review

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month’s expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity’s current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

Structure, governance and management

The charity is a company limited by guarantee incorporated on 10th July 2019 and registered with The Charity Commission on 18th February 2020.

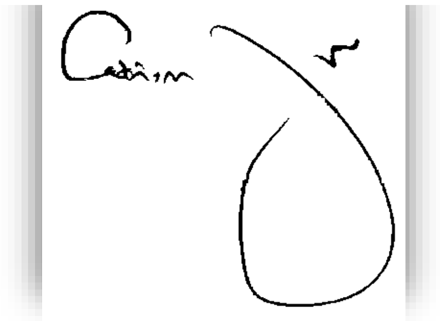
The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

The recruitment and appointment of new trustees is agreed by existing trustees at the annual general meeting.

Every trustee is appointed for a period of three years.

None of the trustees has any beneficial interest in the company.

The Trustees' report was approved by the Board of Trustees



Ms C Jarvis
Chair of Directors and Trustees

Date: 10 April 2025

STATEMENT OF TRUSTEES' RESPONSIBILITIES
FOR THE YEAR ENDED 31 JULY 2024

The trustees, who are also the directors of Methoria for the purpose of company law, are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;

- observe the methods and principles in the Charities SORP;

- make judgements and estimates that are reasonable and prudent; and

- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF METHORIA

I report to the trustees on my examination of the financial statements of Methoria (the charity) for the year ended 31 July 2024.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
2 the financial statements do not accord with those records; or
3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

11/04/25

Jasmin Aktar BSC
J L Morgan Ltd
Admin Office Block A
Vauxhall Bridge Road
London
SW1V 1TA

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31 JULY 2024

	Notes	Unrestricted funds £	Restricted funds £	31.7.24 Total funds £	31.7.23 Total funds £
INCOMING RESOURCES					
Incoming resources from generated funds					
Donations			**70**	**70**	**250**
Grants	3	**1,253**	**52,351**	**53,604**	**17,379**
Investment Income	4	**324**	**-**	**324**	**217**
Total incoming resources		**1,577**	**52,421**	**53,998**	**17,846**
Expenditure					
Charitable Activities		**1,407**	**52,421**	**53,828**	**6,208**
Total Expenditure		**1,407**	**52,421**	**53,828**	**6,208**
NET MOVEMENT IN FUNDS		**170**	**-**	**170**	**1,759**
Total funds at 1 August 2023		**23,919**	**-**		**22,160**
Total funds at 31 July 2024		**24,089**	**-**	**24,089**	**23,919**

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under Companies Act 2006.

BALANCE SHEET
AS AT 31 JULY 2024

	Notes	31.07.24 Total funds £	31.07.23 Total funds £
CURRENT ASSETS			
Cast at bank		**31,208**	**73,818**
CREDITORS			
Amounts falling due within one year	7	**(7,119)**	**(49,899)**
NET CURRENT ASSETS		**24,089**	**23,919**
REPRESENTED BY:			
Accumulated Reserves		**24,089**	**23,919**
TOTAL FUNDS		**24,089**	**23,919**

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 July 2024, although an audit has been carried out under section 144 of the Charities Act 2011.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements under the requirements of the Companies Act 2006, for the year in question in accordance with section 476.

These financial statements have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 10 April 2025

1 Accounting policies

Charity information

Methoria is a private company limited by guarantee incorporated in England and Wales. The registered office is Admin Office Block A, Vauxhall Bridge Road London SW1V 1TA.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's articles, the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value. The principal accounting policies adopted are set out below.

1.2 Going concern

The UK economy, that of the EU and that of the wider world, all face numerous challenges. The trustees have used their best endeavours to foresee the challenges in the coming months and considered carefully the potential impact of these matters. In taking into account available cash resources (including access to existing financing facilities) as of the date of signing these financial statements, the trustees have continued to adopt the going concern basis of accounting.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

1 Accounting policies **(Continued)**

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset’s use.

1.5 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payment s discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.
Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

2 Critical accounting estimates and judgements

In the application of the charity’s accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Donations and legacies

	31.7.24	31.7.23
	£	£
Donations and Gifts	**70**	**250**
Grants received	**53,604**	**17,379**
	53,674	**17,629**

4 Investments

	31.7.24	31.7.23
	£	£
Interest receivable	**324**	**217**

5 Charitable expenditure

	31.7.24	31.7.23
	£	£
Charitable activities	**53,828**	**6,208**
Share of support costs	**1,082**	**1,025**
Share of governance costs	**325**	**375**

6 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

7 Creditors: amounts falling due within one year

	31.7.24	31.7.23
	£	£
Accruals	**425**	**525**
Grants Paid in Advance	**6694**	**49,374**
	7119	**49,899**

8 Related party transactions

There were no disclosable related party transactions during the year.