



**CHARITY COMMISSION**  
FOR ENGLAND AND WALES

## Trustees' Annual Report for the period

**From 19-Feb24**  
**Period end date**

**Period start date To 18-Feb25**

**Charity name: Sakoon Through Cancer**

**Charity registration number:118808**

## Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To promote the advancement of physical and mental health or saving lives by providing support and assistance for people of South Asian origin patients who have been diagnosed with breast cancer or have in the past suffered from breast cancer through the provision of services such as but not limited to information, open meetings, social events, and a website. To advance the education of the public on the subject of breast cancer and other cancer-related subjects such as but not limited to cancer prevention and cancer diagnoses.
Summary of the main activities about those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>At our trustee meetings, we considered the Charity Commission's guidance on public benefit in planning our activities for the year.</p> <p>The main activities are as follows:</p> <ul style="list-style-type: none"><li>• Running workshops and events</li><li>• Never alone Campaign</li><li>• School Workshops</li><li>• Community Workshops</li><li>• Production of Material</li><li>• Collaborating with</li><li>• Macmillan</li><li>• South Asian women cancer survivors, telling their stories. Storytelling is powerful in encouraging dialogue at a community level. We engaged in several talks to raise awareness with businesses and the community. The talks range from Woman ESOL classes, Asian Woman Resource Centres and broader community events.</li><li>• Fundraising – we raised £8045, via</li></ul>

		donations and events in the year.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees have given due regard to the Commission's guidance at all times.

### Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	<p>We are grateful for the many hours volunteers have spent working with the South Asian Breast Cancer Patients. Without this valuable contribution of time, energy and expertise, we would not have been able to achieve so much</p> <p>Volunteers have all been checked on DBS and provide the following service</p> <ul style="list-style-type: none"> <li>• School Workshops</li> <li>• Awareness Events</li> <li>• Befriending Service</li> <li>• Fundraising</li> <li>• Meetings</li> </ul> <p>We have 15 registered volunteers who all have a DBS Barring certificate. Sakoon Through Cancer prides itself on the work the volunteers do.</p>
Other		

### Achievements and Performance

	SORP reference	
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<p>Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.</p>	<p>Para 1.20</p>	<p>The main achievements this year have been:</p> <ul style="list-style-type: none"> <li>• Organising and training Volunteers</li> <li>• Running workshops</li> <li>• Never alone Campaign</li> <li>• School Workshops</li> <li>• Production of Material</li> </ul> <ul style="list-style-type: none"> <li>• <b>Roti Club is our Never Alone Network—a monthly</b> culturally appropriate network, a safe space to come together and hear from others who can help as we extend our kitchen table.</li> <li>• <b>Good to Talk Befriending Service -</b> For people affected by breast cancer, run by trained volunteers offering culturally competent one-to-one support, non-medical.</li> <li>• <b>Volunteering opportunities for females</b> with lived experience of Breast Cancer or Carers</li> <li>• <b>Volunteering</b> opportunity and Sakoon Through Cancer Young Cadets age 16-25 Years old.</li> <li>• <b>Education Programme</b> – We have developed a successful Breast Cancer Awareness Education Programme, which has been delivered in local secondary schools as part of PSHE lessons and shared within the community through ESOL classes and workplaces. In alignment with our core value of dignity, we utilise knitted breast models ("knitted bobs") to demonstrate and practice self-examination in a respectful and inclusive manner.</li> <li>• <b>Fundraising Activities – Our efforts encompass a range of engaging events such as the Summer Ball 2025, Community Discos, Afternoon Tea with Dr. Nighat Arif, launch of her book The Knowledge, Chai and Chats, and our International Women’s Day celebration.</b> We also participate in awareness and fundraising activities, such as bucket shaking at <b>Windsor Racecourse's Monday Night Racing</b>, all aimed at raising vital funds and promoting Breast Cancer awareness within the</li> </ul>
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		<p>community.</p> <ul style="list-style-type: none"> <li>• <b>Founder is a Lived Experience Strategy Advisor for Macmillan and Breast Cancer Now</b></li> <li>• <b>Founder is Co-Chair of Personalised Care Quality of Life (QoL) Programme</b></li> <li>• <b>Noth East London Cancer Alliance NELCA</b> - to increase uptake and patient engagement with the National Cancer Patient Experience survey through community involvement. Empower patients from South Asian backgrounds to provide feedback that can inform the development of personalised cancer care services.</li> <li>• Supported <b>Macmillan with Recruitment and Selection panels</b> for Senior Leadership Recruitment</li> <li>• <b>Macmillan Professionals Podcast: The New Strategy</b></li> <li>• In Partnership with “From ME to You” <b>Cultural Competency Training for Professionals</b></li> <li>• Challenging the Taboos – <b>King's College London Comedy Show 2025/26</b></li> <li>• Sakoon Through Cancer is part of <b>Wellbeing for Women, Women's Health Strategy</b> and Women's Health Collective supporting South Asian Women</li> <li>• South Asian Cancer Awareness Month (July 2024) panel event Breast Cancer Now</li> <li>• South Asian Heritage Month July 2025 Deliveroo Panel Event</li> <li>• <b>Our Future Health</b> – Promotional video for South Asian Communities to improve cancer Research and diversity in the programme. (2025)</li> </ul>
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#### Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	

Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Cash at the bank at 26408.39
Statement explaining the policy for holding reserves stating why they are held.	Para 1.22	The charity's primary financial risk is reduced donations and attendance at events. The funds held are intended to cover 12 months of operating costs in the event of a loss of income and to cover any unforeseen expenditure.
Amount of reserves held	Para 1.22	7, 000 is held in reserve
Reasons for holding zero reserves	Para 1.22	-
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	None

### Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	The charity's principal sources of funding are donations, events, and small grants from various bodies.
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	The principal risk facing the charity is a lack of volunteers; this would make it very difficult to meet our objectives.
Other		

## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document ( <a href="#">trust deed</a> , <a href="#">royal charter</a> )	Para 1.25	Constitution
How is the charity constituted? (e.g <a href="#">unincorporated association</a> , CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	As stated in the constitution document – trustees are elected.

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	Code of Conduct Trustee document
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

## Reference and Administrative details

Charity name	Sakoon Through Cancer
Other name the charity uses	
Registered charity number	118808
Charity's principal address	C/O Inder Poonaji 153 Grasmere Ave Slough

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Inder Singh Poonaji	Chair	Whole Year	
2	Samina Hussian	Trustee	Whole Year	
3	Samina Hussain	Trustee	Whole Year	
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Corporate trustees – names of the directors at the date the report was approved

[illegible]

Name of trustees holding title to property belonging to the charity

[illegible]



## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

### Additional information (optional)

#### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

#### Name of chief executive or names of senior staff members (Optional information)

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## Exemptions from disclosure

Reason for non-disclosure of key personnel details

None to report

## Other optional information

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## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

**Inder Poonaji**

***Samina Hussain***

Full name(s)

Inder Singh Poonaji

Samina Hussain

Position (eg Secretary,  
Chair, etc)

Chair

Trustee

Date

19/12/2015