



**CHARITY COMMISSION**  
FOR ENGLAND AND WALES

## Trustees' Annual Report for the period

**From 19-Feb22**

**Period start date To 18-Feb23**

**Period end date**

**Charity name: Sakoon Through Cancer**

**Charity registration number:118808**

## Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To promote the advancement of physical and mental health or saving lives by providing support and assistance for people of South Asian origin patients who have been diagnosed with breast cancer or have in the past suffered from breast cancer through the provision of services such as but not limited to information, open meetings, social events, and a website. To advance the education of the public on the subject of breast cancer and other cancer-related subjects such as but not limited to cancer prevention and cancer diagnoses.
Summary of the main activities about those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>At our trustee meetings, we considered the Charity Commission's guidance on public benefit in planning our activities for the year.</p> <p>The main activities are as follows:</p> <ul style="list-style-type: none"><li>• Running workshops and events</li><li>• Never alone Campaign</li><li>• School Workshops</li><li>• Community Workshops</li><li>• Production of Material</li><li>• South Asian women cancer survivors, telling their stories. Storytelling is powerful in encouraging dialogue at a community level. We engaged in several talks to raise awareness with businesses and the community. The talks range from Woman ESOL classes, Asian Woman Resource Centres and broader community events.</li><li>• Fundraising – we raised £5,618 via donations and events in the year.</li></ul>

Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees have given due regard to the Commission's guidance at all times.
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### Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	<p>We are grateful for the many hours volunteers have spent working with the South Asian Breast Cancer Patients. Without this valuable contribution of time, energy and expertise, we would not have been able to achieve so much</p> <p>Volunteers have all been checked on DBS and provide the following service</p> <ul style="list-style-type: none"> <li>• School and Community Workshops</li> <li>• Awareness Events</li> <li>• Befriending Service</li> <li>• Fundraising</li> </ul> <p>We have 20 registered volunteers who all have a DBS Barring certificate. Sakoon Through Cancer prides itself on the work the volunteers do. The last year has been unprecedented. Volunteers have supported Sakoon in the Community (SIK), supporting vulnerable residents with prescription collection, shopping, and food parcel donations.</p> <p>We have delivered volunteer training and talks sessions throughout the year to keep all our volunteers engaged and motivated, focussing on wellbeing and engagement</p>
Other		

## Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>The main achievements this year have been:</p> <ul style="list-style-type: none"> <li>• Twosday campaign: are you taking 2 today to check yourself #takes2</li> <li>• Fact of week started Feb 2022</li> <li>• Information Thursday launched Feb 2022 managed by volunteers</li> <li>• Samina won SHE AWARDS Sakoon Volunteer</li> <li>• Slough Jamia Mosque Volunteers delivered Education Programme 11/03/22</li> <li>• Launched the Big Conversation Insta Live 17/03/22</li> <li>• Coproduced with Volunteers new flyers 23/03/22</li> <li>• Launched Website page Little and Often 04/04/22</li> <li>• GOSH Charity Eid Card Competition 5th April 2022 volunteer-led</li> <li>• Take 2 videos in Urdu and English in our website 9/05/22</li> <li>• Mental Health Awareness Week activities 11/05/22</li> <li>• Future Dreams Focus Group 20/05/22</li> <li>• Who are our volunteers are campaign 31/05/22</li> <li>• Bowel Cancer Awareness workshop 15th June 2022</li> <li>• Meeting with Dr Nighat Arif to discuss Women Health Collective and Strategy 23/06/22</li> <li>• Race for Life with Volunteers 08/07/22</li> <li>• Chand Raat bucket shaking community event with volunteers 11/07/22</li> <li>• 01/08/22 Eton Action Fair volunteer led stall and tombola</li> <li>• Charity Disco 30/09/22</li> <li>• Secured 10 business sponsorships for Disco</li> <li>• Oct 22 Breast Cancer Awareness Month Insta Lives 8 podcasts</li> <li>• Harrow High School Breast Cancer Schools Education Programme</li> <li>• Winter Extravaganza led by Volunteer fundraiser</li> <li>• Holt School Breast Cancer Education Programme</li> <li>• Baylis Girls Breast Cancer Education Programme</li> </ul>

		<ul style="list-style-type: none"> <li>• Cake donation by volunteers to staff at A&amp;E 25/12/24</li> </ul> <p>We focused on South Asian women cancer survivors, telling their stories. Storytelling is powerful in encouraging dialogue at a community level.</p> <p>We engaged in several talks to raise awareness with businesses and the community. The talks range from Woman ESOL classes, Asian Woman Resource Centres and broader community events. Following October's Breast Cancer awareness sessions online, we developed the Big Conversation, a loose woman-style informal chat online with speakers and topics.</p>
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#### **Additional information (optional)**

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Cash at the bank at 17,845
Statement explaining the policy for holding reserves stating why they are held.	Para 1.22	The main financial risk to the charity is reduced donations and events. The funds held are to cover 12 months of operational costs in the event of a loss of income and to meet any unforeseen expenditure.
Amount of reserves held	Para 1.22	7, 000 is held in reserve
Reasons for holding zero reserves	Para 1.22	-
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	None

### Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	The charity's principal source of funds is donations, events and small grants from various bodies.
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	The principal risk facing the charity is a lack of volunteers; this would make it very difficult to meet our objectives.
Other		

## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document ( <a href="#">trust deed</a> , <a href="#">royal charter</a> )	Para 1.25	Constitution
How is the charity constituted? (e.g <a href="#">unincorporated association</a> , CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	As stated in the constitution document – trustees are elected.

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	Code of Conduct Trustee document
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

## Reference and Administrative details

Charity name	Sakoon Through Cancer
Other name the charity uses	
Registered charity number	118808
Charity's principal address	C/O Inder Poonaji 153 Grasmere Ave Slough

### **Names of the charity trustees who manage the charity**

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Inder Singh Poonaji	Chair	Whole Year	
2	Samina Hussian	Trustee	Whole Year	
3	Samina Hussain	Trustee	Whole Year	
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Corporate trustees – names of the directors at the date the report was approved

[illegible]

Name of trustees holding title to property belonging to the charity

[illegible]

## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

### Additional information (optional)

#### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

#### Name of chief executive or names of senior staff members (Optional information)

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## Exemptions from disclosure

Reason for non-disclosure of key personnel details

None to report

## Other optional information

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## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

<b>Signature(s)</b>	<i>Inder Poonaji</i>	<i>Samina Hussain</i>
<b>Full name(s)</b>	Inder Singh Poonaji	Samina Hussain FRSA
<b>Position (eg Secretary, Chair, etc)</b>	Chair	Trustee
<b>Date</b>	16/11/24	