



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 17-Feb21
Period end date

Period start date To 18-Feb22

Charity name: Sakoon Through Cancer

Charity registration number:118808

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To promote the advancement of physical and mental health or saving lives by providing support and assistance for people of south Asian origin patients who have been diagnosed with breast cancer or have in the past suffered from breast cancer, through the provision of services such as but not limited to information, open meetings, social events, and a website. To advance the education of the public in the subject of breast cancer and other cancer related subjects such as but not limited to; cancer prevention and cancer diagnoses.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>In planning our activities for the year we kept in mind the Charity Commission's guidance on public benefit at our trustee meetings.</p> <p>The main activities are as follows:</p> <ul style="list-style-type: none">• Never alone workshops pivoted online due to pandemic via instagram• School Workshop at Baylis Court Girls Schools delivering workshop to year 9 students 140 students engaged delivered PSHE Breast Awareness workshop• Talks and awareness sessions in the community via zoom
Statement confirming whether the trustees have had regard to the guidance issued by the Charity	Para 1.18	The trustees have had due regard to the Commission's guidance at all relevant times.

Commission on public benefit		
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Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	<p>We are grateful for the many hours volunteers, have spent working with the South Asian Breast Cancer Patients. Without this valuable contribution of time, energy and expertise we would not have been able to achieve so much</p> <p>Volunteers have all been checked on DBS and provide the following service</p> <ul style="list-style-type: none"> • School Workshops • Awareness Events • Befriending Service • Fundraising <p>We have 26 of registered volunteers who all have a DBS Barring certificate. Sakoon Through Cancer prides itself on the work the volunteers do. The last year has been an unprecedented year, volunteers have supported Sakoon in the Community (SIK) supporting vulnerable residents with prescription collection, shopping and food parcel donations.</p> <p>We have delivered three volunteer training sessions throughout the year via zoom to keep all our volunteers engaged and motivated focussing on wellbeing, engagement and Instagram training.</p>
Other		

Achievements and Performance

	SORP reference	
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<p>Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.</p>	<p>Para 1.20</p>	<p>The main achievements this year have been:</p> <ul style="list-style-type: none"> • Organising and training Volunteers • Running workshops • Never alone Campaign • School Workshops • Production of Material • Fund raising – we raised donations, of £5282 in the year <p>Due to COVID it been challenging for charities and the community. However as a charity we are flexible and responsive. As the pandemic hit we set up Sakoon in the Community (SIK) to support vulnerable residents with grocery and prescription collections.</p> <p>Due to unprecedented times we all had to think differentially and embrace the new world of social distancing and hands, face and space. As Breast Cancer Charity during Brest Cancer awareness month, we did an Instagram take over, My Insta Story were each day we would interview South Asian Woman Cancer survivors focussing on their journey and stories. Story telling was powerful in encouraging dialogue at a community level.</p> <p>During the pandemic we partnered with Slough CVS and piloted a be-friending service. It was noted that South Asian women felt extremely isolated trying to combat their Cancer Diagnosis during lock down and the taboos as a Community they face. We submitted a bid to Berkshire Community Foundation and was successful in securing £2500 to maintain our back office function, develop our new website and we held 3 volunteer meetings and held a beautiful afternoon tea at Burnham Beeches Hotel in celebration of Volunteers Week. All of our images are captured on our Facebook and Instagram pages. We have developed a new website with information videos and a commercial page for selling items our shop www.sakoonthroughcancer.org and created a newsletter with a sign up database.</p> <p>We engaged on a number of talks to raise awareness with business and community. The talks range from Woman ESOL classes, Asian Woman Resource Centres and wider community events. Following on from October Breast Cancer awareness sessions online we developed the Big</p>
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		Conversation a loose woman style informal chat online with speakers and topics.
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Cash at bank at 17,845
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The main financial risk to the charity is loss of funding from the Council and reduced donations. The funds are held to cover 12 months operational costs in the event of a loss of income and to meet any unforeseen expenditure that may occur.
Amount of reserves held	Para 1.22	7, 000 is held in reserve
Reasons for holding zero reserves	Para 1.22	-
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	None

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	The charities principal source of funds is donations and small grants from various bodies.
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	The principal risk facing the charity is Covid and lack of volunteers; this would make it very difficult to meet our objectives. Risk of COVID and meeting public or fundraising events,
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Stated in the constitution document – trustees are elected.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	Code of Conduct Trustee document
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Sakoon Through Cancer
Other name the charity uses	
Registered charity number	118808
Charity's principal address	Samina Hussain 36 Loxwood Reading RG6 5QZ

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Inder Singh Poonaji	Chair	Whole Year	
2	Samina Hussian	Trustee	Whole Year	
3	Samina Hussain	Trustee	Whole Year	
4				
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Corporate trustees – names of the directors at the date the report was approved

[illegible]

Name of trustees holding title to property belonging to the charity

[illegible]

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

None to report

Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	<i>Inder Poonaji</i>	<i>Samina Hussain</i>
Full name(s)	Inder Singh Poonaji	Samina Hussain
Position (eg Secretary, Chair, etc)	Chair	Trustee
Date	28/11/22	



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
Sakoon Through Cancer

No
118808

CC16a

Receipts and payments accounts

For the period from	Period start date 19-Feb-21	To	Period end date 18-Feb-22
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	5,282	-	-	5,282	-
Grants	2,500	-	-	2,500	-
Fund Raising	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	7,782	-	-	7,782	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	7,782	-	-	7,782	-
A3 Payments					
Hall Event Hires		-	-	-	-
Postage	199	-	-	199	-
Compliance Checks DBA	134	-	-	134	-
Insurance	755	-	-	755	-
IT	324	-	-	324	-
Event Expenses	2,103	-	-	2,103	-
Materials	160	-	-	160	-
Refund	820	-	-	820	-
	-	-	-	-	-
Sub total	4,495	-	-	4,495	-
A4 Asset and investment purchases. (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	4,495	-	-	4,495	-
Net of receipts/(payments)	3,287	-	-	3,287	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	14,558	-	-	14,558	-
Cash funds this year end	17,845	-	-	17,845	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Current	14,558	-	-
			-	-
		-	-	-
	Total cash funds	14,558	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
			-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees		Signature	Print Name	Date of approval
		Samina Hussain	Samina Hussain	28/11/2022
		Inder Poonaji	Inder Poonaji	28/11/2022