



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From **2/8/23** Period start date To **1/8/24**
Period end date

Charity name: **Better Lives UK**

Charity registration number: **1188005**

Objectives and Activities

| | SORP reference | |
|--|--------------------|---|
| Summary of the purposes of the charity as set out in its governing document | Para 1.17 | Relief of poverty in developing countries |
| Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts. | Para 1.17 and 1.19 | Support of activities in Tanzania and Cambodia to promote vegetable growing in schools and communities to provide nutritious food to children and families. Empowerment of women and girls in Tanzania through provision of washable sanitary pads |
| Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit | Para 1.18 | n/a |

Additional information (optional)

You may choose to include further statements where relevant about:

| | SORP reference | |
|--|----------------|--|
| Policy on grant making | Para 1.38 | |
| Policy on social investment including program related investment | Para 1.38 | |
| Contribution made by volunteers | Para 1.38 | |
| Other | | |

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Achievements and Performance

| | SORP reference | |
|---|----------------|--|
| Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole. | Para 1.20 | <p>2023 to 24 saw many groups of students on expedition visit our Better Lives project sites in Tanzania and Cambodia.</p> <p>In Tanzania our focus is supporting children in Primary and Secondary schools to develop and extend vegetable gardens for the children to have a midday meal. School facility improvements are also made. Replacing floors, painting classrooms, improving toilets and water supplies. Developing irrigation systems for watering vegetable gardens is also essential.</p> <p>In Cambodia we focus on developing family vegetable gardens.</p> <p>In Tanzania we have started a programme of teaching women to make reusable sanitary pads. Girls and women often have to miss school or work when they menstruate. Washable pads enable women and girls to manage their periods and empower them to fully develop their capabilities.</p> <p>We aim to ensure that our work is fully sustainable.</p> <p>The communities we support are fully engaged in our work and appreciate our endeavour.</p> |

Additional information (optional)

You may choose to include further statements where relevant about:

| | | |
|--|-----------|--|
| Achievements against objectives set | Para 1.41 | |
| Performance of fundraising activities against objectives set | Para 1.41 | |
| | | |

| | | |
|--|-----------|--|
| Investment performance against objectives | Para 1.41 | |
| Other | | |

Financial Review

| | | |
|--|-----------|---|
| Review of the charity's financial position at the end of the period | Para 1.21 | Our funds raised are forwarded to our parent charity: betterlives.org |
| Statement explaining the policy for holding reserves stating why they are held | Para 1.22 | We do not hold reserves in our account |
| Amount of reserves held | Para 1.22 | 0 |
| Reasons for holding zero reserves | Para 1.22 | Our income is forwarded directly to the parent charity |
| Details of fund materially in deficit | Para 1.24 | 0 |
| Explanation of any uncertainties about the charity continuing as a going concern | Para 1.23 | None |

Additional information (optional)

You may choose to include further statements where relevant about:

| | | |
|---|-----------|--|
| The charity's principal sources of funds (including any fundraising) | Para 1.47 | |
| Investment policy and objectives including any social investment policy adopted | Para 1.46 | |
| A description of the principal risks facing the charity | Para 1.46 | |
| Other | | |

Structure, Governance and Management

| | | |
|---|-----------|-------------------------------------|
| Description of charity's trusts: | | |
| Type of governing document (trust deed, royal charter) | Para 1.25 | |
| How is the charity constituted? (e.g unincorporated association, CIO) | Para 1.25 | CIO |
| Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees | Para 1.25 | Trustees re-elected annually |

Additional information (optional)

You may choose to include further statements where relevant about:

| | | |
|---|-----------|--|
| Policies and procedures adopted for the induction and training of trustees | Para 1.51 | |
| The charity's organisational structure and any wider network with which the charity works | Para 1.51 | |
| Relationship with any related parties | Para 1.51 | |
| Other | | |

Reference and Administrative details

| | |
|-----------------------------|---|
| Charity name | Better Lives UK |
| Other name the charity uses | |
| Registered charity number | 1188005 |
| Charity's principal address | 100, Abbots Road, Abbots Langley, Herts, UK WD5 0BH |
| | |

Names of the charity trustees who manage the charity

| | Trustee name | Office (if any) | Dates acted if not for whole year | Name of person (or body) entitled to appoint trustee (if any) |
|----|------------------|-----------------|-----------------------------------|---|
| 1 | Gillian Perry | | | |
| 2 | Clive Perry | | | |
| 3 | Christopher Wade | | | |
| 4 | Jeffery Shaw | | | |
| 5 | | | | |
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| 20 | | | | |

Corporate trustees – names of the directors at the date the report was approved

[illegible]

Name of trustees holding title to property belonging to the charity

[illegible]

Funds held as custodian trustees on behalf of others

| | |
|---|------|
| Description of the assets held in this capacity | None |
| Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects | n/a |
| Details of arrangements for safe custody and segregation of such assets from the charity's own assets | n/a |

Additional information (optional)

Names and addresses of advisers (Optional information)

| Type of adviser | Name | Address |
|-----------------|------|---------|
| | | |
| | | |
| | | |
| | | |

Name of chief executive or names of senior staff members (Optional information)

| |
|--|
| |
|--|

Exemptions from disclosure

Reason for non-disclosure of key personnel details

| |
|--|
| |
|--|

Other optional information

| |
|--|
| |
|--|

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

| | |
|--|--|
| | |
|--|--|

Full name(s)

Gillian Perry

| | |
|---------------|--|
| Gillian Perry | |
|---------------|--|

Position (eg Secretary,
Chair, etc)

Secretary

| | |
|-----------|--|
| Secretary | |
|-----------|--|

Date

20/08/224

| |
|-----------|
| 20/08/224 |
|-----------|

Charity Commission Annual Return 2024

BETTER LIVES UK

Charity registration number: 1188005

Most of the information you give in this form will become publicly available on the Register of Charities. Any field that the Charity Commission will not display will be clearly marked.

This document is a record of the information provided in the Annual Return 2024.

Financial period

Financial period start date

02/08/2023

Financial period end date

01/08/2024

Income and spending

Income £

£23,654

Spending £

£23,654

Number of contracts from government

How many contracts (other than grant agreements) did your charity receive from central government or a local authority during the financial period for this return?

0

Number of grants from government

How many grants did your charity receive from central government or a local authority during the financial period for this return?

0

Income breakdown

Donations and legacies (excluding Endowments Received)

£0

Charitable activities

£23,654

Other trading activities

£0

Investments

£0

Other

£0

Grantmaking

Is grant making the main way your charity carries out its purposes?

Yes

Recipients of grants

Please round all figures to the nearest pound (do not enter decimal points or commas).Individuals

£0

Other charities

£23,654

Other organisations that are not charities

£0

Grant recipients related parties

Are any of the grant recipients related parties to the charity?

Yes

Trustee payments

Excluding out of pocket expenses, for what were any of the trustees paid during the financial period for this return?

☒ e. None of the trustees have been paid

Did any of the trustees resign and take up employment with your charity in the financial period of this return?

No

Income from outside the UK

Did your charity receive income from outside of the United Kingdom in the financial period of this return?

No

Delivering activities outside the United Kingdom

Did your charity deliver charitable activities outside of the United Kingdom in the financial period of this return?

Yes

Select the countries your charity delivered charitable activities outside the United Kingdom

Cambodia,Tanzania

Written agreements with partners outside UK

Does your charity have formal written agreements in place with any partners delivering charitable activities on its behalf outside of the United Kingdom?

Yes

Spending outside England & Wales

Did your charity spend funds outside of the United Kingdom in the financial period of this return?

Yes

Select countries/territories your charity operated in during the financial period covered by this annual return

☒ Cambodia

☒ Tanzania

Cambodia

£ 9100

Tanzania

£ 14550

Please record total spend in each country. Round figures to the nearest £100if possible (do not enter decimal points or commas). We recommend you select "Save" regularly to avoid losing any values entered.

£ 23650

Methods of money transfer

How much money did your charity send in total outside of the United Kingdom using a method other than the regulated banking system in the financial period for this return?

£0

Trading subsidiaries

Does the charity have any trading subsidiaries?

No

Charity contact details correct

Is the contact address displayed from the Register of Charities, correct?

Yes

Charity headquarters details correct

Is this the same address that you use as your charity's administrative headquarters?

Yes

Charity contact address

100 ABBOTS ROAD

ABBOTS LANGLEY

WD5 0BH

Charity Headquarters address

100 ABBOTS ROAD

ABBOTS LANGLEY

WD5 0BH

Membership type

Is your charity part of a wider group structure with a parent body and subsidiary bodies?

yes, the charity is a subsidiary body

Members entitle to vote

Other than trustees, does your charity have members who are entitled to vote under the charity's governing documents?

No

Employment contract types

People were permanently employed by your charity

0

People were on fixed-terms contracts with your charity

0

Self-employed people were working for your charity

0

Safeguarding

Has your charity provided services to children and/or adults at risk in the financial period of the return?

No

External risk and impact

Donations,

| |
|----------------------------------|
| Unknown/No Change/Not Applicable |
|----------------------------------|

Other income - grants

| |
|----------------------------------|
| Unknown/No Change/Not Applicable |
|----------------------------------|

Other income - contracts

| |
|----------------------------------|
| Unknown/No Change/Not Applicable |
|----------------------------------|

Other income - investment

| |
|----------------------------------|
| Unknown/No Change/Not Applicable |
|----------------------------------|

Expenditure on charitable activities

| |
|----------------------------------|
| Unknown/No Change/Not Applicable |
|----------------------------------|

Expenditure on overheads

| |
|----------------------------------|
| Unknown/No Change/Not Applicable |
|----------------------------------|

Number of volunteers

| |
|----------------------------------|
| Unknown/No Change/Not Applicable |
|----------------------------------|

Number of employees

| |
|----------------------------------|
| Unknown/No Change/Not Applicable |
|----------------------------------|

Number of trustees

| |
|----------------------------------|
| Unknown/No Change/Not Applicable |
|----------------------------------|

Fundraising activities

| |
|----------------------------------|
| Unknown/No Change/Not Applicable |
|----------------------------------|

Capacity to deliver services

| |
|----------------------------------|
| Unknown/No Change/Not Applicable |
|----------------------------------|

Total service demand

| |
|----------------------------------|
| Unknown/No Change/Not Applicable |
|----------------------------------|

Volunteers

Excluding trustees, provide an estimate of the number of volunteers who carried out charitable activities on behalf of your charity in the United Kingdom during the financial period of this return?

0

Privacy statement

Any information you give us will be held securely and processed only in accordance with the rule on data protection. We will not disclose your personal details to anyone unconnected to the Charity Commission unless:

- you have consented to their release; or
- we are legally obliged to disclose them; or
- we regard disclosure as either (a) necessary so that we can properly carry out our statutory functions or (b) necessary in the public interest.

We may share and disclose information about you with relevant public authorities, regulatory bodies and agencies, outside the Charity Commission but only if:

- we can lawfully do so; and
- we decide that disclosure is necessary for national security, crime detection, prevention, and law enforcement, or other issues in the public interest

Information we collect about you

We will use this information:

To enable us to carry out our statutory functions and duties;

This will include the following actions:

- (a) update, consolidate, and improve the accuracy of our records;
- (b) undertake crime detection and prevention and law enforcement and assist the third parties specified above to investigate or prevent crime and carry out law enforcement;
- (c) data analysis, testing, research, statistical and survey purposes

Information we receive from other sources.

Information we receive from other sources

We may combine this information with information you give to us and information we collect about you.

We may use this information and the combined information for the purposes set out above (depending on the types of information we receive).

We will ensure that any such disclosure and use is proportionate; considers your right

to respect for your private life; and is done fairly and lawfully in accordance with the data protection principles of the Data Protection Act.

The Data Protection Act 1998 regulates the use of 'personal data', which is essentially any information, however stored, about identifiable living individuals.

As a 'data controller' under the Act, the Charity Commission must comply with it. Any changes we may make to our privacy statement in the future will be set out in the replacement version of this form.

Please check back frequently to see any updates or changes to our privacy policy.

Declaration

Your role at the charity (select one):

☒ Trustee

| | |
|------------------|-----------------------|
| Given names | Gillian |
| Family name | Perry |
| Telephone number | 07811826936 |
| Email | gillianaperry@aol.com |
| Date submitted | 06/05/2025 |

It is a criminal offence under section 60 of the Charities Act 2011 for anyone to knowingly or recklessly provide false or misleading information to the commission; this includes suppressing, concealing or destroying documents.