

YOUNG MINDS MATTER

ANNUAL REPORT

AND STATEMENT OF ACCOUNTS

FOR THE YEAR ENDED 31ST AUGUST 2024

CHARITY REGISTRATION NUMBER 1187987



YOUNG MINDS MATTER  
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FOR THE YEAR ENDED 31ST AUGUST 2024

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Channel Swim relay team with Adam Peaty

## LEGAL AND ADMINISTRATIVE INFORMATION

|                         |                  |
|-------------------------|------------------|
| CHARITY NUMBER          | 1187987          |
| START OF FINANCIAL YEAR | 1 September 2023 |
| END OF FINANCIAL YEAR   | 31 August 2024   |

### TRUSTEES AT 31 AUGUST 2024

|                             |                            |
|-----------------------------|----------------------------|
| Susan Carol Roberts (Chair) | Appointed 9 August 2019    |
| Harriet Stevens             | Appointed 23 November 2020 |
| Georgina Wates              | Appointed 17 October 2022  |
| Alexander Robin Withers     | Appointed 04 July 2023     |
| George Tennent              | Appointed 04 July 2023     |
| Bolade Catherine Fadashe    | Appointed 04 July 2023     |
| Sally Baker                 | Appointed 01 January 2023  |
| Natalie Dowsett             | Resigned 05 February 2024  |

The existing trustees appoint any new trustees following the provisions laid out in the CIO's governing instrument.

|                      |                  |
|----------------------|------------------|
| GOVERNING INSTRUMENT | CIO Foundation   |
| REGISTRATION DATE    | 17 February 2020 |

## OBJECTIVE

To act as a resource for young people by providing advice and assistance and organising programmes of educational and other activities as a means of: (A) advancing in life and helping young people by developing their skills, capacities, and capabilities to enable them to participate in society as independent, mature, and responsible individuals; (B) advancing education, particularly social and emotional learning.

### Registered Address

C/o STT Community Hub Venture House  
Avenue Farm Industrial Estate  
Birmingham Road  
STRATFORD-UPON-AVON  
Warwickshire  
CV37 0HR

### Primary Bankers

Natwest Bank Plc  
Leicester CustomerService Centre Bede House  
11 Western Boulevard Leicester LE2 7EJ

## A MESSAGE FROM OUR FOUNDER - SUE ROBERTS

As we reflect on the past year at Young Minds Matter, I am enormously proud and grateful for what we have achieved together. Your support has made it possible for us to reach new heights supporting more young people than ever before through our 1:1 mentoring service for students in schools.

I am excited about our plans for the future as we look to expand our services to more schools and students and grow our innovative Young Ambassadors scheme, YMax. We have worked with our schools in building relationships to ensure our services meet the ongoing needs to students. We are dedicated to ensuring our service meets the requirements of young people and our survey results show we are meeting that need but there is always room to improve.



*Brian (middle) at the BBC CWR Make a Difference awards ceremony in the fundraising category with Sue (right) and Nikki (left).*

This year has been remarkable, with inspiring events, including two relay Channel Swims featuring eight teenagers, the London Landmarks Half Marathon (LLHM), Stratford-upon-Avon Half Marathon and 10k, and the iconic London Marathon.

Our community also rallied for numerous park runs, bake sales, non-uniform days and other fundraisers showcasing the dedication and creativity of our supporters. Each event not only raised funds but also raised awareness of the importance of mental health in young people. We already have many exciting plans for further inspirational events in 2025.

Our financial report for 2024 showcases the successful financial and non-financial performance of the charity this year. Our results show an outstanding year not just for our growth but also the expansion of our service showcased in our Impact Report. Our results have allowed us to continue to invest in our growth to support many more individuals – with over 1,500 hours of mentoring provided by Young Minds Matter to young people in 2024.

Thank you to all those who supported us in 2024 for being a vital part of our journey. Together, we are making a lasting and positive difference to young people's lives.



# Impact Report

**Sept 2023 - August 2024**

## **An amazing year of support**

At Young Minds Matter, our mission is to provide essential support to young people facing mental health challenges. Our work over the past year has made a significant impact, thanks to the support of our dedicated donors, volunteers, staff and the schools we work with.

### **Expanding Our Reach**

In the coming year, we have ambitious plans to expand our services. We aim to bring more mentors into our programme, enabling us to cover more schools and reach even more young people in need. This expansion is driven by the growing demand for mental health support among children and teenagers, and our commitment to meeting this need with compassion and professionalism.

### **IMPACT SNAPSHOT**

**1523**

Hours spent mentoring  
young people

**251\***

Young people supported

**100%**

Positive feedback from  
schools

\* Figure estimated based on mentor records

# THE GROWING CRISIS: YOUNG PEOPLE'S MENTAL HEALTH IN DECLINE

Young people in the UK have a higher mental health need now more than ever:



**1 in 5** have experienced a mental health problem in 2023\*



**50%** of mental health problems are established by age 14\*\*



**70%** of those who experience mental health problems have not had appropriate interventions at a sufficiently early age\*\*\*



Those in the lowest income bracket are **4.5 times** more likely to experience severe mental health problems than those in the highest income bracket +

Young people today face unprecedented pressures, with lasting impacts from the pandemic, including increased cases of high social, emotional and behavioural difficulties.

Statistics reveal a troubling increase in anxiety, depression, and related issues among young people. Without early intervention, these challenges can escalate, adversely affecting educational outcomes, social relationships, future prospects and ultimately their health and well-being.

The demand for young people's mental health services has increased dramatically in recent years and in April 2022, there was an increase of 109% compared to the same month pre-pandemic of under 19s referred to CAMHS (Child and Adolescent Mental Health Services), this means that young people's mental health can deteriorate significantly whilst awaiting further support, emphasising the critical need for early intervention.

The stark reality of young people from low income families being most at risk of mental health issues highlights a critical gap in support for these young individuals. Our free mentoring programme addresses this gap directly. By offering our services at no cost, we ensure that children from low-income families can access the support they need without adding financial strain to their households. Both schools and pupils are on our waiting lists for support, highlighting the urgency.

\*Mental Health of Children & Young People in England (2023)- NHS England.

\*\*Royal College of Paediatrics & Child Health (2020) State of Child Health. London: RCPCH.

\*\*\*Children's Society (2008) The Good Childhood Inquiry: health research evidence. London: Children's Society.

+ Gutman, L., Joshi, H., Parsonage, M., & Schoon, I. (2015). Children of the new century: Mental health findings from the Millennium Cohort Study. London: Centre for Mental Health

++Researchers led by Professor Willem Kuyken Oxford Uni Dept of Psychiatry compared the mental health difficulties & well-being of thousands of UK secondary school pupils who experienced three lockdowns.



# Impact and Outcomes

Young people with mentors are less likely to experience depressive symptoms. Studies show that mentoring relationships can reduce the risk of depression by 50% for those involved.\*\*

Our work has had a profound impact on the young people we support, The feedback we have received from both schools and young people show:



## Improved Mental Health



## Enhanced Academic Performance



## Improved Social Skills



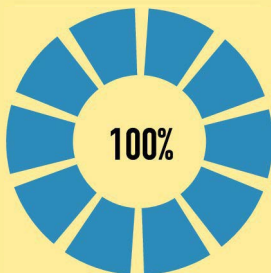
## Increased Resilience, Confidence & Self-Esteem



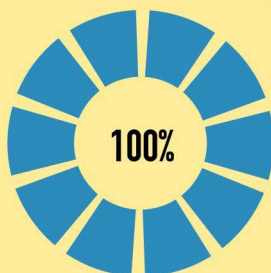
## Improved Focus



## Better School Attendance



Words used by young people to describe their mentoring sessions with YMM.





# Feedback from Schools



"I have been working in education for 25 years and what YMM mentors bring to us is by far the best direct support I've seen for young people"



"The work that the mentors do with our young people is invaluable, and the students talk very highly of their mentors, and we cannot thank them enough"



"YMM provide an essential part of our wellbeing offer for pupils. They have enabled our children to open up and seek support; a crucial step towards taking care of their mental health and regaining emotional balance"



"The overall impact of (YMM) sessions includes higher attendance, (and not only on the day YMM are with us), increased independence working in the classroom, improved confidence and self-esteem with adults and peers, overall increasing the young persons social and emotional mental health"



"We are regularly seeing students who are on very long waiting lists for CAMHS and whose parents are desperate for support for their child, many of whom would simply be unable to afford to pay for private mentoring or counselling. From this perspective, YMM are providing an invaluable service to our local community and improving the lives of so many young people and their families"



# Case Studies.



One of our mentees, a Year 8 student, experienced frequent panic attacks, sometimes up to three times a week. Initially, she struggled to even enter the room for her mentoring sessions. Her anxiety was overwhelming, and it was clear that she needed support to manage her panic attacks.

During the first few sessions, she began to identify the triggers for her panic attacks. Our Mentor, equipped with Mental Health First Aid (MHFA) training, introduced her to the grounding technique, a method that helps anchor her in the present moment and reduces anxiety. With consistent practice, she has started to use this technique effectively.

After eight sessions, she made a remarkable transformation. She confidently reported that she was now able to manage her anxiety and had experienced very few panic attacks. Even when she did feel anxious, she was aware of the signs and knew how to control them. Her journey is a testament to the impact of our mentoring programme and the essential skills we provide to help young people manage their mental health.

*Sarah*

The eldest daughter of a Ugandan family had been left with grandparents when her parents came to the UK in search of work. Once the family had established itself, they brought their now 13-year-old daughter over to join them.

The first school they sent her to appears to have made little effort to integrate this apparently shy girl into her new world and after four months she would frequently come home crying and in despair about the possibility of making new friends.

At that point the parents decided she needed a fresh start and applied for her to transfer to the school I work at who asked me to get involved before she joined.

At our first meeting I saw glimpses of an intelligent, sensitive child overwhelmed by the culture shock of coming to Britain. As we talked about her life in Uganda her true personality started to emerge.

Our second meeting was also before she officially joined the school and we talked through what her first day was likely to be like. We rehearsed what she would say when asked to introduce herself to her new class-mates, including something about how she missed her friends in Uganda and really hoped she would make as good friends in the UK.

I sometimes see the 'shy' young woman when I am in school mentoring. She is almost always at the centre of a group of friends and is rarely without a smile on her face... and that is why it's such a privilege to be a mentor!



*Peter*



# YEAR ROUND UP

## PROJECTS

### YOUNG AMBASSADORS

## DETAILS

Our exciting new Young Ambassadors (YA) scheme was piloted at Stratford High school.

## OUTCOME

Our YAs collaborated with a marketing company to create the branding and design for the new scheme 'YMax'...Exciting things ahead for this project.

### MENTORING

Our 1 to 1 mentoring service, continued to be offered free of charge to support young people. We have now recruited 7 new mentors and welcomed back 2 previous mentors with the recent funding received.

9 schools and 1 training centre supported with YMM mentors this year with a waiting list of both schools and young people wanting our support, we plan to expand our reach this next year to 13 schools, we have recruited and trained new mentors ready for the new school year.

### EVENTS

We've had runners supporting us in the LLHM, one of our Trustees, George, ran the London Marathon, we hosted a pub quiz, eight incredible teenagers swam the Channel, one of them, Brian, is shortlisted for a Make a Difference award, Procure4 chose us as their charity of the year and completed a 3 Peaks Challenge, we gave talks to students in schools, met with local MPs for a Q & A pre election with our young ambassadors, gave a pre-run talk at Park Run Stratford, and attended '100 Talks for Change' with Oly Newton & Daniel Wilsher at Stratford High School, and a girls footy tournament in Warwick... Wow, what a year it's been!



## STRATEGIC REPORT

In the financial year 2023-2024, Young Minds Matter made significant strides in our mission to support young people's mental health and wellbeing through impactful initiatives and sustainable fundraising strategies. We are excited to present our accomplishments and future plans aimed at further enhancing our services in the community.

### Financial Performance Overview

YMM experienced growth in both income and expenditure this financial year showing the benefits of the strategic plans set by the Trustees for this year. The increase in funds from grants enabled us to expand our mentoring services. This financial stability positions us well for our ongoing and future initiatives. Our full financial review is in the following section.

### Impact of Our Work

Our focus remains on providing free 1:1 mentoring to vulnerable young people facing mental health challenges. This year, we delivered 1,523 hours of mentoring and supported over 251 young individuals. Feedback from schools indicates that 100% reported the vital support our mentors provide to their students, further highlighting the importance of our programmes.

Participant outcomes demonstrate improved mental health, increased confidence, and better social skills. The positive feedback reiterates our commitment to fostering resilience and emotional well-being among young people.

### Strategic Goals and Future Plans

As we look ahead, YMM is determined to expand our reach and deepen our impact. Our objectives include:

1. **Expanding Mentoring Services:** Growing our mentoring programme from 9 to 13 schools by training new mentors and building partnerships.
2. **Diversifying Funding Sources:** Focusing on corporate partnerships, community fundraising, and sustaining grant applications to reduce reliance on specific funding streams.
3. **Enhancing Fundraising Events:** Curating a fundraising calendar with initiatives like the London Landmarks Half Marathon and community-driven efforts, targeting an income of £26.5k from these activities.
4. **Increasing Awareness and Advocacy:** Continuing to raise awareness about the importance of mental health for young people and engaging more stakeholders in our mission.
5. **Monitoring and Evaluation:** Implementing a robust evaluation framework to ensure our programmes remain effective and responsive to participants' needs.

The past year has been transformative for Young Minds Matter, both in financial results and programmatic impact. We are immensely grateful to our community of donors, partners, and supporters. Our ambitious plans for the upcoming year will continue to draw on our strengths of engagement and creating a positive difference in the lives of young people. We remain committed to empowering young people and ensuring every young person has access to the support they need.



## Finance review

This report provides a comprehensive overview of the financial performance for us this year. Our aim is to clearly outline the key financial figures ensuring our income is used efficiently, effectively, and responsibly by making every pound count.

### Income

Our total income in FY2024 was £117,575 and our total expenditure was £65,143, an increase of £65K and £23K respectively on the previous year.

|                     | FY2023-24 (£)  | FY2022-23 (£) | Change      |
|---------------------|----------------|---------------|-------------|
| <b>Total Income</b> | <b>117,575</b> | <b>52,521</b> | <b>124%</b> |
| <b>Total Spend</b>  | <b>65,143</b>  | <b>41,906</b> | <b>61%</b>  |

Our greatest area of growth in FY2024 was Foundation Grants where we secured £48K of grants restricted for programming costs and £21K of unrestricted grants. We participated in two fundraising events this year – the London Landmarks Half Marathon and a Channel Swim – with income totaling £26K compared to only the LLHM event in FY2023 which raised £7K. Our individual giving dropped slightly to £9K compared to last year's £13K. However, school fundraisers increased to £5k in FY2024 compared to £800 in FY2023.

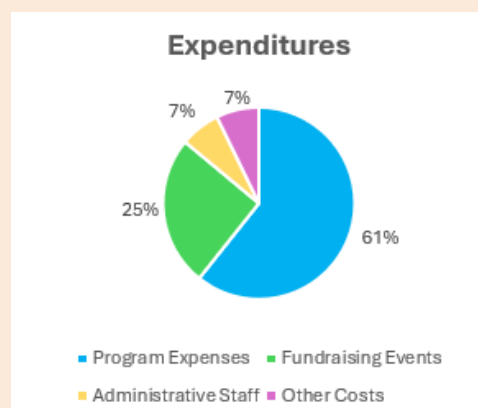
### Expenditure

Our total expenditure in FY 2023-24 was £65K, an increase of £23k on the previous year.

Personnel expenses increased 31% as we

received restricted funds enabling us to recruit additional mentors to expand our mentoring service and enhance our administrative support levels.

Fundraising Event expenses increased by nearly £12k due to our participation in a Channel Swim in addition to the London Landmarks Half Marathon.



### TOTAL FUNDS

As of 31 August 2024, we held general reserves of more than 5 months of operating costs. The closing funds are made up of the following balances, with comparison to the prior year:

|                    | FY2023-24 (£) | FY2022-23 (£) | Increase    |
|--------------------|---------------|---------------|-------------|
| Restricted Funds   | 42,297        | 12,732        | 232%        |
| Unrestricted Funds | 34,041        | 11,174        | 205%        |
| <b>Total Funds</b> | <b>76,338</b> | <b>23,906</b> | <b>219%</b> |

### Overall

Overall, Young Minds Matter is in a strong financial position, having not only increased our assets but also generated a positive surplus for the year. It is important to highlight the funds generated from one financial year are allocated to the cost of mentoring programmes in the following financial and academic year. We therefore went into FY25 financial year fully funded allowing us to expand our services and maintain our momentum in fundraising. This ensures continued support for our mentoring programmes, aligning with both our immediate needs and long-term objectives.

YOUNG MINDS MATTER  
TRUSTEES' REPORT  
FOR THE YEAR ENDED 31ST AUGUST 2024

## **TRUSTEES REPORT**

The Trustees of Young Minds Matter present their annual report and financial statements for the year ended 31st August 2024 under the Charities Act 2011 and the Companies Act 2006. The Trustees are satisfied to the best of their knowledge that these statements comply with the current statutory requirements and are in accordance with the Charity Commissions Statement of Recommended Practice SORP 2015.

YMM is governed by the board of Trustees, who are also its directors under company law. The Board ensures accountability to people who benefit from our services. Trustees are appointed through open advertising and rigorous interview process.

## **BACKGROUND**

The Young Minds Matter story began in 2017 by way of a charity concert, with the aim of not only showcasing the musical talents of 70 talented young people, but also to raise awareness of mental health in young people and to bring to the audience some inspirational speakers. Following another concert Young Minds Matter became a registered charity. Our mentoring service was originally launched in 2019, with experienced mentors at local secondary schools. Young Minds Matter offer free 1:1 mentoring which helps young people to develop resilience and build self-esteem and confidence as well as offering guidance in a non-judgemental manner. Since 2019 Young Minds Matter has continued to grow its mentoring services, reach and support of young people.

## **OBJECTIVES AND ACTIVITIES**

The objectives of Young Minds Matter are as follows:

- 1 . To act as a free resource for schools by offering young people guidance and support in the form of 1:1 mentoring in schools as a means of helping young people to develop life skills and capabilities to enable them to fulfil their potential.
2. To raise awareness and funds for young people's mental health and wellbeing by utilising music and the arts in fundraising concerts, showcasing young talent and engaging and encouraging young people in our activities in order to build confidence and self-worth and further develop their skills and experience.
3. To widen our support network for young people to additional schools and other associated educational establishments.

The objectives are reviewed each year by the board of Trustees to ensure that they continue to reflect our aims.

## STRUCTURE GOVERNANCE AND MANAGEMENT

### Governing Document

YMM is a Charitable Incorporated Organisation CIO governed by a Constitution created in November 2019.

### Organisational Structure

Day to day control and management of the administration of the Charity Trust is through the Trustees and volunteers. The charity Trustees shall manage the affairs of the CIO and may for that purpose exercise all the powers of the CIO. It is the duty of each charity Trustee:

- to exercise his or her powers and perform his or her functions in his or her capacity as a Trustee of the CIO in the way he or she decides in good faith would be most likely to further the purposes of the CIO.
- to exercise in the performance of those functions such care and skill as is reasonable in the circumstances, having regard in particular to any special knowledge or experience that he or she has.

The selection criteria for Trustees are based on expertise and need, whereby the mix of skills and expertise (including legal and financial) on the Board are to be sufficient for the size and scope of the charity. Expertise is to be bought in as necessary to deal with emerging issues.

### Statement of Responsibilities

Charity law requires us as Trustees to prepare financial statements for each accounting year which record the receipts and payments of the charity for the year.

We are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable us to ensure that the financial statements comply with the Charities Act 2011. We also have a responsibility to safeguard the assets of the charity and to take reasonable steps to prevent fraud or any other irregularities.

### Internal Controls

As part of their continuing responsibility the Trustees have endeavoured to ensure that reasonable internal control procedures are in place as appropriate for the development of the Charity. They include:

- Approval of Policies and other governance documentation relating to the new charity
- Annual budgets approved by the Trustees and reviewed on a regular basis
- Management information reports issued on a regular basis including income and expenses and monitoring of reserves

### Risk management

A formal risk management process to assess business risks was established in 2020/21 and was reviewed in 2024 to allow periodic review of the risk register and associate action log. The risk are reviewed by the trustees on an ongoing basis to ensure they are appropriate and fit for purpose. The Board regularly oversee major risks and how these are being managed. The Board of Trustees regularly reviews the complete risk register to ensure accuracy and monitor ongoing risks.

## **Use of Volunteers**

Volunteers are an important resource in Young Minds Matter. Excluding Trustees who give their time freely, we have volunteers who manage tasks including administration, website and graphic design and social media. We also have silent fundraisers who support our fund-raising events and also some of our Mentors in schools give their time voluntarily.

All our Trustees give their time voluntarily. All those volunteers working with projects involving children or other vulnerable groups are DBS Enhanced Service checked.

## **Trustees' meetings**

The Trustees meet monthly to discuss business throughout the period and to forward plan strategy and activities. There is a formal governance meeting held each quarter to ensure the responsibility over governance are exercised.

## **Reserves Policy**

The Trustees have reviewed the reserves of the charity. The policy is to hold enough funds to meet three months operating costs of the Charity and of our mentoring in schools' programmes.

## **Investment Policy**

The charity currently has no long-term investments. Our cash reserves are held in an interest bearing bank account.

## **Financial Report**

The financial statements for the period ended 31st August 2024 comply with statutory requirements and the requirements of the charity's governing instruments and include any other additional information required by law. They are presented in the format required for charity accounts in accordance with the Statement of Recommended Practice "Accounting by Charities" (SORP 2005). The charity is not a connected charity within the meaning defined in the Statement of Recommended Practice (SORP 2005).

## **Responsibilities of Trustees**

Charity law requires the Board of Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of its incoming resources and resources expended for the period. In preparing those financial statements, the Board of Trustees should follow best practice and are required to:



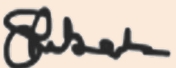
- select suitable accounting policies and apply them consistently
- make judgments and estimates that are reasonable and prudent
- comply with applicable accounting standards subject to any material departures disclosed and explained in the financial statements
- prepare the financial statements on an going concern basis unless it is inappropriate to presume that charity will continue in operation

The Board of Trustees is responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 1993. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities and to provide reasonable assurance that:

- the charity is operating efficiently and effectively
- all assets are safeguarded against unauthorised use or disposition and are properly applied
- proper records are maintained and financial information used within the charity or for publication is reliable
- the charity complies with relevant laws and regulations

The systems of internal control are designed to provide reasonable but not absolute assurance against material misstatement or loss.

Approved by the Trustees on 9th June 2024

Signed on their behalf by Trustee 

Printed Name: Susan Carol Roberts (Chair)

## INDEPENDENT EXAMINER'S REPORT ON THE ACCOUNTS

Report to the trustees of YOUNG MINDS MATTER on the accounts for the year ended 31st August 2024 set out on pages 19 to 23.

### Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (The Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention

### Basis of independent examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

### Independent examiner's statement

In connection with my examination, no matter has come to my attention

1. which gives me reasonable cause to believe that in, any material respect, the requirements:
  - to keep accounting records in accordance with section 130 of the Charities Act; and
  - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act

have not been met; or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed : 

Dated: 19.6.25

K Gomes FCIE MAAT  
Independent Examiners Ltd  
Unit 2  
The Broadridge Business Centre  
Dolling Lane  
Bosham  
PO18 8NF

STATEMENT OF RECEIPTS AND PAYMENTS  
FOR THE YEAR ENDED 31ST AUGUST 2024

|                                 | Notes     | Unrestricted<br>funds<br>£ | Restricted<br>Funds<br>£ | Total<br>Sep 23-Aug 24<br>£ | Previous<br>accounting<br>year<br>£ |
|---------------------------------|-----------|----------------------------|--------------------------|-----------------------------|-------------------------------------|
| <b>RECEIPTS</b>                 |           |                            |                          |                             |                                     |
| Donations and Legacies          | <b>3a</b> | 61,238                     | 55,860                   | 117,098                     | 52,438                              |
| Charitable Activities           | <b>3b</b> | 476                        |                          | 476                         | 83                                  |
| <b>TOTAL RECIEPTS</b>           |           | <b>61,715</b>              | <b>55,860</b>            | <b>117,575</b>              | <b>52,521</b>                       |
| Cost of Fundraising             | <b>4</b>  | 16,495                     | 0                        | 16,495                      | 4,625                               |
| Costs of Charitable Activities  | <b>5</b>  | 22,353                     | 26,296                   | 48,648                      | 37,280                              |
| <b>TOTAL PAYMENTS</b>           |           | <b>38,848</b>              | <b>26,296</b>            | <b>65,143</b>               | <b>41,906</b>                       |
| <b>NET INCOMING/(OUTGOING)</b>  |           | <b>22,867</b>              | <b>29,565</b>            | <b>52,432</b>               | <b>10,616</b>                       |
| <b>RECONCILIATION OF FUNDS:</b> |           |                            |                          |                             |                                     |
| Balances Brought Forward        |           | 11,175                     | 12,732                   | 23,907                      | -                                   |
| <b>BALANCES CARRIED FORWARD</b> |           | <b>34,041</b>              | <b>42,297</b>            | <b>76,338</b>               | <b>23,907</b>                       |

# STATEMENT OF ASSETS AND LIABILITIES

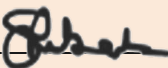
AS AT 31 AUGUST 2024

|                    | Unrestricted<br>funds<br>£ | Restricted<br>Funds<br>£ | Total<br>Sep 23-Aug 24<br>£ | Previous<br>accounting<br>year<br>£ |
|--------------------|----------------------------|--------------------------|-----------------------------|-------------------------------------|
| <b>Cash Funds:</b> |                            |                          |                             |                                     |
| Current Accounts   | 34,041                     | 42,297                   | 76,338                      | 23,907                              |
| <b>NET ASSETS</b>  | <b>34,041</b>              | <b>42,297</b>            | <b>76,338</b>               | <b>23,907</b>                       |
| Represented by:    |                            |                          |                             |                                     |
| General Funds      | 34,041                     | -                        | 34,041                      | 11,175                              |
| Restricted Funds   | 42,297                     | -                        | 42,297                      | 12,732                              |
| <b>LIABILITIES</b> | <b>0</b>                   |                          | <b>0</b>                    | <b>0</b>                            |

## TRUSTEES RESPONSIBILITIES IN RELATION TO FINANCIAL STATEMENTS

Charity Law requires the Trustees to prepare financial statements for each financial year which comply with the regulations set out in the Charities Act 2011. The Trustees have elected to take advantage of the provisions that apply to small charities and have prepared a Receipts and Payments Account and Statement of Assets and Liabilities which are set out on the pages above.

Approved by the Trustees on 9th June 2024

Signed on their behalf by Trustee 

Printed Name: Susan Carol Roberts (Chair)



NOTES TO THE ACCOUNTS  
FOR THE YEAR ENDED 31ST AUGUST 2023

1. BASIS OF ACCOUNTING

The accounts have been prepared under the "Receipts and Payments" basis as prescribed by the Charity Commissioners, and they meet the appropriate legal requirements.

The CIO meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost unless otherwise stated in the relevant accounting policy notes.

Assessment of Going Concern

Preparation of the accounts is on an ongoing concern basis. The Trustees consider that there are no material uncertainties about the CIO's ability to continue as an ongoing concern.

Fund Accounting

Funds held by the CIO are either:

1. Unrestricted Funds

These are funds which can be used in accordance with the CIO's objectives, at the discretion of the trustees.

2. Designated funds

These funds are funds set aside by the trustees out of unrestricted general funds for specific purposes or projects.

3. Restricted Funds

These are funds that can only be used for particular restricted purposes within the objects of the CIO.

Incoming Resources

All income is included in the accounts when actually received by the CIO.

Resources Expended

Resources expended are recognised when paid by the CIO.

2. TANGIBLE FIXED ASSETS

The CIO held no fixed assets investments during this or the previous financial period.

NOTES TO THE ACCOUNTS  
FOR THE YEAR ENDED 31ST AUGUST 2024

3. RECEIPTS

|   | Unrestricted<br>funds<br>£ | Restricted<br>Funds<br>£ | Total<br>Sep 23-Aug 24<br>£ | Previous<br>accounting year<br>£ |
|---|----------------------------|--------------------------|-----------------------------|----------------------------------|
| <b>a) Donations and Legacies</b>              |                            |                          |                             |                                  |
| Donations                                     | 40,238                     | 7,314                    | 47,552                      | 22,508                           |
| Grants  | 21,000                     | 48,546                   | 69,546                      | 29,930                           |
| <b>Total</b>                                  | <b>61,238</b>              | <b>55,860</b>            | <b>117,098</b>              | <b>52,438</b>                    |
| <b>b) Incoming from Charitable Activities</b> |                            |                          |                             |                                  |
| Other Income                                  | 476                        | -                        | 476                         | 83                               |
| <b>TOTAL RECEIPTS</b>                         | <b>61,715</b>              | <b>55,860</b>            | <b>117,575</b>              | <b>52,521</b>                    |

4. PAYMENTS

|                                       | Unrestricted<br>funds<br>£ | Restricted<br>Funds<br>£ | Total<br>Sep 23-Aug 24<br>£ | Previous<br>accounting year<br>£ |
|---------------------------------------|----------------------------|--------------------------|-----------------------------|----------------------------------|
| <b>Costs of Charitable Activities</b> |                            |                          |                             |                                  |
| DBS Checks                            | 258                        | 306                      | 564                         | 112                              |
| Events                                | 16,495                     | -                        | 16,495                      | 4,625                            |
| Insurance                             | 549                        | -                        | 549                         | 549                              |
| IT Equipment / Software               | -                          | -                        | -                           | -                                |
| Licenses & Subscriptions              | 1,331                      | -                        | 1,331                       | 1,407                            |
| Other                                 | 1,732                      | -                        | 1,732                       | 1,343                            |
| Staff Costs:                          |                            |                          |                             |                                  |
| Wages & Salaries                      | 13,479                     | 24,614                   | 38,093                      | 26,569                           |
| PAYE/NI Contributions                 | 234                        | -                        | 234                         | 631                              |
| Pension Contributions                 | -                          | -                        | -                           | -                                |
| Staff Training                        | 1,756                      | 1,360                    | 3,116                       | 4,338                            |
| Other Staff Costs                     | 178                        | 16                       | 193                         | 1,369                            |
| Legal & Professional Fees             | 2,835                      | -                        | 2,835                       | 962                              |
| <b>TOTAL PAYMENTS</b>                 | <b>38,848</b>              | <b>26,296</b>            | <b>65,143</b>               | <b>41,906</b>                    |

NOTES TO THE ACCOUNTS  
FOR THE YEAR ENDED 31ST AUGUST 2024

5. STAFF COSTS AND NUMBERS

|   | <b>Total<br/>Sep 23-Aug 24<br/>£</b> | <b>Total<br/>Sep 22-Aug 23<br/>£</b> |
|---|--------------------------------------|--------------------------------------|
| <b>Costs of Charitable Activities</b>                                   |                                      |                                      |
| Gross Wages & Salaries  | 38,093                               | 26,569                               |
| Employer's National Insurance Costs<br>Employer's Pension Contributions | 234                                  | 631                                  |
|   | <b>38,327</b>                        | <b>27,200</b>                        |

The charity operates a PAYE scheme to pay all employed members of staff and no employees received emoluments in excess of £60,000.

6. TRUSTEES AND OTHER RELATED PARTIES

No payments were made to Trustees or any persons connected with them during this financial period. No material transaction took place between the organisation and a Trustee or any person connected with them.

7. RISK ASSESSMENT

The Trustees actively review the major risks which the charity faces on a regular basis and believe that maintaining the reserves stated combined with the annual review of the controls over key financial systems carried out on an annual basis will provide sufficient resources in the event of adverse conditions. The Trustees have also examined other operational and business risks which they face and confirm that they have established systems to mitigate the significant risks.

8. RESERVES POLICY

The Trustees have considered the level of reserves they wish to retain, appropriate to the charity's needs. This is based on the size and the level of financial commitments held. The Trustees aim to ensure the charity will be able to continue to fulfil its charitable objectives even if there is a temporary shortfall in income or unexpected expenditure. The Trustees will endeavour not to set aside funds unnecessarily.

9. PUBLIC BENEFIT

The charity acknowledges its requirement to demonstrate clearly that it must have charitable purposes or 'aims' that are for the public benefit. Details of how the charity has achieved this are provided in the Trustees report.

The Trustees confirm that they have paid due regard to the Charity Commission guidance on public benefit before deciding what activities the charity should undertake.