

SA1UTE

England & Wales · Charity number 1187954

Details

Status Registered

Legal form CIO

Registered 2020-02-13

Register [View on the Charity Commission register](#)

Contact

Address 38-39 Castle Street
Swansea
West Glamorgan
SA1 1HZ

Phone 07796346290

Email sa1ute@outlook.com

Activities

Objects: TO PROMOTE THE GOOD MENTAL HEALTH OF VETERANS AND SERVING MEMBERS OF THE ARMED FORCES WHO ARE SUFFERING COMBAT RELATED MENTAL HEALTH ISSUES, BY THE PROVISION OF A RETREAT.

Activities: We are a non-profit charity that has been set up to help promote good mental health of veterans and serving members of the armed forces, who are suffering from combat related health issues. We are based in run from Swansea, South Wales, with a parcel of land near Pen-Y-Fan, which will be transformed into a retreat, that veterans and serving members of the armed forces can use for free.

Classification

- **How:** Provides Buildings/facilities/open Space, Provides Services
- **What:** General Charitable Purposes

Geography

- Carmarthenshire
- City Of Swansea
- Pembrokeshire
- Powys

Finances

Period end	Income	Expenditure	Assets	Employees
2025-05-01	£6,912	£6,957	-	-
2024-05-01	£11,870	£12,292	-	-
2023-05-01	£7,559	£15,070	-	-
2022-05-01	£2,975	£203	-	-
2021-05-01	£2,754	£173	-	-

Trustees

Name	Role	Appointed
Edna West		2022-10-01
Hayley Louise West		2022-05-01
Lee Gordon West		2020-02-13

SA1UTE

England & Wales - Charity number 1187954

Accounts



SA1UTE – 1187954
38-39 CASTLE ST, SWANSEA, SA1 1HZ.

STATEMENT OF SA1UTE 2024 -2025.

During this period the charity remained in a local and simply run position. It continued to benefit from free use of the premises at Castle St. The premises is leased by trustee Lee West for his café business. This allows SA1UTE to operate in an already established café for support events to veterans completely free of charge and in an environment regulated and supervised professionally. No overheads are paid by the charity whatsoever (unless received directly from a grant), which means it's expenditure is solely focused on operations and not for paying anyone or anything to costs normally associated with a working premises. This has been vital for the survival of a fledgling charity that launched straight into the Covid pandemic. Without this support during a period where fundraising was non-existent the charity would have had to cease. It provides an ongoing safety net knowing that even if fundraising and grants are low throughout the months, there is no target to hit for staying afloat. The charity can operate with comfort that it won't go under because it has zero overheads apart from giving support when required.

The charity offers itself to other charities as a support hub for any referrals. If a charity wishes to use our facilities or services they can get in touch. They also send individuals and groups down for support and also to utilise our free cycle service.

This year saw a continued focus towards bicycle support. We held bicycles and equipment to continue our 'Psychles' service. Offering free bike rental to veterans in need. Also fixing up bicycles for those in need. A previous grant allowed us to acquire everything needed and once we had it, we operated with trustee Lee West doing all the work for free as part of his trustee duties. This again allows an easing of pressure on fundraising during difficult times for the country and economy. Our service has the freedom to operate and support without large amounts of funds. Funds mostly go to equipment, tools, replacement parts, food and drink stock for veteran support events.

The winter period saw us receive a grant from the National Grid to run a 'warm space', similar to the year before. We utilise this to keep the heating and lights on and provide hot drinks and snacks free of charge, along with a safe space with no commitment to purchase anything or be pressured to leave.

The latter part of the period witnessed a transitional phase, where a different management came in to the running of the café venue at 38-39 Castle Street. Although it is still under lease to Lee West there will be a break clause in 2026 and a full review of the arrangement will be conducted. Discussions have been held with an established local veterans charity with regard to merging/incorporating SA1UTE and what that would look like.

Lee West



SA1UTE – 1187954
38-39 CASTLE ST, SWANSEA, SA1 1HZ.

Chairman
Trustee.

Profit and Loss					
SA1UTE 1187954					
	SA1UTE	Total			
	24/25				
Income					
DONATIONS	£1,911.75	£1,911.75			
GRANTS	£5,000.00	£5,000.00			
Total Income	£6,911.75	£6,911.75			
Less Cost of Sales					
EQUIPMENT / TOOLS	£696.50	£696.50			
TRAINING COURSES	£0.00				
STOCK	£1,165.62				
	£0.00				
	£0.00				
	£0.00				
	£0.00	£0.00			
	£0.00	£0.00			
	£0.00	£0.00			
Total Cost of Sales	£1,862.12	£1,862.12			
Gross Profit					
	£5,049.63	£5,049.63			
GP%	73.06%	73.06%			
Less Operating Expenses					
Advertising & Marketing	£0.00	£0.00			
Bank Fees and interest	£0.00	£0.00			
Business Rates	£0.00	£0.00			
Bar Expenses	£0.00	£0.00			
Cleaning	£0.00	£0.00			
Employers National Insurance	£0.00	£0.00			
Entertainment	£0.00	£0.00			
Equipment Hire/rental	£0.00	£0.00			
General Expenses	£0.00	£0.00			
Health & Safety	£0.00	£0.00			
Insurance	£0.00	£0.00			
Interest HP & Leasing	£0.00	£0.00			
IT Software and Consumables	£0.00	£0.00			
Legal Expenses	£0.00	£0.00			
Light, Power, Heating, Utilities	£3,918.36	£3,918.36			
Motor Vehicle Expenses	£0.00	£0.00			
PDQ Charges	£0.00	£0.00			
Pensions Costs	£0.00	£0.00			
Printing	£0.00	£0.00			
Professional fees	£0.00	£0.00			
Rates	£0.00	£0.00			
Rent	£0.00	£0.00			
Repairs & Maintenance	£280.00	£280.00			
Volunteer/Staff Costs	£860.00	£860.00			

Stationery	£0.00	£0.00			
Subscriptions	£0.00	£0.00			
Telephone & Internet	£0.00	£0.00			
Travel - National	£36.84	£36.84			
Waste Expense	£0.00	£0.00			
Water Rates	£0.00	£0.00			
Total Operating Expenses	£5,095.20	£5,095.20			
Net Profit	-£45.57	-£45.57			
NP %	-0.66%	-0.66%			

SA1UTE

England & Wales - Charity number 1187954

Accounts



SA1UTE – 1187954
38-39 CASTLE ST, SWANSEA, SA1 1HZ.

STATEMENT OF SA1UTE 2023 -2024.

The charity remains in a local and simply run position. It continues to benefit from free use of the premises at Castle St. The premises is leased by trustee Lee West for his café business. This allows SA1UTE to operate in an already established café for support events to veterans completely free of charge and in an environment regulated and supervised professionally. No overheads are paid by the charity whatsoever (unless received directly from a grant), which means it's expenditure is solely focused on operations and not for paying anyone or anything to costs normally associated with a working premises. This has been vital for the survival of a fledgling charity that launched straight into the Covid pandemic. Without this support during a period where fundraising was non-existent the charity would have had to cease. It provides an ongoing safety net knowing that even if fundraising and grants are low throughout the months, there is no target to hit for staying afloat. The charity can operate with comfort that it won't go under because it has zero overheads apart from giving support when required.

The charity offers itself to other charities as a support hub for any referrals. If a charity wishes to use our facilities or services they can get in touch. They also send individuals and groups down for support and also to utilise our free cycle service.

This year saw a continued focus towards bicycle support. We hold bicycles and equipment to continue our 'Psychles' service. Offering free bike rental to veterans in need. Also fixing up bicycles for those in need. A previous grant allowed us to acquire everything needed and once we had it, we operated with trustee Lee West doing all the work for free as part of his trustee duties. This again allows an easing of pressure on fundraising during difficult times for the country and economy. Our service has the freedom to operate and support without large amounts of funds. Funds mostly go to equipment, tools, replacement parts, food and drink stock for veteran support events.

Lee West
Chairman
Trustee.

Profit and Loss					
SA1UTE 1187954					
	SA1UTE	Total			
	2023	2024			
Income					
DONATIONS	£1,812.50	£1,812.50			
GRANTS	£10,000.00	£10,000.00			
Total Income	£11,812.50	£11,812.50			
Less Cost of Sales					
EQUIPMENT / TOOLS	£933.74	£933.74			
TRAINING COURSES	£0.00				
STOCK	£1,771.39				
	£0.00				
	£0.00				
	£0.00				
	£0.00	£0.00			
	£0.00	£0.00			
	£0.00	£0.00			
Total Cost of Sales	£2,705.13	£2,705.13			
Gross Profit					
	£9,107.37	£9,107.37			
GP%	77.10%	77.10%			
Less Operating Expenses					
Advertising & Marketing	£0.00	£0.00			
Bank Fees and interest	£0.50	£0.50			
Business Rates	£0.00	£0.00			
Bar Expenses	£0.00	£0.00			
Cleaning	£0.00	£0.00			
Employers National Insurance	£0.00	£0.00			
Entertainment	£0.00	£0.00			
Equipment Hire/rental	£0.00	£0.00			
General Expenses	£72.56	£72.56			
Health & Safety	£0.00	£0.00			
Insurance	£0.00	£0.00			
Interest HP & Leasing	£0.00	£0.00			
IT Software and Consumables	£0.00	£0.00			
Legal Expenses	£0.00	£0.00			
Light, Power, Heating	£3,000.00	£3,000.00			
Motor Vehicle Expenses	£0.00	£0.00			
PDQ Charges	£0.00	£0.00			
Pensions Costs	£0.00	£0.00			
Printing	£0.00	£0.00			
Professional fees	£0.00	£0.00			
Rates	£0.00	£0.00			
Rent	£0.00	£0.00			
Repairs & Maintenance	£1,000.00	£1,000.00			
Volunteer/Staff Costs	£5,000.00	£5,000.00			

Stationery	£0.00	£0.00			
Subscriptions	£0.00	£0.00			
Telephone & Internet	£0.00	£0.00			
Travel - National	£553.82	£553.82			
Waste Expense	£0.00	£0.00			
Water Rates	£0.00	£0.00			
Total Operating Expenses	£9,626.88	£9,626.88			
Net Profit	-£519.51	-£519.51			
NP %	-4.40%	-4.40%			

SA1UTE

England & Wales - Charity number 1187954

Accounts



SA1UTE – 1187954
38-39 CASTLE ST, SWANSEA, SA1 1HZ.

STATEMENT OF SA1UTE 2022 -2023.

The charity remains in a local and simply run position. It continues to benefit from free use of the premises at Castle St. The premises is leased by trustee Lee West for his café business. This allows SA1UTE to operate in an already established café for support events to veterans completely free of charge and in an environment regulated and supervised professionally. No overheads are paid by the charity whatsoever, which means it's expenditure is solely focused on operations and not for paying anyone or anything to costs normally associated with a working premises. This has been vital for the survival of a fledgling charity that launched straight into the Covid pandemic. Without this support during a period where fundraising was non-existent the charity would have had to cease. It provides an ongoing safety net knowing that even if fundraising and grants are low throughout the months, there is no target to hit for staying afloat. The charity can operate with comfort that it won't go under because it has zero overheads apart from giving support when required.

The charity offers itself to other charities as a support hub for any referrals. If a charity wishes to use our facilities or services they can get in touch. They also send individuals and groups down for support and also to utilise our free cycle service.

This year saw a shift in focus towards bicycle support. We received a grant from the council to buy bicycles and equipment to begin our 'Psychles' service. Offering free bike rental to veterans in need. Also fixing up bicycles for those in need. This grant allowed us to acquire everything needed and once we had it, we operated with trustee Lee West doing all the work for free as part of his trustee duties. This again allows an easing of pressure on fundraising during difficult times for the country and economy. Our service has the freedom to operate and support without large amounts of funds. Funds mostly go to equipment, tools, replacement parts, food and drink stock for veteran support events.

Lee West
Chairman
Trustee.

Profit and Loss

SA1UTE 1187954

	SA1UTE	Total	SA1UTE	Total
	JAN		FEB	
Income				
DONATIONS	£561.64	£561.64	£48.99	£48.99
GRANTS	£0.00	£0.00	£0.00	£0.00
Total Income	£561.64	£561.64	£48.99	£48.99
Less Cost of Sales				
EQUIPMENT / 1	£102.03	£102.03	£4,995.40	£4,995.40
	£0.00		£0.00	£0.00
	£0.00		£0.00	£0.00
	£0.00		£0.00	£0.00
	£0.00		£0.00	£0.00
	£0.00	£0.00	£0.00	£0.00
	£0.00	£0.00	£0.00	£0.00
	£0.00	£0.00	£0.00	£0.00
Total Cost of S	£102.03	£102.03	£4,995.40	£4,995.40
Gross Profit	£459.61	£459.61	(£4,946.41)	(£4,946.41)
GP%	81.83%	81.83%	-10096.77%	-10096.77%
Less Operating Expenses				
Advertising & M	£17.31	£17.31	£2.69	£2.69
Bank Fees and i	£0.00	£0.00	£0.00	£0.00
Business Rates	£0.00	£0.00		
Stock Expenses	£391.09	£391.09	£0.00	£0.00
Cleaning	£0.00	£0.00	£0.00	£0.00
Training	£36.00	£36.00	£0.00	£0.00
Entertainment	£0.00	£0.00	£0.00	£0.00
Equipment Hire/	£0.00	£0.00	£0.00	£0.00
General Expens	£0.00	£0.00	£0.00	£0.00
Health & Safety	£0.00	£0.00	£0.00	£0.00
Insurance	£0.00	£0.00	£0.00	£0.00
Interest HP & L€	£0.00	£0.00	£0.00	£0.00
IT Software an	£0.00	£0.00	£0.00	£0.00
Legal Expenses	£0.00	£0.00	£0.00	£0.00
Light, Power, H€	£0.00	£0.00	£0.00	£0.00
Motor Vehicle E	£7.00	£7.00	£0.00	£0.00

PDQ Charges	£0.00	£0.00	£0.00	£0.00
Pensions Costs	£0.00	£0.00	£0.00	£0.00
Fuel	£0.00	£0.00	£0.00	£0.00
Contractors	£0.00	£0.00	£0.00	£0.00
Rates	£0.00	£0.00	£0.00	£0.00
Rent	£0.00	£0.00	£0.00	£0.00
Repairs & Maint	£0.00	£0.00	£0.00	£0.00
Salaries	£0.00	£0.00	£0.00	£0.00
Stationery	£0.00	£0.00	£0.00	£0.00
Subscriptions	£0.00	£0.00	£0.00	£0.00
Telephone & Int	£0.00	£0.00	£0.00	£0.00
Travel - Icidenta	£0.00	£0.00	£0.00	£0.00
Waste Expense	£0.00	£0.00	£0.00	£0.00
Water Rates	£0.00	£0.00	£0.00	£0.00
Total Operatin	£451.40	£451.40	£2.69	£2.69
Net Profit	£8.21	£8.21	(£4,949.10)	(£4,949.10)
NP %	1.46%	1.46%	-10102.27%	-10102.27%

Profit and Loss

SA1UTE 1187954

	SA1UTE	Total	SA1UTE	Total
	APR		MAY	
Income				
DONATIONS	£0.00	£0.00	£35.00	£35.00
GRANTS	£0.00	£0.00	£0.00	£0.00
Total Income	£0.00	£0.00	£35.00	£35.00
Less Cost of Sales				
EQUIPMENT /	£0.00	£0.00	£295.00	£295.00
TRAINING COL	£0.00		£0.00	£0.00
	£0.00		£0.00	£0.00
	£0.00		£0.00	£0.00
	£0.00		£0.00	£0.00
	£0.00	£0.00	£0.00	£0.00
	£0.00	£0.00	£0.00	£0.00
	£0.00	£0.00	£0.00	£0.00
Total Cost of S	£0.00	£0.00	£295.00	£295.00
Gross Profit	£0.00	£0.00	(£260.00)	(£260.00)
GP%			-742.86%	-742.86%

Less Operating Expenses

Advertising & M	£0.00	£0.00	£0.00	£0.00
Bank Fees and i	£0.50	£0.50	£0.00	£0.00
Business Rates	£0.00	£0.00		
Bar Expenses	£0.00	£0.00	£0.00	£0.00
Cleaning	£0.00	£0.00	£0.00	£0.00
Employers Natic	£0.00	£0.00	£0.00	£0.00
Entertainment	£0.00	£0.00	£0.00	£0.00
Equipment Hire/	£0.00	£0.00	£0.00	£0.00
General Expens	£0.00	£0.00	£0.00	£0.00
Health & Safety	£0.00	£0.00	£0.00	£0.00
Insurance	£0.00	£0.00	£0.00	£0.00
Interest HP & L€	£0.00	£0.00	£0.00	£0.00
IT Software an	£0.00	£0.00	£0.00	£0.00
Legal Expenses	£0.00	£0.00	£0.00	£0.00
Light, Power, H€	£0.00	£0.00	£0.00	£0.00
Motor Vehicle E	£0.00	£0.00	£99.00	£99.00
PDQ Charges	£0.00	£0.00	£0.00	£0.00
Pensions Costs	£0.00	£0.00	£0.00	£0.00
Printing	£0.00	£0.00	£0.00	£0.00
Professional fee	£0.00	£0.00	£0.00	£0.00
Rates	£0.00	£0.00	£0.00	£0.00
Rent	£0.00	£0.00	£0.00	£0.00
Repairs & Maint	£0.00	£0.00	£0.00	£0.00
Salaries	£0.00	£0.00	£0.00	£0.00
Stationery	£0.00	£0.00	£0.00	£0.00
Subscriptions	£0.00	£0.00	£0.00	£0.00
Telephone & Int	£0.00	£0.00	£0.00	£0.00
Travel - Nationa	£0.00	£0.00	£0.00	£0.00
Waste Expense	£0.00	£0.00	£0.00	£0.00
Water Rates	£0.00	£0.00	£0.00	£0.00
Total Operatin	£0.50	£0.50	£99.00	£99.00
Net Profit	(£0.50)	(£0.50)	(£359.00)	(£359.00)
NP %			-1025.71%	-1025.71%

Profit and Loss**SA1UTE 1187954****SA1UTE Total**
JUL**SA1UTE Total**
AUG

Income

DONATIONS	£152.05	£152.05	£66.94	£66.94
GRANTS	£0.00	£0.00	£0.00	£0.00
Total Income	£152.05	£152.05	£66.94	£66.94

Less Cost of Sales

EQUIPMENT / 1	£286.78	£286.78	£936.31	£936.31
	£0.00		£0.00	£0.00
	£0.00		£0.00	£0.00
	£0.00		£0.00	£0.00
	£0.00		£0.00	£0.00
	£0.00	£0.00	£0.00	£0.00
	£0.00	£0.00	£0.00	£0.00
	£0.00	£0.00	£0.00	£0.00
Total Cost of S	£286.78	£286.78	£936.31	£936.31

Gross Profit	(£134.73)	(£134.73)	(£869.37)	(£869.37)
GP%	-88.61%	-88.61%	-1298.73%	-1298.73%

Less Operating Expenses

Advertising & M	£0.00	£0.00	£60.90	£60.90
Bank Fees and i	£0.50	£0.50	£0.00	£0.00
Business Rates	£0.00	£0.00		
Stock Expenses	£0.00	£0.00	£0.00	£0.00
Cleaning	£0.00	£0.00	£0.00	£0.00
Employers Natic	£0.00	£0.00	£0.00	£0.00
Entertainment	£0.00	£0.00	£0.00	£0.00
Equipment Hire/	£0.00	£0.00	£0.00	£0.00
General Expens	£0.00	£0.00	£0.00	£0.00
Health & Safety	£0.00	£0.00	£0.00	£0.00
Insurance	£0.00	£0.00	£0.00	£0.00
Interest HP & Lc	£0.00	£0.00	£0.00	£0.00
IT Software an	£0.00	£0.00	£0.00	£0.00
Legal Expenses	£0.00	£0.00	£0.00	£0.00
Light, Power, He	£0.00	£0.00	£0.00	£0.00
Motor Vehicle E	£0.00	£0.00	£290.00	£290.00
PDQ Charges	£0.00	£0.00	£0.00	£0.00
Pensions Costs	£0.00	£0.00	£0.00	£0.00
Fuel	£99.00	£99.00	£357.25	£357.25
Contractors	£0.00	£0.00	£155.00	£155.00
Rates	£0.00	£0.00	£0.00	£0.00
Rent	£0.00	£0.00	£0.00	£0.00
Repairs & Maint	£0.00	£0.00	£0.00	£0.00

Salaries	£0.00	£0.00	£0.00	£0.00
Stationery	£0.00	£0.00	£0.00	£0.00
Subscriptions	£0.00	£0.00	£0.00	£0.00
Telephone & Int	£0.00	£0.00	£0.00	£0.00
Travel - Icidenta	£4.14	£4.14	£561.84	£561.84
Waste Expense	£0.00	£0.00	£0.00	£0.00
Water Rates	£0.00	£0.00	£0.00	£0.00
Total Operatin	£103.64	£103.64	£1,424.99	£1,424.99
Net Profit	(£238.37)	(£238.37)	(£2,294.36)	(£2,294.36)
NP %	-156.77%	-156.77%	-3427.49%	-3427.49%

Profit and Loss

SA1UTE 1187954

	SA1UTE	Total	SA1UTE	Total
	OCT		NOV	
Income				
DONATIONS	£0.00	£0.00	£899.22	£899.22
GRANTS	£0.00	£0.00	£0.00	£0.00
Total Income	£0.00	£0.00	£899.22	£899.22
Less Cost of Sales				
EQUIPMENT / 1	£630.27	£630.27	£97.15	£97.15
	£0.00		£0.00	£0.00
	£0.00		£0.00	£0.00
	£0.00		£0.00	£0.00
	£0.00		£0.00	£0.00
	£0.00	£0.00	£0.00	£0.00
	£0.00	£0.00	£0.00	£0.00
	£0.00	£0.00	£0.00	£0.00
Total Cost of S	£630.27	£630.27	£97.15	£97.15
Gross Profit	(£630.27)	(£630.27)	£802.07	£802.07
GP%			89.20%	89.20%
Less Operating Expenses				
Advertising & M	£118.50	£118.50	£75.58	£75.58
Bank Fees and i	£0.00	£0.00	£0.00	£0.00
Business Rates	£0.00	£0.00		
Stock Expenses	£293.39	£293.39	£392.36	£392.36

Cleaning	£0.00	£0.00	£0.00	£0.00
Employers Natic	£0.00	£0.00	£0.00	£0.00
Entertainment	£0.00	£0.00	£0.00	£0.00
Equipment Hire/	£0.00	£0.00	£0.00	£0.00
General Expens	£0.00	£0.00	£0.00	£0.00
Health & Safety	£0.00	£0.00	£0.00	£0.00
Insurance	£0.00	£0.00	£0.00	£0.00
Interest HP & Lc	£0.00	£0.00	£0.00	£0.00
IT Software an	£0.00	£0.00	£0.00	£0.00
Legal Expenses	£0.00	£0.00	£0.00	£0.00
Light, Power, Hk	£0.00	£0.00	£0.00	£0.00
Motor Vehicle E	£10.80	£10.80	£0.00	£0.00
PDQ Charges	£0.00	£0.00	£57.60	£57.60
Pensions Costs	£0.00	£0.00	£0.00	£0.00
Fuel	£99.00	£99.00	£120.00	£120.00
Contractors	£0.00	£0.00	£100.00	£100.00
Rates	£0.00	£0.00	£0.00	£0.00
Rent	£0.00	£0.00	£0.00	£0.00
Repairs & Maint	£0.00	£0.00	£0.00	£0.00
Salaries	£0.00	£0.00	£0.00	£0.00
Stationery	£0.00	£0.00	£0.00	£0.00
Subscriptions	£0.00	£0.00	£0.00	£0.00
Telephone & Int	£0.00	£0.00	£0.00	£0.00
Travel - Icidenta	£7.74	£7.74	£0.00	£0.00
Waste Expense	£0.00	£0.00	£0.00	£0.00
Water Rates	£0.00	£0.00	£0.00	£0.00
Total Operatin	£529.43	£529.43	£745.54	£745.54
Net Profit	(£1,159.70)	(£1,159.70)	£56.53	£56.53
NP %			6.29%	6.29%

Profit and Loss

SA1UTE 1187954

	SA1UTE	Total	SA1UTE	Total
	APR		MAY	
Income				
DONATIONS	£335.48	£335.48	£590.00	£590.00
GRANTS	£0.00	£0.00	£0.00	£0.00
Total Income	£335.48	£335.48	£590.00	£590.00
Less Cost of Sales				
EQUIPMENT / 1	£306.67	£306.67	£37.99	£37.99

	£0.00		£0.00	£0.00
	£0.00		£0.00	£0.00
	£0.00		£0.00	£0.00
	£0.00		£0.00	£0.00
	£0.00		£0.00	£0.00
	£0.00	£0.00	£0.00	£0.00
	£0.00	£0.00	£0.00	£0.00
	£0.00	£0.00	£0.00	£0.00
Total Cost of S	£306.67	£306.67	£37.99	£37.99

Gross Profit	£28.81	£28.81	£552.01	£552.01
GP%	8.59%	8.59%	93.56%	93.56%

Less Operating Expenses

Advertising & M	£0.00	£0.00	£0.00	£0.00
Bank Fees and i	£0.00	£0.00	£0.00	£0.00
Business Rates	£0.00	£0.00		
Stock Expenses	£0.00	£0.00	£0.00	£0.00
Cleaning	£0.00	£0.00	£0.00	£0.00
Training	£0.00	£0.00	£0.00	£0.00
Entertainment	£0.00	£0.00	£0.00	£0.00
Equipment Hire/	£0.00	£0.00	£0.00	£0.00
General Expens	£0.00	£0.00	£0.00	£0.00
Health & Safety	£0.00	£0.00	£0.00	£0.00
Insurance	£0.00	£0.00	£0.00	£0.00
Interest HP & L€	£0.00	£0.00	£0.00	£0.00
IT Software an	£0.00	£0.00	£0.00	£0.00
Legal Expenses	£0.00	£0.00	£0.00	£0.00
Light, Power, H€	£0.00	£0.00	£0.00	£0.00
Motor Vehicle E	£0.00	£0.00	£0.00	£0.00
PDQ Charges	£0.00	£0.00	£0.00	£0.00
Pensions Costs	£0.00	£0.00	£0.00	£0.00
Fuel	£0.00	£0.00	£0.00	£0.00
Contractors	£0.00	£0.00	£0.00	£0.00
Rates	£0.00	£0.00	£0.00	£0.00
Rent	£0.00	£0.00	£0.00	£0.00
Repairs & Maint	£0.00	£0.00	£0.00	£0.00
Salaries	£0.00	£0.00	£0.00	£0.00
Stationery	£0.00	£0.00	£0.00	£0.00
Subscriptions	£0.00	£0.00	£0.00	£0.00
Telephone & Int	£0.00	£0.00	£0.00	£0.00
Travel - Icidenta	£0.00	£0.00	£0.00	£0.00
Waste Expense	£0.00	£0.00	£0.00	£0.00
Water Rates	£0.00	£0.00	£0.00	£0.00

Total Operatin	£0.00	£0.00	£0.00	£0.00
Net Profit	£28.81	£28.81	£552.01	£552.01
NP %	8.59%	8.59%	93.56%	93.56%

SA1UTE	Total	SA1UTE	Total
MAR			
£530.00	£530.00	£1,140.63	£1,140.63
£0.00	£0.00	£0.00	£0.00
£530.00	£530.00	£1,140.63	£1,140.63
£419.66	£419.66	£102.03	£102.03
£0.00	£0.00	£0.00	£0.00
£0.00	£0.00	£0.00	£0.00
£0.00	£0.00	£0.00	£0.00
£0.00	£0.00	£0.00	£0.00
£0.00	£0.00	£0.00	£0.00
£0.00	£0.00	£0.00	£0.00
£0.00	£0.00	£0.00	£0.00
£0.00	£0.00	£0.00	£0.00
£419.66	£419.66	£102.03	£102.03
£110.34	£110.34	£1,038.60	£1,038.60
20.82%	20.82%	91.05%	91.05%
£0.00	£0.00	£20.00	£20.00
£0.00	£0.00	£0.00	£0.00
£0.00	£0.00	£391.09	£391.09
£0.00	£0.00	£0.00	£0.00
£0.00	£0.00	£36.00	£36.00
£0.00	£0.00	£0.00	£0.00
£0.00	£0.00	£0.00	£0.00
£0.00	£0.00	£0.00	£0.00
£0.00	£0.00	£0.00	£0.00
£0.00	£0.00	£0.00	£0.00
£0.00	£0.00	£0.00	£0.00
£0.00	£0.00	£0.00	£0.00
£0.00	£0.00	£0.00	£0.00
£0.00	£0.00	£0.00	£0.00
£0.00	£0.00	£0.00	£0.00
£0.00	£0.00	£7.00	£7.00

£130.00	£130.00	£348.99	£348.99
£0.00	£0.00	£0.00	£0.00
£130.00	£130.00	£348.99	£348.99

£705.16	£705.16	£286.78	£286.78
£0.00	£0.00	£0.00	£0.00
£0.00	£0.00	£0.00	£0.00
£0.00	£0.00	£0.00	£0.00
£0.00	£0.00	£0.00	£0.00
£0.00	£0.00	£0.00	£0.00
£0.00	£0.00	£0.00	£0.00
£0.00	£0.00	£0.00	£0.00
£0.00	£0.00	£0.00	£0.00
£705.16	£705.16	£286.78	£286.78

(£575.16)	(£575.16)	£62.21	£62.21
-442.43%	-442.43%	17.83%	17.83%

£0.00	£0.00	£60.90	£60.90
£0.00	£0.00	£0.50	£0.50

£973.47	£973.47	£973.47	£973.47
£0.00	£0.00	£0.00	£0.00
£0.00	£0.00	£0.00	£0.00
£0.00	£0.00	£0.00	£0.00
£0.00	£0.00	£0.00	£0.00
£0.00	£0.00	£0.00	£0.00
£0.00	£0.00	£0.00	£0.00
£0.00	£0.00	£0.00	£0.00
£0.00	£0.00	£0.00	£0.00
£0.00	£0.00	£0.00	£0.00
£0.00	£0.00	£0.00	£0.00
£0.00	£0.00	£0.00	£0.00
£0.00	£0.00	£0.00	£0.00
£0.00	£0.00	£290.00	£290.00
£0.00	£0.00	£0.00	£0.00
£0.00	£0.00	£0.00	£0.00
£138.97	£138.97	£595.22	£595.22
£0.00	£0.00	£155.00	£155.00
£0.00	£0.00	£0.00	£0.00
£0.00	£0.00	£0.00	£0.00
£0.00	£0.00	£0.00	£0.00

£0.00	£0.00	£0.00	£0.00
£0.00	£0.00	£0.00	£0.00
£0.00	£0.00	£0.00	£0.00
£19.99	£19.99	£19.99	£19.99
£77.39	£77.39	£643.37	£643.37
£0.00	£0.00	£0.00	£0.00
£0.00	£0.00	£0.00	£0.00
£1,209.82	£1,209.82	£2,738.45	£2,738.45
(£1,784.98)	(£1,784.98)	(£2,676.24)	(£2,676.24)
-1373.06%	-1373.06%	-766.85%	-766.85%

SA1UTE Total
DEC

SA1UTE Total

£75.00	£75.00	£974.22	£974.22
£4,700.00	£4,700.00	£4,700.00	£4,700.00
£4,775.00	£4,775.00	£5,674.22	£5,674.22
£93.43	£93.43	£630.27	£630.27
£0.00	£0.00	£0.00	£0.00
£0.00	£0.00	£0.00	£0.00
£0.00	£0.00	£0.00	£0.00
£0.00	£0.00	£0.00	£0.00
£0.00	£0.00	£0.00	£0.00
£0.00	£0.00	£0.00	£0.00
£0.00	£0.00	£0.00	£0.00
£0.00	£0.00	£0.00	£0.00
£93.43	£93.43	£630.27	£630.27
£4,681.57	£4,681.57	£5,043.95	£5,043.95
98.04%	98.04%	88.89%	88.89%

£23.43	£23.43	£217.51	£217.51
£0.00	£0.00	£0.00	£0.00
£422.45	£422.45	£1,108.20	£1,108.20

£0.00	£0.00	£0.00	£0.00
£0.00	£0.00	£0.00	£0.00
£0.00	£0.00	£0.00	£0.00
£0.00	£0.00	£0.00	£0.00
£0.00	£0.00	£0.00	£0.00
£0.00	£0.00	£0.00	£0.00
£0.00	£0.00	£0.00	£0.00
£0.00	£0.00	£0.00	£0.00
£0.00	£0.00	£0.00	£0.00
£0.00	£0.00	£0.00	£0.00
£0.00	£0.00	£0.00	£0.00
£0.00	£0.00	£10.80	£10.80
£2.00	£2.00	£59.60	£59.60
£0.00	£0.00	£0.00	£0.00
£123.69	£123.69	£342.69	£342.69
£0.00	£0.00	£100.00	£100.00
£0.00	£0.00	£0.00	£0.00
£0.00	£0.00	£0.00	£0.00
£0.00	£0.00	£0.00	£0.00
£0.00	£0.00	£0.00	£0.00
£0.00	£0.00	£0.00	£0.00
£0.00	£0.00	£0.00	£0.00
£0.00	£0.00	£0.00	£0.00
£0.00	£0.00	£7.74	£7.74
£0.00	£0.00	£0.00	£0.00
£0.00	£0.00	£0.00	£0.00
£571.57	£571.57	£1,846.54	£1,846.54
£4,110.00	£4,110.00	£3,197.41	£3,197.41
86.07%	86.07%	56.35%	56.35%

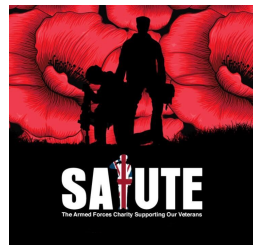
SA1UTE	Total	SA1UTE	Total
£0.00	£0.00	£925.48	£925.48
£0.00	£0.00	£0.00	£0.00
£0.00	£0.00	£925.48	£925.48
£0.00	£0.00	£306.67	£306.67

£0.00	£0.00	£0.00	£0.00
£0.00	£0.00	£618.81	£618.81
		66.86%	66.86%

SA1UTE

England & Wales - Charity number 1187954

Accounts



**SA1UTE CHARITY REG 1187954
38-39 CASTLE ST
SWANSEA
SA1 1HZ**

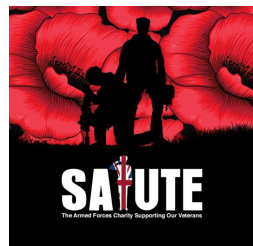
TRUSTEES ANNUAL REPORT

The trustees are aware that the operations concerning the charity have been severely hampered and restricted due to the Covid pandemic and ongoing restrictions. Expenditure was agreed by all to be of minimal activity which has been adhered to.

The procedure for using any of the charity funds have remained the same. Either two or more trustees must send written requests to the bank from their registered email in order to transfer funds or two trustees must enter the bank with ID and request withdrawals in person. These are currently the only way to use the funds.

The current bank account charges regular fees. This is because it is a credit union and our options for an official account were limited when the charity was in its infancy. It is agreed that a transfer to a main stream bank would be preferable and options have been explored but many banks have frozen new applications with the pandemic lingering on.

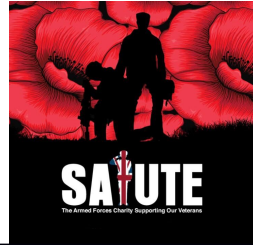
Activity has been next to nothing and therefore very straight forward to monitor and control. The charity also suffered from the passing away of trustee Paul O'Dwyer.



Lee West
Carl Dent
Stephen Rees

STATEMENT OF ACCOUNTS 02/05/21 - 01/05/22
LLOYDS BANK
SA1UTE
30-91-91
******6260**

ITEM	DATE	TYPE & DESCRIPTION	AMOUNT	BALANCE
01	28/05/21	MEMBERSHIP SERVICE FEE	-0.50	6272.57
02	30/06/21	MEMBERSHIP SERVICE FEE	-0.50	6272.07
03	21/07/21	MR STEPHEN REES FOR WEBSITE	-173.18	6098.89
04	21/07/21	BANK FEES	-5.00	6093.89
05	02/09/21	MEMBERSHIP SERVICE FEE	-0.50	6093.39
06	29/09/21	MEMBERSHIP SERVICE FEE	-0.50	6092.89
07	29/09/21	MEMBERSHIP SERVICE FEE	-0.50	6092.39



08	14/10/21	BANK FEE	18.75	6111.14
09	15/10/21	BANK FEE	-18.75	6092.39
10	03/11/21	MEMBERSHIP SERVICE FEE	-0.50	6091.89
11	30/11/21	MEMBERSHIP SERVICE FEE	-0.50	6091.39
12	29/12/21	MEMBERSHIP SERVICE FEE	-0.50	6090.89
13	02/02/22	MEMBERSHIP SERVICE FEE	-0.50	6090.39
14	28/02/22	MEMBERSHIP SERVICE FEE	-0.50	6089.89
15	22/03/22	DONATION DEPOSIT	2341.05	8430.94
16	22/03/22	DONATION DEPOSIT	486.41	8917.35
17	22/03/22	DONATION DEPOSIT	109.75	9027.10
18	01/04/22	MEMBERSHIP SERVICE FEE	-0.50	9026.60

BALANCE AT 01/05/22

9026.60

SA1UTE

England & Wales - Charity number 1187954

Accounts

SA1UE

1187954

31 LON COED BRAN COCKETT, SWANSEA, SA2 0YQ

Trustees:

CARL DENT

LEE WEST

To whom it may concern

SA1UTE was originally set up and managed by 4x trustees. One has resigned (Stephen Rees) and one has sadly passed away in a tragic paddle boarding accident in NOV2021 (Paul O'dwyer). The charity currently only has 2x trustees, myself Carl Dent and Lee West and we manage any day to day running of the charity.

In light of the recent passing of Paul and COVID19 restrictions, the charity has somewhat become stagnant and our activities in recent times have become very limited.

We are going to attempt to recruit more trustees, but at this time, the exact structure of this process has yet to be decided on.

We don't have any planned activities for the year ahead. Although we do intend to carry on with the development of our purchased land near Pen-Y-Fan. This will allow us to follow our initial objective, to create a retreat that veterans and serving members of the armed forces to use as an "escape" and help them improve mental well-being.

As mentioned in paragraph 2. We have not taken part or organised any fund-raising activities since the charity gained charity status. All of the money that has been detailed in the annual report recently completed. Have been acquired from individual fund raising by members of public and deposited in our charity account.

If you require any further information, please feel free to reach out to me on the details you hold for me.

We apologise for the delay in completing both returns. Paul would have previously dealt with all of the admin side of the charity. His untimely and heart breaking death, has left us in limbo and we are only now getting things inline.

Yours sincerely

Carl Dent