

Charity no. 1187866

Suicide Prevention UK
Report and Financial Statements
28 February 2022

Suicide Prevention UK

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For the year ended 28 February 2022

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Suicide Prevention UK

Reference and administrative details

For the year ended 28 February 2022

Charity number	1187866
Operational address	Suicide Prevention UK Suite 601 179 Whiteladies Road Bristol BS8 2AG
Trustees	Michael Everett Chair Robin Mumme (Resigned 7/10/22) Marianne Ramnath Syeda Nighaarish Jafferri (Appointed 7/10/22) Phillip Stephan Houghton (Appointed 20/01/23)
Bankers	Tide Platform Limited 5th Floor 1 Appold Street London EC2A 2UT
Accountant	Stepping Stones Accountancy Limited 7c Hanham Hall Whittucks Road Hanham Bristol BS15 3FR

Suicide Prevention UK

Report of the trustees

For the year ended 28 February 2022

Reference and administrative information set out on page 1 forms part of this report. The financial statements comply with current statutory requirements and the constitution.

Structure, governance and management

Governance:

Suicide Prevention Bristol is a registered charity, registered with the Charity Commission for England and Wales on 11 February 2020, registration number 1187866.

Trustees are recruited with a view to diversity, sound experience in the related field or professional expertise the relevant area.

Risk Policy:

It is the policy of the trustees to review risks on an annual basis. Each seeks to establish that all risks are documented and that steps to mitigate such risks are established and executed. As a result of this process, the trustees are satisfied that residual risks are minimal.

Objectives and activities

In producing this Annual Report and Accounts, the Trustees have given due consideration to the Charity Commission for England & Wales' published guidance on the public benefit requirement under the Charities Act 2011.

Suicide Prevention UK aim to continue to provide core listening and online help and signposting services to the general public free of charge.

We're proud to say the charity has grown in many ways this year. This means, we continue to reduce lives lost to suicide.

The charity has seen a change in its name, from Suicide Prevention Bristol to now, Suicide Prevention UK. This is vital in ensuring that it is known to our beneficiaries that we work to cover the whole of the UK via our Suicide Prevention UK Helpline and online.

We warmly welcome everyone who joined Suicide Prevention UK this year; it's our people - volunteers and staff, who make us who we are. Suicide Prevention UK's incredible volunteers spent over fifty thousand hours answering calls for help by phone, email, online chat and face to face via our patrols, helping thousands of individuals struggling with their mental health and/or thoughts of suicide.

Suicide Prevention UK doesn't just support people in crisis today, we also strive to provide intervention and prevention for a society in which fewer people get to the point of reaching crisis point. We are continually posting engaging mental health content on social media, attending meetings and building relations with relevant services and businesses', to ensure mental health is talked about and individuals know there is support out there.

Our diverse range of volunteers, staff and supporters, many whom have lived in experience of suicide and mental health will steer our team ensuring that we continue to be there for those who need us most, providing empathy, no judgment and understanding to make suicide prevention a priority.

Suicide Prevention UK

Report of the trustees

For the year ended 28 February 2022

Our team work hard to reduce incidents of suicide. We do this by enabling persons who are experiencing feelings of distress or despair, including those who may be at risk of suicide, to receive confidential emotional support in order to improve their emotional health and to reduce the incidence of suicide; and promoting a better understanding in society of suicide, suicidal behaviour and the value of expressing feelings which may otherwise lead to suicide or impaired emotional health.

Key achievements

This year we have continued to ensure our services are safe for those who use them and those that deliver them, for example by investing in the quality and consistency of our volunteer training and leadership programmes, and providing the most up to date equipment and technologies to provide efficient working. Our policies are up to date and regularly reviewed and adhered to.

We aim to ensure our services are impactful, and that we can demonstrate beneficial outcomes for those who use them. We look to continuously improve our services by actively seeking the participation of the people we support.

We take on feedback from the individuals who volunteer their time to the charity to continuously develop and adapt our work environment to support new ways of working, and promote volunteer wellbeing and productivity.

We have invested in an Employee Assistance Programme for all volunteers and employees of Suicide Prevention UK to access, for any support they may require for themselves and their family.

We continued to recruit new volunteers to help meet the demand for our service. Around 100 people volunteered their time for Suicide Prevention UK, being trained listening volunteers, responding to crisis calls for help over the phone and out in the community. Also providing essential administrative, fundraising and logistical support across the UK.

We've made improvements to the training we provide our volunteers over the last year. We look to ensure delivery of a safe, effective and positive service. We have developed a more thorough recruitment process and training packages for our volunteers and staff members. We continue to provide regular training such as ASSIST, First Aid and Mental Health First Aid, Trauma Risk Management (TRiM), Water rope rescue, Working at heights, Infection Control, Manual Handling, Environmental Awareness For Employees, Mental Health Awareness, Health and Safety Awareness, General Data Protection Regulations (GDPR), Information Security, Stress in the workplace, Sharps Awareness, Risk Assessment Awareness, Aggression & Hand Hygiene.

Volunteers were also back out in community this year, reaching thousands of people at various events and festivals, including various local fundraisers, Pride and the International Balloon Fiesta.

Our social media continues to grow, reaching millions of people across Facebook, Twitter and Instagram. Suicide Prevention UK has enjoyed significant press coverage over the past year. Including on the BBC, ITV and the Globals radio network.

All Trustees carry out their roles at Suicide Prevention UK on a voluntary basis. They are unpaid but may claim legitimate expenses incurred as part of Suicide Prevention UK's ordinary activities.

Suicide Prevention UK

Report of the trustees

For the year ended 28 February 2022

Incidents and reporting

Suicide Prevention UK and its Board of Trustees are committed to dealing with incidents and difficult situations efficiently and transparently and take any such matters seriously.

There are policies and processes in place relating to whistleblowing, bullying and harassment. These are applicable to both staff and volunteers at Suicide Prevention UK. The policies provide opportunities for reporting serious concerns in an environment where the rights and dignity of every individual is respected.

Fundraising Activities Statement

We're grateful to our supporters for standing by our side. We know that having one human simply being there to listen can help reduce distress and despair. Our incredible supporters share our hope for a better, and more understanding world for everyone. Our generous supporters, major donors, companies and trusts enable us to be there 24/7, 365 days a year for anyone struggling to cope.

In these difficult times, our work is more vital than ever. We thank every individual, group and organisation who has chosen to support us this year to give hope to those who most desperately need it.

We're living in uncertain times. People are facing many pressures in their lives and our supporters are no different. The coronavirus pandemic placed real strain on how we were able to fundraise. Nevertheless, the commitment of new and existing supporters helped us ensure we could continue to be there during a time when people need us most.

Our relationships with businesses have allowed us to reach employees in raising awareness of mental health and suicide prevention, as well as raising funds for our life-saving Charity. Following best practice Suicide Prevention UK is registered with the Fundraising Regulator and we are members of the Chartered Institute of Fundraising.

Donors and supporters

Suicide Prevention UK's focus is always on those struggling to cope and those who use our service. Our staff and volunteers are central to our ability to provide a service we're proud of. Yet we wouldn't be able to provide it without the people who support our work. We're so grateful for the money, time and passion they give to help us work towards our vision. This help us continually improve our service for those who need us. We'd like to thank all our donors and supporters – including those who wish to remain anonymous. We couldn't do what we do without you.

Able Scaffolding
National Lottery
Lloyd's Banking Group
Global's Make Some Noise
MBDA
Pink Elephant
Greenergy
TLT Solicitors
Small Bar Bristol
Leathersellers

Burgess Salmon
Promote Online
South West Construction Academy
Airbus
The Hope Foundation
RAC
Co-op
The Albert Hunt Trust
Bouygues
Hollyrood Academy

Suicide Prevention UK

Report of the trustees

For the year ended 28 February 2022

Financial Review

During the year we continued to adapt our service to support people during the ongoing pandemic.

The financial statements do not include the value of time donated by volunteers in delivering Suicide Prevention UK's service. In 2021, our volunteers spent 19,740 hours delivering the core listening service alone, which is estimated at a value of £212,600. The total value of time given by our volunteers is considerably higher if recruitment, training, management, fundraising, administration and outreach work is included. Volunteers are the foundation on which the strength of Suicide Prevention UK's service is built.

Total income for the year was £276,003. In respect of ongoing activity, donations from individuals are still the largest source of income.

Suicide Prevention UK's fundraising continued performing, despite the ongoing challenges and uncertainty caused by the pandemic. Our supporters responded to a range of campaigns and appeals, including an appeal to help with the new Clean Air Zone costs in our patrol areas. Community and events fundraising continued to grow, with volunteers attending various events and fundraisers throughout the year. We continued to diversify, grow and learn.

Suicide Prevention UK's range of fundraising activities included community events, as well as generous support from companies.

We're committed to putting supporters at the heart of our fundraising so that we can continuously improve how we raise money. We're incredibly grateful to each and every donor for their support. We recognise the importance and value of our long-term funder relationships. This year we welcomed support from new partners, and we're grateful to our valued partners who continue supporting us.

During the year we updating our processes and systems, supporting our beneficiaries more effectively, and developing our learning and development capabilities both within and outside the organisation.

Reserves policy

In setting the reserves policy, the Board of Trustees considers the need to provide against any future income shortfall, fulfil working capital requirements and allow funds to be available to support service developments. This is balanced against the need to spend reserves now to deliver services to meet beneficiary needs. This is set to £30,000 per month.

In anticipation of a potentially challenging fundraising environment, partly resulting from the current cost-of-living crisis, Trustees have agreed to continue with the widened target range for free reserves of 2 months of general expenditure. The reserves policy will continue to be reviewed on at least a monthly basis.

Suicide Prevention UK endeavours to invest in a way that reflects our values and does not run counter to our charitable aims.

Suicide Prevention UK

Report of the trustees

For the year ended 28 February 2022

Going concern

Our planning processes, including financial projections, take into consideration the current economic climate and its potential impact on the various sources of income and planned expenditure. We continue to review all income streams. The uncertain inflation outlook has also been factored into our scenario planning and contingency options. Income and expenditure are reviewed as part of our regular forecasting and budget process. If we need to cover any funding shortfall, we will utilise unrestricted reserves and re-prioritise activity planned for the coming period. Based on the current reserves position, the forward projections of income and expenditure, and the ongoing scenario planning activity, the Trustees consider that Suicide Prevention UK is able to continue as a going concern.

Of the total £275,825 income, £91,626 has been funded to us by The National Lottery, which has been allocated for a specific project.

The National Lottery Community Fund is broken down into the following –

- £42,000 Welfare Vehicle
- £6,000 Welfare vehicle running costs
- £7,800 Recruitment and Training
- £10,000 General Running Costs
- £4,300 Equipment and Uniform
- £6,000 Marketing, Advertising, Leaflets
- £12,526 Administrator/Staff
- £3,000 Organisational Development

The remaining £184,199 from various funders, grants and donations have been allocated to keep the charity running, and enable Suicide Prevention UK to provide the best support for our beneficiaries.

This funding has been used for various, vital commodity's such as, continued running costs, training, outreach programmes, staff and organisational development, and technology needed in order to provide the best service for our beneficiaries.

Approved by the trustees on 14 February 2023 and signed on their behalf by

Michael Everett - Chair

Independent examiners report

To the trustees of

Suicide Prevention UK

I report to the trustees on my examination of the accounts of Suicide Prevention Bristol (the charity) for the year ended 28th February 2022.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

Having satisfied myself that the accounts of the company are not required to be audited under part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ("the 2011 Act"). In carrying out my examination I have followed the directions given by the Charity Commission under section 145 (5) (b) of the 2011 Act.

Independent Examiner's Statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a "true and fair view" which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principle of the Statement of Recommended Practice for accounting and reporting by charities.

I have no concerns and have come across no other matters in connection with the examination to which should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Nathan Brady
Stepping Stones Accountancy Ltd
7C Hanham Hall
Whittucks Road
Hanham
Bristol
BS15 3FR

14 February 2023

Suicide Prevention UK

Statement of financial activities *(incorporating an income and expenditure account)*

For the year ended 28 February 2022

		Unrestricted £	2022 Total £	2021 Total £
	Note			
Income from:				
Donations and legacies	3	275,825	275,825	67,521
Charitable activities	4	120	120	-
Investments	5	58	58	-
Total income		<u>276,003</u>	<u>276,003</u>	<u>67,521</u>
Expenditure on:				
Charitable activities		<u>179,239</u>	<u>179,239</u>	<u>62,432</u>
Total expenditure	6	<u>179,239</u>	<u>179,239</u>	<u>62,432</u>
Net income / (expenditure) and net movement in funds		96,764	96,764	5,089
Reconciliation of funds:				
Total funds brought forward		<u>5,089</u>	<u>5,089</u>	-
Total funds carried forward		<u><u>101,853</u></u>	<u><u>101,853</u></u>	<u><u>5,089</u></u>

All of the above results are derived from continuing activities. There were no other recognised gains or losses other than those stated above. Movements in funds are disclosed in Note 16 to the accounts.

Suicide Prevention UK

Balance sheet

As at 28 February 2022

	Note	£	2022 £	2021 £
Fixed assets				
Tangible fixed assets	8		<u>61,330</u>	<u>-</u>
			61,330	-
Current assets				
Cash at bank and in hand			<u>42,007</u>	<u>5,089</u>
			42,007	5,089
Liabilities				
Creditors: amounts falling due within 1 year	9		<u>1,484</u>	<u>-</u>
Net current assets			<u>40,523</u>	<u>5,089</u>
Net assets	10		<u>101,853</u>	<u>5,089</u>
Funds	11			
Unrestricted funds:				
General funds			<u>101,853</u>	<u>5,089</u>
Total charity funds			<u>101,853</u>	<u>5,089</u>

Approved by the trustees on 14 February 2023 and signed on their behalf by

Michael Everett - Chair

Suicide Prevention UK

Statement of cash flows

For the year ended 28 February 2022

	Note	2022 £	2021 £
Cash used in operating activities:			
Net cash provided by / (used in) operating activities	12	108,130	-
Cash flows from investing activities:			
Dividends, interest and rents from investments		58	-
Purchase of tangible fixed assets		(71,270)	-
Net cash provided by / (used in) investing activities		(71,212)	-
Increase / (decrease) in cash and cash equivalents in the year		36,918	-
Cash and cash equivalents at the beginning of the year		5,089	5,089
Cash and cash equivalents at the end of the year		42,007	5,089

Suicide Prevention UK

Notes to the financial statements

For the year ended 28 February 2022

1. Accounting policies

a) Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities in preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Suicide Prevention UK meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

b) Going concern basis of accounting

The accounts have been prepared on the assumption that the charity is able to continue as a going concern, which the trustees consider appropriate having considered the charity's ability to generate its own income over the next twelve months.

c) Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Voluntary income is received by way of donations and gifts and is included in full in the Statement of Financial Activities when receivable. Gifts donated for resale are included as income when they are sold. Donated assets are included at the value to the charity where this can be quantified and a third party is bearing the cost. In line with the SORP FRS102, the value of services provided by volunteers has not been included.

d) Donated services and facilities

Donated professional services and donated facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of the item is probable and the economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), general volunteer time is not recognised.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

e) Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity: this is normally upon notification of the interest paid or payable by the bank.

Suicide Prevention UK

Notes to the financial statements

For the year ended 28 February 2022

f) Funds accounting

Unrestricted funds are available to spend on activities that further any of the purposes of the charity. Designated funds are unrestricted of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose. Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work or for specific projects being undertaken by the charity.

g) Expenditure

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

h) Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

i) Financial instruments

The trust only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently recognised at amortised cost using the effective interest method.

Suicide Prevention UK

Notes to the financial statements

For the year ended 28 February 2022

2. Prior period comparatives: statement of financial activities

	Unrestricted £	2021 Total £
Income from:		
Donations and legacies	67,521	67,521
Charitable activities	-	-
Investments	-	-
Other	-	-
Total income	67,521	67,521
Expenditure on:		
Charitable activities	62,432	62,432
Total expenditure	62,432	62,432
Net income / (expenditure)	5,089	5,089
Transfers between funds	-	-
Net movement in funds	5,089	5,089

3. Donations and legacies

	Unrestricted £	2022 Total £	2021 Total £
Donations	177,809	177,809	67,521
Grants	98,016	98,016	-
Total donations and legacies	275,825	275,825	67,521

The charitable company did not receive any government grants during the year (2018: £nil).

4. Income from charitable activities

	Unrestricted £	2022 Total £	2021 Total £
Online Shop Sales	120	120	-
Total income from charitable activities	120	120	-

Suicide Prevention UK

Notes to the financial statements

For the year ended 28 February 2022

5. Investment income

	Unrestricted £	2022 Total £	2021 Total £
Bank interest	58	58	-
Total investment income	58	58	-

6. Expenditure

	Raising funds £	Charitable activities £	Support and governance costs £	2022 Total £	2021 Total £
Advertising and marketing	-	15,200	-	15,200	5,340
General charitable expenses	-	18,439	-	18,439	15,338
Vehicle expenses	-	29,433	-	29,433	15,829
Travel and subsistence	-	5,168	-	5,168	1,781
Repairs and maintenance	-	19,049	-	19,049	1,287
Rent	-	4,611	-	4,611	3,000
Insurance	-	8,630	-	8,630	2,756
Office costs	-	14,056	-	14,056	5,358
Telephone & Internet	-	25,849	-	25,849	-
IT and software	-	10,171	-	10,171	9,174
Training	-	3,143	-	3,143	1,300
Legal and professional	-	5,411	-	5,411	230
Bank charges	-	1,802	-	1,802	1,039
Depreciation	-	10,533	-	10,533	-
Gain/Loss of Asset Disposals	-	1,563	-	1,563	-
Staff costs	-	6,181	-	6,181	-
Total expenditure	-	179,239	-	179,239	62,432

Suicide Prevention UK

Notes to the financial statements

For the year ended 28 February 2022

6. Staff costs and numbers

Staff costs were as follows:

	2022 £	2021 £
Salaries and wages	3,559	-
Subcontractors	<u>2,622</u>	<u>-</u>
	<u>6,181</u>	<u>-</u>

No employee earned more than £60,000 during the year (2020: none).

	2022 No.	2021 No.
Average number of employees	<u>1</u>	<u>-</u>

None of the trustees have been paid any remuneration or received any other benefits from an employment with the charity or a related entity. No trustee expenses have been incurred during the period.

7. Taxation

The charity is exempt from corporation tax as all its income is charitable and is applied for charitable purposes.

Suicide Prevention UK

Notes to the financial statements

For the year ended 28 February 2022

8. Tangible fixed assets

	Equipment £	Motor vehicles £	Support Animal £	Total £
Cost				
At 1 March 2021	-	-	-	-
Additions in year	10,785	58,985	1,500	71,270
Disposals at cost	-	-	-	-
At 28 February 2022	<u>10,785</u>	<u>58,985</u>	<u>1,500</u>	<u>71,270</u>
Depreciation				
At 1 March 2021	-	-	-	-
Charge for the year	1,343	8,316	281	9,940
Eliminated on disposal for the year	-	-	-	-
At 28 February 2022	<u>1,343</u>	<u>8,316</u>	<u>281</u>	<u>9,940</u>
Net book value				
At 28 February 2022	<u>9,442</u>	<u>50,669</u>	<u>1,219</u>	<u>61,330</u>
At 28 February 2021	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>

9. Creditors: amounts due within 1 year

	2022 £	2021 £
Trade creditors	40	-
Accruals	1,200	-
Other creditors	<u>244</u>	-
	<u>1,484</u>	-

Suicide Prevention UK

Notes to the financial statements

For the year ended 28 February 2022

10. Analysis of net assets between funds

	Unrestricted funds £	Total funds £
Tangible fixed assets	61,330	61,330
Current assets	42,007	42,007
Current liabilities	<u>(1,484)</u>	<u>(1,484)</u>
Net assets at 28 February 2022	<u>101,853</u>	<u>101,853</u>

11. Movements in funds

	At 1 March 2021 £	Income £	Expenditure £	Transfers between funds £	At 28 February 2022 £
Unrestricted funds					
General funds	<u>5,089</u>	<u>276,003</u>	<u>(179,239)</u>	<u>-</u>	<u>101,853</u>
Total unrestricted	<u>5,089</u>	<u>276,003</u>	<u>(179,239)</u>	<u>-</u>	<u>101,853</u>
Total funds	<u><u>5,089</u></u>	<u><u>276,003</u></u>	<u><u>(179,239)</u></u>	<u><u>-</u></u>	<u><u>101,853</u></u>

12. Reconciliation of net movement in funds to net cash flow from operating activities

	2022 £	2021 £
Net movement in funds	96,764	-
Adjustments for:		
Depreciation charges	9,940	-
Dividends, interest and rents from investments	(58)	-
Decrease / (increase) in debtors	-	-
Increase / (decrease) in creditors	<u>1,484</u>	-
Net cash provided by / (used in) operating activities	<u>108,130</u>	-

13. Related party transactions

There were no related party transactions during the period.

Signed By

MARIANNE RAMNATH

Date Signed	2023-02-16 14:08:47
Email	marianne@spbristol.org
Printed Name	MARIANNE RAMNATH
IP Address	62.31.171.186
Browser User Agent	Mozilla/5.0 (Windows NT 10.0; Win64; x64) AppleWebKit/537.36 (KHTML, like Gecko) Chrome/109.0.0.0 Safari/537.36 Edg/109.0.1518.70
Name of signatory	Marianne Ramnath