

## **Secondary beneficiary impact.**

HEMMAHGB supported schools, parents, counselors, teachers, community leaders and hospital staff.

Wider community impact ratio 1:4 for every person assisted.

*We need core and full recovery cost funding for a summer and Ramadan program for 2023 and 2024 for a successful 18 month strategy.*

*One of the future group venues at Queen's park. We have office space possibility at Community Center near Milton Road and the community hub in town center, Swindon Library small meeting rooms.*

*Mental health awareness during garden social circles, which includes mental health books provision.*

*A child therapist to care for the emotional needs of the young. £900 a month hire.*

*Male therapy support groups for Muslim or BAME drug and alcohol addiction and recovery. £1500 a month.*

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*We require community engagement officer to keep our locations and programs ongoing position £17,000.*

*We also are excited to develop a home literacy together program and this is something for families across cultures to help get to know one another and develop social harmony in a social media community.*

***HEMMAH GB wants to contribute positively to the family so that the locals are confident that there is a family support service that respects cultural sensitivities..***

*We promote social harmony and tolerance between other faiths through counseling, group support, art therapy and providing a safe circle to meet the needs of people. This will reduce feelings of isolation amongst vulnerable people and provides emotional support for the family members struggling to meet with personal expression of stress in culturally sensitive ethnic backgrounds. Planned for 2024 'Value life' upcoming for schools.*

As it is seen many students, writers, community leaders and essential workers have received help 3 years in a row absolutely free of charge. We estimate a service valued at 3,850 pounds has been delivered online and face to face showing the value of our charitable work. As a result more people have improved mental health, avoided suicide and self-harm, worked through difficulty, built better relationships, found legal advice, applied for financial help, avoided poverty and hunger, broken cultural barriers and stigma of racism and learnt to find safety in tough situations.

## Activities

HEMMAH has a virtual mental health department, a goodwill department and a literacy department.

Beneficiaries will access the appropriate department to relieve mental health, hunger, poverty or receive some literacy support depending on their need. It has allowed HEMMAH to help more people despite the decrease in operational hours. In 2023 we will be significantly increasing hours in time for December 2023 inshaAllah with more food, art therapy, engagement with local groups and diversity support which will strengthen the community work we engage in.

HEMMAH GB has forwarded information helpful to beneficiaries who are sign posted to other local organizations who can provide for needs, such as food bank access, and breakfast at local charities in the Swindon area.

The goodwill department helped vulnerable women secure external donations from UK charities. The literacy department helped translate CVs for job seeking women and coached some Arabic/Asian/African women to practice English for prospective work.

The mental health department purchased some resources for supporting the mental health of victims of trauma, stress and separation.

HEMMAH GB has had beneficiaries from the United Kingdom and all around the World.

## **Upcoming Network**

Punjabi community Swindon

Worldwide voices

London Black and ethnic minority schools

Men from American, Levantine, Philippines and Goan societies.

## **FUNDING**

All activities were self funded by volunteers.

All time and goods were donated free of charge.

We anticipate a new budget of 40,000 next year inshaAllah.

## **Financial Accounts 22/23**

*HEMMAHGB reused second hand equipment to keep costs down, it received 279 pounds and spent 213 pounds. It has 67 pounds remaining from the contributions.*