

WEST CUMBRIA DOMESTIC VIOLENCE SUPPORT CIO
TRUSTEES' REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED
31ST MARCH 2023

CHARITY NUMBER 1187765

ROBINSON UDALE
Chartered Accountants and Registered Auditors
The Old Bank
41 King Street
Penrith
Cumbria
CA11 7AY

WEST CUMBRIA DOMESTIC VIOLENCE SUPPORT

**FINANCIAL STATEMENTS
YEAR ENDED 31ST MARCH 2023**

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WEST CUMBRIA DOMESTIC VIOLENCE SUPPORT

**FINANCIAL STATEMENTS
YEAR ENDED 31ST MARCH 2023**

LEGAL AND ADMINISTRATIVE INFORMATION

Charity Number	1187765
The board of trustees	S Fawcett S James K Shaw H Bell (Vice Chairman) L Bowen (Chairman) M Burns R Deakin E Southward T Weston Resigned 6 th February
Registered office	First Floor Offices Unit 1 Dobies Cumbria Ltd Dobies Business Park Lillyhall West Workington CA14 4HX
Independent Examiners	Robinson Udale Limited Chartered Accountants & Registered Auditors The Old Bank 41 King Street Penrith Cumbria CA117AY

WEST CUMBRIA DOMESTIC VIOLENCE SUPPORT
TRUSTEES REPORT FOR THE YEAR ENDED 31ST MARCH 2023

The Trustees present their report and the financial statements for the year ended 31 March 2023. The Trustees who served during the year and up to the date of this report are listed on page 1.

Structure, Governance and Management

West Cumbria Domestic Violence Support is a Charitable Incorporated Organisation registered as a charity on 5th February 2020 and the charity number is 1187765. The charity is regulated by the Charity Commission for England and Wales and is subject to charity law.

Up until 31 March 2022 the charity operated as a trust with the registered name of West Cumbria Women to Women (charity number 062365). The working names of the charity are West Cumbria Domestic Violence Support and The Freedom Project West Cumbria. All the funds were transferred to West Cumbria Domestic Violence Support (1187765) on 1 April 2022.

The charities trustees also form the management committee of the organisation, and they are elected at the Annual General Meeting.

The Board of Trustees currently has a membership of 8 people. Some are representatives of partner organisations such as Cumbria County Council and Health services. They have fast knowledge and experience in the issues surrounding domestic abuse and working with victims of abuse and their children. Our chair is the head of Human Resources with our biggest local employer, Sellafield Ltd and our vice chair is a Programme Manager at Sellafield.

The Board meets regularly at least two monthly and more frequently if required. The Board is responsible for the strategic direction and policy of the organisation and for robust governance and rigorous financial management.

The Charity Manager holds the day-to-day responsibility for the operational management of the organisation, and for the day-to-day provision of services.

The service is delivered via a combination of 11 professional counsellors (10 adult and 1 Child and young person's counsellor), a Helpline Operative, 4 trained volunteers and 8 members of salaried staff comprising of the Charity Manager, Office Manager, Service Manager, 2 Administration Assistants and 3 Support Workers for victims/survivors.

Objectives and Activities

The Freedom Project is unique in West Cumbria in providing a free holistic family approach, working with victims, perpetrators and children suffering from the trauma and effects of domestic and sexual abuse.

Our mission is to help break the cycle of abuse in Cumbria through the following objectives:

- Supporting clients by improving their safety and security for themselves and their children.
- Supporting survivors to move on, equipped with the resilience and skills to avoid future abusive relationships.
- Help children/young people who are caught up in domestic abuse, as a victim, perpetrator, or witness, to cope with difficult situations and manage their emotional and physical responses in a healthy and positive way.
- Help perpetrators to change their behaviour so that they cease to abuse.

WEST CUMBRIA DOMESTIC VIOLENCE SUPPORT

TRUSTEES REPORT FOR THE YEAR ENDED 31ST MARCH 2023 (continued)

- Work with partner agencies to promote better integrated services to victims and perpetrators and raise awareness on domestic abuse
- Act as an advocate so that domestic abuse is kept high on the policy and decision-making agendas.

Our main services are delivered through the Freedom Project, which consists of:

- A Confidential Helpline offering practical and emotional support. This is the route to which many of our referrals are received and all signposting to other agencies and support services are made (such as housing, police and health etc)
- one-to-one assessment of need where client and counsellor decide which counselling support service pathway (group sessions, one-to-one sessions, or both) is most appropriate for themselves, and their family
- one-to-one and individual counselling for victims, perpetrators, and children/ young people
- Volunteer befriending and support service (including pre counselling sessions- provided to clients on the waiting list that feel they need immediate support, attending courts, helping with transport)
- a rolling programme of group sessions with adult victims/survivors.
- a rolling programme of group sessions for children (primary age and under)
- a rolling programme of group sessions for older children/young people (secondary age up to 18)

Our values and mission are central to our approach, which includes placing the needs of our clients first and “walking the extra mile” to help bring change to those whose lives have been affected by domestic abuse.

Public Benefit

The trustees have complied with their responsibility to have due regard to the Commission’s guidance on public benefit in exercising their powers and duties. Trustees are fully aware of their roles and responsibilities and in planning their activities for the year have kept in mind the Charity Commission’s guidance at Trustee meetings.

West Cumbria Domestic Violence Support brings benefit to the public in line with its objects through its range of services (detailed above) that are freely accessible to the public affected by domestic abuse including victims, their children and families and perpetrators.

WEST CUMBRIA DOMESTIC VIOLENCE SUPPORT
TRUSTEES REPORT FOR THE YEAR ENDED 31ST MARCH 2023



THE
**FREEDOM
PROJECT**
WEST CUMBRIA

ANNUAL REPORT

22-23

Supporting Families in West Cumbria for over 25 years

WEST CUMBRIA DOMESTIC VIOLENCE SUPPORT
TRUSTEES REPORT FOR THE YEAR ENDED 31ST MARCH 2023 (continued)

CHAIR'S INTRODUCTION TO ANNUAL REPORT

Our amazing charity has had another very successful year, particularly considering the transition from the environment the pandemic forced us into, back into business as usual, if there is a usual for us as each day brings different challenges.

We have settled well into our new premises and are extremely proud of the environment we have created for our team and clients. We plan to hold open events to show case our facilities to our funders, supporters and other support services who share our vision of breaking the cycle of domestic abuse.

Our big news – we reached our 25-year anniversary and partied in style with invites guests and well-wishers. Over 130 people helped us to celebrate, and we raised £7,483 in donations and raffles on the night. We have continued to be successful in obtaining grants to enable us to continue to deliver our valuable work and were delighted to be awarded a grant from the Bedrock Programme which has enabled us to increase our core team with the recruitment of a service manager, creating headroom for our current team to take on additional management development.

We have undertaken a fundamental review of the counselling service we offer and plan to expand our service offering to provide a broader service offering to our clients as well as embarking on a programme of education. During the last 12 months we have reinvigorated our external stakeholder activity, creating clear lines of communications and ensuring our key stakeholders are knowledgeable and up to date with the charities activities. We are delighted to be BECBC charity of choice for this year and gratefully receive funds from the various events they host.

We are continually improving our governance arrangements and have invested significant time in developing our risk management arrangements and developing an improvements plan based on a internal assessment against the Charity Code of Governance.

Our Trustee Board continues to mature with personal skills and knowledge contributing significantly to the success of the Charities activities. All our core staff, counsellors, volunteers and trustees have continued to devote their paid and personal time to the success of the charity and remain committed to our vision of breaking the cycle of domestic abuse.

Enjoy our Annual Report

Lesley Bowen
Chair of the Trustees

OUR MISSION, VALUES AND WORK

Our Mission

Our mission is to help break the cycle of domestic abuse.

Our Values

We provide a safe space

We are inclusive

We don't judge

We take our
responsibilities
seriously

We are client focused

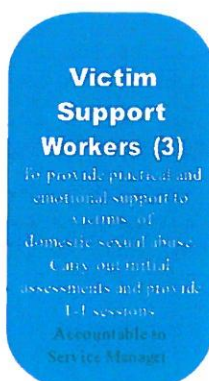
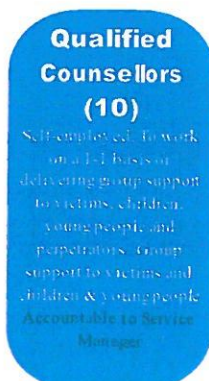
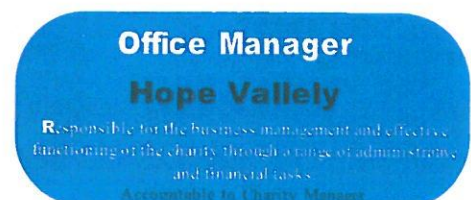
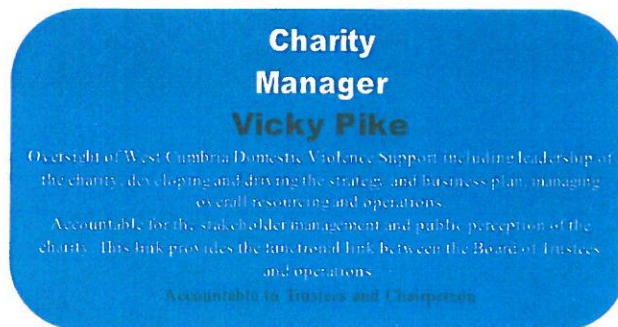
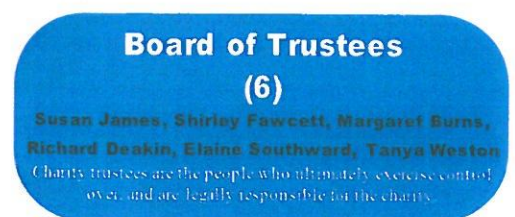
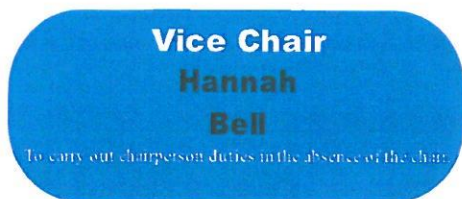
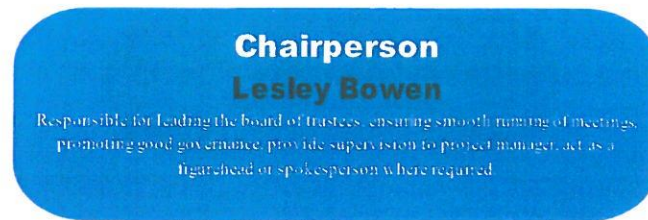
We care

We are professional

We are proud to be
part of the local
community

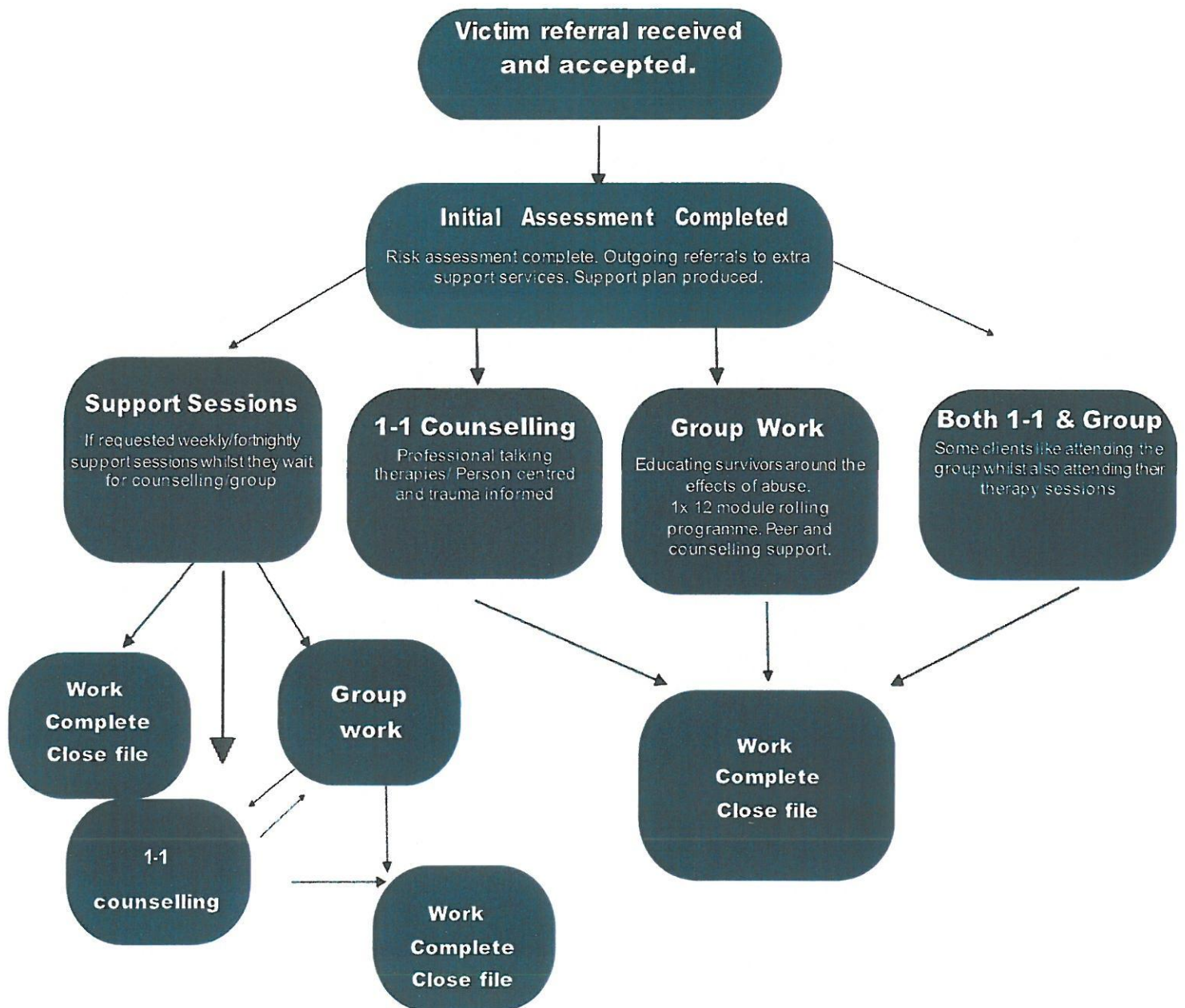
We are reliable

Our Team



Our Service Delivery Model's

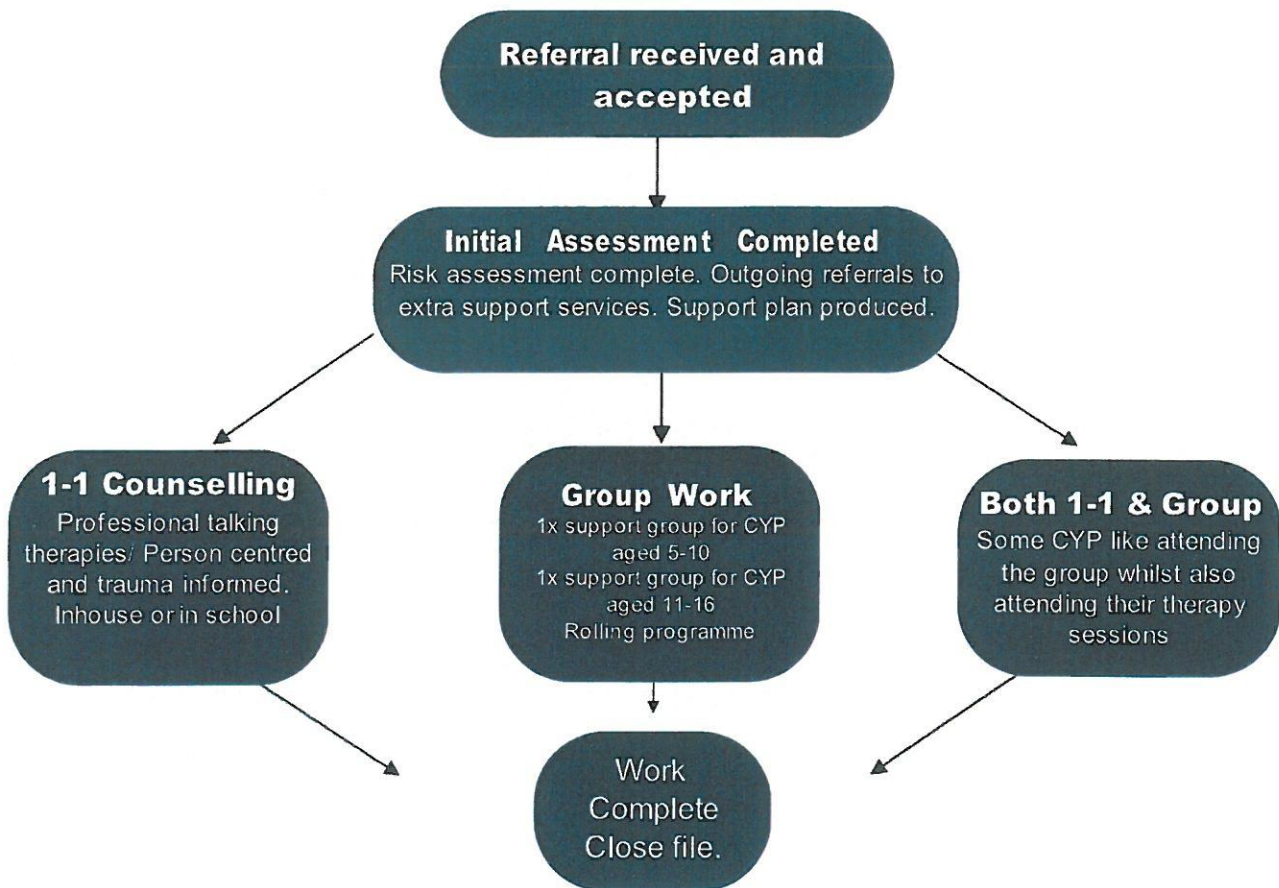
Victim Provision



Perpetrator Provision



Children and Young People Provision



First, let's point out some of our highlights



In April 2022 we moved into new premises.



We turned 25 in May 2022, to celebrate this milestone we held a 25th Anniversary celebration in September 2022.



3 new volunteers were recruited. 1 support worker to help support victims of abuse, providing a friendly ear to talk to whilst waiting for a counselling slot to become available. 2 trainee counsellors.



One of our existing volunteers has undertaken legal training to help support our clients going through the family court process.



3 new members of staff recruited. 1 Service Manager, 1 Administrator and 1 support worker.



Putting in the hours - 2,316 support hours delivered, 3,369 1-1 counselling for adults, 1,161 1-1 counselling for children and young people, 448 adults and children's group hours delivered.



1,982 Calls to our helpline.

Additional Support for Clients



Community fundraising and raising awareness.

Our community fundraising continued to grow this year. We had many members of the local community undertaking various fundraising activities for us, including runners in The Great North Run and swimmers in New Years Eve Dip. We also had fantastic support from Local groups who supported us by organising fundraising activities or providing essential items for our service users:

- VL Aesthetics Beauty Campaign
- Kits for Kids - providing over 60 football shirts



White goods and essential household items

Post pandemic we saw an increased growth in the number of people and families needing additional support for white goods and essential household items - driven by an increased cost of living, unemployment & redundancies, changes to universal credit, and most recently fuel increases resulting in many families being forced to choose whether to heat or eat. We partnered up with Women out West (a local Women's Centre) and secured funding to allow us to continue to support families in providing white goods and home essentials.



Foodbank & Food Pantry Referrals

As a result of the dramatic rise of the cost of living more and more clients are requiring referrals for food vouchers. On average we make around 20 referrals a month.



Christmas Gifts & Food hampers

Christmas Hamper Campaign- £924 raised 30 hampers delivered. 10 hampers were also secured for Copeland Clients via Copeland Borough Council.

Amazon Wish List & Mission Christmas - Cash for Kids - amazing response to requests for gifts for young people in total 288 toys collected and delivered to 96 children.

Our New Premises

In April 2022 we moved into new premises of which we are extremely proud. Our new space is bright, fresh, and welcoming to clients.

Waiting Area

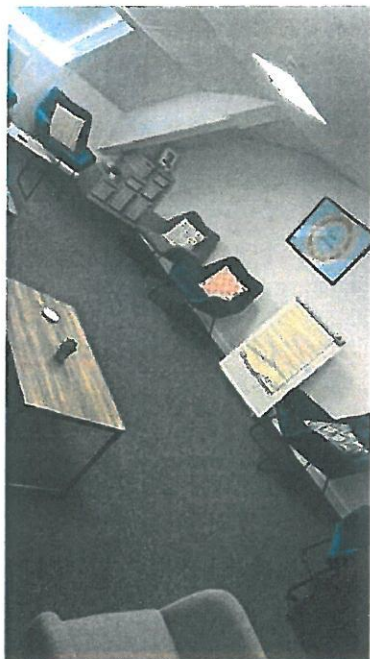


Storage of our toiletries and grab bags for clients.

Children's Counselling Room



Group Counselling Room



1-1 Counselling Rooms



Room 1

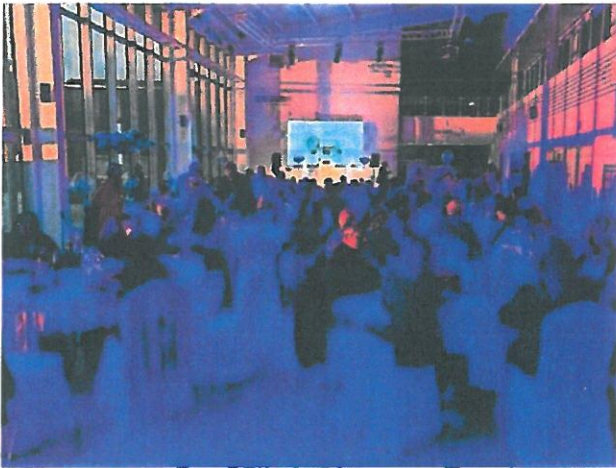


Room 2



Room 3

A snapshot of our year in photos



Our 25th Anniversary Event



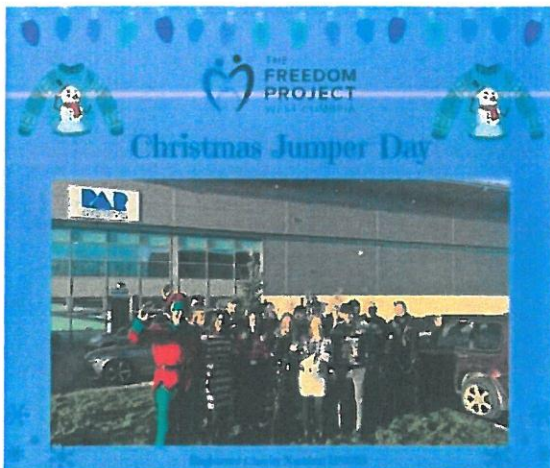
Staff members and friends taking part in the NYE Dip



Beauty products and essentials donated through VL Aesthetics Regifting Beauty Campaign



Our Great North Runners!



PAR Systems fundraisers



Our manager, chair and treasurer showcasing donated football shirts off Kits for Kids for our CYP.



A group of Gen 2 students who chose our charity for the national apprenticeship week



We are delighted to have been chosen as Britain's Energy Coast Business Cluster (BECBC) Charity of the Year 2023

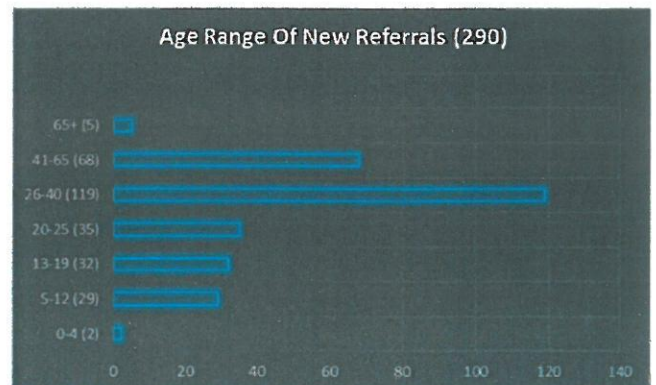
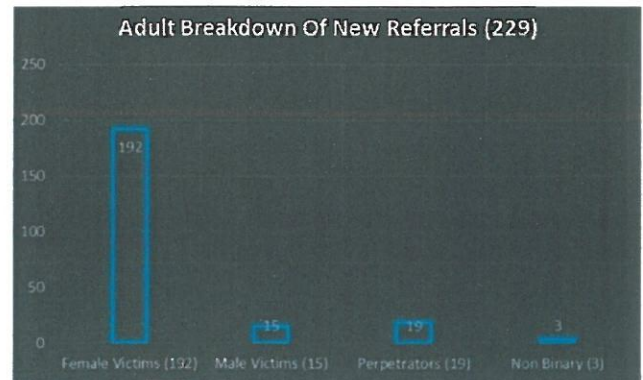
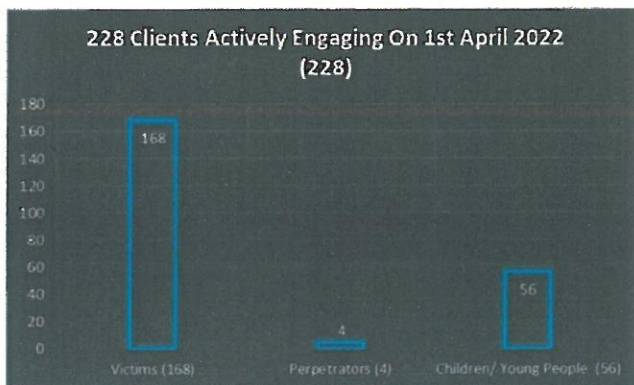
TRUSTEES REPORT FOR THE YEAR ENDED 31ST MARCH 2023 (continued)

Let's take a look at our year.....

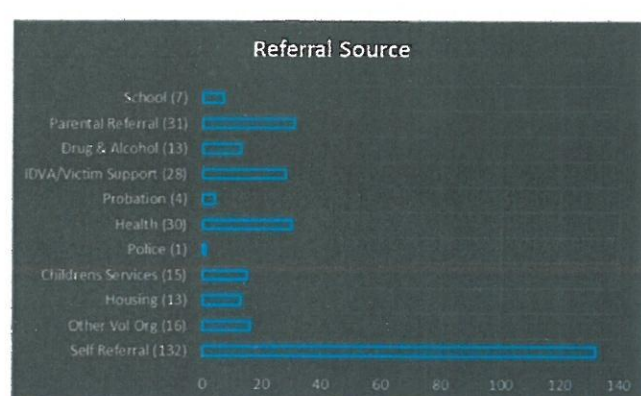
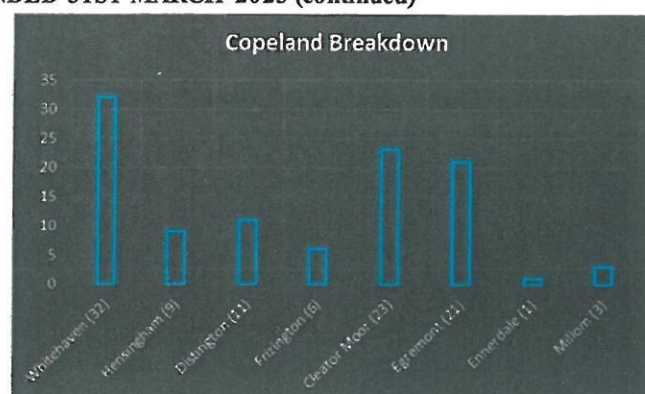
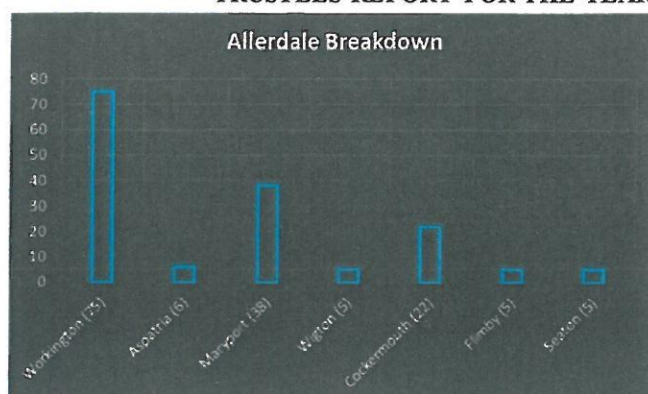
As of the 1st of April 2022, we had 228 clients actively engaging in service.

In addition to this over the 12-month period from 1st April 2022 to 31st March 2023 we received referrals for 290 individuals that had never accessed our services before. Therefore, total clients supported for this period totals **518**.

Below is a snapshot of our new referral data



TRUSTEES REPORT FOR THE YEAR ENDED 31ST MARCH 2023 (continued)

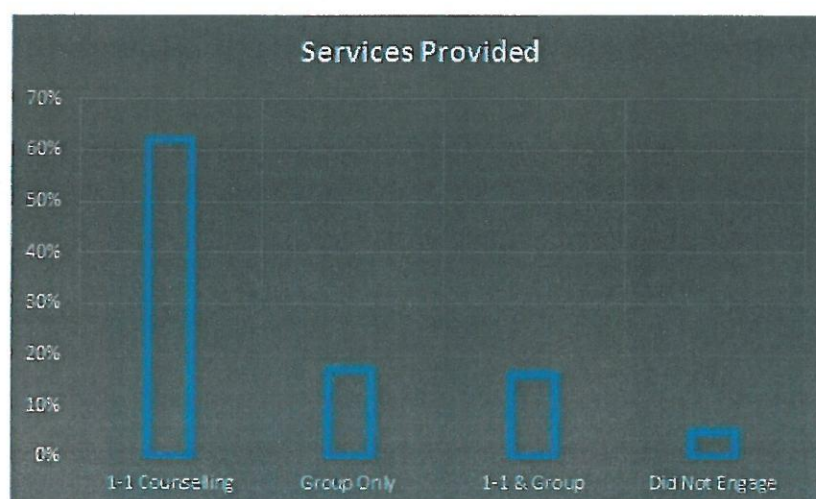


Services Provided

We have provided direct services to 95% of clients referred via 1-1 support, 1-1 counselling, group work and helpline.

Some clients receive both 1-1 and group therapy. Data shows that 1-1 counselling is the path in which clients are happier to access.

In addition to the 95% of clients that had direct support we estimate that 185 children and young people indirectly benefitted from our support.



The difference we have made-

Summary of outcomes from our victims in the last 12 months:

- ◆ Did you suffer from anxiety and/or depression when you first started at the project?
Yes 98%, No 2%.
- ◆ Due to our support; has your anxiety/depression level seen an improvement?
N/A 2%, No 2%, Too Soon to Tell 10%, Stayed the Same 16%, Yes 70%.
- ◆ If you were on medication for your anxiety/depression, has this changed since receiving our support?
N/A 68%, Increased 6%, Decreased 12%, Stopped Altogether 14%
- ◆ Have you seen a positive improvement in your home/personal life since gaining support?
N/A 8%, No 6%, Yes 86%.
- ◆ Has your confidence and self-esteem improved?
N/A 10%, No 4%, Yes 86%.
- ◆ When you first accessed our service, were you employed?
Full time 21%, Part time 27%, No 49%, N/A 3%.
- ◆ Has this changed since accessing our service?
Part time to full time 8%, Gained Employment 12%, No longer work 8%, No Changes 72%.
- ◆ Do you think that after receiving our support, you now have the confidence to access employment, further education, or training?
N/A 45%, Getting there 21%, Yes 34%.
- ◆ Do you feel happier since first reaching out?
No 4%, Yes 96%.
- ◆ Do you feel better able to take care of your children?
N/A 44%, No 2%, Not answered 4%, Yes 50%.
- ◆ Do you feel you now understand the impact that domestic abuse has had on yourself and your family?
No 2%, Yes 98%.
- ◆ Do you feel you understand and recognise the signs to avoid abusive relationships in the future?
N/A 7%, No 8%, yes 85%.

Changing Victims Lives

"I felt now was a good time to reach out and say a massive thank you. I now finally have the words to say it. My journey has been a long one, but a rewarding one. Your wonderful service got me through some of the darkest times, times when I believed I would never survive! It is with the help of the wonderful counsellor, that I found both my voice and myself. She has been a light in the darkness and has taught me that I am worth fighting for. She helped bring me out of my shell and into the world again. Her warmth has known no bounds. Our journey together is almost at an end, but I will take everything I have learned and carry it forward"

"I came to the service as a broken Person, I literally had nowhere to turn and the service linked me with the most Amazing person who has helped me through so many difficulties throughout the time. I literally would not be the person I am today without her help, and I will forever be thankful for Racheal coming into my life. I have not been the easiest person to deal with because of the complexity of my life with my ex but I have become a better person for her help and will be forever thankful for that, I do not think I would be here at all if it was not for the service so Thank you!"

"My counsellor has changed my life with all her help and understanding, where others had given up on me in other organisations, I got the help I needed from the Freedom Project without you I most certainly would not be alive today, you all deserve a medal"

Children and Young People Aged 5-9

- ◆ 63% said they felt sad when they first came to see us.
- ◆ 47% said they feel sad most of the time at home.
- ◆ 51% said they now feel ok.
- ◆ 40% said they now feel happy, with 10% saying they now feel very happy.
- ◆ 100% of children said they felt better talking to their counsellor.
- ◆ 100% know what to do if they feel unsafe.
- ◆ 100% reported that when sad things happen at home, they know it isn't their fault.

Children and Young People Aged 10-17

- ◆ 100% of CYP reported they feel better they have somebody to talk too.
- ◆ 100% know what to do if they feel unsafe in the future.
- ◆ 100% know that the things that happen at home are not their fault and they are not alone.
- ◆ 80% reported their relationships with family and friends had improved.
- ◆ 56% reported feeling happier at school or college.
- ◆ 68% reported feeling better about themselves.
- ◆ 75% said they felt happier at home.
- ◆ 37% reported they don't get into trouble anymore.
- ◆ 100% said they now feel like they can talk about their feelings.
- ◆ 82% said they can take care of themselves better when angry or upset.

What the kids said!

"I have always found it very difficult to talk to my parents about how I feel and what makes me so angry. It has really helped having someone outside the family to talk to and due to this I am understanding myself and my behaviours more clearly".

"I really like talking to Susan. We play games and have fun. I can tell her how I am feeling. I still get angry sometimes but not always".

"There have been a lot of things happening at home because my mam and dad separated. I used to get really upset and angry thinking about going from house to house. It was very hard to talk to my mam and dad about how I was feeling because I didn't want to upset them but talking to my counsellor about how I feel has really helped, and I now feel happier".

"When I go to the group the other children talk about their families. Sometimes they don't see their dads, just like me. We sometimes talk about this, and it shows me I am not alone"

Perpetrator Feedback

- ♦ 80% of perpetrators reported a positive improvement in their home life.
- ♦ 85% reported a positive improvement in their family's wellbeing.
- ♦ 62% reported their self-esteem has increased.
- ♦ 92% of perpetrators felt better able to control their emotions.
- ♦ 82% reported the domestic violence had decreased.
- ♦ 67% reported their anxiety had improved.
- ♦ 56% of perpetrators were employed. 100% of these reported they were more effective at work.
- ♦ 84% reported their self-confidence had improved.
- ♦ 100% reported they feel better that they have somebody to talk to
- ♦ 100% reported they now have a plan in place on how to manage their anger.
- ♦ 100% reported they understand the impact of domestic abuse on themselves and their family.
- ♦ 100% of perpetrators reported remote therapy has met their needs and still allowed them to achieve their outcomes.

Positive Provision Feedback

"The Freedom Project was there for me and so many others during the covid 19 pandemic when so many of us were trapped inside with the people we feared the most. To me and many others you were frontline workers too.

Always there. Thank you"

"The service you provide truly goes above and beyond. You are all inspirational. Sadly, domestic violence and abuse will not stop but there will be hope as long as the freedom project continues to be there for those who need it."

"The Freedom Project have been Brilliant and so informative about domestic abuse etc. I have seen many counsellors had therapy and not worked for me. Freedom project has helped me so much and I feel that is because some of them have been through what we have, and they understand us and know how to talk to us and nature us advise us and teach us about dv and to watch out for red flags. They build our confidence up and support us so much. I wouldn't be here if it wasn't for the freedom project."

"I have nothing but the upmost respect for your service, you have changed my life, I would like everyone to know who donates to your charity that I greatly appreciate what they do as it's a very worthy charity"

Risk Management

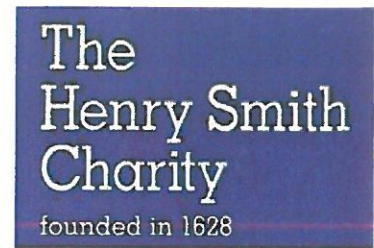
The following have been identified by our trustees as the key risks facing our organisation. Our full risk register is reviewed at every meeting.

Risk	Managed By
Loss of Staff	<p>We invest in staff teams and have regular staff appraisals.</p> <p>We develop opportunities for training and development.</p> <p>Understand the effects of vicarious trauma on staff providing weekly support and supervision with a clinical supervisor.</p> <p>We provide flexible working.</p>
Bad Publicity	<p>We have policies and procedures in place which support and provide a framework to our daily operations.</p> <p>We have dedicated staff with expertise in health and safety and safeguarding.</p> <p>We work within the BACP ethical frameworks to ensure a quality service.</p>
Loss of Major Funding	<p>We work hard to maintain a diverse funding stream.</p> <p>Review and establish key funding relationships and ensure our reporting is of high standard.</p> <p>Our reviews take place every quarter, funding strategy in place, secure memberships in key groups/ influencers to peruse new income schemes and opportunities in the changing landscape.</p>

Our Major Funders and Supporters



Garfield Weston
FOUNDATION



Thank you!

WEST CUMBRIA DOMESTIC VIOLENCE SUPPORT

TRUSTEES REPORT FOR THE YEAR ENDED 31ST MARCH 2023 (continued)

Financial review

The net funds for the year amounted to £(33,073). As of 31 March 2023, the charity had restricted funds of £139,853 (2022; £Nil) and unrestricted funds of £121,824 (2022; £Nil).

We are delighted to report that our funding is stable and are extremely grateful to our supporters, past and present., Francis C Scott, Garfield Weston, The Henry Smith Foundation, Cumbria Community Foundation, BBC Children in Need, The Allen Lane Foundation, CFM Cash for Kids, Cumbria Police Commissioner Fund, The Hadfield Trust, Sellafield Ltd, The Peel Trust, GDF Funding as well as several smaller grants from local businesspeople.

However, we cannot be complacent and are continuing to review the project's finances on a regular basis to identify any possible shortfalls and submit further applications necessary to ensure that this vital service continues to help the communities of West Cumbria.

We are committed to keeping our service free so that it remains accessible to everyone irrespective of their income. There are enough barriers in place already which deter victims and perpetrators of abuse from seeking help - we will not add ability to pay to that list.

Therefore, the service will always need to be paid for from sources other than fees charged to clients. In the past costs have been almost entirely met through grants from charities and funding agencies.

We believe this will continue to be the case for the foreseeable future. However, we will gear our organization up to bid for contracts which may be tendered by the Police, Health, Children's and Adult Social Services, the Home Office etc. We will respond to such opportunities on a full cost recovery basis.

In the meantime, we will support our Trustees and volunteers to become more pro-active in terms of fund-raising, including encouraging donations and business sponsorships.

Reserve's policy

WCDVS's reserves policy is to aim to have income equivalent to at least 3 months running costs that enables the organisation to meet both short term cash flow pressures and legal commitments in the event of the organisation being unable to continue to operate. The Board of Trustees keeps this policy under review as part of its ongoing monitoring of the financial needs of the organisation and management of risk.

Risk Management

The Trustees have a risk management strategy which composes: ~ review of the risks the charity may face, ~ the establishment of systems and procedures to mitigate those risks identified in the plan; and the implementation of procedures designed to minimise any potential impact on the charity should those risks materialise.

Plans for the Future

We have undertaken a fundamental review of the counselling service we offer and plan to expand our service offering to provide a broader service offering to our clients as well as embarking on a programme of education.

We have settled well into our new premises and are extremely proud of the environment we have created for our team and clients. We plan to hold open events to show case our facilities to our funders, supporters and other support services who share our vision of breaking the cycle of domestic abuse.

Our Trustee Board continues to mature with personal skills and knowledge contributing significantly to the success of the Charities activities

WEST CUMBRIA DOMESTIC VIOLENCE SUPPORT

TRUSTEES REPORT FOR THE YEAR ENDED 31ST MARCH 2023 (continued)

Statement of trustees' responsibilities

The trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of charity and of the incoming resources and application of resources of the charity for that year. In preparing these financial statements the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011 and the Charity (Accounts and Reports) Regulations 2008. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

L Bowen
On behalf of the board
L Bowen – Chairperson

Date *6th June 2023*

West Cumbria Domestic Violence Support

Independent examiner's report to the trustees on the unaudited financial statements of West Cumbria Domestic Violence Support Group.

I report on the accounts of West Cumbria Domestic Violence Support for the year ended 31 March 2023 as set out on pages 30 to 39.

Respective responsibilities of trustees and independent examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011, (the 2011 Act) does not apply and that an independent examination is needed. It is my responsibility to examine the accounts under section 145 of the 2011 Act, to follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act, and to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (i) which gives me reasonable cause to believe that in any material respect the requirements: - to keep proper accounting records in accordance with section 130 of the 2011 Act; and - to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act have not been met; or
- (ii) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



.....
Mr D Roper

Robinson Udale Ltd
Chartered Accountants and Registered Auditors
The Old Bank
41 King Street
Penrith
Cumbria
CA11 7AY

Date 19.6.2023

WEST CUMBRIA DOMESTIC VIOLENCE SUPPORT FINANCIAL STATEMENTS YEAR ENDED 31ST MARCH 2023

STATEMENT OF FINANCIAL ACTIVITIES

Note	Unrestricted Funds	Restricted Funds	Total Funds 2023	Total Funds 2022
------	-----------------------	---------------------	---------------------	---------------------

			£	£	£
INCOMING RESOURCES:					
Donations and Legacies	2	68,591	315,555	384,146	-
Income from investments	3	359	-	359	-
Income from Other					
Trading Activities	4	-	-	-	-
Other Income	5	7,483	-	7,483	-
		<u>76,433</u>	<u>315,555</u>	<u>391,988</u>	<u>-</u>
Total Incoming Resources					
RESOURCES EXPENDED					
Expenditure on :-					
Charitable activities	6	42,203	381,827	424,030	-
Fundraising activities	7	1,031	-	1,031	-
		<u>43,234</u>	<u>381,827</u>	<u>425,061</u>	<u>-</u>
Total Resources Expended					
Net income/(expenditure)		33,199	(66,272)	(33,073)	-
Transfer between funds		(-)	(-)	(-)	(-)
		<u>33,199</u>	<u>(66,272)</u>	<u>(33,073)</u>	<u>-</u>
Net movement in funds					
Reconciliation of funds					
Funds introduced		88,625	206,125	294,750	-
		<u>121,824</u>	<u>139,853</u>	<u>261,677</u>	<u>-</u>
Funds carried forward					

The statement of financial activities includes all gains and losses in the year.

All incoming resources and resources expended derive from continuing activities.

For prior years financial comparatives please refer to the charity with the registered name of West Cumbria Women to Women and the charity number is 1062365. The working names of the charity are West Cumbria Domestic Violence Support and The Freedom Project West Cumbria.

The notes on pages 33 to 39 form part of these accounts


**WEST CUMBRIA DOMESTIC VIOLENCE SUPPORT
FINANCIAL STATEMENTS
YEAR ENDED 31ST MARCH 2023**

BALANCE SHEET

	Note	2023	2022
		£	£
FIXED ASSETS	12	15,795	-
CURRENT ASSETS			
Debtors	13	15,670	-
Cash at bank and in hand		238,698	-
		<u>254,368</u>	-
CREDITORS: Amounts falling due within one year	14	8,486	-
NET CURRENT ASSETS/(LIABILITIES)		245,882	-
		<u>261,677</u>	-
CREDITORS: Amounts falling due after more Than one year	15	(-)	(-)
NET ASSETS		<u>£261,677</u>	<u>£-</u>
FUNDS			
Restricted Income Funds	17	139,853	-
Unrestricted Income Funds		121,824	-
TOTAL FUNDS		<u>£261,677</u>	<u>£-</u>

These financial statements were approved by the trustees on 19.6.2023 and are signed on their behalf by:


H Bell
Trustee- Vice Chair


M Burns
Trustee- Treasurer

For prior years financial comparatives please refer to the charity with the registered name of West Cumbria Women to Women and the charity number is 1062365. The working names of the charity are West Cumbria Domestic Violence Support and The Freedom Project West Cumbria.

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**WEST CUMBRIA DOMESTIC VIOLENCE SUPPORT
FINANCIAL STATEMENTS
YEAR ENDED 31ST MARCH 2023**

STATEMENT OF CASH FLOWS FOR THE YEAR ENDED 31ST MARCH 2023

	2023	2022
	£	£
Cash Used in Operating Activities		
Net movement in Funds	261,677	-
Add Back Depreciation Charge	2,952	-
Decrease/(Increase) in Debtors	(15,670)	-
(Decrease)/Increase in Creditors	8,486	-
	<u>257,445</u>	<u>-</u>
Net Cash used in operating activities		
	<u>257,445</u>	<u>-</u>
Cash Flows from Investing Activities		
Fixed Assets Introduced	(10,385)	-
Purchase of Tangible Fixed Assets	(8,362)	-
	<u>(18,747)</u>	<u>-</u>
Cash Provided By (Used In) Investing Activities		
	<u>(18,747)</u>	<u>-</u>
Increase in cash and cash equivalents in the Year	238,698	-
Cash and cash equivalents at the beginning of the Year	-	-
	<u>238,698</u>	<u>-</u>
	<u>238,698</u>	<u>-</u>

For prior years financial comparatives please refer to the charity with the registered name of West Cumbria Women to Women and the charity number is 1062365. The working names of the charity are West Cumbria Domestic Violence Support and The Freedom Project West Cumbria.

The notes on pages 33 to 39 form part of these accounts

**WEST CUMBRIA DOMESTIC VIOLENCE SUPPORT
FINANCIAL STATEMENTS
YEAR ENDED 31ST MARCH 2023**

NOTES TO THE FINANCIAL STATEMENTS

1. ACCOUNTING POLICIES

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year and the preceding year.

Basis of accounting

The financial statements are prepared under the historical cost convention and in accordance with the Statement of Recommended Practice 'Accounting and Reporting by Charities' preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Effective 1 January 2015)-(Charities SORP(FRS 102)) and the Companies Act 2006.

The company constitutes a public benefit entity as defined by FRS102. The trustees consider that there are no material uncertainties about the company's ability to continue as a going concern.

Income

All income is included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

Voluntary income is received by way of grants, donations and gifts and is included in full in the statement of financial activities when receivable. Grants where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.

Donated services and facilities are included at the value to the charity where this can be quantified. The value of services provided by volunteers has not been included.

Gifts donated for resale are included as incoming resources within activities for generating funds when they are sold. Grants, including grants for the purchase of fixed assets, are recognised in full in the statement of financial activities in the year in which they are receivable.

Income from investments is included in the year in which it is receivable.

Expenditure

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered and is reported as part of the expenditure to which it relates.

Costs of generating funds comprise the costs associated with attracting voluntary income and the costs of trading for fundraising purposes including.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Support costs are those costs incurred directly in support of expenditure on the objects of the charity and include project management.

Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost less accumulated depreciation. Depreciation is provided at rates calculated to write off the cost less residual value of each asset over its expected useful life, as follows:

Leasehold properties -	Straight line over the life of the lease
Plant and machinery -	25% reducing balance
Fixtures, fittings and equipment -	25% reducing balance

NOTES TO THE FINANCIAL STATEMENTS

2. DONATIONS AND LEGACIES

	Restricted Funds £	Unrestricted Funds £	Total Funds 2023 £	Total Funds 2022 £
Donations	-	18,678	18,678	-
Cumbria Community Foundation	20,000	-	20,000	-
Cumbria County Council	30,305	-	30,305	-
BBC Children In Need	31,264	-	31,264	-
Hadfield Trust	5,000	-	5,000	-
Cash For Kids	4,700	-	4,700	-
Copeland Community Fund	5,642	-	5,642	-
Police & Crime Commissioner Cumbria	29,531	-	29,531	-
Henry Smith	59,800	-	59,800	-
Morgan Sindall	5,000	-	5,000	-
Edward Gostling Foundation	10,000	-	10,000	-
GDF Funding	51,888	-	51,888	-
Clothworkers Foundation	7,400	-	7,400	-
Sellafield Snowball Fund	5,000	-	5,000	-
Bedrock Awards	25,025	-	25,025	-
Awards For All	10,000	-	10,000	-
Copeland Borough Council	5,000	-	5,000	-
Allerdale Borough Council	10,000	-	10,000	-
Just Giving	-	14,413	14,413	-
Francis C Scott	-	10,000	10,000	-
Garfield Weston Fund	-	15,000	15,000	-
29 th May Charitable Trust	-	3,000	3,000	-
David and Ruth Lewis	-	7,500	7,500	-
	<u>315,555</u>	<u>68,591</u>	<u>384,146</u>	<u>-</u>

WEST CUMBRIA DOMESTIC VIOLENCE SUPPORT
FINANCIAL STATEMENTS
YEAR ENDED 31ST MARCH 2023

NOTES TO THE FINANCIAL STATEMENTS

3. INCOME FROM INVESTMENTS

	Unrestricted Funds	Restricted Funds	Total Funds 2023	Total Funds 2022
	£	£	£	£
Bank Interest Receivable	359	-	359	-
	<u>359</u>	<u>-</u>	<u>359</u>	<u>-</u>

4. INCOME FROM OTHER TRADING ACTIVITIES

	Unrestricted Funds	Restricted Funds	Total Funds 2023	Total Funds 2022
	£	£	£	£
Fundraising Events	-	-	-	-
	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>

5. OTHER INCOME

	Unrestricted Funds	Restricted Funds	Total Funds 2023	Total Funds 2022
	£	£	£	£
Other Income	7,483	-	7,483	-
	<u>7,483</u>	<u>-</u>	<u>7,483</u>	<u>-</u>

6. COSTS OF CHARITABLE ACTIVITIES BY FUND TYPE

	Unrestricted Funds	Restricted Funds	Total 2023	Total 2022
	£	£	£	£
Domestic Violence Support	42,203	381,827	424,030	-
	<u>42,203</u>	<u>381,827</u>	<u>424,030</u>	<u>-</u>

7. COSTS OF FUNDRAISING

	Unrestricted Funds	Restricted Funds	Total 2023	Total 2022
	£	£	£	£
Fundraising Expenditure	1,031	-	1,031	-
	<u>1,031</u>	<u>-</u>	<u>1,031</u>	<u>-</u>

WEST CUMBRIA DOMESTIC VIOLENCE SUPPORT
FINANCIAL STATEMENTS
YEAR ENDED 31ST MARCH 2023

NOTES TO THE FINANCIAL STATEMENTS

8. COSTS OF CHARITABLE ACTIVITIES BY ACTIVITY

	Activities Undertaken Directly £	Support Costs £	Total 2023 £	Total 2022 £
Domestic Violence Support	425,061	-	425,061	-
	425,061	-	425,061	-

9. SUPPORT COSTS

	Total 2023 £	Total 2022 £
Wages	-	-
Legal and Professional fees	-	-
Office running costs	-	-
Premises Costs	-	-
Finance charges – Finance Lease	-	-
Depreciation	-	-
	-	-

The Board of Trustees is of the opinion that every cost incurred, no matter what the expense, goes directly towards supporting the victims. The support costs provide the infrastructure which enables the direct counselling service to be delivered to our service users.

10. STAFF COSTS

	Total 2023 £	Total 2022 £
Wages and Salaries	122,392	-
Employers National Insurance and Pension Contributions	7,996	-
	130,388	-

No employee received emoluments of more than £60,000 (2022: £Nil)

The average number of employees during the year, calculated on a full-time equivalent basis was as follows:

	2023 Number	2022 Number
Management staff	2	-
Administrative staff	4	-
Support Workers	2	-
Total	8	-

WEST CUMBRIA DOMESTIC VIOLENCE SUPPORT FINANCIAL STATEMENTS YEAR ENDED 31ST MARCH 2023

NOTES TO THE FINANCIAL STATEMENTS

11. TRUSTEE'S EMOLUMENTS

The trustees neither received nor waived any emoluments during the year (2022: £Nil)

12. TANGIBLE FIXED ASSETS

	Short Leasehold Property £	IT Equipment £	Fixtures, Fittings & Equipment £	Total £
COST				
At 1st April 2022	-	-	-	-
Introduced	-	4,180	6,205	10,385
Additions	-	8,362	-	8,362
Donation Received	(-)	(-)	(-)	(-)
	-----	-----	-----	-----
At 31st March 2023	-	12,542	6,205	18,747
	-----	-----	-----	-----
DEPRECIATION				
At 1st April 2022	-	-	-	-
Charge for the year	-	1,401	1,551	2,952
	-----	-----	-----	-----
At 31st March 2023	-	1,401	1,551	2,952
	-----	-----	-----	-----
NET BOOK VALUE				
At 31st March 2023	<u>£Nil</u>	<u>£11,141</u>	<u>£4,654</u>	<u>£15,795</u>
At 31st March 2022	<u>£-</u>	<u>£-</u>	<u>£-</u>	<u>£-</u>

12. TANGIBLE FIXED ASSETS (Cont)

Included in tangible fixed assets are assets held under finance leases or hire purchase contracts as follows:

Asset description	Net Book Value £-	2023 Depreciation Charge £-	Net Book Value £-	2022 Depreciation Charge £-
Fixtures, fittings, and equipment				

13. DEBTORS

	2023 £	2022 £
Trade Debtors	12,972	-
Prepayments	2,698	-
	-----	-----
	15,670	-
	-----	-----

WEST CUMBRIA DOMESTIC VIOLENCE SUPPORT FINANCIAL STATEMENTS YEAR ENDED 31ST MARCH 2023

NOTES TO THE FINANCIAL STATEMENTS

14. CREDITORS : (Amounts falling due within one year)

	2023 £	2022 £
Net Obligations under finance leases	-	-
Trade Creditors	5,748	-
Other Taxes and Social security Costs	1,094	-
Accruals and deferred income	1,644	-

	8,486	-
Deferred Income		
At 1st April 2022	-	-
Resources deferred in the year	-	-
Amounts released from previous year	-	-
Deferred Income at 31st March 2023	-	-
The deferred income at 31st March 2023 relates to donations received in advance		

15. CREDITORS : (Amounts falling due after more than one year)

	2023	2022
	£	£
Net Obligations under finance leases	-	-
	-	-
Net Obligations under finance leases		
Repayable within one year	-	-
Repayable within two and five years	-	-
	-	-

16. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted Funds	Restricted Funds	Total Funds 2023	Total Funds 2022
	£	£	£	£
Tangible Fixed Assets	15,795	-	15,795	-
Current Assets	114,515	139,853	254,368	-
Current Liabilities	(8,486)	(-)	(8,486)	(-)
Long Term Liabilities	(-)	(-)	(-)	(-)
Net Assets at 31st March 2023	121,824	139,853	261,677	-

**WEST CUMBRIA DOMESTIC VIOLENCE SUPPORT
FINANCIAL STATEMENTS
YEAR ENDED 31ST MARCH 2023**

NOTES TO THE FINANCIAL STATEMENTS

17. RESTRICTED FUNDS

	Introduced At 1st April 2022	Incoming Resources	Outgoing Resources	At 31st March 2023
	£	£	£	£
Allerdale Borough Council	-	10,000	(2,499)	7,501
Copeland Borough Council	-	5,000	(-)	5,000
Cash For Kids	-	4,700	(4,700)	-
Awards For All	-	10,000	(2,500)	7,500
BBC Children In Need Kids Provision	12,245	31,264	(31,633)	11,876
Cumbria County Council	66,540	30,305	(82,273)	14,572

Copeland Community Fund	11,285	5,642	(16,927)	-
Bedrock Awards	-	25,025	(-)	25,025
Cumbria Community Foundation(NHS)	11,447	-	(11,447)	-
Cumbria Community Foundation	-	20,000	(8,333)	11,667
Hadfield Trust	-	5,000	(-)	5,000
GDF Funding	-	51,888	(51,876)	12
Henry Smith	19,935	59,800	(59,799)	19,936
Sellafield Ltd Grant	71,253	-	(67,540)	3,713
Sellafield Ltd Grant	12,900	-	(12,900)	-
Sellafield Snowball Fund	-	5,000	(5,000)	-
Morgan Sindall	-	5,000	(-)	5,000
Clothworkers Foundation	-	7,400	(7,400)	-
Edward Gostling	-	10,000	(-)	10,000
Copeland Community Fund	-	-	0	-
Edward Gostling Trust	-	-	0	-
Police & Crime Commissioner Cumbria	520	29,531	(17,000)	13,051
Sir Bernard & Lady Schreier Trust	-	-	0	-
The Peel Trust	-	-	0	-
	<u>206,125</u>	<u>315,555</u>	<u>(381,827)</u>	<u>139,853</u>

Purposes of restricted funds

The purpose of the BBC Children in Need fund is to contribute towards the costs of our children's provision.

The purpose of Cumbria County Council grant is to fund an increase in service costs to meet increasing demand on our service.

The purpose of Copeland Community Fund is to be used against staff and support worker salaries.

The purpose of the Cumbria Community Foundation grants received was to part fund staff salaries and 1-1 counselling costs.

The purpose of Hadfield Trust fund is to be used against perpetrator project costs.

The purpose of the Henry Smith fund is to be used against staff salaries.

The purpose of Sellafield Ltd fund is to be used against running costs, counselling costs and our perpetrator project. Including 1-1 counselling and marketing /campaign costs.

The purpose of Edward Gosling Trust fund is to be used against counselling costs.

The purpose of Police & Crime Commissioners Cumbria fund is to be used against counselling costs.

The charity's general restricted funds are usually smaller grants/donations and are used as directed by the provider.

