WEST CUMBRIA DOMESTIC VIOLENCE SUPPORT

England & Wales · Charity number 1187765

Details

Other names	FREEDOM PROJECT WEST CUMBRIA
Status	Registered
Legal form	CIO
Registered	2020-02-05
Register	View on the Charity Commission register

Contact

Address	First Floor Offices Unit 1 Dobies Business Park Lillyhall Workington Cumbria
Phone	0190067167
Email	admin@freedom-project-west-cumbria.org.uk
Website	www.freedom-project-west-cumbria.org.uk

Activities

Objects: 1) THE PROVISION OF SERVICES DIRECTED TOWARDS THE PREVENTION OF DOMESTIC VIOLENCE AND THE RELIEF AND SUPPORT OF PERSONS IN WEST CUMBRIA WHO HAVE SUFFERED OR ARE IN DANGER OF SUFFERING VIOLENCE FROM PERPETRATORS KNOWN TO THEM.2) TO ADVANCE THE EDUCATION OF THE PUBLIC IN ALL ASPECTS OF DOMESTIC VIOLENCE, ITS CAUSES, REMEDIES AND PREVENTION.

Activities: We work with victims, perpetrators and children that are are/have lived with domestic and sexual abuse. We offer free, long term practical and emotional support to individuals and families across West Cumbria. Our service includes a confidential helpline, 1-1 professional counselling for victims, perpetrators and children, group support for adult victims and children and young people.

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Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Education/training, Disability
- **Who:** Children/young People, Elderly/old People, People With Disabilities, The General Public/mankind

Geography

- Cumbria

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£519,383	£582,862	£257,116	9
2024-03-31	£553,380	£495,076	£320,595	10
2023-03-31	£384,146	£425,061	-	-
2022-03-31	£0	£0	-	-
2021-03-31	£0	£0	-	-

Trustees

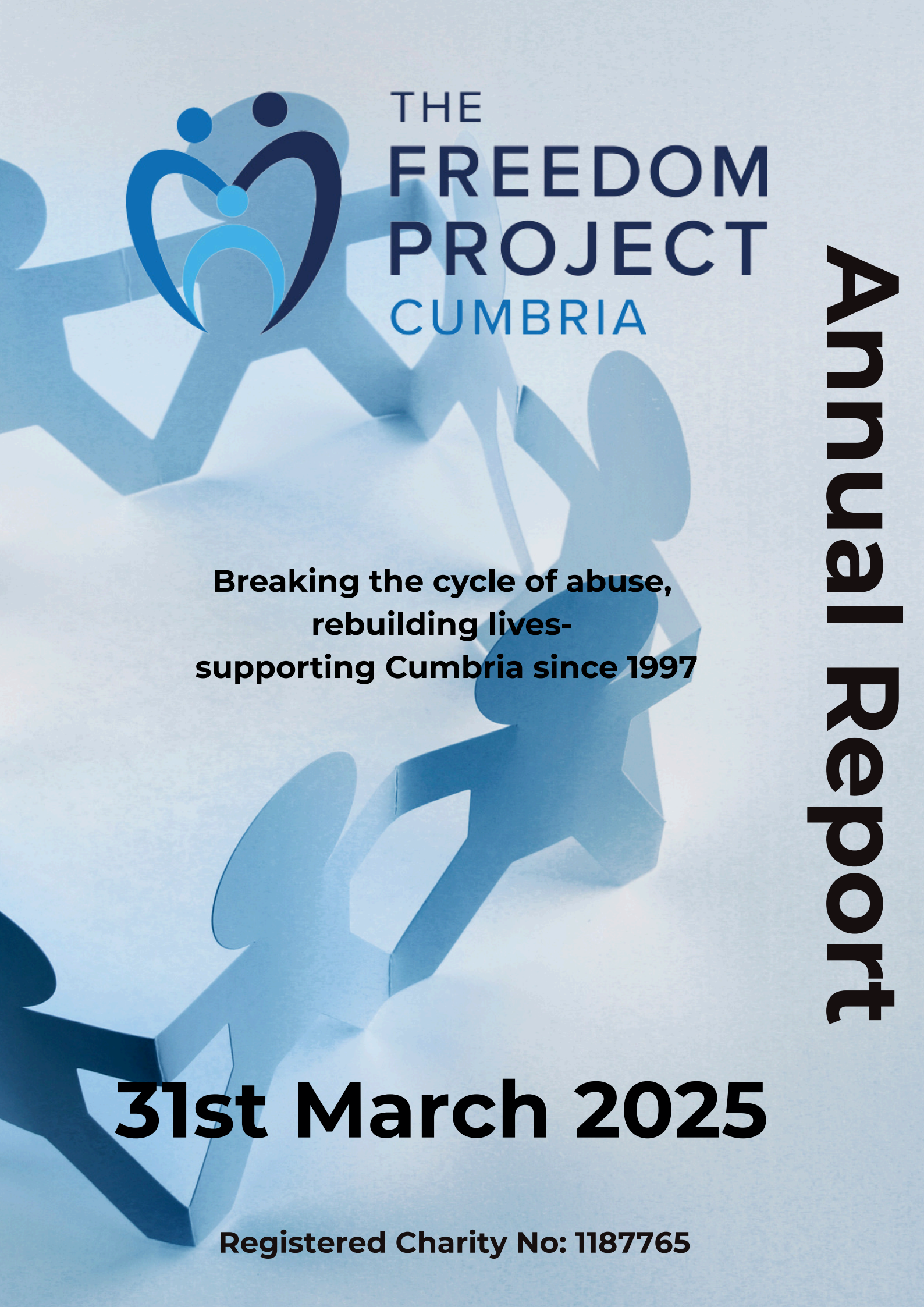
Name	Role	Appointed
Lesley Bowen	Chair	2020-02-05
Eileen Claire Teasdale		2023-09-01
Hannah Bell		2020-02-05
Margaret Burns		2021-11-09
Shirley Fawcett		2020-02-05
Sonia Caroline Cox		2025-04-14

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WEST CUMBRIA DOMESTIC VIOLENCE SUPPORT

England & Wales - Charity number 1187765

Accounts



THE FREEDOM PROJECT CUMBRIA

Annual Report

**Breaking the cycle of abuse,
rebuilding lives-
supporting Cumbria since 1997**

31st March 2025

Registered Charity No: 1187765

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CHAIRPERSONS REPORT

As we transition into our 28th year of operating, with pride I share reflections of last year's charity highlights.

Another successful, but challenging year at the Freedom Project. The demand for our services continues to grow across all of our service offerings giving us the constant challenge of seeking additional funding in an increasingly challenging economic environment. We have seen the routes into our service grow with a particular increase from public health services demonstrating the gap in National Health Service provision and the importance of our activities in the holistic cycle of support to victims and perpetrators of domestic abuse.

We have stayed true to our strategy, delivering the majority of the intent of year two with a particular focus on raising awareness, growing our impact and a focus on breaking the cycle of abuse.

We have revised our service delivery model to provide an improved service offering for our clients as they come towards the end of their counselling journey. In collaboration with Morgan Sindall's All Together Cumbria we have provided additional off ramps to better support transition from our service. We have introduced new wraparound care, delivered by our support workers, which starts on initial contact with the charity providing emotional and practical needs beyond counselling alone. We have increased the number of counsellors and extended the range of counselling techniques as a result. In addition, we have introduced the provision of McKenzie Friend support for those needing support through the judicial system.

This year, above all previous years, we have been recognised by the community for what we do. We were honoured to be chosen as Brightside Events Charity of the Year for their community festival and nominated for Charity of the Year at Britain's Energy Coast Business Cluster Awards. We were extremely proud to receive the High Sheriff's Award which recognises our valuable service and meaningful contribution to the local community. In addition our charity manager was recognised as a finalist in the Enterprise Vision Awards.

We have closed the gaps in our trustee skill base through addition recruitment and have built a very strong, highly committed team of trustees with strengths in the core elements of running a charity aligned to the Charity Commission best practice.

Funding permitting, our focus next year will be on extending our reach across Cumbria and into communities we consider hard to reach, not previously using our services. In addition, in collaboration with EIDA we plan to focus on education, particularly across the local employer base, focusing on what employer's can do to provide a supportive environment for their employees who are impacted by domestic abuse.

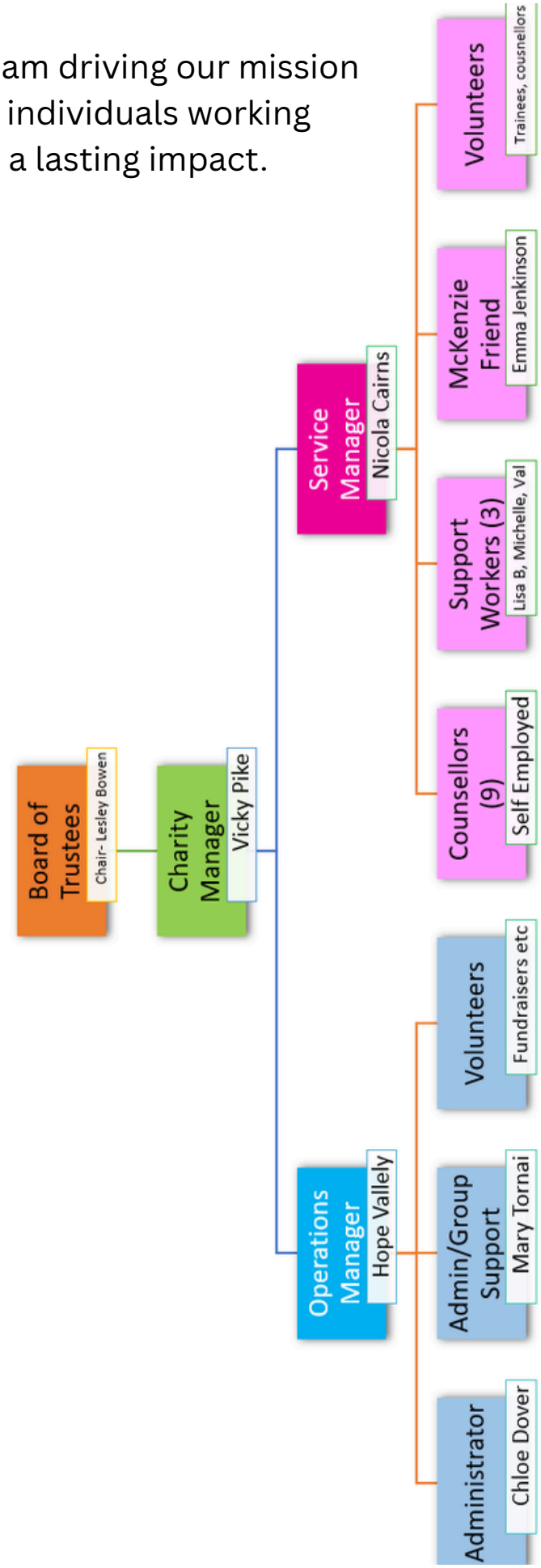
On behalf of the Board of Trustees of the Freedom Project can I once again thank everyone who supports the Charity in any way. Our funders who's support we are forever grateful, our amazing team who run the charity on a day to day basis, our professional team of counsellors, our volunteers, our local supporters and of course our excellent team of Trustees.

Looking forward to another successful year with the ultimate vision of breaking the cycle of domestic abuse.

Lesley Bowen, Chair of Trustees

OUR TEAM!

Meet the passionate team driving our mission forward—dedicated individuals working together to make a lasting impact.



MESSAGE FROM OUR TRUSTEES

WCDVS Trustees review the aims, objectives and activities of the charity each year in March. This report looks at what the charity has achieved and the outcomes of its work in the reporting period.

Our Vision
To deliver effective, co-ordinated, responsive and accessible services for victims, perpetrators and children who are living with, or have lived with, domestic and sexual abuse. Breaking the cycle of abuse now and for future generations.

Our Mission
To help break the cycle of domestic abuse.

Our values

- We care
- We are inclusive
- We do not judge
- We take our responsibilities seriously
- We are client focussed
- We provide a safe space

THE FREEDOM PROJECT CUMBRIA

> Our values and mission are central to our approach, which includes placing the needs of our clients first and "walking the extra mile" to help bring change to those whose lives have been affected by abuse

OUR HISTORY

1997

This year marks 28 years since our charity was founded—born from a conversation around a kitchen table, where Carole Launder, Susan James, and Shirley Fawcett united around a shared commitment to create change and support victims of domestic abuse in a community with little to no provision.

Since those early beginnings, public understanding of domestic abuse has evolved significantly. What was once seen as a private issue—often ignored or dismissed as 'just a domestic'—is now more widely recognised as a serious, complex societal problem.

Survivors have bravely shared their stories, legislation has progressed, and powerful portrayals in programmes such as EastEnders, Emmerdale, and The Archers have helped bring the issue into public consciousness.

The silence has been broken, and vital conversations are now taking place in homes, schools, workplaces, and across communities.

2025

Today, we offer a free, holistic, family-focused service that supports victims, perpetrators, and children impacted by domestic and sexual abuse.

Our comprehensive approach provides emotional and practical support, one-on-one counselling, and therapeutic group work. Our primary goal is to break the cycle of abuse—empowering individuals to heal, rebuild, and move forward with their lives.

In West Cumbria, domestic abuse rates are approximately five percent higher than the national average, and referrals to our service continue to increase.

The COVID-19 pandemic has amplified the risks and challenges many families face, increasing the demand for our services. In 2014, we supported 245 individuals; by last year, that number had risen to 752—a 207% increase. In response, we quickly expanded our operations, growing from a team of 9 to 20 staff members—an impressive 122% increase—allowing us to continue meeting the rising demand for help. We are proud to be the only organisation in the region providing long-term, community-based support to entire families, free of charge.

Over the years, we have played an integral role in fostering a collaborative, multi-agency response to domestic abuse. While we've made considerable strides, the demand for services is growing, and ongoing, sustained efforts are essential. With the continued support of our partners and funders, we are confident that we can drive meaningful change and work toward eradicating domestic abuse.

OUR STRATEGIC AIMS FOR 2024-2025

01

Raising awareness

- We will introduce a targeted education and awareness programme, starting with the most vulnerable
- We will continue to collaborate with other agencies to become better than the sum of our parts and engaging communication strategy
- ·We will be core part of the ecosystem (police, healthcare, education)

02

Growing our impact

- Implement changes to our counselling model
- ·Review our current outcome model to help develop our Theory of Change

03

Breaking the cycle of abuse

- Use academic research to inform service design.

04

Charity structure and governance

- Refresh our gap analysis aligned to Charity Code of Governance including an independent facilitator
- Continually review the Trustee Board against capability
- Review our operating model and resize appropriately aligned to funding and service provision

We continue to work steadily toward our strategic aims and are proud of the progress we have made over the past year. Despite challenges, our team has remained focused and committed, and we are pleased with all that we have achieved. The outcomes reflect the dedication of our staff, trustees, volunteers, and partners, and position us well for the year ahead.



OUR HIGHLIGHTS

01

EVOLVING FOR RECOVERY & LONG TERM IMPACT

We reshaped our support model with a trauma-informed approach that prioritises safety, empowerment, and long-term healing. Key developments include:

- A structured, compassionate care pathway – guiding individuals through services in a clear, supportive way.
- Holistic, wraparound support – addressing emotional, social, and practical needs beyond counselling alone.
- Bespoke case management – recognising that recovery is not linear and tailoring support to each person's unique journey.
- Improved accessibility and waiting list management – making it easier for people to get timely help when they need it most.
- A renewed focus on empowerment – helping individuals build coping strategies, resilience, and confidence to move forward independently.

These changes are creating safer, more sustainable outcomes for those affected by trauma.

02

PILOT EMPLOYABILITY LAUNCHED

In partnership with Morgan Sindall's All Together Cumbria and Inspira, we launched a pilot programme to support service users ready to explore independence through work or education. The project included:

- Group and 1:1 sessions – offering personalised support.
- Financial and resilience workshops – helping participants build confidence and manage practical challenges.
- Skills health checks – identifying strengths and development areas to guide next steps.
- College course fair visits – introducing new opportunities and easing transitions into education.
- Confidence-building activities



OUR HIGHLIGHTS

03 CHOSEN CHARITY OF THE YEAR

Charity of the Year
We were honoured to be chosen as Brightside Events' Charity of the Year for their two-day community festival—raising £2,620 in vital unrestricted funds and significantly increasing awareness of our work.

04 HIGH SHERIFF OF CUMBRIA AWARD

We were proud to receive the High Sheriff's Award, recognising our valuable service and meaningful contribution to enhancing life in the community.

05 AWARD NOMINATIONS

This year, we were honoured to be nominated for two awards:

- Charity or Social Enterprise of the Year at the Britain's Energy Coast Business Cluster Awards, alongside a group of inspiring organisations.
- Our Charity Manager, Vicky, was a finalist in the Enterprise Vision Awards (Not-for-Profit category), recognising her deep commitment to creating positive change.

06 Volunteer Growth and New Opportunities

This year has seen exciting growth in our volunteer community. We were proud to host placement opportunities for two trainee counsellors, providing them with valuable hands-on experience while expanding the support we offer to those who need it most. We also welcomed a new Volunteer Coordinator — a former service user who brings deep empathy and lived experience to the role. Her journey from receiving support to leading others is a powerful testament to the impact of our work, and she now plays a vital role in guiding and inspiring our volunteers and the community.

COMMUNITY FUNDRAISING

Our community fundraising has continued to grow and members of our local community have been busy raising funds for us via The Great North Run, New , 100 Miles in May, Christmas Jumper Day and more!

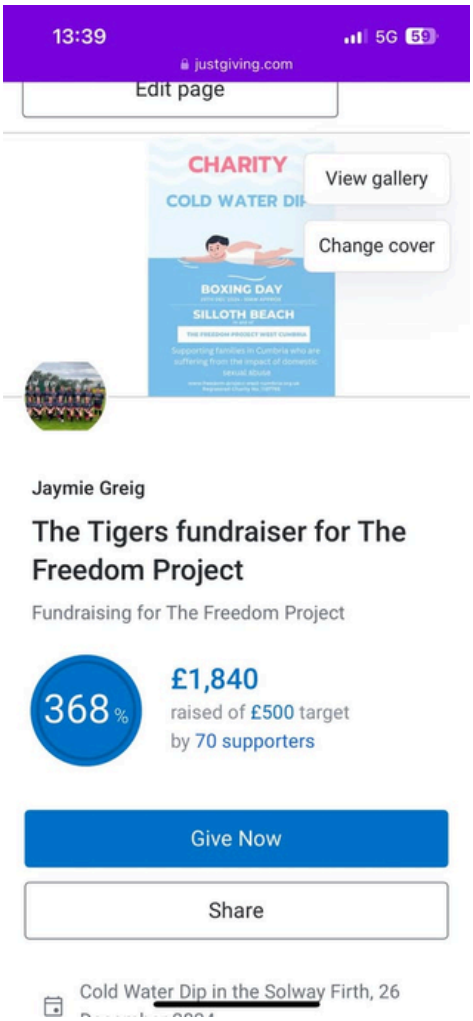








COMMUNITY FUNDRAISING











Services Delivered in 24-25

This year, we've seen strong engagement across all our services, reflecting both the dedication of our team and the growing trust placed in us by those we support. Below are some of the key highlights from the year:

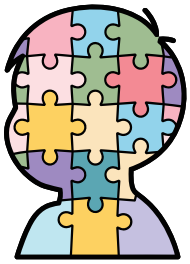


1:1 Counselling Sessions

Our one-to-one sessions remain a vital lifeline. With an 81% attendance rate, we've seen continued commitment from individuals actively engaging in support.

81% attendance rate





Children & Young Persons Group
72 sessions delivered

Our weekly group created a safe, supportive space for children and young people to share, grow, and connect.



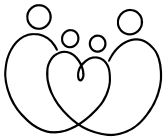
Helpline Support
1,467 calls received

Our helpline continues to provide immediate emotional and practical support — a critical point of connection for many.



McKenzie Friend Service

Our McKenzie Friend Service has gone from strength to strength, offering support to 40 families facing complex legal challenges.



40 Families supported

96% *Of individuals referred to us went on to actively engage in support — a strong indicator of accessible, relevant services that meet real needs.*

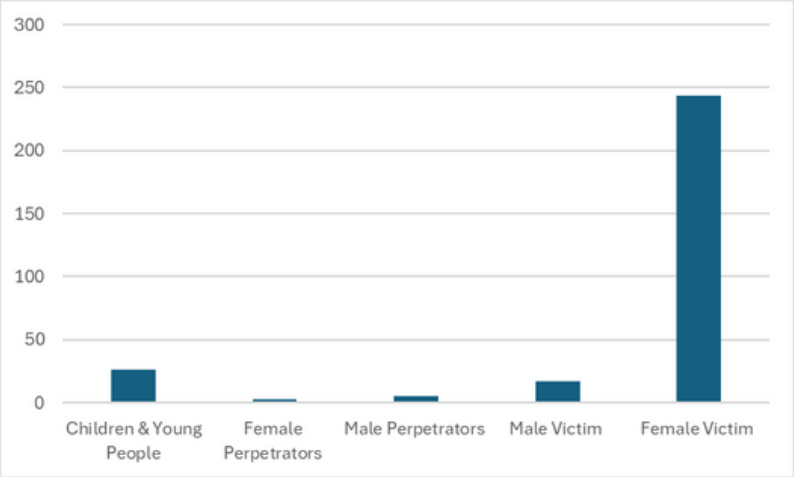
Behind every number is a life changed

Now lets look at the numbers...

We have had an extremely busy year with demand for our service continually growing. Referrals have increased by **19.9%** over the previous 12 months. In April 2024, we made the decision to officially expand our service county-wide, offering Zoom and telephone counselling sessions to individuals across Cumbria who are unable to attend our offices in person. This step has allowed us to increase accessibility and ensure support reaches those in more remote or rural areas.

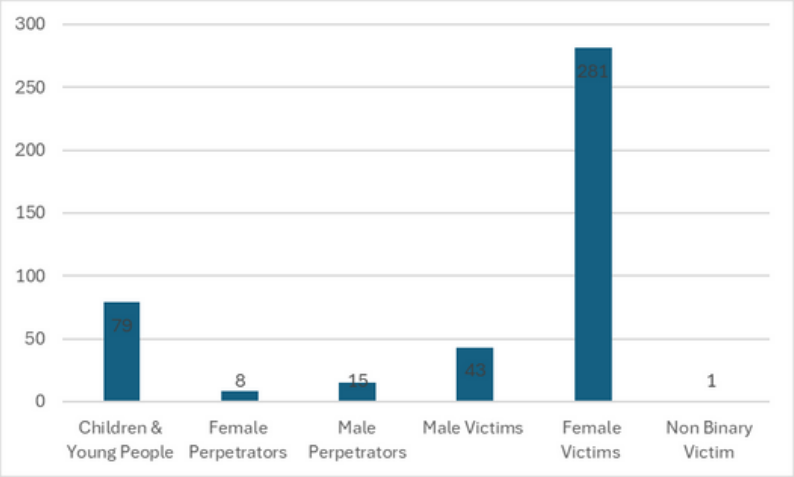
Clients Actively Engaging at 1st Apr 2024

325 clients were actively engaging in service.



New referrals to Service 1st Apr 24-31st Mar 25

427 people were referred who had never accessed our service before.



752 *people directly supported over the last 12 - month period*

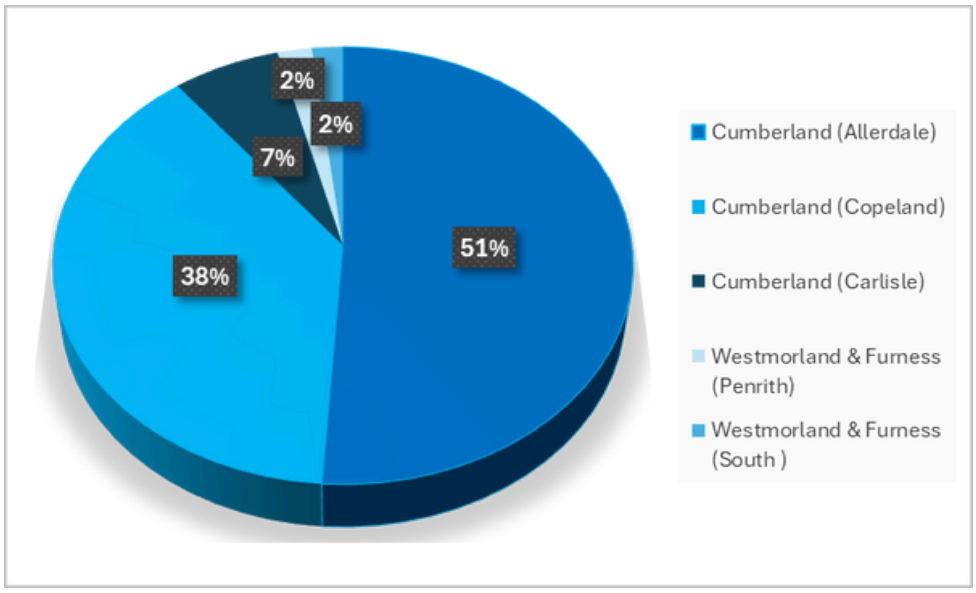
10.4% increase on 23-24

New referral data

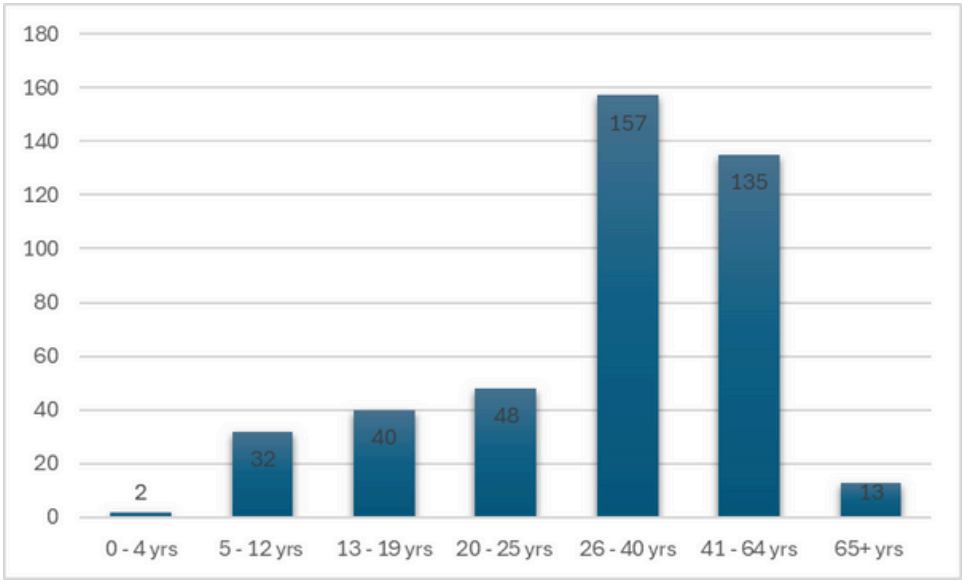
We carried out a deep dive into our new referrals to:-

- understand where our referrals were coming from
- understand the areas we are not reaching
- develop a communications plan to reach the areas our data shows we are not currently reaching.

Area of new referrals

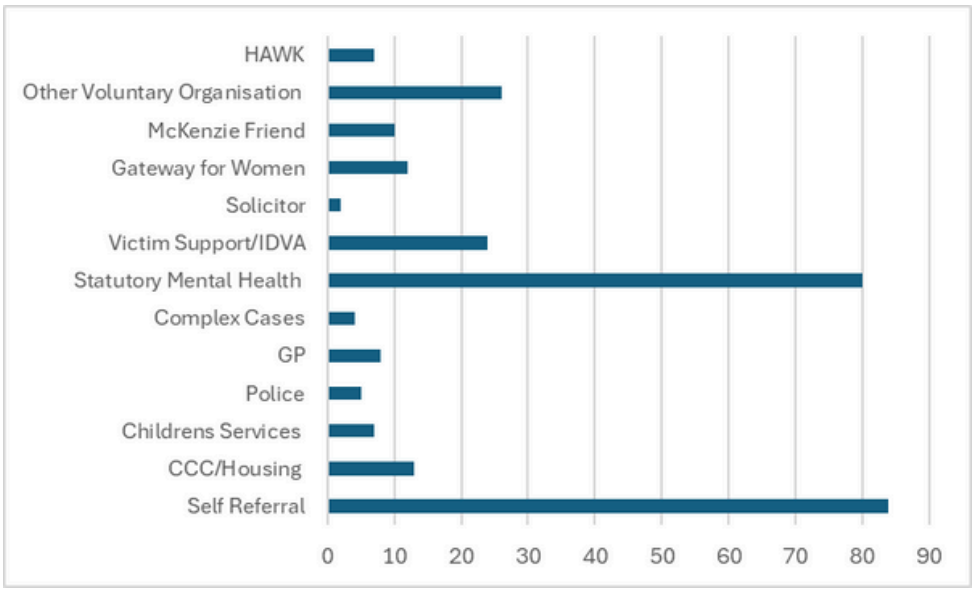


Age range of new referrals



Source of new referrals

Adult female victims inc 1 non binary victim (282)



15% of female victims were aged 20-25

44% of female victims were aged 26-40

37% of female victims were aged 41-64

4% of female victims were aged 65+

Referrals for female victims increased by 19.5% on previous 12 months.

49% *of total referrals for female victims were from statutory services. 29.7% were self referrals.*

Adult Male Victims (43)

Referrals for male victims increased by 72% on previous 12 months.

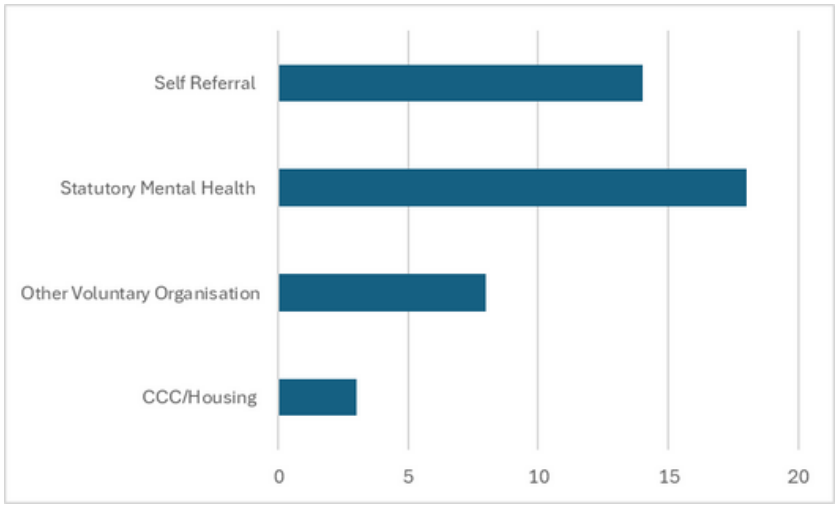
7% of male victims were aged 20-25

31% of male victims were aged 26-40

58% of male victims were aged 41-64

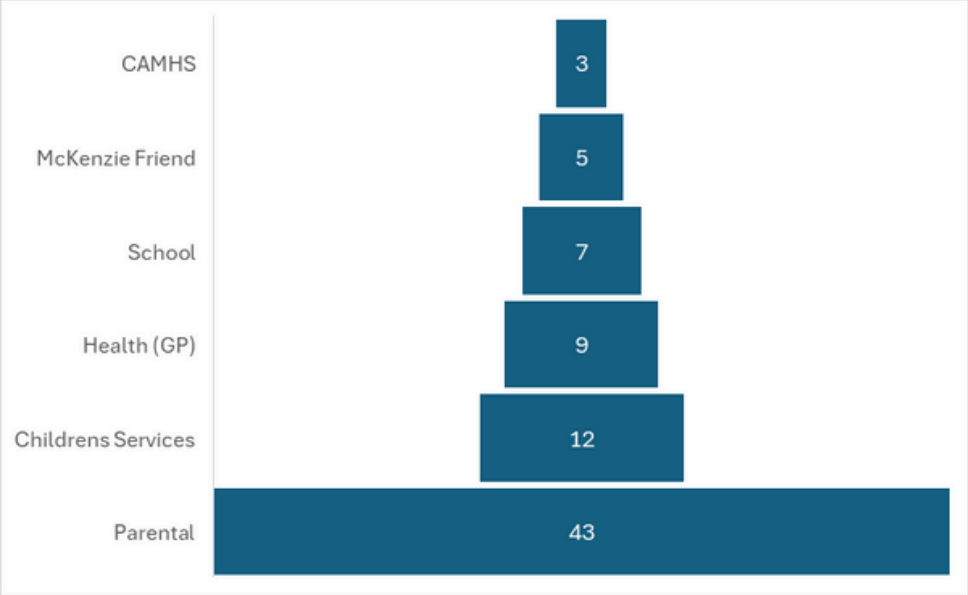
4% of male victims were aged 65+

41% *of total referrals for male victims were from Statutory Mental Health Services*



CYP new referral breakdown

Children and young people impacted(79)



58% *of total referrals for CYP were from parents and guardians*

39%

of CYP were male

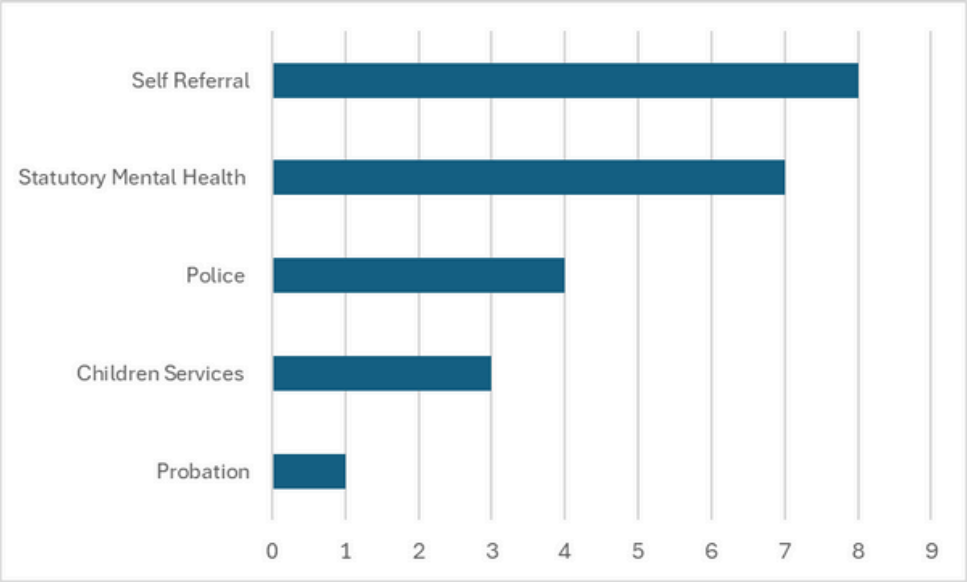
61%

of CYP were female

27% (20) of CYP were referred due to showing abusive behaviours. 12 were female, 8 were male

New referrals

Perpetrators (23)



15%
of perpetrators were aged 20-25

67%
of perpetrators were aged 26-40

18%
of perpetrators were aged 41-64

18
perpetrators were male

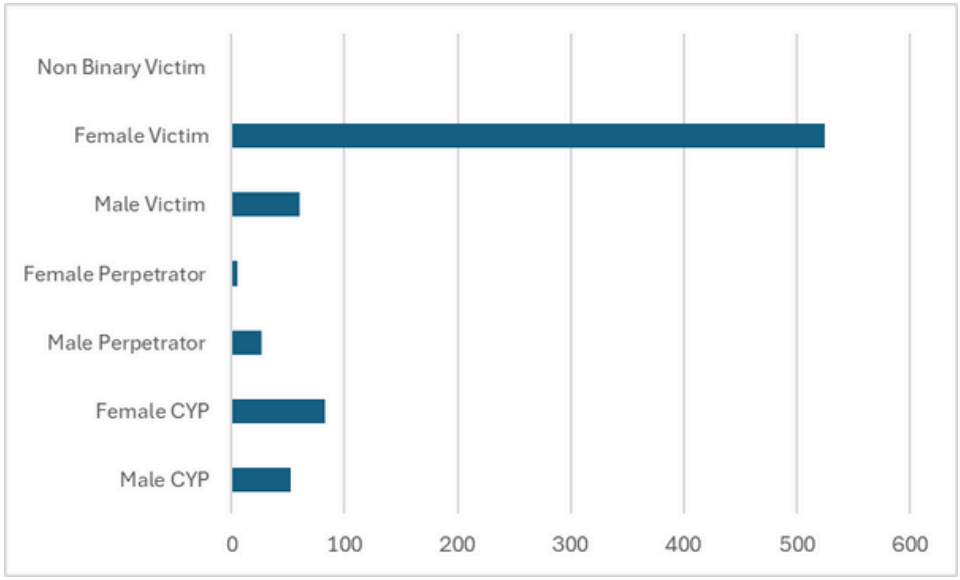
5
perpetrators were female

Referrals increased by 35% from the previous 12 months

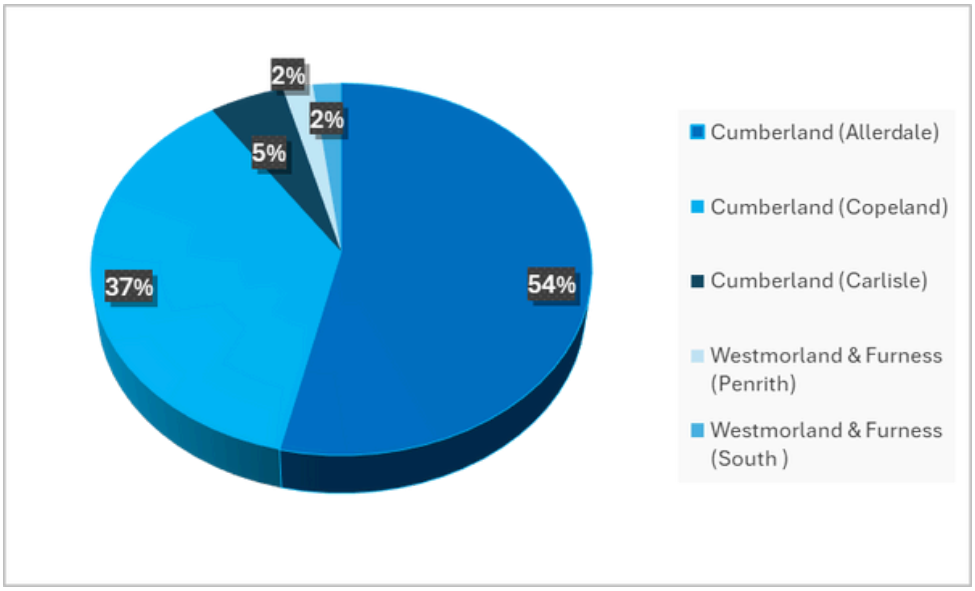
Summary of total clients supported

With those clients already open and engaging in services and the new referrals received, we have directly supported **752** people from Cumbria during the period 1st April 2024- 31st March 2025.

Gender & role

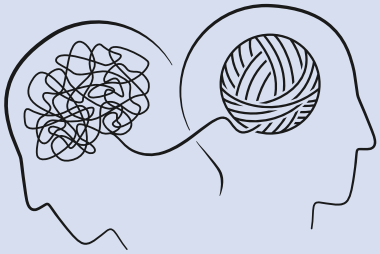


Area



THE DIFFERENCE WE HAVE MADE

1. Improved mental health and wellbeing



- 96% of victims reported....
- 71% of perpetrators reported....
- 73% of CYP reported.....

My mental health has improved



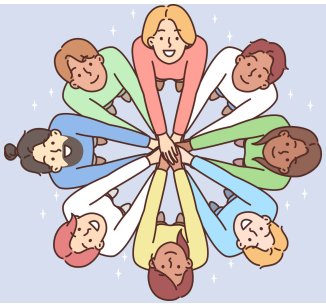
- 88% of victims reported....
- 81% of perpetrators reported....
- 67% of CYP reported.....

My self confidence has improved



- 100% of victims, CYP and Perpetrators reported....

I feel better I have someone to talk to



- 87% of victims reported....
- 79% of perpetrators reported....
- 77% of CYP reported.....

My relationships with others have improved



- 87% of victims reported....
- 81% of perpetrators reported....
- 84% of CYP reported.....

Things are happier at home

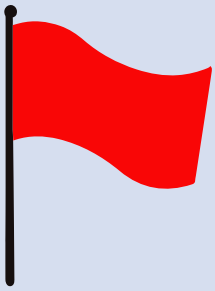
THE DIFFERENCE WE HAVE MADE

2. Breaking the cycle of abuse



- 98% of victims reported....
- 100% of perpetrators reported....

I understand the impact abuse has on myself and my family



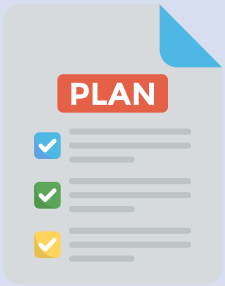
- 84% of victims reported....

I understand the signs for avoiding future abusive relationships



- 95% of perpetrators reported.....
- 88% of CYP reported.....

I feel better able to control my emotions



- 100% of perpetrators reported.....

I have a plan in place to manage my anger

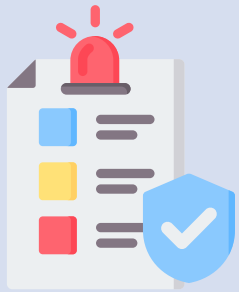


- 100% of CYP reported.....

I understand that the things that happen at home are not my fault

THE DIFFERENCE WE HAVE MADE

2. Improved safety



- 100% of victims and CYP reported....

I know what to do if I ever feel unsafe in the future



- 68% of victims reported....
- 83% of CYP reported.....

I feel safe at home



- 94% of victims reported.....
- 100% of perpetrators reported....
- 89% of CYP reported

I could fully open up to my counsellor

CLIENT TESTIMONIALS

I can feel a difference after only 3 sessions. I can now think, focus and have a clearer head.

You have got me from the lowest part in my life to now being able to function and navigate life. The Freedom Project has been amazing throughout my whole journey thank you for everything you have done for me

Without The Freedom Project I wouldn't be where I am now. I am extremely thankful for everything you have done for me

I couldn't have done it without you all. You were the only thing propping me up. Thank you so much.

Without FP i wouldnt be here now, I am extremely thankful. Everything about the service is fantastic I cant fault it. There was support at every stage from point of referral, someone was always available to talk to if I needed anything, nothing was too much. You are all amazing!

CLIENT TESTIMONIALS

Satisfaction is off the scale, the fill team is fantastic. I felt believed, supported and not judged as I had been in other services. I use the tools given to me in daily life and am able to verbalise my emotions in my new relationship

My objectives have been met & my expectations exceeded. my counsellor is a experienced & very good listener who guided me throughout my counselling journey. Calm & strong throughout, not afraid to give tough love at times which I appreciate as it helped when reflecting on our sessions & enabled me to grow in confidence & be my self, accept my past & move forward. Mandy made me feel proud of myself for reaching out for help & made the whole expedience a positive one. I now have the confidence to express my true feelings & not be scared or too proud to explain to my family the emotions I am experiencing.

I love going to the FP. We do lots of drawing and play games. We talk about my feelings and feed my worries to the 'worry monster'

I have no one to talk to at home as I don't want to make my mum sad. Knowing I have the opportunity to talk in the children's group and know people are really listening is great.

Your service has been excellent. I wouldn't be here without my counsellor, I wouldn't have managed without her. I am now coping much better and I can see a future where I did not before.

MCKENZIE FRIEND FEEDBACK

I Just wanted to tell you how amazing you are and without you I will still be stuck with my old life. From the bottom of my heart Thank You for everything you have done for us. We all appreciate it. The last few weeks all stress came up and my nervous system blew up, I can't imagine if I was still there...with the stress every day. Thank you Emma

Thank you Emma indeed, without your support I would be lost.

Thank you so much for everything. I would not have been okay without you supporting me in court

Thank you for all of your support. I'm starting a new job in the new year. All due to yours and Rachels care.

ACKNOWLEDGEMENTS

A huge thank you to our awesome team of staff, volunteers, and therapists for all your care, commitment, and hard work this past year. Everything you've done, on your own and together, has been amazing, and we truly appreciate it.

To all our supporters and funders, thank you for standing with us as we work to break the cycle of abuse here in Cumbria. Your ongoing support means so much.

WEST CUMBRIA DOMESTIC VIOLENCE SUPPORT CIO

TRUSTEES` REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED

31ST MARCH 2025

CHARITY NUMBER 1187765

ROBINSON UDALE
Chartered Accountants & Tax Advisors
The Old Bank
41 King Street
Penrith
Cumbria
CA11 7AY

WEST CUMBRIA DOMESTIC VIOLENCE SUPPORT

FINANCIAL STATEMENTS
YEAR ENDED 31ST MARCH 2025

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WEST CUMBRIA DOMESTIC VIOLENCE SUPPORT

FINANCIAL STATEMENTS
YEAR ENDED 31ST MARCH 2025

LEGAL AND ADMINISTRATIVE INFORMATION

Charity Number	1187765
The board of trustees	S Fawcett S James H Bell (Vice Chair) L Bowen (Chair) M Burns R Deakin E Southward T Weston – Retired in October 2024 E Teasdale
Registered office	First Floor Offices Unit 1 Dobies Cumbria Ltd Dobies Business Park Lillyhall West Workington CA14 4HX
Independent Examiners	Robinson Udale Limited Chartered Accountants & Tax Advisors The Old Bank 41 King Street Penrith Cumbria CA117AY

WEST CUMBRIA DOMESTIC VIOLENCE SUPPORT

TRUSTEES REPORT FOR THE YEAR ENDED 31ST MARCH 2025

The Trustees present their report and the financial statements for the year ending 31 March 2025. The Trustees who served during the year and up to the date of this report are listed on page 1.

Structure, Governance and Management

West Cumbria Domestic Violence Support is a Charitable Incorporated Organisation registered as a charity on 5th February 2020 and the charity number is 1187765. The charity is regulated by the Charity Commission for England and Wales and is subject to charity law.

The charities trustees also form the management committee of the organisation, and they are elected at the Annual General Meeting.

The Board of Trustees currently has a membership of 8 people. Some are representatives of partner organisations such Cumbria County Council and Health services. They have fast knowledge and experience in the issues surrounding domestic abuse and working with victims of abuse and their children. Our chair is the head of Performance and Talent with our biggest local employer, Sellafield Ltd, our vice chair is a Programme Assurance Lead at Kellogg Brown & Root (U.K.) Ltd and our treasurer is a chartered accountant and director of her own company.

The Board meets monthly and more frequently if required. The Board is responsible for the strategic direction and policy of the organisation and for robust governance and rigorous financial management.

The Charity Manager holds the day-to-day responsibility for the operational management of the organisation. and for the day-to-day provision of services.

The service is delivered via a combination of 6 professional counsellors (5 adult and 1 Child and young person's counsellor), a Helpline Operative, 5 trained volunteers and 9 members of salaried staff comprising of the Charity Manager, Operations Manager, Service Manager, 2 Administration Assistant, 3 Support Workers for victims/survivors and 1 McKenzie Friend for all disadvantaged women.

Objectives and Activities

The Freedom Project is unique in West Cumbria in providing a free holistic family approach, working with victims, perpetrators and children suffering from the trauma and effects of domestic and sexual abuse.

Our mission is to help break the cycle of abuse in Cumbria through the following objectives:

- Supporting clients by improving their safety and security for themselves and their children.
- Supporting survivors to move on, equipped with the resilience and skills to avoid future abusive relationships.
- Help children/young people who are caught up in domestic abuse, as a victim, or witness, and those starting to display challenging and abusive behaviours, to cope with difficult situations and manage their emotional and physical responses in a healthy and positive way.
- Help perpetrators to change their behaviour so that they cease to abuse.
- Work with partner agencies to promote better integrated services to victims and perpetrators and raise awareness on domestic abuse
- Act as an advocate so that domestic abuse is kept high on the policy and decision-making agendas.

Our main services are delivered through the Freedom Project, which consists of:

- A Confidential Helpline offering practical and emotional support. This is the route to which many of our referrals are received.
- one-to-one assessment of need where client and support worker decide which counselling support service pathway (group sessions, one-to-one sessions, or both) is most appropriate for themselves, and their family
- one-to-one and individual counselling for victims, perpetrators, and children/ young people
- Volunteer befriending and support service (including pre counselling sessions- provided to clients on the waiting list that feel they need immediate support, attending courts, helping with transport)
- a rolling programme of group sessions with adult victims/survivors.
- a rolling programme of group sessions for children (primary age and under)
- a rolling programme of group sessions for older children/young people (secondary age up to 18)
- Providing McKenzie Friend support to all disadvantaged who need help, advice, and support through the family courts process.

Our values and mission are central to our approach, which includes placing the needs of our clients first and "walking the extra mile" to help bring change to those whose lives have been affected by domestic abuse.

Public Benefit

The trustees have complied with their responsibility to have due regard to the Commission's guidance on public benefit in exercising their powers and duties. Trustees are fully aware of their roles and responsibilities and in planning their activities for the year have kept in mind the Charity Commission's guidance at Trustee meetings.

West Cumbria Domestic Violence Support brings benefit to the public in line with its objects through its range of services (detailed above) that are freely accessible to the public affected by domestic abuse including victims, their children and families and perpetrators.

Financial review

The net funds for the year amounted to (£63,479). As of 31 March 2025, the charity had restricted funds of £182,386 (2024; £200,224) and unrestricted funds of £74,730 (2024; £120,371).

We are delighted to report that our funding is stable and are extremely grateful to our supporters, past and present., Francis C Scott, Garfield Weston, The Henry Smith Foundation, Cumbria Community Foundation, BBC Children in Need, The Allen Lane Foundation, CFM Cash for Kids, Cumbria Police Commissioner Fund, The Hadfield Trust, Sellafield Ltd, The Peel Trust, GDF Allerdale, GDF Copeland. Edward Gostling Foundation, National Lottery Community Fund, Cumberland Council, as well as several smaller grants from local businesspeople.

However, we cannot be complacent and are continuing to review the project's finances on a regular basis to identify any possible shortfalls and submit further applications necessary to ensure that this vital service continues to help the communities of West Cumbria.

We are committed to keeping our service free so that it remains accessible to everyone irrespective of their income. There are enough barriers in place already which deter victims and perpetrators of abuse from seeking help - we will not add ability to pay to that list.

Therefore, the service will always need to be paid for from sources other than fees charged to clients. In the past costs have been entirely met through grants from charities and funding agencies.

We believe this will continue to be the case for the foreseeable future. However, we will gear our organization up to bid for contracts which may be tendered by the Police, Health, Children's and Adult Social Services, the Home Office etc. We will respond to such opportunities on a full cost recovery basis.

In the meantime, we will support our Trustees and volunteers and continue to be more pro-active in terms of fund-raising, including encouraging donations and business sponsorships.

Reserve's policy

WCDVS's reserves policy aims to have income equivalent to at least 3 months running costs and service costs enabling the organisation to meet both short term cash flow pressures and legal commitments in the event of the organisation being unable to continue to operate. The Board of Trustees keeps this policy under review as part of its ongoing monitoring of the financial needs of the organisation and management of risk.

Risk Management

The Trustees have a risk management strategy which composes: ~ review of the risks the charity may face, ~ the establishment of systems and procedures to mitigate those risks identified in the plan; and the implementation of procedures designed to minimise any potential impact on the charity should those risks materialise.

Plans for the Future

We have spent time as a team reviewing our strategic themes and the progress we have made against each one and we are delighted to report that we have made significant progress against each one;

- Raising awareness
- Growing our impact
- Breaking the cycle of abuse and
- A continual focus on our structure and governance.

We plan to retain these themes as we move into delivery year 25/26 with an increased focus on some specific areas, all with the intent of breaking the cycle of domestic abuse.

Statement of trustees' responsibilities

The trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of charity and of the incoming resources and application of resources of the charity for that year. In preparing these financial statements the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011 and the Charity (Accounts and Reports) Regulations 2008. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

L M Bowen

On behalf of the board
L Bowen – Chairman

Date 22nd July 2025

West Cumbria Domestic Violence Support

Independent examiner's report to the trustees on the unaudited financial statements of West Cumbria Domestic Violence Support Group.

I report on the accounts of West Cumbria Domestic Violence Support for the year ended 31 March 2025 as set out on pages 7 – 17.

Respective responsibilities of trustees and independent examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011, (the 2011 Act) does not apply and that an independent examination is needed. It is my responsibility to examine the accounts under section 145 of the 2011 Act, to follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act, and to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(i) which gives me reasonable cause to believe that in any material respect the requirements: - to keep proper accounting records in accordance with section 130 of the 2011 Act; and - to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act

have not been met; or

(ii) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

.....

Mr D Roper

Robinson Udale Ltd
Chartered Accountants and Tax Advisors
The Old Bank
41 King Street
Penrith
Cumbria
CA11 7AY

Date .....

WEST CUMBRIA DOMESTIC VIOLENCE SUPPORT
FINANCIAL STATEMENTS
YEAR ENDED 31ST MARCH 2025

STATEMENT OF FINANCIAL ACTIVITIES

	Note	Unrestricted Funds	Restricted Funds	Total Funds 2025	Total Funds 2024
			£	£	£
INCOMING RESOURCES:					
Donations and Legacies	2	71,201	447,580	518,781	553,380
Income from investments	3	602	-	602	614
Income from Other Trading Activities	4	-	-	-	-
Other Income	5	-	-	-	-
Total Incoming Resources		71,803	447,580	519,383	553,994
RESOURCES EXPENDED					
Expenditure on :-					
Charitable activities	6	115,646	465,418	581,064	493,322
Fundraising activities	7	1,798	-	1,798	1,754
Total Resources Expended	8	117,444	465,418	582,862	495,076
Net income/(expenditure)		(45,641)	(17,838)	(63,479)	58,918
Transfer between funds		(-)	(-)	(-)	(-)
Net movement in funds		(45,641)	(17,838)	(63,479)	58,918
Reconciliation of funds					
Funds Introduced		-	-	-	-
Funds brought forward		120,371	200,224	320,595	261,677
Funds carried forward		74,730	182,386	257,116	320,595

The statement of financial activities includes all gains and losses in the year.

All incoming resources and resources expended derive from continuing activities.

The notes on pages 10 to 17 form part of these accounts

WEST CUMBRIA DOMESTIC VIOLENCE SUPPORT
FINANCIAL STATEMENTS
YEAR ENDED 31ST MARCH 2025

BALANCE SHEET

	Note	2025 £	2025 £	2024 £
FIXED ASSETS	12		13,539	14,963
CURRENT ASSETS				
Debtors	13	7,145		2,813
Cash at bank and in hand		254,966		312,426
		262,111		315,239
CREDITORS: Amounts falling due within one year	14	18,534		9,607
NET CURRENT ASSETS/(LIABILITIES)			243,577	305,632
			257,116	320,595
CREDITORS: Amounts falling due after more Than one year	15		(-)	(-)
NET ASSETS			£257,116	£320,595
FUNDS				
Restricted Income Funds	17		182,386	200,224
Unrestricted Income Funds			74,730	120,371
TOTAL FUNDS			£257,116	£320,595

These financial statements were approved by the trustees on 22/7/25 ..... and are signed on their behalf by:

H Bell
Trustee- Programme assurance lead

M Burns
Trustee- Treasurer

The notes on pages 10 to 17 form part of these accounts

STATEMENT OF CASH FLOWS FOR THE YEAR ENDED 31ST MARCH 2025

	2025 £	2024 £
Cash Used in Operating Activities		
Net movement in Funds	(63,479)	58,918
Add Back Depreciation Charge	4,073	4,987
Decrease/(Increase) in Debtors	(4,332)	12,857
(Decrease)/Increase in Creditors	8,927	1,121
Net Cash used in operating activities	(54,811)	77,883
Cash Flows from Investing Activities		
Fixed Assets Introduced	(-)	(-)
Purchase of Tangible Fixed Assets	(2,649)	(4,155)
Cash Provided By (Used In) Investing Activities	(2,649)	(4,155)
Increase/(Decrease) in cash and cash equivalents in the Year	(57,460)	73,728
Cash and cash equivalents at the beginning of the Year	312,426	238,698
	254,966	312,426

The notes on pages 10 to 17 form part of these accounts

NOTES TO THE FINANCIAL STATEMENTS

1. ACCOUNTING POLICIES

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year and the preceding year.

Basis of accounting
The financial statements are prepared under the historical cost convention and in accordance with the Statement of Recommended Practice 'Accounting and Reporting by Charities' preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Effective 1 January 2015)-(Charities SORP(FRS 102)) and the Companies Act 2006.

The company constitutes a public benefit entity as defined by FRS102. The trustees consider that there are no material uncertainties about the company's ability to continue as a going concern.

Income
All income is included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

Voluntary income is received by way of grants, donations and gifts and is included in full in the statement of financial activities when receivable. Grants where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.

Donated services and facilities are included at the value to the charity where this can be quantified. The value of services provided by volunteers has not been included.

Gifts donated for resale are included as incoming resources within activities for generating funds when they are sold.
Grants, including grants for the purchase of fixed assets, are recognised in full in the statement of financial activities in the year in which they are receivable.

Income from investments is included in the year in which it is receivable.

Expenditure
Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered and is reported as part of the expenditure to which it relates.

Costs of generating funds comprise the costs associated with attracting voluntary income and the costs of trading for fundraising purposes including.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Support costs are those costs incurred directly in support of expenditure on the objects of the charity and include project management.

Tangible fixed assets and depreciation
Tangible fixed assets are stated at cost less accumulated depreciation. Depreciation is provided at rates calculated to write off the cost less residual value of each asset over its expected useful life, as follows:

Leasehold properties -	Straight line over the life of the lease
Plant and machinery -	25% reducing balance
Fixtures, fittings and equipment -	25% reducing balance

NOTES TO THE FINANCIAL STATEMENTS

2. DONATIONS AND LEGACIES

	Restricted Funds £	Unrestricted Funds £	Total Funds 2025 £	Total Funds 2024 £
Donations	-	29,153	29,153	15,703
Cumbria Community Foundation	49,910	-	49,910	10,000
Cockermouth Rotary	-	2,000	2,000	-
BBC Children In Need	20,183	-	20,183	32,910
Hadfield Trust	-	-	-	5,000
Cash For Kids	-	-	-	4,150
Copeland Community Fund	69,784	-	69,784	25,159
Police & Crime Commissioner Cumbria	40,358	-	40,358	53,811
Henry Smith	89,750	-	89,750	59,850
Morgan Sindall	-	3,000	3,000	-
Edward Gostling Foundation	-	-	-	25,000
GDF Funding	-	-	-	64,860
Barry Earl	-	2,000	2,000	-
Sellafield Snowball Fund	-	-	-	2,000
Bedrock Awards	-	-	-	85,000
KYC Lester	-	2,650	2,650	-
Prosperity Law	-	2,000	2,000	-
Snowball Fund	-	2,477	2,477	-
Just Giving	-	-	-	7,047
Francis C Scott	-	15,000	15,000	15,000
Garfield Weston Fund	-	-	-	15,000
Souter Charitable Trust	-	5,000	5,000	5,000
Jeronime Palmer	-	2,921	2,921	-
Chalk Cliff Trust	-	5,000	5,000	-
Cumberland Council	-	-	-	16,022
Cumberland Council	-	-	-	5,000
Coalfields	-	-	-	5,000
GDF South Copeland	-	-	-	10,000
McKenzie Friend	42,857	-	42,857	7,868
National Lottery Community Fund	84,000	-	84,000	84,000
Safety Net	16,000	-	16,000	-
Eleanor Peel Trust	10,000	-	10,000	-
Together We Can	1,738	-	1,738	-
David and Ruth Lewis	15,000	-	15,000	-
Ambergate	5,000	-	5,000	-
Mosonic	2,000	-	2,000	-
Conference Sponsorship	1,000	-	1,000	-
	447,580	71,201	518,781	553,380

NOTES TO THE FINANCIAL STATEMENTS

3. INCOME FROM INVESTMENTS

	Unrestricted Funds	Restricted Funds	Total Funds 2025	Total Funds 2024
	£	£	£	£
Bank Interest Receivable	602	-	602	614
	602	-	602	614

4. INCOME FROM OTHER TRADING ACTIVITIES

	Unrestricted Funds	Restricted Funds	Total Funds 2025	Total Funds 2024
	£	£	£	£
Fundraising Events	-	-	-	-
	-	-	-	-

5. OTHER INCOME

	Unrestricted Funds	Restricted Funds	Total Funds 2025	Total Funds 2024
	£	£	£	£
Other Income	-	-	-	-
	-	-	-	-

6. COSTS OF CHARITABLE ACTIVITIES BY FUND TYPE

	Unrestricted Funds	Restricted Funds	Total 2025	Total 2024
	£	£	£	£
Domestic Violence Support	115,646	465,418	581,064	493,322
	115,646	465,418	581,064	493,322

7. COSTS OF FUNDRAISING

	Unrestricted Funds	Restricted Funds	Total 2025	Total 2024
	£	£	£	£
Fundraising Expenditure	1,798	-	1,798	1,754
	1,798	-	1,798	1,754

NOTES TO THE FINANCIAL STATEMENTS

8. COSTS OF CHARITABLE ACTIVITIES BY ACTIVITY

	Activities Undertaken Directly £	Support Costs £	Total 2025 £	Total 2024 £
Domestic Violence Support	582,862	-	582,862	495,076
	582,862	-	582,862	495,076

9. SUPPORT COSTS

	Total 2025 £	Total 2024 £
Wages	-	-
Legal and Professional fees	-	-
Office running costs	-	-
Premises Costs	-	-
Finance charges – Finance Lease	-	-
Depreciation	-	-
	-	-

The Board of Trustees is of the opinion that every cost incurred, no matter what the expense, goes directly towards supporting the victims. The support costs provide the infrastructure which enables the direct counselling service to be delivered to our service users.

10. STAFF COSTS

	Total 2025 £	Total 2024 £
Wages and Salaries	232,119	181,255
Employers National Insurance and Pension Contributions	21,132	14,172
	253,251	195,427

No employee received emoluments of more than £60,000 (2024: £Nil)

NOTES TO THE FINANCIAL STATEMENTS

The average number of employees during the year, calculated on a full-time equivalent basis was as follows:

	2025 Number	2024 Number
Management staff	3	2
Administrative staff	2	7
Support Workers	4	2
Total	9	11

11. TRUSTEE'S EMOLUMENTS

The trustees neither received nor waived any emoluments during the year (2024: £Nil)

12. TANGIBLE FIXED ASSETS

	Short Leasehold Property £	IT Equipment £	Fixtures, Fittings & Equipment £	Total £
COST				
At 1st April 2024	-	16,697	6,205	22,902
Additions	-	2,649	-	2,649
Donation Received	(-)	(-)	(-)	(-)
At 31st March 2025	-	19,346	6,205	25,551
DEPRECIATION				
At 1st April 2024	-	5,225	2,714	7,939
Charge for the year	-	3,201	872	4,073
At 31st March 2025	-	8,426	3,586	12,012
NET BOOK VALUE				
At 31st March 2025	£Nil	£10,920	£2,619	£13,539
At 31st March 2024	£Nil	£11,472	£3,491	£14,963

Included in tangible fixed assets are assets held under finance leases or hire purchase contracts as follows:

	2025		2024	
Asset description	**Net Book Value**	**Depreciation Charge**	**Net Book Value**	**Depreciation Charge**
Fixtures, fittings, and equipment	£-	£-	£-	£-

NOTES TO THE FINANCIAL STATEMENTS

13. DEBTORS

	2025	2024
	£	£
Trade Debtors	4,474	-
Prepayments	2,671	2,813
	7,145	2,813

14. CREDITORS : (Amounts falling due within one year)

	2025	2024
	£	£
Net Obligations under finance leases	-	-
Trade Creditors	14,717	6,062
Other Taxes and Social security Costs	2,017	1,845
Accruals and deferred income	1,800	1,700
	18,534	9,607
Deferred Income		
At 1st April 2024	-	-
Resources deferred in the year	-	-
Amounts released from previous year	-	-
		--
Deferred Income at 31st March 2025	-	-

The deferred income at 31st March 2025 relates to donations received in advance

15. CREDITORS (Amounts falling due after more than one year)

	2025	2024
	£	£
Net Obligations under finance leases	-	-
	-	-
Net Obligations under finance leases		
Repayable within one year	-	-
Repayable within two and five years	-	-
	-	-

NOTES TO THE FINANCIAL STATEMENTS

16. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted Funds	Restricted Funds	Total Funds 2025	Total Funds 2024
	£	£	£	£
Tangible Fixed Assets	2,517	11,022	13,539	14,963
Current Assets	90,747	172,364	262,111	315,239
Current Liabilities	(18,534)	(-)	(18,534)	(9,607)
Long Term Liabilities	(-)	(-)	(-)	(-)
Net Assets at 31st March 2025	74,730	182,386	257,116	320,595

17. RESTRICTED FUNDS

	At 1st April 2024	Incoming Resources	Outgoing Resources	At 31st March 2025
	£	£	£	£
Copeland Borough Council	-	69,784	(60,241)	9,543
Cash For Kids	1,750	-	(1,750)	-
BBC Children In Need Kids Provision	12,730	20,183	(31,758)	1,155
Bedrock Awards	66,250	-	(66,250)	-
Cumberland Council	14,902	-	(-)	14,902
Cumbria Community Foundation	6,667	49,910	(39,667)	16,910
GDF South Copeland	7,500	-	(7,500)	-
Henry Smith	19,994	89,750	(58,464)	51,280
National Lottery Community Fund	10,852	84,000	(62,083)	32,769
Edward Gostling	27,170	-	(27,170)	-
Police & Crime Commissioner Cumbria	27,409	40,358	(57,678)	10,089
Coalfields	5,000	-	(5,000)	-
Safety Net	-	16,000	(-)	16,000
Eleonor Peel Trust	-	10,000	(5,000)	5,000
Together We Can	-	1,738	(-)	1,738
David and Ruth Lewis	-	15,000	(-)	15,000
Ambergate	-	5,000	(-)	5,000
Mosonic	-	2,000	(-)	2,000
Conference Sponsorship	-	1,000	(-)	1,000
McKenzie Friend	-	42,857	(42,857)	-
	200,224	447,580	465,418	182,386

NOTES TO THE FINANCIAL STATEMENTS

Purposes of restricted funds

The purpose of the BBC Children in Need fund is to contribute towards the costs of our children's provision.

The purpose of Cumbria County Council grant is to fund an increase in service costs to meet increasing demand on our service.

The purpose of Copeland Community Fund is to be used against staff and support worker salaries and counselling costs for Copeland residents.

The purpose of the Cumbria Community Foundation grants received was to part fund staff salaries and direct client support through the Family Support Fund.

The purpose of the Henry Smith fund is to be used against staff salaries.

The purpose of Edward Gosling Trust fund is to be used against staff salaries and counselling costs.

The purpose of Police & Crime Commissioners Cumbria fund is to be used against counselling costs.

The purpose of National Lottery Community fund is to be used against counselling costs.

The purpose of Bedrock Awards fund is to be used against staff and support worker salaries.

The purpose Cumbria Community Foundations- McKenzie Friend fund is to be used against staff salaries and the McKenzie Friend service provision.

The GDF South Copeland is to be used against counselling costs.

Eleonor Peel Trust fund is to be used against staff salaries.

The charity's general restricted funds are usually smaller grants/donations and are used as directed by the provider.

WEST CUMBRIA DOMESTIC VIOLENCE SUPPORT CIO

TRUSTEES` REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED

31ST MARCH 2025

CHARITY NUMBER 1187765

ROBINSON UDALE
Chartered Accountants & Tax Advisors
The Old Bank
41 King Street
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WEST CUMBRIA DOMESTIC VIOLENCE SUPPORT

FINANCIAL STATEMENTS
YEAR ENDED 31ST MARCH 2025

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WEST CUMBRIA DOMESTIC VIOLENCE SUPPORT

FINANCIAL STATEMENTS
YEAR ENDED 31ST MARCH 2025

LEGAL AND ADMINISTRATIVE INFORMATION

Charity Number	1187765
The board of trustees	S Fawcett S James H Bell (Vice Chair) L Bowen (Chair) M Burns R Deakin E Southward T Weston – Retired in October 2024 E Teasdale
Registered office	First Floor Offices Unit 1 Dobies Cumbria Ltd Dobies Business Park Lillyhall West Workington CA14 4HX
Independent Examiners	Robinson Udale Limited Chartered Accountants & Tax Advisors The Old Bank 41 King Street Penrith Cumbria CA117AY

WEST CUMBRIA DOMESTIC VIOLENCE SUPPORT

TRUSTEES REPORT FOR THE YEAR ENDED 31ST MARCH 2025

The Trustees present their report and the financial statements for the year ending 31 March 2025. The Trustees who served during the year and up to the date of this report are listed on page 1.

Structure, Governance and Management

West Cumbria Domestic Violence Support is a Charitable Incorporated Organisation registered as a charity on 5th February 2020 and the charity number is 1187765. The charity is regulated by the Charity Commission for England and Wales and is subject to charity law.

The charities trustees also form the management committee of the organisation, and they are elected at the Annual General Meeting.

The Board of Trustees currently has a membership of 8 people. Some are representatives of partner organisations such Cumbria County Council and Health services. They have fast knowledge and experience in the issues surrounding domestic abuse and working with victims of abuse and their children. Our chair is the head of Performance and Talent with our biggest local employer, Sellafield Ltd, our vice chair is a Programme Assurance Lead at Kellogg Brown & Root (U.K.) Ltd and our treasurer is a chartered accountant and director of her own company.

The Board meets monthly and more frequently if required. The Board is responsible for the strategic direction and policy of the organisation and for robust governance and rigorous financial management.

The Charity Manager holds the day-to-day responsibility for the operational management of the organisation. and for the day-to-day provision of services.

The service is delivered via a combination of 6 professional counsellors (5 adult and 1 Child and young person's counsellor), a Helpline Operative, 5 trained volunteers and 9 members of salaried staff comprising of the Charity Manager, Operations Manager, Service Manager, 2 Administration Assistant, 3 Support Workers for victims/survivors and 1 McKenzie Friend for all disadvantaged women.

Objectives and Activities

The Freedom Project is unique in West Cumbria in providing a free holistic family approach, working with victims, perpetrators and children suffering from the trauma and effects of domestic and sexual abuse.

Our mission is to help break the cycle of abuse in Cumbria through the following objectives:

- Supporting clients by improving their safety and security for themselves and their children.
- Supporting survivors to move on, equipped with the resilience and skills to avoid future abusive relationships.
- Help children/young people who are caught up in domestic abuse, as a victim, or witness, and those starting to display challenging and abusive behaviours, to cope with difficult situations and manage their emotional and physical responses in a healthy and positive way.
- Help perpetrators to change their behaviour so that they cease to abuse.
- Work with partner agencies to promote better integrated services to victims and perpetrators and raise awareness on domestic abuse
- Act as an advocate so that domestic abuse is kept high on the policy and decision-making agendas.

Our main services are delivered through the Freedom Project, which consists of:

- A Confidential Helpline offering practical and emotional support. This is the route to which many of our referrals are received.
- one-to-one assessment of need where client and support worker decide which counselling support service pathway (group sessions, one-to-one sessions, or both) is most appropriate for themselves, and their family
- one-to-one and individual counselling for victims, perpetrators, and children/ young people
- Volunteer befriending and support service (including pre counselling sessions- provided to clients on the waiting list that feel they need immediate support, attending courts, helping with transport)
- a rolling programme of group sessions with adult victims/survivors.
- a rolling programme of group sessions for children (primary age and under)
- a rolling programme of group sessions for older children/young people (secondary age up to 18)
- Providing McKenzie Friend support to all disadvantaged who need help, advice, and support through the family courts process.

Our values and mission are central to our approach, which includes placing the needs of our clients first and "walking the extra mile" to help bring change to those whose lives have been affected by domestic abuse.

Public Benefit

The trustees have complied with their responsibility to have due regard to the Commission's guidance on public benefit in exercising their powers and duties. Trustees are fully aware of their roles and responsibilities and in planning their activities for the year have kept in mind the Charity Commission's guidance at Trustee meetings.

West Cumbria Domestic Violence Support brings benefit to the public in line with its objects through its range of services (detailed above) that are freely accessible to the public affected by domestic abuse including victims, their children and families and perpetrators.

Financial review

The net funds for the year amounted to (£63,479). As of 31 March 2025, the charity had restricted funds of £182,386 (2024; £200,224) and unrestricted funds of £74,730 (2024; £120,371).

We are delighted to report that our funding is stable and are extremely grateful to our supporters, past and present., Francis C Scott, Garfield Weston, The Henry Smith Foundation, Cumbria Community Foundation, BBC Children in Need, The Allen Lane Foundation, CFM Cash for Kids, Cumbria Police Commissioner Fund, The Hadfield Trust, Sellafield Ltd, The Peel Trust, GDF Allerdale, GDF Copeland. Edward Gostling Foundation, National Lottery Community Fund, Cumberland Council, as well as several smaller grants from local businesspeople.

However, we cannot be complacent and are continuing to review the project's finances on a regular basis to identify any possible shortfalls and submit further applications necessary to ensure that this vital service continues to help the communities of West Cumbria.

We are committed to keeping our service free so that it remains accessible to everyone irrespective of their income. There are enough barriers in place already which deter victims and perpetrators of abuse from seeking help - we will not add ability to pay to that list.

Therefore, the service will always need to be paid for from sources other than fees charged to clients. In the past costs have been entirely met through grants from charities and funding agencies.

We believe this will continue to be the case for the foreseeable future. However, we will gear our organization up to bid for contracts which may be tendered by the Police, Health, Children's and Adult Social Services, the Home Office etc. We will respond to such opportunities on a full cost recovery basis.

In the meantime, we will support our Trustees and volunteers and continue to be more pro-active in terms of fund-raising, including encouraging donations and business sponsorships.

Reserve's policy

WCDVS's reserves policy aims to have income equivalent to at least 3 months running costs and service costs enabling the organisation to meet both short term cash flow pressures and legal commitments in the event of the organisation being unable to continue to operate. The Board of Trustees keeps this policy under review as part of its ongoing monitoring of the financial needs of the organisation and management of risk.

Risk Management

The Trustees have a risk management strategy which composes: ~ review of the risks the charity may face, ~ the establishment of systems and procedures to mitigate those risks identified in the plan; and the implementation of procedures designed to minimise any potential impact on the charity should those risks materialise.

Plans for the Future

We have spent time as a team reviewing our strategic themes and the progress we have made against each one and we are delighted to report that we have made significant progress against each one;

- Raising awareness
- Growing our impact
- Breaking the cycle of abuse and
- A continual focus on our structure and governance.

We plan to retain these themes as we move into delivery year 25/26 with an increased focus on some specific areas, all with the intent of breaking the cycle of domestic abuse.

Statement of trustees' responsibilities

The trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of charity and of the incoming resources and application of resources of the charity for that year. In preparing these financial statements the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011 and the Charity (Accounts and Reports) Regulations 2008. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

L M Bowen

On behalf of the board
L Bowen – Chairman

Date 22nd July 2025

West Cumbria Domestic Violence Support

Independent examiner's report to the trustees on the unaudited financial statements of West Cumbria Domestic Violence Support Group.

I report on the accounts of West Cumbria Domestic Violence Support for the year ended 31 March 2025 as set out on pages 7 – 17.

Respective responsibilities of trustees and independent examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011, (the 2011 Act) does not apply and that an independent examination is needed. It is my responsibility to examine the accounts under section 145 of the 2011 Act, to follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act, and to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(i) which gives me reasonable cause to believe that in any material respect the requirements: - to keep proper accounting records in accordance with section 130 of the 2011 Act; and - to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act

have not been met; or

(ii) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

.....

Mr D Roper

Robinson Udale Ltd
Chartered Accountants and Tax Advisors
The Old Bank
41 King Street
Penrith
Cumbria
CA11 7AY

Date .....

WEST CUMBRIA DOMESTIC VIOLENCE SUPPORT
FINANCIAL STATEMENTS
YEAR ENDED 31ST MARCH 2025

STATEMENT OF FINANCIAL ACTIVITIES

	Note	Unrestricted Funds	Restricted Funds	Total Funds 2025	Total Funds 2024
			£	£	£
INCOMING RESOURCES:					
Donations and Legacies	2	71,201	447,580	518,781	553,380
Income from investments	3	602	-	602	614
Income from Other Trading Activities	4	-	-	-	-
Other Income	5	-	-	-	-
Total Incoming Resources		71,803	447,580	519,383	553,994
RESOURCES EXPENDED					
Expenditure on :-					
Charitable activities	6	115,646	465,418	581,064	493,322
Fundraising activities	7	1,798	-	1,798	1,754
Total Resources Expended	8	117,444	465,418	582,862	495,076
Net income/(expenditure)		(45,641)	(17,838)	(63,479)	58,918
Transfer between funds		(-)	(-)	(-)	(-)
Net movement in funds		(45,641)	(17,838)	(63,479)	58,918
Reconciliation of funds					
Funds Introduced		-	-	-	-
Funds brought forward		120,371	200,224	320,595	261,677
Funds carried forward		74,730	182,386	257,116	320,595

The statement of financial activities includes all gains and losses in the year.

All incoming resources and resources expended derive from continuing activities.

The notes on pages 10 to 17 form part of these accounts

WEST CUMBRIA DOMESTIC VIOLENCE SUPPORT
FINANCIAL STATEMENTS
YEAR ENDED 31ST MARCH 2025

BALANCE SHEET

	Note	2025 £	2025 £	2024 £
FIXED ASSETS	12		13,539	14,963
CURRENT ASSETS				
Debtors	13	7,145		2,813
Cash at bank and in hand		254,966		312,426
		262,111		315,239
CREDITORS: Amounts falling due within one year	14	18,534		9,607
NET CURRENT ASSETS/(LIABILITIES)			243,577	305,632
			257,116	320,595
CREDITORS: Amounts falling due after more Than one year	15		(-)	(-)
NET ASSETS			£257,116	£320,595
FUNDS				
Restricted Income Funds	17		182,386	200,224
Unrestricted Income Funds			74,730	120,371
TOTAL FUNDS			£257,116	£320,595

These financial statements were approved by the trustees on 22/7/25 ..... and are signed on their behalf by:

H Bell
Trustee- Programme assurance lead

M Burns
Trustee- Treasurer

The notes on pages 10 to 17 form part of these accounts

STATEMENT OF CASH FLOWS FOR THE YEAR ENDED 31ST MARCH 2025

	2025 £	2024 £
Cash Used in Operating Activities		
Net movement in Funds	(63,479)	58,918
Add Back Depreciation Charge	4,073	4,987
Decrease/(Increase) in Debtors	(4,332)	12,857
(Decrease)/Increase in Creditors	8,927	1,121
Net Cash used in operating activities	(54,811)	77,883
Cash Flows from Investing Activities		
Fixed Assets Introduced	(-)	(-)
Purchase of Tangible Fixed Assets	(2,649)	(4,155)
Cash Provided By (Used In) Investing Activities	(2,649)	(4,155)
Increase/(Decrease) in cash and cash equivalents in the Year	(57,460)	73,728
Cash and cash equivalents at the beginning of the Year	312,426	238,698
	254,966	312,426

The notes on pages 10 to 17 form part of these accounts

NOTES TO THE FINANCIAL STATEMENTS

1. ACCOUNTING POLICIES

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year and the preceding year.

Basis of accounting
The financial statements are prepared under the historical cost convention and in accordance with the Statement of Recommended Practice 'Accounting and Reporting by Charities' preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Effective 1 January 2015)-(Charities SORP(FRS 102)) and the Companies Act 2006.

The company constitutes a public benefit entity as defined by FRS102. The trustees consider that there are no material uncertainties about the company's ability to continue as a going concern.

Income
All income is included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

Voluntary income is received by way of grants, donations and gifts and is included in full in the statement of financial activities when receivable. Grants where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.

Donated services and facilities are included at the value to the charity where this can be quantified. The value of services provided by volunteers has not been included.

Gifts donated for resale are included as incoming resources within activities for generating funds when they are sold.
Grants, including grants for the purchase of fixed assets, are recognised in full in the statement of financial activities in the year in which they are receivable.

Income from investments is included in the year in which it is receivable.

Expenditure
Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered and is reported as part of the expenditure to which it relates.

Costs of generating funds comprise the costs associated with attracting voluntary income and the costs of trading for fundraising purposes including.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Support costs are those costs incurred directly in support of expenditure on the objects of the charity and include project management.

Tangible fixed assets and depreciation
Tangible fixed assets are stated at cost less accumulated depreciation. Depreciation is provided at rates calculated to write off the cost less residual value of each asset over its expected useful life, as follows:

Leasehold properties -	Straight line over the life of the lease
Plant and machinery -	25% reducing balance
Fixtures, fittings and equipment -	25% reducing balance

NOTES TO THE FINANCIAL STATEMENTS

2. DONATIONS AND LEGACIES

	Restricted Funds £	Unrestricted Funds £	Total Funds 2025 £	Total Funds 2024 £
Donations	-	29,153	29,153	15,703
Cumbria Community Foundation	49,910	-	49,910	10,000
Cockermouth Rotary	-	2,000	2,000	-
BBC Children In Need	20,183	-	20,183	32,910
Hadfield Trust	-	-	-	5,000
Cash For Kids	-	-	-	4,150
Copeland Community Fund	69,784	-	69,784	25,159
Police & Crime Commissioner Cumbria	40,358	-	40,358	53,811
Henry Smith	89,750	-	89,750	59,850
Morgan Sindall	-	3,000	3,000	-
Edward Gostling Foundation	-	-	-	25,000
GDF Funding	-	-	-	64,860
Barry Earl	-	2,000	2,000	-
Sellafield Snowball Fund	-	-	-	2,000
Bedrock Awards	-	-	-	85,000
KYC Lester	-	2,650	2,650	-
Prosperity Law	-	2,000	2,000	-
Snowball Fund	-	2,477	2,477	-
Just Giving	-	-	-	7,047
Francis C Scott	-	15,000	15,000	15,000
Garfield Weston Fund	-	-	-	15,000
Souter Charitable Trust	-	5,000	5,000	5,000
Jeronime Palmer	-	2,921	2,921	-
Chalk Cliff Trust	-	5,000	5,000	-
Cumberland Council	-	-	-	16,022
Cumberland Council	-	-	-	5,000
Coalfields	-	-	-	5,000
GDF South Copeland	-	-	-	10,000
McKenzie Friend	42,857	-	42,857	7,868
National Lottery Community Fund	84,000	-	84,000	84,000
Safety Net	16,000	-	16,000	-
Eleanor Peel Trust	10,000	-	10,000	-
Together We Can	1,738	-	1,738	-
David and Ruth Lewis	15,000	-	15,000	-
Ambergate	5,000	-	5,000	-
Mosonic	2,000	-	2,000	-
Conference Sponsorship	1,000	-	1,000	-
	447,580	71,201	518,781	553,380

NOTES TO THE FINANCIAL STATEMENTS

3. INCOME FROM INVESTMENTS

	Unrestricted Funds	Restricted Funds	Total Funds 2025	Total Funds 2024
	£	£	£	£
Bank Interest Receivable	602	-	602	614
	602	-	602	614

4. INCOME FROM OTHER TRADING ACTIVITIES

	Unrestricted Funds	Restricted Funds	Total Funds 2025	Total Funds 2024
	£	£	£	£
Fundraising Events	-	-	-	-
	-	-	-	-

5. OTHER INCOME

	Unrestricted Funds	Restricted Funds	Total Funds 2025	Total Funds 2024
	£	£	£	£
Other Income	-	-	-	-
	-	-	-	-

6. COSTS OF CHARITABLE ACTIVITIES BY FUND TYPE

	Unrestricted Funds	Restricted Funds	Total 2025	Total 2024
	£	£	£	£
Domestic Violence Support	115,646	465,418	581,064	493,322
	115,646	465,418	581,064	493,322

7. COSTS OF FUNDRAISING

	Unrestricted Funds	Restricted Funds	Total 2025	Total 2024
	£	£	£	£
Fundraising Expenditure	1,798	-	1,798	1,754
	1,798	-	1,798	1,754

NOTES TO THE FINANCIAL STATEMENTS

8. COSTS OF CHARITABLE ACTIVITIES BY ACTIVITY

	Activities Undertaken Directly £	Support Costs £	Total 2025 £	Total 2024 £
Domestic Violence Support	582,862	-	582,862	495,076
	582,862	-	582,862	495,076

9. SUPPORT COSTS

	Total 2025 £	Total 2024 £
Wages	-	-
Legal and Professional fees	-	-
Office running costs	-	-
Premises Costs	-	-
Finance charges – Finance Lease	-	-
Depreciation	-	-
	-	-

The Board of Trustees is of the opinion that every cost incurred, no matter what the expense, goes directly towards supporting the victims. The support costs provide the infrastructure which enables the direct counselling service to be delivered to our service users.

10. STAFF COSTS

	Total 2025 £	Total 2024 £
Wages and Salaries	232,119	181,255
Employers National Insurance and Pension Contributions	21,132	14,172
	253,251	195,427

No employee received emoluments of more than £60,000 (2024: £Nil)

NOTES TO THE FINANCIAL STATEMENTS

The average number of employees during the year, calculated on a full-time equivalent basis was as follows:

	2025 Number	2024 Number
Management staff	3	2
Administrative staff	2	7
Support Workers	4	2
Total	9	11

11. TRUSTEE'S EMOLUMENTS

The trustees neither received nor waived any emoluments during the year (2024: £Nil)

12. TANGIBLE FIXED ASSETS

	Short Leasehold Property £	IT Equipment £	Fixtures, Fittings & Equipment £	Total £
COST				
At 1st April 2024	-	16,697	6,205	22,902
Additions	-	2,649	-	2,649
Donation Received	(-)	(-)	(-)	(-)
At 31st March 2025	-	19,346	6,205	25,551
DEPRECIATION				
At 1st April 2024	-	5,225	2,714	7,939
Charge for the year	-	3,201	872	4,073
At 31st March 2025	-	8,426	3,586	12,012
NET BOOK VALUE				
At 31st March 2025	£Nil	£10,920	£2,619	£13,539
At 31st March 2024	£Nil	£11,472	£3,491	£14,963

Included in tangible fixed assets are assets held under finance leases or hire purchase contracts as follows:

	2025		2024	
Asset description	**Net Book Value**	**Depreciation Charge**	**Net Book Value**	**Depreciation Charge**
Fixtures, fittings, and equipment	£-	£-	£-	£-

NOTES TO THE FINANCIAL STATEMENTS

13. DEBTORS

	2025	2024
	£	£
Trade Debtors	4,474	-
Prepayments	2,671	2,813
	7,145	2,813

14. CREDITORS : (Amounts falling due within one year)

	2025	2024
	£	£
Net Obligations under finance leases	-	-
Trade Creditors	14,717	6,062
Other Taxes and Social security Costs	2,017	1,845
Accruals and deferred income	1,800	1,700
	18,534	9,607
Deferred Income		
At 1st April 2024	-	-
Resources deferred in the year	-	-
Amounts released from previous year	-	-
		--
Deferred Income at 31st March 2025	-	-

The deferred income at 31st March 2025 relates to donations received in advance

15. CREDITORS (Amounts falling due after more than one year)

	2025	2024
	£	£
Net Obligations under finance leases	-	-
	-	-
Net Obligations under finance leases		
Repayable within one year	-	-
Repayable within two and five years	-	-
	-	-

NOTES TO THE FINANCIAL STATEMENTS

16. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted Funds	Restricted Funds	Total Funds 2025	Total Funds 2024
	£	£	£	£
Tangible Fixed Assets	2,517	11,022	13,539	14,963
Current Assets	90,747	172,364	262,111	315,239
Current Liabilities	(18,534)	(-)	(18,534)	(9,607)
Long Term Liabilities	(-)	(-)	(-)	(-)
Net Assets at 31st March 2025	74,730	182,386	257,116	320,595

17. RESTRICTED FUNDS

	At 1st April 2024	Incoming Resources	Outgoing Resources	At 31st March 2025
	£	£	£	£
Copeland Borough Council	-	69,784	(60,241)	9,543
Cash For Kids	1,750	-	(1,750)	-
BBC Children In Need Kids Provision	12,730	20,183	(31,758)	1,155
Bedrock Awards	66,250	-	(66,250)	-
Cumberland Council	14,902	-	(-)	14,902
Cumbria Community Foundation	6,667	49,910	(39,667)	16,910
GDF South Copeland	7,500	-	(7,500)	-
Henry Smith	19,994	89,750	(58,464)	51,280
National Lottery Community Fund	10,852	84,000	(62,083)	32,769
Edward Gostling	27,170	-	(27,170)	-
Police & Crime Commissioner Cumbria	27,409	40,358	(57,678)	10,089
Coalfields	5,000	-	(5,000)	-
Safety Net	-	16,000	(-)	16,000
Eleonor Peel Trust	-	10,000	(5,000)	5,000
Together We Can	-	1,738	(-)	1,738
David and Ruth Lewis	-	15,000	(-)	15,000
Ambergate	-	5,000	(-)	5,000
Mosonic	-	2,000	(-)	2,000
Conference Sponsorship	-	1,000	(-)	1,000
McKenzie Friend	-	42,857	(42,857)	-
	200,224	447,580	465,418	182,386

NOTES TO THE FINANCIAL STATEMENTS

Purposes of restricted funds

The purpose of the BBC Children in Need fund is to contribute towards the costs of our children's provision.

The purpose of Cumbria County Council grant is to fund an increase in service costs to meet increasing demand on our service.

The purpose of Copeland Community Fund is to be used against staff and support worker salaries and counselling costs for Copeland residents.

The purpose of the Cumbria Community Foundation grants received was to part fund staff salaries and direct client support through the Family Support Fund.

The purpose of the Henry Smith fund is to be used against staff salaries.

The purpose of Edward Gosling Trust fund is to be used against staff salaries and counselling costs.

The purpose of Police & Crime Commissioners Cumbria fund is to be used against counselling costs.

The purpose of National Lottery Community fund is to be used against counselling costs.

The purpose of Bedrock Awards fund is to be used against staff and support worker salaries.

The purpose Cumbria Community Foundations- McKenzie Friend fund is to be used against staff salaries and the McKenzie Friend service provision.

The GDF South Copeland is to be used against counselling costs.

Eleonor Peel Trust fund is to be used against staff salaries.

The charity's general restricted funds are usually smaller grants/donations and are used as directed by the provider.

WEST CUMBRIA DOMESTIC VIOLENCE SUPPORT

England & Wales - Charity number 1187765

Accounts

Annual Report

THE FREEDOM PROJECT CUMBRIA



31st March 2024

Registered Charity No: 1187765

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CHAIRPERSONS REPORT

Well, what a successful but incredibly challenging year at the Freedom Project. Thank you to everyone who has contributed, in any way, to the continued success of our amazing charity.

We have spent time as a team reviewing our strategic themes and the progress we have made against each one and I am delighted to report that we have made significant progress against each one;

- Raising awareness
- Growing our impact
- Breaking the cycle of abuse and
- A continual focus on our structure and governance.

We plan to retain these themes as we move into delivery year 24/25 with an increased focus on some specific areas, all with the intent of breaking the cycle of domestic abuse.

Unfortunately, we have seen a significant increase in demand for our services particularly across children and young people and specific categories of female victims. We have responded by scaling our service with increased funding, revising our delivery structure, recruiting additional support workers and increasing their case oversight responsibilities.

We have been challenged by some very distressing client outcomes and safeguarding issues this year. We have taken the opportunity of each event to undertake a 'learning from experience' event, review our processes and where necessary enhancing our governance. In all cases I can report confidently that our response and processes were appropriate and followed correctly. An absolute credit to the Freedom Project delivery team and Board of Trustees.

Bedrock has afforded us the opportunity to continue to develop the skills of the leadership team and recruit an additional leadership role, that of Service Manager. We continue to be grateful to their continued support.

We have continued the best practice of regularly reviewing the Trustee skills, roles and accountabilities and I'm delighted that we have recruited an additional Trustee to enhance the skills of the Board.

Exciting news in that we are expanding our services across the whole of Cumbria and have changed our trading name to The Freedom Project Cumbria, no longer referencing 'West' Cumbria.

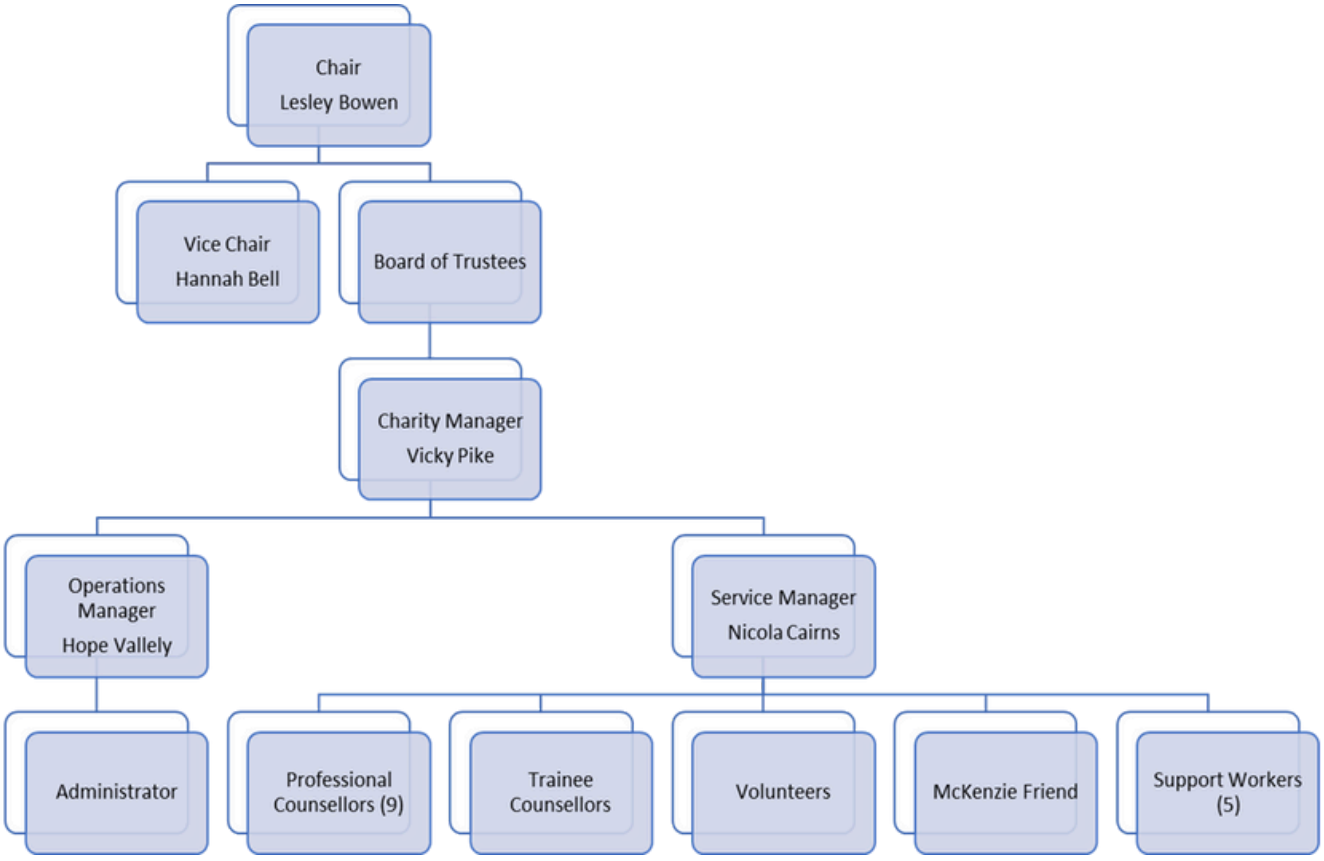
Our main focus over the next 12 month will be to increase our service offering to support the increasing demand, developing our educational awareness plan with the aim to breaking the cycle and reaching out to areas across Cumbria who have potentially not been able to engage in our services, regionally and hard to reach.

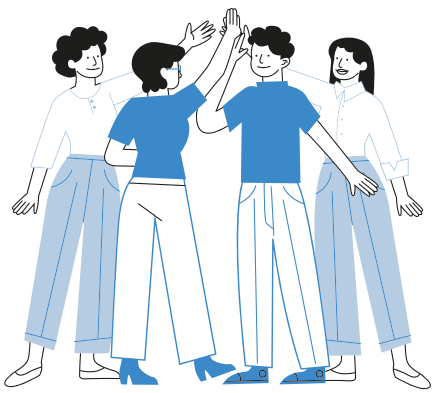
On behalf of the Board of Trustees can I thank everyone who supports the Freedom Project, in any capacity. We can only provide the incredible service we do as a result of our funders, the delivery team, volunteers, the board of Trustees and our local supporters.

Looking forward to another successful year delivering our very important mission to an extended reach and ultimately breaking the cycle.

Lesley
Chair of the Trustees

OUR TEAM!


Chair
Lesley Bowen
Vice Chair
Hannah Bell
Board of Trustees
Charity Manager
Vicky Pike
Operations Manager
Hope Vallely
Service Manager
Nicola Cairns
Administrator
Professional Counsellors (9)
Trainee Counsellors
Volunteers
McKenzie Friend
Support Workers (5)



MESSAGE FROM OUR TRUSTEES

WCDVS Trustees review the aims, objectives and activities of the charity each year in March. This report looks at what the charity has achieved and the outcomes of its work in the reporting period.

Our Vision
To deliver effective, co-ordinated, responsive and accessible services for victims, perpetrators and children who are living with, or have lived with, domestic and sexual abuse. Breaking the cycle of abuse now and for future generations.

Our Mission
To help break the cycle of domestic abuse.

Our values

- We care
- We are inclusive
- We do not judge
- We take our responsibilities seriously
- We are client focussed
- We provide a safe space

THE FREEDOM PROJECT CUMBRIA

> Our values and mission are central to our approach, which includes placing the needs of our clients first and "walking the extra mile" to help bring change to those whose lives have been affected by abuse

OUR HISTORY

1997

Our charity is celebrating 27 years of helping people this year- after it's birth in which the three founders Carole Launder, Susan James and Shirley Fawcett sat around a kitchen table with a hope for change. They recognised a need for support for domestic violence victims in the area.

We've seen a huge change in how domestic abuse is perceived. When our charity started its work, domestic violence was either not talked about or simply brushed off as 'a domestic'. There was nowhere for victims to turn. That has changed profoundly. TV and radio dramas have played an important role. Powerful storylines in Eastenders, Emmerdale, and The Archers have brought the subject into our living rooms.

The need for our service grew and grew over the years, which led us to increase our scope: to work with perpetrators in 2008 and Children and Young people in 2010.

2024

Today we provide a free, holistic, family-based approach, working with victims, perpetrators and children suffering from trauma and the effects of domestic and sexual abuse. We provide emotional support, practical support, 1-1 counselling and group work with the ultimate aim of trying to break the cycle of abuse, helping people recover and move on with their lives.

Here in West Cumbria, rates of domestic abuse are five per cent above the national average and referrals to our service are increasing. We are the only organisation in our area offering free, long-term, community-based support to the whole family. We've seen a collaborative, multi-agency approach develop in recent years. Even though we've come a long way, there's a lot more to do. If we continue to work together and raise awareness, we can eradicate domestic abuse.

This year the trustees have worked extremely hard and put in many hours of voluntary time to improving our governance, using The Charity Governance Code to help us ensure this has been developed to a high level. Via support from the Bedrock programme, we were able to confirm our mission, vision and set our values. Various workshops were held with the trustees and key members of staff to develop our strategy up until 2026.

OUR STRATEGIC AIMS FOR 2023-2024

01

Raising awareness

- We will seek to understand who we are and who we are not reaching
- We will raise awareness of our services across Cumbria through an active and engaging communication strategy (awards, media, plan etc)
- We will collaborate with other agencies to become better than the sum of our parts.

02

Growing our impact

- Develop methodologies to obtain feedback on our service. Launch service user groups to inform service design
- Document our service offering & understand our client journey
- Research & implement a menu of services to provide options to supplement long term counselling
- Review our counselling model to ensure value & appropriate outcomes

03

Breaking the cycle of abuse

- Establish Links with education/research bodies
- Develop the evidence base, build and identify the data needed in order to inform future research & analysis

04

Charity structure and governance

- Embed current organisational changes to our operating model to ensure effective delivery
- Introduce independent oversight of case management including in-house clinical supervision
- Ensure a clear safeguarding line-of-sight throughout the organisation

At the March Board meeting, the trustees signed off on our strategy for 2024 – 2026 with the above objectives continuing as we move forward.



OUR HIGHLIGHTS

01 OPEN DAY

We held an open day to show off our new premises and spread awareness of our work. Local MP's, the police, Children's Services, Health, Housing and other third sector and domestic abuse organisations attended. Lots of positive conversations were had which have resulted in a number of collaborations.

02 COLLABORATIONS

We have had a busy year working on our mission to help break the cycle of abuse, realising this cannot be done alone. We are collaborating with a number of other organisations and partners to provide the best support to those suffering from abuse in Cumbria:

- **Cumberland Council**- we are providing drop-in sessions in the new family hub.
- **Together We**- partnership to discuss complex referrals and decide which local provider would be best suited to provide support.
- **SafetyNet**- to provide counselling support to survivors and children living in supported accommodation throughout Cumbria.
- **All Together Cumbria and Inspira**- to pilot an Employability Programme in 2024 for our service users at the end of their journey who would like help returning to/ gaining employment.
- **Transforming West Cumbria Partnership**- funded through the Sellafield Ltd social impact, multiplied (SiX) programme and delivered by Cumbria Community Foundation, focusses on addressing the area's most entrenched social issues and inequalities.



OUR HIGHLIGHTS

03

CHOSEN CHARITY OF THE YEAR

We were delighted to be chosen as 'Charity of the Year' which resulted in lots of awareness raising for our charity, new connections and much needed unrestricted funding. **British Energy Coast Business Cluster (BECBC)** raised £6,702 and **Beth Dixon, Mayor of Workington for 2023-2024** raised £ 808.00

04

FOUR NEW TEAM MEMBERS

Due to the Bedrock Programme, we were able to increase our core team. We recruited a Service Manager, creating headroom for our current team to take on additional management development and for our Charity Manager to develop her role to focus more on our charity's strategic direction, fundraising and raising our profile locally. In January 2024 we recruited three additional Support Workers.

05

FIVE NEW VOLUNTEERS RECRUITED

1 volunteer to support in our weekly women's group, 3 volunteers who are police officers. They attend every month to offer advice and support and 1 new trustee joined our board.

06

NEW SERVICE LINE ADDED

Via the Transforming West Cumbria Partnership we have been able to recruit a McKenzie Friend- to support disadvantaged women in West Cumbria who need help, advice, and support through the family courts process.

COMMUNITY FUNDRAISING

Our community fundraising has continued to grow and members of our local community have been busy raising funds for us via The Great North Run, New Years Eve Dip, Christmas Jumper Days, a Fire Walk and much more!

WEAR PURPLE TO WORK IN OCTOBER FOR DOMESTIC ABUSE AWARENESS MONTH



Workington Town Council Staff







Hi-Def Ariel Surveying Limited Staff

COMMUNITY FUNDRAISING















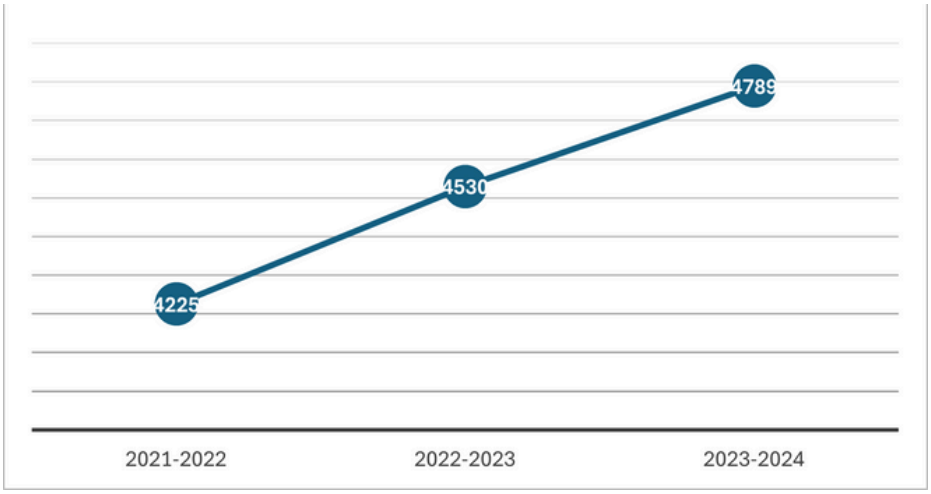


Services Delivered

We have an extremely dedicated and knowledgeable team who are passionate about the charity and the service users we support and help.

1-1 Counselling Sessions Attended

This year's data shows an increase in the number of sessions delivered against the previous 2 years (counselling for adults and children).



94%

of planned sessions were attended in 23-24

4.7% increase on 22-23



1452 calls to our helpline



73 sessions of our survivors group was delivered



72 sessions of our children's group was delivered



McKenzie Friend project started Sept 23. 25 women supported , 59 children benefitting.

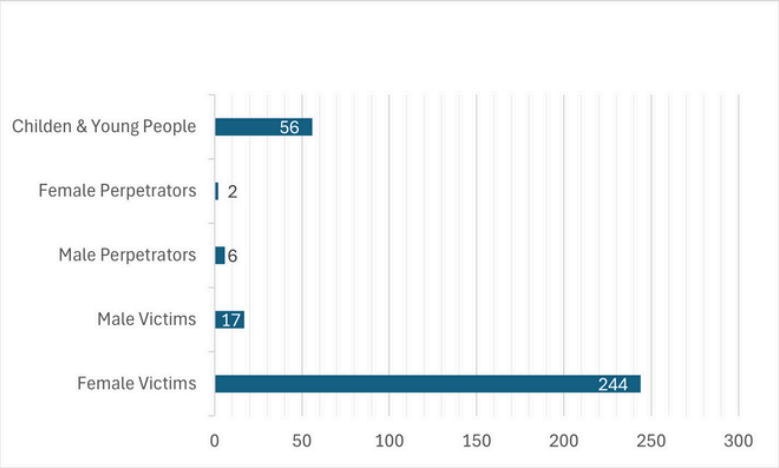
97% *of total new referrals engaged with our service via 1-1 support, 1-1 counselling, group work and the helpline (an increase of 2% on the previous 12 months).*

Now lets look at the numbers...

We have had an extremely busy year with demand for our service continually growing. Referrals have increased by **22.7%** over the previous 12 months. On 1st Apr 2023 the seven established Cumbrian authorities transitioned to two new unitary authorities. The areas of Allerdale, Carlisle and Copeland are now serviced by Cumberland Council, with Barrow, Eden and South Lakeland coming under Westmorland and Furness Council.

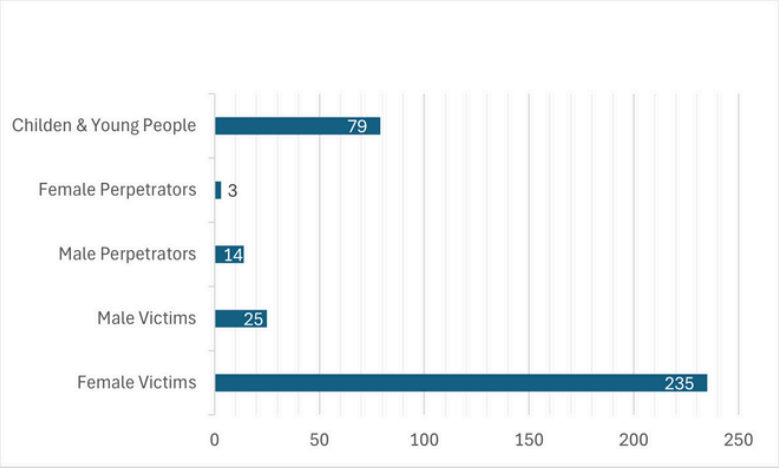
Clients Actively Engaging at 1st Apr 2023

325 clients were actively engaging in service.



New referrals to Service 1st Apr 23-31st Mar 24

356 people were referred who had never accessed our service before.



681 *people directly supported over the last 12 - month period*

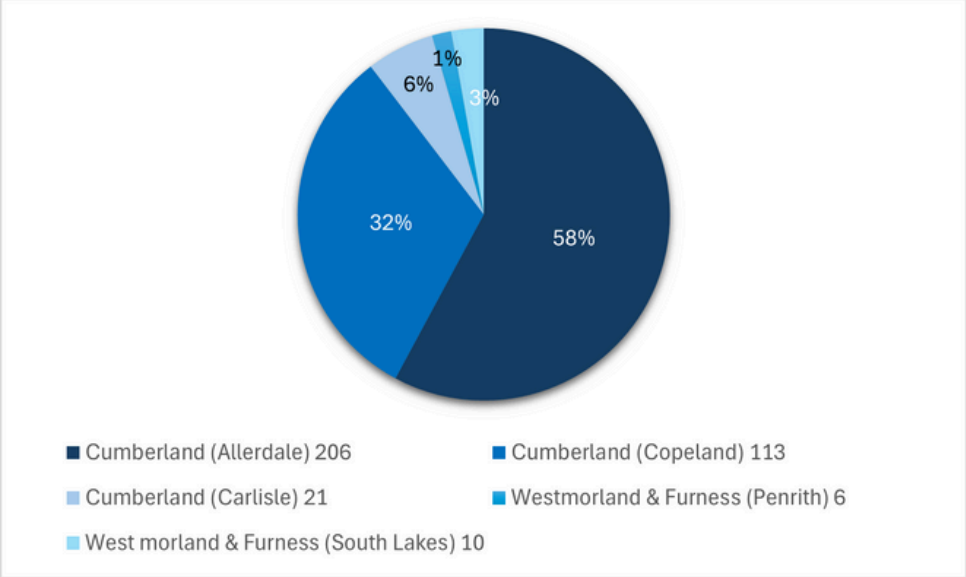
31% increase on 22-23

New referral data

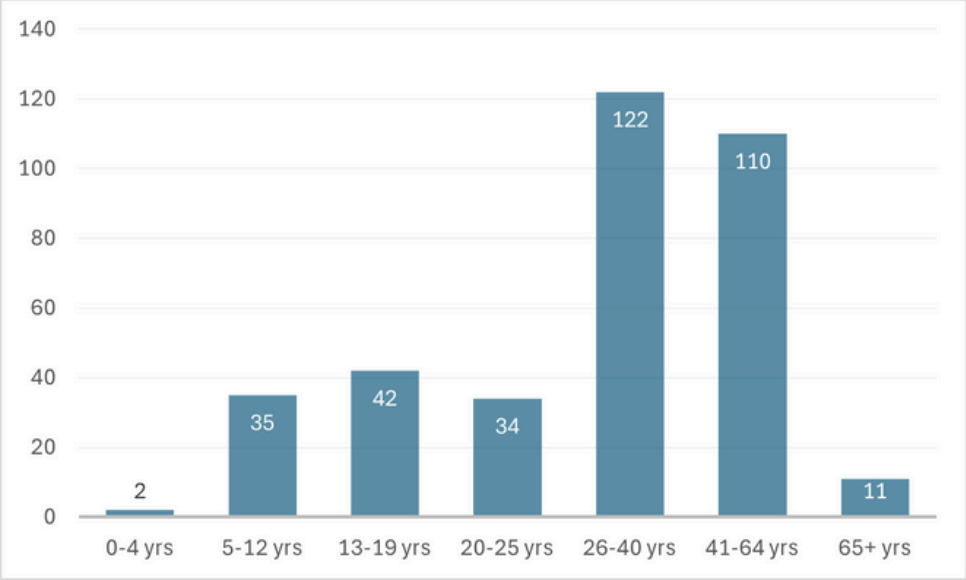
We carried out a deep dive into our new referrals to:-

- understand where our referrals were coming from
- understand the areas we are not reaching
- develop a communications plan to reach the areas our data shows we are not currently reaching.

Area of new referrals

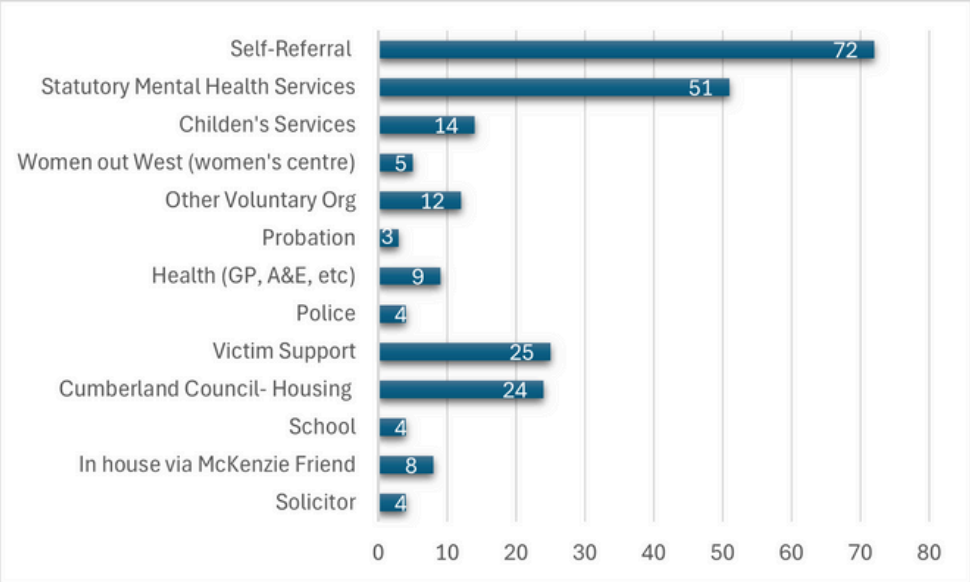


Age range of new referrals



Source of new referrals

Adult female victims (235)



13%
of female victims were aged 20-25

43%
of female victims were aged 26-40

40%
of female victims were aged 41-64

4%
of female victims were aged 65+

Referrals for female victims increased by 22.3% on previous 12 months.

46% *of total referrals for female victims were from statutory services. 30% were self referrals.*

Adult Male Victims (25)

Referrals for male victims increased by 66% on previous 12 months.

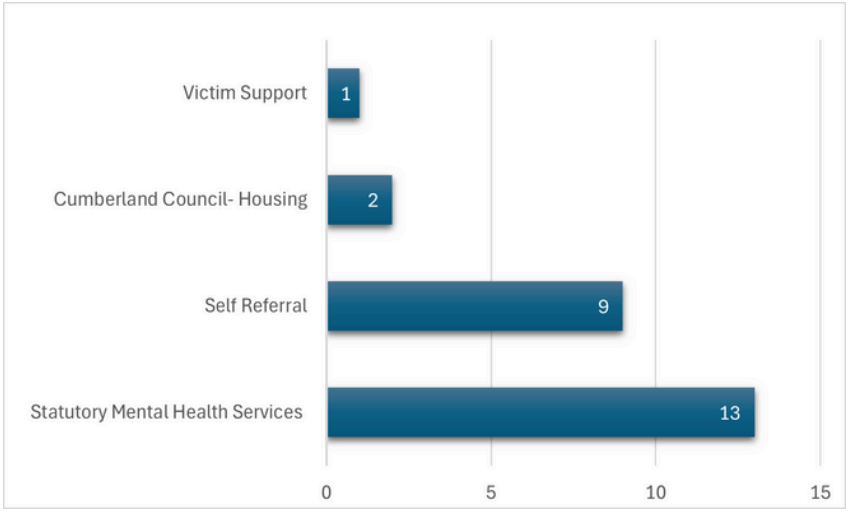
8%
of male victims were aged 20-25

24%
of male victims were aged 26-40

60%
of male victims were aged 41-64

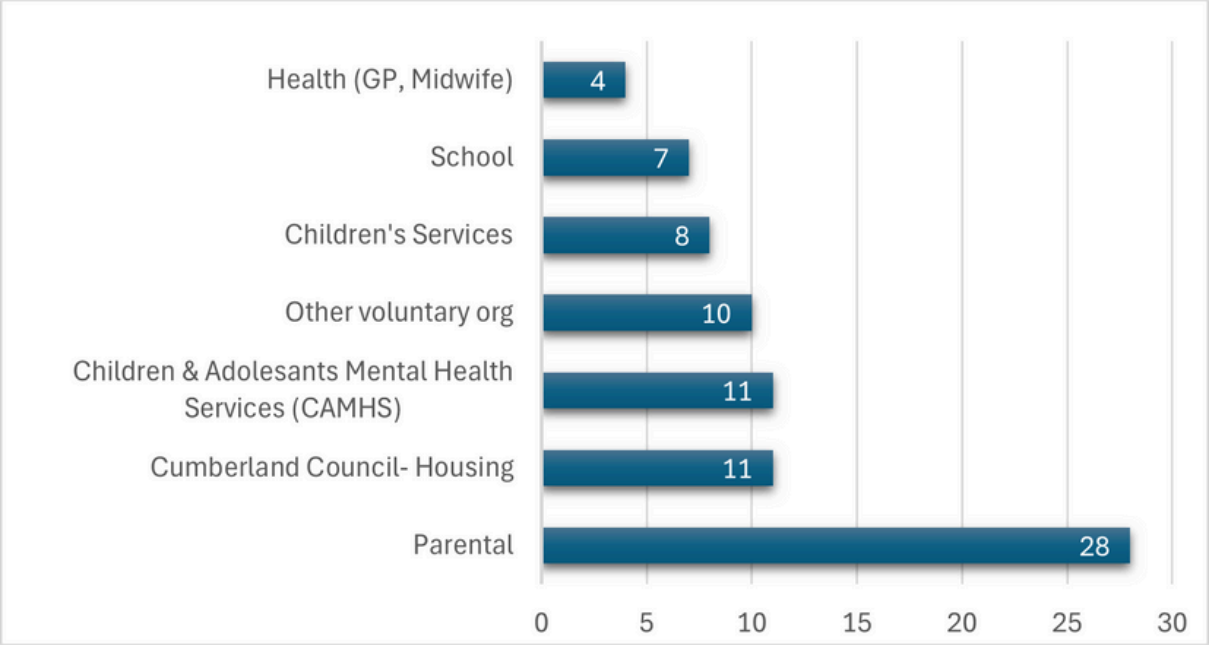
8%
of male victims were aged 65+

52% *of total referrals for male victims were from Mental Health Services*



CYP new referral breakdown

Children and young people impacted(79)



52% *of total referrals for CYP were from statutory services*

41%

of CYP were male

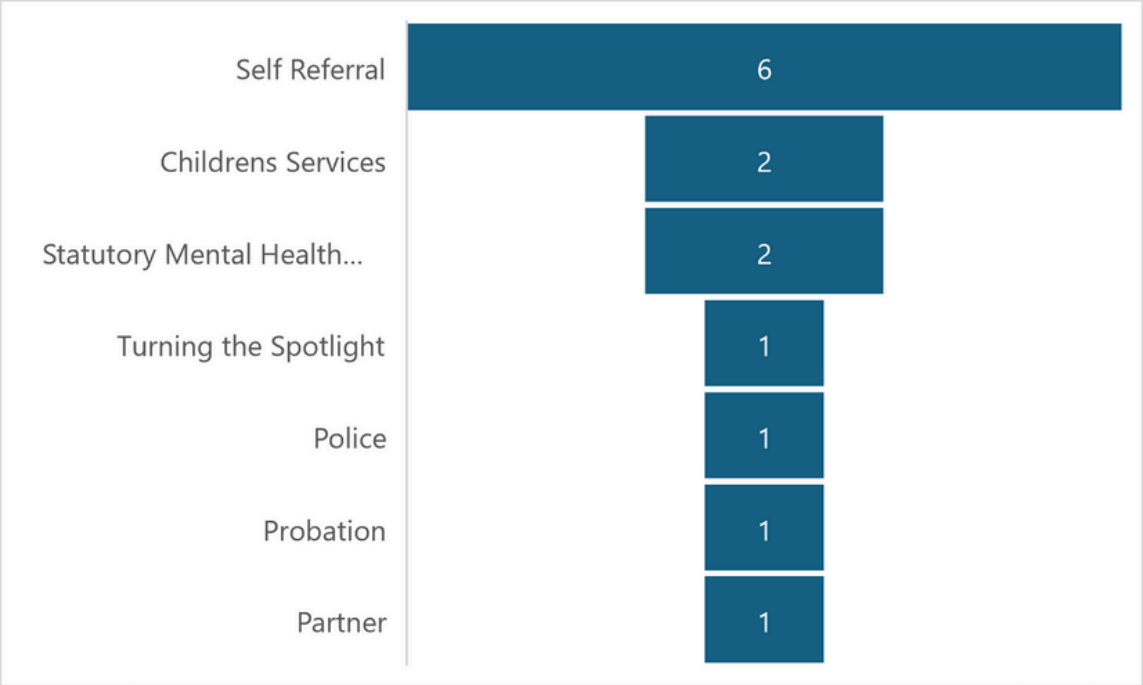
59%

of CYP were female

28% (22) of CYP were referred due to showing abusive behaviours. 13 were female, 9 were male

New referrals

Perpetrators (17)



18%
of perpetrators were aged 20-25

64%
of perpetrators were aged 26-40

18%
of perpetrators were aged 41-64

14
perpetrators were male

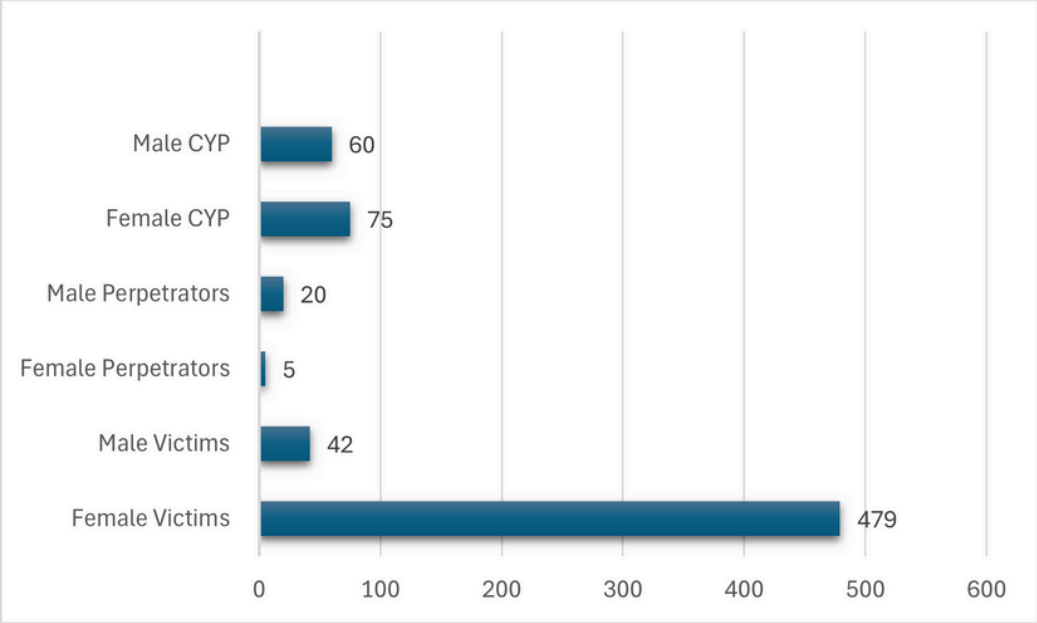
3
perpetrators were female

Referrals dropped by 10% from the previous 12 months

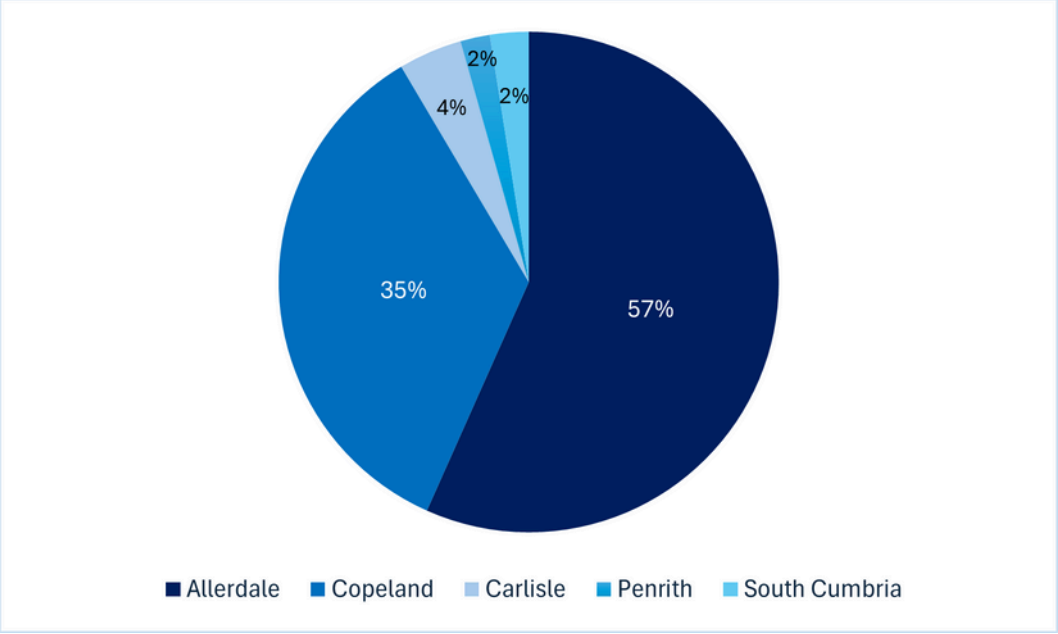
Summary of total clients supported

With those clients already open and engaging in services and the new referrals received, we have directly supported **681** people from Cumbria during the period 1st April 2023- 31st March 2024.

Gender & role

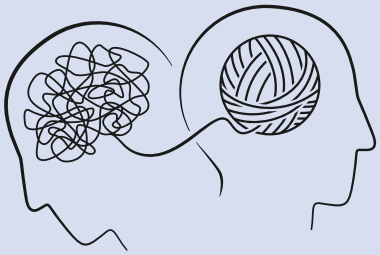


Area



THE DIFFERENCE WE HAVE MADE

1. Improved mental health and wellbeing



- 97% of victims reported....
- 68% of perpetrators reported....
- 72% of CYP reported.....

My mental health has improved



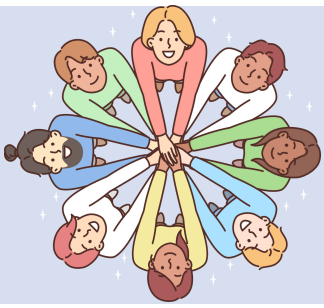
- 85% of victims reported....
- 82% of perpetrators reported....
- 66% of CYP reported.....

My self confidence has improved



- 100% of victims, CYP and Perpetrators reported....

I feel better I have someone to talk to



- 85% of victims reported....
- 80% of perpetrators reported....
- 78% of CYP reported.....

My relationships with others have improved



- 85% of victims reported....
- 80% of perpetrators reported....
- 78% of CYP reported.....

Things are happier at home

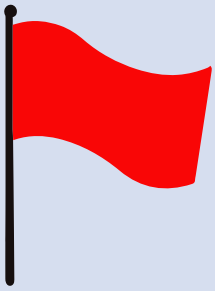
THE DIFFERENCE WE HAVE MADE

2. Breaking the cycle of abuse



- 98% of victims reported....
- 100% of perpetrators reported....

I understand the impact abuse has on myself and my family



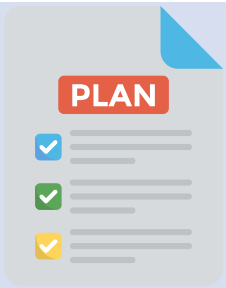
- 85% of victims reported....

I understand the signs for avoiding future abusive relationships



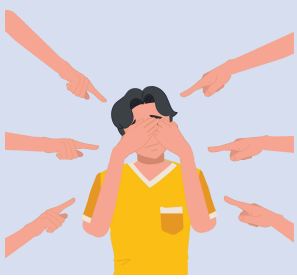
- 94% of perpetrators reported.....
- 84% of CYP reported.....

I feel better able to control my emotions



- 100% of perpetrators reported.....

I have a plan in place to manage my anger

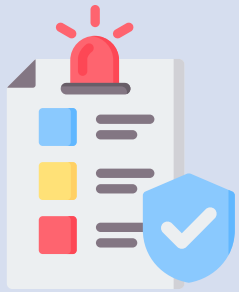


- 100% of CYP reported.....

I understand that the things that happen at home are not my fault

THE DIFFERENCE WE HAVE MADE

2. Improved safety



- 100% of victims and CYP reported....

I know what to do if I ever feel unsafe in the future



- 65% of victims reported....
- 80% of CYP reported.....

I feel safe at home



- 92% of victims reported.....
- 100% of perpetrators reported....
- 88% of CYP reported

I could fully open up to my counsellor

CLIENT TESTIMONIALS

I have always felt safe and supported in all contact with the service from sessions to wrap around care amazing service

My support has been amazing, to say the least. I have been helped and supported through my process and the worst scariest time in my life and help is still continuing. Brilliant service!

Saved my life . I was suicidal when I contacted the organisation now I work and am almost back to me

My counsellor sorts my jumbled thoughts out and helps me see a clearer path. My ex put in for an appeal. It was denied but two days later he tried again so I have months of waiting to find out again. Freedom really is my lifeline, I cant thank you all enough!

The FP have been so supportive. Before I went I was sure I would be judged for my behaviour...but not at all. I was listened to for the first time in my life. ...without judgement and that meant such a lot.
Not saying they thought my violent behaviour was ok...they encouraged me to look at myself and the impact I had on others.

CLIENT TESTIMONIALS

This service has been monumental in my life, giving me the help I need to better deal with my issues by myself, but also not alone as they're always there should I need them

I don't usually say anything but Mandy really helped me sort my head out. I can recognise when I'm getting angry and remove myself from the situation. Cheers Mandy

I love going to the FP. We do lots of drawing and play games. We talk about my feelings and feed my worries to the 'worry monster'

I can't tell you how much I appreciate the support calls I get while I wait for counselling.
I love how this charity works by supporting me while I am waiting and not being left in the dark alone for months like other organisations have done.

My dad was so scary when he lived at home with us. I still get nightmares that he might come and take me away. We talk about my dreams and my worries and this makes me feel better ad not so scared.

MCKENZIE FRIEND FEEDBACK

I've found Emma proactive, very patient and careful to ensure things weren't missed. She's kept me calm at the worst time of my life and really helped me to stay with things when I felt overwhelmed. She explains everything clearly and has made me feel very supported and cared for in navigating the family courts- a process that is extremely uncertain and frightening

the support has been amazing and Emma has been the only source of stable and proactive support i have received

What would I suggest? nothing! Just more of Emma and the team! They do a fantastic job and I am so grateful that they have helped me. I don't think I would be here today if it wasn't for Emma. Emma has an ability to make every life matter and I'm so grateful

what a brilliant service! I used to feel so alone in my choas until I was referred to the McKenzie Friend. Emma is a star!

OTHER SERVICE FEEDBACK

Victim Support

I just wanted to get in touch as we recently had our last team meeting of the year and I gave the staff the opportunity to share any feedback about local services.

My team could not praise your service enough, you were described as reliable, caring and a wonderful service. Our clients show significantly better outcomes after engaging with you and our staff wanted your staff to know how much we appreciate you all.

Lynchpin Support

I have a very good friend who's had a really awful time in the last 18 months and the service that has had the most positive impact on her (and her children) is yours. By a long, long way. I knew when I put her in touch with you that you would of course support her - but yet again I'm blown away by the combination of compassion & expertise that you all have in bucketloads.

ACKNOWLEDGEMENTS

A massive thank you to our amazing team of staff, volunteers and therapists for your care, dedication, and hard work over the past twelve months. Your individual and collective efforts are nothing short of extraordinary and are deeply valued.

To our supporters and funders, we thank you for your continued support in our efforts to contribute to breaking the cycle of abuse in Cumbria.

WEST CUMBRIA DOMESTIC VIOLENCE SUPPORT CIO

TRUSTEES` REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED

31ST MARCH 2024

CHARITY NUMBER 1187765

ROBINSON UDALE
Chartered Accountants & Tax Advisors
The Old Bank
41 King Street
Penrith
Cumbria
CA11 7AY

WEST CUMBRIA DOMESTIC VIOLENCE SUPPORT

FINANCIAL STATEMENTS
YEAR ENDED 31ST MARCH 2024

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Trustees annual report	2 - 5
Independent Examiners Report	6
Statement of financial activities	7
Balance sheet	8
Cash Flow Statement	9
Notes to the financial statements	10 - 17
Trustee achievement and performance annual report	**See separate document**

WEST CUMBRIA DOMESTIC VIOLENCE SUPPORT

FINANCIAL STATEMENTS
YEAR ENDED 31ST MARCH 2024

LEGAL AND ADMINISTRATIVE INFORMATION

Charity Number	1187765
The board of trustees	S Fawcett S James H Bell (Vice Chairman) L Bowen (Chairman) M Burns R Deakin E Southward T Weston – Resigned August 2023 E Teasdale – Appointed September 2023
Registered office	First Floor Offices Unit 1 Dobies Cumbria Ltd Dobies Business Park Lillyhall West Workington CA14 4HX
Independent Examiners	Robinson Udale Limited Chartered Accountants & Tax Advisors The Old Bank 41 King Street Penrith Cumbria CA117AY

WEST CUMBRIA DOMESTIC VIOLENCE SUPPORT

TRUSTEES REPORT FOR THE YEAR ENDED 31ST MARCH 2024

The Trustees present their report and the financial statements for the year ending 31 March 2024. The Trustees who served during the year and up to the date of this report are listed on page 1.

Structure, Governance and Management

West Cumbria Domestic Violence Support is a Charitable Incorporated Organisation registered as a charity on 5th February 2020 and the charity number is 1187765. The charity is regulated by the Charity Commission for England and Wales and is subject to charity law.

The charities trustees also form the management committee of the organisation, and they are elected at the Annual General Meeting.

The Board of Trustees currently has a membership of 8 people. Some are representatives of partner organisations such Cumbria County Council and Health services. They have fast knowledge and experience in the issues surrounding domestic abuse and working with victims of abuse and their children. Our chair is the head of Performance and Talent with our biggest local employer, Sellafield Ltd, our vice chair is a Programme Assurance Lead at Kellogg Brown & Root (U.K.) Ltd and our treasurer is a chartered accountant and director of her own company.

The Board meets monthly and more frequently if required. The Board is responsible for the strategic direction and policy of the organisation and for robust governance and rigorous financial management.

The Charity Manager holds the day-to-day responsibility for the operational management of the organisation. and for the day-to-day provision of services.

The service is delivered via a combination of 8 professional counsellors (7 adult and 1 Child and young person's counsellor), a Helpline Operative, 5 trained volunteers and 10 members of salaried staff comprising of the Charity Manager, Operations Manager, Service Manager, 1 Administration Assistant, 5 Support Workers for victims/survivors and 1 McKenzie Friend for all disadvantaged women.

Objectives and Activities

The Freedom Project is unique in West Cumbria in providing a free holistic family approach, working with victims, perpetrators and children suffering from the trauma and effects of domestic and sexual abuse.

Our mission is to help break the cycle of abuse in Cumbria through the following objectives:

- Supporting clients by improving their safety and security for themselves and their children.
- Supporting survivors to move on, equipped with the resilience and skills to avoid future abusive relationships.
- Help children/young people who are caught up in domestic abuse, as a victim, or witness, and those starting to display challenging and abusive behaviours, to cope with difficult situations and manage their emotional and physical responses in a healthy and positive way.
- Help perpetrators to change their behaviour so that they cease to abuse.
- Work with partner agencies to promote better integrated services to victims and perpetrators and raise awareness on domestic abuse
- Act as an advocate so that domestic abuse is kept high on the policy and decision-making agendas.

Our main services are delivered through the Freedom Project, which consists of:

- A Confidential Helpline offering practical and emotional support. This is the route to which many of our referrals are received.
- one-to-one assessment of need where client and support worker decide which counselling support service pathway (group sessions, one-to-one sessions, or both) is most appropriate for themselves, and their family
- one-to-one and individual counselling for victims, perpetrators, and children/ young people
- Volunteer befriending and support service (including pre counselling sessions- provided to clients on the waiting list that feel they need immediate support, attending courts, helping with transport)
- a rolling programme of group sessions with adult victims/survivors.
- a rolling programme of group sessions for children (primary age and under)
- a rolling programme of group sessions for older children/young people (secondary age up to 18)
- Providing McKenzie Friend support to all disadvantaged who need help, advice, and support through the family courts process.

Our values and mission are central to our approach, which includes placing the needs of our clients first and "walking the extra mile" to help bring change to those whose lives have been affected by domestic abuse.

Public Benefit

The trustees have complied with their responsibility to have due regard to the Commission's guidance on public benefit in exercising their powers and duties. Trustees are fully aware of their roles and responsibilities and in planning their activities for the year have kept in mind the Charity Commission's guidance at Trustee meetings.

West Cumbria Domestic Violence Support brings benefit to the public in line with its objects through its range of services (detailed above) that are freely accessible to the public affected by domestic abuse including victims, their children and families and perpetrators.

Financial review

The net funds for the year amounted to £58,918. As of 31 March 2024, the charity had restricted funds of £200,224 (2023; £139,853) and unrestricted funds of £120,371 (2023; £121,824).

We are delighted to report that our funding is stable and are extremely grateful to our supporters, past and present., Francis C Scott, Garfield Weston, The Henry Smith Foundation, Cumbria Community Foundation, BBC Children in Need, The Allen Lane Foundation, CFM Cash for Kids, Cumbria Police Commissioner Fund, The Hadfield Trust, Sellafield Ltd, The Peel Trust, GDF Allerdale, GDF Copeland. Edward Gostling Foundation, National Lottery Community Fund, Cumberland Council, as well as several smaller grants from local businesspeople.

However, we cannot be complacent and are continuing to review the project's finances on a regular basis to identify any possible shortfalls and submit further applications necessary to ensure that this vital service continues to help the communities of West Cumbria.

We are committed to keeping our service free so that it remains accessible to everyone irrespective of their income. There are enough barriers in place already which deter victims and perpetrators of abuse from seeking help - we will not add ability to pay to that list.

Therefore, the service will always need to be paid for from sources other than fees charged to clients. In the past costs have been entirely met through grants from charities and funding agencies.

We believe this will continue to be the case for the foreseeable future. However, we will gear our organization up to bid for contracts which may be tendered by the Police, Health, Children's and Adult Social Services, the Home Office etc. We will respond to such opportunities on a full cost recovery basis.

In the meantime, we will support our Trustees and volunteers and continue to be more pro-active in terms of fund-raising, including encouraging donations and business sponsorships.

Reserve's policy

WCDVS's reserves policy aims to have income equivalent to at least 3 months running costs and service costs enabling the organisation to meet both short term cash flow pressures and legal commitments in the event of the organisation being unable to continue to operate. The Board of Trustees keeps this policy under review as part of its ongoing monitoring of the financial needs of the organisation and management of risk.

Risk Management

The Trustees have a risk management strategy which composes: ~ review of the risks the charity may face, ~ the establishment of systems and procedures to mitigate those risks identified in the plan; and the implementation of procedures designed to minimise any potential impact on the charity should those risks materialise.

Plans for the Future

We have spent time as a team reviewing our strategic themes and the progress we have made against each one and we are delighted to report that we have made significant progress against each one;

- Raising awareness
- Growing our impact
- Breaking the cycle of abuse and
- A continual focus on our structure and governance.

We plan to retain these themes as we move into delivery year 24/25 with an increased focus on some specific areas, all with the intent of breaking the cycle of domestic abuse.

Statement of trustees' responsibilities

The trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of charity and of the incoming resources and application of resources of the charity for that year. In preparing these financial statements the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011 and the Charity (Accounts and Reports) Regulations 2008. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

L M Bowen

On behalf of the board
L Bowen – Chairperson

Date 9th July 2024

West Cumbria Domestic Violence Support

Independent examiner's report to the trustees on the unaudited financial statements of West Cumbria Domestic Violence Support Group.

I report on the accounts of West Cumbria Domestic Violence Support for the year ended 31 March 2024 as set out on pages 7 – 17.

Respective responsibilities of trustees and independent examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011, (the 2011 Act) does not apply and that an independent examination is needed. It is my responsibility to examine the accounts under section 145 of the 2011 Act, to follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act, and to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(i) which gives me reasonable cause to believe that in any material respect the requirements: - to keep proper accounting records in accordance with section 130 of the 2011 Act; and - to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act

have not been met; or

(ii) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Mr D Roper

Robinson Udale Ltd
Chartered Accountants and Tax Advisors
The Old Bank
41 King Street
Penrith
Cumbria
CA11 7AY

Date 15 July 2024

WEST CUMBRIA DOMESTIC VIOLENCE SUPPORT
FINANCIAL STATEMENTS
YEAR ENDED 31ST MARCH 2024

STATEMENT OF FINANCIAL ACTIVITIES

	Note	Unrestricted Funds	Restricted Funds	Total Funds 2024	Total Funds 2023
			£	£	£
INCOMING RESOURCES:					
Donations and Legacies	2	57,750	495,630	553,380	384,146
Income from investments	3	614	-	614	359
Income from Other Trading Activities	4	-	-	-	-
Other Income	5	-	-	-	7,483
Total Incoming Resources		58,364	495,630	553,994	391,988
RESOURCES EXPENDED					
Expenditure on :-					
Charitable activities	6	58,063	435,259	493,322	424,030
Fundraising activities	7	1,754	-	1,754	1,031
Total Resources Expended	8	59,817	435,259	495,076	425,061
Net income/(expenditure)		(1,453)	60,371	58,918	(33,073)
Transfer between funds		(-)	(-)	(-)	(-)
Net movement in funds		(1,453)	60,371	58,918	(33,073)
Reconciliation of funds					
Funds Introduced		-	-	-	294,750
Funds brought forward		121,824	139,853	261,677	-
Funds carried forward		120,371	200,224	320,595	261,677

The statement of financial activities includes all gains and losses in the year.

All incoming resources and resources expended derive from continuing activities.

The notes on pages 10 to 17 form part of these accounts

BALANCE SHEET

	Note	2024 £	2024 £	2023 £
FIXED ASSETS	12		14,963	15,795
CURRENT ASSETS				
Debtors	13	2,813		15,670
Cash at bank and in hand		312,426		238,698
		315,239		254,368
CREDITORS: Amounts falling due within one year	14	9,607		8,486
NET CURRENT ASSETS/(LIABILITIES)			305,632	245,882
			320,595	261,677
CREDITORS: Amounts falling due after more Than one year	15		(-)	(-)
NET ASSETS			£320,595	£261,677
FUNDS				
Restricted Income Funds	17		200,224	139,853
Unrestricted Income Funds			120,371	121,824
TOTAL FUNDS			£320,595	£261,677

These financial statements were approved by the trustees on 9th July 2024 and are signed on their behalf by:

H Bell
Trustee- Vice Chair

M Burns
Trustee- Treasurer

The notes on pages 10 to 17 form part of these accounts

STATEMENT OF CASH FLOWS FOR THE YEAR ENDED 31ST MARCH 2024

	2024 £	2023 £
Cash Used in Operating Activities		
Net movement in Funds	58,918	261,677
Add Back Depreciation Charge	4,987	2,952
Decrease/(Increase) in Debtors	12,857	(15,670)
(Decrease)/Increase in Creditors	1,121	8,486
Net Cash used in operating activities	77,883	257,445
Cash Flows from Investing Activities		
Fixed Assets Introduced	(-)	(10,385)
		-
		-
Purchase of Tangible Fixed Assets	(4,155)	(8,362)
Cash Provided By (Used In) Investing Activities	(4,155)	(18,747)
Increase in cash and cash equivalents in the Year	73,728	238,698
Cash and cash equivalents at the beginning of the Year	238,698	-
	312,426	238,698

The notes on pages 10 to 17 form part of these accounts

NOTES TO THE FINANCIAL STATEMENTS

1. ACCOUNTING POLICIES

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year and the preceding year.

Basis of accounting

The financial statements are prepared under the historical cost convention and in accordance with the Statement of Recommended Practice 'Accounting and Reporting by Charities' preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Effective 1 January 2015)-(Charities SORP(FRS 102)) and the Companies Act 2006.

The company constitutes a public benefit entity as defined by FRS102. The trustees consider that there are no material uncertainties about the company's ability to continue as a going concern.

Income

All income is included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

Voluntary income is received by way of grants, donations and gifts and is included in full in the statement of financial activities when receivable. Grants where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.

Donated services and facilities are included at the value to the charity where this can be quantified. The value of services provided by volunteers has not been included.

Gifts donated for resale are included as incoming resources within activities for generating funds when they are sold.
Grants, including grants for the purchase of fixed assets, are recognised in full in the statement of financial activities in the year in which they are receivable.

Income from investments is included in the year in which it is receivable.

Expenditure

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered and is reported as part of the expenditure to which it relates.

Costs of generating funds comprise the costs associated with attracting voluntary income and the costs of trading for fundraising purposes including.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Support costs are those costs incurred directly in support of expenditure on the objects of the charity and include project management.

Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost less accumulated depreciation. Depreciation is provided at rates calculated to write off the cost less residual value of each asset over its expected useful life, as follows:

Leasehold properties -	Straight line over the life of the lease
Plant and machinery -	25% reducing balance
Fixtures, fittings and equipment -	25% reducing balance

NOTES TO THE FINANCIAL STATEMENTS

2. DONATIONS AND LEGACIES

	Restricted Funds £	Unrestricted Funds £	Total Funds 2024 £	Total Funds 2023 £
Donations	-	15,703	15,703	18,678
Cumbria Community Foundation	10,000	-	10,000	20,000
Cumbria County Council	-	-	-	30,305
BBC Children In Need	32,910	-	32,910	31,264
Hadfield Trust	5,000	-	5,000	5,000
Cash For Kids	4,150	-	4,150	4,700
Copeland Community Fund	25,159	-	25,159	5,642
Police & Crime Commissioner Cumbria	53,811	-	53,811	29,531
Henry Smith	59,850	-	59,850	59,800
Morgan Sindall	-	-	-	5,000
Edward Gostling Foundation	25,000	-	25,000	10,000
GDF Funding	64,860	-	64,860	51,888
Clothworkers Foundation	-	-	-	7,400
Sellafield Snowball Fund	2,000	-	2,000	5,000
Bedrock Awards	85,000	-	85,000	25,025
Awards For All	-	-	-	10,000
Copeland Borough Council	-	-	-	5,000
Allerdale Borough Council	-	-	-	10,000
Just Giving	-	7,047	7,047	14,413
Francis C Scott	-	15,000	15,000	10,000
Garfield Weston Fund	-	15,000	15,000	15,000
Souter Charitable Trust	-	5,000	5,000	-
29th May Charitable Trust	-	-	-	3,000
David and Ruth Lewis	-	-	-	7,500
Cumberland Council	16,022	-	16,022	-
Cumberland Council	5,000	-	5,000	-
Coalfields	5,000	-	5,000	-
GDF South Copeland	10,000	-	10,000	-
McKenzie Friend(Time To Change)	7,868	-	7,868	-
National Lottery Community Fund	84,000	-	84,000	-
	495,630	57,750	553,380	384,146

NOTES TO THE FINANCIAL STATEMENTS

3. INCOME FROM INVESTMENTS

	Unrestricted Funds	Restricted Funds	Total Funds 2024	Total Funds 2023
	£	£	£	£
Bank Interest Receivable	614	-	614	359
	614	-	614	359

4. INCOME FROM OTHER TRADING ACTIVITIES

	Unrestricted Funds	Restricted Funds	Total Funds 2024	Total Funds 2023
	£	£	£	£
Fundraising Events	-	-	-	-
	-	-	-	-

5. OTHER INCOME

	Unrestricted Funds	Restricted Funds	Total Funds 2023	Total Funds 2022
	£	£	£	£
Other Income	-	-	-	7,483
	-	-	-	7,483

6. COSTS OF CHARITABLE ACTIVITIES BY FUND TYPE

	Unrestricted Funds	Restricted Funds	Total 2024	Total 2023
	£	£	£	£
Domestic Violence Support	58,063	435,259	493,322	424,030
	58,063	435,259	493,322	424,030

7. COSTS OF FUNDRAISING

	Unrestricted Funds	Restricted Funds	Total 2024	Total 2023
	£	£	£	£
Fundraising Expenditure	1,754	-	1,754	1,031
	1,754	-	1,754	1,031

NOTES TO THE FINANCIAL STATEMENTS

8. COSTS OF CHARITABLE ACTIVITIES BY ACTIVITY

	Activities Undertaken Directly £	Support Costs £	Total 2024 £	Total 2023 £
Domestic Violence Support	495,076	-	495,076	425,061
	495,076	-	495,076	425,061

9. SUPPORT COSTS

	Total 2024 £	Total 2023 £
Wages	-	-
Legal and Professional fees	-	-
Office running costs	-	-
Premises Costs	-	-
Finance charges – Finance Lease	-	-
Depreciation	-	-
	-	-

The Board of Trustees is of the opinion that every cost incurred, no matter what the expense, goes directly towards supporting the victims. The support costs provide the infrastructure which enables the direct counselling service to be delivered to our service users.

10. STAFF COSTS

	Total 2024 £	Total 2023 £
Wages and Salaries	181,255	122,392
Employers National Insurance and Pension Contributions	14,172	7,996
	195,427	130,388

No employee received emoluments of more than £60,000 (2023: £Nil)

NOTES TO THE FINANCIAL STATEMENTS

The average number of employees during the year, calculated on a full-time equivalent basis was as follows:

	2024 Number	2023 Number
Management staff	2	2
Administrative staff	7	4
Support Workers	2	2
Total	11	8

11. TRUSTEE'S EMOLUMENTS

The trustees neither received nor waived any emoluments during the year (2023: £Nil)

12. TANGIBLE FIXED ASSETS

	Short Leasehold Property £	IT Equipment £	Fixtures, Fittings & Equipment £	Total £
COST				
At 1st April 2023	-	12,542	6,205	18,747
Additions	-	4,155	-	4,155
Donation Received	(-)	(-)	(-)	(-)
At 31st March 2024	-	16,697	6,205	22,902
DEPRECIATION				
At 1st April 2023	-	1,401	1,551	2,952
Charge for the year	-	3,824	1,163	4,987
At 31st March 2024	-	5,225	2,714	7,939
NET BOOK VALUE				
At 31st March 2024	£Nil	£11,472	£3,491	£14,963
At 31st March 2023	£Nil	£11,141	£4,654	£15,795

Included in tangible fixed assets are assets held under finance leases or hire purchase contracts as follows:

	2024		2023	
Asset description	**Net Book Value**	**Depreciation Charge**	**Net Book Value**	**Depreciation Charge**
Fixtures, fittings, and equipment	£-	£-	£-	£-

NOTES TO THE FINANCIAL STATEMENTS

13. DEBTORS

	2023	2022
	£	£
Trade Debtors	-	12,972
Prepayments	2,813	2,698
	2,813	15,670

14. CREDITORS : (Amounts falling due within one year)

	2024	2023
	£	£
Net Obligations under finance leases	-	-
Trade Creditors	6,062	5,748
Other Taxes and Social security Costs	1,845	1,094
Accruals and deferred income	1,700	1,644
	9,607	8,486
Deferred Income		
At 1st April 2023	-	-
Resources deferred in the year	-	-
Amounts released from previous year	-	-
		--
Deferred Income at 31st March 2024	-	-

The deferred income at 31st March 2024 relates to donations received in advance

15. CREDITORS (Amounts falling due after more than one year)

	2024	2023
	£	£
Net Obligations under finance leases	-	-
	-	-
Net Obligations under finance leases		
Repayable within one year	-	-
Repayable within two and five years	-	-
	-	-

NOTES TO THE FINANCIAL STATEMENTS

16. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted Funds	Restricted Funds	Total Funds 2024	Total Funds 2023
	£	£	£	£
Tangible Fixed Assets	3,353	11,610	14,963	15,795
Current Assets	126,625	188,614	315,239	254,368
Current Liabilities	(9,607)	(-)	(9,607)	(8,486)
Long Term Liabilities	(-)	(-)	(-)	(-)
Net Assets at 31st March 2024	120,371	200,224	320,595	261,677

17. RESTRICTED FUNDS

	At 1st April 2023	Incoming Resources	Outgoing Resources	At 31st March 2024
	£	£	£	£
Allerdale Borough Council	7,501	-	(7,501)	-
Copeland Borough Council	5,000	-	(5,000)	-
Cash For Kids	-	4,150	(2,400)	1,750
Awards For All	7,500	-	(7,500)	-
BBC Children In Need Kids Provision	11,876	32,910	(32,056)	12,730
Cumbria County Council	14,572	-	(14,572)	-
McKenzie Friend(Time To Change)	-	7,868	(7,868)	-
Bedrock Awards	25,025	85,000	(43,775)	66,250
Cumberland Council	-	5,000	(5,000)	-
Cumberland Council	-	16,022	(1,120)	14,902
Cumbria Community Foundation	11,667	10,000	(15,000)	6,667
Hadfield Trust	5,000	5,000	(10,000)	-
GDF Funding	12	64,860	(64,872)	-
GDF South Copeland	-	10,000	(2,500)	7,500
Henry Smith	19,936	59,850	(59,792)	19,994
Sellafield Ltd Grant	3,713	-	(3,713)	-
Snowball Fund	-	2,000	(2,000)	-
National Lottery Community Fund	-	84,000	(73,148)	10,852
Morgan Sindall	5,000	-	(5,000)	-
Edward Gostling	10,000	25,000	(7,830)	27,170
Copeland Community Fund	-	25,159	(25,159)	-
Police & Crime Commissioner Cumbria	13,051	53,811	(39,453)	27,409
Coalfields	-	5,000	(-)	5,000
	139,853	495,630	435,259	200,224

NOTES TO THE FINANCIAL STATEMENTS

Purposes of restricted funds

The purpose of the BBC Children in Need fund is to contribute towards the costs of our children's provision.

The purpose of Cumbria County Council grant is to fund an increase in service costs to meet increasing demand on our service.

The purpose of Copeland Community Fund is to be used against staff and support worker salaries and counselling costs for Copeland residents.

The purpose of the Cumbria Community Foundation grants received was to part fund staff salaries and 1-1 counselling costs.

The purpose of Hadfield Trust fund is to be used against perpetrator project costs.

The purpose of the Henry Smith fund is to be used against staff salaries.

The purpose of Edward Gosling Trust fund is to be used against staff salaries and counselling costs.

The purpose of Police & Crime Commissioners Cumbria fund is to be used against counselling costs.

The purpose of National Lottery Community fund is to be used against counselling costs.

The purpose of Bedrock Awards fund is to be used against staff and support worker salaries.

The purpose McKenzie Friend fund is to be used against staff and support worker salaries.

The charity's general restricted funds are usually smaller grants/donations and are used as directed by the provider.

WEST CUMBRIA DOMESTIC VIOLENCE SUPPORT CIO

TRUSTEES` REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED

31ST MARCH 2024

CHARITY NUMBER 1187765

ROBINSON UDALE
Chartered Accountants & Tax Advisors
The Old Bank
41 King Street
Penrith
Cumbria
CA11 7AY

WEST CUMBRIA DOMESTIC VIOLENCE SUPPORT

FINANCIAL STATEMENTS
YEAR ENDED 31ST MARCH 2024

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Trustee achievement and performance annual report	**See separate document**

WEST CUMBRIA DOMESTIC VIOLENCE SUPPORT

FINANCIAL STATEMENTS
YEAR ENDED 31ST MARCH 2024

LEGAL AND ADMINISTRATIVE INFORMATION

Charity Number	1187765
The board of trustees	S Fawcett S James H Bell (Vice Chairman) L Bowen (Chairman) M Burns R Deakin E Southward T Weston – Resigned August 2023 E Teasdale – Appointed September 2023
Registered office	First Floor Offices Unit 1 Dobies Cumbria Ltd Dobies Business Park Lillyhall West Workington CA14 4HX
Independent Examiners	Robinson Udale Limited Chartered Accountants & Tax Advisors The Old Bank 41 King Street Penrith Cumbria CA117AY

WEST CUMBRIA DOMESTIC VIOLENCE SUPPORT

TRUSTEES REPORT FOR THE YEAR ENDED 31ST MARCH 2024

The Trustees present their report and the financial statements for the year ending 31 March 2024. The Trustees who served during the year and up to the date of this report are listed on page 1.

Structure, Governance and Management

West Cumbria Domestic Violence Support is a Charitable Incorporated Organisation registered as a charity on 5th February 2020 and the charity number is 1187765. The charity is regulated by the Charity Commission for England and Wales and is subject to charity law.

The charities trustees also form the management committee of the organisation, and they are elected at the Annual General Meeting.

The Board of Trustees currently has a membership of 8 people. Some are representatives of partner organisations such Cumbria County Council and Health services. They have fast knowledge and experience in the issues surrounding domestic abuse and working with victims of abuse and their children. Our chair is the head of Performance and Talent with our biggest local employer, Sellafield Ltd, our vice chair is a Programme Assurance Lead at Kellogg Brown & Root (U.K.) Ltd and our treasurer is a chartered accountant and director of her own company.

The Board meets monthly and more frequently if required. The Board is responsible for the strategic direction and policy of the organisation and for robust governance and rigorous financial management.

The Charity Manager holds the day-to-day responsibility for the operational management of the organisation. and for the day-to-day provision of services.

The service is delivered via a combination of 8 professional counsellors (7 adult and 1 Child and young person's counsellor), a Helpline Operative, 5 trained volunteers and 10 members of salaried staff comprising of the Charity Manager, Operations Manager, Service Manager, 1 Administration Assistant, 5 Support Workers for victims/survivors and 1 McKenzie Friend for all disadvantaged women.

Objectives and Activities

The Freedom Project is unique in West Cumbria in providing a free holistic family approach, working with victims, perpetrators and children suffering from the trauma and effects of domestic and sexual abuse.

Our mission is to help break the cycle of abuse in Cumbria through the following objectives:

- Supporting clients by improving their safety and security for themselves and their children.
- Supporting survivors to move on, equipped with the resilience and skills to avoid future abusive relationships.
- Help children/young people who are caught up in domestic abuse, as a victim, or witness, and those starting to display challenging and abusive behaviours, to cope with difficult situations and manage their emotional and physical responses in a healthy and positive way.
- Help perpetrators to change their behaviour so that they cease to abuse.
- Work with partner agencies to promote better integrated services to victims and perpetrators and raise awareness on domestic abuse
- Act as an advocate so that domestic abuse is kept high on the policy and decision-making agendas.

Our main services are delivered through the Freedom Project, which consists of:

- A Confidential Helpline offering practical and emotional support. This is the route to which many of our referrals are received.
- one-to-one assessment of need where client and support worker decide which counselling support service pathway (group sessions, one-to-one sessions, or both) is most appropriate for themselves, and their family
- one-to-one and individual counselling for victims, perpetrators, and children/ young people
- Volunteer befriending and support service (including pre counselling sessions- provided to clients on the waiting list that feel they need immediate support, attending courts, helping with transport)
- a rolling programme of group sessions with adult victims/survivors.
- a rolling programme of group sessions for children (primary age and under)
- a rolling programme of group sessions for older children/young people (secondary age up to 18)
- Providing McKenzie Friend support to all disadvantaged who need help, advice, and support through the family courts process.

Our values and mission are central to our approach, which includes placing the needs of our clients first and "walking the extra mile" to help bring change to those whose lives have been affected by domestic abuse.

Public Benefit

The trustees have complied with their responsibility to have due regard to the Commission's guidance on public benefit in exercising their powers and duties. Trustees are fully aware of their roles and responsibilities and in planning their activities for the year have kept in mind the Charity Commission's guidance at Trustee meetings.

West Cumbria Domestic Violence Support brings benefit to the public in line with its objects through its range of services (detailed above) that are freely accessible to the public affected by domestic abuse including victims, their children and families and perpetrators.

Financial review

The net funds for the year amounted to £58,918. As of 31 March 2024, the charity had restricted funds of £200,224 (2023; £139,853) and unrestricted funds of £120,371 (2023; £121,824).

We are delighted to report that our funding is stable and are extremely grateful to our supporters, past and present., Francis C Scott, Garfield Weston, The Henry Smith Foundation, Cumbria Community Foundation, BBC Children in Need, The Allen Lane Foundation, CFM Cash for Kids, Cumbria Police Commissioner Fund, The Hadfield Trust, Sellafield Ltd, The Peel Trust, GDF Allerdale, GDF Copeland. Edward Gostling Foundation, National Lottery Community Fund, Cumberland Council, as well as several smaller grants from local businesspeople.

However, we cannot be complacent and are continuing to review the project's finances on a regular basis to identify any possible shortfalls and submit further applications necessary to ensure that this vital service continues to help the communities of West Cumbria.

We are committed to keeping our service free so that it remains accessible to everyone irrespective of their income. There are enough barriers in place already which deter victims and perpetrators of abuse from seeking help - we will not add ability to pay to that list.

Therefore, the service will always need to be paid for from sources other than fees charged to clients. In the past costs have been entirely met through grants from charities and funding agencies.

We believe this will continue to be the case for the foreseeable future. However, we will gear our organization up to bid for contracts which may be tendered by the Police, Health, Children's and Adult Social Services, the Home Office etc. We will respond to such opportunities on a full cost recovery basis.

In the meantime, we will support our Trustees and volunteers and continue to be more pro-active in terms of fund-raising, including encouraging donations and business sponsorships.

Reserve's policy

WCDVS's reserves policy aims to have income equivalent to at least 3 months running costs and service costs enabling the organisation to meet both short term cash flow pressures and legal commitments in the event of the organisation being unable to continue to operate. The Board of Trustees keeps this policy under review as part of its ongoing monitoring of the financial needs of the organisation and management of risk.

Risk Management

The Trustees have a risk management strategy which composes: ~ review of the risks the charity may face, ~ the establishment of systems and procedures to mitigate those risks identified in the plan; and the implementation of procedures designed to minimise any potential impact on the charity should those risks materialise.

Plans for the Future

We have spent time as a team reviewing our strategic themes and the progress we have made against each one and we are delighted to report that we have made significant progress against each one;

- Raising awareness
- Growing our impact
- Breaking the cycle of abuse and
- A continual focus on our structure and governance.

We plan to retain these themes as we move into delivery year 24/25 with an increased focus on some specific areas, all with the intent of breaking the cycle of domestic abuse.

Statement of trustees' responsibilities

The trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of charity and of the incoming resources and application of resources of the charity for that year. In preparing these financial statements the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011 and the Charity (Accounts and Reports) Regulations 2008. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

L M Bowen

On behalf of the board
L Bowen – Chairperson

Date 9th July 2024

West Cumbria Domestic Violence Support

Independent examiner's report to the trustees on the unaudited financial statements of West Cumbria Domestic Violence Support Group.

I report on the accounts of West Cumbria Domestic Violence Support for the year ended 31 March 2024 as set out on pages 7 – 17.

Respective responsibilities of trustees and independent examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011, (the 2011 Act) does not apply and that an independent examination is needed. It is my responsibility to examine the accounts under section 145 of the 2011 Act, to follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act, and to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(i) which gives me reasonable cause to believe that in any material respect the requirements: - to keep proper accounting records in accordance with section 130 of the 2011 Act; and - to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act

have not been met; or

(ii) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Mr D Roper

Robinson Udale Ltd
Chartered Accountants and Tax Advisors
The Old Bank
41 King Street
Penrith
Cumbria
CA11 7AY

Date 15 July 2024

WEST CUMBRIA DOMESTIC VIOLENCE SUPPORT
FINANCIAL STATEMENTS
YEAR ENDED 31ST MARCH 2024

STATEMENT OF FINANCIAL ACTIVITIES

	Note	Unrestricted Funds	Restricted Funds	Total Funds 2024	Total Funds 2023
			£	£	£
INCOMING RESOURCES:					
Donations and Legacies	2	57,750	495,630	553,380	384,146
Income from investments	3	614	-	614	359
Income from Other Trading Activities	4	-	-	-	-
Other Income	5	-	-	-	7,483
Total Incoming Resources		58,364	495,630	553,994	391,988
RESOURCES EXPENDED					
Expenditure on :-					
Charitable activities	6	58,063	435,259	493,322	424,030
Fundraising activities	7	1,754	-	1,754	1,031
Total Resources Expended	8	59,817	435,259	495,076	425,061
Net income/(expenditure)		(1,453)	60,371	58,918	(33,073)
Transfer between funds		(-)	(-)	(-)	(-)
Net movement in funds		(1,453)	60,371	58,918	(33,073)
Reconciliation of funds					
Funds Introduced		-	-	-	294,750
Funds brought forward		121,824	139,853	261,677	-
Funds carried forward		120,371	200,224	320,595	261,677

The statement of financial activities includes all gains and losses in the year.

All incoming resources and resources expended derive from continuing activities.

The notes on pages 10 to 17 form part of these accounts

BALANCE SHEET

	Note	2024 £	2024 £	2023 £
FIXED ASSETS	12		14,963	15,795
CURRENT ASSETS				
Debtors	13	2,813		15,670
Cash at bank and in hand		312,426		238,698
		315,239		254,368
CREDITORS: Amounts falling due within one year	14	9,607		8,486
NET CURRENT ASSETS/(LIABILITIES)			305,632	245,882
			320,595	261,677
CREDITORS: Amounts falling due after more Than one year	15		(-)	(-)
NET ASSETS			£320,595	£261,677
FUNDS				
Restricted Income Funds	17		200,224	139,853
Unrestricted Income Funds			120,371	121,824
TOTAL FUNDS			£320,595	£261,677

These financial statements were approved by the trustees on 9th July 2024 and are signed on their behalf by:

H Bell
Trustee- Vice Chair

M Burns
Trustee- Treasurer

The notes on pages 10 to 17 form part of these accounts

STATEMENT OF CASH FLOWS FOR THE YEAR ENDED 31ST MARCH 2024

	2024 £	2023 £
Cash Used in Operating Activities		
Net movement in Funds	58,918	261,677
Add Back Depreciation Charge	4,987	2,952
Decrease/(Increase) in Debtors	12,857	(15,670)
(Decrease)/Increase in Creditors	1,121	8,486
Net Cash used in operating activities	77,883	257,445
Cash Flows from Investing Activities		
Fixed Assets Introduced	(-)	(10,385)
		-
		-
Purchase of Tangible Fixed Assets	(4,155)	(8,362)
Cash Provided By (Used In) Investing Activities	(4,155)	(18,747)
Increase in cash and cash equivalents in the Year	73,728	238,698
Cash and cash equivalents at the beginning of the Year	238,698	-
	312,426	238,698

The notes on pages 10 to 17 form part of these accounts

NOTES TO THE FINANCIAL STATEMENTS

1. ACCOUNTING POLICIES

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year and the preceding year.

Basis of accounting

The financial statements are prepared under the historical cost convention and in accordance with the Statement of Recommended Practice 'Accounting and Reporting by Charities' preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Effective 1 January 2015)-(Charities SORP(FRS 102)) and the Companies Act 2006.

The company constitutes a public benefit entity as defined by FRS102. The trustees consider that there are no material uncertainties about the company's ability to continue as a going concern.

Income

All income is included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

Voluntary income is received by way of grants, donations and gifts and is included in full in the statement of financial activities when receivable. Grants where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.

Donated services and facilities are included at the value to the charity where this can be quantified. The value of services provided by volunteers has not been included.

Gifts donated for resale are included as incoming resources within activities for generating funds when they are sold.
Grants, including grants for the purchase of fixed assets, are recognised in full in the statement of financial activities in the year in which they are receivable.

Income from investments is included in the year in which it is receivable.

Expenditure

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered and is reported as part of the expenditure to which it relates.

Costs of generating funds comprise the costs associated with attracting voluntary income and the costs of trading for fundraising purposes including.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Support costs are those costs incurred directly in support of expenditure on the objects of the charity and include project management.

Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost less accumulated depreciation. Depreciation is provided at rates calculated to write off the cost less residual value of each asset over its expected useful life, as follows:

Leasehold properties -	Straight line over the life of the lease
Plant and machinery -	25% reducing balance
Fixtures, fittings and equipment -	25% reducing balance

NOTES TO THE FINANCIAL STATEMENTS

2. DONATIONS AND LEGACIES

	Restricted Funds £	Unrestricted Funds £	Total Funds 2024 £	Total Funds 2023 £
Donations	-	15,703	15,703	18,678
Cumbria Community Foundation	10,000	-	10,000	20,000
Cumbria County Council	-	-	-	30,305
BBC Children In Need	32,910	-	32,910	31,264
Hadfield Trust	5,000	-	5,000	5,000
Cash For Kids	4,150	-	4,150	4,700
Copeland Community Fund	25,159	-	25,159	5,642
Police & Crime Commissioner Cumbria	53,811	-	53,811	29,531
Henry Smith	59,850	-	59,850	59,800
Morgan Sindall	-	-	-	5,000
Edward Gostling Foundation	25,000	-	25,000	10,000
GDF Funding	64,860	-	64,860	51,888
Clothworkers Foundation	-	-	-	7,400
Sellafield Snowball Fund	2,000	-	2,000	5,000
Bedrock Awards	85,000	-	85,000	25,025
Awards For All	-	-	-	10,000
Copeland Borough Council	-	-	-	5,000
Allerdale Borough Council	-	-	-	10,000
Just Giving	-	7,047	7,047	14,413
Francis C Scott	-	15,000	15,000	10,000
Garfield Weston Fund	-	15,000	15,000	15,000
Souter Charitable Trust	-	5,000	5,000	-
29th May Charitable Trust	-	-	-	3,000
David and Ruth Lewis	-	-	-	7,500
Cumberland Council	16,022	-	16,022	-
Cumberland Council	5,000	-	5,000	-
Coalfields	5,000	-	5,000	-
GDF South Copeland	10,000	-	10,000	-
McKenzie Friend(Time To Change)	7,868	-	7,868	-
National Lottery Community Fund	84,000	-	84,000	-
	495,630	57,750	553,380	384,146

NOTES TO THE FINANCIAL STATEMENTS

3. INCOME FROM INVESTMENTS

	Unrestricted Funds	Restricted Funds	Total Funds 2024	Total Funds 2023
	£	£	£	£
Bank Interest Receivable	614	-	614	359
	614	-	614	359

4. INCOME FROM OTHER TRADING ACTIVITIES

	Unrestricted Funds	Restricted Funds	Total Funds 2024	Total Funds 2023
	£	£	£	£
Fundraising Events	-	-	-	-
	-	-	-	-

5. OTHER INCOME

	Unrestricted Funds	Restricted Funds	Total Funds 2023	Total Funds 2022
	£	£	£	£
Other Income	-	-	-	7,483
	-	-	-	7,483

6. COSTS OF CHARITABLE ACTIVITIES BY FUND TYPE

	Unrestricted Funds	Restricted Funds	Total 2024	Total 2023
	£	£	£	£
Domestic Violence Support	58,063	435,259	493,322	424,030
	58,063	435,259	493,322	424,030

7. COSTS OF FUNDRAISING

	Unrestricted Funds	Restricted Funds	Total 2024	Total 2023
	£	£	£	£
Fundraising Expenditure	1,754	-	1,754	1,031
	1,754	-	1,754	1,031

NOTES TO THE FINANCIAL STATEMENTS

8. COSTS OF CHARITABLE ACTIVITIES BY ACTIVITY

	Activities Undertaken Directly £	Support Costs £	Total 2024 £	Total 2023 £
Domestic Violence Support	495,076	-	495,076	425,061
	495,076	-	495,076	425,061

9. SUPPORT COSTS

	Total 2024 £	Total 2023 £
Wages	-	-
Legal and Professional fees	-	-
Office running costs	-	-
Premises Costs	-	-
Finance charges – Finance Lease	-	-
Depreciation	-	-
	-	-

The Board of Trustees is of the opinion that every cost incurred, no matter what the expense, goes directly towards supporting the victims. The support costs provide the infrastructure which enables the direct counselling service to be delivered to our service users.

10. STAFF COSTS

	Total 2024 £	Total 2023 £
Wages and Salaries	181,255	122,392
Employers National Insurance and Pension Contributions	14,172	7,996
	195,427	130,388

No employee received emoluments of more than £60,000 (2023: £Nil)

NOTES TO THE FINANCIAL STATEMENTS

The average number of employees during the year, calculated on a full-time equivalent basis was as follows:

	2024 Number	2023 Number
Management staff	2	2
Administrative staff	7	4
Support Workers	2	2
Total	11	8

11. TRUSTEE'S EMOLUMENTS

The trustees neither received nor waived any emoluments during the year (2023: £Nil)

12. TANGIBLE FIXED ASSETS

	Short Leasehold Property £	IT Equipment £	Fixtures, Fittings & Equipment £	Total £
COST				
At 1st April 2023	-	12,542	6,205	18,747
Additions	-	4,155	-	4,155
Donation Received	(-)	(-)	(-)	(-)
At 31st March 2024	-	16,697	6,205	22,902
DEPRECIATION				
At 1st April 2023	-	1,401	1,551	2,952
Charge for the year	-	3,824	1,163	4,987
At 31st March 2024	-	5,225	2,714	7,939
NET BOOK VALUE				
At 31st March 2024	£Nil	£11,472	£3,491	£14,963
At 31st March 2023	£Nil	£11,141	£4,654	£15,795

Included in tangible fixed assets are assets held under finance leases or hire purchase contracts as follows:

	2024		2023	
Asset description	**Net Book Value**	**Depreciation Charge**	**Net Book Value**	**Depreciation Charge**
Fixtures, fittings, and equipment	£-	£-	£-	£-

NOTES TO THE FINANCIAL STATEMENTS

13. DEBTORS

	2023	2022
	£	£
Trade Debtors	-	12,972
Prepayments	2,813	2,698
	2,813	15,670

14. CREDITORS : (Amounts falling due within one year)

	2024	2023
	£	£
Net Obligations under finance leases	-	-
Trade Creditors	6,062	5,748
Other Taxes and Social security Costs	1,845	1,094
Accruals and deferred income	1,700	1,644
	9,607	8,486
Deferred Income		
At 1st April 2023	-	-
Resources deferred in the year	-	-
Amounts released from previous year	-	-
		--
Deferred Income at 31st March 2024	-	-

The deferred income at 31st March 2024 relates to donations received in advance

15. CREDITORS (Amounts falling due after more than one year)

	2024	2023
	£	£
Net Obligations under finance leases	-	-
	-	-
Net Obligations under finance leases		
Repayable within one year	-	-
Repayable within two and five years	-	-
	-	-

NOTES TO THE FINANCIAL STATEMENTS

16. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted Funds	Restricted Funds	Total Funds 2024	Total Funds 2023
	£	£	£	£
Tangible Fixed Assets	3,353	11,610	14,963	15,795
Current Assets	126,625	188,614	315,239	254,368
Current Liabilities	(9,607)	(-)	(9,607)	(8,486)
Long Term Liabilities	(-)	(-)	(-)	(-)
Net Assets at 31st March 2024	120,371	200,224	320,595	261,677

17. RESTRICTED FUNDS

	At 1st April 2023	Incoming Resources	Outgoing Resources	At 31st March 2024
	£	£	£	£
Allerdale Borough Council	7,501	-	(7,501)	-
Copeland Borough Council	5,000	-	(5,000)	-
Cash For Kids	-	4,150	(2,400)	1,750
Awards For All	7,500	-	(7,500)	-
BBC Children In Need Kids Provision	11,876	32,910	(32,056)	12,730
Cumbria County Council	14,572	-	(14,572)	-
McKenzie Friend(Time To Change)	-	7,868	(7,868)	-
Bedrock Awards	25,025	85,000	(43,775)	66,250
Cumberland Council	-	5,000	(5,000)	-
Cumberland Council	-	16,022	(1,120)	14,902
Cumbria Community Foundation	11,667	10,000	(15,000)	6,667
Hadfield Trust	5,000	5,000	(10,000)	-
GDF Funding	12	64,860	(64,872)	-
GDF South Copeland	-	10,000	(2,500)	7,500
Henry Smith	19,936	59,850	(59,792)	19,994
Sellafield Ltd Grant	3,713	-	(3,713)	-
Snowball Fund	-	2,000	(2,000)	-
National Lottery Community Fund	-	84,000	(73,148)	10,852
Morgan Sindall	5,000	-	(5,000)	-
Edward Gostling	10,000	25,000	(7,830)	27,170
Copeland Community Fund	-	25,159	(25,159)	-
Police & Crime Commissioner Cumbria	13,051	53,811	(39,453)	27,409
Coalfields	-	5,000	(-)	5,000
	139,853	495,630	435,259	200,224

NOTES TO THE FINANCIAL STATEMENTS

Purposes of restricted funds

The purpose of the BBC Children in Need fund is to contribute towards the costs of our children's provision.

The purpose of Cumbria County Council grant is to fund an increase in service costs to meet increasing demand on our service.

The purpose of Copeland Community Fund is to be used against staff and support worker salaries and counselling costs for Copeland residents.

The purpose of the Cumbria Community Foundation grants received was to part fund staff salaries and 1-1 counselling costs.

The purpose of Hadfield Trust fund is to be used against perpetrator project costs.

The purpose of the Henry Smith fund is to be used against staff salaries.

The purpose of Edward Gosling Trust fund is to be used against staff salaries and counselling costs.

The purpose of Police & Crime Commissioners Cumbria fund is to be used against counselling costs.

The purpose of National Lottery Community fund is to be used against counselling costs.

The purpose of Bedrock Awards fund is to be used against staff and support worker salaries.

The purpose McKenzie Friend fund is to be used against staff and support worker salaries.

The charity's general restricted funds are usually smaller grants/donations and are used as directed by the provider.

WEST CUMBRIA DOMESTIC VIOLENCE SUPPORT

England & Wales - Charity number 1187765

Accounts

WEST CUMBRIA DOMESTIC VIOLENCE SUPPORT CIO

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED

31ST MARCH 2023

CHARITY NUMBER 1187765

ROBINSON UDALE
Chartered Accountants and Registered Auditors
The Old Bank
41 King Street
Penrith
Cumbria
CA11 7AY

WEST CUMBRIA DOMESTIC VIOLENCE SUPPORT

FINANCIAL STATEMENTS
YEAR ENDED 31ST MARCH 2023

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WEST CUMBRIA DOMESTIC VIOLENCE SUPPORT

FINANCIAL STATEMENTS
YEAR ENDED 31ST MARCH 2023

LEGAL AND ADMINISTRATIVE INFORMATION

Charity Number	1187765
The board of trustees	S Fawcett S James K Shaw Resigned 6th February H Bell (Vice Chairman) L Bowen (Chairman) M Burns R Deakin E Southward T Weston
Registered office	First Floor Offices Unit 1 Dobies Cumbria Ltd Dobies Business Park Lillyhall West Workington CA14 4HX
Independent Examiners	Robinson Udale Limited Chartered Accountants & Registered Auditors The Old Bank 41 King Street Penrith Cumbria CA117AY

TRUSTEES REPORT FOR THE YEAR ENDED 31ST MARCH 2023

The Trustees present their report and the financial statements for the year ended 31 March 2023. The Trustees who served during the year and up to the date of this report are listed on page 1.

Structure, Governance and Management

West Cumbria Domestic Violence Support is a Charitable Incorporated Organisation registered as a charity on 5th February 2020 and the charity number is 1187765. The charity is regulated by the Charity Commission for England and Wales and is subject to charity law.

Up until 31 March 2022 the charity operated as a trust with the registered name of West Cumbria Women to Women (charity number 062365). The working names of the charity are West Cumbria Domestic Violence Support and The Freedom Project West Cumbria. All the funds were transferred to West Cumbria Domestic Violence Support (1187765) on 1 April 2022.

The charities trustees also form the management committee of the organisation, and they are elected at the Annual General Meeting.

The Board of Trustees currently has a membership of 8 people. Some are representatives of partner organisations such Cumbria County Council and Health services. They have fast knowledge and experience in the issues surrounding domestic abuse and working with victims of abuse and their children. Our chair is the head of Human Resources with our biggest local employer, Sellafield Ltd and our vice chair is a Programme Manager at Sellafield.

The Board meets regularly at least two monthly and more frequently if required. The Board is responsible for the strategic direction and policy of the organisation and for robust governance and rigorous financial management.

The Charity Manager holds the day-to-day responsibility for the operational management of the organisation. and for the day-to-day provision of services.

The service is delivered via a combination of 11 professional counsellors (10 adult and 1 Child and young person's counsellor), a Helpline Operative, 4 trained volunteers and 8 members of salaried staff comprising of the Charity Manager, Office Manager, Service Manager, 2 Administration Assistants and 3 Support Workers for victims/survivors.

Objectives and Activities

The Freedom Project is unique in West Cumbria in providing a free holistic family approach, working with victims, perpetrators and children suffering from the trauma and effects of domestic and sexual abuse.

Our mission is to help break the cycle of abuse in Cumbria through the following objectives:

- Supporting clients by improving their safety and security for themselves and their children.
- Supporting survivors to move on, equipped with the resilience and skills to avoid future abusive relationships.
- Help children/young people who are caught up in domestic abuse, as a victim, perpetrator, or witness, to cope with difficult situations and manage their emotional and physical responses in a healthy and positive way.
- Help perpetrators to change their behaviour so that they cease to abuse.

- Work with partners agencies to promote better integrated services to victims and perpetrators and raise awareness on domestic abuse
- Act as an advocate so that domestic abuse is kept high on the policy and decision-making agendas.

Our main services are delivered through the Freedom Project, which consists of:

- A Confidential Helpline offering practical and emotional support. This is the route to which many of our referrals are received and all signposting to other agencies and support services are made (such as housing, police and health etc)
- one-to-one assessment of need where client and counsellor decide which counselling support service pathway (group sessions, one-to-one sessions, or both) is most appropriate for themselves, and their family
- one-to-one and individual counselling for victims, perpetrators, and children/ young people
- Volunteer befriending and support service (including pre counselling sessions- provided to clients on the waiting list that feel they need immediate support, attending courts, helping with transport)
- a rolling programme of group sessions with adult victims/survivors.
- a rolling programme of group sessions for children (primary age and under)
- a rolling programme of group sessions for older children/young people (secondary age up to 18)

Our values and mission are central to our approach, which includes placing the needs of our clients first and "walking the extra mile" to help bring change to those whose lives have been affected by domestic abuse.

Public Benefit

The trustees have complied with their responsibility to have due regard to the Commission's guidance on public benefit in exercising their powers and duties. Trustees are fully aware of their roles and responsibilities and in planning their activities for the year have kept in mind the Charity Commission's guidance at Trustee meetings.

West Cumbria Domestic Violence Support brings benefit to the public in line with its objects through its range of services (detailed above) that are freely accessible to the public affected by domestic abuse including victims, their children and families and perpetrators.

WEST CUMBRIA DOMESTIC VIOLENCE SUPPORT

TRUSTEES REPORT FOR THE YEAR ENDED 31ST MARCH 2023

THE FREEDOM PROJECT WEST CUMBRIA

ANNUAL REPORT

22-23

Supporting Families in West Cumbria for over 25 years

CHAIR'S INTRODUCTION TO ANNUAL REPORT

Our amazing charity has had another very successful year, particularly considering the transition from the environment the pandemic forced us into, back into business as usual, if there is a usual for us as each day brings different challenges.

We have settled well into our new premises and are extremely proud of the environment we have created for our team and clients. We plan to hold open events to show case our facilities to our funders, supporters and other support services who share our vision of breaking the cycle of domestic abuse.

Our big news – we reached our 25-year anniversary and partied in style with invites guests and well-wishers. Over 130 people helped us to celebrate, and we raised £7,483 in donations and raffles on the night.
We have continued to be successful in obtaining grants to enable us to continue to deliver our valuable work and were delighted to be awarded a grant from the Bedrock Programme which has enabled us to increase our core team with the recruitment of a service manager, creating headroom for our current team to take on additional management development.

We have undertaken a fundamental review of the counselling service we offer and plan to expand our service offering to provide a broader service offering to our clients as well as embarking on a programme of education. During the last 12 months we have reinvigorated our external stakeholder activity, creating clear lines of communications and ensuring our key stakeholders are knowledgeable and up to date with the charities activities. We are delighted to be BECBC charity of choice for this year and gratefully receive funds from the various events they host.

We are continually improving our governance arrangements and have invested significant time in developing our risk management arrangements and developing an improvements plan based on a internal assessment against the Charity Code of Governance.

Our Trustee Board continues to mature with personal skills and knowledge contributing significantly to the success of the Charities activities. All our core staff, counsellors, volunteers and trustees have continued to devote their paid and personal time to the success of the charity and remain committed to our vision of breaking the cycle of domestic abuse.

Enjoy our Annual Report

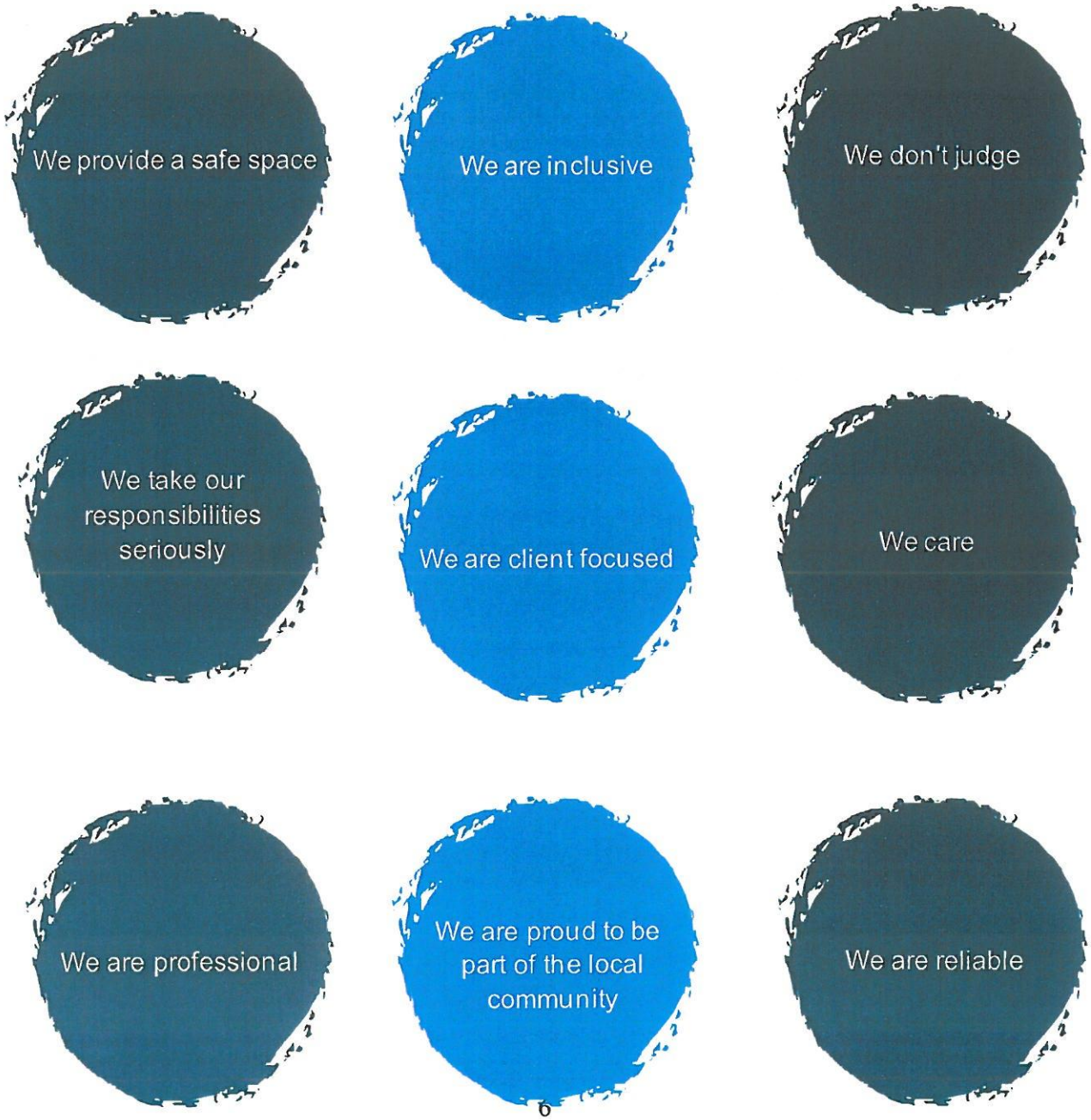
Lesley Bowen
Chair of the Trustees

OUR MISSION, VALUES AND WORK

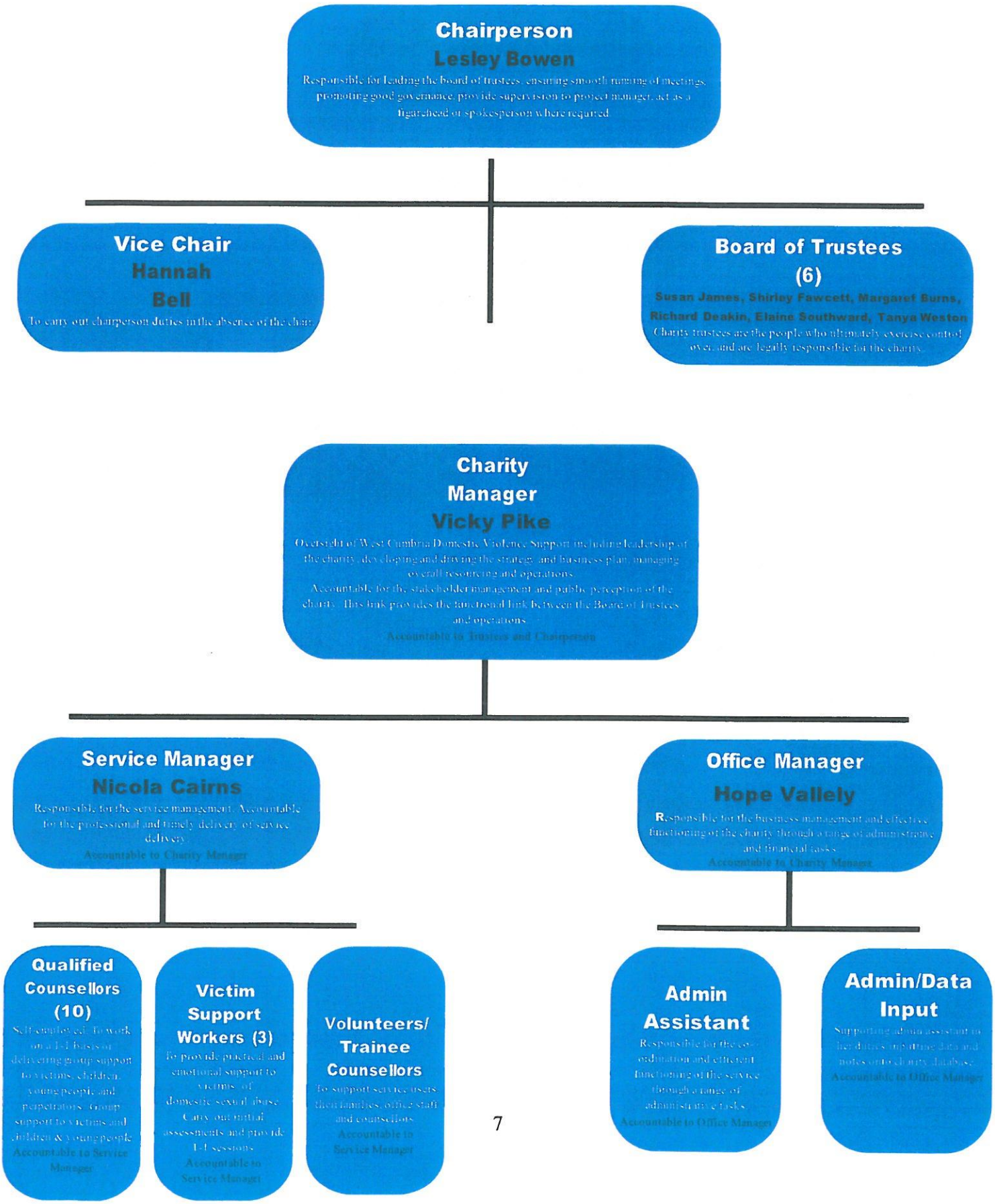
Our Mission

Our mission is to help break the cycle of domestic abuse.

Our Values

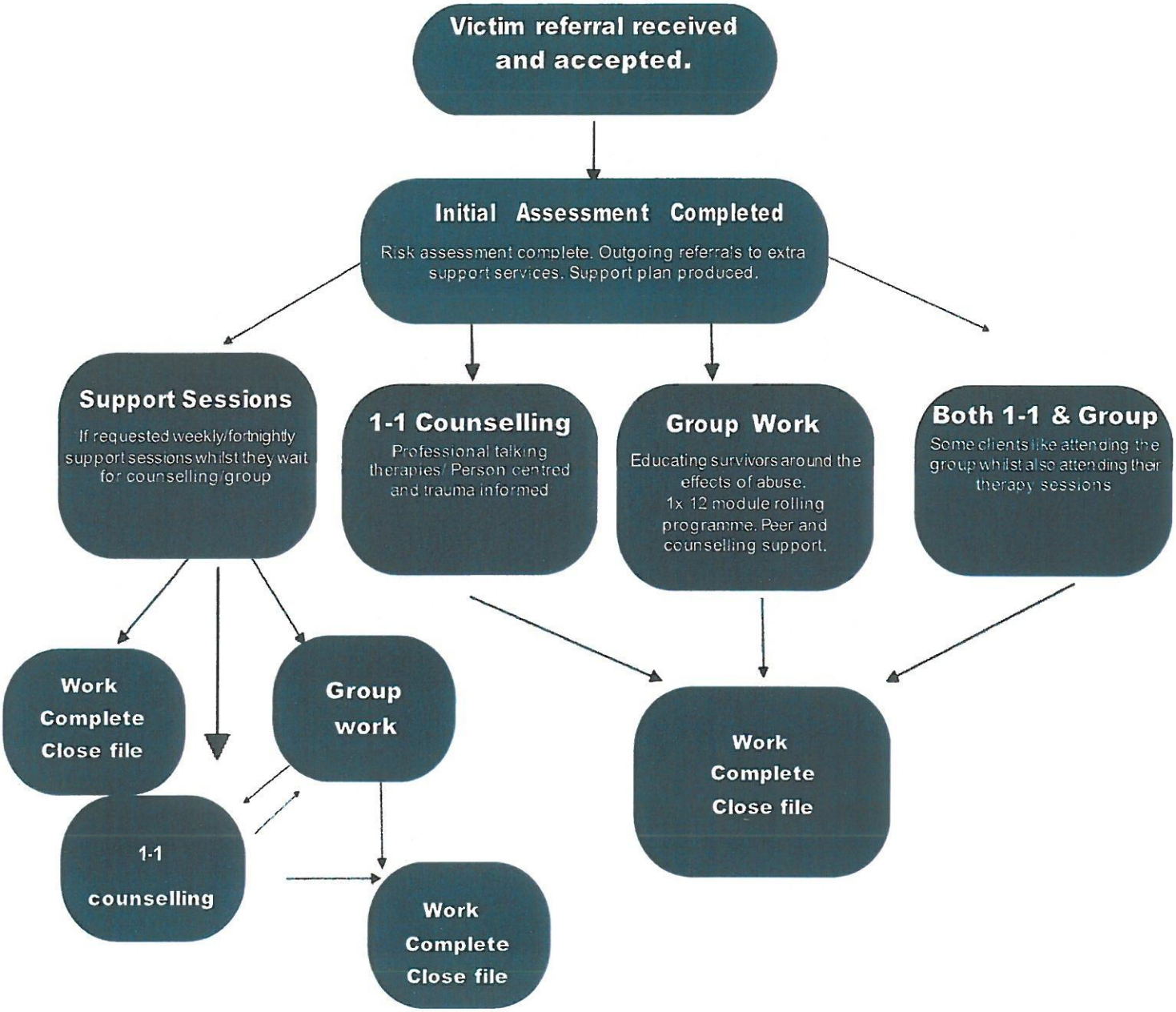


Our Team

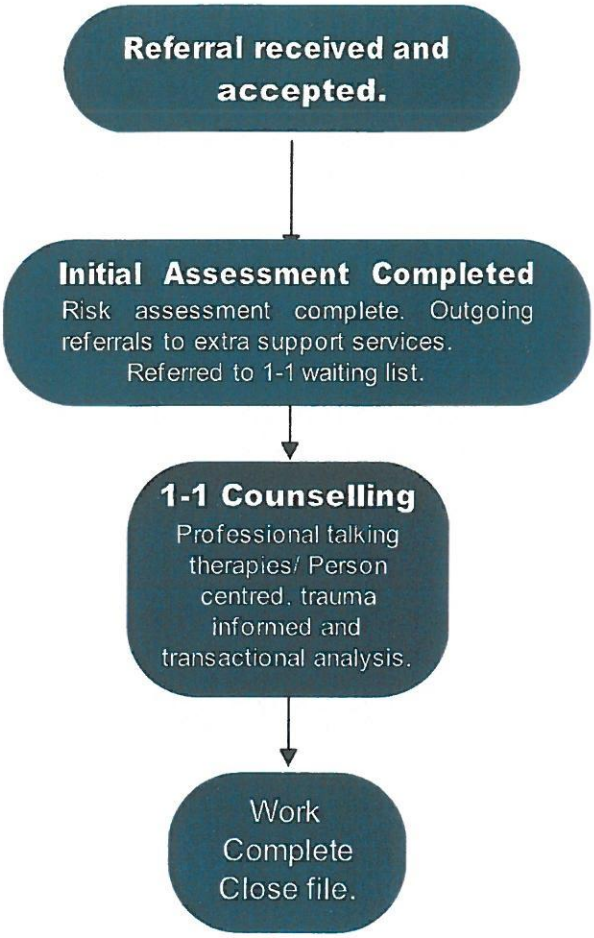

Chairperson
Lesley Bowen
Responsible for leading the board of trustees, ensuring smooth running of meetings, promoting good governance, provide supervision to project manager, act as a figurehead or spokesperson where required
Vice Chair
Hannah Bell
To carry out chairperson duties in the absence of the chair
Board of Trustees (6)
Susan James, Shirley Fawcett, Margaret Burns, Richard Deakin, Elaine Southward, Tanya Weston
Charity trustees are the people who ultimately exercise control over, and are legally responsible for the charity
Charity Manager
Vicky Pike
Oversight of West Cumbria Domestic Violence Support including leadership of the charity, developing and driving the strategy and business plan, managing overall resourcing and operations.
Accountable for the stakeholder management and public perception of the charity. His/her role provides the functional link between the Board of Trustees and operations
Accountable to Trustees and Chairperson
Service Manager
Nicola Cairns
Responsible for the service management. Accountable for the professional and timely delivery of service delivery.
Accountable to Charity Manager
Office Manager
Hope Vallely
Responsible for the business management and effective functioning of the charity through a range of administrative and financial tasks
Accountable to Charity Manager
Qualified Counsellors (10)
Self-employed. To work on a 1-1 basis or delivering group support to victims, children, young people and perpetrators. Group support to victims and children & young people
Accountable to Service Manager
Victim Support Workers (3)
To provide practical and emotional support to victims of domestic sexual abuse. Carry out initial assessments and provide 1-1 sessions
Accountable to Service Manager
Volunteers/ Trainee Counsellors
To support service users, their families, office staff and counsellors
Accountable to Service Manager
Admin Assistant
Responsible for the co-ordination and efficient functioning of the service through a range of administrative tasks
Accountable to Office Manager
Admin/Data Input
Supporting admin assistant to undertake routine data and notes onto charity database
Accountable to Office Manager

Our Service Delivery Model's

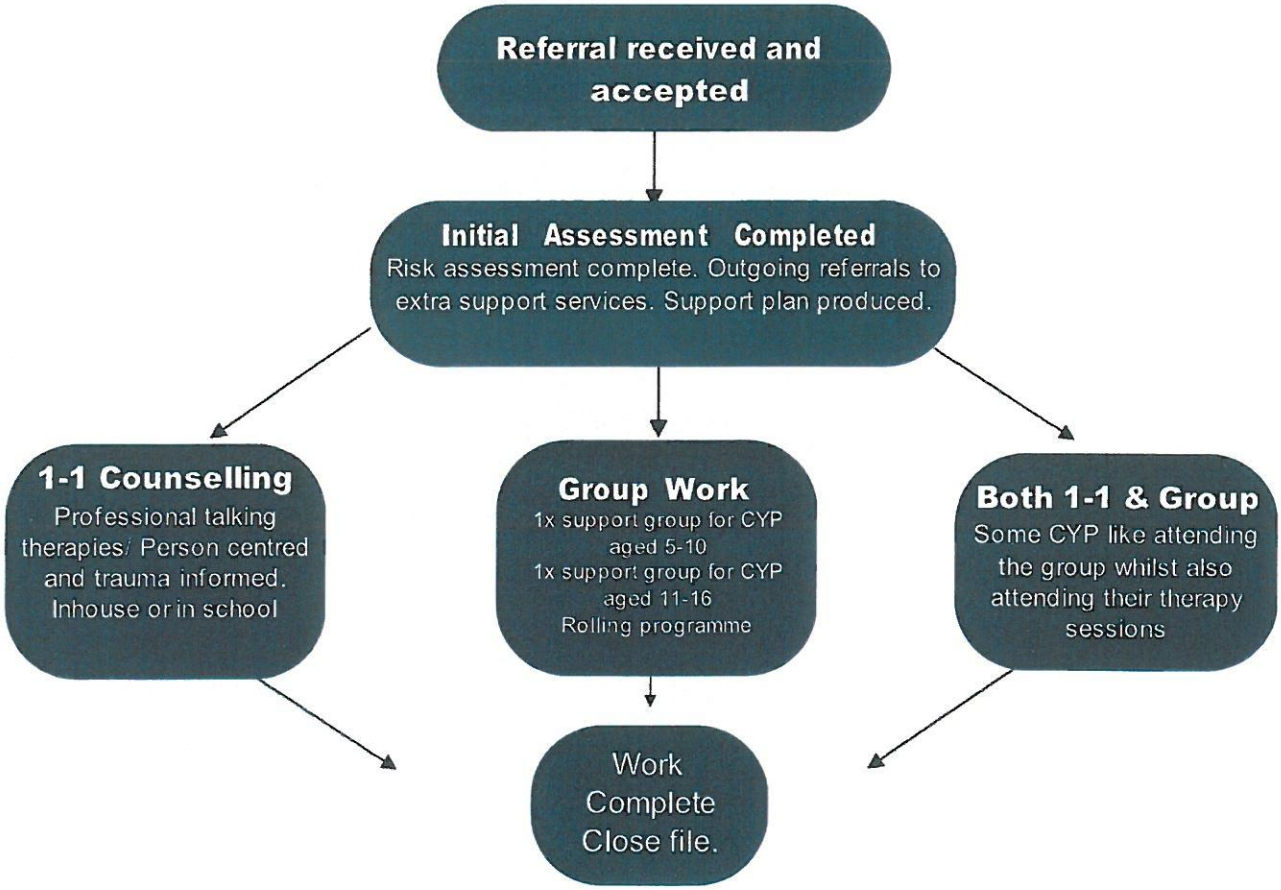
Victim Provision



Perpetrator Provision



Children and Young People Provision



First, let's point out some of our highlights

In April 2022 we moved into new premises.

We turned 25 in May 2022, to celebrate this milestone we held a 25th Anniversary celebration in September 2022.

3 new volunteers were recruited. 1 support worker to help support victims of abuse, providing a friendly ear to talk to whilst waiting for a counselling slot to become available. 2 trainee counsellors.

One of our existing volunteers has undertaken legal training to help support our clients going through the family court process.

3 new members of staff recruited. 1 Service Manager, 1 Administrator and 1 support worker.

Putting in the hours - 2,316 support hours delivered, 3,369 1-1 counselling for adults, 1,161 1-1 counselling for children and young people, 448 adults and children's group hours delivered.

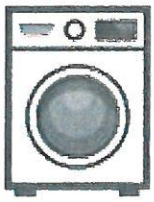
1,982 Calls to our helpline.

Additional Support for Clients

Community fundraising and raising awareness.

Our community fundraising continued to grow this year. We had many members of the local community undertaking various fundraising activities for us, including runners in The Great North Run and swimmers in New Years Eve Dip. We also had fantastic support from Local groups who supported us by organising fundraising activities or providing essential items for our service users:

- VL Aesthetics Beauty Campaign
- Kits for Kids - providing over 60 football shirts



White goods and essential household items

Post pandemic we saw an increased growth in the number of people and families needing additional support for white goods and essential household items - driven by an increased cost of living, unemployment & redundancies, changes to universal credit, and most recently fuel increases resulting in many families being forced to choose whether to heat or eat. We partnered up with Women out West (a local Women's Centre) and secured funding to allow us to continue to support families in providing white goods and home essentials.

Foodbank & Food Pantry Referrals

As a result of the dramatic rise of the cost of living more and more clients are requiring referrals for food vouchers. On average we make around 20 referrals a month.



Christmas Gifts & Food hampers

Christmas Hamper Campaign- £924 raised 30 hampers delivered. 10 hampers were also secured for Copeland Clients via Copeland Bourgh Council.

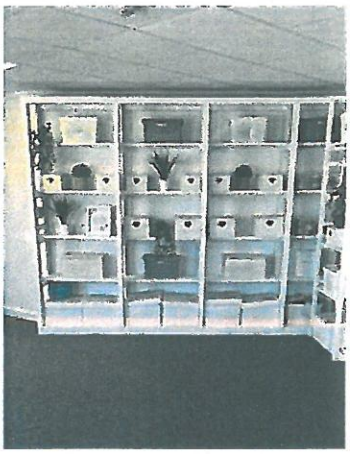
Amazon Wish List & Mission Christmas - Cash for Kids - amazing response to requests for gifts for young people in total 288 toys collected and delivered to 96 children.

Our New Premises

In April 2022 we moved into new premises of which we are extremely proud. Our new space is bright, fresh, and welcoming to clients.

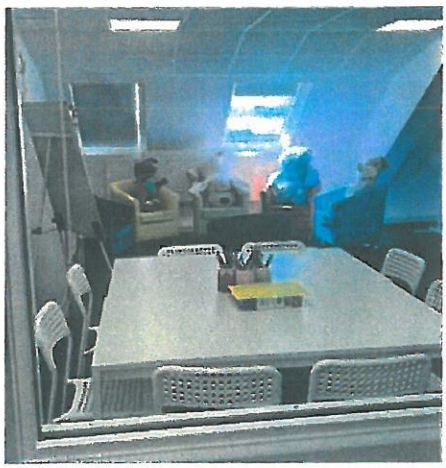
Waiting Area





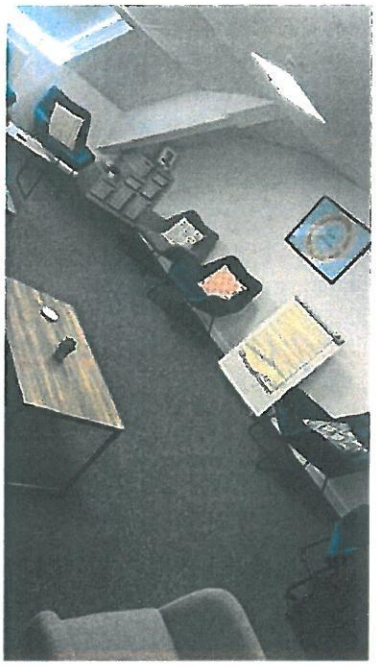
Storage of our toiletries and grab bags for clients.

Children's Counselling Room





Group Counselling Room





1-1 Counselling Rooms



Room 1



Room 2



Room 3

A snapshot of our year in photos



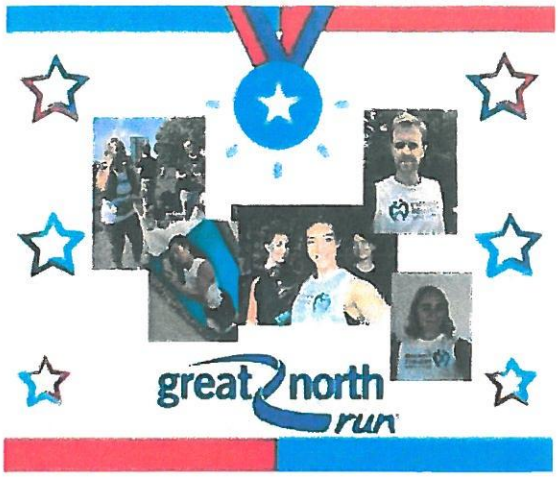
Our 25th Anniversary Event



Staff members and friends taking part in the NYE Dip

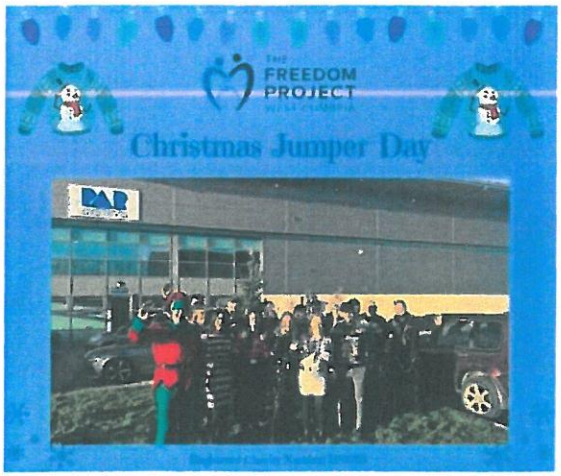


Beauty products and essentials donated through VL Aesthetics Regifting Beauty Campaign





Our Great North Runners!



PAR Systems fundraisers



Our manager, chair and treasurer showcasing donated football shirts off Kits for Kids for our CYP.



A group of Gen 2 students who chose our charity for the national apprentice week



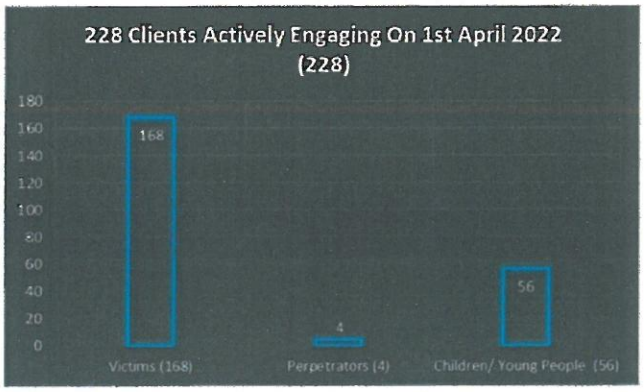
We are delighted to have been chosen as Britain's Energy Coast Business Cluster (BECBC) Charity of the Year 2023

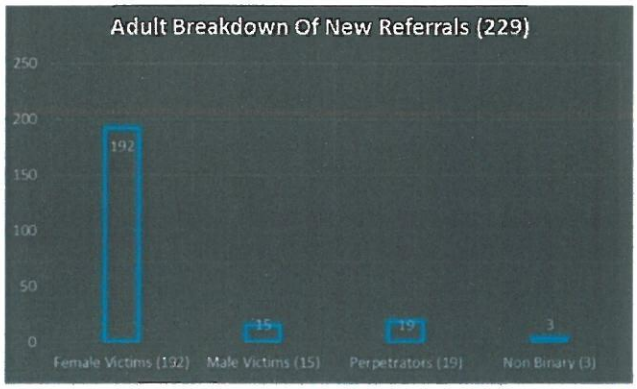
Let's take a look at our year.....

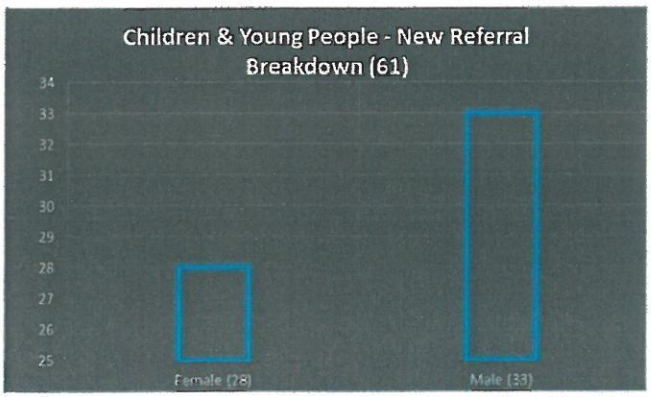
As of the 1st of April 2022, we had 228 clients actively engaging in service.

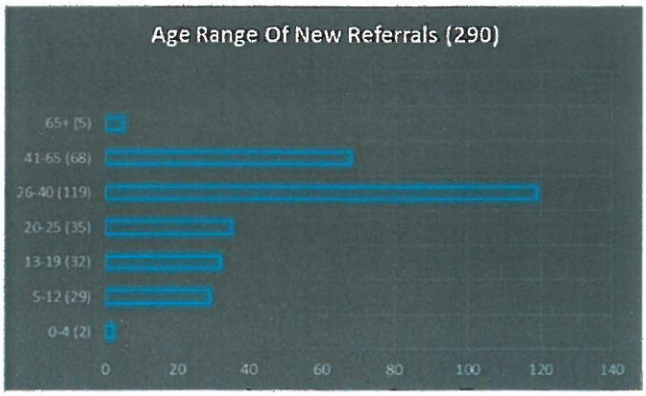
In addition to this over the 12-month period from 1st April 2022 to 31st March 2023 we received referrals for 290 individuals that had never accessed our services before. Therefore, total clients supported for this period totals **518.**

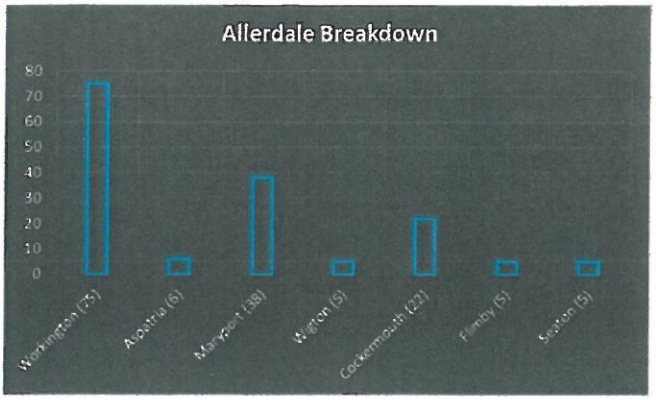
Below is a snapshot of our new referral data

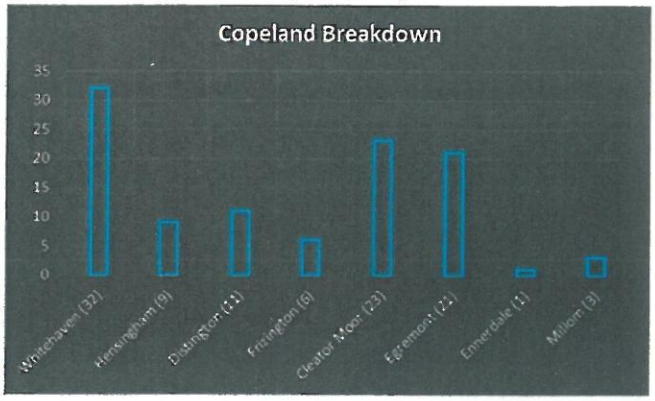


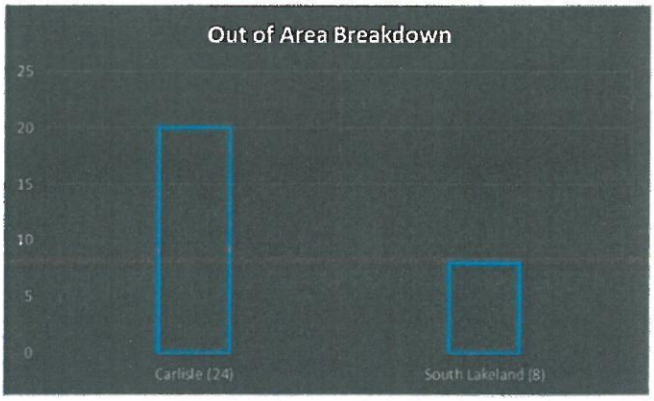


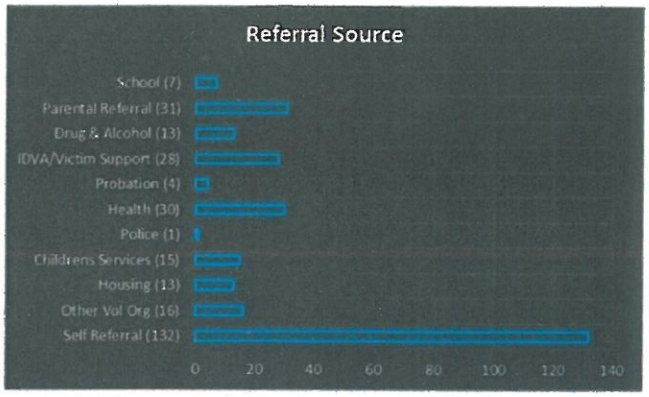










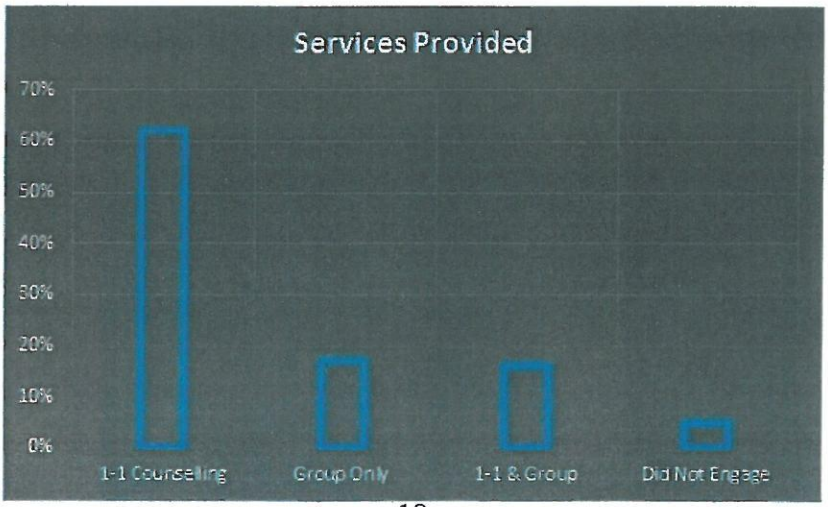


Services Provided

We have provided direct services to 95% of clients referred via 1-1 support, 1-1 counselling, group work and helpline.

Some clients receive both 1-1 and group therapy. Data shows that 1-1 counselling is the path in which clients are happier to access.

In addition to the 95% of clients that had direct support we estimate that 185 children and young people indirectly benefitted from our support.



The difference we have made-

Summary of outcomes from our victims in the last 12 months:

- Did you suffer from anxiety and/or depression when you first started at the project?
  Yes 98%, **No** 2%.

- Due to our support; has your anxiety/depression level seen an improvement?
  N/A 2%, **No** 2%, **Too Soon to Tell** 10%, **Stayed the Same** 16%, **Yes** 70%.

- If you were on medication for your anxiety/depression, has this changed since receiving our support?
  N/A 68%, **Increased** 6%, **Decreased** 12%, **Stopped Altogether** 14%

- Have you seen a positive improvement in your home/personal life since gaining support?
  N/A 8%, **No** 6%, **Yes** 86%.

- Has your confidence and self-esteem improved?
  N/A 10%, **No** 4%, **Yes** 86%.

- When you first accessed our service, were you employed?
  Full time 21%, **Part time** 27%, **No** 49%, **N/A** 3%.

- Has this changed since accessing our service?
  Part time to full time 8%, **Gained Employment** 12%, **No longer work** 8%, No **Changes** 72%.

- Do you think that after receiving our support, you now have the confidence to access employment, further education, or training?
  N/A 45%, **Getting there** 21%, **Yes** 34%.

- Do you feel happier since first reaching out?
  No 4%, **Yes** 96%.

- Do you feel better able to take care of your children?
  N/A 44%, **No** 2%, **Not answered** 4%, **Yes** 50%.

- Do you feel you now understand the impact that domestic abuse has had on yourself and your family?
  No 2%, **Yes** 98%.

- Do you feel you understand and recognise the signs to avoid abusive relationships in the future?
  N/A 7%, **No** 8%, yes 85%.

Changing Victims Lives

"I felt now was a good time to reach out and say a massive thank you. I now finally have the words to say it. My journey has been a long one, but a rewarding one. Your wonderful service got me through some of the darkest times, times when I believed I would never survive! It is with the help of the wonderful counsellor, that I found both my voice and myself. She has been a light in the darkness and has taught me that I am worth fighting for. She helped bring me out of my shell and into the world again. Her warmth has known no bounds. Our journey together is almost at an end, but I will take everything I have learned and carry it forward"

"I came to the service as a broken Person, I literally had nowhere to turn and the service linked me with the most Amazing person who has helped me through so many difficulties throughout the time. I literally would not be the person I am today without her help, and I will forever be thankful for Racheal coming into my life. I have not been the easiest person to deal with because of the complexity of my life with my ex but I have become a better person for her help and will be forever thankful for that, I do not think I would be here at all if it was not for the service so Thank you!"

"My counsellor has changed my life with all her help and understanding, where others had given up on me in other organisations, I got the help I needed from the Freedom Project without you I most certainly would not be alive today, you all deserve a medal"

Children and Young People Aged 5-9

- 63% said they felt sad when they first came to see us.
- 47% said they feel sad most of the time at home.
- 51% said they now feel ok.
- 40% said they now feel happy, with 10% saying they now feel very happy.
- 100% of children said they felt better talking to their counsellor.
- 100% know what to do if they feel unsafe.
- 100% reported that when sad things happen at home, they know it isn't their fault.

Children and Young People Aged 10-17

- 100% of CYP reported they feel better they have somebody to talk too.
- 100% know what to do if they feel unsafe in the future.
- 100% know that the things that happen at home are not their fault and they are not alone.
- 80% reported their relationships with family and friends had improved.
- 56% reported feeling happier at school or college.
- 68% reported feeling better about themselves.
- 75% said they felt happier at home.
- 37% reported they don't get into trouble anymore.
- 100% said they now feel like they can talk about their feelings.
- 82% said they can take care of themselves better when angry or upset.

What the kids said!

"I have always found it very difficult to talk to my parents about how I feel and what makes me so angry. It has really helped having someone outside the family to talk to and due to this I am understanding myself and my behaviours more clearly".

"I really like talking to Susan. We play games and have fun. I can tell her how I am feeling. I still get angry sometimes but not always".

"There have been a lot of things happening at home because my mam and dad separated. I used to get really upset and angry thinking about going from house to house. It was very hard to talk to my mam and dad about how I was feeling because I didn't want to upset them but talking to my counsellor about how feel has really helped, and I now feel happier".

"When I go to the group the other children talk about their families. Sometimes they don't see their dads, just like me. We sometimes talk about this, and it shows me I am not alone"

Perpetrator Feedback

- 80% of perpetrators reported a positive improvement in their home life.
- 85% reported a positive improvement in their family's wellbeing.
- 62% reported their self-esteem has increased.
- 92% of perpetrators felt better able to control their emotions.
- 82% reported the domestic violence had decreased.
- 67% reported their anxiety had improved.
- 56% of perpetrators were employed. 100% of these reported they were more effective at work.
- 84% reported their self-confidence had improved.
- 100% reported they feel better that they have somebody to talk to
- 100% reported they now have a plan in place on how to manage their anger.
- 100% reported they understand the impact of domestic abuse on themselves and their family.
- 100% of perpetrators reported remote therapy has met their needs and still allowed them to achieve their outcomes.

Positive Provision Feedback

"The Freedom Project was there for me and so many others during the covid 19 pandemic when so many of us were trapped inside with the people we feared the most. To me and many others you were frontline workers too.

Always there. Thank you"

"The service you provide truly goes above and beyond. You are all inspirational. Sadly, domestic violence and abuse will not stop but there will be hope as long as the freedom project continues to be there for those who need it."

"The Freedom Project have been Brilliant and so informative about domestic abuse etc. I have seen many counsellors had therapy and not worked for me. Freedom project has helped me so much and I feel that is because some of them have been through what we have, and they understand us and know how to talk to us and nature us advise us and teach us about dv and to watch out for red flags. They build our confidence up and support us so much. I wouldn't be here if it wasn't for the freedom project."

"I have nothing but the upmost respect for your service, you have changed my life, I would like everyone to know who donates to your charity that I greatly appreciate what they do as it's a very worthy charity"

Risk Management

The following have been identified by our trustees as the key risks facing our organisation. Our full risk register is reviewed at every meeting.

Risk	Managed By
Loss of Staff	We invest in staff teams and have regular staff appraisals. We develop opportunities for training and development. Understand the effects of vicarious trauma on staff providing weekly support and supervision with a clinical supervisor. We provide flexible working.
Bad Publicity	We have policies and procedures in place which support and provide a framework to our daily operations. We have dedicated staff with expertise in health and safety and safeguarding. We work within the BACP ethical frameworks to ensure a quality service.
Loss of Major Funding	We work hard to maintain a diverse funding stream. Review and establish key funding relationships and ensure our reporting is of high standard. Our reviews take place every quarter, funding strategy in place, secure memberships in key groups/ influencers to peruse new income schemes and opportunities in the changing landscape.

Our Major Funders and Supporters

Garfield Weston FOUNDATION

CUMBRIA COMMUNITY FOUNDATION

PCC CUMBRIA

BBC Children in Need

Cumbria County Council

Sellafield Ltd SiX Social impact multiplied

The Henry Smith Charity founded in 1628

FCSCT FRANCIS C SCOTT CHARITABLE TRUST

The Edward Gostling Foundation

COPELAND COMMUNITY FUND

Allerdale GDF Community Partnership
Let's talk about geological disposal

BEDROCK TRANSFORMING WEST CUMBRIA

Sellafield Ltd

Thank you!

Financial review

The net funds for the year amounted to £(33,073). As of 31 March 2023, the charity had restricted funds of £139,853 (2022; £Nil) and unrestricted funds of £121,824 (2022; £Nil).

We are delighted to report that our funding is stable and are extremely grateful to our supporters, past and present., Francis C Scott, Garfield Weston, The Henry Smith Foundation, Cumbria Community Foundation, BBC Children in Need, The Allen Lane Foundation, CFM Cash for Kids, Cumbria Police Commissioner Fund, The Hadfield Trust, Sellafield Ltd, The Peel Trust, GDF Funding as well as several smaller grants from local businesspeople.

However, we cannot be complacent and are continuing to review the project's finances on a regular basis to identify any possible shortfalls and submit further applications necessary to ensure that this vital service continues to help the communities of West Cumbria.

We are committed to keeping our service free so that it remains accessible to everyone irrespective of their income. There are enough barriers in place already which deter victims and perpetrators of abuse from seeking help - we will not add ability to pay to that list.

Therefore, the service will always need to be paid for from sources other than fees charged to clients. In the past costs have been almost entirely met through grants from charities and funding agencies.

We believe this will continue to be the case for the foreseeable future. However, we will gear our organization up to bid for contracts which may be tendered by the Police, Health, Children's and Adult Social Services, the Home Office etc. We will respond to such opportunities on a full cost recovery basis.

In the meantime, we will support our Trustees and volunteers to become more pro-active in terms of fund-raising, including encouraging donations and business sponsorships.

Reserve's policy

WCDVS's reserves policy is to aim to have income equivalent to at least 3 months running costs that enables the organisation to meet both short term cash flow pressures and legal commitments in the event of the organisation being unable to continue to operate. The Board of Trustees keeps this policy under review as part of its ongoing monitoring of the financial needs of the organisation and management of risk.

Risk Management

The Trustees have a risk management strategy which composes: ~ review of the risks the charity may face, ~ the establishment of systems and procedures to mitigate those risks identified in the plan; and the implementation of procedures designed to minimise any potential impact on the charity should those risks materialise.

Plans for the Future

We have undertaken a fundamental review of the counselling service we offer and plan to expand our service offering to provide a broader service offering to our clients as well as embarking on a programme of education.

We have settled well into our new premises and are extremely proud of the environment we have created for our team and clients. We plan to hold open events to show case our facilities to our funders, supporters and other support services who share our vision of breaking the cycle of domestic abuse.

Our Trustee Board continues to mature with personal skills and knowledge contributing significantly to the success of the Charities activities

WEST CUMBRIA DOMESTIC VIOLENCE SUPPORT

TRUSTEES REPORT FOR THE YEAR ENDED 31ST MARCH 2023 (continued)

Statement of trustees' responsibilities

The trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of charity and of the incoming resources and application of resources of the charity for that year. In preparing these financial statements the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011 and the Charity (Accounts and Reports) Regulations 2008. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

L.M Bowen.....
On behalf of the board
L Bowen – Chairperson

Date 6th June 2023

I report on the accounts of West Cumbria Domestic Violence Support for the year ended 31 March 2023 as set out on pages 30 to 39.

Respective responsibilities of trustees and independent examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011, (the 2011 Act) does not apply and that an independent examination is needed. It is my responsibility to examine the accounts under section 145 of the 2011 Act, to follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act, and to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts and the report is limited to those matters set out in the statement below.

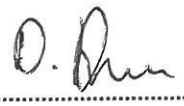
Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(i) which gives me reasonable cause to believe that in any material respect the requirements: - to keep proper accounting records in accordance with section 130 of the 2011 Act; and - to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act

have not been met; or

(ii) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



.....

Mr D Roper

Robinson Udale Ltd
Chartered Accountants and Registered Auditors
The Old Bank
41 King Street
Penrith
Cumbria
CA11 7AY

Date 19.6.2023

WEST CUMBRIA DOMESTIC VIOLENCE SUPPORT
FINANCIAL STATEMENTS
YEAR ENDED 31ST MARCH 2023

STATEMENT OF FINANCIAL ACTIVITIES

	Note	Unrestricted Funds	Restricted Funds	Total Funds 2023	Total Funds 2022

			£	£	£
INCOMING RESOURCES:					
Donations and Legacies	2	68,591	315,555	384,146	-
Income from investments	3	359	-	359	-
Income from Other Trading Activities	4	-	-	-	-
Other Income	5	7,483	-	7,483	-
Total Incoming Resources		76,433	315,555	391,988	-
RESOURCES EXPENDED					
Expenditure on :-					
Charitable activities	6	42,203	381,827	424,030	-
Fundraising activities	7	1,031	-	1,031	-
Total Resources Expended	8	43,234	381,827	425,061	-
Net income/(expenditure)		33,199	(66,272)	(33,073)	-
Transfer between funds		(-)	(-)	(-)	(-)
Net movement in funds		33,199	(66,272)	(33,073)	-
Reconciliation of funds					
Funds introduced		88,625	206,125	294,750	-
Funds carried forward		121,824	139,853	261,677	-

The statement of financial activities includes all gains and losses in the year.

All incoming resources and resources expended derive from continuing activities.

For prior years financial comparatives please refer to the charity with the registered name of West Cumbria Women to Women and the charity number is 1062365. The working names of the charity are West Cumbria Domestic Violence Support and The Freedom Project West Cumbria.

The notes on pages 33 to 39 form part of these accounts

BALANCE SHEET

	Note	£	2023 £	2022
FIXED ASSETS	12		15,795	-
CURRENT ASSETS				
Debtors	13	15,670		-
Cash at bank and in hand		238,698		-
		254,368		-
CREDITORS: Amounts falling due within one year	14	8,486		-
NET CURRENT ASSETS/(LIABILITIES)			245,882	-
			261,677	-
CREDITORS: Amounts falling due after more Than one year	15		(-)	(-)
NET ASSETS			£261,677	£-
FUNDS				
Restricted Income Funds	17		139,853	-
Unrestricted Income Funds			121,824	-
TOTAL FUNDS			£261,677	£-

These financial statements were approved by the trustees on 19.6.2023. and are signed on their behalf by:

H Bell
Trustee- Vice Chair

M Burns
Trustee- Treasurer

For prior years financial comparatives please refer to the charity with the registered name of West Cumbria Women to Women and the charity number is 1062365. The working names of the charity are West Cumbria Domestic Violence Support and The Freedom Project West Cumbria.

The notes on pages 33 to 39 form part of these accounts

STATEMENT OF CASH FLOWS FOR THE YEAR ENDED 31ST MARCH 2023

	2023 £	2022 £
Cash Used in Operating Activities		
Net movement in Funds	261,677	-
Add Back Depreciation Charge	2,952	-
Decrease/(Increase) in Debtors	(15,670)	-
(Decrease)/Increase in Creditors	8,486	-
Net Cash used in operating activities	257,445	-
Cash Flows from Investing Activities		
Fixed Assets Introduced	(10,385)	-
Purchase of Tangible Fixed Assets	(8,362)	-
Cash Provided By (Used In) Investing Activities	(18,747)	-
Increase in cash and cash equivalents in the Year	238,698	-
Cash and cash equivalents at the beginning of the Year	-	-
	238,698	-

For prior years financial comparatives please refer to the charity with the registered name of West Cumbria Women to Women and the charity number is 1062365. The working names of the charity are West Cumbria Domestic Violence Support and The Freedom Project West Cumbria.

The notes on pages 33 to 39 form part of these accounts

NOTES TO THE FINANCIAL STATEMENTS

1. ACCOUNTING POLICIES

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year and the preceding year.

Basis of accounting

The financial statements are prepared under the historical cost convention and in accordance with the Statement of Recommended Practice 'Accounting and Reporting by Charities' preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Effective 1 January 2015)-(Charities SORP(FRS 102)) and the Companies Act 2006.

The company constitutes a public benefit entity as defined by FRS102. The trustees consider that there are no material uncertainties about the company's ability to continue as a going concern.

Income

All income is included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

Voluntary income is received by way of grants, donations and gifts and is included in full in the statement of financial activities when receivable. Grants where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.

Donated services and facilities are included at the value to the charity where this can be quantified. The value of services provided by volunteers has not been included.

Gifts donated for resale are included as incoming resources within activities for generating funds when they are sold. Grants, including grants for the purchase of fixed assets, are recognised in full in the statement of financial activities in the year in which they are receivable.

Income from investments is included in the year in which it is receivable.

Expenditure

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered and is reported as part of the expenditure to which it relates.

Costs of generating funds comprise the costs associated with attracting voluntary income and the costs of trading for fundraising purposes including.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Support costs are those costs incurred directly in support of expenditure on the objects of the charity and include project management.

Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost less accumulated depreciation. Depreciation is provided at rates calculated to write off the cost less residual value of each asset over its expected useful life, as follows:

Leasehold properties -	Straight line over the life of the lease
Plant and machinery -	25% reducing balance
Fixtures, fittings and equipment -	25% reducing balance

2. DONATIONS AND LEGACIES

	Restricted Funds £	Unrestricted Funds £	Total Funds 2023 £	Total Funds 2022 £
Donations	-	18,678	18,678	-
Cumbria Community Foundation	20,000	-	20,000	-
Cumbria County Council	30,305	-	30,305	-
BBC Children In Need	31,264	-	31,264	-
Hadfield Trust	5,000	-	5,000	-
Cash For Kids	4,700	-	4,700	-
Copeland Community Fund	5,642	-	5,642	-
Police & Crime Commissioner Cumbria	29,531	-	29,531	-
Henry Smith	59,800	-	59,800	-
Morgan Sindall	5,000	-	5,000	-
Edward Gostling Foundation	10,000	-	10,000	-
GDF Funding	51,888	-	51,888	-
Clothworkers Foundation	7,400	-	7,400	-
Sellafield Snowball Fund	5,000	-	5,000	-
Bedrock Awards	25,025	-	25,025	-
Awards For All	10,000	-	10,000	-
Copeland Borough Council	5,000	-	5,000	-
Allerdale Borough Council	10,000	-	10,000	-
Just Giving	-	14,413	14,413	-
Francis C Scott	-	10,000	10,000	-
Garfield Weston Fund	-	15,000	15,000	-
29th May Charitable Trust	-	3,000	3,000	-
David and Ruth Lewis	-	7,500	7,500	
	315,555	68,591	384,146	-

3. INCOME FROM INVESTMENTS

	Unrestricted Funds	Restricted Funds	Total Funds 2023	Total Funds 2022
	£	£	£	£
Bank Interest Receivable	359	-	359	-
	359	-	359	-

4. INCOME FROM OTHER TRADING ACTIVITIES

	Unrestricted Funds	Restricted Funds	Total Funds 2023	Total Funds 2022
	£	£	£	£
Fundraising Events	-	-	-	-
	-	-	-	-

5. OTHER INCOME

	Unrestricted Funds	Restricted Funds	Total Funds 2023	Total Funds 2022
	£	£	£	£
Other Income	7,483	-	7,483	-
	7,483	-	7,483	-

6. COSTS OF CHARITABLE ACTIVITIES BY FUND TYPE

	Unrestricted Funds	Restricted Funds	Total 2023	Total 2022
	£	£	£	£
Domestic Violence Support	42,203	381,827	424,030	-
	42,203	381,827	424,030	-

7. COSTS OF FUNDRAISING

	Unrestricted Funds	Restricted Funds	Total 2023	Total 2022
	£	£	£	£
Fundraising Expenditure	1,031	-	1,031	-
	1,031	-	1,031	-

8 .COSTS OF CHARITABLE ACTIVITIES BY ACTIVITY

	Activities Undertaken Directly £	Support Costs £	Total 2023 £	Total 2022 £
Domestic Violence Support	425,061	-	425,061	-
	425,061	-	425,061	-

9. SUPPORT COSTS

	Total 2023 £	Total 2022 £
Wages	-	-
Legal and Professional fees	-	-
Office running costs	-	-
Premises Costs	-	-
Finance charges – Finance Lease	-	-
Depreciation	-	-
	-	-

The Board of Trustees is of the opinion that every cost incurred, no matter what the expense, goes directly towards supporting the victims. The support costs provide the infrastructure which enables the direct counselling service to be delivered to our service users.

10. STAFF COSTS

	Total 2023 £	Total 2022 £
Wages and Salaries	122,392	-
Employers National Insurance and Pension Contributions	7,996	-
	130,388	-

No employee received emoluments of more than £60,000 (2022: £Nil)

The average number of employees during the year, calculated on a full-time equivalent basis was as follows:

	2023 Number	2022 Number
Management staff	2	-
Administrative staff	4	-
Support Workers	2	-
Total	8	-

11. TRUSTEE'S EMOLUMENTS

The trustees neither received nor waived any emoluments during the year (2022: £Nil)

12. TANGIBLE FIXED ASSETS

	Short Leasehold Property £	IT Equipment £	Fixtures, Fittings & Equipment £	Total £
COST				
At 1st April 2022	-	-	-	-
Introduced	-	4,180	6,205	10,385
Additions	-	8,362	-	8,362
Donation Received	(-)	(-)	(-)	(-)
At 31st March 2023	-	12,542	6,205	18,747
DEPRECIATION				
At 1st April 2022				
Charge for the year	-	1,401	1,551	2,952
At 31st March 2023	-	1,401	1,551	2,592
NET BOOK VALUE				
At 31st March 2023	£Nil	£11,141	£4,654	£15,795
At 31st March 2022	£-	£-	£-	£-

12. TANGIBLE FIXED ASSETS (Cont)

Included in tangible fixed assets are assets held under finance leases or hire purchase contracts as follows:

	2023		2022	
Asset description	**Net Book Value**	**Depreciation Charge**	**Net Book Value**	**Depreciation Charge**
Fixtures, fittings, and equipment	£-	£-	£-	£-

13. DEBTORS

	2023 £	2022 £
Trade Debtors	12,972	-
Prepayments	2,698	-
	15,670	-

14. CREDITORS : (Amounts falling due within one year)

	2023 £	2022 £
Net Obligations under finance leases	-	-
Trade Creditors	5,748	-
Other Taxes and Social security Costs	1,094	-
Accruals and deferred income	1,644	-

	8,486	-
Deferred Income		
At 1st April 2022	-	-
Resources deferred in the year	-	-
Amounts released from previous year	-	-
Deferred Income at 31st March 2023	-	-

The deferred income at 31st March 2023 relates to donations received in advance

15. CREDITORS : (Amounts falling due after more than one year)

	2023	2022
	£	£
Net Obligations under finance leases	-	-
	-	-
Net Obligations under finance leases		
Repayable within one year	-	-
Repayable within two and five years	-	-
	-	-

16. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted Funds	Restricted Funds	Total Funds 2023	Total Funds 2022
	£	£	£	£
Tangible Fixed Assets	15,795	-	15,795	-
Current Assets	114,515	139,853	254,368	-
Current Liabilities	(8,486)	(-)	(8,486)	(-)
Long Term Liabilities	(-)	(-)	(-)	(-)
Net Assets at 31st March 2023	121,824	139,853	261,677	-

WEST CUMBRIA DOMESTIC VIOLENCE SUPPORT
FINANCIAL STATEMENTS
YEAR ENDED 31ST MARCH 2023

NOTES TO THE FINANCIAL STATEMENTS

17. RESTRICTED FUNDS

	Introduced At 1st April 2022	Incoming Resources	Outgoing Resources	At 31st March 2023
	£	£	£	£
Allerdale Borough Council	-	10,000	(2,499)	7,501
Copeland Borough Council	-	5,000	(-)	5,000
Cash For Kids	-	4,700	(4,700)	-
Awards For All	-	10,000	(2,500)	7,500
BBC Children In Need Kids Provision	12,245	31,264	(31,633)	11,876
Cumbria County Council	66,540	30,305	(82,273)	14,572

Copeland Community Fund	11,285	5,642	(16,927)	-
Bedrock Awards	-	25,025	(-)	25,025
Cumbria Community Foundation(NHS)	11,447	-	(11,447)	-
Cumbria Community Foundation	-	20,000	(8,333)	11,667
Hadfield Trust	-	5,000	(-)	5,000
GDF Funding	-	51,888	(51,876)	12
Henry Smith	19,935	59,800	(59,799)	19,936
Sellafield Ltd Grant	71,253	-	(67,540)	3,713
Sellafield Ltd Grant	12,900	-	(12,900)	-
Sellafield Snowball Fund	-	5,000	(5,000)	-
Morgan Sindall	-	5,000	(-)	5,000
Clothworkers Foundation	-	7,400	(7,400)	-
Edward Gostling	-	10,000	(-)	10,000
Copeland Community Fund	-		0	
Edward Gostling Trust	-		0	
Police & Crime Commissioner Cumbria	520	29,531	(17,000)	13,051
Sir Bernard & Lady Schreirer Trust	-	-	0	
The Peel Trust	-	-	0	
	206,125	315,555	(381,827)	139,853

Purposes of restricted funds
The purpose of the BBC Children in Need fund is to contribute towards the costs of our children's provision.

The purpose of Cumbria County Council grant is to fund an increase in service costs to meet increasing demand on our service.

The purpose of Copeland Community Fund is to be used against staff and support worker salaries.

The purpose of the Cumbria Community Foundation grants received was to part fund staff salaries and 1-1 counselling costs.

The purpose of Hadfield Trust fund is to be used against perpetrator project costs.

The purpose of the Henry Smith fund is to be used against staff salaries.

The purpose of Sellafield Ltd fund is to be used against running costs, counselling costs and our perpetrator project. Including 1-1 counselling and marketing/campaign costs.

The purpose of Edward Gosling Trust fund is to be used against counselling costs.

The purpose of Police & Crime Commissioners Cumbria fund is to be used against counselling costs.

The charity's general restricted funds are usually smaller grants/donations and are used as directed by the provider.

WEST CUMBRIA DOMESTIC VIOLENCE SUPPORT

England & Wales - Charity number 1187765

Accounts

West Cumbria Domestic Violence Support

CIO 1187765

Annual Accounts March end 2022

The CIO West Cumbria Domestic Violence support was not in operation during 1st April 2021 to 31st March 2022.

It had no staff and was not delivering services.

Income Received	0.00
Expenditure	0.00
Total	0.00

WEST CUMBRIA DOMESTIC VIOLENCE SUPPORT

England & Wales - Charity number 1187765

Accounts

West Cumbria Domestic Violence Support.

This charity is not in operation at the moment. It has no staff, no operational activities, no income or expenditure.