

REGISTERED CHARITY NUMBER: 1187761

**REPORT OF THE TRUSTEES AND UNAUDITED FINANCIAL STATEMENTS**

**FOR THE YEAR ENDED 31st December 2020**

**FOR FRIENDS OF THE ANXIETY DISORDERS RESIDENTIAL UNIT**

**FRIENDS OF THE ANXIETY DISORDERS RESIDENTIAL UNIT**

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## **FRIENDS OF THE ANXIETY DISORDERS RESIDENTIAL UNIT**

### **REPORT OF THE TRUSTEES** **FOR THE YEAR TO 31<sup>st</sup> DECEMBER 2020**

The trustees present their report with the financial statements of the charity for the year to 31<sup>st</sup> December 2020. The trustees have adopted the provisions of FRS 102 and the Charities SORP FRS 102 issues on 16 July 2014.

#### **REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Charity number**  
1187761

**Principal address**

Friends of the Anxiety Disorders Residential Unit  
Bethlem Royal Hospital  
Dower House  
Monks Orchard Road  
Beckenham  
BR3 3BX

**Trustees**

Prof David Veale (Chair)  
Ms Lisa Williams (Treasurer)  
Mr Howard Whale  
Dr Robert Medcalf  
Mr Keith Clapson  
Helen Jocelyn-Gadd  
Mr Joel Oliver

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

The Charity is a Charitable Incorporated Organisation with voting members other than its Charity Trustees, constituted under an "Association" Model Constitution and is a Registered Charity, number 118776.

**Recruitment and appointment of new trustees**

It will become necessary to look for individuals with an interest in the aims and objectives of the trust and approach them to become a trustee. A new trustee would be provided with a copy of the trust deed and have a meeting with the existing trustees to explain the aims and objectives of the trust.

## **FRIENDS OF THE ANXIETY DISORDERS RESIDENTIAL UNIT**

### **REPORT OF THE TRUSTEES** **FOR THE YEAR TO 31<sup>st</sup> DECEMBER 2020**

#### **Organisational structure**

The trustees meet at least four times a year, during which the trustees agree the broad strategy and areas of activity for the Trust, including consideration of fund-raising activities, investment, reserves and performance.

#### **Risk management**

The trustees have reviewed all major risks to which the charity is exposed, and systems have been established to mitigate these risks.

### **OBJECTIVES AND ACTIVITIES**

#### **Objectives and aims**

Our charity has a specific purpose to benefit residents at the Anxiety Disorders Residential Unit at the Bethlem Royal Hospital, Beckenham, Kent. It may also assist in the training and education of staff at the unit. We raise funds by donations and from charitable trusts. The objectives are to utilise funds within the charity.

#### **Grantmaking**

The trustees regularly discuss projects and consider areas to support by way of grant payments.

### **FINANCIAL REVIEW**

#### **Reserves policy**

The Charity currently has free reserves equal to the value of the Charity's unrestricted funds.

#### **Investment policy and objectives**

The Trust's current investment strategy is to hold all monetary assets with our bank, using short-term fiduciary placements to maximise interest received on deposits held.

During the year ended 31<sup>st</sup> December 2020 FADRU received voluntary unrestricted income of £1,100 and restricted income of £14,217. They expended £10,946 on charitable and governance activities for restricted projects and £443 on unrestricted projects resulting in an overall surplus of £3,928. The trustees received a grant of £9,300 from the National Lottery Fund and £2,585 from the Co-operative Community Fund to go towards our Horticulture projects. They also received £2000 from the Royal College of Psychiatrists for the Gut Café. The aim was to begin a horticultural programme with volunteers.

## **FRIENDS OF THE ANXIETY DISORDERS RESIDENTIAL UNIT**

### **REPORT OF THE TRUSTEES FOR THE YEAR TO 30 DECEMBER 2020**

The Friends of ADRU has had a successful inception. Our first project was to set up an allotment for residents. We did this with grants from the Lottery Fund and Co-operative Community Fund. Our long-term goal is for the allotment and Bethlem walled garden to provide the produce for residents to cook with. Our next project will be to develop a Guts Café for hospital staff and patients to purchase lunch snacks and coffee.

#### **TRUSTEES RESPONSIBILITY STATEMENT**

The trustees are responsible for preparing the Report of the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are responsible and prudent;
- state whether applicable accounting standards have been followed, subject to any departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees have overall responsibility for ensuring that the charity has appropriate systems of internal control across the entire organisation. The systems of internal control are designed to provide reasonable but not absolute assurance against material misstatement or loss.

The trustees are responsible for the maintenance and integrity of the charity and financial information included on the charity's website in accordance with legislation in the United Kingdom governing the preparation and dissemination of financial statements.

**REPORT OF THE TRUSTEES**  
**FOR THE YEAR TO 30 SEPTEMBER 2020**

**Statement as to Disclosure of Information to the Independent Examiner**

The trustees of the charity who held office at the date of approval of this report confirm that, so far as they are each aware, there is no relevant information of which the Independent Examiner is unaware and each trustee has taken all steps that they ought to have taken as a trustee to make themselves aware of any relevant information and to establish that the Independent Examiner is aware of that information.

No members have required the charity to obtain an audit of its accounts for the year in question in accordance with The Charities Act 2011 sec. 144(1)(audit). The trustees acknowledge their responsibility for:

- a) ensuring the charity keeps accounting records which comply with the Charities SORP (FRS 102); and
- b) preparing accounts which give a true and fair view of the state of affairs of the charity as at the end of its financial year and of its surplus or deficit for the financial year which comply with the requirements of the Charities SORP (FRS 102) relating to accounts, so far as applicable to the charity.

**Related parties**

The charity has no related parties, other than as disclosed in the notes to the financial statements. Approved by order of the board of trustees on 28<sup>th</sup> June 2021 and signed on its behalf by:

A handwritten signature in dark ink, appearing to read 'David Veale', with a long horizontal flourish extending to the right.

Professor David Veale - Trustee

**FRIENDS OF THE ANXIETY DISORDERS RESIDENTIAL UNIT**

**STATEMENT OF FINANCIAL ACTIVITIES**  
**FOR THE YEAR TO 30th DECEMBER 2020**

	<b>2020</b>		
	Unrestricted fund	Restricted fund	TOTAL
<b>INCOMING RESOURCES</b>			
Voluntary income	£1,100	£14,217	£15,317
	<hr/>	<hr/>	<hr/>
<b>RESOURCES EXPENDED</b>			
Charitable Activities	£ 443	£10,946	£11,389
	<hr/>	<hr/>	<hr/>
<b>NET INCOMING RESOURCES</b>	£ 657	£ 3,271	£ 3,928
<b>TOTAL FUNDS CARRIED FORWARD</b>	£ 657	£ 3,271	£ 3,928
	<hr/>	<hr/>	<hr/>

**Continuing operations**

All income and expenditure has arisen from continuing operations.

**FRIENDS OF THE ANXIETY DISORDERERS RESIDENTIAL UNIT**

**BALANCE SHEET**  
**AT 30<sup>th</sup> December 2020**

	2020
<b>CURRENT ASSETS</b>	
Cash at bank	£3,928
Prepayments and Debtors	£0
	<hr/> £3,928
<b>CREDITORS</b>	
Amounts falling within one year	£0
<b>NET CURRENT ASSETS</b>	<hr/> £3,928 <hr/>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>	<hr/> £3,928 <hr/>
<b>NET ASSETS</b>	<hr/> <u>£3,928</u> <hr/>
<b>FUNDS</b>	
Restricted funds	£ 3,271
Unrestricted funds	£ 657
<b>TOTAL FUNDS</b>	<hr/> <u>£ 3,928</u> <hr/>

The financial statements were approved by the Board of Trustees on 28<sup>th</sup> June 2021 and were signed on its behalf by:

Prof David Veale - Trustee



**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR TO 30<sup>th</sup> December 2020**

**ACCOUNTING POLICIES**

**Accounting convention**

The financial statements have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair' view. This departure has involved following the Charities SORP (FRS102) published on 16 July 2014 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

The financial statements have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes to the financial statements. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

The Foundation constitutes a public benefit entity as defined by FRS 102.

**Exemption from preparing a cash flow statement**

Exemption has been taken from preparing a cash flow statement on the grounds that the charity qualifies as a small charity.

**Incoming recognition Voluntary Donations**

All incoming resources are included in the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

**Expenditure recognition**

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

**Governance costs**

These comprise the costs of running the charity.

**Taxation**

The charity is exempt from tax on its charitable activities.

**Fund accounting**

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by the donor or trust deed. There is a restricted fund in respect of a Lottery Fund Grant and from the Co-operative Community Fund received during the current financial year. This fund was to be used specifically on setting up a Horticultural project.

We also received funds from the Royal College of Psychiatrists for setting up a Gut Café.

Unrestricted funds comprise those funds which the trustees are free to use for any purpose in furtherance of the charitable objects, which include designated funds where the trustees, at their discretion, have created a fund for a specific purpose.