



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	Day	Month	Year		Day	Month	Year
	01	01	2024		31	12	2024

Section A

Reference and administration details

Charity name

The Phoenix Coaching Trust

Other names charity is known by

Registered charity number (if any) 1187716

Charity's principal address

9 Chelmer Close

Bedford

Postcode

MK41 7YD

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Chloe Jessop	Fundraiser/Treasurer		
2	Susan Jessop	Chairman/Treasurer		
3	Katie Jessop	Secretary		
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Susan Jessop, Clerk to the Trustees

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Foundation Model Constitution of CIO
How the charity is constituted (eg. trust, association, company)	CIO
Trustee selection methods (eg. appointed by, elected by)	

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The objects of the CIO are:

- (1) To act as a resource for young people living particularly but not exclusively in Bedfordshire, by providing advice and assistance, and organising programmes of physical, educational and other activities as a means of:

- (a) Advancing in life and helping young people by developing their skills, capacities and capabilities to enable them to

participate in
society as independent, mature and responsible
individuals;
(b) Advancing education;
(c) Relieving unemployment

- (2) To develop the capacity and skills of the socially and economically disadvantaged living in Bedfordshire but not exclusively, in such a way that they are better able to identify, and help meet, their needs and to participate more fully in society.

As a charity we continue to establish ourselves and ensure all policies and procedures are in place and up to date.

Due to a reduction in availability of voluntary support the charity has been limited in our activity. This has given us the ability to focus on networking and forging connections.

We have continued to provide sponsorship to The Recovery Coach Academy to enable funding for 1:1 coaching for their client groups.

We have continued our support with The Kings Arms Project and have sponsored part of their third iteration of The ReVerb Project which took place in July 2024. This encourages those who may be at risk of being unheard to feel they have something to say that others will listen to - their voice matters. This also allows opportunities to support good mental health among those who may struggle to connect with groups and communities and help them feel they are part of a common goal

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grant making.
- policy programme related investment;
- contribution made by volunteers.

Section D

Achievements and performance

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

We have run our annual danceathon which continues to raise funds.

Via our fundraising activities we are now set up to provide the proven delivery method for the charities purpose. Our methods are established, and we have created connections that can deliver our charities core purpose.

Our focus this year has been to continue networking and build connections locally. We held a coffee and chat / meet the coaches where we invited groups / individuals with likeminded views to network and explore working together.

We have also engaged with local social media to create website design to expand our reach.

Section E Financial review

Brief statement of the charity's policy on reserves

Details of any funds materially in deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	S Jessop	
Full name(s)	Susan Jane Jessop	
Position (eg Secretary, Chair, etc)	Chair	
Date	24/06/2025	



CHARITY COMMISSION
FOR ENGLAND AND WALES

The Phoenix Coaching Trust

1187716

Receipts and payments accounts

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For the period from	Period start date 01/01/2024	To	Period end date 31/12/2024
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	1,361	-	-	1,361	476
Fundraising	545	-	-	545	6,407
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	1,906	-	-	1,906	6,883
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	1,906	-	-	1,906	6,883
A3 Payments					
Expenses	2,694	-	-	2,694	602
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	2,694	-	-	2,694	602
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	2,694	-	-	2,694	602
Net of receipts/(payments)	- 788	-	-	- 788	6,281
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	27,369	-	-	27,369	-
Cash funds this year end	26,581	-	-	26,581	6,281

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds			-	-
		-	-	-
		-	-	-
	Total cash funds	26,581	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	S Jessop	Susan Jessop	24/06/2025	