

2024-2025

# Annual Report



Charity  
Number  
1187671



The King's Award  
for Voluntary Service  
*The MBE for volunteer groups*




# Stroke is one of the biggest killers in the UK

- Stroke occurs approximately 152,000 times a year in the UK. That is one every three minutes and 27 seconds.
- There are about 1.5 million stroke survivors in the UK.
- In our locality alone, our health board has over 80 stroke admissions per month.
- Stroke is the largest cause of complex disability.
- We want to change how people think about this devastating disease.



We are a leading stroke group charity in the UK  
and we believe in life after stroke



WHAT WE DO,  
MATTERS!

**The aim of Neath Port Talbot Stroke Group is:**  
**To relieve the needs of people who have suffered a stroke, their carers and their family members in Neath Port Talbot by provision of recreation, social and other activities.**

## **Our values**

Our values are central to what we do and how we do it. They drive all of our work but also demonstrate what kind of organisation we want to be in the future.

**Professionalism:** Whatever our role we will all strive to be the best we can be and make sure that we have the knowledge and skills to carry out our roles effectively.

**Innovation:** We are always looking for new ways of doing things and encourage new ideas as they help to make our charity a success. We all have an important role to play in shaping our future so be inspired and share your ideas.

**Passion:** We are all passionate and proud about the cause that we represent and we will take every opportunity to promote our cause to others and improve the lives of people affected by stroke.



## Our areas of work

We provide weekly group meetings for anyone in our locality that has been affected by stroke.

We hold a free Warm Space Breakfast Club for all our attendees one hour before weekly group starts.

We enjoy regular social activities in the community such as walks in local green spaces, lunches out and day trips.

Annually we host a World Stroke Day Information Event for our locality.

We run regular fundraising events and activities.

We undertake blood pressure testing for weekly group attendees and during community events to raise stroke awareness.



# We are run solely by volunteers

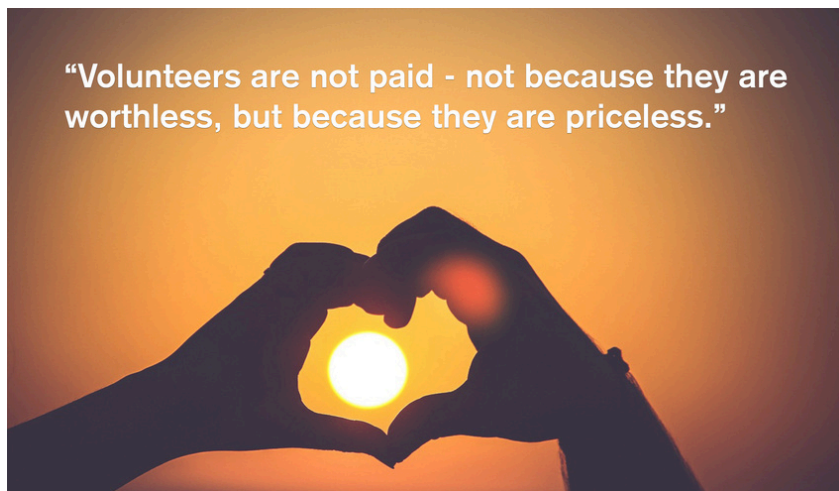


We have 18 incredible volunteers that are all attendees of the group. All our volunteers are either stroke survivors or loved ones and carers of stroke survivors.

4 of the volunteers are Trustees of the charity, who undertake the day to day running of the group and organising the activities and events.

Without our volunteers we would be unable to carry out the running of weekly group and events that we hold. Our volunteers are priceless.

"Volunteers are not paid - not because they are worthless, but because they are priceless."



# Kings Award for Voluntary Services



In November 2024 on King Charles III birthday, Neath Port Talbot Stroke Group was chose to receive the King's Award for Voluntary Service, recognising our 10 years of voluntary service in the community.

This is the highest honour a volunteer service can be given, equivalent to an MBE, and it is awarded for life. This award truly is a absolute testament to the hard work and commitment of Neath Port Talbot Stroke Groups 18 volunteers and we could not be prouder of them. It goes without saying that this is an incredible honour All our volunteers are stroke survivors or loved ones of stroke survivors.

"We are delighted, humbled and honoured to receive this award as we seek to make a positive difference to local stroke survivors and their loved ones". We thank all of our volunteers, for their unwavering support.

# Weekly Group Meetings



Our financial year that started in August 2024 and ended in July 2025 has been healthy and prosperous.

We have had an influx of new members who found themselves very isolated and depressed as they suffered their stroke and were left with no support. Our weekly group meetings are attended by approx. 60-90 stroke survivors, their loved ones and carers.

At weekly group we hold a huge array of activities for our attendees to get involved with. Whether its just a cup of tea and a chat, a quiz, arts and crafts, silly games, talks of interest, information sharing of local services available to our attendees, there is always something to get involved in.

Each week we also offer a FREE warm space breakfast an hour before group starts. Attendees can enjoy a chat over breakfast and a cuppa ensuring they have eaten and taken medications on a full stomach.



## Social Events & Activities

We have enjoyed a day trip out to Bourton on the Water in the Cotswolds, lunches out together, golf at a driving range, a Comedy night, evening meals, a trip away for 2 nights to Birmingham Christmas Market and we watched the Pantomime Jack & The Beanstalk in Swansea Grand Theater. The purpose in providing these events is to engage stroke survivors and their loved ones in activities they would no longer feel able to do post stroke. By attending these events with the group a new confidence is found and a new social life for all who get involved.

The huge majority of these events and meals were subsidised by our group finances to make them affordable to our attendees.





# World Stroke Day Information Event

To mark World Stroke Day in October, annually we hold a World Stroke Day Information Event at Aberavon Beach Hotel, Port Talbot. This event is held for any stroke survivor and their loved ones to attend free of charge. We have over 50 exhibitors from Third Sector organisations, NHS services and private organisations. The exhibitors are all chosen as they provide services that can help stroke survivors and their loved ones in our locality.

We have stroke specific speakers during the day and a free packed lunch. Our event in 2024 was attended by over 350 guests, many of who are dignitaries. Our volunteers welcomed and registered every attendee, provided 300 lunches and made nearly 1000 teas and coffees.

This is an excellent event not only for stroke survivors but as a networking event for all the organisations in attendance to see what help is available in our community.

This event costs approx £1300 for us to host annually.



# NPT WASP (Wellbeing After Stroke Project)

NPT WASP (Wellbeing After Stroke Project) is the first of its kind service in the UK supporting stroke survivors their loved ones carers and family members with their mental health and wellbeing post stroke. This is a partnership between NPT Stroke Group and NPT Mind and funded by the National Lottery.

The partnership designed a 3 year project employing 6 members of staff to deliver NPT WASP. The project includes one to one counselling, therapeutic groups, a pathfinder to help signpost to local services and a project lead.

The project was launched in September 2023 with a target of reaching 290 people annually. At the end of July 2024 we had exceeded these targets. In the first 12 months the service supported 356 people!

Stroke survivors – 158

Loved ones/Carers – 97

Family members– 101



# Income



A large part of our funding this year was from NPT Council Third Sector Grant and donations made from the public. Grants enable us to subsidise our event cost to attendees. We provide interesting and varied activities at weekly group. Grants help with room hire costs and administration and volunteer costs. We received £6250 in the form of a grant from NPT Council Third Sector Grant.

We also rely on weekly contributions from our attendees in the form of subsidies £9,002.52 We are incredibly grateful to receive many types of donations during the year of which we received £6,895.77

We have held fundraising psychic nights for the general public to attend a sponsored walk, a comedy night and a Christmas hamper raffle to raise funds. Fundraising activities and events totalled £10,627.20

Our overall annual income was £48,794.75.



# Raising Funds

This financial year has proved to be the hardest to obtain grants and to raise funds . The vast majority of funders will only fund new projects which we have been extremely successful with in the past. Now as we are in our 11<sup>th</sup> year we need core funding, of which grants are not so readily available. We were thrilled to have been funded this year by NPT Council Third Sector Grant

We have also noticed a decline in people attending our fundraising events. To tackle this financial problem we now have a weekly 'lucky dip fundraiser' in group which raises approx £1500 per annum and we hold 2 fundraisers a year at group. We had an extremely successful Race Day and a Disco Beats Bingo fundraiser. Raising over £1500

This year we held our first ever 'Stroll for Stroke Sponsored Walk'. We were disappointed at the attendance but for those that did brave the weather and attend we raised an incredible £1500.



# Donations



It is deeply important to us to acknowledge the donations that are kindly made to our group. There are so many reasons people choose to donate to NPTSG. These are some of the organisations that have donated to us during the past year.

Briton Ferry Community Shop  
Soroptomist International Port Talbot  
St Peters Church & Keys Club  
Cwmtawe Dental Practice  
Co-op  
Tai Tarian  
Borough Arms, Henry Street, Melyn

A large number of donations are made to us 'In loving memory'. We honour these donations made in memory by continuing to support any stroke survivor and their loved ones in our community that needs our support.

# Expenses

Running our weekly group includes costs such as, room hire, tea, coffee, breakfast club totaled £5,576.33

Activities for attendees to participate in cost £5,830.16.  
Legal costs such as insurance, accounting fees, volunteer training costs totaled £4,270.17

A large expense this year was the provision of free or subsidised activities. These included golf at a driving range, free lunches, a day trip to Bourton on the Water, pantomime Jack and the Beanstalk, a cruise on the river Tawe and Christmas lunch. Or annual expense for these was £7758.19

Overall our annual expenditure was £36,995.26.





# Neath Port Talbot Stroke Group

Join us:  
Wednesdays 9am to 12pm  
Briton Ferry  
Community Hall,  
Briton Ferry  
Neath SA11 2NS

0333 358 0344  
[info@nptsg.org.uk](mailto:info@nptsg.org.uk)  
[www.nptsg.org.uk](http://www.nptsg.org.uk)



Wellbeing After Stroke Project  
  
**NPT WASP**

If you would like help from  
NPT WASP please contact:

NPT Mind  
21 London Road  
Neath  
Contact  
Rachel 07541-760872  
or email  
[rachel@nptmind.org.uk](mailto:rachel@nptmind.org.uk)

**NEATH PORT TALBOT STROKE GROUP**  
**Company Limited by Guarantee**  
**Unaudited Financial Statements**  
**31 July 2025**

# NEATH PORT TALBOT STROKE GROUP

Company Limited by Guarantee

Financial Statements

Year ended 31 July 2025

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# NEATH PORT TALBOT STROKE GROUP

## Company Limited by Guarantee

## Trustees' Annual Report (Incorporating the Director's Report)

### Year ended 31 July 2025

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The trustees, who are also the directors for the purposes of company law, present their report and the unaudited financial statements of the charity for the year ended 31 July 2025.

#### Reference and administrative details

<b>Registered charity name</b>	NEATH PORT TALBOT STROKE GROUP
<b>Charity registration number</b>	1187671
<b>Company registration number</b>	CE020500
<b>Principal office and registered office</b>	33 New Road Cilfrew Neath SA10 8LL

#### The trustees

E Day  
P Thompson  
h Gammond  
M Casagrande

<b>Accountants</b>	Gordon Down & Company Limited Accountants & Business Advisors 144 Walter Road Swansea SA1 5RW
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#### Structure, governance and management

The charity is operated under the rules of its CIO Association adopted 30/01/20

Trustees are voted in at a committee meeting and agree to serve and adopt all policies.

#### Objectives and activities

The objects of the CIO are to relieve the needs of people who have suffered a stroke, their carers and their family members in Neath Port Talbot by provision of recreation, social and other activities in the interests of social welfare.

#### Achievements and performance

Provision of social activities for our attendants to participate in. These are at our weekly group meetings and further social activities such as day trips or evening events

# NEATH PORT TALBOT STROKE GROUP

**Company Limited by Guarantee**

**Trustees' Annual Report (Incorporating the Director's Report) *(continued)***

**Year ended 31 July 2025**

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## **Financial review**

### **The charity's policy on reserves**

We keep a minimum reserve of three months expenses in case we need them. The reserves can always be topped up if we have sufficient funds in our current account.

### **Small company provisions**

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

The trustees' annual report was approved on 15 August 2025 and signed on behalf of the board of trustees by:

E Day  
Trustee

# NEATH PORT TALBOT STROKE GROUP

Company Limited by Guarantee

## Statement of Financial Activities (including income and expenditure account)

Year ended 31 July 2025

			2025		2024
	Note	Unrestricted funds £	Restricted funds £	Total funds £	Total funds £
<b>Income and endowments</b>					
Donations and legacies	5	7,096	6,250	13,346	20,964
Charitable activities	6	26,446	–	26,446	30,959
Other trading activities	7	9,003	–	9,003	7,289
<b>Total income</b>		<u>42,545</u>	<u>6,250</u>	<u>48,795</u>	<u>59,212</u>
<b>Expenditure</b>					
Expenditure on charitable activities	8,9	<u>28,935</u>	<u>10,000</u>	<u>38,935</u>	<u>48,428</u>
<b>Total expenditure</b>		<u>28,935</u>	<u>10,000</u>	<u>38,935</u>	<u>48,428</u>
<b>Net income and net movement in funds</b>		<u>13,610</u>	<u>(3,750)</u>	<u>9,860</u>	<u>10,784</u>
<b>Reconciliation of funds</b>					
Total funds brought forward		<u>47,455</u>	<u>10,000</u>	<u>57,455</u>	<u>46,671</u>
<b>Total funds carried forward</b>		<u>61,065</u>	<u>6,250</u>	<u>67,315</u>	<u>57,454</u>

The statement of financial activities includes all gains and losses recognised in the year.  
All income and expenditure derive from continuing activities.

The notes on pages 5 to 11 form part of these financial statements.

# NEATH PORT TALBOT STROKE GROUP

## Company Limited by Guarantee

### Statement of Financial Position

31 July 2025

	Note	2025 £	2024 £
<b>Current assets</b>			
Cash at bank and in hand		67,765	58,085
<b>Creditors: amounts falling due within one year</b>	<b>12</b>	450	630
<b>Net current assets</b>		67,315	57,455
<b>Total assets less current liabilities</b>		67,315	57,455
<b>Net assets</b>		67,315	57,455
<b>Funds of the charity</b>			
Restricted funds		6,250	10,000
Unrestricted funds		61,065	47,454
<b>Total charity funds</b>	<b>13</b>	67,315	57,454

For the year ending 31 July 2025 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

These financial statements were approved by the board of trustees and authorised for issue on 15 August 2025, and are signed on behalf of the board by:

E Day  
Trustee

The notes on pages 5 to 11 form part of these financial statements.



# NEATH PORT TALBOT STROKE GROUP

## Company Limited by Guarantee

## Notes to the Financial Statements

Year ended 31 July 2025

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### 1. General information

The charity is a public benefit entity and a private company limited by guarantee, registered in England and Wales and a registered charity in England and Wales. The address of the registered office is 33 New Road, Cilfrew, Neath, SA10 8LL.

### 2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Companies Act 2006.

### 3. Accounting policies

#### Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

#### Going concern

There are no material uncertainties about the charity's ability to continue.

#### Judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

#### Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal, and fall into one of two sub-classes: restricted income funds or endowment funds.

# NEATH PORT TALBOT STROKE GROUP

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

Year ended 31 July 2025

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#### 3. Accounting policies *(continued)*

##### Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

##### Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

##### Financial instruments

A financial asset or a financial liability is recognised only when the charity becomes a party to the contractual provisions of the instrument.

# NEATH PORT TALBOT STROKE GROUP

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

Year ended 31 July 2025

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#### 3. Accounting policies *(continued)*

##### Financial instruments *(continued)*

Basic financial instruments are initially recognised at the amount receivable or payable including any related transaction costs.

Current assets and current liabilities are subsequently measured at the cash or other consideration expected to be paid or received and not discounted.

Debt instruments are subsequently measured at amortised cost.

Where investments in shares are publicly traded or their fair value can otherwise be measured reliably, the investment is subsequently measured at fair value with changes in fair value recognised in income and expenditure. All other such investments are subsequently measured at cost less impairment.

Other financial instruments, including derivatives, are initially recognised at fair value, unless payment for an asset is deferred beyond normal business terms or financed at a rate of interest that is not a market rate, in which case the asset is measured at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Other financial instruments are subsequently measured at fair value, with any changes recognised in the statement of financial activities, with the exception of hedging instruments in a designated hedging relationship.

Financial assets that are measured at cost or amortised cost are reviewed for objective evidence of impairment at the end of each reporting date. If there is objective evidence of impairment, an impairment loss is recognised under the appropriate heading in the statement of financial activities in which the initial gain was recognised.

For all equity instruments regardless of significance, and other financial assets that are individually significant, these are assessed individually for impairment. Other financial assets are either assessed individually or grouped on the basis of similar credit risk characteristics.

Any reversals of impairment are recognised immediately, to the extent that the reversal does not result in a carrying amount of the financial asset that exceeds what the carrying amount would have been had the impairment not previously been recognised.

#### 4. Limited by guarantee

The Charity company is limited by guarantee.

#### 5. Donations and legacies

	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £
<b>Donations</b>			
Donations	7,096	—	7,096

# NEATH PORT TALBOT STROKE GROUP

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 July 2025

## 5. Donations and legacies *(continued)*

	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £
<b>Grants</b>			
Lottery grant	—	—	—
NPTCBC Third Sector grant	—	6,250	6,250
	<u>7,096</u>	<u>6,250</u>	<u>13,346</u>
	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
<b>Donations</b>			
Donations	10,964	—	10,964
<b>Grants</b>			
Lottery grant	—	10,000	10,000
NPTCBC Third Sector grant	—	—	—
	<u>10,964</u>	<u>10,000</u>	<u>20,964</u>

## 6. Charitable activities

	Unrestricted Funds £	Total Funds 2025 £	Unrestricted Funds £	Total Funds 2024 £
Raffles	3,606	3,606	2,972	2,972
Fundraising events	8,824	8,824	12,991	12,991
Fundraising activities	1,803	1,803	2,368	2,368
F&B cost takings	7,645	7,645	8,164	8,164
Event cost takings	4,568	4,568	4,464	4,464
	<u>26,446</u>	<u>26,446</u>	<u>30,959</u>	<u>30,959</u>

## 7. Other trading activities

	Unrestricted Funds £	Total Funds 2025 £	Unrestricted Funds £	Total Funds 2024 £
Subscriptions	<u>9,003</u>	<u>9,003</u>	<u>7,289</u>	<u>7,289</u>



# NEATH PORT TALBOT STROKE GROUP

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

Year ended 31 July 2025

#### 8. Expenditure on charitable activities by fund type

	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £
Activity type 1	28,484	10,000	38,484
Support costs	451	—	451
	<u>28,935</u>	<u>10,000</u>	<u>38,935</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Activity type 1	47,201	—	47,201
Support costs	1,228	—	1,227
	<u>48,429</u>	<u>—</u>	<u>48,428</u>

#### 9. Expenditure on charitable activities by activity type

	Activities undertaken directly £	Grant funding of activities £	Support costs £	Total funds 2025 £	Total fund 2024 £
Activity type 1	37,709	775	—	38,484	47,201
Governance costs	—	—	451	451	1,227
	<u>37,709</u>	<u>775</u>	<u>451</u>	<u>38,935</u>	<u>48,428</u>

#### 10. Staff costs

The average head count of employees during the year was Nil (2024: Nil).

No employee received employee benefits of more than £60,000 during the year (2024: Nil).

#### 11. Trustee remuneration and expenses

No remuneration or other benefits from employment with the charity or a related entity were received by the trustees.

#### 12. Creditors: amounts falling due within one year

	2025 £	2024 £
Accruals and deferred income	<u>450</u>	<u>630</u>

# NEATH PORT TALBOT STROKE GROUP

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 July 2025

## 13. Analysis of charitable funds

### Unrestricted funds

	At 1 August 2024	Income £	Expenditure £	At 31 July 2025 £
General funds	£ 47,455	£ 42,545	£ (28,935)	£ 61,065

	At 1 August 2023	Income £	Expenditure £	At 31 July 2024 £
General funds	£ 46,671	£ 49,212	£ (48,429)	£ 47,454

### Restricted funds

	At 1 August 2024	Income £	Expenditure £	At 31 July 2025 £
Lottery grant	£ 10,000	£ –	£ (10,000)	£ –
NPTCBC Third Sector Grant	–	6,250	–	6,250
	£ 10,000	£ 6,250	£ (10,000)	£ 6,250

	At 1 August 2023	Income £	Expenditure £	At 31 July 2024 £
Lottery grant	£ –	£ 10,000	£ –	£ 10,000
NPTCBC Third Sector Grant	–	–	–	–
	£ –	£ 10,000	£ –	£ 10,000

# NEATH PORT TALBOT STROKE GROUP

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 July 2025

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## 14. Analysis of net assets between funds

	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £
Current assets	61,515	6,250	67,765
Creditors less than 1 year	(450)	—	(450)
<b>Net assets</b>	<u>61,065</u>	<u>6,250</u>	<u>67,315</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Current assets	48,085	10,000	58,085
Creditors less than 1 year	(630)	—	(630)
<b>Net assets</b>	<u>47,455</u>	<u>10,000</u>	<u>57,455</u>

# **NEATH PORT TALBOT STROKE GROUP**

**Company Limited by Guarantee**

**Management Information**

**Year ended 31 July 2025**

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**The following pages do not form part of the financial statements.**

# NEATH PORT TALBOT STROKE GROUP

## Company Limited by Guarantee

### Detailed Statement of Financial Activities

Year ended 31 July 2025

	2025 £	2024 £
<b>Income and endowments</b>		
<b>Donations and legacies</b>		
Donations	7,096	10,964
Lottery grant	–	10,000
NPTCBC Third Sector grant	6,250	–
	<u>13,346</u>	<u>20,964</u>
<b>Charitable activities</b>		
Raffles	3,606	2,972
Fundraising events	8,824	12,991
Fundraising activities	1,803	2,368
F&B cost takings	7,645	8,164
Event cost takings	4,568	4,464
	<u>26,446</u>	<u>30,959</u>
<b>Other trading activities</b>		
Subscriptions	9,003	7,289
	<u>9,003</u>	<u>7,289</u>
<b>Total income</b>	<u>48,795</u>	<u>59,212</u>
<b>Expenditure</b>		
<b>Expenditure on charitable activities</b>		
Rent	3,024	3,120
Insurance	305	290
Legal and professional fees	451	1,427
Other office costs	744	1,919
Donations to charities	775	–
F & B ticket costs etc	5,628	8,916
Gifts and raffles	838	3,066
Fundraising	–	126
WSD expenses	1,217	1,854
Event cost	6,349	6,592
Milk fruit etc	2,552	2,801
Free lunches etc	908	789
Volunteer expenses	3,335	1,757
Daytime activity costs	5,946	6,040
Group costs/zoom	6,863	9,731
	<u>38,935</u>	<u>48,428</u>
<b>Total expenditure</b>	<u>38,935</u>	<u>48,428</u>



# NEATH PORT TALBOT STROKE GROUP

Company Limited by Guarantee

Detailed Statement of Financial Activities *(continued)*

Year ended 31 July 2025

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	2025 £	2024 £
Net income	<u>9,860</u>	<u>10,784</u>

# NEATH PORT TALBOT STROKE GROUP

Company Limited by Guarantee

## Notes to the Detailed Statement of Financial Activities

Year ended 31 July 2025

	2025 £	2024 £
<b>Expenditure on charitable activities</b>		
<b>Activity type 1</b>		
<b><i>Activities undertaken directly</i></b>		
Rent & running costs	3,024	3,120
Insurance	305	290
Legal and professional fees	—	200
Printing postage and stationery	744	1,919
F & B ticket costs etc	5,628	8,916
Gifts and raffles	838	3,066
Fundraising	—	126
WSD expenses	1,217	1,854
Event cost	6,349	6,592
Milk fruit etc	2,552	2,801
Free lunches etc	908	789
Volunteer expenses	3,335	1,757
Daytime activity costs	5,946	6,040
Group costs/zoom	6,863	9,731
	<u>37,709</u>	<u>47,201</u>
<b><i>Grant funding activities</i></b>		
Donations to charities	775	—
	<u>775</u>	<u>—</u>
<b>Governance costs</b>		
Governance costs - accountancy fees	451	1,227
	<u>451</u>	<u>1,227</u>
<b>Expenditure on charitable activities</b>	<u>38,935</u>	<u>48,428</u>

**NEATH PORT TALBOT STROKE GROUP**  
**Company Limited by Guarantee**  
**Unaudited Financial Statements**  
**31 July 2025**

**GORDON DOWN & COMPANY LIMITED**

Accountants & Business Advisors  
144 Walter Road  
Swansea  
SA1 5RW

# NEATH PORT TALBOT STROKE GROUP

Company Limited by Guarantee

Financial Statements

Year ended 31 July 2025

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Statement of financial activities (including income and expenditure account)	<b>3</b>
Statement of financial position	<b>4</b>
Notes to the financial statements	<b>5</b>
<b>The following pages do not form part of the financial statements</b>	
Detailed statement of financial activities	<b>13</b>
Notes to the detailed statement of financial activities	<b>15</b>

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# NEATH PORT TALBOT STROKE GROUP

## Company Limited by Guarantee

## Trustees' Annual Report (Incorporating the Director's Report)

### Year ended 31 July 2025

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The trustees, who are also the directors for the purposes of company law, present their report and the unaudited financial statements of the charity for the year ended 31 July 2025.

#### Reference and administrative details

<b>Registered charity name</b>	NEATH PORT TALBOT STROKE GROUP
<b>Charity registration number</b>	1187671
<b>Company registration number</b>	CE020500
<b>Principal office and registered office</b>	33 New Road Cilfrew Neath SA10 8LL

#### The trustees

E Day  
P Thompson  
h Gammond  
M Casagrande

<b>Accountants</b>	Gordon Down & Company Limited Accountants & Business Advisors 144 Walter Road Swansea SA1 5RW
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#### Structure, governance and management

The charity is operated under the rules of its CIO Association adopted 30/01/20

Trustees are voted in at a committee meeting and agree to serve and adopt all policies.

#### Objectives and activities

The objects of the CIO are to relieve the needs of people who have suffered a stroke, their carers and their family members in Neath Port Talbot by provision of recreation, social and other activities in the interests of social welfare.

#### Achievements and performance

Provision of social activities for our attendants to participate in. These are at our weekly group meetings and further social activities such as day trips or evening events



# NEATH PORT TALBOT STROKE GROUP

**Company Limited by Guarantee**

**Trustees' Annual Report (Incorporating the Director's Report) *(continued)***

**Year ended 31 July 2025**

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## **Financial review**

### **The charity's policy on reserves**

We keep a minimum reserve of three months expenses in case we need them. The reserves can always be topped up if we have sufficient funds in our current account.

### **Small company provisions**

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

The trustees' annual report was approved on 15 August 2025 and signed on behalf of the board of trustees by:

E Day  
Trustee

# NEATH PORT TALBOT STROKE GROUP

Company Limited by Guarantee

## Statement of Financial Activities (including income and expenditure account)

Year ended 31 July 2025

			2025		2024
	Note	Unrestricted funds £	Restricted funds £	Total funds £	Total funds £
<b>Income and endowments</b>					
Donations and legacies	5	7,096	6,250	13,346	20,964
Charitable activities	6	26,446	–	26,446	30,959
Other trading activities	7	9,003	–	9,003	7,289
<b>Total income</b>		<u>42,545</u>	<u>6,250</u>	<u>48,795</u>	<u>59,212</u>
<b>Expenditure</b>					
Expenditure on charitable activities	8,9	<u>28,935</u>	<u>10,000</u>	<u>38,935</u>	<u>48,428</u>
<b>Total expenditure</b>		<u>28,935</u>	<u>10,000</u>	<u>38,935</u>	<u>48,428</u>
<b>Net income and net movement in funds</b>		<u>13,610</u>	<u>(3,750)</u>	<u>9,860</u>	<u>10,784</u>
<b>Reconciliation of funds</b>					
Total funds brought forward		<u>47,455</u>	<u>10,000</u>	<u>57,455</u>	<u>46,671</u>
<b>Total funds carried forward</b>		<u>61,065</u>	<u>6,250</u>	<u>67,315</u>	<u>57,454</u>

The statement of financial activities includes all gains and losses recognised in the year.  
All income and expenditure derive from continuing activities.

The notes on pages 5 to 11 form part of these financial statements.

# NEATH PORT TALBOT STROKE GROUP

## Company Limited by Guarantee

### Statement of Financial Position

31 July 2025

	Note	2025 £	2024 £
<b>Current assets</b>			
Cash at bank and in hand		67,765	58,085
<b>Creditors: amounts falling due within one year</b>	<b>12</b>	450	630
<b>Net current assets</b>		67,315	57,455
<b>Total assets less current liabilities</b>		67,315	57,455
<b>Net assets</b>		67,315	57,455
<b>Funds of the charity</b>			
Restricted funds		6,250	10,000
Unrestricted funds		61,065	47,454
<b>Total charity funds</b>	<b>13</b>	67,315	57,454

For the year ending 31 July 2025 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

These financial statements were approved by the board of trustees and authorised for issue on 15 August 2025, and are signed on behalf of the board by:

E Day  
Trustee

The notes on pages 5 to 11 form part of these financial statements.

# NEATH PORT TALBOT STROKE GROUP

## Company Limited by Guarantee

## Notes to the Financial Statements

Year ended 31 July 2025

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### 1. General information

The charity is a public benefit entity and a private company limited by guarantee, registered in England and Wales and a registered charity in England and Wales. The address of the registered office is 33 New Road, Cilfrew, Neath, SA10 8LL.

### 2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Companies Act 2006.

### 3. Accounting policies

#### Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

#### Going concern

There are no material uncertainties about the charity's ability to continue.

#### Judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

#### Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal, and fall into one of two sub-classes: restricted income funds or endowment funds.

# NEATH PORT TALBOT STROKE GROUP

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

Year ended 31 July 2025

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#### 3. Accounting policies *(continued)*

##### Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

##### Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

##### Financial instruments

A financial asset or a financial liability is recognised only when the charity becomes a party to the contractual provisions of the instrument.

# NEATH PORT TALBOT STROKE GROUP

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

Year ended 31 July 2025

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#### 3. Accounting policies *(continued)*

##### Financial instruments *(continued)*

Basic financial instruments are initially recognised at the amount receivable or payable including any related transaction costs.

Current assets and current liabilities are subsequently measured at the cash or other consideration expected to be paid or received and not discounted.

Debt instruments are subsequently measured at amortised cost.

Where investments in shares are publicly traded or their fair value can otherwise be measured reliably, the investment is subsequently measured at fair value with changes in fair value recognised in income and expenditure. All other such investments are subsequently measured at cost less impairment.

Other financial instruments, including derivatives, are initially recognised at fair value, unless payment for an asset is deferred beyond normal business terms or financed at a rate of interest that is not a market rate, in which case the asset is measured at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Other financial instruments are subsequently measured at fair value, with any changes recognised in the statement of financial activities, with the exception of hedging instruments in a designated hedging relationship.

Financial assets that are measured at cost or amortised cost are reviewed for objective evidence of impairment at the end of each reporting date. If there is objective evidence of impairment, an impairment loss is recognised under the appropriate heading in the statement of financial activities in which the initial gain was recognised.

For all equity instruments regardless of significance, and other financial assets that are individually significant, these are assessed individually for impairment. Other financial assets are either assessed individually or grouped on the basis of similar credit risk characteristics.

Any reversals of impairment are recognised immediately, to the extent that the reversal does not result in a carrying amount of the financial asset that exceeds what the carrying amount would have been had the impairment not previously been recognised.

#### 4. Limited by guarantee

The Charity company is limited by guarantee.

#### 5. Donations and legacies

	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £
<b>Donations</b>			
Donations	7,096	–	7,096



# NEATH PORT TALBOT STROKE GROUP

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 July 2025

## 5. Donations and legacies *(continued)*

	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £
<b>Grants</b>			
Lottery grant	—	—	—
NPTCBC Third Sector grant	—	6,250	6,250
	<u>7,096</u>	<u>6,250</u>	<u>13,346</u>
	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
<b>Donations</b>			
Donations	10,964	—	10,964
<b>Grants</b>			
Lottery grant	—	10,000	10,000
NPTCBC Third Sector grant	—	—	—
	<u>10,964</u>	<u>10,000</u>	<u>20,964</u>

## 6. Charitable activities

	Unrestricted Funds £	Total Funds 2025 £	Unrestricted Funds £	Total Funds 2024 £
Raffles	3,606	3,606	2,972	2,972
Fundraising events	8,824	8,824	12,991	12,991
Fundraising activities	1,803	1,803	2,368	2,368
F&B cost takings	7,645	7,645	8,164	8,164
Event cost takings	4,568	4,568	4,464	4,464
	<u>26,446</u>	<u>26,446</u>	<u>30,959</u>	<u>30,959</u>

## 7. Other trading activities

	Unrestricted Funds £	Total Funds 2025 £	Unrestricted Funds £	Total Funds 2024 £
Subscriptions	<u>9,003</u>	<u>9,003</u>	<u>7,289</u>	<u>7,289</u>

# NEATH PORT TALBOT STROKE GROUP

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

Year ended 31 July 2025

#### 8. Expenditure on charitable activities by fund type

	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £
Activity type 1	28,484	10,000	38,484
Support costs	451	—	451
	<u>28,935</u>	<u>10,000</u>	<u>38,935</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Activity type 1	47,201	—	47,201
Support costs	1,228	—	1,227
	<u>48,429</u>	<u>—</u>	<u>48,428</u>

#### 9. Expenditure on charitable activities by activity type

	Activities undertaken directly £	Grant funding of activities £	Support costs £	Total funds 2025 £	Total fund 2024 £
Activity type 1	37,709	775	—	38,484	47,201
Governance costs	—	—	451	451	1,227
	<u>37,709</u>	<u>775</u>	<u>451</u>	<u>38,935</u>	<u>48,428</u>

#### 10. Staff costs

The average head count of employees during the year was Nil (2024: Nil).

No employee received employee benefits of more than £60,000 during the year (2024: Nil).

#### 11. Trustee remuneration and expenses

No remuneration or other benefits from employment with the charity or a related entity were received by the trustees.

#### 12. Creditors: amounts falling due within one year

	2025 £	2024 £
Accruals and deferred income	<u>450</u>	<u>630</u>

# NEATH PORT TALBOT STROKE GROUP

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 July 2025

## 13. Analysis of charitable funds

### Unrestricted funds

	At 1 August 2024	Income £	Expenditure £	At 31 July 2025 £
General funds	£ 47,455	£ 42,545	£ (28,935)	£ 61,065

	At 1 August 2023	Income £	Expenditure £	At 31 July 2024 £
General funds	£ 46,671	£ 49,212	£ (48,429)	£ 47,454

### Restricted funds

	At 1 August 2024	Income £	Expenditure £	At 31 July 2025 £
Lottery grant	£ 10,000	£ –	£ (10,000)	£ –
NPTCBC Third Sector Grant	–	6,250	–	6,250
	£ 10,000	£ 6,250	£ (10,000)	£ 6,250

	At 1 August 2023	Income £	Expenditure £	At 31 July 2024 £
Lottery grant	£ –	£ 10,000	£ –	£ 10,000
NPTCBC Third Sector Grant	–	–	–	–
	£ –	£ 10,000	£ –	£ 10,000

# NEATH PORT TALBOT STROKE GROUP

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 July 2025

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## 14. Analysis of net assets between funds

	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £
Current assets	61,515	6,250	67,765
Creditors less than 1 year	(450)	—	(450)
<b>Net assets</b>	<u>61,065</u>	<u>6,250</u>	<u>67,315</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Current assets	48,085	10,000	58,085
Creditors less than 1 year	(630)	—	(630)
<b>Net assets</b>	<u>47,455</u>	<u>10,000</u>	<u>57,455</u>

# **NEATH PORT TALBOT STROKE GROUP**

**Company Limited by Guarantee**

**Management Information**

**Year ended 31 July 2025**

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**The following pages do not form part of the financial statements.**

# NEATH PORT TALBOT STROKE GROUP

## Company Limited by Guarantee

### Detailed Statement of Financial Activities

Year ended 31 July 2025

	2025 £	2024 £
<b>Income and endowments</b>		
<b>Donations and legacies</b>		
Donations	7,096	10,964
Lottery grant	–	10,000
NPTCBC Third Sector grant	6,250	–
	<u>13,346</u>	<u>20,964</u>
<b>Charitable activities</b>		
Raffles	3,606	2,972
Fundraising events	8,824	12,991
Fundraising activities	1,803	2,368
F&B cost takings	7,645	8,164
Event cost takings	4,568	4,464
	<u>26,446</u>	<u>30,959</u>
<b>Other trading activities</b>		
Subscriptions	9,003	7,289
	<u>9,003</u>	<u>7,289</u>
<b>Total income</b>	<u>48,795</u>	<u>59,212</u>
<b>Expenditure</b>		
<b>Expenditure on charitable activities</b>		
Rent	3,024	3,120
Insurance	305	290
Legal and professional fees	451	1,427
Other office costs	744	1,919
Donations to charities	775	–
F & B ticket costs etc	5,628	8,916
Gifts and raffles	838	3,066
Fundraising	–	126
WSD expenses	1,217	1,854
Event cost	6,349	6,592
Milk fruit etc	2,552	2,801
Free lunches etc	908	789
Volunteer expenses	3,335	1,757
Daytime activity costs	5,946	6,040
Group costs/zoom	6,863	9,731
	<u>38,935</u>	<u>48,428</u>
<b>Total expenditure</b>	<u>38,935</u>	<u>48,428</u>



# NEATH PORT TALBOT STROKE GROUP

Company Limited by Guarantee

Detailed Statement of Financial Activities *(continued)*

Year ended 31 July 2025

---

	2025 £	2024 £
Net income	<u>9,860</u>	<u>10,784</u>

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# NEATH PORT TALBOT STROKE GROUP

Company Limited by Guarantee

## Notes to the Detailed Statement of Financial Activities

Year ended 31 July 2025

	2025 £	2024 £
<b>Expenditure on charitable activities</b>		
<b>Activity type 1</b>		
<b><i>Activities undertaken directly</i></b>		
Rent & running costs	3,024	3,120
Insurance	305	290
Legal and professional fees	—	200
Printing postage and stationery	744	1,919
F & B ticket costs etc	5,628	8,916
Gifts and raffles	838	3,066
Fundraising	—	126
WSD expenses	1,217	1,854
Event cost	6,349	6,592
Milk fruit etc	2,552	2,801
Free lunches etc	908	789
Volunteer expenses	3,335	1,757
Daytime activity costs	5,946	6,040
Group costs/zoom	6,863	9,731
	<u>37,709</u>	<u>47,201</u>
<b><i>Grant funding activities</i></b>		
Donations to charities	775	—
	<u>775</u>	<u>—</u>
<b>Governance costs</b>		
Governance costs - accountancy fees	451	1,227
	<u>451</u>	<u>1,227</u>
<b>Expenditure on charitable activities</b>	<u>38,935</u>	<u>48,428</u>