



FLAMINGO CHICKS CIO ANNUAL REPORT & FINANCIAL STATEMENTS

YEAR ENDED
31 JANUARY 2024

FLAMINGO CHICKS CIO

ANNUAL REPORT AND FINANCIAL STATEMENTS

YEAR ENDED 31 JANUARY 2024

CONTENTS	Pages
Trustees' Report	2 – 11
Independent Examiner's Report	12
Statement of Financial Activities	13
Balance Sheet	14
Notes forming part of Financial Statements	15 - 23

FLAMINGO CHICKS CIO

ANNUAL REPORT AND FINANCIAL STATEMENTS

YEAR ENDED 31 JANUARY 2024

The Trustees have pleasure in presenting their report together with the financial statements of the Charity for the year ended 31 January 2024.

Objectives and Activities

The Charity's objects, as set out in its governing document, are the promotion of social inclusion among disabled people, who are socially excluded from society, or parts of society, as a result of being disabled and, to relieve the needs of such people and their families and carers by:

- a) being an inclusive dance community for children and adults, disabled and non-disabled;
- b) providing and facilitating a support network for the families and carers of disabled people;
- c) raising public awareness of the issues affecting disabled people and their families/carers, both generally and in relation to their inclusion;
- d) advocating for the equal treatment of disabled people and their families, including the elimination of discrimination on the grounds of disability.

Statement of Public Benefit

The Charity Trustees have complied with their duty to have due regard to the guidance on public benefit published by the Commission in exercising their powers or duties.

The Charity's Activities

Flamingo Chicks is a multi-award-winning charity and inclusive community providing *all* children, including disabled children and those with illnesses such as cancer, the opportunity to enjoy dance, explore movement and learn alongside friends. In addition, the charity provides a vital peer support network for parents and carers, inter-generational volunteering, global outreach and advocacy.

Levels of inactivity and isolation are unacceptably high amongst disabled children. Disabled children are less active than their peers and experience more barriers. 40% of parents of disabled children say their child rarely or never has the opportunity to play with non-disabled children and disabled children are twice as likely to be lonely compared to their non-disabled peers (72% vs 36%). Flamingo Chicks seeks to combat inactivity and isolation among disabled children and their families and support disabled children to realise their full potential and advocate for their own futures.

We do this through holistic programming centred on five core pillars:

- 1) Inclusive dance classes
- 2) Parent/carer peer support
- 3) Inter-generational volunteering
- 4) Youth-led advocacy
- 5) Global outreach

From our fully accessible inclusive dance classes through to our Agents of Change programme of youth advocates, Flamingo Chicks offers disabled children the chance to participate in

FLAMINGO CHICKS CIO

ANNUAL REPORT AND FINANCIAL STATEMENTS

YEAR ENDED 31 JANUARY 2024

activities that combat stereotypes around what disabled children and their bodies can do and empowers disabled children to advocate for their own ambitions and desires. Complimentary programming supporting parents and carers, alongside an exemplary intergenerational volunteering programme, fosters greater awareness about the challenges and barriers disabled children, their parents, carers and family networks face, leading to wider societal understanding and changing attitudes, actions and access.

Our advocacy and outreach work seeks to amplify this understanding and champion inclusivity and inclusive practices to lead to real change in the way society treats disabled children.

Environmental sustainability: We are committed to looking after the environment we live and work in. Flamingo Chicks recognises that aspects of our activities have an impact on the environment. We are committed to managing these impacts. We have a clear action plan with measures including minimising our carbon footprint; avoiding unnecessary travel; recyclable kit, props and backdrops; involving our young people to raise awareness of environmental issues; and incorporating environmental aspects and themes within our programmes.

OUR IMPACT IN 2023-24

Ten years of Flamingo Chicks marks a journey of transformation, empowerment, and inclusivity. From our humble beginnings to the vibrant community we've built today, our commitment to bringing magic and sparkle to disabled children and their friends remains unwavering.

This year has been another very exciting one, but more importantly an impactful one, growing in almost all ways! We have broadened our team, welcomed a very talented number of new members to our Trustee Board and increased our income. We've also significantly grown our volunteer base, particularly enabling more disabled volunteers to participate and enjoy the benefits of volunteering.

Highlights of 2023

Expanding Reach:

We are thrilled to report a significant increase in our impact this year. 35,323 children have danced with us since our inception, with a remarkable surge in participation:

- 11,589 children engaged through our sessions (up by 57%)
- Conducted 285 workshops (up by 20%)
- Hosted 106 regular classes (up by 26%)
- Expanded our team to include 24 inclusive dance teachers across the UK
- Empowered 40 Agents of Change, our youth advocacy group
- Welcomed 847 intergenerational volunteers, up by 48%
- Hosted 5 intergenerational tea dances and 3 Parent and Carer events
- Trained 23 individuals in Makaton, promoting communication inclusivity

Performance Deconstructed: We launched our brand-new Mobile Stage and interconnecting canopy this year, bringing a riot of colour and sensory exploration. Delivering 26 interactive shows, this represents a leap in accessibility and engagement. Our mobile sensory stage, designed in collaboration with our Agents of Change and brought to

FLAMINGO CHICKS CIO

ANNUAL REPORT AND FINANCIAL STATEMENTS

YEAR ENDED 31 JANUARY 2024

life by Bakehouse Factory, has enabled us to reach young people facing significant barriers to traditional performance spaces. Through magical moving props, textured fabrics, and emotive experiences, we are nurturing confidence, imagination, and curiosity in our Flamingo Chicks.

“Completely magical, beautiful and amazing! For ALL students. Staff also had a fantastic experience. The staging was enchanting and the storyline was highly sensory and appropriate. You encouraged students to be up and exercising through dance in a fully immersive environment.” Tamara Stewart, Teacher Mapledown School

Volunteer Engagement:

Volunteers are the heartbeat of Flamingo Chicks. We pioneer opportunities that welcome and encourage first time, disabled and socially isolated older volunteers. We know there is such huge talent and potential in these groups which make our charity stronger. A beautiful example is our partnership with care homes, where residents create props, costumes and backdrops that bring the sparkle to our classes. 89% of Flamingo Chicks' Volunteers said Flamingo Chicks had made them re-evaluate what disabled children were capable of – that's how volunteering creates real social change!

Youth Advocacy:

Our Agents of Change have emerged as powerful voices for change, campaigning tirelessly for a fairer future. From conducting accessibility audits to engaging with VIP guests across various sectors, they exemplify the spirit of inclusion and resilience. We are inspired by their dedication and vision for a more inclusive society. In 2023, they interviewed 12 VIP guests working across a range of sectors from television to science and humanitarian relief ensuring young disabled voices are part of the dialogue. They carried out accessibility audits and entertained a string of celebrity guests! This group is the future of disabled representation in society, and we love watching what they do to break down barriers to inclusion.

Lived experience:

We also increased representation throughout our community, both in lived experience of disability and ethnic diversity. We are especially pleased to report that 60% of our Trustees now have lived experience of disability or long-term health conditions.

Outcomes

We need our monitoring and evaluation to accurately and effectively tell the story about the difference we make. We are especially passionate to capture ALL voices, and therefore employ a range of sensory, tactile and participatory techniques. We are creative in the way we gather and share our impact information using qualitative and quantitative information alongside case studies, partner feedback and family feedback, photographs, videos, interviews and observations. Our team records impact under the following headings:

Increased emotional wellbeing

At the beginning of term, 52% of our Flamingo Chicks told us that they were 'happy', at the end of term, **90% were happy**. 38% increase in overall happiness levels!

FLAMINGO CHICKS CIO

ANNUAL REPORT AND FINANCIAL STATEMENTS

YEAR ENDED 31 JANUARY 2024

“Flamingo Chicks is my favourite thing in my whole entire life!” Rose

Improved Physical Wellbeing

89% saw an improvement in physical wellbeing in our Stage Shows.

97% said they moved their bodies more than usual.

In our regular classes, just 11% of students were able to perform a move independently before we began, at the end of term 75% were able to. This is an increase of 64%.

As a result of our intervention, **90% now want to do more physical exercise.**

Increased Self-Confidence

89% said that, following our Stage Shows they would now identify themselves as a performer. 97% said they enjoyed taking part and 100% would like to do more.

At our regular classes, 90% recorded increase self-confidence.

“I was blown over by how beautiful it was and how expertly you used movement, sensory stimulation and physicalised learning to explore topics that (on the face of it) might seem beyond our learners.” Patxi del Amo, Lead Practitioner of the Performing Arts, TreeHouse School.

We surveyed the health and education professionals we work with on how they felt our techniques impacted:

95% learnt new techniques from us and 95% will be implementing them into their own practice.

80% said they see their children as more capable after our intervention.

Independence

88% saw improvement (55% significant).

Physical ability

100% saw improvement (44% significant).

Emotional wellbeing

100% saw improvement.

Speech & language

88% saw improvement in speech and language.

Inspiring

100% said Flamingo Chicks has been helpful to show parents/carers what children can do out of school.

Volunteering

Volunteers are the heartbeat of Flamingo Chicks. We exemplify the highest standards in volunteering, as evidenced by our Queen’s Award for Voluntary Service – the MBE for charities! We pioneer opportunities that welcome and encourage first time, disabled and

FLAMINGO CHICKS CIO

ANNUAL REPORT AND FINANCIAL STATEMENTS

YEAR ENDED 31 JANUARY 2024

socially isolated older volunteers. We know there is such huge talent and potential in these groups which make our charity stronger. We offer training and opportunities including Makaton and public speaking.

A beautiful example of our innovation in volunteering is our new partnership with care homes, where residents create props, costumes and backdrops that bring the sparkle to our classes. Building on these relationships, we are planning a series of intergenerational tea dances, bringing isolated older and younger members of the community together in a huge celebration of physical movement, wellbeing and friendship.

- 847 intergenerational volunteers during 2022/23
- 17% are disabled volunteers
- 98% said Flamingo Chicks has made them re-evaluate what disabled children are capable of
- 74% had improved confidence and 85% felt more connected to the community
- 65% of volunteers learnt Makaton with Flamingo Chicks
- 25% have volunteered over 3 years and a further 28% have volunteered with us for over 5 years!
- 100% would recommend volunteering at Flamingo Chicks [Flamingo Chicks' 2023 Volunteer Survey]

Volunteer Jackie explained how having a stroke has had a huge impact on her life. She's now paralysed and blind in one eye. *"It's lonely and isolating. I've lost so much, my job, my independence, it's no wonder I'm sad."* Jackie volunteers weekly at our Aurora Hyde Lodge setting, saying *"Now I feel that I have more. I dance, I volunteer and that's so important. It's my therapy and the highlight of the week and I mean that very sincerely. It's joyful and uplifting and I come out on a complete high.... I'm so proud of volunteering, I tell everyone I meet about it. It's nice to volunteer for the community and be part of the community again and to share my skills and knowledge, and it's nice to have a role that helps with my self-esteem."*

Targets and Plans for 2024-25

As we embark on the next chapter of our journey, we are filled with excitement and determination. Our focus for the upcoming year includes:

- Working with Koalaa **Prosthetics, we'll be designing the first ballet prosthetic for children with limb difference.**
- We're amplifying our advocacy work the launch of our 'It takes two to Tutu' campaign highlighting the importance of inclusive opportunities for disabled children. We'll also be challenging celebrities to design bespoke tutus to auction off as part of our May 100 fundraiser.
- New Stage Shows with themes centred around conservation and technology, engaging our participants in immersive experiences that align with the National Curriculum and global sustainability goals. Our theme for the year is Robots – we're set to dive into a

FLAMINGO CHICKS CIO

ANNUAL REPORT AND FINANCIAL STATEMENTS

YEAR ENDED 31 JANUARY 2024

world of circuits, gears and tech wonders with us as we explore metal marvels, artificial intelligence and more!

- In sync with Paris 2024, our virtual workshops will take on a Paralympics theme, featuring real-life medallists, encouraging us all to move and cheer on Team GB.
- We are rapidly expanding our under 5s offer with new Hatching Chicks baby sling ballet, offering unique 6-week courses aimed at new mums and babies facing extra challenges. Each course ends in a show designed to boost confidence, forge friendships and have a moment to treasure. We are also developing a new parent and pre-schooler class to offer both parent and child the chance to get moving together in a fantastical world of costumes and colour.
- Youth Leadership: The transition to a youth-led format for our Agents of Change underscores our commitment to empowering the next generation of disabled leaders, amplifying their voices and catalysing meaningful change. They'll be doing 3 'Advocacy Hijacks' this year, including at Downing Street – championing opportunities for all.

Financial Review

During the year the Charity received income of £239,544 and incurred expenditure of £190,913 realising a surplus of £48,631 for the year, which was made up of a surplus of £88,903 in unrestricted funds and a deficit of £40,272 in restricted funds. At the year end the funds comprised £148,446 in unrestricted funds and £33,768 in restricted funds making a total of £182,214.

Reserves policy

Trustees have set the reserves policy at 5 months running costs to reflect growth in operational budget and the current economic uncertainties. Based on 5 months running costs for 2024/25, this is **£101,330**. At 31 January 2024, the unrestricted free reserves (excluding fixed assets) were £148,186. This is largely due to a significant legacy received just before the financial year end. Some of this has been used to take reserves up to the required level as noted above and the remainder has been designated for transformational projects (see below).

The Charity has a robust and varied fundraising programme for raising both restricted and unrestricted funds which will maintain reserves over the coming months. Reserves may be accessed, with the agreement of the Trustees, to provide working capital in order to meet new areas of endeavour and to meet emergency requirements.

Designated funds

These funds have been set up from part of the £90,000 legacy received in the year. The Trustees have agreed to designate £46,856 towards operational stability and future transformation.

FLAMINGO CHICKS CIO

ANNUAL REPORT AND FINANCIAL STATEMENTS

YEAR ENDED 31 JANUARY 2024

Part of the funds will be used to fund a new role of Community Coordinator to help harness the power of the ever-growing volunteer base (now 847 volunteers, up 48% in 2023/24). The rest will be used for specific project work to help the charity become more sustainable and have greater impact. This will include developing in-house training, launching an accessible community festival and a 10th birthday advocacy campaign.

The balance of £22,773 is being designated to save towards the purchase of a property to become the first Flamingo Chicks' Centre. The current Flamingo Chicks' office is a tiny administration base and as the charity expands, finding a bigger home would enable the charity to have its own dance studio, theatre space and home for staff. The Trustees' have agreed to review the designated funds annually.

Principal funding sources

Flamingo Chicks works hard to create a fundraising armoury from a diverse portfolio of funding streams, including charitable trusts and foundations, corporate support and community fundraising.

The charity would particularly like to thank the following for their generous support this year:

AMD Solicitors
Amazon Smile
British Airways Community Foundation
Burges Salmon
Clifford Chance
Citibank Ireland Financial Services
Criseren Foundation
Irwin Mitchell
JoJo Maman Bebe
Local Giving
Lush Retail
Magic Little Grants - Local Giving
National Grid
National Lottery Awards for All
Night Sky Foundation
Paypal Giving Fund
Pester Will Trust
Rooms 4 Groups
RWK Goodman LLP
Spectris Foundation
St James Place
Stephenson Law
Strictly Social Pinder Dance Group
The Blair Foundation
The Mortgage Advice Bureau Foundation
University of Bristol Dance Society

FLAMINGO CHICKS CIO

ANNUAL REPORT AND FINANCIAL STATEMENTS

YEAR ENDED 31 JANUARY 2024

Donated goods and services

Flamingo Chicks is extremely grateful for the following donated goods and services:

- Noa Bladon Independent Examination
- Room usage from: Ultraleap (Bristol) and Irwin Mitchell (London)
- Rewards for May 100 from Turtle Bay, Nail Shed, Fitness Yard, Lucy Morgan Reflexology
- Irwin Mitchell - printing
- Big Yellow Bow – stage storage
- Big Yellow Bristol – equipment storage
- Jonathan Phillips – Development Day facilitation
- Agents Of Change guests
- Volunteer photographers, videographers, video editors
- Katie Beale - social media support
- Chris Boyle – IT support
- Farkas Maro - Cyber security and IT support

As it is difficult to value these donated services, they have not been included in the accounts.

Reference and administrative details

Charity registration number: 1187604

Date of registration: 27th January 2020 (previously a CIC since 2nd February 2015)

Address: The Old Bake House, Downs Park East, Westbury Park, Bristol BS6 7QD

Website: www.flamingochicks.org

Bankers: Lloyds Bank plc, 15 High St, Westbury on Trym, Bristol BS9 3DA

Independent examiner: Noa Bladon

Trustees:

The Trustees who served the charity during the period were as follows:

Claire Bridges - Chair

Jennifer Jeffery (resigned 13.04.2023)

Andrew Sanders (resigned 22.03.2024)

Owen Masters

Robert Hart

Annabelle Turner

Zara Bartels

Abu Sidhanee (appointed 14.09.2023)

Nicole Brennan (appointed 14.09.2023)

After Jennifer Jeffrey resigned, she became a freelance worker for the charity.

FLAMINGO CHICKS CIO

ANNUAL REPORT AND FINANCIAL STATEMENTS

YEAR ENDED 31 JANUARY 2024

Structure, governance and management

Governing document

On 27 January 2020, the Charity was converted from a Community Interest Company to a Charitable Incorporated Organisation. The CIC had been incorporated on 2 February 2015 and its company number was 9417737. The Charity was registered with the Charity Commission on 27 January 2020 and is governed by its Foundation Constitution dated 27 January 2020. All assets and liabilities were transferred from the CIC to Flamingo Chicks CIO.

Organisational structure

The Trustees are responsible for decisions regarding the strategy and development of the charity, and other high-level decisions. Day to day running of the charity is delegated to the CEO Katherine Sparkes.

Recruitment and appointment of new Trustees

Regular Trustee skills audits are carried out and based on this, new Trustees are recruited, either to replace a person who has resigned or to bring specific skill and experience onto the board. Trustee vacancies are widely advertised. Shortlisted candidates are interviewed by the CEO then by at least one other Trustee before being invited to attend a first board meeting as an observer. Following this the board votes on the appointment of the new Trustee. Flamingo Chicks prides itself on making its onboarding process accessible - measures include a Board Buddy scheme, recording meetings to watch again and live minutes.

Risk management

The Trustees review risk at each Board Meeting and the Charity has a robust risk register, tracked with a traffic light system to stay on top of risk across the organisation.

This year, Trustees have taken action to improve fundraising and infrastructure to better suit the needs of a growing charity. As the charity grows, improving systems and IT infrastructure will be a key focus for Trustees. Flamingo Chicks will also retain a cautious approach to Covid safety, given the vulnerabilities of those we serve.

Statement of the Trustees' Responsibilities

The Trustees are responsible for preparing the Trustees' Report and the Financial Statements in accordance with applicable law and United Kingdom Accounting Standards including the Statement of Recommended Practice (FRS 102 SORP) Accounting and Reporting by Charities issued in 2019 applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England & Wales requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the income and expenditure of the charity for that period. In preparing these financial statements, the Trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the Charities Statement of Recommended Practice;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The Trustees are responsible for keeping sufficient accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, The Charity (Accounts and Reports) Regulations 2008 and the provisions of the constitution. They are also responsible for safeguarding the assets of the charity and taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the Board and signed on its behalf by:

CLAIRE BRIDGES

Claire Bridges, Chair of

Trustees Date: 24 June 2024

FLAMINGO CHICKS CIO

REPORT OF THE INDEPENDENT EXAMINER

YEAR ENDED 31 JANUARY 2024

I report to the Trustees on my examination of the accounts of Flamingo Chicks CIO for the year ended 31 January 2024 set out on pages 13 to 23.

Responsibilities and basis of report

As the charity Trustees of the Charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
- the accounts do not accord with those records; or
- the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

NOA BLADON

Name: Noa Bladon of NEC Consultancy Ltd Address:
85 Great Portland Street, London, W1W 7LT
Qualification: ACA (ICAEW)

Date: 24 June 2024

FLAMINGO CHICKS CIO

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 JANUARY 2024

				31.01.2024	31.01.2023
		Unrestricted funds	Restricted funds	Total funds	Total funds
	Notes	£	£	£	£
Income from:					
Grants and donations	2	102,308	87,677	189,985	179,452
Charitable activities	3	49,559	-	49,559	34,841
Other		-	-	-	-
Total income		151,867	87,677	239,544	214,293
Expenditure on:					
Raising funds	4	1,487	-	1,487	3,372
Charitable activities	5	61,477	127,949	189,426	144,288
Total expenditure		62,964	127,949	190,913	147,660
NET INCOME/ (EXPENDITURE) FOR THE YEAR	10	88,903	(40,272)	48,631	66,633
Transfers between the funds		-	-	-	-
Net movement in the funds		88,903	(40,272)	48,631	66,633
RECONCILIATION OF FUNDS					
Total funds brought forward		59,543	74,040	133,583	66,950
TOTAL FUNDS CARRIED FORWARD	14	148,446	33,768	182,214	133,583

The Charity has no recognised gains or losses other than the results for the year as set out above.
All of the activities of the Charity are classed as continuing.

The comparative funds are detailed in Note 15.
The notes on pages 15 to 23 form part of these financial statements.

FLAMINGO CHICKS CIO

BALANCE SHEET AS AT 31 JANUARY 2024

				31.01.2024	31.01.2023
		Unrestricted funds	Restricted funds	Total funds	Total funds
	Notes	£	£	£	£
FIXED ASSETS	11	<u>260</u>	<u>14,140</u>	<u>14,400</u>	<u>462</u>
CURRENT ASSETS					
Debtors	12	3,294	-	3,294	2,900
Cash at bank		146,232	19,628	165,860	130,946
		<u>149,526</u>	<u>19,628</u>	<u>169,154</u>	<u>133,846</u>
CREDITORS					
Amounts falling due within one year	13	<u>(1,340)</u>	<u>-</u>	<u>(1,340)</u>	<u>(725)</u>
NET CURRENT ASSETS		<u>148,186</u>	<u>19,628</u>	<u>167,814</u>	<u>133,121</u>
NET ASSETS		<u><u>148,446</u></u>	<u><u>33,768</u></u>	<u><u>182,214</u></u>	<u><u>133,583</u></u>
FUNDS	14				
Unrestricted funds				148,446	59,543
Restricted funds				<u>33,768</u>	<u>74,040</u>
TOTAL FUNDS				<u><u>182,214</u></u>	<u><u>133,583</u></u>

The financial statements were approved by the Board of Trustees on 24 June 2024 and were signed on its behalf by:

CLAIRE BRIDGES

.....
Claire Bridges - Chair

The notes on pages 15 to 23 form part of these financial statements.

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 JANUARY 2024

1. ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention, with items recognised at cost or transaction value. The Financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), FRS 102 and the Charities Act 2011. The charity constitutes a public benefit entity as defined by FRS 102.

The Trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern due to accumulated reserves, and there are no significant current or longer-term liabilities, and the organisation has significant net assets and reserves.

Going concern

The Trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern due the legacy of £90,000 and continuing support from major funders.

Income

All income is included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Grants and donations are included in income when they are received, except for significant one-off grants and donations, received after the year end but promised before the year end.

Gift aid receivable is included in income when there is a valid declaration from the donor. Any gift aid recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor has specified otherwise. Online platforms automatically collect gift aid on donations.

Legacies are included when the charity is advised by the personal representative of an estate that the payment will be made, or property transferred and the amount can be quantified.

Donated services and facilities are included in the SoFA when received at the value of the gift to the charity provided the value of the gift can be measured reliably. Donated services and facilities that are consumed immediately are recognised as income with an equivalent amount recognised as an expense under the appropriate heading in the SoFA. The value of any volunteer help received is not included in the accounts but is described in the Trustees' Annual Report.

1. ACCOUNTING POLICIES (CONTINUED)

Expenditure

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category.

Support costs have been allocated between governance costs and other support costs. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice. Support costs include central functions and have been allocated to activity costs categories on a basis consistent with the use of the resources. Expenditure includes attributable VAT which cannot be recovered.

Taxation

The charity is exempt from tax on its charitable activities.

Fixed assets

Fixed assets over £500 are included at cost less depreciation and impairment.

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives:

Equipment and furniture - 25% straight line

Plant and machinery - 20% straight line

Cash at bank and in hand

Cash at bank includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

Creditors

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the Trustees. Designated funds form part of unrestricted funds and have been identified as being for particular purposes by the Trustees. They are not restricted and can be transferred to general funds at any time at the discretion of the Trustees.

Restricted funds can only be used for the particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31 JANUARY 2024

2. GRANTS AND DONATIONS

	Unrestricted funds £	Restricted funds £	31.01.2024 Total £	31.01.2023 Total £
Grants - unrestricted	7,436	-	7,436	21,431
Grants - restricted				
- Inclusive dance programmes	-	31,075	31,075	77,279
- Intergenerational volunteering	-	3,125	3,125	14,997
- Core costs	-	39,802	39,802	53,555
- Fixed asset - Stage	-	12,675	12,675	-
- Agents of Change Youth Advocacy	-	1,000	1,000	-
Donations and gift aid	4,872	-	4,872	12,190
Legacies	90,000	-	90,000	-
	<u>102,308</u>	<u>87,677</u>	<u>189,985</u>	<u>179,452</u>

3. CHARITABLE ACTIVITIES INCOME

Dance classes	49,559	-	49,559	34,818
Online shop	-	-	-	23
	<u>49,559</u>	<u>-</u>	<u>49,559</u>	<u>34,841</u>

4. RAISING FUNDS

	Unrestricted funds £	Restricted funds £	31.01.2024 Total £	31.01.2023 Total £
Fundraising costs	629	-	629	2,625
Donation website charges	858	-	858	747
	<u>1,487</u>	<u>-</u>	<u>1,487</u>	<u>3,372</u>

All raising funds expenditure was from unrestricted funds totalling £3,372 in 2023.

5. CHARITABLE ACTIVITIES - CURRENT YEAR

	Direct costs £	Project costs £	31.01.2024 Total £
Charitable activities (see Note 6)	40,616	127,949	168,565
Support and governance costs (see Note 7)	20,861	-	20,861
	<u>61,477</u>	<u>127,949</u>	<u>189,426</u>

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31 JANUARY 2024

5. CHARITABLE ACTIVITIES - PRIOR YEAR

	Direct costs £	Project costs £	31.01.2023 Total £
Charitable activities (see Note 6)	40,484	88,076	128,560
Support and governance costs (see Note 7)	15,728	-	15,728
	<u>56,212</u>	<u>88,076</u>	<u>144,288</u>

6. CHARITABLE ACTIVITIES - CURRENT YEAR

	Unrestricted funds £	Restricted funds £	31.01.2024 Total £	31.01.2023 Total £
<u>Direct costs</u>				
Dance classes	37,632	-	37,632	37,258
Parent/carers support	775	-	775	859
Volunteer management incurred costs	224	-	224	1,212
Advocacy and campaigns	756	-	756	729
Virtual classes - website & marketing	1,229	-	1,229	426
<u>Project costs</u>				
- Inclusive dance programmes	-	57,046	57,046	47,421
- Volunteer management	-	9,219	9,219	12,929
- Core costs	-	57,149	57,149	26,443
- Stage depreciation	-	3,535	3,535	-
- Agents of Change Youth Advocacy	-	1,000	1,000	1,283
	<u>40,616</u>	<u>127,949</u>	<u>168,565</u>	<u>128,560</u>

CHARITABLE ACTIVITIES - PRIOR YEAR

<u>Direct costs</u>			
Dance classes	37,258	-	37,258
Parent/carers support	859	-	859
Volunteer management incurred costs	1,212	-	1,212
Advocacy and campaigns	729	-	729
Virtual classes - website & marketing	426	-	426
<u>Project costs</u>			
- Inclusive dance programmes	-	47,421	47,421
- Volunteer management	-	12,929	12,929
- Core costs	-	26,443	26,443
- Agents of Change Youth Advocacy	-	1,283	1,283
	<u>40,484</u>	<u>88,076</u>	<u>128,560</u>

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31 JANUARY 2024

7. SUPPORT AND GOVERNANCE COSTS

	Unrestricted funds £	Restricted funds £	31.01.2024 Total £	31.01.2023 Total £
<u>Support costs</u>				
Salary costs - SMP rebate	(71)	-	(71)	-
Freelance staff	4,783	-	4,783	406
Recruitment, training and travel	1,710	-	1,710	1,397
Office and storage rent	5,954	-	5,954	6,161
Business rates/ (refund)	243	-	243	233
Telephone and internet	834	-	834	646
Printing, postage and stationery	625	-	625	312
PPE and replacement equipment	124	-	124	463
Subscriptions	479	-	479	410
Sundry & volunteer management	1,461	-	1,461	1,070
Awards ceremony costs	942	-	942	-
Depreciation of equipment	527	-	527	462
Bookkeeping, payroll and accounts	2,122	-	2,122	1,655
	<u>19,733</u>	<u>-</u>	<u>19,733</u>	<u>13,215</u>
<u>Governance</u>				
Insurance	108	-	108	664
Monitoring and evaluation	985	-	985	1,274
Professional fees	35	-	35	575
	<u>1,128</u>	<u>-</u>	<u>1,128</u>	<u>2,513</u>
Total support and governance	<u>20,861</u>	<u>-</u>	<u>20,861</u>	<u>15,728</u>

All support & governance expenditure was from unrestricted funds totalling £15,728 in 2023.

8. STAFF COSTS AND NUMBERS - CURRENT YEAR

	Unrestricted funds £	Restricted funds £	31.01.2024 Total £
Gross salaries and wages	-	42,973	42,973
Employer's pension	-	7,197	7,197
	<u>-</u>	<u>50,170</u>	<u>50,170</u>
Freelance staff			
- Raising funds	-	-	-
- Charitable activities - projects	-	68,550	68,550
- Charitable activities - general	33,173	-	33,173
- Management and governance	566	-	566
	<u>33,739</u>	<u>68,550</u>	<u>102,289</u>
Total staff costs	<u>33,739</u>	<u>118,720</u>	<u>152,459</u>

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31 JANUARY 2024

8. STAFF COSTS AND NUMBERS - PRIOR YEAR

	Unrestricted funds £	Restricted funds £	31.01.2023 Total £
Gross salaries and wages	1,600	15,560	17,160
Employer's pension	2,734	3,828	6,562
	<u>4,334</u>	<u>19,388</u>	<u>23,722</u>
Freelance staff			
- Raising funds	1,113	-	1,113
- Charitable activities - projects	-	64,701	64,701
- Charitable activities - general	30,308	-	30,308
- Management and governance	406	-	406
	<u>31,827</u>	<u>64,701</u>	<u>96,528</u>
Total staff costs	<u>36,161</u>	<u>84,089</u>	<u>120,250</u>

There were 2 members of staff employed during 2023/24 (2022/23 - 1 person)

No members of staff received staff benefits (excluding employer pension costs) for the year of more than £60,000 (2022/23 - None)

The remuneration of the key management personnel (2022/23, 1 person) amounted to £22,119 (2022/23 - £23,722)

9. TRANSACTIONS WITH TRUSTEES AND RELATED PARTIES

Trustees' remuneration and benefits

There were no Trustees' remuneration or other benefits for the year ended 31 January 2024 (2023 - Nil)

Trustees' expenses

There were Trustees' expenses paid to 2 Trustees of £142 in total for travel and safeguarding training courses for the year ended 31 January 2024 (2023 - 3 Trustees £75).

Trustees' donations

Trustees made donations in the year totalling £427 (2023 - £425).

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31 JANUARY 2024

10. NET INCOME/(EXPENDITURE)

This is stated after charging:

	31.01.2024	31.01.2023
	£	£
Independent examiner's fee	-	-

No fees have been paid to the Independent Examiner for her review and she has not provided any other assurance or advisory services.

11. FIXED ASSETS

	Equipment & furniture £	Plant & machinery	Total £
COST			
Balance b/f	1,846	-	1,846
Additions	-	18,000	18,000
Disposals	-	-	-
Balance c/f	<u>1,846</u>	<u>18,000</u>	<u>19,846</u>
DEPRECIATION			
Balance b/f	1,384	-	1,384
Charge for year	462	3,600	4,062
Balance c/f	<u>1,846</u>	<u>3,600</u>	<u>5,446</u>
NET BOOK VALUE			
-2024	<u>-</u>	<u>14,400</u>	<u>14,400</u>
-2023	<u>462</u>	<u>-</u>	<u>462</u>

12. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.01.2024	31.01.2023
	£	£
Trade debtors	3,080	2,900
Donations - Crowdfunder	136	-
Gift aid	78	-
	<u>3,294</u>	<u>2,900</u>

13. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.01.2024	31.01.2023
	£	£
Accruals	<u>1,340</u>	<u>725</u>

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31 JANUARY 2024

14. MOVEMENT IN FUNDS - CURRENT YEAR

	At 1.2.2023 £	Income £	Expenditure £	Transfers £	At 31.01.2024 £
Unrestricted funds					
General fund	59,543	151,867	(62,964)	(46,856)	101,590
Designated funds	-	-	-	46,856	46,856
	<u>59,543</u>	<u>151,867</u>	<u>(62,964)</u>	<u>-</u>	<u>148,446</u>
Restricted funds					
Inclusive dance programmes	37,616	31,075	(57,046)	(5,000)	6,645
Intergenerational volunteering programme	6,094	3,125	(9,219)	-	-
Core costs	30,330	39,802	(57,149)	-	12,983
Fixed asset - Stage	-	12,675	(3,535)	5,000	14,140
Agents of Change Youth Advocacy programme	-	1,000	(1,000)	-	-
	<u>74,040</u>	<u>87,677</u>	<u>(127,949)</u>	<u>-</u>	<u>33,768</u>
TOTAL FUNDS	<u>133,583</u>	<u>239,544</u>	<u>(190,913)</u>	<u>-</u>	<u>182,214</u>

MOVEMENT IN FUNDS - PRIOR YEAR

	At 1.2.2022 £	Income £	Expenditure £	Transfers £	At 31.01.2023 £
Unrestricted funds					
General fund	<u>50,665</u>	<u>68,462</u>	<u>(59,584)</u>	<u>-</u>	<u>59,543</u>
Restricted funds					
Inclusive dance programmes	7,758	77,279	(47,421)	-	37,616
Intergenerational volunteering programme	4,026	14,997	(12,929)	-	6,094
Core costs	3,218	53,555	(26,443)	-	30,330
Agents of Change Youth Advocacy programme	1,283	-	(1,283)	-	-
	<u>16,285</u>	<u>145,831</u>	<u>(88,076)</u>	<u>-</u>	<u>74,040</u>
TOTAL FUNDS	<u>66,950</u>	<u>214,293</u>	<u>(147,660)</u>	<u>-</u>	<u>133,583</u>

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31 JANUARY 2024

14. FUNDS - DESCRIPTION**General fund**

The general fund is used for the administration costs of the charity.

Designated funds

This fund has been set up from part of the £90,000 legacy received in the year. Part will be used to fund a new role of Community Coordinator and for specific project work to help the charity become more sustainable and have greater impact. This will include developing in-house training, launching an accessible community festival and a 10th birthday advocacy campaign. The balance is being designated to save towards the purchase of a property to become the first Flamingo Chicks' Centre.

Inclusive dance programmes

This fund delivers inclusive classes and workshops enabling disabled children to explore movement and dance.

Intergenerational volunteering programme

This fund covers managing the charity's 847 intergenerational volunteers, including training, development and safeguarding checks.

Core costs

This fund is to cover the costs of the management team for the day to day running and leadership of the Charity and other core costs.

Fixed asset - Stage

This fund was used to purchase a touring stage for the inclusive dance programme which has been capitalised and depreciated over 5 years.

Agents of Change Youth Advocacy programme

This fund is to develop the Agents of Change Youth Advocacy programme as described in the Annual Report.

15. PRIOR YEAR COMPARATIVES

	Unrestricted funds £	Restricted funds £	31.01.2023 Total funds £
Income from:			
Grants and donations	33,621	145,831	179,452
Charitable activities	34,841	-	34,841
Total income	68,462	145,831	214,293
Expenditure on:			
Raising funds	3,372	-	3,372
Charitable activities	56,212	88,076	144,288
Total expenditure	59,584	88,076	147,660
NET INCOME/ (EXPENDITURE) FOR THE YEAR	8,878	57,755	66,633
Net movement in the funds	8,878	57,755	66,633
RECONCILIATION OF FUNDS			
Total funds brought forward	50,665	16,285	66,950
TOTAL FUNDS CARRIED FORWARD	59,543	74,040	133,583