



# FLAMINGO CHICKS CIO ANNUAL REPORT & FINANCIAL STATEMENTS

YEAR ENDED  
31 JANUARY 2023

# **FLAMINGO CHICKS CIO**

## **ANNUAL REPORT AND FINANCIAL STATEMENTS**

**YEAR ENDED 31 JANUARY 2023**

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<b>CONTENTS</b>	<b>Pages</b>
Trustees' Report	2 – 10
Independent Examiner's Report	11
Statement of Financial Activities	12
Balance Sheet	13
Notes forming part of Financial Statements	14 - 22

# FLAMINGO CHICKS CIO

## ANNUAL REPORT AND FINANCIAL STATEMENTS

### YEAR ENDED 31 JANUARY 2023

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The Trustees have pleasure in presenting their report together with the financial statements of the Charity for the year ended 31 January 2023.

#### **Objectives and Activities**

The Charity's objects, as set out in its governing document, are the promotion of social inclusion among disabled people, who are socially excluded from society, or parts of society, as a result of being disabled and, to relieve the needs of such people and their families and carers by:

- a) being an inclusive dance community for children and adults, disabled and non-disabled;
- b) providing and facilitating a support network for the families and carers of disabled people;
- c) raising public awareness of the issues affecting disabled people and their families/carers, both generally and in relation to their inclusion;
- d) advocating for the equal treatment of disabled people and their families, including the elimination of discrimination on the grounds of disability.

#### **Statement of Public Benefit**

The Charity Trustees have complied with their duty to have due regard to the guidance on public benefit published by the Commission in exercising their powers or duties.

#### **The Charity's Activities**

Flamingo Chicks is a multi-award-winning charity and inclusive community providing *all* children, including disabled children and those with illnesses such as cancer, the opportunity to enjoy dance, explore movement and learn alongside friends. In addition, the charity provides a vital peer support network for parents and carers, inter-generational volunteering, global outreach and advocacy.

Levels of inactivity and isolation are unacceptably high amongst disabled children. Disabled children are less active than their peers and experience more barriers. 40% of parents of disabled children say their child rarely or never has the opportunity to play with non-disabled children and disabled children are twice as likely to be lonely compared to their non-disabled peers (72% vs 36%). Flamingo Chicks seeks to combat inactivity and isolation among disabled children and their families and support disabled children to realise their full potential and advocate for their own futures.

We do this through holistic programming centred on five core pillars:

- 1) Inclusive dance classes
- 2) Parent/carer peer support
- 3) Inter-generational volunteering
- 4) Youth-led advocacy
- 5) Global outreach

From our fully accessible inclusive dance classes through to our Agents of Change programme of youth advocates, Flamingo Chicks offers disabled children the chance to participate in

# FLAMINGO CHICKS CIO

## ANNUAL REPORT AND FINANCIAL STATEMENTS

### YEAR ENDED 31 JANUARY 2023

---

activities that combat stereotypes around what disabled children and their bodies can do and empowers disabled children to advocate for their own ambitions and desires. Complimentary programming supporting parents and carers, alongside an exemplary intergenerational volunteering programme, fosters greater awareness about the challenges and barriers disabled children, their parents, carers and family networks face, leading to wider societal understanding and changing attitudes, actions and access.

Our advocacy and outreach work seeks to amplify this understanding and champion inclusivity and inclusive practices to lead to real change in the way society treats disabled children.

**Environmental sustainability:** We are committed to looking after the environment we live and work in. Flamingo Chicks recognises that aspects of our activities have an impact on the environment. We are committed to managing these impacts. We have a clear action plan with measures including minimising our carbon footprint; avoiding unnecessary travel; recyclable kit, props and backdrops; involving our young people to raise awareness of environmental issues; and incorporating environmental aspects and themes within our programmes.

### OUR IMPACT IN 2022-23

This year, our incredible community made this happen:

- 7,371 children through our sessions (up by 32%)
- 237 workshops (up by 74%)
- 84 regular classes (up by 52%)
- 32 new settings, including every children's hospice in the UK
- 23 inclusive dance teachers across the UK (4 joined in 2022)
- 5 new Parent & Carer Champions
- 571 volunteers, including 507 intergenerational volunteers.

As well as creative collaborations with:

- Men-tour, SMOOSH and the Paraorchestra: 2 inclusive dance tours
- Funky Moves: online community class for clinically vulnerable children
- Soundabout: Easter dance party
- The Flying Seagull Project: 8 refugee workshops
- Drake Music: World Space Week virtual class with 3,801 views!
- Kate Sanforth (disabled dance artist): Children's Mental Health Week virtual class with 8,900 views!
- Northern Ballet's Expressions showcase: Performance by Chicks from Chellow Heights Special School

We also increased representation throughout our community, both in lived experience of disability and ethnic diversity.

# FLAMINGO CHICKS CIO

## ANNUAL REPORT AND FINANCIAL STATEMENTS

YEAR ENDED 31 JANUARY 2023

---

### Outcomes

79% of Flamingo Chicks said their **physical ability** had improved (60% by 'a lot')  
– an 8% increase on last year

83% of children showed improved **confidence and resilience**

73% showed an enjoyment and interest in our themes  
and a **curiosity about the wider world**

*"Flamingo Chicks proves that dance is not only a progressive physical activity but a truly therapeutic route to development and all-round wellbeing for some of our most complex young people. The impact can be felt beyond the sessions with improvement in confidence and resilience. Flamingo Chicks offers invaluable support with tangible outcomes. Gold dust." Kris Tavender, Community Engagement Lead, Bristol Bears*

We surveyed the health, education and social care professionals we worked with:

- 80% said they see the children as more **capable** after our intervention
- 80% saw improvements in children's **independence** (55% significant)
- 90% saw improvement in **physical ability** (60% significant)
- 80% saw an increase in **curiosity** (50% significant)
- 75% saw improvement in **life skills** (55% significant)
- 95% saw improvement in **emotional wellbeing** (65% significant)
- 65% saw improvement in **speech and language**
- 95% said Flamingo Chicks has been helpful to show parents/carers **what their children can do**
- 85% **learnt new techniques** from us and 95% will be implementing them into their own practice.

*"Within just one session we were really inspired by the Flamingo Chicks' approach. It made us re-evaluate what our children were capable of in a new context. It helped invigorate our team, freshened our thinking and empowered us to be more creative with the opportunities for our students. Pupils were able to experience the joy of dance and expressing themselves in different ways, something that most of them would not have been exposed to because of the inability to access mainstream groups. This also helped make pupils and parents aware that there are opportunities to access extra-mural activities for children with additional needs."*  
**Charleen Bruce, Assistant Headteacher - John Chilton School, Ealing**

### Volunteering

- 85% said volunteering with us improved their mental health
- 53% said it improved their physical health
- 90% said our work has made them re-evaluate what disabled children are capable of
- 74% had improved confidence
- 85% felt more connected to the community
- 65% learnt Makaton with Flamingo Chicks
- 39% have volunteered with us for over 3 years

# FLAMINGO CHICKS CIO

## ANNUAL REPORT AND FINANCIAL STATEMENTS

### YEAR ENDED 31 JANUARY 2023

---

*"I feel a sense of purpose and belonging volunteering at Flamingo Chicks. The sessions are so joyful that I smile throughout and leave with a spring in my step. I enjoy making a contribution to the wider community and feel valued as part of an organisation that is forward thinking in its approach to diversity and inclusion."* **Terry, volunteer**

Volunteers are the heartbeat of Flamingo Chicks. We exemplify the highest standards in volunteering, as evidenced by our Queen's Award for Voluntary Service – the MBE for charities! We pioneer opportunities that welcome and encourage first time, disabled and socially isolated older volunteers. We know there is such huge talent and potential in these groups which make our charity stronger. We offer training and opportunities including Makaton and public speaking.

A beautiful example of our innovation in volunteering is our new partnership with care homes, where residents create props, costumes and backdrops that bring the sparkle to our classes. Building on these relationships, we are planning a series of intergenerational tea dances, bringing isolated older and younger members of the community together in a huge celebration of physical movement, wellbeing and friendship.

#### **Agents of Change Youth Advocacy Group**

Our youth advocacy group, Agents of Change, has seen its membership grow by 25% to 40 disabled young people, campaigning passionately for a fairer future. In 2022, they interviewed 12 VIP guests working across a range of sectors from humanitarian relief to climate change, ensuring young disabled voices are part of the dialogue. They carried out accessibility audits and entertained a string of celebrity guests! Issy Smee won the 'Superhero' category at the Community of Purpose 'Young Heroes Awards' for her advocacy work as part of this group. They are the future of disabled representation in society, and we love watching what they do to break down barriers to inclusion.

*"Elliott finds the Agents of Change hugely empowering. He enjoys how interactive and inclusive it is and it's helped him to know that new friendships are possible. He's learnt something for and about himself, but he can also reciprocate, support and help others. Having a greater understanding of how others might communicate and be included is key to his acceptance of his own and others' differences. For children like Elliott who are often on the periphery, the Agents of Change programme is wonderful and offers him something really special."* Tracey, AOC Elliot's mum.

#### **An MBE for our Founder and CEO**

Katie went to Windsor Castle in December to receive her MBE for services to the disabled community, wearing a beautiful cerise dress with the faces of hundreds of Chicks on it plus a feather hat, designed by the Agents of Change.

*"My daughter, who has cerebral palsy, remains my absolute inspiration for everything we do, and I am so proud that together we have created a thriving community and a growing movement that will change the way society views and treats disabled people."* **Katie Sparkes MBE, Flamingo Chicks CEO**

# FLAMINGO CHICKS CIO

## ANNUAL REPORT AND FINANCIAL STATEMENTS

YEAR ENDED 31 JANUARY 2023

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### Targets and Plans for 2023-24

We have a transformational year ahead in the run up to our 10<sup>th</sup> birthday in December 2023!

#### Performance Deconstructed

Magic and sparkle have always been at the heart of what we do. True to this philosophy and with scaling up our services a priority, we will be taking Flamingo Chicks on the road with magical touring workshops inside an enchanting pop-up stage that offers a unique fusion of performance and activities. This new programme will be called Performance Deconstructed, allowing us to harness the transformative power of theatre and dance to create unique performances and opportunities for disabled young people, their families and the wider community. Our bespoke pop-up stage will feature magical moving props, fabrics, smells, sounds and costumes, nurturing confidence, imagination and curiosity. It keeps the very best of a theatre experience for both audience and performer but strips away the elements that make a traditional venue overwhelming and inaccessible. Our aim is to ignite a culture shift where accessible and immersive performances are a valued and intrinsic part of the artistic landscape, sparking a ripple effect of significant and sustainable impact.

#### May 100

May 100 is our annual 'get active' campaign which invites 100 people to commit to doing something physical to raise funds for Flamingo Chicks. The start of May 2023 will also see King Charles' Coronation so we're especially looking forward to some royal-themed fundraising challenges!

#### Intergenerational tea dances

We're busy making plans for a series of intergenerational tea dances, bringing care home residents and younger Chicks together for carefree afternoons of fun, music and friendship as part of our award-winning intergenerational volunteering scheme.

### **Financial Review**

During the year the Charity received income of £214,293 and incurred expenditure of £147,660 realising a surplus of £66,633 for the year, which was made up of £8,878 unrestricted funds and £57,755 of restricted funds. At the year end the funds comprised £59,543 in unrestricted funds and £74,040 in restricted funds making a total of £133,583.

#### **Reserves policy**

Trustees have temporarily increased the reserves level for this coming year to reflect growth in operational budget and the current economic uncertainties. Based on 5 months running costs, this is **£61,525**. At 31 January 2023, the unrestricted free reserves (excluding fixed assets) were £59,081. The Charity has a robust and varied fundraising programme for raising both restricted and unrestricted funds which will maintain reserves over the coming months.

# FLAMINGO CHICKS CIO

## ANNUAL REPORT AND FINANCIAL STATEMENTS

### YEAR ENDED 31 JANUARY 2023

---

Reserves may be accessed, with the agreement of the Trustees, to provide working capital in order to meet new areas of endeavour and to meet emergency requirements.

#### **Principal funding sources**

Flamingo Chicks works hard to create a fundraising armoury from a diverse portfolio of funding streams, including charitable trusts and foundations, corporate support and community fundraising.

The charity would particularly like to thank the following for their generous support this year:

Blair Foundation  
Bristol Masonic Benevolent Institution  
British Airways Community Foundation  
Criseren Foundation  
Denman Charitable Trust  
Easy Fundraising  
Irwin Mitchell  
J&M Britton Charitable Trust  
John Lyon's Charity  
Local Giving  
Miranda Hoare Fund  
Morrison Foerster  
Paypal Giving  
University of Queen Marys, London  
Rooms 4 Groups  
RWK Goodman  
Silicon Valley Bank  
Sovereign Housing  
The Casey Trust  
The Grace Trust  
The Moondance Foundation  
The National Emergencies Trust  
The Toy Trust  
Thornbury Rotary Club  
University of Bristol  
Western Power

#### **Donated goods and services**

Flamingo Chicks is extremely grateful for the following donated goods and services:

- Clifford Chance LLP for HR contract support and advice



# FLAMINGO CHICKS CIO

## ANNUAL REPORT AND FINANCIAL STATEMENTS

### YEAR ENDED 31 JANUARY 2023

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- Noa Bladon, independent examiner
- Ultraleap for the loan of their meeting room
- Yixuan Wang at UCL for independently checking our monitoring and evaluation data
- Gifts donated to our online shop totalling £200
- The health, education and social care professionals who assist our work
- Agents of Change speakers:
  - Zara Bartels, dancer and ex-Dance Captain from The Lion King
  - Jodie Marsh-Hoffman, award-winning arts and wellbeing facilitator
  - Amy Kington, Founder and CEO of Community of Purpose
  - Aimee Campbell-Nottage, deaf TV presenter on Magic Hands
  - Elliot Garcia, young autistic actor who voices the first autistic character on Thomas the Tank Engine
  - Sinead Kane, visually impaired international athlete, two-time Guinness World Record holder, lawyer working in disability law with two PhDs
  - John Loughton BEM, high-profile youth leader and social entrepreneur

As it is difficult to value these donated services, they have not been included in the accounts.

### Reference and administrative details

**Charity registration number:** 1187604

**Date of registration:** 27<sup>th</sup> January 2020 (previously a CIC since 2<sup>nd</sup> February 2015)

**Address:** The Old Bake House, Downs Park East, Westbury Park, Bristol BS6 7QD

**Website:** [www.flamingochicks.org](http://www.flamingochicks.org)

**Bankers:** Lloyds Bank plc, 15 High St, Westbury on Trym, Bristol BS9 3DA

**Independent examiner:** Noa Bladon

### **Trustees:**

**The Trustees who served the charity during the period were as follows:**

Claire Bridges - Chair

Jennifer Jeffery

Andrew Sanders

Owen Masters

Robert Hart

Dr Carmen Soto (resigned 03.11.2022)

Annabelle Turner

Zara Bartels (appointed 04.05.2022)

### Structure, governance and management

#### **Governing document**

On 27 January 2020, the Charity was converted from a Community Interest Company to a Charitable Incorporated Organisation. The CIC had been incorporated on 2 February 2015 and its company number was 9417737. The Charity was registered with the Charity Commission on 27 January 2020 and is governed by its Foundation Constitution dated 27 January 2020. All assets and liabilities were transferred from the CIC to Flamingo Chicks CIO.

# **FLAMINGO CHICKS CIO**

## **ANNUAL REPORT AND FINANCIAL STATEMENTS**

**YEAR ENDED 31 JANUARY 2023**

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### **Organisational structure**

The Trustees are responsible for decisions regarding the strategy and development of the charity, and other high-level decisions. Day to day running of the charity is delegated to the CEO Katherine Sparkes.

### **Recruitment and appointment of new Trustees**

Regular Trustee skills audits are carried out and based on this, new Trustees are recruited, either to replace a person who has resigned or to bring specific skill and experience onto the board. Trustee vacancies are widely advertised. Shortlisted candidates are interviewed by the CEO then by at least one other Trustee before being invited to attend a first board meeting as an observer. Following this the board votes on the appointment of the new Trustee. Flamingo Chicks prides itself on making its onboarding process accessible - measures include a Board Buddy scheme, recording meetings to watch again and live minutes.

### **Risk management**

The Trustees review risk at each Board Meeting and the Charity has a robust risk register, tracked with a traffic light system to stay on top of risk across the organisation.

This year, Trustees have taken action to improve fundraising and infrastructure to better suit the needs of a growing charity.

As the charity grows, improving systems and IT infrastructure will be a key focus for Trustees. Flamingo Chicks will also retain a cautious approach to Covid safety, given the vulnerabilities of those we serve.

# **FLAMINGO CHICKS CIO**

## **ANNUAL REPORT AND FINANCIAL STATEMENTS**

**YEAR ENDED 31 JANUARY 2023**

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### **Statement of the Trustees' Responsibilities**

The Trustees are responsible for preparing the Trustees' Report and the Financial Statements in accordance with applicable law and United Kingdom Accounting Standards including Financial Reporting Standard 102: The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England & Wales requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the income and expenditure of the charity for that period. In preparing these financial statements, the Trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the Charities Statement of Recommended Practice;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The Trustees are responsible for keeping sufficient accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, The Charity (Accounts and Reports) Regulations 2008 and the provisions of the constitution. They are also responsible for safeguarding the assets of the charity and taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the Board and signed on its behalf by:

**CLAIRE BRIDGES**

Claire Bridges, Chair of

Trustees Date: 9th March 2023

# **FLAMINGO CHICKS CIO**

## **REPORT OF THE INDEPENDENT EXAMINER**

### **YEAR ENDED 31 JANUARY 2023**

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I report to the Trustees on my examination of the accounts of Flamingo Chicks CIO for the year ended 31 January 2023 set out on pages 12 to 22.

#### **Responsibilities and basis of report**

As the charity Trustees of the Charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

#### **Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
- the accounts do not accord with those records; or
- the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

#### **NOA BLADON**

Name: Noa Bladon of NEC Consultancy Ltd  
Address: 85 Great Portland Street, London, W1W 7LT  
Qualification: ACA (ICAEW)

Date: 9th March 2023

**FLAMINGO CHICKS CIO**

**STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 31 JANUARY 2023**

		<b>Unrestricted funds</b>	<b>Restricted funds</b>	<b>31.01.2023 Total funds</b>	<b>31.01.2022 Total funds</b>
	Notes	£	£	£	£
<b>Income from:</b>					
Grants and donations	2	33,621	145,831	179,452	130,022
Charitable activities	3	34,841	-	34,841	19,930
Other		-	-	-	-
<b>Total income</b>		<b>68,462</b>	<b>145,831</b>	<b>214,293</b>	<b>149,952</b>
<b>Expenditure on:</b>					
Raising funds	4	3,372	-	3,372	4,941
Charitable activities	5	56,212	88,076	144,288	132,506
<b>Total expenditure</b>		<b>59,584</b>	<b>88,076</b>	<b>147,660</b>	<b>137,447</b>
<b>NET INCOME/ (EXPENDITURE) FOR THE YEAR</b>	10	<b>8,878</b>	<b>57,755</b>	<b>66,633</b>	<b>12,505</b>
Transfers between the funds		-	-	-	-
<b>Net movement in the funds</b>		<b>8,878</b>	<b>57,755</b>	<b>66,633</b>	<b>12,505</b>
<b>RECONCILIATION OF FUNDS</b>					
<b>Total funds brought forward</b>		<b>50,665</b>	<b>16,285</b>	<b>66,950</b>	<b>54,445</b>
<b>TOTAL FUNDS CARRIED FORWARD</b>	14	<b>59,543</b>	<b>74,040</b>	<b>133,583</b>	<b>66,950</b>

The Charity has no recognised gains or losses other than the results for the year as set out above.  
All of the activities of the Charity are classed as continuing.

The comparative funds are detailed in Note 15.  
The notes on pages 14 to 22 form part of these financial statements.

**FLAMINGO CHICKS CIO****BALANCE SHEET  
AS AT 31 JANUARY 2023**

		<b>Unrestricted funds</b>	<b>Restricted funds</b>	<b>31.01.2023 Total funds</b>	<b>31.01.2022 Total funds</b>
	Notes	£	£	£	£
<b>FIXED ASSETS</b>	11	<u>462</u>	<u>-</u>	<u>462</u>	<u>923</u>
<b>CURRENT ASSETS</b>					
Debtors	12	2,900	-	2,900	2,392
Cash at bank		56,906	74,040	130,946	64,830
		<u>59,806</u>	<u>74,040</u>	<u>133,846</u>	<u>67,222</u>
<b>CREDITORS</b>					
Amounts falling due within one year	13	<u>(725)</u>	<u>-</u>	<u>(725)</u>	<u>(1,195)</u>
<b>NET CURRENT ASSETS</b>		<u>59,081</u>	<u>74,040</u>	<u>133,121</u>	<u>66,027</u>
<b>NET ASSETS</b>		<u><u>59,543</u></u>	<u><u>74,040</u></u>	<u><u>133,583</u></u>	<u><u>66,950</u></u>
<b>FUNDS</b>	14				
Unrestricted funds				59,543	50,665
Restricted funds				<u>74,040</u>	<u>16,285</u>
<b>TOTAL FUNDS</b>				<u><u>133,583</u></u>	<u><u>66,950</u></u>

The financial statements were approved by the Board of Trustees on 9th March 2023 and were signed on its behalf by:

**CLAIRE BRIDGES**

.....  
Claire Bridges - Chair

The notes on pages 14 to 22 form part of these financial statements.

**NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 JANUARY 2023**

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**1. ACCOUNTING POLICIES**

**Accounting convention**

The financial statements have been prepared under the historical cost convention, with items recognised at cost or transaction value. The Financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), FRS 102 and the Charities Act 2011. The charity constitutes a public benefit entity as defined by FRS 102.

The Trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern due to accumulated reserves, and there are no significant current or longer-term liabilities, and the organisation has significant net assets and reserves.

**Income**

All income is included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Grants and donations are included in income when they are received, except for significant one-off grants and donations, received after the year end but promised before the year end.

Gift aid receivable is included in income when there is a valid declaration from the donor. Any gift aid recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor has specified otherwise. Online platforms automatically collect gift aid on donations.

Legacies are included when the charity is advised by the personal representative of an estate that the payment will be made, or property transferred and the amount can be quantified.

Donated services and facilities are included in the SoFA when received at the value of the gift to the charity provided the value of the gift can be measured reliably. Donated services and facilities that are consumed immediately are recognised as income with an equivalent amount recognised as an expense under the appropriate heading in the SoFA.

The value of any volunteer help received is not included in the accounts but is described in the Trustees' Annual Report.

**1. ACCOUNTING POLICIES (CONTINUED)**

**Expenditure**

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category.

Support costs have been allocated between governance costs and other support costs. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice. Support costs include central functions and have been allocated to activity costs categories on a basis consistent with the use of the resources.

Expenditure includes attributable VAT which cannot be recovered.

**Taxation**

The charity is exempt from tax on its charitable activities.

**Cash at bank and in hand**

Cash at bank includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

**Creditors**

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the Trustees. Designated funds form part of unrestricted funds and have been identified as being for particular purposes by the Trustees. They are not restricted and can be transferred to general funds at any time at the discretion of the Trustees.

Restricted funds can only be used for the particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.



**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED**  
**FOR THE YEAR ENDED 31 JANUARY 2023**

**2. GRANTS AND DONATIONS**

	Unrestricted funds £	Restricted funds £	31.01.2023 Total £	31.01.2022 Total £
Grants - unrestricted	21,431	-	21,431	31,584
Grants - restricted				
- Inclusive dance programmes	-	77,279	77,279	52,846
- Intergenerational volunteering	-	14,997	14,997	14,950
- Core costs	-	53,555	53,555	19,000
- Temporary capacity building programme	-	-	-	2,125
- Agents of Change Youth Advocacy	-	-	-	1,500
Donations and gift aid	12,190	-	12,190	8,017
	<u>33,621</u>	<u>145,831</u>	<u>179,452</u>	<u>130,022</u>

**3. CHARITABLE ACTIVITIES INCOME**

Dance classes	34,818	-	34,818	19,522
Online shop	23	-	23	408
	<u>34,841</u>	<u>-</u>	<u>34,841</u>	<u>19,930</u>

**4. RAISING FUNDS**

	Unrestricted funds £	Restricted funds £	31.01.2023 Total £	31.01.2022 Total £
Fundraising costs	2,625	-	2,625	4,490
Donation website charges	747	-	747	451
	<u>3,372</u>	<u>-</u>	<u>3,372</u>	<u>4,941</u>

All raising funds expenditure was from unrestricted funds totalling £4,941 in 2022.

**5. CHARITABLE ACTIVITIES - CURRENT YEAR**

	Direct costs £	Project costs £	31.01.2023 Total £
Charitable activities (see Note 6)	40,484	88,076	128,560
Support and governance costs (see Note 7)	15,728	-	15,728
	<u>56,212</u>	<u>88,076</u>	<u>144,288</u>

**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED**  
**FOR THE YEAR ENDED 31 JANUARY 2023**

**5. CHARITABLE ACTIVITIES - PRIOR YEAR**

	Direct costs £	Project costs £	31.01.2022 Total £
Charitable activities (see Note 6)	19,152	88,896	108,048
Support and governance costs (see Note 7)	24,458	-	24,458
	<u>43,610</u>	<u>88,896</u>	<u>132,506</u>

**6. CHARITABLE ACTIVITIES - CURRENT YEAR**

	Unrestricted funds £	Restricted funds £	31.01.2023 Total £	31.01.2022 Total £
<u>Direct costs</u>				
Dance classes	37,258	-	37,258	17,412
Parent/carers support	859	-	859	120
Volunteer management incurred costs	1,212	-	1,212	837
Advocacy and campaigns	729	-	729	137
Virtual classes - website & marketing	426	-	426	646
<u>Project costs</u>				
- Inclusive dance programmes	-	47,421	47,421	51,377
- Volunteer management	-	12,929	12,929	12,449
- Core costs	-	26,443	26,443	18,811
- Temporary capacity building programme	-	-	-	4,119
- Agents of Change Youth Advocacy	-	1,283	1,283	2,140
	<u>40,484</u>	<u>88,076</u>	<u>128,560</u>	<u>108,048</u>

**CHARITABLE ACTIVITIES - PRIOR YEAR**

<u>Direct costs</u>			
Dance classes	17,412	-	17,412
Parent/carers support	120	-	120
Volunteer management incurred costs	837	-	837
Advocacy and campaigns	137	-	137
Virtual classes - website & marketing	646	-	646
<u>Project costs</u>			
- Inclusive dance programmes	-	51,377	51,377
- Volunteer management	-	12,449	12,449
- Core costs	-	18,811	18,811
- Temporary capacity building programme	-	4,119	4,119
- Agents of Change Youth Advocacy	-	2,140	2,140
	<u>19,152</u>	<u>88,896</u>	<u>108,048</u>

**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED**  
**FOR THE YEAR ENDED 31 JANUARY 2023**

**7. SUPPORT AND GOVERNANCE COSTS**

	Unrestricted funds £	Restricted funds £	31.01.2023 Total £	31.01.2022 Total £
<u>Support costs</u>				
Salary costs	-	-	-	8,340
Freelance staff	406	-	406	3,675
Recruitment, training and travel	1,397	-	1,397	476
Office and storage rent	6,161	-	6,161	6,721
Business rates/ (refund)	233	-	233	(277)
Telephone and internet	646	-	646	486
Printing, postage and stationery	312	-	312	419
PPE and replacement equipment	463	-	463	-
Subscriptions	410	-	410	179
Sundry and volunteer gifts	1,070	-	1,070	288
Depreciation of equipment	462	-	462	461
Bookkeeping, payroll and accounts	1,655	-	1,655	1,220
	<u>13,215</u>	<u>-</u>	<u>13,215</u>	<u>21,988</u>
<u>Governance</u>				
Insurance	664	-	664	565
Monitoring and evaluation	1,274	-	1,274	755
Professional fees	575	-	575	1,150
	<u>2,513</u>	<u>-</u>	<u>2,513</u>	<u>2,470</u>
Total support and governance	<u>15,728</u>	<u>-</u>	<u>15,728</u>	<u>24,458</u>

All support & governance expenditure was from unrestricted funds totalling £24,458 in 2022.

**8. STAFF COSTS AND NUMBERS - CURRENT YEAR**

	Unrestricted funds £	Restricted funds £	31.01.2023 Total £
Gross salaries and wages	1,600	15,560	17,160
Employer's pension	2,734	3,828	6,562
	<u>4,334</u>	<u>19,388</u>	<u>23,722</u>
Freelance staff			
- Raising funds	1,113	-	1,113
- Charitable activities - projects	-	64,701	64,701
- Charitable activities - general	30,308	-	30,308
- Management and governance	406	-	406
	<u>31,827</u>	<u>64,701</u>	<u>96,528</u>
Total staff costs	<u>36,161</u>	<u>84,089</u>	<u>120,250</u>

**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED**  
**FOR THE YEAR ENDED 31 JANUARY 2023**

**8. STAFF COSTS AND NUMBERS - PRIOR YEAR**

	Unrestricted funds £	Restricted funds £	31.01.2021 Total £
Gross salaries and wages	6,153	12,807	18,960
Employer's pension	2,187	4,375	6,562
	<u>8,340</u>	<u>17,182</u>	<u>25,522</u>
Freelance staff			
- Raising funds	2,042	-	2,042
- Charitable activities - projects	-	67,418	67,418
- Charitable activities - general	15,256	-	15,256
- Management and governance	4,260	-	4,260
	<u>21,558</u>	<u>67,418</u>	<u>88,976</u>
Total staff costs	<u>29,898</u>	<u>84,600</u>	<u>114,498</u>

There was 1 member of staff employed during 2022/23 (2021/22 - 1 person)

No members of staff received staff benefits (excluding employer pension costs) for the year of more than £60,000 (2021/22 - None)

The remuneration of the key management personnel (2021/22, 1 person) amounted to £23,722 (2021/22 - £25,522)

**9. TRANSACTIONS WITH TRUSTEES AND RELATED PARTIES**

**Trustees' remuneration and benefits**

There were no Trustees' remuneration or other benefits for the year ended 31 January 2023 (2022 - Nil)

**Trustees' expenses**

There were Trustees' expenses paid to 3 Trustees of £75 in total for DBS checks for the year ended 31 January 2023 (2022 - Nil).

**Trustees' donations**

Four Trustees made donations in the year totalling £425 (2022 - Nil).

**Related parties**

2022 saw the final year of the charity's partnership with Lightyear Foundation (a registered charity) and grants totalling £31,329 were received. The relationship has enabled Flamingo Chicks to have a greater reach and social impact, making maximum use of available funds. The organisation is well-known to Flamingo Chicks as its CEO also works part-time for Lightyear Foundation as its CEO. The 3 year project came to a close in December 2022.

**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED**  
**FOR THE YEAR ENDED 31 JANUARY 2023**

**10. NET INCOME/(EXPENDITURE)**

This is stated after charging:

	<b>31.01.2023</b>	<b>31.01.2022</b>
	<b>£</b>	<b>£</b>
Independent examiner's fee	<u>-</u>	<u>-</u>

No fees have been paid to the Independent Examiner for her review and she has not provided any other assurance or advisory services.

**11. FIXED ASSETS**

		Equipment & furniture £
COST		
Balance b/f		1,846
Additions		-
Disposals		-
Balance c/f		<u>1,846</u>
DEPRECIATION		
Balance b/f		923
Charge for year		461
Balance c/f		<u>1,384</u>
NET BOOK VALUE	-2023	<u>462</u>
NET BOOK VALUE	-2022	<u>923</u>

**12. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	<b>31.01.2023</b>	<b>31.01.2022</b>
	<b>£</b>	<b>£</b>
Trade debtors	<u>2,900</u>	<u>2,392</u>

**13. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	<b>31.01.2023</b>	<b>31.01.2022</b>
	<b>£</b>	<b>£</b>
Accruals	<u>725</u>	<u>1,195</u>

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED  
FOR THE YEAR ENDED 31 JANUARY 2023

**14. MOVEMENT IN FUNDS - CURRENT YEAR**

	At 1.2.2022 £	Income £	Expenditure £	Transfers £	At 31.01.2023 £
<b>Unrestricted funds</b>					
General fund	50,665	68,462	(59,584)	-	59,543
<b>Restricted funds</b>					
Inclusive dance programmes	7,758	77,279	(47,421)	-	37,616
Intergenerational volunteering programme	4,026	14,997	(12,929)	-	6,094
Core costs	3,218	53,555	(26,443)	-	30,330
Agents of Change Youth Advocacy programme	1,283	-	(1,283)	-	-
	<u>16,285</u>	<u>145,831</u>	<u>(88,076)</u>	<u>-</u>	<u>74,040</u>
<b>TOTAL FUNDS</b>	<u>66,950</u>	<u>214,293</u>	<u>(147,660)</u>	<u>-</u>	<u>133,583</u>

**MOVEMENT IN FUNDS - PRIOR YEAR**

	At 1.2.2021 £	Income £	Expenditure £	Transfers £	At 31.01.2022 £
<b>Unrestricted funds</b>					
General fund	39,685	59,531	(48,551)	-	50,665
<b>Restricted funds</b>					
Inclusive dance programmes	6,289	52,846	(51,377)	-	7,758
Intergenerational volunteering programme	1,525	14,950	(12,449)	-	4,026
Core costs	3,029	19,000	(18,811)	-	3,218
Temporary capacity building programme	1,994	2,125	(4,119)	-	-
Agents of Change Youth Advocacy programme	1,923	1,500	(2,140)	-	1,283
	<u>14,760</u>	<u>90,421</u>	<u>(88,896)</u>	<u>-</u>	<u>16,285</u>
<b>TOTAL FUNDS</b>	<u>54,445</u>	<u>149,952</u>	<u>(137,447)</u>	<u>-</u>	<u>66,950</u>

**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED**  
**FOR THE YEAR ENDED 31 JANUARY 2023**

**14. FUNDS - DESCRIPTION**

**General fund**

The general fund is used for the administration costs of the charity.

**Inclusive dance programmes**

This fund delivers inclusive classes and workshops enabling disabled children to explore movement and dance.

**Intergenerational volunteering programme**

This fund covers managing the charity's 571 intergenerational volunteers, including training, development and safeguarding checks.

**Core costs**

This fund is to cover the costs of the CEO and management team for the day to day running and leadership of the Charity and other core costs.

**Temporary capacity building programme**

This fund covered the costs of the operations manager to develop the capacity building programme and was completed in June 2021.

**Agents of Change Youth Advocacy programme**

This fund is to develop the Agents of Change Youth Advocacy programme as described in the Annual Report.

**15. PRIOR YEAR COMPARATIVES**

	Unrestricted funds £	Restricted funds £	31.01.2022 Total funds £
<b>Income from:</b>			
Grants and donations	39,601	90,421	130,022
Charitable activities	19,930	-	19,930
<b>Total income</b>	<b>59,531</b>	<b>90,421</b>	<b>149,952</b>
<b>Expenditure on:</b>			
Raising funds	4,941	-	4,941
Charitable activities	43,610	88,896	132,506
<b>Total expenditure</b>	<b>48,551</b>	<b>88,896</b>	<b>137,447</b>
<b>NET INCOME/ (EXPENDITURE) FOR THE YEAR</b>	<b>10,980</b>	<b>1,525</b>	<b>12,505</b>
<b>Net movement in the funds</b>	<b>10,980</b>	<b>1,525</b>	<b>12,505</b>
<b>RECONCILIATION OF FUNDS</b>			
<b>Total funds brought forward</b>	<b>39,685</b>	<b>14,760</b>	<b>54,445</b>
<b>TOTAL FUNDS CARRIED FORWARD</b>	<b>50,665</b>	<b>16,285</b>	<b>66,950</b>