

**Journey UK**

Charitable Incorporated Organisation

Annual Report and Financial Statements

for the Year Ended 31 March 2025

**Barnett Ravenscroft Limited**  
**Chartered Accountants**  
**13 Portland Road**  
**Edgbaston**  
**Birmingham**  
**B16 9HN**

## **Journey UK**

### **Reference and Administrative Details**

**Trustees**

Mr Charles Clark  
Mrs Adeola Adekemi Spearman  
Mr Trevor Marr  
Ms Michelle Newstead

**Other Officers**

Mrs Louiz Nielsen, National Leader  
Mrs Ronell De Klerk Melaku, part time Administrator  
and Communications Coordinator  
Mrs Joanne Aitken, part-time bookkeeper (contractor)

**Principal Office**

7 Windward House  
Square Rigger Row  
Plantation Wharf  
London  
SW11 3TU

**Charity Registration Number**

1187579

**Bankers**

CAF Bank  
25 Kings Hill Avenue  
Kings Hill  
West Malling  
Kent  
ME19 4JQ

**Independent Examiner**

Ben Eley FCA  
Barnett Ravenscroft Limited  
Chartered Accountants  
13 Portland Road  
Edgbaston  
Birmingham  
B16 9HN

## **Journey UK**

### **Trustees' Report**

The trustees present the annual report together with the financial statements of the charity for the year ended 31st March 2025.

#### **Aims & Purposes**

Journey UK is a pastoral ministry, seeking to help Christians in a lifelong journey of growth in their relationship with God, themselves and others.

#### **Objectives and Activities**

We are a pastoral resource to the church in the UK. Through courses, events and resources, we desire to see the church equipped to be a safe place where men and women can find hope in the areas of relationships, identity and sexual addiction.

As well as running our core courses and events in London and online, we want to release people to use our resources across the UK, individually, with a small group or as a local course in a church. To facilitate this, we offer local and online training sessions, taster days for churches, and run a residential week every August where people can experience the ministry and receive training.

When planning our activities for the year, the staff and trustees have considered the Charity Commission's guidance on public benefit and, in particular, the specific guidance on charities for the advancement of religion. In particular, we help Christians to joyfully live out their faith amongst their families, friends, colleagues and communities through:

Worship and prayer

Teaching about God the Father, Jesus the Son and the Holy Spirit

Helping them grow as disciples of Jesus Christ

Encouraging them to build friendships, enjoy hobbies and nature, and use their gifts and talents for the benefit of others.

To facilitate this work, we must have office space and a venue we can use for our London courses and events.

#### **Achievements and Performance**

##### *Courses and Support Groups*

Our primary objective is for churches in the UK to use our resources to run small groups and offer courses in their local area. For this to happen, Journey UK must continue to coordinate and run our courses, which, as well as benefitting the public, also provide training opportunities for volunteers and new leaders.

Some churches in the UK continue to use our resources locally, and individuals have purchased our manuals to use with prayer partners, counsellors or in small groups. Our resources have also been used overseas, especially in Finland, Belgium, Poland, Latvia, Lithuania and New Zealand.

August 2024: We ran our annual 'Summer Week' residential. The Summer Week is a condensed version of 'The Journey of Grace' (JOG) course. We welcomed volunteer team members and participants from all over the UK, as well as internationally. We started our annual residential with a team day to provide training for the volunteer team and prepare for the arrival of the participants the following day. 27 participants and 25 volunteer team members attended the residential in 2024. The feedback we received after the week was very positive and showed that the Summer Week was highly valued and beneficial to those who attended.

September 2024 - March 2025, we ran 'The Journey of Grace' course online via Zoom. Running the course online provided the opportunity for participants and volunteer team members based around the UK to take part.

17 participants and 12 volunteer team members attended. We had a further 3 volunteer team members come to help teach individual sessions during the course. We have received encouraging feedback and testimonies following this course, showing improvement in the way participants relate to God, themselves and others.

September 2024 - October 2024: A Journey UK Volunteer team member ran our short course 'Fearfully & Wonderfully Made' with the help of 5 volunteers, in their local area.

We continued to run the support group 'The Accountability Group' (TAG) for Christian men struggling with sexual addiction. The TAG meetings took place online via Zoom meetings (bi-weekly) and in-person in London (bi-weekly) and were facilitated by six of our volunteers.

## **Journey UK**

### **Trustees' Report**

We also continued running a monthly 'Partners' Support Group' for those affected by their partner's sexual addiction. This group was run by another volunteer, and they have continued to meet online via Zoom meetings.

#### *Events*

We continued to run our monthly 'Heart' evenings, Journey UK's open evenings, online via Zoom. These evenings are for anyone to come and experience the ministry of Journey UK. The event is free of charge. On a typical 'Heart' evening, we have Journey UK team members, alumni from recent and past courses going back many years, as well as new people who have never attended a Journey UK event or course before. We continue to welcome new people from across the UK, as well as international participants, to these meetings. 134 individuals attended these meetings over the year, with an average of 31 people attending each 'Heart' evening, many attending multiple evenings throughout the year. The feedback has shown that these evenings are a lifeline for those who live in isolated places and a source of encouragement and connection for many. The meetings also result in people going on to participate in our courses and events.

April - May 2024: We ran three 'Leaders Training Workshops' online via Zoom. The sessions are offered as training opportunities for church leaders, prayer ministry teams, home group leaders, as well as for Journey UK volunteers. We had 9 people taking part in the workshops.

June 2024: We ran a Taster Day in a church in Northampton. This day was for anyone who wanted to experience the ministry of Journey UK for the first time and for those who wanted to come back for more. Approximately 15-17 people attended the day, and 11 volunteers helped. It was an encouraging day for those who came, and some went on to join us for our 'Summer Week' residential in August 2024 and 'The Journey of Grace' course starting in September 2024 because of attending this Taster Day.

January 2025: We ran our annual residential weekend away for our volunteer team members. The event provided an opportunity for training, fellowship and support for our volunteer team members. For Journey UK, the event is vital for team building and continues to be a source of encouragement for our volunteers. We also reported on the year and informed the volunteers of opportunities to get involved in the coming year. 40 people attended the weekend.

March 2025: We ran a Taster Day in London. This day was for anyone who wanted to experience the ministry of Journey UK for the first time and for those who wanted to come back for more. We also invited participants from our online JOG course to attend free of charge to give them the opportunity to take part in an in-person event. 31 people attended the day, and 14 volunteers helped. It was a very encouraging time for those who came. Some went on to join us for our 'Summer Week' residential in August 2025 because they had such a good experience with Journey UK on this day.

#### *Collaboration*

We continue to be a member of the Evangelical Alliance and a resource for Premier Radio to signpost their listeners to when needed. Some churches also refer to Journey UK on their resources pages on their websites.

#### **Office / Venue Space**

We are grateful to our landlord for providing us with an affordable office space in London. The office was free of rental charge and shared with one other charity and one other organisation. As we were the main office users, we paid the bills for electricity, water, phone, and broadband, with the other organisation contributing proportionately. The other charity has been paying the business rates for the office space.

This was a wonderful blessing and allowed staff to be available to meet with volunteer team members, participants and anyone who needed to visit. It also provided a base for administrative duties and storage space for our resources.

We would also like to thank the church that provided us with free use of a room for our bi-weekly accountability group 'TAG' in London.

#### **Volunteers**

We would like to thank all our volunteers who have supported us with their prayers, time and finances. Without them, Journey UK could not operate in the way that it does, and our public benefit would be greatly limited.

Volunteer team members have helped facilitate small groups, teaching, prayer, music and audiovisual (AV) on our courses and events throughout the year. They have also helped with many other practical jobs, both at our office and at our in-person courses and events.

**Journey UK**  
**Trustees' Report**

**Finances**

We are aware that we cannot put a price on much of what we receive from people, especially our volunteers. Volunteers who help on the 3-month 'In The Beginning' course each give at least 60 hours of their time. We appreciate all their giving, which is hard to quantify.

We also really value our financial donors who give monthly, as one-off gifts and those who give towards bursaries and concessions for those who cannot afford the full fees for our courses and events.

We intend to continue to raise income through courses and events fees, resource sales, speaking engagements and donations. We will also continue communicating our needs in a clear and upfront way.

**Reserves Policy**

It is the Trustees' policy to maintain a balance of unrestricted funds (if possible), which equates to at least three months of unrestricted payments, equivalent to £25,000.00 to cover salaries, pensions, and day-to-day running costs of the office.

This is to be kept in our CAF Gold Account (savings account). The year-end balance of £29,726.45 (unrestricted funds: £28,161.10 plus bursaries kept aside for our upcoming courses: £1,565.35) matched this target and was an improvement from the previous year-end balance of £28,719.03.

The balance of £6,134.97 in our CafCash Account (current account) was retained to meet the immediate costs of the above.

**Governance & Management**

The trustees have met on three occasions, and the National Leader presented a report each time. In addition, the trustees held a focused meeting to review salaries for staff members.

Finding new trustees remains an ongoing agenda item.

**Public benefit**

The trustees confirm that they have complied with the requirements of section 4 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

The annual report was approved by the trustees of the charity on 16 December 2025 and signed on its behalf by:

.....  
Ms Michelle Newstead  
Trustee

**Statement of Trustees' Responsibilities**

**for the Year Ended 31 March 2025**

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

The law applicable to charities requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the provisions of the constitution. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the trustees of the charity on 16 December 2025 and signed on its behalf by:

.....  
Ms Michelle Newstead  
Trustee

**Independent Examiner's Report to the trustees of Journey UK**

**for the Year Ended 31 March 2025**

I report on the accounts for the year ended 31 March 2025 set out on pages 7 to 14.

**Respective responsibilities of trustees and examiner**

The trustees are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to an audit under company law and is eligible for independent examination, it is my responsibility to :

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general directions given by the Charity Commission under section 145(5)(b) of the 2011 Act: and
- state whether particular matters have come to my attention.

**Basis of independent examiner's statement**

My examination was carried out in accordance with general directions given by the Charity Commission. An examination includes review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

**Independent examiner's statement**

I have completed my examination. I can confirm that no material matters have come to my attention in connection with the examination :

- (1) which give me reasonable cause to believe that in any material respect the requirements :
  - to keep accounting records in accordance with section 130 of the Charities Act 2011 ; and
  - to prepare accounts which accord with the accounting records and comply with the accounting requirements of 2011 Act.
- (2) to which, in my opinion , attention should be drawn in order to enable a proper understanding of the accounts to be reached.

.....  
**Ben Eley FCA**  
**Independent examiner**  
**For and on behalf of Barnett Ravenscroft Limited**  
**Chartered Accountants**

**13 Portland Road**  
**Edgbaston**  
**Birmingham**  
**B16 9HN**

**16 December 2025**

# Journey UK

## Statement of Financial Activities

for the Year Ended 31 March 2025

	<u>Note</u>	<u>Unrestricted Funds</u> £	<u>Total 2025</u> £	<u>Total 2024</u> £
<b><u>Income and Endowments from :</u></b>				
Donations and legacies	2	58,825	58,825	52,158
Other trading activities	3	42,869	42,869	43,480
Investment income	4	815	815	680
Total Income		<u>102,509</u>	<u>102,509</u>	<u>96,318</u>
<b><u>Expenditure on :</u></b>				
Raising funds	5	(405)	(405)	(232)
Charitable activities	6	(102,938)	(102,938)	(93,494)
Total Expenditure		<u>(103,343)</u>	<u>(103,343)</u>	<u>(93,726)</u>
Net movement of funds		(834)	(834)	2,591
<b><u>Reconciliation of funds</u></b>				
Total funds brought forward		41,033	41,033	38,442
Total funds carried forward	15	<u>40,199</u>	<u>40,199</u>	<u>41,033</u>

All of the charity's activities derive from continuing operations during the above two periods.  
The funds breakdown for 2025 is shown in note 15.



**Journey UK**

**Registration number : 1187579**

**Balance Sheet as at 31 March 2025**

	<u>Note</u>	2025 £	2024 £
<b><u>Fixed Assets</u></b>			
Tangible Assets	12	-	-
<b><u>Current Assets</u></b>			
Debtors	13	6,410	5,999
Cash at bank and in hand		36,004	35,845
		<u>42,415</u>	<u>41,844</u>
<b>Creditors : Amounts due within 1 year</b>	14	(2,215)	(811)
<b>Net Current Assets</b>		<u>40,199</u>	<u>41,033</u>
<b>Net Assets</b>		<u>40,199</u>	<u>41,033</u>
<b>Funds of Charity :</b>			
<b><u>Unrestricted Income</u></b>			
Unrestricted Funds		40,199	41,033
<b>Total Funds</b>	15	<u>40,199</u>	<u>41,033</u>

The financial statements on pages 7 to 14 were approved by the trustees, and authorised for issue on 16 December 2025 and signed on their behalf by :

.....  
Ms Michelle Newstead  
Trustee

**Notes to the Financial Statement for the Year Ended 31 March 2025**

**1 Accounting Policies**

**Statement of compliance**

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

**Basis of preparation**

Journey UK meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

**Exemption from preparing a cash flow statement**

The charity opted to early adopt Bulletin 1 published on 2 February 2016 and have therefore not included a cashflow statement in these financial statements.

**Going concern**

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

**Income and endowments**

Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

**Donations and legacies**

Donations and legacies are recognised on a receivable basis when receipt is probable and the amount can be reliably measured.

**Investment income**

Dividends are recognised once the dividend has been declared and notification has been received of the dividend due.

**Expenditure**

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use.

Other support costs are allocated based on the spread of staff costs.

**Raising funds**

These are costs incurred in attracting voluntary income, the management of investments and those incurred in trading activities that raise funds.

**Charitable activities**

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

**Support costs**

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

**Notes to the Financial Statement for the Year Ended 31 March 2025**

**Governance costs**

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees's meetings and reimbursed expenses.

**Taxation**

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

**Tangible fixed assets**

Individual fixed assets costing £500.00 or more are initially recorded at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

**Depreciation and amortisation**

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

**Research and development**

Research and development expenditure is written off as incurred.

**Trade debtors**

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary courses of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

**Cash and cash equivalents**

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

**Trade creditors**

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if they do not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date.

If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities and are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

**Fund structure**

Unrestricted income funds are general funds that are available for use at the trustees's discretion in furtherance of the objectives of the charity.

# Journey UK

## Notes to the Financial Statement for the Year Ended 31 March 2025

### 2 Income from donations and legacies

	Unrestricted Funds General £	Total 2025 £	Total 2024 £
Donations from individuals	49,590	49,590	44,045
Gift aid reclaimed	9,235	9,235	8,113
	<u>58,825</u>	<u>58,825</u>	<u>52,158</u>

### 3 Income from other trading activities

	Unrestricted Funds General £	Total 2025 £	Total 2024 £
Trading income			
Sales of goods and services	42,377	42,377	42,270
Events income			
Conferences and similar events	492	492	1,210
	<u>42,869</u>	<u>42,869</u>	<u>43,480</u>

### 4 Investment Income

	Unrestricted Funds General £	Total 2025 £	Total 2024 £
Interest receivable and similar income:			
Interest receivable on bank deposits	815	815	680

### 5 Expenditure on raising funds

#### Cost of generating donations and legacies

	Unrestricted Funds General £	Total 2025 £	Total 2024 £
Marketing and Publicity	184	184	12
Other direct costs of generating voluntary income	221	221	220
	<u>405</u>	<u>405</u>	<u>232</u>

## Notes to the Financial Statement for the Year Ended 31 March 2025

**6 Expenditure on charitable activities**

	Unrestricted Funds General £	Total 2025 £	Total 2024 £
Event costs	36,261	36,261	31,871
Interest and bank charges	60	60	60
Rent, rates and insurance, etc	1,384	1,384	702
Telephone and internet	1,030	1,030	975
Computer software and repairs	879	879	848
Printing, post and stationery	1,002	1,002	694
Subscriptions and sundry expenses	857	857	281
Travel and subsistence	130	130	10
Repairs and renewals	3	3	208
Depreciation, amortisation and other similar costs	-	-	-
Staff costs	58,702	58,702	56,605
Allocated support costs	531	531	461
Governance	780	780	780
	<u>101,618</u>	<u>101,618</u>	<u>93,494</u>

**7 Governance costs**

	Unrestricted Funds General £	Total 2025 £	Total 2024 £
Independent examiners fees			
Examination of the financial statements	780	780	780
Other governance costs	-	-	-
	<u>780</u>	<u>780</u>	<u>780</u>

**8 Trustees remuneration and expenses**

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

Expense reimbursed to trustees £nil (2024 : £nil).

**9 Staff Costs**

The aggregate payroll costs were as follows :

	2025 £	2024 £
<b>Staff costs during the year were as follows :</b>		
Wages and salaries	52,814	51,960
Pension costs	4,741	4,524
Other staff costs	1,146	121
	<u>58,702</u>	<u>56,605</u>

No employee received emoluments of more than £60,000 during the year.

# Journey UK

## Notes to the Financial Statement for the Year Ended 31 March 2025

### 10 Independent examiner's remuneration

	2025 £	2024 £
Examination of the financial statements	<u>780</u>	<u>780</u>

### 11 Taxation

The charity is a registered charity and is therefore exempt from taxation.

### 12 Tangible fixed assets

	<u>Furniture and equipment</u> £	<u>Total</u> £
<b>Cost</b>		
At 1 April 2024	<u>14,187</u>	<u>14,187</u>
At 31 March 2025	<u>14,187</u>	<u>14,187</u>
<b>Depreciation</b>		
At 1 April 2024	<u>14,187</u>	<u>14,187</u>
Charge for the year	<u>-</u>	<u>-</u>
At 31 March 2025	<u>14,187</u>	<u>14,187</u>
<b>Net book value</b>		
At 31 March 2025	<u>-</u>	<u>-</u>
At 31 March 2024	<u>-</u>	<u>-</u>

### 13 Debtors

	2025 £	2024 £
Trade debtors	1,892	2,436
Other debtors	<u>4,519</u>	<u>3,563</u>
	<u>6,410</u>	<u>5,999</u>

### 14 Creditors : amounts falling due within one year

	2025 £	2024 £
Trade creditors	1,668	249
Other taxation and social security	548	561
Other creditors	<u>-</u>	<u>-</u>
	<u>2,215</u>	<u>811</u>

## Journey UK

### Notes to the Financial Statement for the Year Ended 31 March 2025

#### 15 Funds

	Balance at 1 April 2024 £	Incoming resources £	Resources expended £	Balance at 31 March 2025 £
<b>Unrestricted funds</b>				
General	41,033	102,509	(103,343)	40,199
	Balance at 1 April 2023 £	Incoming resources £	Resources expended £	Balance at 31 March 2024 £
<b>Unrestricted funds</b>				
General	38,442	96,318	(93,726)	41,033

#### 16 Analysis of net assets between funds

	Unrestricted funds General £	Total funds £
Current assets	42,415	42,415
Current liabilities	(2,215)	(2,215)
Total net assets	40,199	40,199

#### 17 Analysis of net funds

	At 1 April 2024 £	Cash flow £	At 31 March 2025 £
Cash at bank and in hand	35,845	160	36,004
Net debt	35,845	160	36,004

#### 18 Related party transactions

There were no related party transactions during the year.