

Journey UK

Charitable Incorporated Organisation

Annual Report and Financial Statements

for the Year Ended 31 March 2024

Barnett Ravenscroft Ltd
Chartered Accountants
13 Portland Road
Edgbaston
Birmingham
B16 9HN

Journey UK

Reference and Administrative Details

Trustees

Rev Dr Jonathan Macy (resigned 18/12/2023)
Mr Charles Clark
Mrs Adeola Adekemi Spearman
Mr Mark Warburton (resigned 7/1/2024)
Mr Trevor Marr
Ms Michelle Newstead

Other Officers

Mrs Louiz Nielsen, National Leader
Mrs Ronell De Klerk Melaku, part time Administrator
and Communications Coordinator
Mrs Joanne Aitken, part-time bookkeeper (contractor)

Principal Office

7 Windward House
Square Rigger Row
Plantation Wharf
London
SW11 3TU

Charity Registration Number

1187579

Bankers

CAF Bank
25 Kings Hill Avenue
Kings Hill
West Malling
Kent
ME19 4JQ

Independent Examiner

Ben Eley FCA
Barnett Ravenscroft Limited
Chartered Accountants
13 Portland Road
Edgbaston
Birmingham
B16 9HN

Journey UK

Trustees' Report

The trustees present the annual report together with the financial statements of the charity for the year ended 31st March 2024.

Aims & Purposes

Journey UK is a pastoral ministry, seeking to help Christians in a lifelong journey of growth in their relationship with God, themselves and others.

Objectives and Activities

We are a pastoral resource to the church in the UK. Through courses, events and resources, we desire to see the church equipped to be a safe place where men and women can find hope in the areas of relationships, identity and sexual addiction.

As well as running our core courses and events in London and online, we want to release people to use our resources across the UK, individually, with a small group or as a local course in a church. To facilitate this, we offer local and online training sessions, taster days for churches, and run a residential week every August where people can experience the ministry and be trained.

When planning our activities for the year, the staff and trustees have considered the Charity Commission's guidance on public benefit and, in particular, the specific guidance on charities for the advancement of religion. In particular, we help Christians to joyfully live out their faith amongst their families, friends, colleagues and communities through:

Worship and prayer

Teaching about God the Father, Jesus the Son and the Holy Spirit

Helping them grow as disciples of Jesus Christ

Encouraging them to build friendships, enjoy hobbies and nature, and use their gifts and talents for the benefit of others.

To facilitate this work we must have office space and a venue we can use for our London courses and events.

Achievements and Performance

Courses and Support Groups

Our primary objective is for churches in the UK to use our resources to run small groups and offer courses in their local area. For this to happen, Journey UK must continue to coordinate and run our courses, which as well as benefitting the public, also provide training opportunities for volunteers and new leaders.

Some churches around the UK continue to use our resources locally and individuals have bought our manuals to use with prayer partners, counsellors or in small groups. Our resources have also been used overseas, especially in Finland, Belgium, Poland, Lithuania and New Zealand.

August 2023: We ran our annual 'Summer Week' residential. The Summer Week is a condensed version of 'The Journey of Grace' (JOG) course. We welcomed volunteer team members and participants from all over the UK, as well as internationally. We started our annual residential with a team day to provide training for the volunteer team and prepare for the arrival of the participants the following day. 28 participants and 23 volunteer team members attended the residential in 2023. The feedback was overwhelmingly positive and showed the Summer Week is highly valued and beneficial to those who attend.

October 2023 - March 2024, we ran the Journey One+Two courses (The Journey of Grace) online via Zoom. Running the courses online provided the opportunity for participants and volunteer team members based around the UK to take part in these courses. 14 participants and 9 volunteer team members attended. We had a further 3 volunteer team members come in to help teach individual sessions during the courses. We have received encouraging feedback and testimonies following these courses, showing improvement in the way participants relate to God, themselves and others.

We continued to run the support group 'The Accountability Group' (TAG) for Christian men struggling with sexual addiction. The TAG meetings have taken place online via Zoom meetings (bi-weekly) and in-person in London (bi-weekly) and were facilitated by five of our volunteers.

We also continued running a monthly 'Partners' Support Group' for those affected by their partner's sexual addiction. This group was run by another volunteer and they have continued to meet online via Zoom meetings.

Journey UK

Trustees' Report

Events

We continued to run our monthly 'Heart' evenings, Journey UK's open evenings, online via Zoom. These evenings are for anyone to come and experience the ministry of Journey UK. The event is free of charge. On a typical 'Heart' evening we have Journey UK team members, alumni from recent and past courses going back many years, as well as new people who have never attended a Journey UK event or course before. We continue to welcome new people from across the UK, as well as many international participants to these meetings. 128 individuals attended these meetings over the year, with an average of 31 people attending each 'Heart' evening, many attending multiple evenings throughout the year. The feedback has shown that these evenings are a lifeline for those who live in isolated places and a source of encouragement and connection for many. The meetings also result in people going on to participate in our courses and events.

January 2024: We ran our annual residential weekend away for our volunteer team members. The event provided an opportunity for training, fellowship and support for our volunteer team members. For Journey UK, the event is vital for team building and continues to be a source of encouragement for our volunteer team members. We also gave a report of the year and informed the volunteers of opportunities to get involved in the coming year. 42 people attended the weekend.

March 2024: We ran a Taster Day in London. This day was for anyone who wanted to experience the ministry of Journey UK for the first time and for those who wanted to come back for more. We also invited participants from our online JOG course to attend free of charge to give them the opportunity to take part in an in-person event. 27 people attended the day and it was an encouraging time for everyone who came. Some went on to join us for our Summer Week residential in August 2024 because of attending this Taster Day.

Collaboration

We continue to be a member of the Evangelical Alliance and a resource for Premier Radio to signpost their listeners to when needed. Some churches also refer to Journey UK on their resources pages on their websites.

Other

April - June 2023 - National Leader, Louiz Nielsen was given a 3-month sabbatical. During this time, experienced volunteer team members stepped in to cover specific jobs and roles needed in her absence. We did not run our usual Journey One (ITB) course during her time away but continued to run TAG and Heart evenings.

Office / Venue Space

We are grateful to our landlord for providing us with our office space. The office is free of rental charge and shared with one other charity and one other organisation. As we are the main office users, we paid the bills for electricity, water, phone and wifi, with the other organisation contributing proportionately. The other charity has been paying the business rates for the office space.

This is a wonderful blessing and allows staff to be available to meet with volunteer team members, participants and anyone who needs to visit. It also provides a base for administrative duties and storage space for our resources.

We would also like to thank the church that offered us free use of a room for our bi-weekly accountability group 'TAG' in London.

Volunteers

We would like to thank all our volunteers who have supported us with their prayers, time and finances. Without them, Journey UK could not operate in the way that it does and our public benefit would be greatly limited.

Volunteer team members have helped facilitate small groups, teaching, prayer, music and audiovisual (AV) on our courses and events throughout the year. They have also helped with many other practical jobs, both at our office and during our courses and events.

Journey UK

Trustees' Report

Finances

We are aware that we cannot put a price on much of what we receive from people, especially our volunteers. Volunteers who help on the 3 months 'In The Beginning' course each give at least 60 hours of their time. We appreciate all their giving which is hard to quantify.

We also really value our financial donors who give monthly, as one-off gifts and those who give towards bursaries and concessions for those who cannot afford the full fees for our courses and events.

We intend to continue to raise income through courses and events fees, resource sales, speaking engagements and donations. We will also continue communicating our needs in a clear and upfront way.

Reserves Policy

It is the Trustees' policy to maintain a balance of unrestricted funds (if possible), which equates to at least three months of unrestricted payments, equivalent to £25,000.00 to cover salaries, pensions, and day-to-day running costs of the office.

This is to be kept in our CAF Gold Account (savings account). The year-end balance of £28,719.03 (unrestricted funds: £27,150.63 plus bursaries kept aside for our upcoming courses: £1,568.40) matched this target but was a little less than the previous year-end balance of £28,919.09.

The balance of £7,032.77 in our CafCash Account (current account) was retained to meet the immediate costs of the above.

Governance & Management

The trustees have met on four occasions and the National Leader presented a report each time. In addition, the trustees held a focussed meeting to review salaries for staff members.

Finding new trustees remains an ongoing agenda item.

Public benefit

The trustees confirm that they have complied with the requirements of section 4 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

The annual report was approved by the trustees of the charity on 6 January 2025 and signed on its behalf by:

.....
Ms Michelle Newstead
Trustee

Statement of Trustees' Responsibilities

for the Year Ended 31 March 2024

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

The law applicable to charities requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the provisions of the constitution. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the trustees of the charity on 6 January 2025 and signed on its behalf by:

.....
Ms Michelle Newstead
Trustee

Independent Examiner's Report to the trustees of Journey UK
for the Year Ended 31 March 2024

I report on the accounts for the year ended 31 March 2024 set out on pages 7 to 14.

Respective responsibilities of trustees and examiner

The trustees are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to an audit under company law and is eligible for independent examination, it is my responsibility to :

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with general directions given by the Charity Commission. An examination includes review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent examiner's statement

I have completed my examination. I can confirm that no material matters have come to my attention in connection with the examination giving cause to believe that in any respect:

- (1) which give me reasonable cause to believe that in any material respect the requirements :
 - to keep accounting records in accordance with section 130 of the Charities Act 2011 ; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of 2011 Act.
- (2) to which, in my opinion , attention should be drawn in order to enable a proper understanding of the accounts to be reached.

.....
Ben Eley FCA
Independent examiner
For and on behalf of Barnett Ravenscroft Limited
Chartered Accountants

13 Portland Road
Edgbaston
Birmingham
B16 9HN

6 January 2025

Journey UK

Statement of Financial Activities

for the Year Ended 31 March 2024

	<u>Note</u>	<u>Unrestricted Funds</u> £	<u>Total 2024</u> £	<u>Total 2023</u> £
<u>Income and Endowments from :</u>				
Donations and legacies	2	52,158	52,158	61,491
Other trading activities	3	43,480	43,480	31,514
Investment income	4	680	680	235
Total Income		<u>96,318</u>	<u>96,318</u>	<u>93,240</u>
<u>Expenditure on :</u>				
Raising funds	5	(232)	(232)	(423)
Charitable activities	6	(93,494)	(93,494)	(102,068)
Total Expenditure		<u>(93,726)</u>	<u>(93,726)</u>	<u>(102,491)</u>
Net movement of funds		2,591	2,591	(9,251)
<u>Reconciliation of funds</u>				
Total funds brought forward		38,442	38,442	47,693
Total funds carried forward	16	<u>41,033</u>	<u>41,033</u>	<u>38,442</u>

All of the charity's activities derive from continuing operations during the above two periods.
The funds breakdown for 2024 is shown in note 16.

Journey UK

Registration number : 1187579

Balance Sheet as at 31 March 2024

	<u>Note</u>	2024 £	2023 £
<u>Fixed Assets</u>			
Tangible Assets	13	-	-
<u>Current Assets</u>			
Debtors	14	5,999	8,549
Cash at bank and in hand		35,845	33,916
		<u>41,844</u>	<u>42,465</u>
Creditors : Amounts due within 1 year	15	(811)	(4,023)
Net Current Assets		<u>41,033</u>	<u>38,442</u>
Net Assets		<u>41,033</u>	<u>38,442</u>
Funds of Charity :			
<u>Unrestricted Income</u>			
Unrestricted Funds		41,033	38,442
Total Funds	16	<u>41,033</u>	<u>38,442</u>

The financial statements on pages 7 to 14 were approved by the trustees, and authorised for issue on 6 January 2025 and signed on their behalf by :

.....
Ms Michelle Newstead
Trustee

Notes to the Financial Statement for the Year Ended 31 March 2024

1 Accounting Policies

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

Basis of preparation

Journey UK meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Exemption from preparing a cash flow statement

The charity opted to early adopt Bulletin 1 published on 2 February 2016 and have therefore not included a cashflow statement in these financial statements.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

Income and endowments

Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

Donations and legacies

Donations and legacies are recognised on a receivable basis when receipt is probable and the amount can be reliably measured.

Investment income

Dividends are recognised once the dividend has been declared and notification has been received of the dividend due.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use.

Other support costs are allocated based on the spread of staff costs.

Raising funds

These are costs incurred in attracting voluntary income, the management of investments and those incurred in trading activities that raise funds.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

Notes to the Financial Statement for the Year Ended 31 March 2024

Governance costs

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees's meetings and reimbursed expenses.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets

Individual fixed assets costing £500.00 or more are initially recorded at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Research and development

Research and development expenditure is written off as incurred.

Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary courses of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date.

If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities and are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees's discretion in furtherance of the objectives of the charity.

Journey UK

Notes to the Financial Statement for the Year Ended 31 March 2024

2 Income from donations and legacies

	Unrestricted Funds General £	Total 2024 £	Total 2023 £
Donations from individuals	44,045	44,045	51,772
Gift aid reclaimed	8,113	8,113	9,719
	52,158	52,158	61,491

3 Income from other trading activities

	Unrestricted Funds General £	Total 2024 £	Total 2023 £
Trading income			
Sales of goods and services	42,270	42,270	31,237
Events income			
Conferences and similar events	1,210	1,210	277
	43,480	43,480	31,514

4 Investment Income

	Unrestricted Funds General £	Total 2024 £	Total 2023 £
Interest receivable and similar income:			
Interest receivable on bank deposits	680	680	235
	680	680	235

5 Expenditure on raising funds

Cost of generating donations and legacies

	Unrestricted Funds General £	Total 2024 £	Total 2023 £
Marketing and Publicity	12	12	289
Other direct costs of generating voluntary income	220	220	134
	232	232	423

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Notes to the Financial Statement for the Year Ended 31 March 2024

6 Expenditure on charitable activities

	Unrestricted Funds General £	Total 2024 £	Total 2023 £
Event costs	31,871	31,871	26,388
Interest and bank charges	60	60	84
Rent, rates and insurance, etc	702	702	1,849
Telephone and internet	975	975	888
Computer software and repairs	848	848	1,431
Printing, post and stationery	694	694	864
Subscriptions and sundry expenses	281	281	968
Travel and subsistence	10	10	199
Repairs and renewals	208	208	375
Depreciation, amortisation and other similar costs	-	-	61
Staff costs	56,605	56,605	67,186
Allocated support costs	461	461	697
Governance	780	780	1,077
	<u>93,494</u>	<u>93,494</u>	<u>102,068</u>

7 Governance costs

	Unrestricted Funds General £	Total 2024 £	Total 2023 £
Independent examiners fees			
Examination of the financial statements	780	780	780
Other governance costs	-	-	297
	<u>780</u>	<u>780</u>	<u>1,077</u>

8 Net incoming/outgoing resources

Net outgoing/incoming resources for the year include :

	2024 £	2023 £
Depreciation of fixed assets	<u>-</u>	<u>61</u>

9 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

Expense reimbursed to trustees £nil (2023 : £97).

10 Staff Costs

The aggregate payroll costs were as follows :

	2024 £	2023 £
Staff costs during the year were as follows :		
Wages and salaries	51,960	48,450
Pension costs	4,524	14,436
Other staff costs	121	4,300
	<u>56,605</u>	<u>67,186</u>

No employee received emoluments of more than £60,00 during the year.

Journey UK

Notes to the Financial Statement for the Year Ended 31 March 2024

11 Independent examiner's remuneration

	2024 £	2023 £
Examination of the financial statements	<u>780</u>	<u>780</u>

12 Taxation

The charity is a registered charity and is therefore exempt from taxation.

13 Tangible fixed assets

	<u>Furniture and equipment</u> £	<u>Total</u> £
Cost		
At 1 April 2023	<u>14,187</u>	<u>14,187</u>
At 31 March 2024	<u>14,187</u>	<u>14,187</u>
Depreciation		
At 1 April 2023	<u>14,187</u>	<u>14,187</u>
Charge for the year	<u>-</u>	<u>-</u>
At 31 March 2024	<u>14,187</u>	<u>14,187</u>
Net book value		
At 31 March 2024	<u>-</u>	<u>-</u>
At 31 March 2023	<u>-</u>	<u>-</u>

14 Debtors

	2024 £	2023 £
Trade debtors	2,436	1,214
Other debtors	<u>3,563</u>	<u>7,334</u>
	<u>5,999</u>	<u>8,549</u>

15 Creditors : amounts falling due within one year

	2024 £	2023 £
Trade creditors	249	233
Other taxation and social security	561	544
Other creditors	<u>-</u>	<u>3,246</u>
	<u>811</u>	<u>4,023</u>

Journey UK

Notes to the Financial Statement for the Year Ended 31 March 2024

16 Funds

	Balance at 1 April 2023 £	Incoming resources £	Resources expended £	Balance at 31 March 2024 £
Unrestricted funds				
General	38,442	96,318	(93,726)	41,033

	Balance at 1 April 2022 £	Incoming resources £	Resources expended £	Balance at 31 March 2024 £
Unrestricted funds				
General	47,693	93,240	(102,491)	38,442

17 Analysis of net assets between funds

	Unrestricted funds General £	Total funds £
Current assets	41,844	41,844
Current liabilities	(811)	(811)
Total net assets	41,033	41,033

18 Analysis of net funds

	At 1 April 2023 £	Cash flow £	At 31 March 2024 £
Cash at bank and in hand	33,916	1,928	35,845
Net debt	33,916	1,928	35,845

19 Related party transactions

There were no related party transactions during the year.