



THE NEW NORMAL.

1, 83 Warley Hill, Brentwood, Essex, CM14 5HN
Registered Charity no. 1187513

Trustees

Trustees for this period were as follows;

James Sapwell (Chair) - appointed 22 January 2020

Jack Baxter - appointed 22 January 2020

Benjamin May - appointed 22 January 2020

Frederick Case - appointed 22 January 2020

Mark Atkinson - appointed 22 January 2020

Poppy Chancellor – appointed 22 November 2020

The New Normal (TNN) is managed by an executive board made up of first Trustees (James Sapwell, Benjamin May & Jack Baxter) who are overseen by the full board of Trustees.

Apart from the first charity trustees, every trustee must be appointed for a term of two years by a resolution passed at a properly convened meeting of the charity trustees.

In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

Objectives and Activities

Our first year of operations was severely impacted by the Coronavirus pandemic. Our intentions had been to grow our in-person sessions across London and the South East, but with the pandemic preventing meeting in person, we quickly adopted an online model.

This enabled us to offer our peer-to-peer grief and bereavement support sessions to young people across the UK and we were very quickly oversubscribed. As a result, we increased the regularity of these sessions to meet the demand.

Restrictions meant that traditional support may not have been available to those seeking it and our services became an alternative for many. Grief and bereavement was very much in the public consciousness and we were acutely aware of the added issues arising from being bereaved during a pandemic and with restrictions in place.

Our services were used by hundreds of beneficiaries from all across the UK. Following feedback and requests from our services users we added a range of different sessions, providing safe spaces for the Black and Brown community & LGBTQ+ community,

Mr. James Sapwell
Chairman of Trustees



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and specific sessions for those whose grief has added complications and those who were bereaved during the pandemic.

We also introduced specific sessions for Men and for Women to discuss their mental health, without a focus on grief. By the end of 2020 we were offering 37 separate sessions per month, up from 2 in person sessions per month at the start of the year.

We had over 300 separate services users across 2020, and were pleased that many who attended a session went on to attend further sessions.

Owing to our low cost base, the board made a conscious decision not to apply for grant funding or to publicly request donations during 2020. As such, fundraising was modest but more than covered the costs incurred and these are detailed below.

Accounts

The attached accounts show receipts of £3,103.38 and expenditure of £917.41. The Charity has no debts and does not hold funds as a custodian trustee.

These have been verified by Frederick Case & Mark Atkinson in their capacity as non-executive Trustees.

The Charity has no paid employees

This Annual Report is approved by the board of Trustees

James Sapwell
Chairman

Date: 29/10/21

Mr. James Sapwell
Chairman of Trustees

Date

3/27/2020
3/31/2020
5/1/2020
5/4/2020
5/11/2020
5/11/2020
5/15/2020
5/15/2020
5/18/2020
5/26/2020
5/26/2020
5/26/2020
5/27/2020
5/27/2020
6/1/2020
6/29/2020
7/16/2020
7/20/2020
7/27/2020
8/6/2020
8/18/2020
9/18/2020
10/19/2020
10/20/2020
11/18/2020
12/10/2020
12/18/2020
12/18/2020
12/24/2020
1/11/2021
1/18/2021

Description

'THOMAS LANGAN , SENT FROM MONZO , FP 27/03/20 1820 , PUOBOL963YQHF1QLZK
'CAF2003262201CF , 2003262201CF
'SWAP WORK LIMITED , FEES , FP 01/05/20 1703 , 500000000594930313
'MATTHEW SCOTT , LOCKDOWN HAIRCUT , FP 04/05/20 1810 , PNSBC5FDOOEZF33H27
'EP STUDIOS LTD , FLWRDONATION4/5 , FP 11/05/20 1127 , L97RYNR944J1P23KW5
'CAF2005057862CF , 2005057862CF
'TOBY CUMMINS , TOBES HAIRCUT , FP 15/05/20 1545 , P6F31HJMA51GJEDC1A
'SWAP WORK LIMITED , FEES , FP 15/05/20 1219 , 400000000604284316
'BINGLEY P H F , P , VIA MOBILE - LVP
'SWAP WORK LIMITED , DONATION , FP 23/05/20 1838 , 300000000606052050
'PAYPAL CODE 2443 , PAYPAL CODE 2443 , FP 26/05/20 1756 , PPRD100000000JVD6P
'SCOTT M , DONATION , FP 23/05/20 1658 , RP4679963239951800
'NICOLA-MILLER STEP, DONATIO , FP 27/05/20 1314 , FP20148011142857
'MELL A AND C , C MELLING , FP 27/05/20 0715 , 433935805170725001
'EP STUDIOS LTD , FLWRDONATION2/5 , FP 01/06/20 1306 , QEWR02OGM5GPXN34L1
'EP STUDIOS LTD , FLWRDONATION3/5 , FP 27/06/20 1021 , LXZ1J2369R4LY2P9R4
'AMELIA TERRY , LEMON MADE MASKS , FP 15/07/20 2008 , P8YQDNN0KGDT5O6G9T
'MARTIN ROBERTS , MARTIN ROBERTS , FP 18/07/20 1825 , PRVVHAKWRSKCPOBE2W
'LEWIS KL , DONATION , VIA MOBILE - LVP
'MELL A AND C , C MELLING , FP 05/08/20 1945 , 606342625491508001
'MARTIN ROBERTS , MARTIN ROBERTS , FP 18/08/20 0323 , PDY9ZPBW5PVWN3HAZS
'MARTIN ROBERTS , MARTIN ROBERTS , FP 18/09/20 0331 , PU71XFEZZKWI9Y0VEO
'MARTIN ROBERTS , MARTIN ROBERTS , FP 18/10/20 0315 , PH7QF6M358O4R57SE6
'K ALLEN , SKY SPORTS SKYDIVE, FP 20/10/20 0944 , 500000000664682065
'MARTIN ROBERTS , MARTIN ROBERTS , FP 18/11/20 0211 , P1RG2IV0DNZQSUKPBL
'GERALDINE BATASHVI, CHARITY , FP 10/12/20 0035 , 00151250632BBKVGQX
'MARTIN ROBERTS , MARTIN ROBERTS , FP 18/12/20 0217 , PMY875ENFR7XSZU74X
'PAYPAL , PPWDL59Y222243PBT8, FP 18/12/20 0027 , PPWD100000000KHWN
'PAYPAL , PPWDL59Y22225ZFY58, FP 24/12/20 0023 , PPWD1000000013S183
'GERALDINE BATASHVI, CHARITY , FP 11/01/21 0032 , 00151250632BBKXXNQ
'MARTIN ROBERTS , MARTIN ROBERTS , FP 18/01/21 0216 , POCQOYL0SHRYKRQMHI

Value	Type
£35.00	Donation
£40.00	Donation
£77.14	Donation
£30.00	Donation
£231.36	Donation
£80.00	Donation
£20.00	Donation
£38.75	Donation
£60.00	Donation
£155.00	Donation
£0.01	Donation
£150.00	Donation
£10.00	Donation
£50.00	Donation
£118.57	Donation
£85.00	Donation
£30.00	Donation
£50.00	Donation
£73.00	Donation
£100.00	Donation
£50.00	Donation
£50.00	Donation
£50.00	Donation
£50.00	Donation
£701.00	Donation
£50.00	Donation
£10.00	Donation
£50.00	Donation
£373.87	Donation
£274.68	Donation
£10.00	Donation
£50.00	Donation
£3,103.38	

Date

11/13/2020

11/16/2020

12/10/2020

Description

'8070 12NOV20 , FACEBK DBANDW6UD2 , FB.ME/ADS IE

'8070 14NOV20 , FACEBK 3ARQEW6UD2 , FB.ME/ADS IE

'8070 10DEC20 , FACEBK JXXA2X6UD2 , FB.ME/ADS IE

Value	Type
£ (17.00)	Advertising
£ (17.00)	Advertising
£ (16.00)	Advertising

TOTAL RECEIPTS	£ 3,103.38
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TOTAL EXPENDITURE	£ 917.41
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BALANCE	<u>£ 2,185.97</u>
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RECEIPT BY TYPE

Donation	£ 3,103.38
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EXPENDITURE BY TYPE

Advertising	£50.00
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Stationary	£57.30
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Website	£228.58
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Office Supplies	£122.98
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Research	£297.00
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Subsistence	£1.55
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Supervision	£160.00
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