

BEDER
(CIO)

Report and Financial Statements
Year Ended 31 March 2025

Registered Charity Number : 1187475
CIO : CE020383

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**Beder
(CIO)
Trustees' Report for the year ended 31 March 2025**

Trustees Report

The Trustees are pleased to present their report together with the financial statements of the charity and its subsidiary company for the year ended 31 March 2025.

The financial statements comply with the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

Reference and administrative details

Registered Charity No: 1187475
CIO No: CE020383
Registered in England and Wales
Registered Address : 2 Amity Grove, Flat 2, London, SW20 0LJ

Trustees

The trustees who served during the year and since the year end date are:

Yahya Mirjan
Fiona Angel
Nicholas Couchman
Abdul Razzak Mirjan
Farah Mirjan

Independent Examiner

Miranda Ludden
56 Newlands Park
London
SE26 5NE

Bankers

Metro Bank
Southampton Row
London
WC1B, 5HA

Beder

(CIO)

Trustees' Report for the year ended 31 March 2025 (cont'd)

Beder Mirjan Limited (Company number : 11958311)

Beder Mirjan Limited is a wholly-owned subsidiary of Beder (CIO). The subsidiary was dissolved during the year and all activities now take place in the charity.

Structure, Governance and Management

Governing Document

Beder was formed and registered as a Charitable Incorporated Organisation in January 2020 and is governed by its constitution dated 20th January 2020 and updated on 14th January 2021. It was established with a mission to prevent suicide and preserve and protect the mental health of young people and adults in particular through partnering and supporting mental health and suicide prevention charities in the UK. It also works to provide opportunities to increase awareness of mental health issues with young people and adults in the UK through joint initiatives.

Organisation

The charity is administered by a board of trustees, who meet quarterly.

Appointment of Trustees

Any proposed trustee appointments are put forward by a member of the board of trustees for consideration during a trustee meeting. Each proposed trustee is approved or declined by the majority of the board of trustees. Upon the board of trustees approving a trustee appointment then the appointee is offered the appointment as a trustee of Beder.

Trustee Induction and Training

We encourage trustees to independently undertake any mental health and suicide prevention training such as the Mental Health First Aid training courses.

Objectives and Activities

Beder was set up as a legacy to 18 year old Beder Mirjan, who sadly passed away after taking his own life in April 2017.

The main aim of Beder is to softly raise awareness around the topics of mental health and suicide prevention. Beder wants to overcome the fear and stigma surrounding these important societal issues to help ensure those suffering with their mental health realise that they are not alone and there is always support surrounding them so that taking their own life is not the only option.

Beder organises a range of in-person events and initiatives to help raise awareness around mental health and suicide prevention in addition to their service of providing free access to therapy via Beder Therapy Vouchers.

We feel Beder, as a charity, is certainly growing in the right direction as the Beder community continues to expand and provide a platform for us all to play our part in raising awareness around these important societal issues.

Significant activities – 1 APRIL 2024 to 31 MARCH 2025

Beder FC v Rest of the World XI – Loftus Road, 11 May 2024

We organized a special charity football match as Beder FC took on a Rest of the World XI with both squads filled

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Trustees' Report for the year ended 31 March 2025 (cont'd)

with ex-Premier League and International footballers in addition to leading football content creators.

Beder FC win a thrilling match on penalties after it ended 4 - 4 after full time. Goals for Beder FC from Nedum Onouha, Eman SV2, A Star and J Tekkzz.

Beder x Fulham – Mental Health Awareness Week (May 2024)

As part of Mental Health Awareness Week, Alex Iwobi and Matthew Briggs sat down with the Charity to discuss how they look after their mental health.

Beder x VOLT

Beder entered into an exciting partnership with VOLT, a leading e-bike brand, which included developing a bespoke Beder branded bike, taking on the London to Brighton Cycle Ride and creating regular content with notable personalities around the benefits of cycling to your mental health.

The Beder Supperclub x HexClad – 20 May 2024

Beder and HexClad teamed up with Mortimer House Kitchen for a one night only supper club filled with Italian food by Tom Cenci who is the Executive Chef and a Beder ambassador.

The ticket included a welcome drink and delicious 4 course menu.

London to Brighton Cycle Ride – June 2024

Team Beder completed the London to Brighton Cycle Ride on VOLT e-bikes.

It was a beautiful day for the 54 mile/87km bike ride which started at Clapham Common and finished on the Brighton Beachfront! Team Beder consisted of Beder's brother (Razzak), sister (Maryam) and two cousins (Aya and Hashim).

It was a special day as we had conversations with cyclists along the way about the charity and its work around mental health awareness and suicide prevention, made memories together as a family whilst doing good in Beder's name.

Beder x Arena – Foxhills Golf Club

We filmed a short promotional film about Arena x Beder's support with Dylan Hartley, Ryan Fox, Ross Robertson and Razzak Mirjan at Foxhills Golf Club.

We discussed the importance of checking in on friends, looking after ourselves and sharing any challenges which we face with others.

The Beder Birthday Dinner – 27 November 2024

We hosted an incredibly special dinner to celebrate the charity's achievements over the last 5 years whilst also creating an opportunity to remember Beder Mirjan and fundraise for the future with so many amazing people in one room!

An evening which we will never forget raising over £28,000 consisted of a drinks reception sponsored by Arena and dinner sponsored by HexClad and Stats Perform in addition to live music from James Gillespie, The Beder Awards and an exciting auction.

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Trustees' Report for the year ended 31 March 2025 (cont'd)

The Beder Awards recognised the incredible individuals and organisations that have supported us on this transformative journey as such growth and success would not have been possible without each and every amazing supporter who has joined us along the way.

Beder x QPR – Matchday Charity v Millwall

Beder was proud to be the matchday charity for QPR v Millwall at MATRADE Loftus Road.

During this activation, QPR players were photographed wearing Beder football shirts, we attended the match with a group of volunteers, stood pitchside before kick off and located posters throughout the stadium advertising Beder Therapy Vouchers.

Beder x Alex Iwobi – Custom Beder Boots – 8 December 2024

Alex Iwobi wore a bespoke pair of football boots for Fulham v Arsenal at Craven Cottage on 8 December 2024, in support of Beder, which were later auctioned on Match Worn Shirt.

These boots were created in support of Beder and designed by leading boot artist, Jordan Dawson, with inspiration included covering Alex's Nigerian heritage and Alex's work through Project 17

Beder x Reading FC x Select Car Leasing – Front of Shirt Sponsorship – 1 February 2025

Select Car Leasing generously donated front of shirt sponsorship to Beder for Reading v Bolton which enabled us to secure press coverage with BBC, Sky Sports and Club related media channels.

Beder looks to keep leading the way collaboratively, build meaningful and authentic relationships with our partners and supporters whilst creating greater accessibility to information and opportunities to promote self-care and manage our mental health.

Beder strives for its work to have genuine, long term and sustainable impact. We believe that initiating conversations and creating safe spaces where a range of perspectives and experiences can be heard is key to this.

Beder prioritises taking a soft-touch approach to raising awareness, with empathy at the forefront of everything we do. We want to help make talking about what is on your mind less daunting and overwhelming.

Statement of Public benefit

The objectives of the charity and the activities undertaken to meet those objectives are for the public benefit. The Trustees have given due regard to the guidance published by the Charity Commission on public benefit.

Financial Review

The charity produced a surplus for the year of £51,369 (2024: £10,276). All funds of the charity are unrestricted.

Investment Powers

Under the Memorandum and Articles of Association, the charity has the power to make any investment which the trustees see fit.

The trustees are looking to build reserves within the charity to provide a stable financial base to support future activities and so the charity funds are kept in an instant access cash account.

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Trustees' Report for the year ended 31 March 2025 (cont'd)


Reserves Policy

Charity Commission guidance requires trustees to consider the need for a charity to maintain reserves. Free reserves are defined by the Charity Commission as funds which are neither restricted nor designated and which are not tied up in fixed assets necessary for operations.

At 31 March 2025, the group free reserves were £150,253 (2024 : £98,884).

At this stage of development of the charity the trustees are looking to build the charity's reserves in order to ensure that the important work of the charity is sustainable and have therefore not yet developed a reserves policy.

On behalf of the Board

DocuSigned by:

A940F594132A45B...

Razzak Mirjan

Trustee

Date: 30/01/2026

Independent Examiners Report to the Trustees of Beder

On accounts for the year ended

31 March 2025

Charity no

1187475

Set out on pages

8 to 12

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31 / 03 / 2025**.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:



Date: 31/01/2026

Name: Miranda Ludden

Relevant professional qualification(s) or body (if any):

CIMA

Address:

56 Newlands Park

London, SE26 5NE

Beder (CIO)

Statement of Financial Activities For the year ended 31 March 2025

	Notes	Total Unrestricted Funds 2025	Total Unrestricted Funds 2024
		£	£
Income and Endowments from:			
Donations and Legacies	2	105,625	55,288
Charitable Activities	3	3,571	7,633
Other Trading Activities	4	23,336	16,457
Total		132,532	79,378
Expenditure on:			
Raising Funds	5	24,914	12,862
Charitable Activities	6	56,249	56,240
Total		81,163	69,102
Net income / (expenditure)		51,369	12,276
Net movement in Funds		51,369	10,276
Reconciliation of funds:			
Total funds brought forward		98,884	88,608
Total funds carried forward		150,253	98,884

All gains and losses recognised in the year are included in the statement of financial activities above.

All incoming and expenditure derive from continuing activities.

The notes form part of the financial statements.

Beder (CIO)

Balance Sheet at 31 March 2025

	Notes	2025 £	2024 £
Current assets			
Debtors	11	1,034	341
Cash at bank and in hand		151,769	99,478
Total Current Assets		152,803	99,819
Creditors: amounts falling due within one year	12	(2,550)	(935)
Net current assets		150,253	98,884
Total net assets		150,253	98,884
The funds of the charity			
Unrestricted funds		150,253	98,884
		150,253	98,884

The financial statements were approved by the Board, authorised for issue and signed on their behalf by

Razzak Mirjan
Trustee

DocuSigned by:
Razzak Mirjan
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Date : 30/01/2026

Beder (CIO)
Registered Charity Number : 1187475
CIO : CE020383

**Beder
(CIO)**

Notes to the Financial Statements

For the year ended 31 March 2025

1 Accounting policies

Basis of Preparation and assessment of going concern

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

The Financial Statements have been prepared under the historical cost convention.

The Charity constitutes a public benefit entity as defined by FRS 102.

The presentation currency of the financial statements is £ sterling and the amounts are rounded to the nearest £.

Income

Income is recognised in the period in which the charitable group is entitled to receipt and the amount can be measured with reasonable certainty. Income is deferred when the charity has to fulfil conditions before becoming entitled to it or where the donor has specified that the Income is to be expended in a future period.

Where applicable income is stated after trade discounts and net of VAT.

Grants from the government and other agencies have been included as Income from Charitable Activities in furtherance of the charity's objects where these amount to a contract for services, but as donations where the money is given in response to an appeal or with greater freedom of use.

Expenditure

All expenditure is provided in the financial statements on an accruals basis where appropriate and material. Expenditure is allocated directly to the activities to which it relates where possible. The group allocates its management and administration costs to activities on a basis consistent with the use of resources.

Debtors

Short term debtors are measured at transaction price, less any impairment losses.

Creditors

Short term creditors are measured at transaction price.

Beder**(CIO)****Notes forming part of the financial statements for the year ended 31st Mar 2025 (cont'd)****Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees. Restricted funds can only be used for particular restricted purposes within the objects of the charity.

Restrictions arise when specified by the donor or when funds are raised for a particular restricted purpose.

Judgements, Estimates and Assumptions.

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported for assets and liabilities as at the balance sheet date and the amounts reported for revenues and expenses during the period. The nature of estimation means the actual outcomes could differ from those estimates. There are no judgments that have a significant effect on the amounts recognised in the financial statements.

2 Income from Donations and Legacies

	2025	2024
	£	£
Donations	105,625	52,288
Total	105,625	52,288

3 Income from Charitable Activities

	2025	2024
	£	£
Book Income	142	912
Beder FC income	3,429	6,720
Total	3,571	7,633

4 Income from other Trading Activities

	2025	2024
	£	£
Merchandise Sales	4,389	6,246
Concert Ticket Income	18,947	10,211
Total	23,336	16,457

5 Costs of Raising Funds

	2025	2024
	£	£
Cost of Goods Sold	3,956	3,075
Stripe fees	136	436
Fundraising Events Costs	20,822	9,350
Total	24,914	12,862

6 Charitable expenditure

	2025	2024
	£	£
Digital Engagement	10,672	6,650
Cookbook costs	910	1,384
Football Costs	10,170	9,055
Grants to Organisations	5,682	9,205
Support Costs (note 7)	6,095	6,506
Total	56,249	56,240

**Beder
(CIO)****Notes forming part of the financial statements for the year ended 31st Mar 2025 (cont'd)****7 Support costs**

	2025	2024
	£	£
Bank Fees	90	83
Postage, Freight & Courier	617	1,575
General Expenses	1,254	1,349
Insurance	498	165
IT Software and Consumables	2,722	2,234
Governance costs – Independent examination	300	300
Governance costs – Other	-	8
Travel	614	603
Total	6,095	6,506

8 Staff costs

There were no employees during 2025 or 2024

9 Net income for the year

	2025	2024
	£	£
Net income is stated after charging:		
Independent Examiner's Fee	300	300

10 Debtors

	2025	2024
	£	£
Taxes & social security	1,034	341
	1,034	341

11 Creditors: amounts falling due within one year

	2025	2024
	£	£
Trade creditors	2,550	65
Accruals & deferred income	-	850
Other creditors	-	20
	2,550	935

12 Controlling Party

The company is controlled by the board of trustees.

13 Related Party Transactions

There were no related party transactions in the year 31 March 2025 (2024 : Nil)