

**BEDER
(CIO)**

**Consolidated Report and Financial Statements
Year Ended 31 March 2023**

Registered Charity Number : 1187475
CIO : CE020383

Contents

Trustees Report 2

Independent Examiners Report to the Trustees of Beder 7

Consolidated Statement of Financial Activities 8

Consolidated Balance Sheet 9

Notes to the Financial Statements..... 10

**Beder
(CIO)
Trustees' Report for the year ended 31 March 2023**

Trustees Report

The Trustees are pleased to present their report together with the consolidated financial statements of the charity and its subsidiary company for the year ended 31 March 2023.

The financial statements comply with the Charities Act 2011, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

Reference and administrative details

Registered Charity No: 1187475
CIO No: CE020383
Registered in England and Wales
Registered Address : 2 Amity Grove, Flat 2, London, SW20 0LJ

Trustees

The trustees who served during the year and since the year end date are:

Yahya Mirjan
Fiona Angel
Nicholas Couchman
Abdul Razzak Mirjan
Farah Mirjan

Independent Examiner

Miranda Ludden
56 Newlands Park
London
SE26 5NE

Bankers

Metro Bank
Southampton Row
London
WC1B, 5HA

Beder

(CIO)

Trustees' Report for the year ended 31 March 2023 (cont'd)

Beder Mirjan Limited (Company number : 11958311)

Beder Mirjan Limited is a wholly-owned subsidiary of Beder (CIO). The figures of the subsidiary are consolidated within these financial statements. The company's details for the year are set out in note 12.

The officers of the Company during the year were:

Abdul Razzak Mirjan – Director

Karon Cook - Secretary

Structure, Governance and Management

Governing Document

Beder was formed and registered as a Charitable Incorporated Organisation in January 2020 and is governed by its constitution dated 20th January 2020 and updated on 14th January 2021. It was established with a mission to prevent suicide and preserve and protect the mental health of young people and adults in particular through partnering and supporting mental health and suicide prevention charities in the UK. It also works to provide opportunities to increase awareness of mental health issues with young people and adults in the UK through joint initiatives.

Organisation

The charity is administered by a board of trustees, who meet quarterly.

Appointment of Trustees

Any proposed trustee appointments are put forward by a member of the board of trustees for consideration during a trustee meeting. Each proposed trustee is approved or declined by the majority of the board of trustees. Upon the board of trustees approving a trustee appointment then the appointee is offered the appointment as a trustee of Beder.

Trustee Induction and Training

We encourage trustees to independently undertake any mental health and suicide prevention training such as the Mental Health First Aid training courses.

Objectives and Activities

Beder was set up as a legacy to 18 year old Beder Mirjan, who sadly passed away after taking his own life in April 2017.

The main aim of Beder is to softly raise awareness around the topics of mental health and suicide prevention. Beder wants to overcome the fear and stigma surrounding these important societal issues to help ensure those suffering with their mental health realise that they are not alone and there is always support surrounding them so that taking their own life is not the only option.

Beder organises a range of in-person events and initiatives and is currently supporting Samaritans and Shout as its official charity partners in order to help raise awareness around their existing resources and support such life-saving support.

We feel Beder, as a charity, is certainly growing in the right direction as the Beder community continues to expand and provide a platform for us all to play our part in raising awareness around these important societal issues.

Beder

(CIO)

Trustees' Report for the year ended 31 March 2023 (cont'd)

Significant activities – 1 APRIL 2022 to 31 MARCH 2023

Beder FC x Nike, Pro Direct Soccer and Bruno Fernandes

Beder announced a partnership with Pro:Direct Soccer who generously supplied a totally bespoke and personalised Nike kit for Beder FC. This exciting partnership shows the power and impact which we can have through Beder FC, as a vehicle and football, as a sport, to raise awareness around these important issues.

As part of this partnership, we worked with Bruno Fernandes and Pro:Direct Soccer on a special piece of content for Mental Health Awareness Week that had Bruno Fernandes talking openly about how he looks after his mental health and how he found talking to someone worthwhile. This content sat across Pro:Direct Soccer's Instagram, TikTok and Youtube channels as well as Beder's. Link: <https://www.instagram.com/p/Cd712s6JZDs/>

Beder x Lucky Saint

Beder was selected as Lucky Saint's Charity of the Year which saw Lucky Saint included a Beder flyer in all e-commerce boxes, recording a Lucky Saint x Beder in-person interview between Razzak Mirjan and Luke Boase which was shared across both communities via social media, Lucky Saint supply and stock the bar at The Beder World Cup Experience and other Beder events; provided volunteers for Beder events and had 5 employees sign up to run for Team Beder in the London Landmarks Half Marathon raising over £2,000 for Beder

Eat with Beder – October 2022

We published our second charity cookbook, Eat with Beder, containing a unique collection of recipes and reflections from celebrities and well known personalities across many industries.

It features over 70 recipes created especially by leading recipe writers for sporting icons, business leaders, actors, musicians, models and leading mental health advocates in addition to many more including the likes of: Steven Bartlett, Joanna Lumley, Theo Paphitis, Giovanna Fletcher, Dame Kelly Holmes, Ella Mills, Hussain Manawer, Stuart Broad, Danny O'Donoghue and many more to raise awareness around mental health and suicide prevention in support of Beder.

Beder x QPR

Beder was selected as a match day charity for QPR vs. Huddersfield Town which saw a team of volunteers hand out flyers before the game, an advert promoting Beder and The Beder World Cup Experience (see below) included in the programme and a video about Beder FC shown at half time.

We raised awareness across QPR social channels who have 188k followers with our collaboration posts getting over 3000 likes.

The Beder World Cup Experience – 6 to 18 December 2022

We organised, curated and delivered a first of its kind exhibition and experience harnessing the power of football, during the knockout stages of the World Cup, to softly raise awareness around mental health and suicide prevention in support of Beder which took place in London between 6-18 December.

It consisted of:

The Beder FC Hall of Fame containing a collection of signed Beder FC shirts from leading footballers including David Beckham, Harry Kane, Jack Grealish, Jordan Henderson and David DeGea supporting Beder and Beder FC.

Beder

(CIO)

Trustees' Report for the year ended 31 March 2023 (cont'd)

Each signed shirt was then auctioned off on www.matchwornshirt.com with all profits raised supporting Beder.

The Beder Boot Room, in partnership with Sokito, displaying hand painted football boots by leading artists inspired by the topics of mental health and suicide prevention.

Watching the World Cup Live and Panel Talks including an inspiring panel session giving people the chance to get to know the individual behind the 'footballer' as Alexander Iwobi came down to The Beder World Cup Experience to talk about his career and how he looks after his mental health with Marvin Sordell and Mayowa Quadri.

Beder x James Gillespie at The Jazz Cafe – 17 January 2023

Beder hosted a special concert with James Gillespie at the Jazz Cafe in London as it saw over 300 people come together, through the power of music, for an unforgettable evening raising over £11,000. Beder's objectives are to challenge the stigma surrounding mental health and suicide prevention, stimulate a dialogue to softly raise awareness and provide a platform for us all to play our part in normalising the conversation around these important societal issues.

Beder x Clear Channel

Beder partnered with Clear Channel who supported Eat with Beder and allowed it to go nationwide ahead of its publication on a range of billboard advertising. Throughout August, there were Eat with Beder adverts across over 100 locations nationwide.

Beder FC x BBC

Founder of Beder, Razzak Mirjan, took part in an interview about Beder FC with BBC at QPR, Loftus Road which was later released across BBC Bitesize and BBC Sport after connecting with a BBC Reporter, Kimberly Boak, ahead of The Beder World Cup Experience as we hoped she could attend. She was unable to attend but remained keen to carry out an interview about Beder FC.

Beder looks to lead the way collaboratively, build meaningful and authentic relationships with our partners and supporters whilst creating greater accessibility to information and opportunities to promote self-care and manage our mental health.

Beder strives for our work to have genuine, long term and sustainable impact. We believe that initiating conversations and creating safe spaces where a range of perspectives and experiences can be heard is key to this.

Beder prioritises taking a soft-touch approach to raising awareness, with empathy at the forefront of everything we do. We want to help make talking about what is on your mind less daunting and overwhelming.

Statement of Public benefit

The objectives of the charity and the activities undertaken to meet those objectives are for the public benefit. The Trustees have given due regard to the guidance published by the Charity Commission on public benefit.

Financial Review

The charity and trading subsidiary company together produced a surplus for the year of £16,433 (2022: £2,980). All funds of the charity are unrestricted.

Beder

(CIO)

Trustees' Report for the year ended 31 March 2023 (cont'd)

Investment Powers

Under the Memorandum and Articles of Association, the charity has the power to make any investment which the trustees see fit.

The trustees are looking to build reserves within the charity to provide a stable financial base to support future activities and so the charity funds are kept in an instant access cash account.


Reserves Policy

Charity Commission guidance requires trustees to consider the need for a charity to maintain reserves. Free reserves are defined by the Charity Commission as funds which are neither restricted nor designated and which are not tied up in fixed assets necessary for operations.

At 31 March 2023, the group free reserves were £92,190 (2022 : £75,757).

At this stage of development of the charity the trustees are looking to build the charity's reserves in order to ensure that the important work of the charity is sustainable and have therefore not yet developed a reserves policy.

On behalf of the Board

DocuSigned by:

A940F594132A45B...

Razzak Mirjan

Trustee

Date: 31st January 2024

Independent Examiners Report to the Trustees of Beder

On accounts for the year ended

31 March 2023

Charity no

1187475

Set out on pages

8 to 14

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31 / 03 / 2022**.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:



Date: 31/3/2024

Name:

Miranda Ludden

Relevant professional qualification(s) or body (if any):

CIMA

Address:

56 Newlands Park

London

SE26 5NE

Beder (CIO)

Consolidated Statement of Financial Activities

For the year ended 31 March 2023

	Notes	Total Unrestricted Funds 2023 £	Total Unrestricted Funds 2022 £
Income and Endowments from:			
Donations and Legacies	2	91,764	48,983
Charitable Activities	3	35,087	33,541
Investments		-	160
Total		126,851	82,684
Expenditure on:			
Raising Funds	4	892	2,693
Charitable Activities	6	109,526	77,924
Total		110,418	80,617
Net income/ (expenditure)		16,433	2,067
Corporation tax refund	12	-	913
Net movement in Funds		16,433	2,980

Reconciliation of funds:

Total funds brought forward	75,757	72,777
Total funds carried forward	92,190	75,757

All gains and losses recognised in the year are included in the statement of financial activities above.

All incoming resources and resources expended derive from continuing activities.

The notes form part of the financial statements

Beder (CIO)

Consolidated Balance Sheet at 31 March 2023

	Notes	Group 2023 £	Charity 2023 £	Group 2022 £	Charity 2022 £
Fixed assets					
Investment in subsidiary company	11	-	1	-	1
Total Fixed Assets		-	1	-	1
Current assets					
Debtors	13	2,368	2,533	3,388	26,587
Cash at bank and in hand		94,843	93,896	76,652	45,837
Total Current Assets		97,212	96,429	80,040	72,424
Creditors: amounts falling due within one year	15	(5,022)	(7,822)	(4,283)	(251)
Net current assets		92,190	88,607	75,757	72,173
Total net assets		92,190	88,608	75,757	72,174
The funds of the charity					
Unrestricted funds	16	92,190	88,608	75,757	72,174
		92,190	88,608	75,757	72,174

The financial statements were approved by the Board, authorised for issue and signed on their behalf on by

Razzak Mirjan
Trustee

DocuSigned by:
Razzak Mirjan
A940F594132A45B...

Date : 31 January 2024

Beder (CIO)
Registered Charity Number : 1187475
CIO : CE020383

**Beder
(CIO)**

Notes to the Financial Statements

For the year ended 31 March 2022

1 Accounting policies

Basis of Preparation and assessment of going concern

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

The Financial Statements have been prepared under the historical cost convention.

The Charity constitutes a public benefit entity as defined by FRS 102.

The presentation currency of the financial statements is £ sterling and the amounts are rounded to the nearest £.

Basis of consolidation

These financial statements consolidate the results of the charity and its wholly owned trading subsidiary, Beder Mirjan Limited, on a line by line basis.

Income

Income is recognised in the period in which the charitable group is entitled to receipt and the amount can be measured with reasonable certainty. Income is deferred when the charity has to fulfil conditions before becoming entitled to it or where the donor has specified that the Income is to be expended in a future period.

Where applicable income is stated after trade discounts and net of VAT.

Grants from the government and other agencies have been included as Income from Charitable Activities in furtherance of the charity's objects where these amount to a contract for services, but as donations where the money is given in response to an appeal or with greater freedom of use.

Expenditure

All expenditure is provided in the financial statements on an accruals basis where appropriate and material. Expenditure is allocated directly to the activities to which it relates where possible. The group allocates its management and administration costs to activities on a basis consistent with the use of resources.

Debtors

Short term debtors are measured at transaction price, less any impairment losses.

Creditors

Short term creditors are measured at transaction price.

Beder**(CIO)****Notes forming part of the financial statements for the year ended 31st Mar 2023 (cont'd)****Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees. Restricted funds can only be used for particular restricted purposes within the objects of the charity.

Restrictions arise when specified by the donor or when funds are raised for a particular restricted purpose.

Judgements, Estimates and Assumptions.

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported for assets and liabilities as at the balance sheet date and the amounts reported for revenues and expenses during the period. The nature of estimation means the actual outcomes could differ from those estimates. There are no judgments that have a significant effect on the amounts recognised in the financial statements.

2 Income from Donations and Legacies

	Group 2023	Group 2022
	£	£
Donations	91,764	48,983
Total	91,764	48,983

3 Income from Charitable Activities

	Group 2023	Group 2022
	£	£
Ticket Sales	6,839	1,636
Book Sales	7,567	8,947
Football Sales	925	5,888
Merchandise sales	19,756	17,070
Total	35,087	33,541

4 Costs of Raising Funds

	Group 2023	Group 2022
	£	£
Cost of Goods Sold	-	1,292
Wix & Stripe fees	178	852
Fundraising Event Costs	714	549
Total	892	2,693

Beder**(CIO)****Notes forming part of the financial statements for the year ended 31st Mar 2023 (cont'd)****5 Charitable expenditure**

	Group 2023	Group 2022
	£	£
Digital Engagement	33,353	34,670
Beder's Kitchen costs	31,597	10,927
Event Costs	24,376	2,069
Football Costs	9,953	5,361
Advent Calendar Costs	1,230	17,578
Grants to Organisations	2,184	1,000
Support Costs (note 5)	6,833	7,069
Total	109,526	78,674

6 Support Costs

	Group 2023	Group 2022
	£	£
Accountancy	67	-
Bank Fees	392	567
Postage, Freight & Courier	1,348	1,918
General Expenses	867	978
Insurance	196	154
Printing & Stationery	977	228
IT Software and Consumables	1,500	898
Subscriptions	200	-
Governance costs - Independent examination	300	250
Governance costs - Other	545	1,326
Travel	441	-
Total	6,833	7,069

7 Staff costs

There were no employees during 2022 or 2021

8 Net income for the year

	2023	2022
	£	£
Net income is stated after charging:		
Independent Examiner's Fee	300	250

9 Corporation tax

The corporation tax refund in 2022 is due on the activities of the Beder Mirjan Limited which is a wholly owned subsidiary of the CIO Beder.

Beder**(CIO)****Notes forming part of the financial statements for the year ended 31st Mar 2023 (cont'd)****10 Financial Activities of the Charity**

The financial activities shown in the consolidated statement includes those of the charity's wholly owned subsidiary - Beder Mirjan Limited

A summary of the financial activities undertaken by the charity is set out below:

	2023	2022
	£	£
Income	102,415	48,983
Expenditure on raising funds	(823)	-
Expenditure on charitable activities	(85,158)	(42,109)
Net Income	16,434	6,873
 Total funds brought forward	 72,174	 65,301
Total funds carried forward	88,608	72,174
 Represented by		
Unrestricted funds	88,608	72,174
	88,608	72,174

11 Investments

	2023	2022
	£	£
Beder Mirjan Limited	1	1

12 Investment in subsidiary company

The charitable company owns the entire issued share capital of Beder Mirjan Limited, which is registered in England. The results of the trading company have been consolidated in these financial statements. The results of the trading subsidiary for the period were as follows:

	2023	2022
	£	£
Turnover	24,437	33,542
Cost of sales	(17,675)	(35,793)
Gross profit	6,762	(2,251)
Administrative expenses	(6,762)	(2,715)
Interest receivable and similar income	-	159
Loss before taxation	(0)	(4,807)
Tax refund on profit on ordinary activities	-	913
Loss for the year	(0)	(3,894)
 b/f Aggregate capital and reserves	 3,582	 7,476
c/f Aggregate capital and reserves	3,582	3,582

The company activities are as stated on page 2 of these financial statements

Beder**(CIO)****Notes forming part of the financial statements for the year ended 31st Mar 2023 (cont'd)**

13 Debtors	Group 2023 £	Charity 2023 £	Group 2022 £	Charity 2022 £
Due within 1 year				
Amount due from subsidiary undertaking	-	-	-	26,587
Other debtors	2,368	2,533	3,387	-
	<u>2,368</u>	<u>2,533</u>	<u>3,387</u>	<u>26,587</u>

14 Funds Analysis

	Fixed Assets /Investments £	Net Current Assets £	Total £
Group			
Unrestricted funds	-	92,190	92,190
	<u>-</u>	<u>92,190</u>	<u>92,190</u>
Charity			
Unrestricted funds	1	88,607	88,608
	<u>1</u>	<u>88,607</u>	<u>88,608</u>

15 Creditors: amounts falling due within one year

	Group 2023 £	Charity 2023 £	Group 2022 £	Charity 2022 £
Trade creditors	3,641	3,641	1,407	-
Taxes and social security costs	831	-	2,626	-
Due to subsidiary undertakings	-	3,630	-	-
Accruals & deferred income	550	550	1,000	1,000
Other creditors	-	1	-	1
	<u>5,022</u>	<u>7,822</u>	<u>5,033</u>	<u>1,001</u>

16 Movements in funds

	At 1/04/2022 £	Income £	Expenditure £	At 31/3/2023 £
Group				
Unrestricted funds	75,757	126,851	(110,418)	92,190
Total group funds	<u>75,757</u>	<u>126,851</u>	<u>(110,418)</u>	<u>92,190</u>
Charity				
Unrestricted funds	72,174	102,415	(85,982)	88,608
Total Trust funds	<u>72,174</u>	<u>102,415</u>	<u>(85,982)</u>	<u>88,608</u>

17 Controlling Party

The company is controlled by the board of trustees.

18 Related Party Transactions

There were no related party transactions in the year to 31 March 2023 (2022: Nil).