

BEDER

England & Wales · Charity number 1187475

Details

Status Registered

Legal form CIO

Registered 2020-01-21

Register [View on the Charity Commission register](#)

Contact

Address Flat 2
2 Amity Grove
London
SW20 0LJ

Phone 07929191993

Email razzak@beder.org.uk

Website www.beder.org.uk

Activities

Objects: THE OBJECTS OF THE CIO ARE THE PREVENTION OF SUICIDE AND PRESERVATION AND PROTECTION OF MENTAL HEALTH FOR YOUNG PEOPLE AND ADULTS IN PARTICULAR THROUGH PARTNERING AND SUPPORTING MENTAL HEALTH AND SUICIDE PREVENTION CHARITIES IN THE UK TO PROVIDE OPPORTUNITIES TO INCREASE AWARENESS WITH YOUNG PEOPLE AND ADULTS IN THE UK THROUGH JOINT INITIATIVES.

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Classification

- **How:** Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information, Sponsors Or Undertakes Research
- **What:** General Charitable Purposes, Education/training
- **Who:** Children/young People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin, Other Charities Or Voluntary Bodies, The General Public/mankind

Geography

- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£132,532	£81,163	-	-
2024-03-31	£79,378	£69,102	-	-
2023-03-31	£126,851	£110,418	-	-
2022-03-31	£82,684	£80,617	-	-
2021-03-31	£2,101	£0	-	-

Trustees

Name	Role	Appointed
YAHYA MIRJAN	Chair	2020-01-21
Abdul Razzak Mirjan		2020-01-21
Farah Mirjan		2020-01-21
Fiona Angel		2020-01-21
Nicholas Couchman		2020-01-21

BEDER

England & Wales - Charity number 1187475

Accounts

**BEDER
(CIO)**

**Report and Financial Statements
Year Ended 31 March 2025**

Registered Charity Number : 1187475
CIO : CE020383

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**Beder
(CIO)
Trustees' Report for the year ended 31 March 2025**

Trustees Report

The Trustees are pleased to present their report together with the financial statements of the charity and its subsidiary company for the year ended 31 March 2025.

The financial statements comply with the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

Reference and administrative details

Registered Charity No: 1187475
CIO No: CE020383
Registered in England and Wales
Registered Address : 2 Amity Grove, Flat 2, London, SW20 0LJ

Trustees

The trustees who served during the year and since the year end date are:

Yahya Mirjan
Fiona Angel
Nicholas Couchman
Abdul Razzak Mirjan
Farah Mirjan

Independent Examiner

Miranda Ludden
56 Newlands Park
London
SE26 5NE

Bankers

Metro Bank
Southampton Row
London
WC1B, 5HA

Beder

(CIO)

Trustees' Report for the year ended 31 March 2025 (cont'd)

Beder Mirjan Limited (Company number : 11958311)

Beder Mirjan Limited is a wholly-owned subsidiary of Beder (CIO). The subsidiary was dissolved during the year and all activities now take place in the charity.

Structure, Governance and Management

Governing Document

Beder was formed and registered as a Charitable Incorporated Organisation in January 2020 and is governed by its constitution dated 20th January 2020 and updated on 14th January 2021. It was established with a mission to prevent suicide and preserve and protect the mental health of young people and adults in particular through partnering and supporting mental health and suicide prevention charities in the UK. It also works to provide opportunities to increase awareness of mental health issues with young people and adults in the UK through joint initiatives.

Organisation

The charity is administered by a board of trustees, who meet quarterly.

Appointment of Trustees

Any proposed trustee appointments are put forward by a member of the board of trustees for consideration during a trustee meeting. Each proposed trustee is approved or declined by the majority of the board of trustees. Upon the board of trustees approving a trustee appointment then the appointee is offered the appointment as a trustee of Beder.

Trustee Induction and Training

We encourage trustees to independently undertake any mental health and suicide prevention training such as the Mental Health First Aid training courses.

Objectives and Activities

Beder was set up as a legacy to 18 year old Beder Mirjan, who sadly passed away after taking his own life in April 2017.

The main aim of Beder is to softly raise awareness around the topics of mental health and suicide prevention. Beder wants to overcome the fear and stigma surrounding these important societal issues to help ensure those suffering with their mental health realise that they are not alone and there is always support surrounding them so that taking their own life is not the only option.

Beder organises a range of in-person events and initiatives to help raise awareness around mental health and suicide prevention in addition to their service of providing free access to therapy via Beder Therapy Vouchers.

We feel Beder, as a charity, is certainly growing in the right direction as the Beder community continues to expand and provide a platform for us all to play our part in raising awareness around these important societal issues.

Significant activities – 1 APRIL 2024 to 31 MARCH 2025

Beder FC v Rest of the World XI – Loftus Road, 11 May 2024

We organized a special charity football match as Beder FC took on a Rest of the World XI with both squads filled

Beder

(CIO)

Trustees' Report for the year ended 31 March 2025 (cont'd)

with ex-Premier League and International footballers in addition to leading football content creators.

Beder FC win a thrilling match on penalties after it ended 4 - 4 after full time. Goals for Beder FC from Nedum Onouha, Eman SV2, A Star and J Tekkzz.

Beder x Fulham – Mental Health Awareness Week (May 2024)

As part of Mental Health Awareness Week, Alex Iwobi and Matthew Briggs sat down with the Charity to discuss how they look after their mental health.

Beder x VOLT

Beder entered into an exciting partnership with VOLT, a leading e-bike brand, which included developing a bespoke Beder branded bike, taking on the London to Brighton Cycle Ride and creating regular content with notable personalities around the benefits of cycling to your mental health.

The Beder Supperclub x HexClad – 20 May 2024

Beder and HexClad teamed up with Mortimer House Kitchen for a one night only supper club filled with Italian food by Tom Cenci who is the Executive Chef and a Beder ambassador.

The ticket included a welcome drink and delicious 4 course menu.

London to Brighton Cycle Ride – June 2024

Team Beder completed the London to Brighton Cycle Ride on VOLT e-bikes.

It was a beautiful day for the 54 mile/87km bike ride which started at Clapham Common and finished on the Brighton Beachfront! Team Beder consisted of Beder's brother (Razzak), sister (Maryam) and two cousins (Aya and Hashim).

It was a special day as we had conversations with cyclists along the way about the charity and its work around mental health awareness and suicide prevention, made memories together as a family whilst doing good in Beder's name.

Beder x Arena – Foxhills Golf Club

We filmed a short promotional film about Arena x Beder's support with Dylan Hartley, Ryan Fox, Ross Robertson and Razzak Mirjan at Foxhills Golf Club.

We discussed the importance of checking in on friends, looking after ourselves and sharing any challenges which we face with others.

The Beder Birthday Dinner – 27 November 2024

We hosted an incredibly special dinner to celebrate the charity's achievements over the last 5 years whilst also creating an opportunity to remember Beder Mirjan and fundraise for the future with so many amazing people in one room!

An evening which we will never forget raising over £28,000 consisted of a drinks reception sponsored by Arena and dinner sponsored by HexClad and Stats Perform in addition to live music from James Gillespie, The Beder Awards and an exciting auction.

Beder

(CIO)

Trustees' Report for the year ended 31 March 2025 (cont'd)

The Beder Awards recognised the incredible individuals and organisations that have supported us on this transformative journey as such growth and success would not have been possible without each and every amazing supporter who has joined us along the way.

Beder x QPR – Matchday Charity v Millwall

Beder was proud to be the matchday charity for QPR v Millwall at MATRADE Loftus Road.

During this activation, QPR players were photographed wearing Beder football shirts, we attended the match with a group of volunteers, stood pitchside before kick off and located posters throughout the stadium advertising Beder Therapy Vouchers.

Beder x Alex Iwobi – Custom Beder Boots – 8 December 2024

Alex Iwobi wore a bespoke pair of football boots for Fulham v Arsenal at Craven Cottage on 8 December 2024, in support of Beder, which were later auctioned on Match Worn Shirt.

These boots were created in support of Beder and designed by leading boot artist, Jordan Dawson, with inspiration included covering Alex's Nigerian heritage and Alex's work through Project 17

Beder x Reading FC x Select Car Leasing – Front of Shirt Sponsorship – 1 February 2025

Select Car Leasing generously donated front of shirt sponsorship to Beder for Reading v Bolton which enabled us to secure press coverage with BBC, Sky Sports and Club related media channels.

Beder looks to keep leading the way collaboratively, build meaningful and authentic relationships with our partners and supporters whilst creating greater accessibility to information and opportunities to promote self-care and manage our mental health.

Beder strives for its work to have genuine, long term and sustainable impact. We believe that initiating conversations and creating safe spaces where a range of perspectives and experiences can be heard is key to this.

Beder prioritises taking a soft-touch approach to raising awareness, with empathy at the forefront of everything we do. We want to help make talking about what is on your mind less daunting and overwhelming.

Statement of Public benefit

The objectives of the charity and the activities undertaken to meet those objectives are for the public benefit. The Trustees have given due regard to the guidance published by the Charity Commission on public benefit.

Financial Review

The charity produced a surplus for the year of £51,369 (2024: £10,276). All funds of the charity are unrestricted.

Investment Powers

Under the Memorandum and Articles of Association, the charity has the power to make any investment which the trustees see fit.

The trustees are looking to build reserves within the charity to provide a stable financial base to support future activities and so the charity funds are kept in an instant access cash account.

Beder

(CIO)

Trustees' Report for the year ended 31 March 2025 (cont'd)


Reserves Policy

Charity Commission guidance requires trustees to consider the need for a charity to maintain reserves. Free reserves are defined by the Charity Commission as funds which are neither restricted nor designated and which are not tied up in fixed assets necessary for operations.

At 31 March 2025, the group free reserves were £150,253 (2024 : £98,884).

At this stage of development of the charity the trustees are looking to build the charity's reserves in order to ensure that the important work of the charity is sustainable and have therefore not yet developed a reserves policy.

On behalf of the Board

DocuSigned by:

A940F594132A45B...

Razzak Mirjan

Trustee

Date: 30/01/2026

Independent Examiners Report to the Trustees of Beder

On accounts for the year ended

31 March 2025

Charity no

1187475

Set out on pages

8 to 12

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31 / 03 / 2025**.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.


Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:



Date: 31/01/2026

Name: Miranda Ludden

Relevant professional qualification(s) or body (if any):

CIMA

Address:

56 Newlands Park

London, SE26 5NE

Beder (CIO)

Statement of Financial Activities For the year ended 31 March 2025

	Notes	Total Unrestricted Funds 2025	Total Unrestricted Funds 2024
		£	£
Income and Endowments from:			
Donations and Legacies	2	105,625	55,288
Charitable Activities	3	3,571	7,633
Other Trading Activities	4	23,336	16,457
Total		132,532	79,378
Expenditure on:			
Raising Funds	5	24,914	12,862
Charitable Activities	6	56,249	56,240
Total		81,163	69,102
Net income / (expenditure)		51,369	12,276
Net movement in Funds		51,369	10,276
Reconciliation of funds:			
Total funds brought forward		98,884	88,608
Total funds carried forward		150,253	98,884

All gains and losses recognised in the year are included in the statement of financial activities above.

All incoming and expenditure derive from continuing activities.

The notes form part of the financial statements.

Beder (CIO)

Balance Sheet at 31 March 2025

	Notes	2025 £	2024 £
Current assets			
Debtors	11	1,034	341
Cash at bank and in hand		151,769	99,478
Total Current Assets		152,803	99,819
Creditors: amounts falling due within one year	12	(2,550)	(935)
Net current assets		150,253	98,884
Total net assets		150,253	98,884
The funds of the charity			
Unrestricted funds		150,253	98,884
		150,253	98,884

The financial statements were approved by the Board, authorised for issue and signed on their behalf by

Razzak Mirjan
Trustee

DocuSigned by:
Razzak Mirjan
A940F594132A45B...

Date : 30/01/2026

Beder (CIO)
Registered Charity Number : 1187475
CIO : CE020383

**Beder
(CIO)**

Notes to the Financial Statements

For the year ended 31 March 2025

1 Accounting policies

Basis of Preparation and assessment of going concern

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

The Financial Statements have been prepared under the historical cost convention.

The Charity constitutes a public benefit entity as defined by FRS 102.

The presentation currency of the financial statements is £ sterling and the amounts are rounded to the nearest £.

Income

Income is recognised in the period in which the charitable group is entitled to receipt and the amount can be measured with reasonable certainty. Income is deferred when the charity has to fulfil conditions before becoming entitled to it or where the donor has specified that the Income is to be expended in a future period.

Where applicable income is stated after trade discounts and net of VAT.

Grants from the government and other agencies have been included as Income from Charitable Activities in furtherance of the charity's objects where these amount to a contract for services, but as donations where the money is given in response to an appeal or with greater freedom of use.

Expenditure

All expenditure is provided in the financial statements on an accruals basis where appropriate and material. Expenditure is allocated directly to the activities to which it relates where possible. The group allocates its management and administration costs to activities on a basis consistent with the use of resources.

Debtors

Short term debtors are measured at transaction price, less any impairment losses.

Creditors

Short term creditors are measured at transaction price.

**Beder
(CIO)****Notes forming part of the financial statements for the year ended 31st Mar 2025 (cont'd)****Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees. Restricted funds can only be used for particular restricted purposes within the objects of the charity.

Restrictions arise when specified by the donor or when funds are raised for a particular restricted purpose.

Judgements, Estimates and Assumptions.

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported for assets and liabilities as at the balance sheet date and the amounts reported for revenues and expenses during the period. The nature of estimation means the actual outcomes could differ from those estimates. There are no judgments that have a significant effect on the amounts recognised in the financial statements.

2 Income from Donations and Legacies

	2025	2024
	£	£
Donations	105,625	52,288
Total	105,625	52,288

3 Income from Charitable Activities

	2025	2024
	£	£
Book Income	142	912
Beder FC income	3,429	6,720
Total	3,571	7,633

4 Income from other Trading Activities

	2025	2024
	£	£
Merchandise Sales	4,389	6,246
Concert Ticket Income	18,947	10,211
Total	23,336	16,457

5 Costs of Raising Funds

	2025	2024
	£	£
Cost of Goods Sold	3,956	3,075
Stripe fees	136	436
Fundraising Events Costs	20,822	9,350
Total	24,914	12,862

6 Charitable expenditure

	2025	2024
	£	£
Digital Engagement	10,672	6,650
Cookbook costs	910	1,384
Football Costs	10,170	9,055
Grants to Organisations	5,682	9,205
Support Costs (note 7)	6,095	6,506
Total	56,249	56,240

**Beder
(CIO)****Notes forming part of the financial statements for the year ended 31st Mar 2025 (cont'd)****7 Support costs**

	2025	2024
	£	£
Bank Fees	90	83
Postage, Freight & Courier	617	1,575
General Expenses	1,254	1,349
Insurance	498	165
IT Software and Consumables	2,722	2,234
Governance costs – Independent examination	300	300
Governance costs – Other	-	8
Travel	614	603
Total	6,095	6,506

8 Staff costs

There were no employees during 2025 or 2024

9 Net income for the year

	2025	2024
	£	£
Net income is stated after charging:		
Independent Examiner's Fee	300	300

10 Debtors

	2025	2024
	£	£
Taxes & social security	1,034	341
	<u>1,034</u>	<u>341</u>

11 Creditors: amounts falling due within one year

	2025	2024
	£	£
Trade creditors	2,550	65
Accruals & deferred income	-	850
Other creditors	-	20
	<u>2,550</u>	<u>935</u>

12 Controlling Party

The company is controlled by the board of trustees.

13 Related Party Transactions

There were no related party transactions in the year 31 March 2025 (2024 : Nil)

BEDER

England & Wales - Charity number 1187475

Accounts

**BEDER
(CIO)**

**Report and Financial Statements
Year Ended 31 March 2024**

Registered Charity Number : 1187475
CIO : CE020383

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**Beder
(CIO)
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Trustees Report

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Reference and administrative details

Registered Charity No: 1187475
CIO No: CE020383
Registered in England and Wales
Registered Address : 2 Amity Grove, Flat 2, London, SW20 0LJ

Trustees

The trustees who served during the year and since the year end date are:

Yahya Mirjan
Fiona Angel
Nicholas Couchman
Abdul Razzak Mirjan
Farah Mirjan

Independent Examiner

Miranda Ludden
56 Newlands Park
London
SE26 5NE

Bankers

Metro Bank
Southampton Row
London
WC1B, 5HA

Beder

(CIO)

Trustees' Report for the year ended 31 March 2024 (cont'd)

Beder Mirjan Limited (Company number : 11958311)

Beder Mirjan Limited is a wholly-owned subsidiary of Beder (CIO). The subsidiary was dissolved during the year and all activities now take place in the charity.

Structure, Governance and Management

Governing Document

Beder was formed and registered as a Charitable Incorporated Organisation in January 2020 and is governed by its constitution dated 20th January 2020 and updated on 14th January 2021. It was established with a mission to prevent suicide and preserve and protect the mental health of young people and adults in particular through partnering and supporting mental health and suicide prevention charities in the UK. It also works to provide opportunities to increase awareness of mental health issues with young people and adults in the UK through joint initiatives.

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The charity is administered by a board of trustees, who meet quarterly.

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We encourage trustees to independently undertake any mental health and suicide prevention training such as the Mental Health First Aid training courses.

Objectives and Activities

Beder was set up as a legacy to 18 year old Beder Mirjan, who sadly passed away after taking his own life in April 2017.

The main aim of Beder is to softly raise awareness around the topics of mental health and suicide prevention. Beder wants to overcome the fear and stigma surrounding these important societal issues to help ensure those suffering with their mental health realise that they are not alone and there is always support surrounding them so that taking their own life is not the only option.

Beder organises a range of in-person events and initiatives to help raise awareness around mental health and suicide prevention in addition to their service of providing free access to therapy via Beder Therapy Vouchers.

We feel Beder, as a charity, is certainly growing in the right direction as the Beder community continues to expand and provide a platform for us all to play our part in raising awareness around these important societal issues.

Significant activities – 1 APRIL 2023 to 31 MARCH 2024

The Beder Cup, AFC Wimbledon – Monday 8 May 2023

We organized The Beder Cup which was a 5 a-side football tournament at Plough Lane, AFC Wimbledon.

Beder

(CIO)

Trustees' Report for the year ended 31 March 2024 (cont'd)

It was a great success bringing 16 teams and more than 150 people together at AFC Wimbledon's stadium, Plough Lane, whilst raising over £1,000 for Beder.

The BigGive, Kind2Mind – May 2023

Beder launched a fundraising campaign with The Big Give with the aim of raising £5,000 between 15 – 22 May 2024 and, if this target was achieved, it would be doubled by The Big Give. We were able to raise £13,305 which equates to Beder offering over 165 therapy sessions.

Beder FC v Fulham Foundation XI at Craven Cottage – May 2023

Beder FC reached new heights as we played a special charity football match against Fulham FC Foundation at Craven Cottage. We had a full Beder FC squad and ex-Fulham player, Kevin Betsy, playing for us.

Beder FC v Team Harvey – 20 August 2023

Beder FC started its new season in style with some Premier League legends and football's finest content creators representing Beder FC as we won 5-4 in a thrilling match against Team Harvey at Meadowbank Stadium in Dorking.

The Beder FC squad included the likes of Wayne Routledge, Chris Eagles, Marvin Sordell, Matthew Briggs, Simon Church, A Star Barber, Mayowa Quadri and Zayn Farooqui.

Beder x QPR

Beder was honoured to be chosen as the match day charity for QPR v Blackburn ahead of World Mental Health Day as it continues to build our relationship with the club who remain incredibly supportive.

New Ambassador: Ali Al Hamadi

Ali Al-Hamadi is a professional footballer who played for AFC Wimbledon when he came on board as an ambassador and the Iraqi national team but he has since moved to Ipswich Town and plays in the Premier League.

Ali truly cares about raising awareness around mental health and suicide prevention having lost people close to him so intends to use his platform to inspire others whilst showing it's ok to talk about the importance of looking after your mental health.

He has a very engaged social following and videos which we filmed with him have hit 457k, 208k and 168k views which is incredible for Beder's visibility.

Concert for Mental Health – 8 February 2024

Beder hosted a special concert with Zak Abel, Billy Lockett, Sonny Tennet and Ethan Hodges in London as it saw over 600 people come together, through the power of music, for an unforgettable evening raising over £8,000. Beder's objectives are to challenge the stigma surrounding mental health and suicide prevention, stimulate a dialogue to softly raise awareness and provide a platform for us all to play our part in normalising the conversation around these important societal issues.

Beder

(CIO)

Trustees' Report for the year ended 31 March 2024 (cont'd)

Beder looks to keep leading the way collaboratively, build meaningful and authentic relationships with our partners and supporters whilst creating greater accessibility to information and opportunities to promote self-care and manage our mental health.

Beder strives for its work to have genuine, long term and sustainable impact. We believe that initiating conversations and creating safe spaces where a range of perspectives and experiences can be heard is key to this.

Beder prioritises taking a soft-touch approach to raising awareness, with empathy at the forefront of everything we do. We want to help make talking about what is on your mind less daunting and overwhelming.

Statement of Public benefit

The objectives of the charity and the activities undertaken to meet those objectives are for the public benefit. The Trustees have given due regard to the guidance published by the Charity Commission on public benefit.

Financial Review

The charity and trading subsidiary company together produced a surplus for the year of £10,276 (2023: £16,434). All funds of the charity are unrestricted.

Investment Powers

Under the Memorandum and Articles of Association, the charity has the power to make any investment which the trustees see fit.

The trustees are looking to build reserves within the charity to provide a stable financial base to support future activities and so the charity funds are kept in an instant access cash account.


Reserves Policy

Charity Commission guidance requires trustees to consider the need for a charity to maintain reserves. Free reserves are defined by the Charity Commission as funds which are neither restricted nor designated and which are not tied up in fixed assets necessary for operations.

At 31 March 2024, the group free reserves were £98,884 (2023 : £88,608).

At this stage of development of the charity the trustees are looking to build the charity's reserves in order to ensure that the important work of the charity is sustainable and have therefore not yet developed a reserves policy.

On behalf of the Board

DocuSigned by:

A940F594132A45B...

Razzak Mirjan
Trustee

Date: 29th January 2025

Independent Examiners Report to the Trustees of Beder

On accounts for the year ended

31 March 2024

Charity no

1187475

Set out on pages

8 to 12

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31 / 03 / 2024**.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.


Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:



Date: 29/01/2025

Name: Miranda Ludden

Relevant professional qualification(s) or body (if any):

CIMA

Address:

56 Newlands Park

London, SE26 5NE

Beder (CIO)

Statement of Financial Activities For the year ended 31 March 2024

	Notes	Total Unrestricted Funds 2024	Total Unrestricted Funds 2023
		£	£
Income and Endowments from:			
Donations and Legacies	2	55,288	82,492
Charitable Activities	3	7,633	8,092
Other Trading Activities	4	16,457	11,831
Total		79,378	102,415
Expenditure on:			
Raising Funds	5	12,862	893
Charitable Activities	6	56,240	85,158
Total		69,102	110,418
Net income / (expenditure)		10,276	16,434
Net movement in Funds		10,276	16,434
Reconciliation of funds:			
Total funds brought forward		88,608	72,174
Total funds carried forward		98,884	88,608

All gains and losses recognised in the year are included in the statement of financial activities above.

All incoming and expenditure derive from continuing activities.

The notes form part of the financial statements.

**Beder
(CIO)**

Balance Sheet at 31 March 2024

	Notes	2024 £	2023 £
Fixed assets			
Investment in subsidiary company	10	-	1
Total Fixed Assets		-	1
Current assets			
Debtors	11	341	2,533
Cash at bank and in hand		99,478	93,896
Total Current Assets		99,819	96,429
Creditors: amounts falling due within one year	12	(935)	(7,822)
Net current assets		98,884	88,607
Total net assets		98,884	88,608
The funds of the charity			
Unrestricted funds		98,884	88,608
		98,884	88,608

The financial statements were approved by the Board, authorised for issue and signed on their behalf by

Razzak Mirjan
Trustee

DocuSigned by:
Razzak Mirjan
A940F594132A45B...

Date : 29/1/2025

Beder (CIO)
Registered Charity Number : 1187475
CIO : CE020383

**Beder
(CIO)**

Notes to the Financial Statements

For the year ended 31 March 2024

1 Accounting policies

Basis of Preparation and assessment of going concern

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

The Financial Statements have been prepared under the historical cost convention.

The Charity constitutes a public benefit entity as defined by FRS 102.

The presentation currency of the financial statements is £ sterling and the amounts are rounded to the nearest £.

Income

Income is recognised in the period in which the charitable group is entitled to receipt and the amount can be measured with reasonable certainty. Income is deferred when the charity has to fulfil conditions before becoming entitled to it or where the donor has specified that the Income is to be expended in a future period.

Where applicable income is stated after trade discounts and net of VAT.

Grants from the government and other agencies have been included as Income from Charitable Activities in furtherance of the charity's objects where these amount to a contract for services, but as donations where the money is given in response to an appeal or with greater freedom of use.

Expenditure

All expenditure is provided in the financial statements on an accruals basis where appropriate and material. Expenditure is allocated directly to the activities to which it relates where possible. The group allocates its management and administration costs to activities on a basis consistent with the use of resources.

Debtors

Short term debtors are measured at transaction price, less any impairment losses.

Creditors

Short term creditors are measured at transaction price.

**Beder
(CIO)****Notes forming part of the financial statements for the year ended 31st Mar 2024 (cont'd)****Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees. Restricted funds can only be used for particular restricted purposes within the objects of the charity.

Restrictions arise when specified by the donor or when funds are raised for a particular restricted purpose.

Judgements, Estimates and Assumptions.

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported for assets and liabilities as at the balance sheet date and the amounts reported for revenues and expenses during the period. The nature of estimation means the actual outcomes could differ from those estimates. There are no judgments that have a significant effect on the amounts recognised in the financial statements.

2 Income from Donations and Legacies

	2024	2023
	£	£
Donations	52,288	82,492
Total	52,288	82,492

3 Income from Charitable Activities

	2024	2023
	£	£
Book Income	912	7,567
Beder FC income	6,720	525
Total	7,633	8,092

4 Income from other Trading Activities

	2024	2023
	£	£
Merchandise Sales	6,246	9,273
Concert Ticket Income	10,211	2,559
Total	16,457	11,831

5 Costs of Raising Funds

	2024	2023
	£	£
Cost of Goods Sold	3,075	-
Wix & Stripe fees	436	823
Fundraising Events Costs	9,350	-
Total	12,862	823

6 Charitable expenditure

	2024	2023
	£	£
Digital Engagement	6,650	31,862
Cookbook costs	1,384	30,462
Football Costs	9,055	20,207
Grants to Organisations	9,205	553
Support Costs (note 7)	6,506	2,074
Total	56,240	85,158

**Beder
(CIO)****Notes forming part of the financial statements for the year ended 31st Mar 2024 (cont'd)****7 Support costs**

	2024	2023
	£	£
Accountancy	-	67
Bank Fees	83	280
Postage, Freight & Courier	1,575	150
General Expenses	1,349	1,023
Insurance	165	-
IT Software and Consumables	2,234	54
Governance costs – Independent examination	300	300
Governance costs – Other	8	-
Travel	603	200
Total	6,506	2,074

8 Staff costs

There were no employees during 2024 or 2023

9 Net income for the year

	2024	2023
	£	£
Net income is stated after charging:		
Independent Examiner's Fee	300	300

10 Investments

	2024	2023
	£	£
Beder Mirjan Limited	-	1

11 Debtors

	Charity 2024	Charity 2023
	£	£
Due within 1 year		
Prepayments	-	1,466
Taxes & social security	341	1,067
	341	2,533

12 Creditors: amounts falling due within one year

	Charity 2024	Charity 2023
	£	£
Trade creditors	65	3,641
Due to subsidiary takings	-	3,630
Accruals & deferred income	850	550
Other creditors	20	1
	935	7,822

13 Controlling Party

The company is controlled by the board of trustees.

14 Related Party Transactions

There were no related party transactions in the year 31 March 2024 (2023: Nil)

BEDER

England & Wales - Charity number 1187475

Accounts

**BEDER
(CIO)**

**Consolidated Report and Financial Statements
Year Ended 31 March 2023**

Registered Charity Number : 1187475
CIO : CE020383

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**Beder
(CIO)
Trustees' Report for the year ended 31 March 2023**

Trustees Report

The Trustees are pleased to present their report together with the consolidated financial statements of the charity and its subsidiary company for the year ended 31 March 2023.

The financial statements comply with the Charities Act 2011, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

Reference and administrative details

Registered Charity No: 1187475
CIO No: CE020383
Registered in England and Wales
Registered Address : 2 Amity Grove, Flat 2, London, SW20 0LJ

Trustees

The trustees who served during the year and since the year end date are:

Yahya Mirjan
Fiona Angel
Nicholas Couchman
Abdul Razzak Mirjan
Farah Mirjan

Independent Examiner

Miranda Ludden
56 Newlands Park
London
SE26 5NE

Bankers

Metro Bank
Southampton Row
London
WC1B, 5HA

Beder

(CIO)

Trustees' Report for the year ended 31 March 2023 (cont'd)

Beder Mirjan Limited (Company number : 11958311)

Beder Mirjan Limited is a wholly-owned subsidiary of Beder (CIO). The figures of the subsidiary are consolidated within these financial statements. The company's details for the year are set out in note 12.

The officers of the Company during the year were:

Abdul Razzak Mirjan – Director

Karon Cook - Secretary

Structure, Governance and Management

Governing Document

Beder was formed and registered as a Charitable Incorporated Organisation in January 2020 and is governed by its constitution dated 20th January 2020 and updated on 14th January 2021. It was established with a mission to prevent suicide and preserve and protect the mental health of young people and adults in particular through partnering and supporting mental health and suicide prevention charities in the UK. It also works to provide opportunities to increase awareness of mental health issues with young people and adults in the UK through joint initiatives.

Organisation

The charity is administered by a board of trustees, who meet quarterly.

Appointment of Trustees

Any proposed trustee appointments are put forward by a member of the board of trustees for consideration during a trustee meeting. Each proposed trustee is approved or declined by the majority of the board of trustees. Upon the board of trustees approving a trustee appointment then the appointee is offered the appointment as a trustee of Beder.

Trustee Induction and Training

We encourage trustees to independently undertake any mental health and suicide prevention training such as the Mental Health First Aid training courses.

Objectives and Activities

Beder was set up as a legacy to 18 year old Beder Mirjan, who sadly passed away after taking his own life in April 2017.

The main aim of Beder is to softly raise awareness around the topics of mental health and suicide prevention. Beder wants to overcome the fear and stigma surrounding these important societal issues to help ensure those suffering with their mental health realise that they are not alone and there is always support surrounding them so that taking their own life is not the only option.

Beder organises a range of in-person events and initiatives and is currently supporting Samaritans and Shout as its official charity partners in order to help raise awareness around their existing resources and support such life-saving support.

We feel Beder, as a charity, is certainly growing in the right direction as the Beder community continues to expand and provide a platform for us all to play our part in raising awareness around these important societal issues.

Beder

(CIO)

Trustees' Report for the year ended 31 March 2023 (cont'd)

Significant activities – 1 APRIL 2022 to 31 MARCH 2023

Beder FC x Nike, Pro Direct Soccer and Bruno Fernandes

Beder announced a partnership with Pro:Direct Soccer who generously supplied a totally bespoke and personalised Nike kit for Beder FC. This exciting partnership shows the power and impact which we can have through Beder FC, as a vehicle and football, as a sport, to raise awareness around these important issues.

As part of this partnership, we worked with Bruno Fernandes and Pro:Direct Soccer on a special piece of content for Mental Health Awareness Week that had Bruno Fernandes talking openly about how he looks after his mental health and how he found talking to someone worthwhile. This content sat across Pro:Direct Soccer's Instagram, TikTok and Youtube channels as well as Beder's. Link: <https://www.instagram.com/p/Cd712s6JZDs/>

Beder x Lucky Saint

Beder was selected as Lucky Saint's Charity of the Year which saw Lucky Saint included a Beder flyer in all e-commerce boxes, recording a Lucky Saint x Beder in-person interview between Razzak Mirjan and Luke Boase which was shared across both communities via social media, Lucky Saint supply and stock the bar at The Beder World Cup Experience and other Beder events; provided volunteers for Beder events and had 5 employees sign up to run for Team Beder in the London Landmarks Half Marathon raising over £2,000 for Beder

Eat with Beder – October 2022

We published our second charity cookbook, Eat with Beder, containing a unique collection of recipes and reflections from celebrities and well known personalities across many industries.

It features over 70 recipes created especially by leading recipe writers for sporting icons, business leaders, actors, musicians, models and leading mental health advocates in addition to many more including the likes of: Steven Bartlett, Joanna Lumley, Theo Paphitis, Giovanna Fletcher, Dame Kelly Holmes, Ella Mills, Hussain Manawer, Stuart Broad, Danny O'Donoghue and many more to raise awareness around mental health and suicide prevention in support of Beder.

Beder x QPR

Beder was selected as a match day charity for QPR vs. Huddersfield Town which saw a team of volunteers hand out flyers before the game, an advert promoting Beder and The Beder World Cup Experience (see below) included in the programme and a video about Beder FC shown at half time.

We raised awareness across QPR social channels who have 188k followers with our collaboration posts getting over 3000 likes.

The Beder World Cup Experience – 6 to 18 December 2022

We organised, curated and delivered a first of its kind exhibition and experience harnessing the power of football, during the knockout stages of the World Cup, to softly raise awareness around mental health and suicide prevention in support of Beder which took place in London between 6-18 December.

It consisted of:

The Beder FC Hall of Fame containing a collection of signed Beder FC shirts from leading footballers including David Beckham, Harry Kane, Jack Grealish, Jordan Henderson and David DeGea supporting Beder and Beder FC.

Beder

(CIO)

Trustees' Report for the year ended 31 March 2023 (cont'd)

Each signed shirt was then auctioned off on www.matchwornshirt.com with all profits raised supporting Beder.

The Beder Boot Room, in partnership with Sokito, displaying hand painted football boots by leading artists inspired by the topics of mental health and suicide prevention.

Watching the World Cup Live and Panel Talks including an inspiring panel session giving people the chance to get to know the individual behind the 'footballer' as Alexander Iwobi came down to The Beder World Cup Experience to talk about his career and how he looks after his mental health with Marvin Sordell and Mayowa Quadri.

Beder x James Gillespie at The Jazz Cafe – 17 January 2023

Beder hosted a special concert with James Gillespie at the Jazz Cafe in London as it saw over 300 people come together, through the power of music, for an unforgettable evening raising over £11,000. Beder's objectives are to challenge the stigma surrounding mental health and suicide prevention, stimulate a dialogue to softly raise awareness and provide a platform for us all to play our part in normalising the conversation around these important societal issues.

Beder x Clear Channel

Beder partnered with Clear Channel who supported Eat with Beder and allowed it to go nationwide ahead of its publication on a range of billboard advertising. Throughout August, there were Eat with Beder adverts across over 100 locations nationwide.

Beder FC x BBC

Founder of Beder, Razzak Mirjan, took part in an interview about Beder FC with BBC at QPR, Loftus Road which was later released across BBC Bitesize and BBC Sport after connecting with a BBC Reporter, Kimberly Boak, ahead of The Beder World Cup Experience as we hoped she could attend. She was unable to attend but remained keen to carry out an interview about Beder FC.

Beder looks to lead the way collaboratively, build meaningful and authentic relationships with our partners and supporters whilst creating greater accessibility to information and opportunities to promote self-care and manage our mental health.

Beder strives for our work to have genuine, long term and sustainable impact. We believe that initiating conversations and creating safe spaces where a range of perspectives and experiences can be heard is key to this.

Beder prioritises taking a soft-touch approach to raising awareness, with empathy at the forefront of everything we do. We want to help make talking about what is on your mind less daunting and overwhelming.

Statement of Public benefit

The objectives of the charity and the activities undertaken to meet those objectives are for the public benefit. The Trustees have given due regard to the guidance published by the Charity Commission on public benefit.

Financial Review

The charity and trading subsidiary company together produced a surplus for the year of £16,433 (2022: £2,980). All funds of the charity are unrestricted.

Beder

(CIO)

Trustees' Report for the year ended 31 March 2023 (cont'd)

Investment Powers

Under the Memorandum and Articles of Association, the charity has the power to make any investment which the trustees see fit.

The trustees are looking to build reserves within the charity to provide a stable financial base to support future activities and so the charity funds are kept in an instant access cash account.

Reserves Policy

Charity Commission guidance requires trustees to consider the need for a charity to maintain reserves. Free reserves are defined by the Charity Commission as funds which are neither restricted nor designated and which are not tied up in fixed assets necessary for operations.

At 31 March 2023, the group free reserves were £92,190 (2022 : £75,757).

At this stage of development of the charity the trustees are looking to build the charity's reserves in order to ensure that the important work of the charity is sustainable and have therefore not yet developed a reserves policy.

On behalf of the Board

DocuSigned by:
Razzak Mirjan
A940F594132A45B...

Razzak Mirjan

Trustee

Date: 31st January 2024

Independent Examiners Report to the Trustees of Beder

On accounts for the year ended

31 March 2023

Charity no

1187475

Set out on pages

8 to 14

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31 / 03 / 2022**.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:



Date: 31/3/2024

Name:

Miranda Ludden

Relevant professional qualification(s) or body (if any):

CIMA

Address:

56 Newlands Park

London

SE26 5NE

Beder (CIO)

Consolidated Statement of Financial Activities

For the year ended 31 March 2023

	Notes	Total Unrestricted Funds 2023	Total Unrestricted Funds 2022
		£	£
Income and Endowments from:			
Donations and Legacies	2	91,764	48,983
Charitable Activities	3	35,087	33,541
Investments		-	160
Total		126,851	82,684
Expenditure on:			
Raising Funds	4	892	2,693
Charitable Activities	6	109,526	77,924
Total		110,418	80,617
Net income/ (expenditure)		16,433	2,067
Corporation tax refund	12	-	913
Net movement in Funds		16,433	2,980

Reconciliation of funds:

Total funds brought forward	75,757	72,777
Total funds carried forward	92,190	75,757

All gains and losses recognised in the year are included in the statement of financial activities above.

All incoming resources and resources expended derive from continuing activities.

The notes form part of the financial statements

Beder (CIO)

Consolidated Balance Sheet at 31 March 2023

	Notes	Group 2023 £	Charity 2023 £	Group 2022 £	Charity 2022 £
Fixed assets					
Investment in subsidiary company	11	-	1	-	1
Total Fixed Assets		-	1	-	1
Current assets					
Debtors	13	2,368	2,533	3,388	26,587
Cash at bank and in hand		94,843	93,896	76,652	45,837
Total Current Assets		97,212	96,429	80,040	72,424
Creditors: amounts falling due within one year					
	15	(5,022)	(7,822)	(4,283)	(251)
Net current assets		92,190	88,607	75,757	72,173
Total net assets		92,190	88,608	75,757	72,174
The funds of the charity					
Unrestricted funds	16	92,190	88,608	75,757	72,174
		92,190	88,608	75,757	72,174

The financial statements were approved by the Board, authorised for issue and signed on their behalf on by

Razzak Mirjan
Trustee

DocuSigned by:
Razzak Mirjan
A940F594132A45B...

Date : 31 January 2024

Beder (CIO)

Registered Charity Number : 1187475

CIO : CE020383

**Beder
(CIO)**

Notes to the Financial Statements

For the year ended 31 March 2022

1 Accounting policies

Basis of Preparation and assessment of going concern

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

The Financial Statements have been prepared under the historical cost convention.

The Charity constitutes a public benefit entity as defined by FRS 102.

The presentation currency of the financial statements is £ sterling and the amounts are rounded to the nearest £.

Basis of consolidation

These financial statements consolidate the results of the charity and its wholly owned trading subsidiary, Beder Mirjan Limited, on a line by line basis.

Income

Income is recognised in the period in which the charitable group is entitled to receipt and the amount can be measured with reasonable certainty. Income is deferred when the charity has to fulfil conditions before becoming entitled to it or where the donor has specified that the Income is to be expended in a future period.

Where applicable income is stated after trade discounts and net of VAT.

Grants from the government and other agencies have been included as Income from Charitable Activities in furtherance of the charity's objects where these amount to a contract for services, but as donations where the money is given in response to an appeal or with greater freedom of use.

Expenditure

All expenditure is provided in the financial statements on an accruals basis where appropriate and material. Expenditure is allocated directly to the activities to which it relates where possible. The group allocates its management and administration costs to activities on a basis consistent with the use of resources.

Debtors

Short term debtors are measured at transaction price, less any impairment losses.

Creditors

Short term creditors are measured at transaction price.

**Beder
(CIO)****Notes forming part of the financial statements for the year ended 31st Mar 2023 (cont'd)****Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees. Restricted funds can only be used for particular restricted purposes within the objects of the charity.

Restrictions arise when specified by the donor or when funds are raised for a particular restricted purpose.

Judgements, Estimates and Assumptions.

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported for assets and liabilities as at the balance sheet date and the amounts reported for revenues and expenses during the period. The nature of estimation means the actual outcomes could differ from those estimates. There are no judgments that have a significant effect on the amounts recognised in the financial statements.

2 Income from Donations and Legacies	Group 2023	Group 2022
	£	£
Donations	91,764	48,983
Total	<u>91,764</u>	<u>48,983</u>

3 Income from Charitable Activities	Group 2023	Group 2022
	£	£
Ticket Sales	6,839	1,636
Book Sales	7,567	8,947
Football Sales	925	5,888
Merchandise sales	19,756	17,070
Total	<u>35,087</u>	<u>33,541</u>

4 Costs of Raising Funds	Group 2023	Group 2022
	£	£
Cost of Goods Sold	-	1,292
Wix & Stripe fees	178	852
Fundraising Event Costs	714	549
Total	<u>892</u>	<u>2,693</u>

Beder**(CIO)****Notes forming part of the financial statements for the year ended 31st Mar 2023 (cont'd)**

5 Charitable expenditure	Group 2023	Group 2022
	£	£
Digital Engagement	33,353	34,670
Beder's Kitchen costs	31,597	10,927
Event Costs	24,376	2,069
Football Costs	9,953	5,361
Advent Calendar Costs	1,230	17,578
Grants to Organisations	2,184	1,000
Support Costs (note 5)	6,833	7,069
Total	109,526	78,674

6 Support Costs

	Group 2023	Group 2022
	£	£
Accountancy	67	-
Bank Fees	392	567
Postage, Freight & Courier	1,348	1,918
General Expenses	867	978
Insurance	196	154
Printing & Stationery	977	228
IT Software and Consumables	1,500	898
Subscriptions	200	-
Governance costs - Independent examination	300	250
Governance costs - Other	545	1,326
Travel	441	-
Total	6,833	7,069

7 Staff costs

There were no employees during 2022 or 2021

8 Net income for the year	2023	2022
	£	£
Net income is stated after charging:		
Independent Examiner's Fee	300	250

9 Corporation tax

The corporation tax refund in 2022 is due on the activities of the Beder Mirjan Limited which is a wholly owned subsidiary of the CIO Beder.

**Beder
(CIO)****Notes forming part of the financial statements for the year ended 31st Mar 2023 (cont'd)****10 Financial Activities of the Charity**

The financial activities shown in the consolidated statement includes those of the charity's wholly owned subsidiary - Beder Mirjan Limited

A summary of the financial activities undertaken by the charity is set out below:

	2023	2022
	£	£
Income	102,415	48,983
Expenditure on raising funds	(823)	-
Expenditure on charitable activities	(85,158)	(42,109)
Net Income	<u>16,434</u>	<u>6,873</u>
Total funds brought forward	<u>72,174</u>	<u>65,301</u>
Total funds carried forward	<u>88,608</u>	<u>72,174</u>
Represented by		
Unrestricted funds	<u>88,608</u>	<u>72,174</u>
	<u>88,608</u>	<u>72,174</u>

11 Investments

	2023	2022
	£	£
Beder Mirjan Limited	1	1

12 Investment in subsidiary company

The charitable company owns the entire issued share capital of Beder Mirjan Limited, which is registered in England. The results of the trading company have been consolidated in these financial statements. The results of the trading subsidiary for the period were as follows:

	2023	2022
	£	£
Turnover	24,437	33,542
Cost of sales	(17,675)	(35,793)
Gross profit	6,762	(2,251)
Administrative expenses	(6,762)	(2,715)
Interest receivable and similar income	-	159
Loss before taxation	(0)	(4,807)
Tax refund on profit on ordinary activities	-	913
Loss for the year	(0)	(3,894)
b/f Aggregate capital and reserves	<u>3,582</u>	<u>7,476</u>
c/f Aggregate capital and reserves	<u>3,582</u>	<u>3,582</u>

The company activities are as stated on page 2 of these financial statements

**Beder
(CIO)****Notes forming part of the financial statements for the year ended 31st Mar 2023 (cont'd)**

13 Debtors	Group 2023 £	Charity 2023 £	Group 2022 £	Charity 2022 £
Due within 1 year				
Amount due from subsidiary undertaking	-	-	-	26,587
Other debtors	2,368	2,533	3,387	-
	<u>2,368</u>	<u>2,533</u>	<u>3,387</u>	<u>26,587</u>

14 Funds Analysis

Group	Fixed Assets /Investments £	Net Current Assets £	Total £
Unrestricted funds	-	92,190	92,190
	<u>-</u>	<u>92,190</u>	<u>92,190</u>
Charity			
Unrestricted funds	1	88,607	88,608
	<u>1</u>	<u>88,607</u>	<u>88,608</u>

15 Creditors: amounts falling due within one year

	Group 2023 £	Charity 2023 £	Group 2022 £	Charity 2022 £
Trade creditors	3,641	3,641	1,407	-
Taxes and social security costs	831	-	2,626	-
Due to subsidiary undertakings	-	3,630	-	-
Accruals & deferred income	550	550	1,000	1,000
Other creditors	-	1	-	1
	<u>5,022</u>	<u>7,822</u>	<u>5,033</u>	<u>1,001</u>

16 Movements in funds

Group	At 1/04/2022 £	Income £	Expenditure £	At 31/3/2023 £
Unrestricted funds	75,757	126,851	(110,418)	92,190
Total group funds	<u>75,757</u>	<u>126,851</u>	<u>(110,418)</u>	<u>92,190</u>
Charity				
Unrestricted funds	72,174	102,415	(85,982)	88,608
Total Trust funds	<u>72,174</u>	<u>102,415</u>	<u>(85,982)</u>	<u>88,608</u>

17 Controlling Party

The company is controlled by the board of trustees.

18 Related Party Transactions

There were no related party transactions in the year to 31 March 2023 (2022: Nil).

BEDER

England & Wales - Charity number 1187475

Accounts

**BEDER
(CIO)**

**Consolidated Report and Financial Statements
Year Ended 31 March 2022**

Registered Charity Number : 1187475
CIO : CE020383

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**Beder
(CIO)
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Trustees Report

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The financial statements comply with the Charities Act 2011, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

Reference and administrative details

Registered Charity No: 1187475
CIO No: CE020383
Registered in England and Wales
Registered Address : 2 Amity Grove, Flat 2, London, SW20 0LJ

Trustees

The trustees who served during the year and since the year end date are:

Yahya Mirjan
Fiona Angel
Nicholas Couchman
Abdul Razzak Mirjan
Farah Mirjan

Independent Examiner

Miranda Ludden
56 Newlands Park
London
SE26 5NE

Bankers

Metro Bank
Southampton Row
London
WC1B, 5HA

Beder

(CIO)

Trustees' Report for the year ended 31 March 2022 (cont'd)

Beder Mirjan Limited (Company number : 11958311)

Beder Mirjan Limited is a wholly-owned subsidiary of Beder (CIO). The figures of the subsidiary are consolidated within these financial statements. The company's details for the year are set out in note 12.

The officers of the Company during the year were:

Abdul Razzak Mirjan – Director

Karon Cook - Secretary

Structure, Governance and Management

Governing Document

Beder was formed and registered as a Charitable Incorporated Organisation in January 2020 and is governed by its constitution dated 20th January 2020 and updated on 14th January 2021. It was established with a mission to prevent suicide and preserve and protect the mental health of young people and adults in particular through partnering and supporting mental health and suicide prevention charities in the UK. It also works to provide opportunities to increase awareness of mental health issues with young people and adults in the UK through joint initiatives.

Organisation

The charity is administered by a board of trustees, who meet quarterly.

Appointment of Trustees

Any proposed trustee appointments are put forward by a member of the board of trustees for consideration during a trustee meeting. Each proposed trustee is approved or declined by the majority of the board of trustees. Upon the board of trustees approving a trustee appointment then the appointee is offered the appointment as a trustee of Beder.

Trustee Induction and Training

We encourage trustees to independently undertake any mental health and suicide prevention training such as the Mental Health First Aid training courses]

Objectives and Activities

Beder was set up as a legacy to 18 year old Beder Mirjan, who sadly passed away after taking his own life in April 2017.

The main aim of Beder is to softly raise awareness around the topics of mental health and suicide prevention. Beder wants to overcome the fear and stigma surrounding these important societal issues to help ensure those suffering with their mental health realise that they are not alone and there is always support surrounding them so that taking their own life is not the only option.

Beder organises a range of in-person events and initiatives and is currently supporting Samaritans and YoungMinds (later replaced by Shout) as its official charity partners in order to help raise awareness around their existing resources and support such life-saving support.

We feel Beder, as a charity, is certainly growing in the right direction as the Beder community continues to expand and provide a platform for us all to play our part in raising awareness around these important societal issues.

Beder

(CIO)

Trustees' Report for the year ended 31 March 2022 (cont'd)

There was a long awaited return of Beder's in-person events due to COVID but notable events include our Evening with Nick Butter taking place, after being rescheduled 3 times, with almost 120 people in attendance, a Thai Cooking Class at The Jaime Oliver Cookery School and our sell out concert with Luke Burr at the Jazz Cafe in London attracting 450 people which reminded us about the sense of togetherness that our in-person events create bringing together like-minded individuals as we are stronger together rather than alone.

We also launched Beder FC, which is our charity 11 a-side football team, and The Beder Cup, which was a charity 5 a-side football tournament, allowing us to use the power of football to breakdown barriers and raise awareness amongst those who, statistically, are most at risk.

From Beder's Kitchen has continued to perform well and sits on the shelves of notable retailers such as Waterstones, Harrods and Wholefoods whilst receiving positive feedback from those who purchased it and providing the charity with an important revenue stream.

The Beder Christmas Advent Calendar was also a very special project highlighting the unique approach which we continue to take to opening up the conversation around mental health and encouraging self care.

Whilst the Beder care packages which were handed out to the homeless community throughout Central London in the run up to Christmas was an inspiring example of what we can achieve, even in challenging times, by working together as we were joined by over 30 volunteers.

We would like to sincerely thank everyone who has supported Beder during this period as our impact so far would not have been possible without such love and support. From our donors, partners and ambassadors to our supporters, each have all played their part in overcoming the fear and stigma surrounding these issues.

Significant activities

Shout - Charity Partnership

We decided to replace YoungMinds, as our mental health charity partner, with Shout.

Shout 85258 is the UK's first free, confidential, 24/7 text messaging support service for anyone who is struggling to cope. Shout launched publicly in May 2019 and have had more than 750000 conversations with people who are anxious, stressed, depressed, suicidal or overwhelmed and who need immediate support.

We felt Shout is the perfect partner for Beder at this moment in time as Shout is a young/digitally led charity, spans both mental health and suicide prevention related issues, it is making a big impact through their service, seem interested to work together collaboratively where possible and don't cut across Samaritans as one service is call based whilst the other is text based.

An Evening with Nick Butter - 13 October 2021

Nick Butter is the first (and only) person to run a marathon in every country in the world. He shared his incredible story of stamina, perseverance and adventure at the Mayfair Hotel, London, in support of Beder.

The Beder Cup - 19 June 2021

The Beder Cup brought 14 teams and more than 100 people together as part of a charity football tournament at Meadowbank Stadium in Dorking raising over £2,400.

Beder

(CIO)

Trustees' Report for the year ended 31 March 2022 (cont'd)

Beder Rugby 7s

The Beder Rugby 7s Team is led by Jordan Gomez and it was formed out of some amazing supporters who fundraised for Beder during the The Beder Challenge in November 2020. At Worthing 7s, it was the Beder Rugby 7s first get together and it was largely successful venture bringing new people together and gelling as a team.

The Beder Christmas Advent Calendar

We created a Christmas advent calendar which was curated with self-care, wellbeing and looking after our mental health in mind. Almost 500 advent calendars were sold worldwide and it generated over £18,000 securing coverage in Country & Town House, Hello! and Stylist.

World Record Attempt with Marvin Sordell

Marvin Sordell, who is also a Beder ambassador, broke a Guinness World Record in support of

Beder by taking 577 penalties in one hour. This received coverage across Sky Sports as he smashed the previous record of 359 ahead of World Mental Health Day 2021.

Homeless Christmas Care Packages - December 2022

We created over 450 self-care packages and enlisted the support of over 30 volunteers to walk around Central London and hand them out to the homeless community in December.

Luke Burr at The Jazz Cafe - 23 March 2022

Beder hosted a special concert with Luke Burr and Louisa, as the support act, at the Jazz Cafe in London as it saw over 400 people come together, through the power of music, for an unforgettable evening raising over £6,000. Beder's objectives are to challenge the stigma surrounding mental health and suicide prevention, stimulate a dialogue to softly raise awareness and provide a platform for us all to play our part in normalising the conversation around these important societal issues.

Beder looks to lead the way collaboratively, build meaningful and authentic relationships with our partners and supporters whilst creating greater accessibility to information and opportunities to promote self-care and manage our mental health.

Beder strives for our work to have genuine, long term and sustainable impact. We believe that initiating conversations and creating safe spaces where a range of perspectives and experiences can be heard is key to this.

Beder prioritises taking a soft-touch approach to raising awareness, with empathy at the forefront of everything we do. We want to help make talking about what is on your mind less daunting and overwhelming.

Statement of Public benefit

The objectives of the charity and the activities undertaken to meet those objectives are for the public benefit. The Trustees have given due regard to the guidance published by the Charity Commission on public benefit.

Beder

(CIO)

Trustees' Report for the year ended 31 March 2022 (cont'd)

Financial Review

The charity and trading subsidiary company together produced a small surplus for the year of £2,980. This was after a corporation tax refund of £913 receivable as a result of the activities within trading subsidiary Beder Mirjan Ltd. All funds of the charity are unrestricted.

Investment Powers

Under the Memorandum and Articles of Association, the charity has the power to make any investment which the trustees see fit.

The trustees are looking to build reserves within the charity to provide a stable financial base to support future activities and so the charity funds are kept in an instant access cash account.


Reserves Policy

Charity Commission guidance requires trustees to consider the need for a charity to maintain reserves. Free reserves are defined by the Charity Commission as funds which are neither restricted nor designated and which are not tied up in fixed assets necessary for operations.

At 31 March 2022, the group free reserves were £75,007.

At this early stage of development of the charity the trustees are looking to build the charity's reserves in order to ensure that the important work of the charity is sustainable and have therefore not yet developed a reserves policy.

On behalf of the Board

DocuSigned by:

A940F594132A45B...

Razzak Mirjan
Trustee

Date: 31st January 2023

Independent Examiners Report to the Trustees of Beder

On accounts for the year ended

31 March 2022

Charity no

1187475

Set out on pages

8 to 14

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31 / 03 / 2022**.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

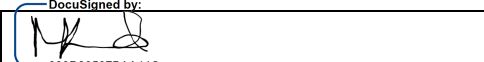
I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed: 

Date: 31/01/2023

Name: Miranda Ludden

Relevant professional qualification(s) or body (if any):

Address: 56 Newlands Park

London

SE26 5NE

**Beder
(CIO)**

Consolidated Statement of Financial Activities

For the year ended 31 March 2022

	Notes	Total Unrestricted Funds 2022	Total Unrestricted Funds 2021
		£	£
Income and Endowments from:			
Donations and Legacies	2	48,983	94,911
Charitable Activities	3	33,541	33,894
Investments		160	-
Total		82,684	128,805
Expenditure on:			
Raising Funds	4	2,693	4,681
Charitable Activities	6	77,924	71,831
Total		80,617	76,512
Net income/ (expenditure)		2,067	52,293
Tax on activities	12	913	2,471
Net movement in Funds		2,980	54,764
Reconciliation of funds:			
Total funds brought forward		72,777	18,013
Total funds carried forward		75,757	72,777

All gains and losses recognised in the year are included in the statement of financial activities above.
All incoming resources and resources expended derive from continuing activities.

The notes form part of the financial statements

**Beder
(CIO)**

Consolidated Balance Sheet

At 31 March 2022

	Notes	Group 2022 £	Charity 2022 £	Group 2021 £	Charity 2021 £
Fixed assets					
Investment in subsidiary company	11	-	1	-	1
Total Fixed Assets		-	1	-	1
Current assets					
Debtors	13	3,388	26,587	3,338	62,707
Cash at bank and in hand		76,652	45,837	71,753	2,594
Total Current Assets		80,040	72,424	75,091	65,301
Creditors: amounts falling due within one year					
	15	(4,283)	(251)	(2,314)	(1)
Net current assets		75,757	72,173	72,777	65,300
Total net assets		75,757	72,174	72,777	65,301
The funds of the charity					
Unrestricted funds	16	75,757	72,174	72,777	65,301
		75,757	72,174	72,777	65,301

The financial statements were approved by the Board, authorised for issue and signed on their behalf on by

Razzak Mirjan
Trustee

DocuSigned by:
Razzak Mirjan
A940F594132A45B...

Date : 31st January 2023

Beder (CIO)

Registered Charity Number : 1187475

CIO : CE020383

**Beder
(CIO)**

Notes to the Financial Statements

For the year ended 31 March 2022

1 Accounting policies

Basis of Preparation and assessment of going concern

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

The Financial Statements have been prepared under the historical cost convention.

The Charity constitutes a public benefit entity as defined by FRS 102.

The presentation currency of the financial statements is £ sterling and the amounts are rounded to the nearest £.

Basis of consolidation

These financial statements consolidate the results of the charity and its wholly owned trading subsidiary, Beder Mirjan Limited, on a line by line basis.

Income

Income is recognised in the period in which the charitable group is entitled to receipt and the amount can be measured with reasonable certainty. Income is deferred when the charity has to fulfil conditions before becoming entitled to it or where the donor has specified that the Income is to be expended in a future period.

Where applicable income is stated after trade discounts and net of VAT.

Grants from the government and other agencies have been included as Income from Charitable Activities in furtherance of the charity's objects where these amount to a contract for services, but as donations where the money is given in response to an appeal or with greater freedom of use.

Expenditure

All expenditure is provided in the financial statements on an accruals basis where appropriate and material. Expenditure is allocated directly to the activities to which it relates where possible. The group allocates its management and administration costs to activities on a basis consistent with the use of resources.

Debtors

Short term debtors are measured at transaction price, less any impairment losses.

Creditors

Short term creditors are measured at transaction price.

Beder**(CIO)****Notes forming part of the financial statements for the year ended 31st Mar 2022 (cont'd)****Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees. Restricted funds can only be used for particular restricted purposes within the objects of the charity.

Restrictions arise when specified by the donor or when funds are raised for a particular restricted purpose.

Judgements, Estimates and Assumptions.

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported for assets and liabilities as at the balance sheet date and the amounts reported for revenues and expenses during the period. The nature of estimation means the actual outcomes could differ from those estimates. There are no judgments that have a significant effect on the amounts recognised in the financial statements.

2 Income from Donations and Legacies	Group 2022	Group 2021
	£	£
Donations	48,983	94,911
	<u>48,983</u>	<u>94,911</u>

3 Income from Charitable Activities

	Group 2022	Group 2021
	£	£
Ticket Sales	1,636	218
Book Sales	8,947	33,121
Football Income	5,888	-
Merchandise Sales	17,070	555
Total	<u>33,541</u>	<u>33,894</u>

4 Costs of Raising Funds

	Group 2022	Group 2021
	£	£
Cost of Goods Sold	1,292	4,845
Trading platform fees	852	584
Fundraising event costs/(refunds)	549	(748)
Total	<u>2,693</u>	<u>4,681</u>

**Beder
(CIO)****Notes forming part of the financial statements for the year ended 31st Mar 2022 (cont'd)**

5 Support Costs	Group 2022	Group 2021
	£	£
Accountancy fees	-	684
Bank Fees	567	233
Postage and Courier	1,918	1,241
General Expenses	978	2,353
Insurance	154	-
Printing & Stationery	228	2,126
IT Software & Consumables	898	79
Governance Costs – Independent examination	250	-
Governance Costs - other	1,326	-
Total	6,319	6,716

6 Analysis of charitable expenditure	Group 2022	Group 2021
	£	£
Digital Engagement	34,670	9,344
Grants to organisations	1,000	20,767
Beder's Kitchen - book costs	10,927	35,004
Event Costs	2,069	-
Football Costs	5,361	-
Advent Calendar costs	17,578	-
Support Costs	6,319	6,716
Total	77,924	71,831

7 Staff costs

There were no employees during 2022 or 2021

8 Net income/(expenditure) for the year	2022	2021
	£	£
Net income/(expenditure) is stated after charging:		
Independent Examiner's remuneration	250	-

9 Corporation tax

The corporation tax refund is due on the activities of Beder Mirjan Ltd which is a wholly owned subsidiary of Beder.

Beder**(CIO)****Notes forming part of the financial statements for the year ended 31st Mar 2022 (cont'd)****10 Financial Activities of the Charity**

The financial activities shown in the consolidated statements includes those of the charity's wholly owned subsidiary – Beder Mirjan Ltd

A summary of the financial activities undertaken by the charity is set out below:

	2022	2021
	£	£
Income	48,983	94,910
Expenditure on charitable activities	(42,860)	(29,610)
Net income/(expenditure)	<u>6,123</u>	<u>65,300</u>
Total funds brought forward	<u>65,301</u>	<u>1</u>
Total funds carried forward	<u><u>71,424</u></u>	<u><u>65,301</u></u>
Represented by		
Unrestricted funds	<u>71,424</u>	<u>65,301</u>
	<u><u>71,424</u></u>	<u><u>65,301</u></u>

11 Investments

	2022	2021
	£	£
Beder Mirjan Ltd	1	1

12 Investment in subsidiary company

The charitable company owns the entire issued share capital of Beder Mirjan Limited, which is registered in England. The results of the trading company have been consolidated in these financial statements. The results of the trading subsidiary for the period were as follows:

	2022	2021
	£	£
Turnover	33,542	33,894
Cost of sales	(35,792)	(39,685)
Gross profit	<u>(2,250)</u>	<u>(5,791)</u>
Administrative expenses	<u>(2,716)</u>	<u>(7,216)</u>
Interest receivable	<u>160</u>	<u>-</u>
Loss before taxation	<u>(4,806)</u>	<u>(13,007)</u>
Tax refund on profit/(loss) on ordinary activities	913	2,471
Loss for the year	<u>(3,893)</u>	<u>(10,536)</u>
Aggregate capital and reserves b/f	<u>7,477</u>	<u>18,013</u>
Aggregate capital and reserves c/f	<u>3,584</u>	<u>7,477</u>

**Beder
(CIO)****Notes forming part of the financial statements for the year ended 31st Mar 2022 (cont'd)**

13 Debtors	Group 2022	Charity 2022	Group 2021	Charity 2021
	£	£	£	£
Due within 1 year				
Trade debtors	-	-	864	-
Other debtors	3,388	-	2,474	-
Amount due from subsidiary undertaking	-	26,587	-	62,707
	<u>3,388</u>	<u>26,587</u>	<u>3,338</u>	<u>62,707</u>

14 Funds Analysis

Group	Fixed Assets /Investments	Net Current Assets	Total
	£	£	£
Unrestricted funds	-	75,007	75,007
	<u>-</u>	<u>75,007</u>	<u>75,007</u>
Charity			
Unrestricted funds	1	71,423	71,424
	<u>1</u>	<u>71,423</u>	<u>71,424</u>

15 Creditors: amounts falling due within one year

	Group 2022	Charity 2022	Group 2021	Charity 2021
	£	£	£	£
Trade creditors	1,407	-	2,314	-
Taxes and social security costs	2,626	-	-	-
Accruals & deferred income	250	250	-	-
Other creditors	-	1	-	1
	<u>4,283</u>	<u>251</u>	<u>2,314</u>	<u>1</u>

16 Movements in funds

	At 01/04/2021	Income	Expenditure	At 31/03/2022
	£	£	£	£
Group				
Unrestricted funds	72,777	82,684	(80,454)	75,757
Total group funds	<u>72,777</u>	<u>82,684</u>	<u>(80,454)</u>	<u>75,757</u>
Charity				
Unrestricted funds	65,301	48,983	(42,860)	72,174
Total Charity funds	<u>65,301</u>	<u>48,983</u>	<u>(42,860)</u>	<u>72,174</u>

17 Controlling Party

The company is controlled by the board of trustees.

21 Related Party Transactions

There were no related party transaction in the year to 31 March 2022 (2021: Nil).

BEDER

England & Wales - Charity number 1187475

Accounts

BEDER

Charitable Incorporated Organisation

Financial Statements to 31 March 2021

Charity Number : 1187475

CIO Number : CE020383



Trustees' Annual Report for the period

	Period start date				Period end date		
From	21	01	2020	To	31	03	2021

Section A Reference and administration details

Charity name

Other names charity is known by

Registered charity number (if any)

Charity's principal address

2 Amity Grove

Flat 2

London

Postcode

SW20 0LJ

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Razzak Mirjan			
2	Yahya Mirjan			
3	Farah Mirjan			
4	Fiona Angel			
5	Nicholas Couchman			

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
Accountant	Infinity Accountants Ltd	1 Therapia Road, London, SE22 0SF
Banker	Metro Bank	1 Southampton Row, London, WC1B, 5HA

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Foundation model CIO Constitution amended 14 th January 2021
How the charity is constituted (eg. trust, association, company)	CIO
Trustee selection methods (eg. appointed by, elected by)	Appointed by current trustees

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Beder has a wholly owned subsidiary (Beder Mirjan Ltd – company number 11958311).

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

Beder aims to overcome fear and stigma surrounding mental health and suicide prevention by softly raising awareness around these topics through organising a range of events and initiatives across education, wellness and recreation.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Beder continued to organise a wide range of activities which brought people together who shared similar interests and raise awareness about Beder, as a charity and its work, through media coverage (such as a SkySports feature of Marvin Sordell breaking a Guinness World Record in support of Beder or Razzak Mirjan appearing on GB News during Suicide Prevention Day).

The Trustees have referred to the Charity Commission's general guidance on public benefit including its guidance 'Public benefit: running a charity (PB2)' to ensure that activities meet the requirements.

Section D**Achievements and performance****Summary of the main achievements of the charity during the year**

During the year Beder developed a Christmas advent calendar filled with physical and digital products curated to look after your mental health and encourage self care during 2021 the festive period. Over 400 calendars were sold and it helped create awareness around Beder's unique approach to softly raising awareness. From Beder's Kitchen also continues to sell well and is now stocked in Waterstones, Harrods, Whole Foods and Daylesford Farm Shop. Beder also organised an initiative which gave over 400 care packages to the homeless community throughout central London which each package containing socks, snacks and helpful resources.

Section E**Financial review****Brief statement of the charity's policy on reserves**

The charity was established in January 2020 and so the trustees are looking to build its reserves to a level appropriate for its ongoing activities.

Details of any funds materially in deficit

None

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

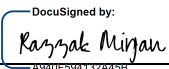
- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.


Due to delays caused by the Covid-19 pandemic the Beder bank account only became operational in February 2021. As a result the funds relating to the charitable activities of Beder CIO were held in the bank account of its wholly owned subsidiary (Beder Mirjan Ltd) and were transferred to Beder CIO after the year end.

Section F**Other optional information****Section G****Declaration**


The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	<small>DocuSigned by:</small> 
Full name(s)	Razzak Mirjan
Position (eg Secretary, Chair, etc)	Trustee
Date	29/12/2021

 CHARITY COMMISSION FOR ENGLAND AND WALES	Charity Name			No (if any)	CC16a
	Beder			1187475	
	Receipts and payments Accounts				
	For the period from	Period start date 21/01/2020	To	Period end date 31/03/2021	
Section A Receipts and Payments					
	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Donations	2,101	-	-	2,101	-
<i>Sub total(Gross income for AR)</i>	2,101	-	-	2,101	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
<i>Sub total</i>	-	-	-	-	-
Total receipts	2,101	-	-	2,101	-
A3 Payments					
	-	-	-	-	-
<i>Sub total</i>	-	-	-	-	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
<i>Sub total</i>	-	-	-	-	-
Total payments	-	-	-	-	-
Net of receipts/(payments)	2,101	-	-	2,101	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	2,101	-	-	2,101	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds	Restricted funds	Endowment funds
		to nearest £	to nearest £	to nearest £
B1 Cash funds		2,101	-	-
	<i>Total cash funds</i>	2,101	-	-
		Unrestricted funds	Restricted funds	Endowment funds
	Details	to nearest £	to nearest £	to nearest £
B2 Other monetary assets	Debtor	62,707	-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets	Investment in subsidiary	Unrestricted	2	2
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	-
Signed by one trustee on behalf of all the trustees		Signature	Print Name	Date of approval
		Razzak Mirjan		29/12/2021