

Gloucestershire Spiritual Direction Trust –

Trustees Report 2023

Reports for 2023:

Finance Report: Ann Morris

The overall **position of the Trust** at the end of December 2023:

The year started with £12261 in the bank accounts and ended the year with £15697 – very satisfactory!

We received £1072 from the closure of the Spirituality Network for Gloucestershire, who trust us to further the support of spirituality in our area. I allocated this money to the directory/ECSD pot. Much of the extra money in the bank account comes from the work of the course, A Companion' Way. We have agreed that the Ecumenical Community of Spiritual Directors will host events that are self-supporting. We will propose a small annual membership fee to cover administration and website costs.

The financial position of the two years of **Course L** – 2022-3, the first blended course. The facilitators set the fees on an estimated budget based on the previous in-person course, balancing the savings made by not having a regular venue, less facilitator travel, but with more spent on weekends (an introductory weekend, and IGR and a workshop weekend). We hoped to break even with a minimum number of 12 students, but supported 17 participants.

We were prepared to make a small loss, seed money to experiment with this new format. However, because of the prudence of the team, the course ended with an excess of income over expenditure of £5372 over the two years. This will help fund any shortfall in Course M.

Fees received £27,875

Costs included:

Website £1075

Zoom £631

Retreats £15280

Workshops £1513

Visiting Tutors £533

Facilitator expenses (travel, printing etc) £1180

Honorarium £2100

A breakdown of the Trust's Cash Asset available to fund each department to help with any financial decisions the Trustees may need to make.

Administration £216

Directory and ECSD (Ecumenical Community) £1561

Course £13920

The Trustees are now in the process of setting an annual budget to future proof the finances and attract income.

A Companion's Way: Siobhan Smith

Course L was our first blended course – on Zoom and in person events. It has proven to be a successful and enjoyable way of being a learning community.

Course M was due to start at the beginning of 2024 – but due to a glitch on the website – seekers were unable to apply for several months. As there were only 8 applicants in January, the course start date was postponed, and will begin in May 2024 with 16 participants.

Joe Neary has joined the facilitator team, and two former participants on course L have divided up the administrative tasks between them to support the facilitators – Caroline Gilderdale and Ann Bulley.

Ecumenical Community of Spiritual Directors: Lynda Fisher

- **The Directory**

Numbers of new Spiritual Directors joining the Community – 12 (the majority participants in Course L)

Potential SDs showing interest in joining – 2

Total on the Directory currently – 82

GL postcodes – 39 (indicates how the sharing of this ministry is changing – from local area – now we have directors listed on the Directory from Wales – the furthest lives in Orkney – Enquirers – 56

Work will continue during 2024 to revise the Directory to confirm active directors. Plus revamping the master forms – application and seeking a spiritual director – to make the process more user friendly and comply with data protection.

- **Events –**

- First face to face meeting since 2020 in November at Leckhampton for Chris' leaving thank you (12 attended which suggests that most members prefer to meet over Zoom)
- Centering Prayer evenings – with thanks to Jo Joy for setting them up (3rd Tuesdays each month at 7.30pm)
- **In 2024**, plan for a session on Centering Prayer To be led by Emma Lanham (former participant of Course)

- **Key areas of work since September 2023 – ongoing**

- Introducing the concept of short 100-150 word biographies to those finishing Course L and those who have newly joined the Trust – to set out what they have to offer as Spiritual Directors
- Reviewing the Trust document – on going – particularly as we have had difficulty formally appointing representatives from the dioceses of Clifton and Gloucester
- Plans – to offer a Zoom meeting on 27th June 2024 for all Members of ECSD to discuss future topics for on going support and training and the use of biographies. Recruitment of new Trustees or Members willing to be involved – particularly with Website development and organising on-going training.
- Revising the management of matching directors to directees - Pam Wright is on the team in Hereford Diocese and is willing to share their search on how best to do this – a topic that is currently an issue for all who manage Directories.
- Development of the Guidelines for Spiritual Directors

Supervision: Chris Mason

Chris Mason continues to hold the brief for the continuation and development of Supervision.

1. Receiving requests for supervision
2. Supporting supervisors informally
3. Arranging opportunities for personal development (CPD) in a reflective practice group meeting 2/3 times year
4. Creating and maintaining a database of names, experience, training, mode of work (1:1 and groups) policy on donations

Work for 2024

Develop the list of trained Supervisors

Offer training through LCSD for those interested in providing supervision.

Trustee Resignations and Vacancies

Resignations

- Chris Mason – 22nd July, 2023
- Diane Daymond – 1st August 2023
- Joanne Joy – 27th April 2024

Next AGM – April 2024

Appointments to be retrospectively proposed and seconded

- Lynda Fisher – joined Trustees 5th September 2023 –
proposed: Ian Spencer seconded Maragret Evans
- Rosie Halford – joined Trustees 5th September 2023 –
proposed: Lynda Fisher seconded Siobhan Smith
- David Vonberg – joined Trustees 5th September 2023 –
proposed: Ann Morris seconded Anne Soloman

Trustees at the end of first 3 year term to be proposed and seconded

- Anne Solomon, Siobhan Smith and Ann Morris –
Proposed Rosie Halford seconded Judith Davies

Trustees:

GLOUCESTERSHIRE SPIRITUAL DIRECTION TRUST - ACCOUNTS 2023

Date	Ref no	GISD Lloyds	Bank Statement	GSDT Co-operative receipts	GSDT Co-operative payments	
Opening balance	1/1/2023	£36.05		£12,261.02		Description
Course participant semes	1/3/2023		C12	£400.00		Semester 3 fees
Course participant semes	1/3/2023		C12	£400.00		Semester 3 fees
Course participant semes	1/3/2023		C12	£400.00		Semester 3 fees
Course participant semes	1/3/2023		C12	£400.00		Semester 3 fees
Course participant semes	1/4/2023		C12	£400.00		Semester 3 fees
Course participant semes	1/4/2023		C12	£400.00		Semester 3 fees
Course participant semes	1/4/2023		C12	£400.00		Semester 3 fees
Course participant semes	1/5/2023		C12	£200.00		Semester 3 fees
Course participant semes	1/5/2023		C12	£40.00		Semester 3 fees
Course participant semes	1/9/2023		C12	£400.00		Semester 3 fees
Course participant semes	1/9/2023		C12	£400.00		Semester 3 fees
Course participant semes	1/10/2023		C12	£400.00		Semester 3 fees
Course participant semes	1/10/2023		C12	£360.00		Semester 3 fees
Course participant semes	1/11/2023		C12	£400.00		Semester 3 fees
Gloucester DBF	1/14/2023	X31	C12		£40.00	Hire of labyrinth for otherness weekend
Facilitator conference att	1/16/2023	X32	C12		£135.00	Retreat Association Conference February
Mull Web Design	1/23/2023	X33	C12		£267.00	Annual website plug ins
Course participant semes	1/23/2023		C12	£400.00		Semester 3 fees
Course participant semes	1/26/2023		C12	£400.00		Semester 3 fees
Course participant semes	1/30/2023		C13	£400.00		Semester 3 fees
Holland House	2/3/2023	X34	C13		£4,850.00	Otherness weekend - 3rd-5th Feb
Trainer expenses	2/9/2023		C13		£250.00	Otherness weekend - 3rd-5th Feb
Soc Retreat Directors	2/14/2023	Z5	C13	£400.00		Grant - semester 3
Soc Retreat Directors	2/22/2023		C13	£600.00		Grant - semester 3 and 4
Course participant fee ref	2/24/2023		C13		£200.00	Semester 3 fee refund
Bookmark Computers	5/4/2023	X35	C14		£120.00	Website upkeep Feb to July
Trainer expenses	6/4/2023	X36	C15		£374.95	Dream Day Leader
Holland House	6/9/2023	X37	C15		£100.00	Residential holding fee Course M
Facilitator expenses	6/9/2023	X38	C15		£265.09	Semester 3 expenses
Facilitator expenses	6/9/2023	X39	C15		£123.40	Semester 3 expenses
Facilitator expenses	6/9/2023	X40	C15		£177.30	Semester 3 expenses
Facilitator expenses	6/9/2023	X41	C15		£146.35	Semester 3 expenses
Facilitator expenses	6/19/2023	X42	C15		£36.00	Expenses - Dreams Day
Course participant deposi	6/21/2023		C15	£25.00		Deposit for Course M
Holland House	6/27/2023	X43	C15		£1,480.00	Deposit Jan '24 and Sept holding fee
Zoom repayment	7/18/2023	X44	C16		£143.88	Annual Zoom charge
Supervision training	7/21/2023	X45	C16		£75.00	Supervision Training
Spirituality Network	7/30/2023		C16	£1,072.12		Transfer of all monies
Facilitator expenses	8/15/2023	X46	C17		£141.10	Semester 3 expenses
Bookmark Computers	8/21/2023	X47	C17		£120.00	Website upkeep Aug 23-Jan24
Bookmark Computers	8/21/2023	X48	C17		£80.00	Annual hosting and domain
Course participant semes	8/23/2023		C17	£400.00		Semester 4 fees
Course participant semes	8/23/2023		C17	£400.00		Semester 4 fees

Admin	List	EFSD	Course L Receipts	Course L Payments	Course M Receipts	Course M payments	Donations for CM
			£400.00				
			£400.00				
			£400.00				
			£400.00				
			£400.00				
			£400.00				
			£200.00				
			£40.00				
			£400.00				
			£400.00				
			£400.00				
			£400.00				
			£400.00				
			£400.00				
				£40.00			
				£135.00			
				£267.00			
			£400.00				
			£400.00				
			£400.00				
				£4,850.00			
				£250.00			
			£400.00				
			£600.00				
			-£200.00				
				£120.00			
				£374.95			
						£100.00	
				£265.09			
				£123.40			
				£177.30			
				£146.35			
				£36.00			
					£25.00		
						£1,480.00	
				£143.88			
		£75.00					
£1,072.12							
				£141.10			
				£120.00			
				£80.00			
			£400.00				
			£400.00				

Course participant semes	8/23/2023		C17	£400.00	Semester 4 fees		£400.00													
Course participant semes	8/23/2023		C17	£400.00	Semester 4 fees		£400.00													
Course participant semes	8/23/2023		C17	£400.00	Semester 4 fees		£400.00													
Course participant semes	8/23/2023		C17	£400.00	Semester 4 fees		£400.00													
Course participant semes	8/23/2023		C17	£400.00	Semester 4 fees		£400.00													
Course participant semes	8/23/2023		C17	£400.00	Semester 4 fees		£400.00													
Course participant semes	8/29/2023		C18	£400.00	Semester 4 fees		£400.00													
Course participant semes	8/31/2023		C18	£400.00	Semester 4 fees		£400.00													
Course participant semes	8/31/2023		C18	£400.00	Semester 4 fees		£400.00													
Course participant semes	8/31/2023		C18	£400.00	Semester 4 fees		£400.00													
Course participant semes	9/1/2023		C18	£400.00	Semester 4 fees		£400.00													
Course participant semes	9/6/2023		C18	£400.00	Semester 4 fees		£400.00													
Course participant semes	9/6/2023	X49	C18		£100.00	September workshop day - cheque no 1														
St Marks Methodist Church, Cheltenham																				
Course participant semes	9/7/2023		C18	£400.00	Semester 4 fees		£400.00													
Course participant semes	9/7/2023		C18	£400.00	Semester 4 fees		£400.00													
Donation for CM	9/26/2023		C18	£15.00	Donation for Chris															£15.00
Donation for CM	9/28/2023		C18	£20.00	Donation for Chris															£20.00
Donation for CM	9/28/2023		C18	£30.00	Donation for Chris															£30.00
St Peter Lechampton	9/29/2023	X50	C18		£35.00	Hire of cottage - 27th November														
Ann Morris	10/3/2023		C18	£10.00	Donation for Chris															£10.00
Ann Morris	10/5/2023		C18	£25.00	Donation for Chris															£25.00
Ann Morris	10/9/2023		C18	£10.00	Donation for Chris															£10.00
Ann Morris	10/17/2023		C18	£15.00	Donation for Chris															£15.00
Ann Morris	10/19/2023		C18	£10.00	Donation for Chris															£10.00
Trainer expenses	10/26/2023		C18		£150.00	Shadow/ spiritual abuse sessions														£150.00
Donation for CM	10/27/2023		C18	£10.00	Donation for Chris															£10.00
Donation for CM	10/30/2023		C19	£10.00	Donation for Chris															£10.00
Donation for CM	11/13/2023		C19	£20.00	Donation for Chris															£20.00
Donation for CM	11/16/2023		C19	£25.00	Donation for Chris															£25.00
Donation for CM	11/20/2023		C19	£10.00	Donation for Chris															£10.00
Gift receipt	11/26/2023	X51	C19		£210.00	Gift to Chris														-£210.00
Holland House	11/27/2023	X52	C20		£759.00	Final Day														£759.00
Facilitator expenses	12/13/2023	X53	C20		£268.50	Semester 4 Expenses														£268.50
Facilitator expenses	12/13/2023	X54	C20		£151.35	Semester 4 Expenses														£151.35
Facilitator expenses	12/13/2023	X55	C20		£182.30	Semester 4 Expenses														£182.30
Facilitator expenses	12/13/2023	X56	C20		£151.30	Semester 4 Expenses														£151.30
Travel expenses	12/13/2023	X57	C20		£54.00	Travel Expenses														£54.00
Facilitator expenses	12/13/2023	X58	C20		£157.15	Semester 4 Expenses														£157.18
Facilitator expenses	12/15/2023	X59	C20		£127.00	Semester 4 Expenses														£127.00
				-£25.00		£25.00														
						Miscellaneous														
Totals				£11.05		£27,193.14		£11,495.67												

Balance at Bank £11.05 £15,697.47

Bank Accounts

Reconciliation Co-op

Opening Balance £12,261.02
Transfers £1,097.12
Expenses paid -£11,495.67

Break down by Department

Administration

Income
Expenses £110.00
Excess of Expenditure over income £110.00

Income received	£13,835.00		EFSD		
			Income		
Closing Balance	£15,697.47	C/F to 2024	Expenses	-£110.00	
			Excess of Expenditure over Income	-£110.00	
	Lloyds				
			A Companion's Way		
Opening Balance	£36.05		Income	£13,425.00	
Expenses Paid	-£25.00		Expenses	-£10,950.70	This includes payments to Holland House re Course M in 2024
Income Received			Excess of Income over Expenditure	£2,474.30	
Closing Balance	£11.05	C/F to 2024			
CIO Report - 2023 added value to Trust of £3411	Income less expenditure plus Spirituality Network transfer				

GLOUCESTERSHIRE SPIRITUAL DIRECTION TRUST - ACCOUNTS 2021 - Balance Sheet

Opening Balance

GISD re Course	10119.36
Spirituality Network re Bursary Fund	1250.00
Spirituality Network re Director's Fund	814.19
	12183.55

GLOUCESTERSHIRE SPIRITUAL DIRECTION TRUST - ACCOUNTS 2022 - Balance Sheet

Opening Balance	£10,788.00	
Plus Excess of Income over expenditure	£1,509.07	
		£12,297.07
Balanced by:		
GISD - Lloyds account	£36.05	
Trust Co-op Account	£12,261.02	
		£12,297.07

GLOUCESTERSHIRE SPIRITUAL DIRECTION TRUST - ACCOUNTS 2023 - Balance Sheet

Opening Balance	£12,297.07	
Plus Excess of Income over expenditure	£3,411.45	
		£15,708.52
Balanced by:		
GISD - Lloyds account	£11.05	
Trust Co-op Account	£15,697.47	
		£15,708.52

Course L Year 1 Breakdown of Income and Costs

		Fee Income	Costs	Allocation of Costs						
				Website	Zoom	Retreats	Workshop	Visiting Tutors	Facilitator Expenses - Travel/printing	Honorarium
7/8/2021 X1	Course Website		-£145.00	£145.00						
7/8/2021 X2	Holland House Deposit 4th-6th Feb 22		-£1,100.00			£1,100.00				
7/8/2021 X3	Holland House Deposit 9th-11th Sept 22		-£100.00			£100.00				
7/28/2022 X4			-£143.88		£143.88					
8/21/2022 X5	Bookmark Computers to Jan 23		-£183.50	£183.50						
11/24/2022 X6	Course Meeting at Holland House		-£40.00			£40.00				
12/29/2021	Course fees	£400.00								
12/30/2021	Course fees	£400.00								
12/31/2021	Course fees	£400.00								
11/4/2022	Course fees	£400.00								
1/2/2022	Course fees	£400.00								
1/3/2022	Course fees	£400.00								
1/4/2022	Course fees	£400.00								
1/4/2022	Course fees	£400.00								
1/5/2022	Course fees	£400.00								
1/5/2022	Course fees	£400.00								
1/5/2022	Course fees	£800.00								
1/6/2022	Course fees	£400.00								
2/6/2022	Course fees	£400.00								
10/8/2022	Course fees	£400.00								
10/10/2022	Course fees	£400.00								
10/10/2022	Course fees	£40.00								
10/10/2022	Course fees	£360.00								
1/12/2022 Z1	SRC - Grant - participant fees	£1,000.00								
1/13/2022	Refund of participant fees	-£400.00								
1/19/2022	Course fees	£400.00								
1/21/2022 X10	Holland House Deposit - 9-11th September		-£1,150.00			£1,150.00				
1/25/2022 X9	Holland House - balance 4th-6th February		-£4,075.00			£4,075.00				
2/25/2022 X11	Bookmark computers - website - annual hosting + upkeep Feb to July		-£180.00	£180.00						
3/11/2022 Z2	SRC Grant - participant fees	£600.00								
6/22/2022 X13	Facilitator expenses		-£164.05						£64.05	£100.00
6/22/2022 X14	Facilitator expenses		-£152.20						£52.20	£100.00
6/22/2022 X15	Facilitator expenses		-£162.00						£62.00	£100.00
6/22/2022 X16	Facilitator expenses		-£300.50					£80.00	£120.50	£100.00

6/22/2022 X17	Facilitator expenses		-£166.45
6/24/2022 X18	Holy Family Centre Prinknash - Workshop		-£150.00
7/17/2022 X19	Zoom annual subscription - refund to payee		-£143.88
8/10/2022 Z3	SRC Grant - participant fees	£200.00	
8/23/2022	Participant fees 2nd semester	£400.00	
8/23/2022	Participant fees 2nd semester	£275.00	
8/23/2022	Participant fees 2nd semester	£400.00	
8/23/2022	Participant fees 2nd semester	£400.00	
8/23/2022	Participant fees 2nd semester	£400.00	
8/23/2022	Participant fees 2nd semester	£400.00	
8/24/2022	Participant fees 2nd semester	£600.00	
8/24/2022	Participant fees 2nd semester	£400.00	
8/24/2022	Participant fees 2nd semester	£400.00	
8/24/2022	Participant fees 2nd semester	£400.00	
8/26/2022	Participant fees 2nd semester	£400.00	
8/30/2022	Participant fees 2nd semester	£400.00	
8/30/2022	Participant fees 2nd semester	£400.00	
8/30/2022 X20	Holland House Balance IGR September		-£3,675.00
8/31/2022	Participant fees 2nd semester	£200.00	
9/2/2022	Participant fees 2nd semester	£400.00	
9/2/2022	Participant fees 2nd semester	£400.00	
9/13/2022 X21	Speaker- IGR travel expenses		-£63.00
11/3/2022 X22	Bookmark computers - website - annual hosting + upkeep August 22 to Jan 23		-£120.00
12/9/2022 X24	Facilitator - semester 2 expenses		-£381.35
12/9/2022 X25	Facilitator - semester 2 expenses		-£123.40
12/9/2022 X26	Facilitator - semester 2 expenses		-£100.00
12/14/2022 X28	Facilitator - semester 2 expenses		-£125.40
12/14/2022 X29	Bookmark Computers annual fee		-£60.00
12/16/2022 X30	Facilitator - semester 2 expenses		-£128.70
		£14,475.00	-£13,133.31

Excess of Income Over Expenditure £1341.69

Fee Income

	B/f - fees paid in advance	£200.00
6/23/2023 X43	Holland House -deposit for Intr weekend	
6/9/2023 X37	Holland House - deposit for holding fee residential	

Costs

Allocation of Costs					
Website	Zoom	Retreats	Workshop	Visiting Tutors	Facilitator Expenses - Travel/printing
-£1,480.00		-£1,480.00			
-£100.00		-£100.00			

Honorarium