

STAND AGAINST MND

England & Wales · Charity number 1187436

Details

Status Registered

Legal form CIO

Registered 2020-01-17

Register [View on the Charity Commission register](#)

Contact

Address 4 Cornflower Crescent
Ruddington
Nottingham
NG11 6SG

Phone 07841667129

Email info@standagainstmnd.com

Activities

Objects: THE OBJECT OF THE CIO IS: 3.1 FOR THE PUBLIC BENEFIT THE RELIEF OF SICKNESS AND THE PRESERVATION AND PROTECTION OF GOOD HEALTH AMONG PERSONS SUFFERING FROM MOTOR NEURONE DISEASE ("THE CONDITION"), THEIR FAMILIES AND CARERS, IN PARTICULAR BY: 3.1.1 THE PROVISION OF SUPPORT, GRANTS OF FINANCIAL ASSISTANCE AND INFORMATION TO PEOPLE AFFECTED (DIRECTLY OR INDIRECTLY) BY THE CONDITION THROUGH CLINICAL, HOSPICE OR OTHER FORMS OF PALLIATIVE CARE; AND 3.1.2 THE PROMOTION AND FUNDING OF RESEARCH INTO THE NATURE, CAUSES, DIAGNOSIS, PREVENTION, TREATMENT AND CURE OF THE CONDITION, THE USEFUL RESULTS OF WHICH WILL BE PUBLISHED.

Activities: Raising funds and awareness in the stand against motor neurone disease.

Classification

- **How:** Makes Grants To Organisations
- **What:** General Charitable Purposes, The Advancement Of Health Or Saving Of Lives, Disability
- **Who:** People With Disabilities

Geography

- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£121,063	£39,828	-	-
2024-03-31	£93,493	£76,170	-	-
2023-03-31	£76,463	£110,450	-	-
2022-03-30	£38,385	£2,154	-	-
2021-03-30	£43,421	£16,748	-	-

Trustees

Name	Role	Appointed
Alastair John Hall		2020-01-16
Dr Thomas James Rawling		2025-03-25
Emma Reid		2020-01-16
Greg William Mitchell		2020-01-16
Rebecca Jane Clark		2020-01-16
Richard Mark Carey		2020-01-16
Victoria Clare Alvis		2020-01-16
Victoria Helen Stonehouse		2025-03-25
William Henry Rawling		2025-03-25

Accounts



STAND AGAINST MND ANNUAL RETURN FINANCIAL YEAR ENDING 31 MARCH 2025

Stand Against MND ('SAM', 'Charity') was registered as a charitable incorporated organisation on 17 January 2020 following Sam Perkins being diagnosed with motor neurone disease (MND) in March 2019¹.

The purposes of the Charity are:

- (1) to raise funds and awareness to support research into a cure for MND; and
- (2) to provide funds to support palliative care services that assist those who are affected by MND, including those diagnosed with MND, but also their family and friends.

We are proud to report that the Charity continues to achieve its objectives through a range of fundraising activities and promotional events coordinated by a range of individuals and organisation with or on behalf of the Charity.

A message from our Trustees



On 9 February 2025, we sadly lost our founder and leader, Sam Perkins to motor neurones disease. Sam passed peacefully with his family by his side. Sam was a force of nature and is sorely missed. The [BBC quickly shared the news in a short report on 9 February 2025](#).

Testimonies poured out on social media, cards and letters of condolence from friends, family, MP's, and the Motor Neurones Disease Association were received, a longer [tribute to Sam was aired by the BBC](#) and a one minute applause at the [City Ground](#).

Sam's funeral was attended in the hundreds, including family, friends, footballers, celebrities and, of course, the press and was [featured in a segment on the BBC](#).

As a group of Trustees, we represent Sam's friends and family and are committed to continuing our Stand Against MND and we thank each and every person who has shared condolences or continued to raise funds and awareness following Sam's passing.

¹ The charity raises funds from the public without engaging with professional fundraisers. The charity worked informally, without the need for a formal written agreement, with a small number of commercial organisations in the FYE 31 March 2025 including, HDI Global and Delichon Limited. The charity did not receive income from contracts with central government or local authorities or from outside the United Kingdom.

Trustee Report

Finances

The Charity's financial period runs from 1 April to 31 March.

At the start of the financial year ending 31 March 2024 the Charity carried over £26,780.00.

Income for the financial year ending 31 March 2025 was £121,063

Expenses for the financial year ending 31 March 2025 was £4,828

Donations for the financial year ending 31 March 2025 was £35,000

This meant at the end of the financial year the Charity held £108,015.32, which is still more than the Charity's constitution originally intended. The reason for this is that the Charity raised a significant sum (circa £20,000.00) in February and March due to in memoriam donations made following the passing of our Founder.

Going forward the Charity is going to examine how much money it should be holding at any one time due to the significant amount of money we have raised and the donation strategy we will apply to ensure the Charity's purpose is achieved and a legacy remains for our founder, Sam.

The Charity trustees received no remuneration for the work they did as trustees.

The Trustees declare that there have been no serious incidents and, as such, no serious incidents have been reported to the Charity Commission.

Trustee payments

Through the business, Aloha Creative Limited, Rebecca Clark (trustee and director of Aloha Creative Limited) received payment of £1,482 for graphic design, merchandise and printing services provided to the Charity.²

Charity name	Stand Against MND
Other name the Charity uses	SAM
Registered Charity number	1187436
Charity's principal address	12 Leveret Way, East Leake, Loughborough, Leicestershire, LE12 6XX

² Paragraph references in the tables below are to SORP FRS 102.

Trustee Board

Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
Alan Samuel Perkins	Founder and Chair	16 January 2020 to 9 February 2025	N/A
Emma Reid	Secretary and Chair (from 10 February 2025)	N/A	N/A
Alastair John Hall	Treasurer	N/A	N/A
Rebecca Jane Clark	N/A	N/A	N/A
Victoria Clare Alvis	N/A	N/A	N/A
Greg William Mitchell	N/A	N/A	N/A
Richard Carey	N/A	N/A	N/A
Victoria Helen Stonehouse	N/A	25 March 2025	N/A
Thomas James Rawling	N/A	25 March 2025	N/A
William Henry Rawling	N/A	25 March 2025	N/A

Constitution

Summary of the purposes of the Charity as set out in its governing document	Para 1.17	The purpose of the Charity is: 1) the promotion and funding of research into the nature, causes, diagnosis, prevention, treatment and cure of motor neurone disease and the publication of the results of such research; and 2) the provision of support, assistance and information to people affected (directly or indirectly) by motor neurone disease through clinical, hospice or other forms of palliative care.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	The Charity has undertaken a range of activities to raise funds and awareness in line with its purpose.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees receive updates from the Charity Commission regarding being a trustee. The trustees have had regard to the guidance issued by the Charity Commission in public benefit.
Policy on grant making	Para 1.38	The Charity policy on grant making permits the trustees to approve the making of a grant to organisations that have the same or similar objectives to the Charity.
Summary of the main achievements of the Charity, identifying the difference the Charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	The Charity made the following donations: £10,000 to LOROS Hospice £25,000 to The Nottinghamshire Hospice

Financial Review

Review of the Charity's financial position at the end of the period	Para 1.21	At the end of the period the Charity had raised a total of £121,063 with an additional amount of £26,780.00 remaining from the previous period. Of this combined total the Charity donated £35,000, spent £3,346 on administrative fees and purchased around £1,482 in merchandise. This left a total £108,015.32 in cash funds and assets worth approximately £3,000.00.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The Charity's policy is to hold about £10,000 in reserve. This is to fund merchandise and events that we will look to hold throughout the year.
Amount of reserves held	Para 1.22	£108,015.32 in cash funds and approximately £3,000.00 worth of merchandise assets.
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the Charity continuing as a going concern	Para 1.23	N/A
The Charity's principal sources of funds (including any fundraising)	Para 1.47	The Charity's principal sources of funds are from private fundraising.
Investment policy and objectives including any social investment policy adopted	Para 1.46	The Charity is not investing any of its funds.
A description of the principal risks facing the Charity	Para 1.46	The principal risks for the Charity are the ability to continue fundraising during a difficult economic climate and maintaining momentum following the passing of its founder, Sam, who drove many of the flagship fundraising challenges and held relationships with our patrons and supporters.
Type of governing document	Para 1.25	Constitution

How is the Charity constituted?	Para 1.25	Charitable Incorporated Organisation (CIO)
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	As set out in the constitution, apart from the first Charity trustees, every trustee must be appointed by a resolution passed at a properly convened meeting of the Charity trustees. In selecting individuals for appointment as Charity trustees, the Charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the Charity.
Relationship with any related parties	Para 1.51	The Charity uses Aloha Creative Limited to provide graphic design and printing services. Rebecca Clark (trustee) is a director of Aloha Creative Limited.

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the Charity's trustees

Signature	 signed on 29/01/2026, 16:26:08 GMT	 signed on 29/01/2026, 14:25:08 GMT
Full name	Emma Reid	Alastair John Hall
Position	Secretary	Treasurer
Date	29/01/2026	29/01/2026

Receipts and payments accounts

For the period from	Period start date 01/04/2024	To	Period end date 31/03/2025
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations received	121,063			121,063	
Sub total (Gross income for AR)	121,063	-	-	121,063	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	121,063	-	-	121,063	-
A3 Payments					
Charitable activities: Donations granted	35,000			35,000	
Independent examiner 2024	1,200			1,200	
Independent examiner 2023	1,170			1,170	
Merchandise	1,482			1,482	
Office costs	976			976	
Sub total	39,828	-	-	39,828	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	39,828	-	-	39,828	-
Net of receipts/(payments)	81,235	-	-	81,235	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	26,780	-	-	26,780	-
Cash funds this year end	108,015	-	-	108,015	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Money raised not donated	108,015	-	-
		-	-	-
		-	-	-
	Total cash funds	108,015	-	-

		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	Details			
	Merchandise	3,000	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

		Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets	Details			
			-	-
			-	-
			-	-
			-	-

		Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use	Details			
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

		Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities	Details			
			-	
			-	
			-	
			-	

Signed by one or two trustees on
behalf of all the trustees

Signature

Print Name

Date of
approval



A J Hall

29/01/2026

signed on 29/01/2026, 14:25:08 GMT



Section A

Independent Examiner's Report

Report to the trustees

Stand Against MND

On accounts for the year ended

31 March 2025

**Charity no
(if any)**

1187436

Set out on pages

Report Pg 1-6 & Accounts Pg1-2

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/03/2025.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

L. Parkes

Date:

29/01/2026

signed on 29/01/2026, 16:46:20 GMT

Name:

Mrs L G Parkes FCA FCCA

Relevant professional qualification(s) or body (if any):

ICAEW

Address:

The Rowleys Partnership Ltd, Charnwood House, Harcourt Way,

Meridian Business Park, Leicester

LE19 1WP

Section B**Disclosure**

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

The Rowleys Partnership Ltd
Charnwood House
Harcourt Way
Meridian Business Park
Leicester
LE19 1WP

Dear Trustees

The following representations are made on the basis of enquiries of management and staff with relevant knowledge and experience such as we consider necessary in connection with your independent examination of the charity's financial statements for the year ended 31 March 2025. These enquiries have included inspection of supporting documentation where appropriate and are sufficient to satisfy ourselves that we can make each of the following representations. All representations are made to the best of our knowledge and belief.

General

1. We acknowledge that the work performed by you is substantially less in scope than an audit performed in accordance with International Standards on Auditing (UK) and that you do not express an audit opinion.
2. We confirm that the charity was entitled to exemption under section 144 of the Charities Act 2011 the requirement to have its financial statements for the financial year ended 31 March 2025 audited.
3. We have fulfilled our responsibilities as trustees as set out in the terms of your engagement letter, under the Charities Act 2011 for preparing financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), for being satisfied that they give a true and fair view and for making accurate representations to you.
4. All the transactions undertaken by the charity have been properly reflected and recorded in the accounting records.
5. All the accounting records have been made available to you for the purpose of your independent examination. We have provided you with unrestricted access to all appropriate persons within the charity, and with all other records and related information requested, including minutes of all management and trustee meetings and correspondence with The Charity Commission.
6. The financial statements are free of material misstatements, including omissions.
7. The effects of uncorrected misstatements are immaterial both individually and in total.

Assets and liabilities

8. The charity has satisfactory title to all assets and there are no liens or encumbrances on the charity's assets, except for those that are disclosed in the notes to the financial statements.
9. All actual liabilities, contingent liabilities and guarantees given to third parties have been recorded or disclosed as appropriate.
10. We have no plans or intentions that may materially alter the carrying value and, where relevant, the fair value measurements or classification of assets and liabilities reflected in the financial statements.

Accounting estimates

11. The methods, data and significant assumptions used by us in making accounting estimates, and their related disclosures, are appropriate to achieve recognition, measurement and disclosure that is reasonable in the context of the applicable financial reporting framework.

Loans and arrangements

12. The charitable company has not granted any advances or credits to, or made guarantees on behalf of, directors other than those disclosed in the financial statements.

Legal claims

13. We have disclosed to you all claims in connection with litigation that have been, or are expected to be, received and such matters, as appropriate, have been properly accounted for and disclosed in the financial statements.

Laws and regulations

14. We have disclosed to you all known instances of non-compliance or suspected non-compliance with laws and regulations whose effects should be considered when preparing the financial statements.

Related parties

15. Related party relationships and transactions have been appropriately accounted for and disclosed in the financial statements. We have disclosed to you all relevant information concerning such relationships and transactions and are not aware of any other matters which require disclosure in order to comply with legislative and accounting standards requirements.

Subsequent events

16. All events subsequent to the date of the financial statements which require adjustment or disclosure have been properly accounted for and disclosed.

Going concern

17. We believe that the charity's financial statements should be prepared on a going concern basis on the grounds that current and future sources of funding or support will be more than adequate for the charity's needs. We have considered a period of twelve months from the date of approval of the financial statements. We believe that no further disclosures relating to the charity's ability to continue as a going concern need to be made in the financial statements.

Grants and donations

18. All grants, donations and other income, the receipt of which is subject to specific terms or conditions, have been notified to you. There have been no breaches of terms or conditions in the application of such income. Restricted grants and donations are included in the financial statements.

Yours faithfully



signed on 29/01/2026, 16:26:08 GMT

.....
Signed on behalf of the board of trustees of Stand Against MND

Date: 29/01/2026

Signatures' technical details

Signatures

alastair.hall2@justice.gov.uk

29/01/2026, 14:25:08 GMT

Fingerprint

15ae9346a06ef5d4d2d0464f55651cbff77803b6

emmaperkins82@gmail.com

29/01/2026, 16:26:08 GMT

Fingerprint

e4a5d9a2ede80ffe1210b5473a0ba8098b60e8b5

lisa@rowleys.biz

29/01/2026, 16:46:20 GMT

Fingerprint

cef016ccee65efdb8046b18dfb9caa6e0458687b

Event log

10.50.11.167	28/01/2026, 14:23:13 GMT Signing request created.
System	28/01/2026, 14:23:16 GMT Notification sent to alastair.hall2@justice.gov.uk.
System	28/01/2026, 14:35:08 GMT Signing page opened by signee alastair.hall2@justice.gov.uk.
System	28/01/2026, 14:35:09 GMT Signing page opened by signee alastair.hall2@justice.gov.uk.
System	28/01/2026, 14:35:11 GMT Signing page opened by signee alastair.hall2@justice.gov.uk.
System	28/01/2026, 14:35:12 GMT Signing page opened by signee alastair.hall2@justice.gov.uk.
System	28/01/2026, 14:36:26 GMT Signing page opened by signee alastair.hall2@justice.gov.uk.
System	29/01/2026, 14:23:25 GMT Signing page opened by signee alastair.hall2@justice.gov.uk.
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System	29/01/2026, 14:25:08 GMT Signee alastair.hall2@justice.gov.uk signed document.
System	29/01/2026, 14:25:11 GMT Notification sent to emmaperkins82@gmail.com.
System	29/01/2026, 16:25:08 GMT Signing page opened by signee emmaperkins82@gmail.com.
System	29/01/2026, 16:26:08 GMT Signee emmaperkins82@gmail.com signed document.
System	29/01/2026, 16:26:11 GMT Notification sent to lisa@rowleys.biz.
System	29/01/2026, 16:45:42 GMT Signing page opened by signee lisa@rowleys.biz.
System	29/01/2026, 16:46:20 GMT Signee lisa@rowleys.biz signed document.
System	29/01/2026, 16:46:20 GMT Signing process completed.

Summary

Envelope's ID: aaoglapf

Document's hash: 1fbc103211b8cc569e558f6065c3ebe91d401b6a1054ff909cab4d53e5632bb9

Final stamp: 29/01/2026, 16:46:23 GMT

Date: 29 January 2026
Ref: FMSAMND/RH

STRICTLY PRIVATE & CONFIDENTIAL
The Trustees
Stand Against MND
12 Leveret Way
East Leake
Loughborough
Leicestershire
LE12 6XX

Rowleys
AUDIT • ACCOUNTING • ADVISORY • TAX

Dear Emma and Alastair,

I am enclosing the following for the year ended 31 March 2025 for your kind attention:

1. Trustee's Annual Report for Alastair to sign on page 6 electronically where indicated.
2. Receipts and Payment Accounts CC16a form for Alastair to sign on page 2 electronically where indicated.
3. Copy of Independent Examiner's Report on the accounts for your attention.
4. Letter of Representation for signing by Emma electronically where indicated.

An invoice for our services, will follow shortly via email for your kind attention.

If you have any questions, please contact me.

Kind regards

Yours sincerely

L. Parkes
Lisa Parkes
Partner
Email: lisa@rowleys.uk

DFK
TERRITORY

ICAEW
CHARTERED
ACCOUNTANTS

The Rowleys Partnership Ltd | Charnwood House | Harcourt Way | Morden Business Park | Leicester | LE19 1BP
T: +44 (0)1533 202 7000 | F: +44 (0)1533 21777 | E: post@rowleys.biz | W: rowleys.biz

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Verification QR Code



STAND AGAINST MND

England & Wales - Charity number 1187436

Accounts

**STAND AGAINST MND
ANNUAL RETURN
FINANCIAL YEAR ENDING 31 MARCH 2024**

Stand Against MND ('SAM', 'Charity') was registered as a charitable incorporated organisation on 17 January 2020 following Sam Perkins being diagnosed with motor neurone disease (MND) in March 2019. The purposes of the Charity are:

- (1) to raise funds and awareness to support research into a cure for MND; and
- (2) to provide funds to support palliative care services that assist those who are affected by MND, including those diagnosed with MND, but also their family and friends.

We are proud to report that the Charity continues to achieve its objectives through a range of fundraising activities and promotional events coordinated by a range of individuals and organisation with or on behalf of the Charity.

A message from our founder, Sam Perkins:

Every year when I think about writing this message, it provides a welcome opportunity for me to reflect on the previous twelve months and what Stand Against MND has achieved. Not only that but to consider my own journey and how I have changed in the last year.

From a personal point of view this year has been the most challenging for me to date. My condition continues to progress and cause its own difficulties, but there is no doubt that Stand Against MND provides me with my reason to remain resilient. For this above all else, I am grateful to our incredible supporters and fundraisers, who continue to outdo themselves.

There is so much to look back on and be thankful for. My personal highlights relate to my own challenges which were of course my Marathon endeavours. Those experiences took me through every emotion possible, and I am so grateful for my team for helping me through them. At this point I am nervously awaiting my London 2024 attempt and I very much hope to be reporting good news in twelve months' time.



Stand Against MND has become so much more than my personal fundraising. We donated over £90,000 this calendar year which is a staggering achievement and could not be done

without our incredible supporters. No where is that better demonstrated than through the success of this years' golf day, and the enthusiastic response to our Fifty50 campaign.



There is so much to look forward to and so much to achieve and aspire to. Which is an incredible thing to write for a man more than five years into a terminal diagnosis. I can't wait to see what else we can achieve together. Thank you Stand Against MND.

There are as always too many people to thank individually, however I must make special mention of Chrissie Wellington OBE who agreed to become our second patron this year. Chrissie has become a close friend and incredible personal support over the last year. I am eternally grateful for her counsel and boundless enthusiasm.



Section 1	Our Year in Review
Section 2	Donations
Section 3	Trustee Report

1. OUR YEAR IN REVIEW

Fundraising and Awareness¹

We have set out our flagship fundraising challenges, events and partnerships below to give a flavour of how we raise funds to support research into a cure for MND and services offering palliative care to those diagnosed with the disease.

FIFTY/50 CAMPAIGN

10th October 2023 saw Sam launch the Fifty/50 Campaign on the BBC Radio Nottingham Breakfast Show to invite at least fifty fundraisers to raise £500 each to generate a minimum of £25,000 – every penny of which would be donated to research into a cure for MND.



When a person is diagnosed with MND, they are told that there is a 50/50 chance of them surviving for the next two years. The Fifty/50 Campaign represents that devastating statistic and seeks to change it for the better.

Sam worked hard to raise awareness and was featured on BBC East Midlands Today to promote the Campaign and raise awareness of MND.

The Campaign will run until September 2024 but we have already had lots of fundraisers committing to raise £500 in anyway they want! So far, we have seen teams and individuals undertake challenges such as mountain climbing, marathon running, cake baking and so much more!



Olly and his Mum are fantastic members of the Stand Against MND family. When Olly's grandad passed away from MND, Olly decided he wanted to do something about it. Olly was one of the first to sign up for the Fifty/50 Campaign and will be selling football cards and making hampers. He's set himself a whopping target of £2k!

We can't thank our supporters enough for joining us in our Stand Against MND.

¹ The charity raises funds from the public without engaging with professional fundraisers. The charity worked informally, without the need for a formal written agreement, with a small number of commercial organisations in the FYE 31 March 2024 including, HDI Global and Delichon Limited. The charity did not receive income from contracts with central government or local authorities or from outside the United Kingdom.

One More Marathon - London Marathon 2023



Sam recruited a team of talented and determined people who were not only capable of running a marathon but also had the skills necessary to care for Sam's increasingly complex needs on the move.

The Charity cannot thank these volunteers enough for their time, energy and incredible support.

Thank you Chrissie, Tom, Steph and Frank.



To make the epic journey to London with all of the race kit and Sam's personal kit, Sam worked with HDI Global as corporate sponsors of his marathon challenge and Delichon to procure a bespoke race chair.



The challenge of running one of the World's most popular marathon's is already significant, but adding in complex care needs requiring equipment, careful monitoring and skilled caregivers adds another layer. The day of the marathon started with high-spirits and a certain amount of nerves along with London's finest grey and wet weather. The team started strong and held a pace faster than most runners in their start group.



Sadly, late on in the race, the race chair suffered a technical fault for which the team were unable to repair on the track and the London Marathon Challenge came to an abrupt and disappointing end. Sam gave an emotional interview to the BBC after he crossed the finish line saying he didn't feel like he had completed the marathon as the route had to be cut short.

The London Marathon Challenge was well-supported by attendees at the event, raised over £20,000 (including Gift Aid) and gave the Charity an incredible opportunity to raise its profile.

We are incredibly grateful for all of those who helped with preparations for the race and who made the trip down to support.

Buckled But Not Broken – Rob Burrow Leeds Marathon 2024

After having to cut short his route at the London Marathon and not one to ever give up easily, through his contacts, Sam secured a place at the Leeds Marathon...just three weeks after the London Marathon!

Through Sam's determination and strength of character, he took the brave decision to attempt the Leeds Marathon after the partially completed One More Marathon attempt. This time it was personal for Sam who has never received a 'DNF' (did not finish) at any race he has ever attempted, whether before or after his MND symptoms took hold.



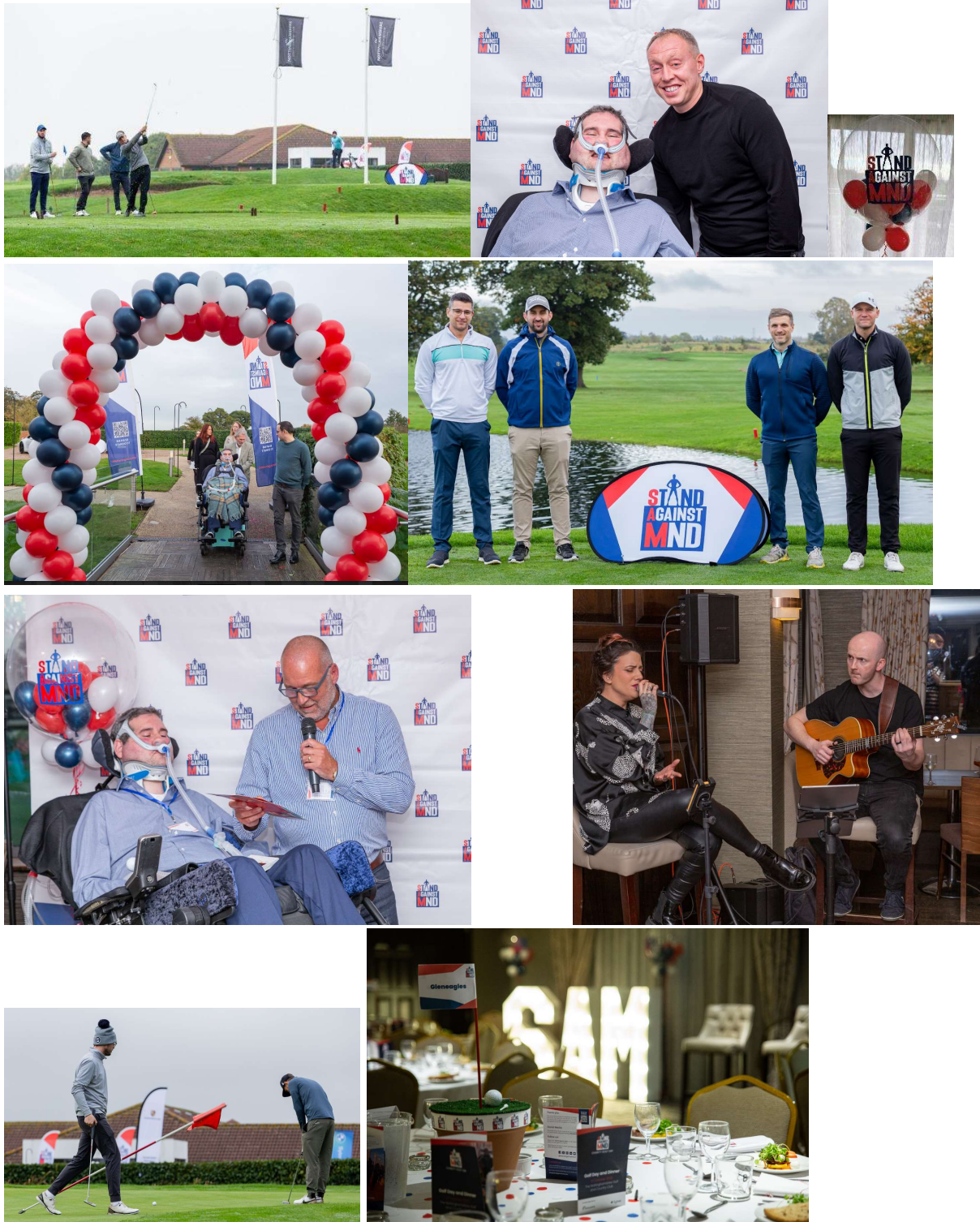
In accordance with Sam's wishes, the Charity agreed not to undertake specific fundraising for this challenge but used the Leeds Marathon as an opportunity to continue to raise awareness of the Charity and its causes. This was the inaugural Leeds Marathon and among those taking part were Rugby League legends and MND Association patrons Rob Burrow MBE and Kevin Sinfield OBE. Throughout the race, the two MND campaigners were racing toe to toe with Rob and Kevin crossing the finish line just a couple of minutes before Sam and his team.



Considering the length of time taken to prepare logistics for the London Marathon, the Charity would like to publicly acknowledge the incredible efforts of all at the Leeds Marathon and the amazing run and support team who not only got Sam to the start line....but also the finish line!!!

Golf Day and Gala Dinner

Sam and all at the charity were blown away with the support shown to funding research into MND at the weekend. Using his eyes, Sam spent hours and hours last week making sure everything was perfect for the event. His resilience and determination continues to astound us all. You may even recognise some of the faces who came out to support us.



2. DONATIONS

The Charity is thrilled to have made the following donations totalling £93,493.00 in FYE 31 March 2024.

In line with the Charity donation policy, most donations were made towards organisations, such as the MND Association, for the purpose of research. The Charity has committed to a total donation of £100,000 to a research project being run by The University of Nottingham alongside the MND Association.



The Charity is also proud to have donated funds to palliative care services in and around the Nottinghamshire area.

3. TRUSTEE REPORT

Finances

The Charity's financial period runs from 1 April to 31 March.

At the start of the financial year ending 31 March 2023 the Charity carried over £18,916.00

Income for the financial year ending 31 March 2024 was £93,493.00

Expenses for the financial year ending 31 March 2024 was £10,629.00

Donations for the financial year ending 31 March 2024 was £75,000.00

This meant at the end of the financial year the Charity held £26,780.00, which is still more than the Charity's constitution originally intended. The reason for this is that the Charity raised £7,864.00 in the last month of the financial year.

Going forward the Charity is going to examine how much money it should be holding at any one time due to the significant amount of money we are now raising.

The Charity trustees received no remuneration for the work they did as trustees.

The Trustees declare that there have been no serious incidents and, as such, no serious incidents have been reported to the Charity Commission.

Trustee payments

Through the business, Aloha Creative Limited, Rebecca Clark (trustee and director of Aloha Creative Limited) received payment of £6,444.80 for graphic design, merchandise and printing services provided to the charity.

Paragraph references in the tables below are to SORP FRS 102.

Charity name	Stand Against MND
Other name the charity uses	SAM
Registered charity number	1187436
Charity's principal address	12 Leveret Way, East Leake, Loughborough, Leicestershire, LE12 6XX

Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
Alan Samuel Perkins	Founder and Chair	N/A	N/A
Emma Reid	Secretary	N/A	N/A
Alastair John Hall	Treasurer	N/A	N/A
Rebecca Jane Clark	N/A	N/A	N/A
Victoria Clare Alvis	N/A	N/A	N/A
Greg William Mitchell	N/A	N/A	N/A
Richard Carey	N/A	N/A	N/A

Summary of the purposes of the charity as set out in its governing document	Para 1.17	The purpose of the charity is: 1) the promotion and funding of research into the nature, causes, diagnosis, prevention, treatment and cure of motor neurone disease and the publication of the results of such research; and 2) the provision of support, assistance and information to people affected (directly or indirectly) by motor neurone disease through clinical, hospice or other forms of palliative care.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	The charity has undertaken a range of activities to raise funds and awareness in line with its purpose as set out in its Annual Report.

Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees receive updates from the Charity Commission regarding being a trustee. The trustees have had regard to the guidance issued by the Charity Commission in public benefit.
Policy on grant making	Para 1.38	The charity policy on grant making permits the trustees to approve the making of a grant to organisations that have the same or similar objectives to the charity.
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	The following charity made three donations each of £25,000.00 to the MND Association.

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	At the end of the period the charity had raised a total of £93,493.00 with an additional amount of £18,916.00 remaining from the previous period. Of this combined total the charity donated £75,000.00, spent £670.00 on administrative fees and purchased around £500.00 in merchandise. This left a total £26,780.00 in cash funds and assets worth approximately £2,500.00.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The charity's policy is to hold about £10,000 in reserve. This is to fund merchandise and events that we will look to hold throughout the year.
Amount of reserves held	Para 1.22	£26,780.00 in cash funds and approximately £2,500.00 worth of merchandise assets.

Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A
The charity's principal sources of funds (including any fundraising)	Para 1.47	The charity's principal sources of funds are from private fundraising.
Investment policy and objectives including any social investment policy adopted	Para 1.46	The charity is not investing any of its funds.
A description of the principal risks facing the charity	Para 1.46	The principal risks for the charity are the ability to continue fundraising during a difficult economic climate and maintaining momentum with its founder, Sam, becoming more challenged by his condition (motor neurones disease).
Type of governing document	Para 1.25	Constitution
How is the charity constituted?	Para 1.25	Charitable Incorporated Organisation (CIO)
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	As set out in the constitution, apart from the first charity trustees, every trustee must be appointed by a resolution passed at a properly convened meeting of the charity trustees. In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the charity.
Relationship with any related parties	Para 1.51	The charity uses Aloha Creative Limited to provide graphic design and printing services. Rebecca Clark (trustee) is a director of Aloha Creative Limited.

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature	 signed on 28/01/2025, 16:11:06 GMT	 signed on 28/01/2025, 22:03:15 GMT
Full name	Emma Reid	Alastair John Hall
Position	Secretary	Treasurer
Date	28/01/2025	28/01/2025

Signatures' technical details

Signatures

emmaperkins82@gmail.com

28/01/2025, 16:11:06 GMT

Fingerprint

0ccae7c1e0a1fb63df4e8d62738c62b17bed52ee

alastairhall@hotmail.co.uk

28/01/2025, 22:03:15 GMT

Fingerprint

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Event log

10.50.10.71	28/01/2025, 09:07:04 GMT Signing request created.
System	28/01/2025, 09:07:07 GMT Notification sent to emmaperkins82@gmail.com.
System	28/01/2025, 16:10:35 GMT Signing page opened by signee emmaperkins82@gmail.com.
System	28/01/2025, 16:11:06 GMT Signee emmaperkins82@gmail.com signed document.
System	28/01/2025, 16:11:08 GMT Notification sent to alastairhall@hotmail.co.uk.
System	28/01/2025, 22:02:25 GMT Signing page opened by signee alastairhall@hotmail.co.uk.
System	28/01/2025, 22:03:15 GMT Signee alastairhall@hotmail.co.uk signed document.
System	28/01/2025, 22:03:15 GMT Signing process completed.

Summary

Envelope's ID: bgl1ml8b

Document's hash: dbcfbe738a6fb286382500dc0eac4bd5efcafde8581270729c0ac4f276b0b4d2

Final stamp: 28/01/2025, 22:03:18 GMT



**STAND AGAINST MND
ANNUAL RETURN
FINANCIAL YEAR ENDING 31 MARCH 2024**

Stand Against MND ('SAM', 'Charity') was registered as a charitable incorporated organisation on 17 January 2020 following Sam Perkins being diagnosed with motor neurone disease (MND) in March 2019. The purposes of the Charity are:

- (1) to raise funds and awareness to support research into a cure for MND; and
- (2) to provide funds to support palliative care services that assist those who are affected by MND, including those diagnosed with MND, but also their family and friends.

We are proud to report that the Charity continues to achieve its objectives through a range of fundraising activities and promotional events coordinated by a range of individuals and organisation with or on behalf of the Charity.

A message from our founder, Sam Perkins:

Every year when I think about writing this message, it provides a welcome opportunity for me to reflect on the previous twelve months and what Stand Against MND has achieved. Not only that but to consider my own journey and how I have changed in the last year.

From a personal point of view this year has been the most challenging for me to date. My condition continues to progress and cause its own difficulties, but there is no doubt that Stand Against MND provides me with my reason to remain resilient. For this above all else, I am grateful to our incredible supporters and fundraisers, who continue to outdo themselves.



There is so much to look back on and be thankful for. My personal highlights relate to my own challenges which were of course my Marathon endeavours. Those experiences took me through every emotion possible, and I am so grateful for my team for helping me through them. At this point I am nervously awaiting my London 2024 attempt and I very much hope to be reporting good news in twelve months' time.

Stand Against MND has become so much more than my personal fundraising. We donated over £90,000 this calendar year which is a staggering achievement and could not be done

Stand Against MND is a charitable incorporated organisation
Registration Number: 1187438 Registered Address: 12 Lovers Way, East Leake, Loughborough, Leicestershire, LE12 8DX
info@standagainstmnd.com

Verification QR Code



MyDocSafe



Receipts and payments accounts

CC16a

For the period
from

01/04/2023

To

31/03/2024

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
105	750			750	-
106	300			300	-
107 P Anderson	100			100	-
108	250			250	-
109	50			50	-
110 C Barrett	50			50	-
135	700			700	-
2307038592CF	10			10	-
23070520645CF	500			500	-
2308016930CF	10			10	-
2309014319CF	10			10	-
2310025923CF	10			10	-
3228642 STAND AGAI	440			440	-
3241153 STAND AGAI	106			106	-
3245523 STAND AGAI	452			452	-
3251045 STAND AGAI	244			244	-
3256378 STAND AGAI	102			102	-
3267607 STAND AGAI	36			36	-
3274138 STAND AGAI	88			88	-
3276189 STAND AGAI	1,049			1,049	-
3284691 STAND AGAI	17			17	-
3294398 STAND AGAI	208			208	-
3298439 STAND AGAI	10			10	-
3305298 STAND AGAI	58			58	-
3308454 STAND AGAI	254			254	-
3316458 STAND AGAI	17			17	-
3329605 STAND AGAI	5			5	-
3334633 STAND AGAI	119			119	-
3346418 STAND AGAI	2			2	-
3362781 STAND AGAI	12			12	-
3363061 STAND AGAI	798			798	-
3367298 STAND AGAI	288			288	-
3371671 STAND AGAI	27			27	-
3380879 STAND AGAI	151			151	-
3385951 STAND AGAI	248			248	-
3388567 STAND AGAI	886			886	-
3402246 STAND AGAI	1,709			1,709	-
3404529 STAND AGAI	154			154	-
3413673 STAND AGAI	169			169	-
3420444 STAND AGAI	1,292			1,292	-
3426568 STAND AGAI	735			735	-
3431807 STAND AGAI	242			242	-
3437506 STAND AGAI	245			245	-
3440017 STAND AGAI	1,044			1,044	-
3452944 STAND AGAI	624			624	-
3459336 STAND AGAI	74			74	-
3468327 STAND AGAI	116			116	-
3474089 STAND AGAI	1,369			1,369	-
3488039 STAND AGAI	242			242	-
4520101415880000	745			745	-
A Stonehouse	100			100	-
ACTIVE PHYSIO LTD	60			60	-
AMAZON EUROPE CORE	136			136	66
AMAZON EUROPE CORE	33			33	66
B JACKSON DONATION	300			300	-
BOOKS Oct 22	34			34	-
CAF2304248632CF	15			15	-
CAF23060134708CF	10			10	-
CAF2311014053CF	10			10	-
CAF2312015202CF	10			10	-
CAF23122241366CF	50			50	-
CAF2401026417CF	10			10	-
CAF2402014110CF	10	1		10	28/01/2025

CAF2403014219CF	10			10	-
CHARITIES TRUST	5			5	5
CHARITIES TRUST	5			5	5
CHARITIES TRUST	5			5	5
CHARITIES TRUST	5			5	5
CHARITIES TRUST	5			5	5
CHARITIES TRUST	5			5	5
CHARITIES TRUST	5			5	5
CHARITIES TRUST	5			5	5
CHARITY	500			500	-
CORVUS BUILDING SO	100			100	-
CP15766	5			5	-
CP15766	5			5	-
CP15766	5			5	-
CP15766	5			5	-
CP15766	5			5	-
CUBE 3 CONSTRUCTIO	500			500	-
E L VILLAGE SHOW	1,200			1,200	-
EDSB inv 128	600			600	-
Emtec	600			600	-
F.W. THORPE PUBLIC	1,200			1,200	-
IMPULSE DECISIONS	10,179			10,179	-
Invoice 102	100			100	-
Invoice 117	600			600	-
INVOICE 121	150			150	-
Invoice 123	450			450	-
JUSTGIVING	161			161	628
JUSTGIVING	894			894	628
JUSTGIVING	270			270	628
JUSTGIVING	593			593	628
JUSTGIVING	84			84	628
JUSTGIVING	946			946	628
JUSTGIVING	62			62	628
JUSTGIVING	340			340	628
JUSTGIVING	226			226	628
JUSTGIVING	263			263	628
JUSTGIVING	140			140	628
JUSTGIVING	1,228			1,228	628
JUSTGIVING	131			131	628
JUSTGIVING	817			817	628
JUSTGIVING	94			94	628
JUSTGIVING	376			376	628
JUSTGIVING	33			33	628
JUSTGIVING	383			383	628
JUSTGIVING	533			533	628
JUSTGIVING	428			428	628
JUSTGIVING	571			571	628
JUSTGIVING	189			189	628
JUSTGIVING	2,095			2,095	628
JUSTGIVING	605			605	628
JUSTGIVING	83			83	628
JUSTGIVING	245			245	628
JUSTGIVING	106			106	628
JUSTGIVING	467			467	628
JUSTGIVING	34			34	628
JUSTGIVING	482			482	628
JUSTGIVING	14			14	628
JUSTGIVING	169			169	628
JUSTGIVING	537			537	628
JUSTGIVING	508			508	628
JUSTGIVING	1,142			1,142	628
JUSTGIVING	1,111			1,111	628
JUSTGIVING	80			80	628
JUSTGIVING	968			968	628
JUSTGIVING	554			554	628
JUSTGIVING	350			350	628
JUSTGIVING	1,189			1,189	628
JUSTGIVING	203			203	628
JUSTGIVING	2,075			2,075	628
JUSTGIVING	2,533			2,533	628
JUSTGIVING	843			843	628
JUSTGIVING	4,574			4,574	628
JUSTGIVING	594			594	628
JUSTGIVING	9,117			9,117	628
JUSTGIVING	340			340	628
JUSTGIVING	2,304			2,304	628
JUSTGIVING accounts (SS)	441	2		441	28/01/2025

JUSTGIVING	1,529			1,529	628
JUSTGIVING	129			129	628
JUSTGIVING	2,221			2,221	628
JUSTGIVING	199			199	628
JUSTGIVING	1,076			1,076	628
KONCEPT GROUP LIM	1,200			1,200	-
M&J GRP (CNSTR & R	600			600	-
MIDDLECOTE SJ+PJ	90			90	-
MIDDLECOTE SJ+PJ	137			137	-
Neath Andrew	200			200	-
No Reference	1,820			1,820	-
No Reference	650			650	-
No Reference	600			600	-
No Reference	600			600	-
No Reference	1,053			1,053	-
PREMIER FARNELL UK	750			750	-
R.H.FULLWOOD & CO.	450			450	-
Raffle	20			20	-
Raffle	20			20	-
RAY GOLF DINNER	100			100	-
Reference - 103	100			100	-
RESOLUTE RETAIL SO	600			600	-
ROTARY SHEP-TRUS	200			200	-
SAFER SPHERE CHS L	150			150	-
SHOIFY INTERNATIO	12			12	14
SHOIFY INTERNATIO	12			12	14
SHOIFY INTERNATIO	12			12	14
SHOIFY INTERNATIO	23			23	14
SHOIFY INTERNATIO	46			46	14
SHOIFY INTERNATIO	29			29	14
SHOIFY INTERNATIO	23			23	14
SHOIFY INTERNATIO	12			12	14
SHOIFY INTERNATIO	12			12	14
SHOIFY INTERNATIO	12			12	14
SHOIFY INTERNATIO	46			46	14
SHOIFY INTERNATIO	23			23	14
SHOIFY INTERNATIO	31			31	14
SHOIFY INTERNATIO	23			23	14
SHOIFY INTERNATIO	23			23	14
SHOIFY INTERNATIO	187			187	14
SHOIFY INTERNATIO	19			19	14
SHOIFY INTERNATIO	12			12	14
SHOIFY INTERNATIO	29			29	14
SHOIFY INTERNATIO	190			190	14
SHOIFY INTERNATIONAL	12			12	14
SHOIFY -PAYER ACC	23			23	14
SHOIFY -PAYER ACC	23			23	14
SHOIFY -PAYER ACC	12			12	14
SHOIFY -PAYER ACC	93			93	14
SHOIFY -PAYER ACC	8			8	14
SHOIFY -PAYER ACC	8			8	14
SHOIFY -PAYER ACC	8			8	14
SHOIFY -PAYER ACC	15			15	14
Staffordshire Plum	600			600	-
TOTAL ENVELOPE ASS	300			300	
WILSON TH	450			450	

Sub total(Gross income for AR)	93,493	-	-	93,493	35,759
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A2 Asset and investment sales, (see table).					
	-	-	-	-	
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	93,493	-	-	93,493	35,759

A3 Payments					
2886223158A00107A	£100.00			100	-
4988243079016147 CARD	£10.35			10	9
4988243079016147 CARD	£9.20			9	9
4988243079016147 CARD	£9.20			9	9
4988243079016147 CARD	£9.20			9	9
4988243079016147 CARD	£9.20			9	9
CCXX R2 accounts SSUITE	£9.20	3		9	28/01/2025 9

[illegible]

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Money raised not donated	26,780	-	-
		-	-	-
		-	-	-
	Total cash funds	26,780	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	A J Hall	28/01/2025
	E Reid	28/01/2025

Signatures' technical details

Signatures

emmaperkins82@gmail.com

28/01/2025, 16:11:39 GMT

Fingerprint

badbecca8cca73fd3c3f2e8e4b306cece1f13e5f

alastairhall@hotmail.co.uk

28/01/2025, 22:02:10 GMT

Fingerprint

5771705256bfd488ffea8645b84ab00ba97278a3

Event log

10.50.11.73	28/01/2025, 09:08:08 GMT Signing request created.
System	28/01/2025, 09:08:10 GMT Notification sent to emmaperkins82@gmail.com.
System	28/01/2025, 16:11:21 GMT Signing page opened by signee emmaperkins82@gmail.com.
System	28/01/2025, 16:11:39 GMT Signee emmaperkins82@gmail.com signed document.
System	28/01/2025, 16:11:39 GMT Notification sent to alastairhall@hotmail.co.uk.
System	28/01/2025, 22:01:19 GMT Signing page opened by signee alastairhall@hotmail.co.uk.
System	28/01/2025, 22:02:10 GMT Signee alastairhall@hotmail.co.uk signed document.
System	28/01/2025, 22:02:10 GMT Signing process completed.

Summary

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Final stamp: 28/01/2025, 22:02:13 GMT



CHARITY COMMISSION
FOR ENGLAND AND WALES

STAND AGAINST MIND

1187438

Receipts and payments accounts

CC16a

For the period
from 01/04/2023

To

31/03/2024

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
105	750			750	-
106	300			300	-
107 P Anderson	300			300	-
108	200			200	-
109	50			50	-
110 C Barnett	50			50	-
135	700			700	-
23073332CF	10			10	-
2307352645CF	500			500	-
230804083CF	10			10	-
2309014319CF	10			10	-
2310023029CF	10			10	-
320802 STAND AGAI	440			440	-
3241153 STAND AGAI	100			100	-
3245252 STAND AGAI	452			452	-
3251045 STAND AGAI	244			244	-
3256279 STAND AGAI	102			102	-
3267507 STAND AGAI	36			36	-
3274518 STAND AGAI	86			86	-
3275189 STAND AGAI	1,049			1,049	-
3284891 STAND AGAI	17			17	-
3284936 STAND AGAI	200			200	-
3289439 STAND AGAI	10			10	-
3305208 STAND AGAI	96			96	-
3308454 STAND AGAI	254			254	-
3316468 STAND AGAI	17			17	-
3326855 STAND AGAI	5			5	-
3344633 STAND AGAI	119			119	-
3346418 STAND AGAI	2			2	-
3362781 STAND AGAI	12			12	-
3363061 STAND AGAI	788			788	-
3367296 STAND AGAI	288			288	-
3374171 STAND AGAI	27			27	-
3380879 STAND AGAI	151			151	-
3389051 STAND AGAI	248			248	-
3389567 STAND AGAI	886			886	-
3402246 STAND AGAI	1,799			1,799	-
3404529 STAND AGAI	154			154	-
3413073 STAND AGAI	189			189	-
3420444 STAND AGAI	1,592			1,592	-
3435969 STAND AGAI	735			735	-
3437907 STAND AGAI	245			245	-
3437908 STAND AGAI	245			245	-
3440017 STAND AGAI	1,044			1,044	-
3453964 STAND AGAI	624			624	-
3459358 STAND AGAI	14			14	-
3468327 STAND AGAI	116			116	-
3474680 STAND AGAI	1,369			1,369	-
3486039 STAND AGAI	242			242	-
4525191413885000	745			745	-
A Bunchhouse	100			100	-
ACTIVE PHYSIO LTD	60			60	-
AMAZON EUROPE CORE	138			138	68
AMAZON EUROPE CORE	33			33	68
B JACKSON DONATION	369			369	-
BOOKS OUT 22	34			34	-
CAP230424632CF	15			15	-
CAP2306015478CF	10			10	-
CAP231014632CF	10			10	-
CAP2312015232CF	10			10	-
CAP23122241388CF	60			60	-
CAP240102441CF	10			10	-
CAP240211492CF (SD)	10	1		10	28/01/2025

Verification QR Code



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Section A

Independent Examiner's Report

Report to the trustees/
members of

Stand Against MND

On accounts for the year
ended

31 March 2024

Charity no
(if any)

1187436

Set out on pages

Report Pg 1-15 & accounts Pg1-8

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 / 03 / 2024.

Responsibilities and
basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

L. Parkes

Date:

28/01/2025

signed on 28/01/2025, 09:54:05 GMT

Name:

Mrs Lisa G Parkes FCA FCCA

Relevant professional
qualification(s) or body
(if any):

ICAEW

Address:

The Rowleys Partnership Ltd, Charnwood House, Harcourt Way,

Meridian Business Park, Leicester

LE19 1WP

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

Signatures' technical details

Signatures

lisa@rowleys.biz

28/01/2025, 09:54:05 GMT

Fingerprint

b75e7c05317811ab533a16123c2539ab7481198f

Event log

10.50.11.73	28/01/2025, 09:08:50 GMT Signing request created.
System	28/01/2025, 09:08:53 GMT Notification sent to lisa@rowleys.biz.
System	28/01/2025, 09:53:36 GMT Signing page opened by signee lisa@rowleys.biz.
System	28/01/2025, 09:53:50 GMT Signing page opened by signee lisa@rowleys.biz.
System	28/01/2025, 09:54:05 GMT Signee lisa@rowleys.biz signed document.
System	28/01/2025, 09:54:05 GMT Signing process completed.

Summary

Envelope's ID:	bcgn2efn
Document's hash:	1a3469427b859449ba8d180211f435a14f8c4b59dfc7037e40fbd4cc58a766d0
Final stamp:	28/01/2025, 09:54:08 GMT



CHARITY COMMISSION
FOR ENGLAND AND WALES

Independent examiner's
report on the accounts

Section AIndependent Examiner's Report

Report to the trustees/
members of

Stand Against MIND

On accounts for the year
ended

31 March 2024

Charity no
(if any)

1187436

Set out on pages

Report Pg 1-15 & accounts Pg 1-6

(remember to include the page numbers of additional sheets)

Responsibilities and
basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

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Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

Date:

Name:

Mrs Lisa G Parkes FCA FCCA

Relevant professional
qualification(s) or body
(if any):

ICAEW

Address:

The Rowleys Partnership Ltd, Charnwood House, Harcourt Way,
Meridian Business Park, Leicester
LE19 1WP

IER

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October 2018

Verification QR Code



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Accounts



STAND AGAINST MND ANNUAL RETURN FINANCIAL YEAR ENDING 31 MARCH 2023

Stand Against MND was formed in January 2020 by Sam Perkins following his diagnosis of motor neurone disease (MND) in March 2019. The purpose of the charity is two-fold: (1) to raise funds and awareness to support research into a cure for MND and (2) to provide funds to palliative care services that assist those who are affected by MND, including those diagnosed with MND, but also their family and friends.

The charity continues to achieve its objectives through a range of fundraising activities and promotional events including: auctioning fantastic prizes like a bespoke firepit, local choirs singing against MND and all of our fantastic TEAM SAM supporters hiking hills, running miles and biking challenges!

A message from our founder, Sam Perkins:

"Being diagnosed with MND at the age of 37 was devastating. The offers of help and support which flooded in from family and friends as they shared in my shock gave me a great deal of comfort. With support from my wife Emma, we decided to harness that goodwill and attempt to make a difference for the MND community and the future prospects for treatments for the disease.

I am delighted that the venture we started has continued to grow and flourish. As we continue to succeed and our fund raising accelerates I find myself increasingly motivated to do more, from a personal perspective this helps immeasurably in my private Stand Against MND.

This year was incredibly special for me as it saw me complete 'One More Tri' at the Outlaw Half in May. An opportunity I thought had passed me by as a result of the COVID pandemic. To take on such a personal challenge surrounded by an incredible number of people who have helped me so much over the years, made it one of the best and most emotional days of my life.



The concept of 'TEAM SAM' became visible that day. As we look forward to an exciting future for Stand Against MND, it's only right to acknowledge that TEAM SAM is there to push and support me in every day of this journey. The Charity would not be what it is without them.

There are too many to thank here individually, but special thanks must be made to Emma, my family, the trustees, our patron Jonny, my carers and a special mention to Sue who agreed to help me with the unenviable task of keeping me on top of my admin this year.

Thanks to all for joining me in the Stand Against MND."

Stand Against MND is a charitable incorporated organisation
Registration Number: 1187436 Registered Address: 12 Leveret Way, East Leake, Loughborough, Leicestershire, LE12 6XX
info@standagainstmnd.com

Section 1	Our Year in Review: - Fundraising - Awareness - Donations
Section 2	What's next? - Fundraising - Awareness - Donations
Section 3	Trustee Report
Section 4	Accounts

1. OUR YEAR IN REVIEW

Fundraising¹

We have set out our flagship fundraising challenge and partnership below to give a flavour of how we raise funds to support research into a cure for MND and services offering palliative care to those diagnosed with the disease.



In addition to those key activities, we have had supporters undertake their own personal and team challenges ranging from team triathlons, spin challenges, litter picks, charity quizzes, climbing mountains, taking on “dragons” and so much more! We can't thank our supporters enough for joining us in our Stand Against MND.

One More Tri

SAM's flagship challenge was for our founder Sam to complete one more triathlon.

This was achieved with the support of a twenty-strong team of athletes and support staff, Sam crossed the [Nottingham Outlaw Half Triathlon](#) with the whole team and his friends and family.



¹ The charity raises funds from the public without engaging with professional fundraisers. The charity worked informally, without the need for a formal written agreement, with a small number of commercial organisations in the FYE 31 March 2023 including, HDI Global, HUUB Design, and Delichon Limited. The charity did not receive income from contracts with central government or local authorities or from outside the United Kingdom.



The event raised over £13,000 and generated significant awareness of motor neurone disease and the charity.

Various media outlets reported on the events, including BBC East Midlands Today, ITV Central, BBC Radio Nottingham, the Mirror online, Talk Sport, 220 Triathlon Magazine and across all of the charity's social channels. HUUB Design produced three short stories capturing both the run up and the day of the event.

The HUUB videos are available to watch on the links below.

[Episode 1: The Door Slammed Shut](#)

[Episode 2: Race Day Nerves](#)

[Episode 3: What A Day](#)



Friends, family and celebrities including Jonny Owen and Vicky McClure, Kevin Sinfield OBE, Chrissie Wellington OBE, Stuart Broad, Alexander Sims and a myriad of professional triathletes sent video messages in support of Sam's One More Tri challenge.

A huge thank you to all of Team Sam: Steph Cobb (swimmer towing 100kg boat), Nick Rawling (cyclist), Glenn Clark, Greg Mitchell, Richard Carey (run team 1), Jason Lee, Simon Fotheringham, Jack Hobbs, (run team 2), Anna Critchley, Matt Julier, Professor Steve Haake OBE (run team 3), Una Lacey, Dave Manning-Ohren, Tim Heming (run team 4) Victoria Stonehouse, Rebecca Clark, Emma Perkins (run team 5), Alan Perkins, Alex Gwyn Davies (cyclist support) and Tom Rawling (run support), along with carers Maria and Marcy who assisted Sam throughout the day.



Of course our biggest thank you is for Sam Perkins for his brave and unrelenting attitude and outlook in the face of such adversity, to coordinate and participate in this event personally is truly inspirational.

Special thanks to the Outlaw organisers for ensuring Team SAM and Sam himself were well looked-after throughout the event, HUUB Design for providing the stunning team shirts and beautiful videos and photos capturing the day and Delichon Limited for providing a fully modified race chair for Sam. Without the support of these organisations, friends and family making Sam's wish to cross a triathlon finish line one more time would not have been possible.

HDI Global

SAM is proud to be the charity partner of HDI Global in 2022.

Throughout the duration of the partnership, HDI have raised over £4,500 through Chinese New Year competitions, Spooktacular Bake Sales, bike rides, triathlon challenges and have supported our own Christmas raffle by donating one of our big ticket prizes.



In Summer 2022, Sam was welcomed to the HDI offices in London to meet some of the staff driving fundraising activities and to tell them a little about the difference their money will make to the lives of those diagnosed with MND.

We are grateful for the time, effort and dedication of the staff at HDI.

Rushcliffe Golf Club

The Rushcliffe Golf Club ladies selected Stand Against MND as their chosen charity for 2022 and held various fund raising events over the course of the year.

The highest profile event was the Annual Charity Golf Day which saw a packed field compete to win the day.



Sam attended the event during the afternoon seeing competitors, including his dad, head off from the first tee. Sam then returned during the evening and gave a speech, thanking everyone for their support.

Over the year the ladies raised over £5,000 and we are extremely grateful for their continued enthusiasm for raising funds and awareness for the Charity.

Awareness

Commonwealth Baton Bearer

Sam was nominated to bear the Queen's Commonwealth Baton on the first leg of its tour in Derby City centre. Sam was pushed in his Outlaw race chair by his cousin, Ben Neath, who had nominated Sam for the role.

Ben said:

"As soon as I saw that the nomination process for being a Baton Bearer had opened I knew that Sam was a perfect fit. I wanted to nominate him as a way of not only recognising his achievements with Stand Against MND but also his unwavering positivity that has inspired others to challenge themselves, but also to say thank you for everything he has done for me personally."

"I'm also incredibly grateful to be asked to push Sam along his leg of the relay, it'll be a really proud moment for me and it will be very special to share that with Sam."



Pride of Rushcliffe winner



We were thrilled to have our founder, Sam Perkins, be nominated for and win the [Pride of Rushcliffe Award](#).

The Award's celebrate Rushcliffe's volunteers, businesses, organisations, environmentalists and the best of its health and wellbeing, sport and food and drink sectors.

Sam received the Pride of Rushcliffe Award for founding the charity Stand Against MND.

Leader of Rushcliffe Borough Council Cllr Simon Robinson said:

"Sam's story is an exceptional example of the incredible spirit an individual can show in the light of such adversity and he is an inspiration to us all. As his nominator stated, he is a well-loved person in the community and the definition of a person that makes you proud to live in Rushcliffe through all his work and positivity and I couldn't agree more."

Parliamentary Visit



Sam was invited to meet with his local MP, Ruth Edwards, at the Houses of Parliament to discuss his experience of MND and how Ruth and her colleagues can advocate for MND warriors in Parliament.

Sam also attended the public gallery to watch Prime Minister Rishi Sunak's inaugural Prime Minister's Questions and met with the Speaker of the House, the Rt Hon Sir Lindsay Hoyle, to discuss improvements to accessibility at the Houses of Parliament.

The charity will continue to work with Ruth and her team to advocate for matters that impact the MND community.

The University of Nottingham Visit

On 21 June 2022, Global MND Awareness Day, Sam was delighted to mark the occasion by visiting MND researchers at the [University of Nottingham](#), and presenting a donation cheque for £20,000.

This money will be dedicated by the [MND Association](#) towards funding projects which advance the discovery of treatments and cures for MND.

As part of his visit, Sam was given a tour of the laboratory facilities used by the MND research team. He was also able to discuss progress made by one of the projects funded by Stand Against MND with the lead researcher.

Sam said:

"It is fantastic to see where some of the research we fund takes place, and to meet Professor Layfield and his team. They are the ones at the coalface every day trying to help people like me.

Hearing about the work they do and how Stand Against MND funding has made a difference brings a sense of pride and strengthens my determination to do more."



Nottingham Forest Football Club



At the beginning of January, Sam wrote a letter to Nottingham Forest manager Steve Cooper to thank him for all of the teams recent success. In light of his MND diagnosis, Sam hadn't expected to see such a period of improvement.

To his great delight Steve Cooper phoned Sam the following day to tell him how inspirational he had found the letter.

The BBC contacted Sam as they wanted to [feature his story](#) at the following game against Leicester City. Sam did not know that the BBC had arranged for him to meet Steve after the game, and the meeting was

even happier after a Brennan Johnson brace saw Forest win the game 2-0.

Of the surprise meet and greet with Steve, Sam said: "I've been fortunate enough to have some pretty special days since my MND diagnosis almost 4 years ago. Yesterday however, was one of the best."

Since then, Sam has formed a solid relationship with Steve and the team at Nottingham Forest which has generated greater awareness of the Charity and MND through additional reports from the [BBC](#) and participation from the [Nottingham Forest players](#) in Charity promotions.

Points of Light Award Winner



On 22 March 2023, we were overwhelmed to learn that Sam had been awarded a [Points of Light Award](#) by the Prime Minister, Rishi Sunak.

Points of Light awards are given to individuals who have made an exceptional contribution to their region or community. The Prime Minister said:

"I want to thank you for all you are doing to help people like yourself who have been diagnosed with Motor Neurone Disease. I was amazed to hear how you completed last year's Outlaw Half Triathlon while in a wheelchair and on a ventilator. Your strength and determination are truly inspiring. Through your fantastic fundraising and your charity, Stand Against MND, you are helping to progress vital research. I share your hope and belief that one day we will find a cure for this awful disease."



Sam has been invited to the Houses of Parliament to meet the Prime Minister and receive his Award.

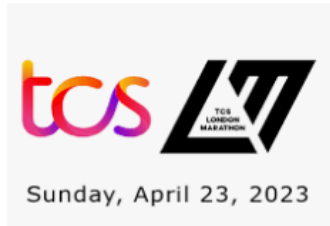
Donations

The Charity is thrilled to have made the following donations totalling £105,100.00 in FYE 31 March 2023:

- 1) 11 April 2022 £10,000 to the MNDA research project: "Connecting microRNA and autophagy disturbances in MND" – Nottingham University.
- 2) 11 April 2022 £5,000 to the MNDA Nottinghamshire Branch providing funds for equipment grants for local MND patients.
- 3) 11 April 2022 £5,000 to the Nottinghamshire Hospice helping to maintain a local palliative care service.
- 4) 7 July 2022 £20,000 to the Motor Neurone Disease Association to top up the budget for promising research projects.
- 5) 14 March 2023 £100 to the MNDA Nottinghamshire Branch for one of their local fundraisers.
- 6) 14 March 2023 £25,000 to the MNDA research project "Extracellular vesicle mediated export of microRNAs in ALS/FTD: regulation, functional consequences and biomarker significance" to mark the launch of our research partnership with the University of Nottingham.
- 7) 15 March 2023 £25,000 to the Motor Neurone Disease Association (this is a connected donation to point 6 above).
- 8) 31 March 2023 £5,000 to the MNDA Manchester Branch providing funds for equipment grants for local MND patients. Manchester was selected in recognition of one of our youngest fundraisers, Olly Foster, who is based in the area.
- 9) 31 March 2023 £10,000 to LOROS to enable the hospice to provide an extra day per week of Health Care Assistant support in patient homes throughout the Leicestershire region.

2. WHAT'S NEXT?

Fundraising



In February 2023, Sam announced he would be one of only a few assisted wheelchair users to participate in the 2023 London Marathon on 23 April and would be pushed by one of his all-time sporting heroes, Chrissie Wellington OBE alongside a support team of carers, friends and family. Sam appeared on [talkSPORT with Jonny Owen](#), [BBC News](#) and [BBC East Midlands](#) to talk more

about the challenge. Fundraising began at the end of this financial year with the event due to take place at the start of our next financial year (ending 31 March 2024).

Sam will also establish a broader campaign to encourage and motivate individual and group fundraisers outside the Charity-led challenges.

Awareness

Sam will continue to develop key existing relationships with the aims of:

- recruiting a second patron to support the Charity alongside our first patron, Jonny Owen;
- maintaining our contributions and support of relevant research projects;
- campaigning for increased support and funding for research into a cure for MND from the Government and other charities; and
- generating further opportunities for the Charity to raise awareness of MND throughout the wider public.

Donations

The Charity will maintain its focus on donating the majority of funds raised towards research projects seeking to advance progress to find a cure for MND with remaining funds donated to palliative care providers that support people with MND and their families.

3. TRUSTEE REPORT

Finances

The charity's financial period runs from 1 April to 31 March.

At the start of the financial year ending 31 March 2023 the charity carried over £52,903.28

Income for the financial year ending 31 March 2023 was £76,462.89

Expenses for the financial year ending 31 March 2023 was £5,450.05

Donations for the financial year ending 31 March 2023 was £105,100.00

This meant at the end of the financial year the Charity held £18,916, which is still more than the charity's constitution originally intended. The reason for this is that the Charity raised £13,704 in the last month of the financial year.

Going forward the Charity is going to examine how much money it should be holding at any one time due to the significant amount of money we are now raising.

The charity trustees received no remuneration for the work they did as trustees.

The Trustees declare that there have been no serious incidents and, as such, no serious incidents have been reported to the Charity Commission.

Trustee payments

Through the business, Aloha Creative Limited, Rebecca Clark (trustee and director of Aloha Creative Limited) received payment for graphic design, merchandise and printing services provided to the charity.

Paragraph references in the tables below are to SORP FRS 102.

Charity name	Stand Against MND
Other name the charity uses	SAM
Registered charity number	1187436
Charity's principal address	12 Leveret Way, East Leake, Loughborough, Leicestershire, LE12 6XX

Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
Alan Samuel Perkins	Founder and Chair	N/A	N/A
Emma Reid	Secretary	N/A	N/A
Alastair John Hall	Treasurer	N/A	N/A
Rebecca Clark	N/A	N/A	N/A
Victoria Clare Alvis	N/A	N/A	N/A
Greg William Mitchell	N/A	N/A	N/A
Richard Carey	N/A	N/A	N/A

Summary of the purposes of the charity as set out in its governing document	Para 1.17	The purpose of the charity is: 1) the promotion and funding of research into the nature, causes, diagnosis, prevention, treatment and cure of motor neurone disease and the publication of the results of such research; and 2) the provision of support, assistance and information to people affected (directly or indirectly) by motor neurone disease through clinical, hospice or other forms of palliative care.
--	------------------	--

Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	The charity has undertaken a range of activities to raise funds and awareness in line with its purpose. In particular, fundraising activities have included: the One More Tri challenge as well as various individuals undertaking their own personal challenges whilst raising funds for SAM. Awareness of MND has taken place by forming and growing relationships with various media outlets including BBC East Midlands Today and ITV as well as using social media to share events and achievements.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees receive updates from the Charity Commission regarding being a trustee. The trustees have had regard to the guidance issued by the Charity Commission in public benefit.
Policy on grant making	Para 1.38	The charity policy on grant making permits the trustees to approve the making of a grant to organisations that have the same or similar objectives to the charity.
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	The following donations were made by the charity: 1) 11 April 2022 £10,000 to the MNDA Research project: "Connecting microRNA and autophagy disturbances in MND" – Nottingham University. 2) 11 April 2022 £5,000 to the MNDA Nottinghamshire Branch.

		3) 11 April 2022 £5,000 to the Nottinghamshire Hospice 4) 7 July 2022 £20,000 to the Motor Neurone Disease Association 5) 14 March 2023 £100 to the MNDA Nottinghamshire Branch. 6) 14 March 2023 £25,000 to the Motor Neurone Disease Association 7) 15 March 2023 £25,000 to the Motor Neurone Disease Association 8) 31 March 2023 £5,000 to the Motor Neurone Disease Association 9) 31 March 2023 £10,000 to LOROS
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Financial Review

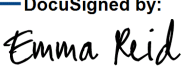
Review of the charity's financial position at the end of the period	Para 1.21	At the end of the period the charity had raised a total of £76,463 with an additional amount of £52,903 remaining from the previous period. Of this combined total the charity donated £105,100, spent £2,095 on administrative fees and purchased £3,254.45 in merchandise. This left a total £18,916 in Cash funds and approximately assets worth £2,000.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The charity's policy is to hold about £10,000 in reserve. This is to fund merchandise and events that we will look to hold throughout the year.
Amount of reserves held	Para 1.22	£18,916 in cash funds and £2,000 worth of merchandise assets.
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A

Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A
The charity's principal sources of funds (including any fundraising)	Para 1.47	The charity's principal sources of funds are from private fundraising.
Investment policy and objectives including any social investment policy adopted	Para 1.46	The charity is not investing any of its funds.
A description of the principal risks facing the charity	Para 1.46	The key principal risk for the charity remains the effect the pandemic has had on the ability to coordinate in-person events that provide an opportunity to raise funds and awareness of the charity and its objectives.
Type of governing document	Para 1.25	Constitution
How is the charity constituted?	Para 1.25	Charitable Incorporated Organisation (CIO)
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	As set out in the constitution, apart from the first charity trustees, every trustee must be appointed by a resolution passed at a properly convened meeting of the charity trustees. In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the charity.
Relationship with any related parties	Para 1.51	The charity uses Aloha Creative Limited to provide graphic design and printing services. Rebecca Clark (trustee) is a director of Aloha Creative Limited.

Declarations

The trustees declare that they have approved the trustees’ report above.

Signed on behalf of the charity’s trustees

Signature	DocuSigned by:  DAACE1AACE00410...	DocuSigned by:  698CE85859D14AD...
Full name	Emma Reid	Alastair John Hall
Position	Secretary	Treasurer
Date	11 February 2024	12 February 2024



4. ACCOUNTS

Stand against MND

No (if any)

Receipts and payments accounts

For the period from

Period start date

To

Period end date

01/04/2022

31/03/2023

CC16a

Section A Receipts and payments

		Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts	Date					
	JUSTGIVING Fundraising	28/03/2023	£499.32	-	-	£499
	JUSTGIVING Fundraising	27/03/2023	734.42	-	-	£734
	JUSTGIVING Fundraising	21/03/2023	348.82	-	-	£349
	PKF COOPER PARRY G	20/03/2023	100	-	-	£100
	JUSTGIVING Fundraising	20/03/2023	3033.7	-	-	£3,034
	JUSTGIVING Fundraising	14/03/2023	496.91	-	-	£497
	JUSTGIVING Fundraising	13/03/2023	1297.23	-	-	£1,297
	JUSTGIVING Fundraising	07/03/2023	93.78	-	-	£94
	JUSTGIVING Fundraising	06/03/2023	1797.96	-	-	£1,798
	RUSHCLIFFE GOLF CL	03/03/2023	5302.42	-	-	£5,302
	JUSTGIVING Fundraising	28/02/2023	72.41	-	-	£72
	CHARITIES TRUST	27/02/2023	5	-	-	£5
	JUSTGIVING Fundraising	27/02/2023	277.17	-	-	£277
	JOHN REID	27/02/2023	1500	-	-	£1,500
	PERKINS A S V04	27/02/2023	250	-	-	£250
	JUSTGIVING Fundraising	21/02/2023	52.24	-	-	£52
	JUSTGIVING Fundraising	20/02/2023	326.42	-	-	£326
	JUSTGIVING Fundraising	14/02/2023	65.27	-	-	£65
	JUSTGIVING Fundraising	13/02/2023	204.2	-	-	£204
	Unnamed donation	08/02/2023	500	-	-	£500
	JUSTGIVING Fundraising	07/02/2023	45.1	-	-	£45
	JUSTGIVING Fundraising	06/02/2023	1020.13	-	-	£1,020
	AMAZON EUROPE CORE	31/01/2023	88.48	-	-	£88
	CHARITIES TRUST	31/01/2023	5	-	-	£5
	JUSTGIVING Fundraising	31/01/2023	97.6	-	-	£98
	JUSTGIVING Fundraising	30/01/2023	1104.92	-	-	£1,105
	JUSTGIVING Fundraising	24/01/2023	62.92	-	-	£63
	JUSTGIVING Fundraising	23/01/2023	563.56	-	-	£564
	SHOPIFY International Payment	19/01/2023	14.45	-	-	£14
	JUSTGIVING Fundraising	17/01/2023	267.16	-	-	£267
	JUSTGIVING Fundraising	16/01/2023	262.9	-	-	£263
	SHOPIFY International Payment	12/01/2023	14.45	-	-	£14
	JUSTGIVING Fundraising	11/01/2023	6.89	-	-	£7
	SHOPIFY International Payment	11/01/2023	28.9	-	-	£29
	JUSTGIVING Fundraising	09/01/2023	1418.23	-	-	£1,418
	SHOPIFY International Payment	05/01/2023	43.35	-	-	£43
	JUSTGIVING Fundraising	04/01/2023	16.62	-	-	£17
	PHYSIONEEDS EAST	04/01/2023	15	-	-	£15
	Raffall Limited	30/12/2022	684	-	-	£684
	Raffall Limited	30/12/2022	306	-	-	£306
	SHOPIFY International Payment	30/12/2022	66.86	-	-	£67
	Cash raised	28/12/2022	225.89	-	-	£226

Stand Against MND is a charitable incorporated organisation

Registration Number: 1187436 Registered Address: 12 Leveret Way, East Leake, Loughborough, Leicestershire, LE12 6XX

info@standagainstmnd.com

Raffall Limited	28/12/2022	49.5	-	-	£50	-
JUSTGIVING Fundraising	28/12/2022	136.14	-	-	£136	-
PHYSIONEEDS EAST	23/12/2022	30	-	-	£30	-
Cash raised	23/12/2022	2768.5	-	-	£2,769	-
Raffall Limited	21/12/2022	64.8	-	-	£65	-
Raffall Limited	21/12/2022	10.8	-	-	£11	-
Raffall Limited	21/12/2022	3.6	-	-	£4	-
Raffall Limited	21/12/2022	89.1	-	-	£89	-
Raffall Limited	21/12/2022	19.8	-	-	£20	-
Raffall Limited	21/12/2022	301.5	-	-	£302	-
Raffall Limited	21/12/2022	196.2	-	-	£196	-
SHOPIFY International Payment	21/12/2022	14.45	-	-	£14	-
JUSTGIVING Fundraising	20/12/2022	41.52	-	-	£42	-
SHOPIFY International Payment	20/12/2022	73	-	-	£73	-
JUSTGIVING Fundraising	19/12/2022	201.42	-	-	£201	-
SHOPIFY International Payment	16/12/2022	43.35	-	-	£43	-
SHOPIFY International Payment	14/12/2022	28.9	-	-	£29	-
SHOPIFY International Payment	13/12/2022	28.9	-	-	£29	-
JUSTGIVING Fundraising	12/12/2022	151.05	-	-	£151	-
SHOPIFY International Payment	12/12/2022	14.28	-	-	£14	-
SHOPIFY International Payment	08/12/2022	43.6	-	-	£44	-
SHOPIFY International Payment	07/12/2022	175.71	-	-	£176	-
JUSTGIVING Fundraising	06/12/2022	37.99	-	-	£38	-
JUSTGIVING Fundraising	06/12/2022	184.99	-	-	£185	-
SHOPIFY International Payment	06/12/2022	101.07	-	-	£101	-
SHOPIFY International Payment	05/12/2022	57.8	-	-	£58	-
SHOPIFY International Payment	02/12/2022	51.81	-	-	£52	-
SHOPIFY International Payment	01/12/2022	43.35	-	-	£43	-
CHARITIES TRUST	30/11/2022	100	-	-	£100	-
SHOPIFY International Payment	30/11/2022	101.9	-	-	£102	-
JUSTGIVING Fundraising	29/11/2022	22.55	-	-	£23	-
JUSTGIVING Fundraising	28/11/2022	400.8	-	-	£401	-
A Stonehouse	24/11/2022	66.8	-	-	£67	-
JUSTGIVING Fundraising	22/11/2022	589.21	-	-	£589	-
JUSTGIVING Fundraising	21/11/2022	179.67	-	-	£180	-
AMAZON EUROPE CORE	15/11/2022	61.02	-	-	£61	-
JUSTGIVING Fundraising	15/11/2022	103.05	-	-	£103	-
JUSTGIVING Fundraising	14/11/2022	3183.47	-	-	£3,183	-
JUSTGIVING Fundraising	08/11/2022	36.8	-	-	£37	-
JUSTGIVING Fundraising	07/11/2022	799.13	-	-	£799	-
JUSTGIVING Fundraising	02/11/2022	34.43	-	-	£34	-
JUSTGIVING Fundraising	31/10/2022	309.52	-	-	£310	-
JUSTGIVING Fundraising	25/10/2022	299.24	-	-	£299	-
JUSTGIVING Fundraising	24/10/2022	204.6	-	-	£205	-
JUSTGIVING Fundraising	19/10/2022	146.02	-	-	£146	-
JUSTGIVING Fundraising	17/10/2022	1254.08	-	-	£1,254	-
JUSTGIVING Fundraising	12/10/2022	168.78	-	-	£169	-
JUSTGIVING Fundraising	10/10/2022	883.35	-	-	£883	-
JUSTGIVING Fundraising	05/10/2022	65.26	-	-	£65	-
JUSTGIVING Fundraising	03/10/2022	568.08	-	-	£568	-
JUSTGIVING Fundraising	27/09/2022	79.52	-	-	£80	-
JUSTGIVING Fundraising	27/09/2022	304.6	-	-	£305	-
JUSTGIVING Fundraising	20/09/2022	130.59	-	-	£131	-
JUSTGIVING Fundraising	20/09/2022	452.53	-	-	£453	-

JUSTGIVING Fundraising	14/09/2022	68.85	-		£63	-
GIVING COM LTD	13/09/2022	905.71	-		£906	-
JUSTGIVING Fundraising	06/09/2022	62.9	-		£63	-
JUSTGIVING Fundraising	05/09/2022	320.92	-		£321	-
JUSTGIVING Fundraising	30/08/2022	109.21	-	-	£109	-
JUSTGIVING Fundraising	30/08/2022	423.33	-		£423	-
HORSFORTH BREWERY	30/08/2022	350	-		£350	-
JUSTGIVING Fundraising	23/08/2022	328.59	-		£329	-
JUSTGIVING Fundraising	22/08/2022	593.88	-		£594	-
AMAZON EUROPE CORE	16/08/2022	57.16	-		£57	-
JUSTGIVING Fundraising	16/08/2022	190.83	-		£191	-
WHYTE DANIEL	16/08/2022	167	-		£167	-
JUSTGIVING Fundraising	15/08/2022	1656.45	-		£1,656	-
JUSTGIVING Fundraising	09/08/2022	305.99	-		£306	-
JUSTGIVING Fundraising	08/08/2022	1490.11	-		£1,490	-
JUSTGIVING Fundraising	02/08/2022	1120.81	-		£1,121	-
JUSTGIVING Fundraising	02/08/2022	112.75	-		£113	-
JUSTGIVING Fundraising	26/07/2022	18.97	-		£19	-
JUSTGIVING Fundraising	25/07/2022	335.84	-		£336	-
GIVING COM LTD	20/07/2022	163.8	-		£164	-
JUSTGIVING Fundraising	18/07/2022	251.86	-		£252	-
JUSTGIVING Fundraising	12/07/2022	29.67	-		£30	-
JUSTGIVING Fundraising	11/07/2022	877.22	-		£877	-
JUSTGIVING Fundraising	06/07/2022	163.85	-	-	£164	-
JUSTGIVING Fundraising	05/07/2022	465.71	-		£466	-
JUSTGIVING Fundraising	28/06/2022	145.62	-		£146	-
JUSTGIVING Fundraising	28/06/2022	795.29	-		£795	-
JUSTGIVING Fundraising	21/06/2022	221.93	-		£222	-
JUSTGIVING Fundraising	20/06/2022	1175.45	-		£1,175	-
JUSTGIVING Fundraising	14/06/2022	224.9	-		£225	-
JUSTGIVING Fundraising	13/06/2022	843.56	-	-	£844	-
JUSTGIVING Fundraising	07/06/2022	474.88	-	-	£475	-
JUSTGIVING Fundraising	06/06/2022	975.99	-	-	£976	-
JUSTGIVING Fundraising	31/05/2022	1225.85	-	-	£1,226	-
JUSTGIVING Fundraising	31/05/2022	3472.02	-	-	£3,472	-
JUSTGIVING Fundraising	24/05/2022	738.3	-	-	£738	-
JUSTGIVING Fundraising	23/05/2022	5643.04	-	-	£5,643	-
Stripe Payments UK	20/05/2022	15.45	-	-	£15	-
JUSTGIVING Fundraising	17/05/2022	527.06	-	-	£527	-
JUSTGIVING Fundraising	16/05/2022	3941.97	-	-	£3,942	-
JUSTGIVING Fundraising	11/05/2022	354.9	-	-	£355	-
AMAZON EUROPE CORE	09/05/2022	58.31	-	-	£58	-
JUSTGIVING Fundraising	09/05/2022	2909.98	-	-	£2,910	-
JUSTGIVING Fundraising	04/05/2022	892.77	-	-	£893	-
JUSTGIVING Fundraising	03/05/2022	258.77	-	-	£259	-
JUSTGIVING Fundraising	26/04/2022	115.12	-	-	£115	-
JUSTGIVING Fundraising	25/04/2022	994.77	-	-	£995	-
JUSTGIVING Fundraising	19/04/2022	472.15	-	-	£472	-
GIVING COM LTD SAF	13/04/2022	54.58	-	-	£55	-
JUSTGIVING Fundraising	11/04/2022	282.09	-	-	£282	-
JUSTGIVING Fundraising	06/04/2022	53.32	-	-	£53	-
JUSTGIVING Fundraising	04/04/2022	193.6	-	-	£194	-

	<i>Sub total (Gross income for AR)</i>	76,463	-	-	76,463	-
A2 Asset and investment sales, (see table).						
		-	-	-	-	-
		-	-	-	-	-
	<i>Sub total</i>	-	-	-	-	-
	<i>Total receipts</i>	76,463	-	-	76,463	-

A3 Payments						
Donation to LORDS	31/03/2023	10000	-	-	£10,000	-
Donation to MND Association	31/03/2023	5000	-	-	£5,000	-
Just Giving Costs	27/03/2023	46.8	-	-	£47	-
Donation to MND Association	15/03/2023	25000	-	-	£25,000	-
Donation to MND Association	14/03/2023	25000	-	-	£25,000	-
Donation to MNDA - Nottinghamshire branch	14/03/2023	100	-	-	£100	-
Payment to The Rushcliffe Golf for event	13/03/2023	897.6	-	-	£898	-
Shopify Payment	13/03/2023	258	-	-	£258	-
Gsuite payment	02/03/2023	19.2	-	-	£19	-
Just Giving Costs	27/02/2023	46.8	-	-	£47	-
Shopify Payment	09/02/2023	14.82	-	-	£15	-
Gsuite payment	02/02/2023	9.2	-	-	£9	-
Just Giving Costs	25/01/2023	46.8	-	-	£47	-
Shopify Payment	09/01/2023	54.27	-	-	£54	-
Gsuite payment	03/01/2023	9.2	-	-	£9	-
Just Giving Costs	28/12/2022	46.8	-	-	£47	-
Shopify Payment	09/12/2022	85.12	-	-	£85	-
Gsuite payment	02/12/2022	9.2	-	-	£9	-
Just Giving Costs	25/11/2022	46.8	-	-	£47	-
Payment to Aloha Creative Ltd for merchandise	24/11/2022	1380	-	-	£1,380	-
Gsuite payment	02/11/2022	9.2	-	-	£9	-
Just Giving Costs	25/10/2022	46.8	-	-	£47	-
Gsuite payment	03/10/2022	9.2	-	-	£9	-
Just Giving Costs	26/09/2022	46.8	-	-	£47	-
Gsuite payment	02/09/2022	9.2	-	-	£9	-
Just Giving Costs	25/08/2022	18	-	-	£18	-
Gsuite payment	02/08/2022	9.2	-	-	£9	-
Just Giving Costs	25/07/2022	18	-	-	£18	-
Donation to MND Association	07/07/2022	20000	-	-	£20,000	-
Payment to Aloha Creative Ltd for merchandise	07/07/2022	1568.4	-	-	£1,568	-
Payment to Aloha Creative Ltd for merchandise	07/07/2022	186	-	-	£186	-
Gsuite payment	04/07/2022	9.2	-	-	£9	-
Just Giving Costs	27/06/2022	18	-	-	£18	-
Shopify Payment	09/06/2022	12.25	-	-	£12	-
Gsuite payment	06/06/2022	9.2	-	-	£9	-
Just Giving Costs	25/05/2022	18	-	-	£18	-
Gsuite payment	03/05/2022	9.2	-	-	£9	-
Just Giving Costs	25/04/2022	18	-	-	£18	-
Donation to MND Association	11/04/2022	10000	-	-	£10,000	-
Donation to Nottinghamshire Hospice	11/04/2022	5000	-	-	£5,000	-
Donation to MNDA - Nottinghamshire branch	11/04/2022	5000	-	-	£5,000	-
Payment to Andy Stonehouse	04/04/2022	120.05	-	-	£120	-
Shopify Payment	04/04/2022	235.62	-	-	£236	-
Gsuite payment	04/04/2022	9.12	-	-	£9	-
		-	-	-	-	-
Sub total		£110,450.05	-	-	110,450	-

A4 Asset and investment purchases, (see table)						
		-	-	-	-	-
		-	-	-	-	-
	<i>Sub total</i>	-	-	-	-	-
	<i>Total payments</i>	110,450	-	-	110,450	-
	<i>Net of receipts/(payments)</i>	- 33,987	-	-	- 33,987	-
A5 Transfers between funds		-	-	-	-	-
A6 Cash funds last year end		52,903	-	-	52,903	-
	<i>Cash funds this year end</i>	18,916	-	-	18,916	-

Section B Statement of assets and liabilities at the end of the period

Categories		Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		Money raised not yet donated.	18,916	-	-
			-	-	-
			-	-	-
		Total cash funds	18,916	-	-
		(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £	
B2 Other monetary assets			-	-	-
			-	-	-
			-	-	-
			-	-	-
			-	-	-
			-	-	-
B3 Investment assets		Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
				-	-
				-	-
				-	-
				-	-
B4 Assets retained for the charity's own use		Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
				-	-
				-	-
				-	-
				-	-
				-	-
				-	-
				-	-
				-	-
				-	-

B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
<i>A J Hall</i>	Alastair Hall	08/02/2024
<i>E Reid</i>	Emma Reid	11/02/2024

Accounts



STAND AGAINST MND
ANNUAL RETURN
FINANCIAL YEAR ENDING 31 MARCH 2022

Stand Against MND was formed in January 2020 by Sam Perkins following his diagnosis of motor neurone disease (MND) in March 2019. The purpose of the charity is two-fold:

- (1) to raise funds and awareness to support research into a cure for MND.
- (2) to provide funds to palliative care services that assist those who are affected by MND, including those diagnosed with MND, but also their family and friends.

The charity continues to achieve its objectives through a range of fundraising activities and promotional events some of which are set out in the report below.

A message from our founder, Sam Perkins:

An MND diagnosis brings with it a massive amount of uncertainty. I was told at the age of just 37 that 50% of people with my condition pass away within 2 years of their diagnosis. Having my life-expectations, dreams and ambitions altered so dramatically made it extremely difficult to think about the future - let alone plan for it.



Given that uncertainty, to sit here today and introduce the second annual report of a charity my wife and I founded following my diagnosis, makes me reflect with pride on the scale of the achievements of the charity so far and excited for the possibilities which may yet lie ahead.

I would like to place on record my thanks to everyone who has contributed to our successful fundraising this year and motivated me to remain positive in the face of adversity.

Given the constraints we continued to operate under for much of this year, I am delighted by the creativity and ingenuity of our fundraisers and the sheer volume of donations we received. We have launched our first targeted fundraising campaign, "SAMs 40", which has already engaged a new band of fundraisers and looks set to exceed its £20k fundraising objective. In addition to this, our social media following and informative content production continues to deliver on our objective to raise awareness of MND, which we know proves to have an equally positive impact on the MND community.

As we come out of Covid restrictions, I welcome the expanded opportunities now available to our charity for fundraising activities and awareness campaigns. I look forward to keeping in touch with the research projects we have already helped to fund and seeing the impact those projects make.

Looking forward I am confident that our charity will be healthy, impactful, full of hope and inspiration.

Stand Against MND is a charitable incorporated organisation

Registration Number: 1187436 Registered Address: 12 Leveret Way, East Leake, Loughborough, Leicestershire, LE12 6XX

info@standagainstmnd.com

Section 1	Our Year in Review
Section 2	Trustee Report
Section 3	Accounts

1. OUR YEAR IN REVIEW

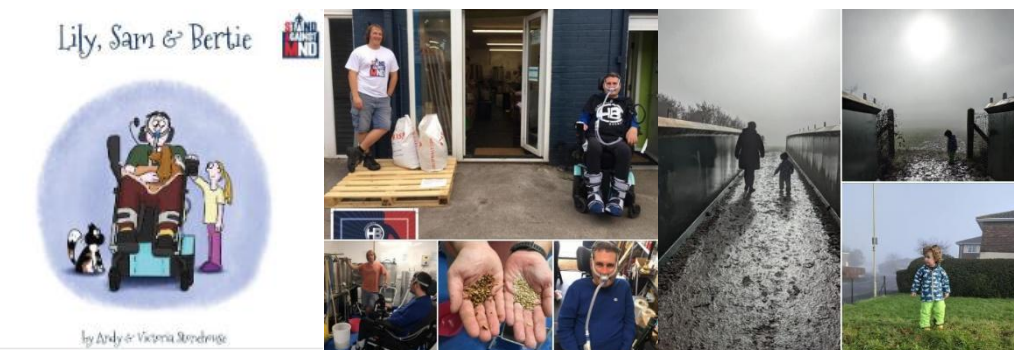
Fundraising¹

We have set out some of our primary fundraising activities and partnerships for the year 1 April 2021 – 31 March 2022 below to give a flavour of how we raise funds to support research into a cure for MND and services offering palliative care to those diagnosed with the disease.



We started the year still in lockdown and having to be creative in our fundraising endeavours. Despite those restrictions, we still managed to generate awareness and funds through a range of unique methods.

We registered on Amazon Smile so you can give whilst you shop, joined Just Giving to make donating easier and subscribed to Paypal to give another option for purchasing our merchandise.



We have had supporters undertake their own personal and team challenges ranging from team triathlons, bike rides, charity quizzes, raffles, climbing mountains, charity beer, selling inspirational calendars

Key fundraisers included:

- *The second instalment of the Lily & Sam series, this time featuring Bertie the dog.*
- *Sketch Against MND, which invited anyone and everyone to submit a drawing, painting or sketch to raffle off to the highest bidder through Instagram. Some beautiful and inspirational pieces of art are now present in people's homes.*
- *Our first set of calendars went on sale through our online platform, Shopify, and in local shops, bars and clubs.*

We can't thank our supporters enough for joining us in our stand against MND.

¹ The charity raises funds from the public without engaging with professional fundraisers. The charity worked informally, without the need for a formal written agreement, with a small number of commercial organisations in the FYE 31 March 2022 including, HDI Global, HUUB Design, and Delichon Limited. The charity did not receive income from contracts with central government or local authorities or from outside the United Kingdom.

Charity partners: Rushcliffe Golf Club and VFE

SAM was proud to be the charity partner of both the Rushcliffe Golf Club and VFE in 2021.

Rushcliffe Golf Club



Sam has always been a passionate sportsperson and golfer. Sam was a junior member at the Rushcliffe Golf Club and in his adulthood often played a round there with various relatives and friends who are still members of the Club today.

The Golf Club offered amazing support by selling the Good Deed charity beer in the Club House, running charity quizzes and, of course, charity golf days.

The SAM golf team challenged the Battle Back team in a fundraising match and the ladies team played three courses in one day to raise funds for Stand Against MND.

We are thoroughly delighted to have this partnership in play.

VFE

Sam's Uncle, Philip Neath, is a senior member of the team at VFE and put us forward to be their Charity of the Year.

VFE undertook a range of charity events, the key activity being their 'Spin Against MND' challenge. The team of eight riders, plus Sam himself (using specialist pedals), cycled the equivalent distance of Lands' End to John o Groats and back again, spanning a total of 1,748 miles. The ride took place over a 9 day period and was ridden in the team's local areas either on the roads or on stationary bikes.



This partnership has given us great experience of working with a commercial organisation which we hope will feature in our future strategy.

Donations

The charity made the following donation in FYE 31 March 2022:

- 16 August 2021 £10,000 to the MNDA Research project: "Connecting microRNA and autophagy disturbances in MND" – Nottingham University.

Awareness

You Tube series: Sam Chats with...

Sam spoke with a range of different people who had supported him in his MND journey so far, either personally or as part of the Charity. Interviewees were from a range of backgrounds:

- Dr Nick Cole, Head of Research for the MNDA, spoke about [the work being done to understand the disease](#) and [how a cure might be developed](#).
- [Katie Price](#), Sam's physiotherapist, shared how she supports Sam in keeping flexible and comfortable as his mobility declines.
- [Andy and Victoria Stonehouse](#), creators of the Lily & Sam books, gave us an insight into how they put the story lines together.
- [Mark 'Foss' Costello](#), owner of Horsforth Brewery, tells us about his history with Sam and the Good Deed Charity ale.
- [Jacob Holden](#), occupational therapist at Special Effect, explains how gaming equipment can be modified and adapted to be accessible for all.
- [Simon Fotheringham](#), Vice Chair of the Nottinghamshire MNDA, talks about his personal connections to MND and why he is passionate about fundraising for a cure.

Inside Tri: guest interviewee

Sam appeared as the featured guest on the ['Inside Tri' podcast](#) where he discussed his MND diagnosis and the impact it has had on both himself and his family. He also talked about how the mental strength he developed in his years as an amateur endurance athlete have helped him in his MND journey so far. Sam also took the opportunity to discuss his ambition to undertake one more long-distance triathlon.

BBC East Midlands Today appearance

Sam, his sister Victoria and niece Lily appeared on [East Midlands Today](#) to raise awareness of the charity and speak about the new Lily, Sam & Bertie book.

2. TRUSTEE REPORT

Finances

The Charity's financial period runs from 1 April to 31 March.

At the start of the financial year the Charity had a carry over of £26,672.32 from the previous year.

Income for the financial year ending 31 March 2022 was £38,384.63.

Spending for the financial year ending 31 March 2022 was £2,153.67.

Donations for the financial year ending 31 March 2022 was £10,000.00.

As a result of this, the Charity ended the financial year holding £52,903.28.

The Charity didn't donate as much as originally intended this financial year. The primary reason for this was that the Charity planned to make a sizable donation at the end of the financial year, however due to the availability of Trustee's this donation went through in April and will now show in next years' accounts.

The Charity Trustees received no remuneration for the work they did as Trustees.

The Trustees declare that there have been no serious incidents and, as such, no serious incidents have been reported to the Charity Commission.

Trustee payments

Through the business, Aloha Creative Limited, Rebecca Clark (Trustee of the Charity and director of Aloha Creative Limited) received payment for graphic design, merchandise and printing services provided to the Charity.

Paragraph references in the tables below are to SORP FRS 102.

Charity name	Stand Against MND
Other name the charity uses	SAM
Registered charity number	1187436
Charity's principal address	12 Leveret Way, East Leake, Loughborough, Leicestershire, LE12 6XX

Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
Alan Samuel Perkins	Founder and Chair	N/A	N/A
Emma Reid	Secretary	N/A	N/A
Alastair John Hall	Treasurer	N/A	N/A
Rebecca Clark	N/A	N/A	N/A
Victoria Clare Alvis	N/A	N/A	N/A
Greg William Mitchell	N/A	N/A	N/A
Richard Carey	N/A	N/A	N/A

Summary of the purposes of the charity as set out in its governing document	Para 1.17	The purpose of the charity is: 1) the promotion and funding of research into the nature, causes, diagnosis, prevention, treatment and cure of motor neurone disease and the publication of the results of such research; and 2) the provision of support, assistance and information to people affected (directly or indirectly) by motor neurone disease through clinical, hospice or other forms of palliative care.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	The charity has undertaken arrange of activities to raise funds and awareness in line with its purpose. In particular, fundraising activities have included: taking part in sponsored challenges in support of the charity (John O' Groats

		virtual cycle challenge, sale of bespoke art work). Awareness of MND has taken place by using social media to create 'Sam's Chats With...' series where Sam speaks with various people who have supported him since his diagnosis as well as Sam appearing on BBC news broadcasts and podcast programmes.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees receive updates from the Charity Commission regarding being a trustee.
Policy on grant making	Para 1.38	The charity policy on grant making permits the trustees to approve the making of a grant to organisations that have the same or similar objectives to the charity.
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	The charity has provided £10,000 of funding to organisations that work towards researching a cure for MND.

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The charity carried over £26,672.32 from the previous period. This period we raised £38,384.63. Of this total the charity donated £10,000.00, and spent £2,153.67 on administrative fees and merchandise. This left a total £52,903.28. in cash funds and approximately assets worth £1,500.00.
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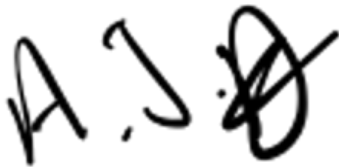
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The charity's policy is to hold about £10,000 in reserve. This is to fund merchandise and events that we will look to hold throughout the year.
Amount of reserves held	Para 1.22	£52,903.28 in cash funds and £1,500.00 worth of merchandise assets.
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A
The charity's principal sources of funds (including any fundraising)	Para 1.47	The charity's principal sources of funds are from private fundraising.
Investment policy and objectives including any social investment policy adopted	Para 1.46	The charity is not investing any of its funds.
A description of the principal risks facing the charity	Para 1.46	The key principal risk for the charity remains the effect the pandemic has had on the ability to coordinate in-person events that provide an opportunity to raise funds and awareness of the charity and its objectives.
Type of governing document	Para 1.25	Constitution
How is the charity constituted?	Para 1.25	Charitable Incorporated Organisation (CIO)
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any	Para 1.25	As set out in the constitution, apart from the first charity trustees, every trustee must be appointed by a resolution passed at a properly convened meeting of the charity trustees. In selecting individuals for appointment as charity trustees, the charity trustees must

person or body entitled to appoint one or more trustees		have regard to the skills, knowledge and experience needed for the effective administration of the charity.
Relationship with any related parties	Para 1.51	The charity uses Aloha Creative Limited to provide graphic design and printing services. Rebecca Clark (trustee) is a director of Aloha Creative Limited.

Declarations

The Trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature		
Full name	Emma Reid	Alastair John Hall
Position	Secretary	Treasurer
Date	22 January 2023	20 January 2023

3. ACCOUNTS



CHARITY COMMISSION
FOR ENGLAND AND WALES

Stand Against MND	No (if any)
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Receipts and payments accounts

CC16a

For the period from	Period start date 01/04/2021	To	Period end date 31/03/2022
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Section A Receipts and payments

		Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
		to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts	Date					
GIVING COM LTD SAF	30/03/2022	236	-	-	236	-
JUSTGIVING	28/03/2022	350	-	-	350	-
JUSTGIVING	22/03/2022	55	-	-	55	-
JUSTGIVING	21/03/2022	989	-	-	989	-
JUSTGIVING	15/03/2022	189	-	-	189	-

Stand Against MND is a charitable incorporated organisation

Registration Number: 1187436 Registered Address: 12 Leveret Way, East Leake, Loughborough, Leicestershire, LE12 6XX

info@standagainstmnd.com

JUSTGIVING	15/03/2022	615	-	-	615	-
Stripe Payments UK	11/03/2022	15	-	-	15	-
Stripe Payments UK	09/03/2022	15	-	-	15	-
JUSTGIVING	08/03/2022	607	-	-	607	-
JUSTGIVING	07/03/2022	2,613	-	-	2,613	-
A Stonehouse	07/03/2022	10	-	-	10	-
Stripe Payments UK	04/03/2022	55	-	-	55	-
Stripe Payments UK	02/03/2022	10	-	-	10	-
JUSTGIVING	01/03/2022	2,788	-	-	2,788	-
Stripe Payments UK	28/02/2022	10	-	-	10	-
Stripe Payments UK	24/02/2022	10	-	-	10	-
AMAZON EUROPE CORE	23/02/2022	73	-	-	73	-
JUSTGIVING	23/02/2022	95	-	-	95	-
JUSTGIVING	21/02/2022	288	-	-	288	-
JUSTGIVING	16/02/2022	178	-	-	178	-
Stripe Payments UK	16/02/2022	10	-	-	10	-
JUSTGIVING	14/02/2022	617	-	-	617	-
Stripe Payments UK	09/02/2022	53	-	-	53	-
JUSTGIVING	08/02/2022	64	-	-	64	-
JUSTGIVING	07/02/2022	666	-	-	666	-
RUSHCLIFFE GOLF CLUB	03/02/2022	500	-	-	500	-

Stripe Payments UK	03/02/2022	29	-	-	29	-
JUSTGIVING	02/02/2022	134	-	-	134	-
JUSTGIVING	01/02/2022	116	-	-	116	-
JUSTGIVING	26/01/2022	487	-	-	487	-
JUSTGIVING	25/01/2022	949	-	-	949	-
JUSTGIVING	18/01/2022	465	-	-	465	-
Stripe Payments UK	18/01/2022	14	-	-	14	-
Stripe Payments UK	12/01/2022	29	-	-	29	-
JUSTGIVING	11/01/2022	492	-	-	492	-
Stripe Payments UK	10/01/2022	14	-	-	14	-
Stripe Payments UK	06/01/2022	43	-	-	43	-
Stripe Payments UK	31/12/2021	169	-	-	169	-
JUSTGIVING	24/12/2021	224	-	-	224	-
Stripe Payments UK	23/12/2021	14	-	-	14	-
VIRGINMONEY GIVING	22/12/2021	129	-	-	129	-
Stripe Payments UK	22/12/2021	276	-	-	276	-
Stripe Payments UK	21/12/2021	29	-	-	29	-
JUSTGIVING	20/12/2021	469	-	-	469	-
Stripe Payments UK	20/12/2021	29	-	-	29	-
Stripe Payments UK	17/12/2021	72	-	-	72	-
Stripe Payments UK	16/12/2021	43	-	-	43	-

Stripe Payments UK	15/12/2021	29	-	-	29	-
JUSTGIVING	14/12/2021	385	-	-	385	-
Stripe Payments UK	14/12/2021	29	-	-	29	-
AMAZON EUROPE CORE	13/12/2021	56	-	-	56	-
Stripe Payments UK	13/12/2021	87	-	-	87	-
Stripe Payments UK	10/12/2021	116	-	-	116	-
Stripe Payments UK	09/12/2021	52			52	
VIRGINMONEY GIVING	08/12/2021	470			470	
Stripe Payments UK	08/12/2021	344			344	
Stripe Payments UK	07/12/2021	242			242	
Stripe Payments UK	06/12/2021	116			116	
VIRGINMONEY GIVING	01/12/2021	34			34	
JUSTGIVING	30/11/2021	78			78	
AMATI GLOBAL INVES	30/11/2021	750			750	
VIRGINMONEY GIVING	24/11/2021	15			15	
JUSTGIVING	23/11/2021	214			214	
000000 CREDIT	18/11/2021	239			239	
000000 CREDIT	18/11/2021	25			25	
VIRGINMONEY GIVING	03/11/2021	215			215	
VIRGINMONEY GIVING	20/10/2021	15			15	
VIRGINMONEY GIVING	13/10/2021	77			77	

VIRGINMONEY GIVING	06/10/2021	45			45	
A Stonehouse	30/09/2021	88			88	
VIRGINMONEY GIVING	29/09/2021	726			726	
VIRGINMONEY GIVING	22/09/2021	15			15	
VIRGINMONEY GIVING	08/09/2021	836			836	
VIRGINMONEY GIVING	02/09/2021	399			399	
VIRGINMONEY GIVING	25/08/2021	15			15	
VIRGINMONEY GIVING	18/08/2021	666			666	
AMAZON EUROPE CORE	17/08/2021	52			52	
A Stonehouse	12/08/2021	17			17	
VIRGINMONEY GIVING	11/08/2021	271			271	
000000 CREDIT	06/08/2021	3,210			3,210	
000000 CREDIT	06/08/2021	312			312	
000000 CREDIT	06/08/2021	250			250	
VIRGINMONEY GIVING	04/08/2021	2,802			2,802	
VIRGINMONEY GIVING	28/07/2021	266			266	
VIRGINMONEY GIVING	21/07/2021	1,069			1,069	
VIRGINMONEY GIVING	14/07/2021	352			352	
VIRGINMONEY GIVING	07/07/2021	1,010			1,010	
VIRGINMONEY GIVING	30/06/2021	2,997			2,997	
VIRGINMONEY GIVING	23/06/2021	1,161			1,161	

VIRGINMONEY GIVING	16/06/2021	925			925	
VIRGINMONEY GIVING	09/06/2021	1,027			1,027	
VIRGINMONEY GIVING	03/06/2021	122			122	
VIRGINMONEY GIVING	26/05/2021	296			296	
AMAZON EUROPE CORE	24/05/2021	54			54	
A Stonehouse	19/05/2021	8			8	
VIRGINMONEY GIVING	19/05/2021	169			169	
VIRGINMONEY GIVING	12/05/2021	167			167	
VIRGINMONEY GIVING	06/05/2021	34			34	
VIRGINMONEY GIVING	21/04/2021	15			15	
PAYPAL CODE 1268	19/04/2021	0			0	
VIRGINMONEY GIVING	14/04/2021	79			79	
VIRGINMONEY GIVING	08/04/2021	5			5	
		-	-	-		-
		-	-	-		-
		-	-	-		-
Sub total (Gross income for AR)		38,385	-	-	38,385	-
A2 Asset and investment sales, (see table).						
		-	-	-	-	
		-	-	-	-	-

Sub total

-	-	-	-	-
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Total receipts

38,385	-	-	38,385	-
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A3 Payments	Date					
6147 SHOPIFY* 1353	10/03/2022	- 49	-	-	- 49	-
6147 CCC GBP 49.49	10/03/2022	- 1	-	-	- 1	-
6147 Google Cloud	03/03/2022	- 18			- 18	
6147 SHOPIFY* 1327	08/02/2022	- 48			- 48	
6147 CCC GBP 48.34	08/02/2022	- 1			- 1	
6147 Google Cloud	03/02/2022	- 8			- 8	
Andy Stonehouse	18/01/2022	- 172			- 172	
Andy Stonehouse	18/01/2022	- 62			- 62	
6147 SHOPIFY* 1301	10/01/2022	- 155			- 155	
6147 CCC GBP 154.8	10/01/2022	- 4			- 4	
6147 Google Cloud	04/01/2022	- 8			- 8	
GIVING.COM - JUSTG	29/12/2021	- 18			- 18	
Aloha Creative Ltd	20/12/2021	- 1,388			- 1,388	
6147 SHOPIFY* 1275	10/12/2021	- 29			- 29	
6147 CCC GBP 29.33	10/12/2021	- 1			- 1	
6147 SHOPIFY* 1274	09/12/2021	- 46			- 46	
6147 CCC GBP 46.30	09/12/2021	- 1	-	-	- 1	-

6147 SHOPIFY* 1271	06/12/2021	- 48	-	-	- 48	-
6147 CCC GBP 48.49	06/12/2021	- 1	-	-	- 1	-
6147 Google Cloud	03/12/2021	- 8	-	-	- 8	-
GIVING.COM - JUSTG	25/11/2021	- 18			- 18	
6147 Google Cloud	03/11/2021	- 8			- 8	
6147 Google Cloud	04/10/2021	- 8			- 8	
6147 Google Cloud	02/09/2021	- 8			- 8	
Donation to MND Association	16/08/2021	- 10,000			- 10,000	
6147 GOOGLE *GSUIT	03/08/2021	- 8			- 8	
6147 GOOGLE GSUIT	05/07/2021	- 8			- 8	
6147 GOOGLE *GSUIT	02/06/2021	- 8			- 8	
6147 GOOGLE GSUIT	04/05/2021	- 8			- 8	
6147 GOOGLE *GSUIT	06/04/2021	- 7			- 7	
Sub total		- 12,154	-	-	- 12,154	-

A4 Asset and investment purchases, (see table)						
		-	-	-	-	
		-	-	-	-	
Sub total		-	-	-	-	-

Total payments

-
12,154

-

-

-
12,154

-

<i>Net of receipts/(payments)</i>	38,385	-	-	38,385	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	26,672	-	-	26,672	-
<i>Cash funds this year end</i>	52,903	-	-	52,903	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Money raised not yet donated.	26,672	-	-
		-	-	-
		-	-	-
	Total cash funds	26,672	-	-
	(agree balances with receipts and payments account(s))			
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-

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	-	-	-
	-	-	-
	-	-	-

B3 Investment assets

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-

B4 Assets retained for the charity’s own use

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
Charity Merchandise	Unrestricted	-	1,500
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

B5 Liabilities

Signed by one or two trustees on behalf of all the trustees

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	
		-	
		-	
		-	
		-	
Signature	Print Name		Date of approval
	Alastair Hall		20/01/2023
	Emma Reid		22/01/2023

STAND AGAINST MND

England & Wales - Charity number 1187436

Accounts



STAND AGAINST MND ANNUAL RETURN FINANCIAL YEAR ENDING 30 MARCH 2021

Stand Against MND was formed in January 2020 by Sam Perkins following his diagnosis of motor neurone disease (MND) in March 2019. The purpose of the charity is two-fold: (1) to raise funds and awareness to support research into a cure for MND and (2) to provide funds to palliative care services that assist those who are affected by MND, including those diagnosed with MND, but also their family and friends.

Since its formation, the charity has achieved its objectives through a range of fundraising activities and promotional events including: Christmas campaigns, selling bespoke art work, Sam personally appearing on TV and radio broadcasts, and of course the support of individual fundraisers such as Team SAM participating in the East Leake Triathlon, virtual cycling challenges and running marathons. Due to the global coronavirus pandemic, we have had to become more creative in how we achieve our objectives. We are pleased that we and our supporters have risen to that challenge!

A message from our founder, Sam Perkins:

"Being diagnosed with MND at the age of 37 was devastating. The offers of help and support which flooded in from family and friends as they shared in my shock gave me a great deal of comfort. With support from my wife Emma, we decided to harness that goodwill and attempt to make a difference for the MND community and the future prospects for treatments for the disease.



Founding Stand Against MND is a point of great pride, but little could we have known that our first year of existence would coincide with a global pandemic. This created huge challenges for all charities and destroyed plans which we had for our first year.



I would like to take this opportunity then, to place on record my thanks to the trustees, our fundraisers, supporters and donors for delivering an exceptional first year. The dedication and imagination everyone continues to show is inspiring, providing a plentiful source of fuel in my own Stand Against MND. Thank you and here's to our continued success."

Section 1	General Overview
Section 2	Trustee Report
Section 3	Accounts

1. GENERAL OVERVIEW

Finances

The charities financial period runs from 1 April to 31 March.

Income for the financial year ending 31 March 2021 was £43,421.

Spending for the financial year ending 31 March 2021 was £16,748.00.

The charity trustees received no remuneration for the work they did as trustees.

The Trustees declare that there have been no serious incidents and, as such, no serious incidents have been reported to the Charity Commission.

Fundraising

The charity raises funds from the public without engaging with professional fundraisers. The charity worked informally, without the need for a formal written agreement, with a small number of commercial organisations in the FYE 31 March 2021 including, VFE, the Nottinghamshire Hospice and Nottingham Forest Football Club.

The charity did not receive income from contracts with central government or local authorities or from outside the United Kingdom.

Donations

The charity made two donations in FYE 31 March 2021:

- 1) £5,000 to the Nottinghamshire Hospice; and
- 2) £10,000 to the Motor Neurone Disease Association – research fund.

Trustee payments

Through the business, Aloha Creative Limited, Rebecca Clark (trustee and director of Aloha Creative Limited) received payment for graphic design and printing services provided to the charity.

2. TRUSTEE REPORT

Paragraph references in the tables below are to SORP FRS 102.

Charity name	Stand Against MND
Other name the charity uses	SAM
Registered charity number	1187436
Charity's principal address	12 Leveret Way, East Leake, Loughborough, Leicestershire, LE12 6XX

Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
Alan Samuel Perkins	Founder and Chair	N/A	N/A
Emma Reid	Secretary	N/A	N/A
Alastair John Hall	Treasurer	N/A	N/A
Rebecca Clark	N/A	N/A	N/A
Victoria Clare Alvis	N/A	N/A	N/A
Greg William Mitchell	N/A	N/A	N/A
Richard Carey	N/A	N/A	N/A

Summary of the purposes of the charity as set out in its governing document	Para 1.17	The purpose of the charity is: 1) the promotion and funding of research into the nature, causes, diagnosis, prevention, treatment and cure of motor neurone disease and the publication of the results of such research; and 2) the provision of support, assistance and information to people affected (directly or indirectly) by motor neurone disease through clinical, hospice or other forms of palliative care.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	The charity has undertaken arrange of activities to raise funds and awareness in line with its purpose. In particular, fundraising activities have included: taking part in sponsored challenges in support of the charity (marathons, triathlons, John O' Groats virtual cycle challenge, sale of bespoke art work). Awareness of MND has taken place by using social media to create 'Sam's Story' sharing Sam's personal experience of being diagnosed and living with MND as well as Sam appearing on BBC and ITV news broadcasts and radio programmes. Sam also participated in a 'hero' video for Nottingham Forest Football Club.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees receive updates from the Charity Commission regarding being a trustee.

Policy on grant making	Para 1.38	The charity policy on grant making permits the trustees to approve the making of a grant to organisations that have the same or similar objectives to the charity.
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	The charity has provided £10,000 of funding to organisations that work towards researching a cure for MND. The donation part-funded the "MND: Next Top Model" research project. In addition to the donation, Sam interviewed the Head of Research at the Motor Neurone Disease Association to share on social media to assist in raising awareness. A single donation of £5,000 was made to the Nottinghamshire Hospice which provides palliative care to those who live with MND and their support network (as well as other individuals who require end-of-life support).

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	At the end of the period the charity had raised a total of £43,421. Of this total the charity donated £15,000 pounds, spent £200 on administrative fees and purchased £1,548 in Merchandise. This left a total £26,672 in Cash funds and approximately assets worth £1500
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The charity's policy is to hold about £10,000 in reserve. This is to fund merchandise and events that we will look to hold throughout the year. As this is the first full year of the charity and because of Covid 19 the Charity has held more back then we plan to for future years.

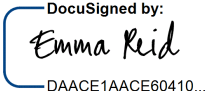
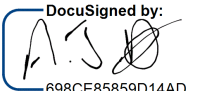
Amount of reserves held	Para 1.22	£26,672 in cash funds and £1500 worth of merchandise assets.
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A
The charity's principal sources of funds (including any fundraising)	Para 1.47	The charity's principal sources of funds are from private fundraising.
Investment policy and objectives including any social investment policy adopted	Para 1.46	The charity is not investing any of its funds.
A description of the principal risks facing the charity	Para 1.46	The key principal risk for the charity remains the effect the pandemic has had on the ability to coordinate in-person events that provide an opportunity to raise funds and awareness of the charity and its objectives.
Type of governing document	Para 1.25	Constitution
How is the charity constituted?	Para 1.25	Charitable Incorporated Organisation (CIO)

Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	As set out in the constitution, apart from the first charity trustees, every trustee must be appointed by a resolution passed at a properly convened meeting of the charity trustees. In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the charity.
Relationship with any related parties	Para 1.51	The charity uses Aloha Creative Limited to provide graphic design and printing services. Rebecca Clark (trustee) is a director of Aloha Creative Limited.

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature	 DAACE1AACE60410...	 698CE85859D14AD...
Full name	Emma Reid	Alastair John Hall
Position	Secretary	Treasurer
Date	29 January 2022	30 January 2022



3. ACCOUNTS



CHARITY COMMISSION
FOR ENGLAND AND WALES

Stand Against MND	No (if any)
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Receipts and payments accounts

For the period from	Period start date	To	Period end date
	23/03/2020		31/03/2021

CC16a

Section A Receipts and payments

		Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts						
	Date					
Stars in their eyes event	23-Mar-20	£332	-	-	£332	-
Stars in their eyes event	23-Mar-20	£1,000	-	-	£1,000	-
Stars in their eyes event	23-Mar-20	£1,000	-	-	£1,000	-
Paul Caygill - JustGiving donation	02-Apr-20	£733	-	-	£733	-
Chris Slater - Dry Jan	03-Apr-20	£600	-	-	£600	-
Paul Caygill - JustGiving donation	01-May-20	£29	-	-	£29	-

Stand Against MND is a charitable incorporated organisation

Registration Number: 1187436 Registered Address: 12 Leveret Way, East Leake, Loughborough, Leicestershire, LE12 6XX

info@standagainstmnd.com

Chris Slater - Dry Jan	18-May-20	£10	-	-	£10	-
Rachel Pearce sober challenge donation	01-Jun-20	£300	-	-	£300	-
Lily and Sam Book money	02-Jun-20	£187	-	-	£187	-
Sam Perkins Justgiving account	16-Jun-20	£15,922	-	-	£15,922	-
Lily and Sam Book money	01-Jul-20	£283	-	-	£283	-
Lily and Sam Book money	13-Jul-20	£53	-	-	£53	-
Lily and Sam Book money	17-Jul-20	£10	-	-	£10	-
Lily and Sam Book money	31-Jul-20	£146	-	-	£146	-
Lily and Sam Book money	07-Sep-20	£200	-	-	£200	-
VFE Landsend to John O'groats	16-Sep-20	£1	-	-	£1	-
VFE Landsend to John O'groats	23-Sep-20	£5,608	-	-	£5,608	-
Rachel Pearce sober challenge donation	24-Sep-20	£244	-	-	£244	-
Virginmoney giving	30-Sep-20	£1,742	-	-	£1,742	-
Lily and Sam Book money	05-Oct-20	£84	-	-	£84	-
Richard Carey East Leake Tri	07-Oct-20	£550	-	-	£550	-
Virginmoney giving	07-Oct-20	£1,010	-	-	£1,010	-
Sam Perkins Justgiving account	12-Oct-20	£1,771	-	-	£1,771	-
Virginmoney giving	14-Oct-20	£574	-	-	£574	-
Phillippa Neath East Leak Tri	19-Oct-20	£2,000	-	-	£2,000	-

VFE Landsend to John O'Groats	21-Oct-20	£29	-	-	£29	-
Virginmoney giving	21-Oct-20	£284	-	-	£284	-
Horsforth Brewery - Money from Sam Beer	27-Oct-20	£813	-	-	£813	-
Virginmoney giving	28-Oct-20	£117	-	-	£117	-
Lily and Sam Book money	03-Nov-20	£50	-	-	£50	-
Virginmoney giving	04-Nov-20	£1,768	-	-	£1,768	-
Virginmoney giving	11-Nov-20	£233	-	-	£233	-
Virginmoney giving	18-Nov-20	£1,390	-	-	£1,390	-
Lily and Sam Book money	02-Dec-20	£46	-	-	£46	-
Virginmoney giving	09-Dec-20	£231	-	-	£231	-
Virginmoney giving	16-Dec-20	£88	-	-	£88	-
Virginmoney giving	23-Dec-20	£49	-	-	£49	-
Virginmoney giving	31-Dec-20	£717	-	-	£717	-
Virginmoney giving	06-Jan-21	£103	-	-	£103	-
Virginmoney giving	13-Jan-21	£105	-	-	£105	-
Virginmoney giving	20-Jan-21	£55	-	-	£55	-
Lily and Sam Book money	27-Jan-21	£17	-	-	£17	-
Corporate donation (cheque)	02-Feb-21	£620	-	-	£620	-
Virginmoney giving	10-Feb-21	£756	-	-	£756	-

Amazon smile donation	11-Feb-21	£50	-	-	£50	-
Virginmoney giving	17-Feb-21	£227	-	-	£227	-
Virginmoney giving	24-Feb-21	£105	-	-	£105	-
Lyndsey Clarke donation	26-Feb-21	£350	-	-	£350	-
Virginmoney giving	03-Mar-21	£198	-	-	£198	-
Virginmoney giving	10-Mar-21	£360	-	-	£360	-
Lily and Sam Book money	12-Mar-21	£30	-	-	£30	-
Virginmoney giving	17-Mar-21	£85	-	-	£85	-
Virginmoney giving	24-Mar-21	£15	-	-	£15	-
Virginmoney giving	31-Mar-21	£141	-	-	£141	-
		-	-	-		-
		-	-	-		-
Sub total (Gross income for AR)		43,421	-	-	43,421	-
A2 Asset and investment sales, (see table).						
		-	-	-	-	-
		-	-	-	-	-
Sub total		-	-	-	-	-
Total receipts		43,421	-	-	43,421	-

A3 Payments

Virgin Money registration fee	02-Jun-20	£180	-	-	180	-
Nottinghamshire Hospice donation	22-Jun-20	£5,000	-	-	5,000	-
MND Association donation	02-Dec-20	£10,000	-	-	10,000	-
Post office costs	04-Feb-21	£10	-	-	10	-
Gsuite business account costs	19-Feb-21	£10	-	-	10	-
		-	-	-	-	-
		-	-	-	-	-
Sub total		15,200	-	-	15,200	-

A4 Asset and investment purchases, (see table)

Aloha Creative Ltd for SAM Merchandise		£1,548	-	-	1,548	
		-	-	-	-	
Sub total		1,548	-	-	1,548	-

Total payments

16,748	-	-	16,748	-
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Net of receipts/(payments)

26,672	-	-	26,672	-
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A5 Transfers between funds

-	-	-	-	-
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A6 Cash funds last year end

-	-	-	-	-
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Cash funds this year end

26,672	-	-	26,672	-
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Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestrict ed funds to nearest £	Restricted funds to nearest £	Endowmen t funds to nearest £
B1 Cash funds	Money raised not yet donated.	26,672	-	-
		-	-	-
		-	-	-
		-	-	-
	Total cash funds	26,672	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
	Details	Unrestrict ed funds to nearest £	Restricted funds to nearest £	Endowmen t funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

B3 Investment assets

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-

B4 Assets retained for the charity's own use

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
Charity Merchandise	Unrestricted	-	1,500
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	
		-	

Signed by two trustees on behalf of all the trustees

Signature

DocuSigned by: 
DocuSigned by: 

Print Name

Alastair Hall
Emma Reid

Date of approval

30 January 2022
29 January 2022