

The HOUNSLOW BOROUGH RESPIRATORY SUPPORT GROUP

Registered as a CIO Charity No 1187387

Trustees' Annual Report For the period 1 November 2019 – 31 January 2021

Objectives and Activities.

Objectives

To promote and protect the good health of people with respiratory illnesses or long-term health conditions and their partners and carers in particular but not exclusively by providing support and a range of activities to relieve their needs.

Activities.

To organise meetings, outings and exercise classes to promote good health and wellbeing of its membership.

Achievements and Performance.

During the period covered by this report the group held fifteen monthly meetings inviting guest speakers on a variety of topics designed to educate and help members their partners and carers to maintain an improved lifestyle.

Various outings were organised during the fifteen months, however, but the COVID pandemic meant that the planned outings programme had to be reorganised to comply with Government guidelines. During the year three members took and passed the Midas training course and are now licenced to drive minibuses.

Future plans

Initial discussions have taken place to create a NWL Respiratory Patient Group across the 8 boroughs which form the North West London Clinical Commissioning Group. The idea is that the group will provide patient feedback to the NWL Respiratory Clinical Reference Group. The Westminster BreatheEasy group and us are working together to set up the group.

Financial Review.

Overview

The Group is in a sound financial position and the Trustees' consider that its continuance as a going concern is well placed. The Group has, to date, benefitted from a free website this service is being withdrawn and it has been necessary to take out a subscription with an alternative website provider. Applications to extend the closing dates on the London Borough of Hounslow and the London Community Foundation grants have been granted. However, with the uncertainty as to when face-to-face activity may resume it is not possible to predict that the remaining grants will be sufficient to cover the costs incurred during the next financial year. The Trustees will continue to monitor the position and will, if necessary, seek further grant funding.

Grants

During the period of this report the Group received grants from:

- London Borough of Hounslow
- London Community Foundation
- The National Lottery

We are indebted to all organisations for the financial support the Group has received.

Reserves

The Groups reserves as at the year end were £444. The Groups reserves policy is to maintain sufficient funds equal to 12 (twelve) months unrestricted expenditure. It is expected that this will be achieved within the next three years.

Investment policy

The Trustees' continually monitor the Groups' cashflow and any surplus funds, at any given time, are placed in a deposit account.

Risk policy

The Trustees' continually monitor all risks and maintain and update its risk register annually.

Structure, Governance and Management

Structure

The Group is registered as a CIO (Charitable Incorporated Organisation) with the Charity Commission of England and Wales. Its charitable status was granted on 15 January 2020.

Trusteeship

The Group has to have a minimum of 3 (three) Trustees and a maximum of 6 (Six) Trustees appointed by its membership in accordance with its Constitution.

Trustees

The persons who served as Trustees during the year were:

Roger Smith	Chair
Robert Louis Hardy-King	Vice Chair
Angela Susan Smith	Trustee
Linda Jacqueline Burton	Trustee

The above were the interim Trustees stated in the Groups application for charitable status submitted to the Charity Commission.

Stephen Robert England Appointed 11 March 2020

Staffing

The Group does not have any remunerated staff.

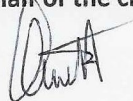
Tresia Lewis was appointed as PA to the Trustees on 27 January 2021, the position is voluntary. Due to work commitments Jeanette Tyndale resigned.

Charity Assets

An Asset Register is maintained by the Trustees.

Signed on behalf of the charity's trustees

Signature



Full name: **Roger Smith**

Position: **Chair**

Date:

21 February 2021

HOUNSLOW BOROUGH RESPIRATORY SUPPORT GROUP

Charitable Incorporated Organisation Reg No: 1187387

Balance Sheet for the 15 months ending 31 January 2021

	Notes	2019-21 £	2018-19 £
Current Assets			
Debtors		207.50	0.00
Cash at bank		94.83	14,290.40
Deposit Account		18,865.97	0.00
Cash in hand		6.00	0.00
Total Current Assets		19,174.30	14,290.40
Creditors: amounts falling due in one year		697.00	13,631.80
Net Current Assets/(Liabilities)		18,477.30	658.60
Transfers between Funds		0.00	0.00
Net Movement in Funds		18,477.30	658.60
FUNDS OF THE CHARITY			
Unrestricted Funds		444.41	373.89
Restricted Funds		18,032.89	284.71
TOTAL FUNDS		18,477.30	658.60

Notes:

Restricted Funds:

Members Liability Fund	60.00	0.00
Reserves Fund	0.00	0.00
Social Fund	1,512.41	0.00
Website Fund	48.80	48.80
Media Fund	825.97	0.00
Travel	2,250.00	0.00
Gym Fund	12,646.91	235.91
Diabetic Fund	600.00	0.00
Equipment Fund	88.80	0.00
Total Restricted Funds	18,032.89	284.71

Signed

Roger Smith

On behalf of Hounslow Borough Respiratory Support Group

Date 21 February 2021

Signed

Poonam Shah – Independent Examiner

Date

21/02/2021

HOUNSLOW BOROUGH RESPIRATORY SUPPORT GROUP

Charitable Incorporated Organisation Reg No: 1187387

Statement of Financial Activities for the 15 months ending 31 January 2021

	Unrestricted £	Restricted £	2019-21 Total £	2018-19 Total £
INCOMING RESOURCES				
Subscriptions	630.00	0.00	630.00	2,330.00
Gym Fees	1,754.00	0.00	1,754.00	0.00
Social Events	300.00	2,087.11	2,387.11	946.70
Donations	247.50	0.00	247.50	390.40
Grants - unrestricted	0.00	0.00	0.00	4,513.00
Media Fund	0.00	1,996.18	1,996.18	0.00
Travel Fund	0.00	2,250.00	2,250.00	0.00
Gym Fund	0.00	15,335.00	15,335.00	0.00
Equipment Fund	0.00	2,254.79	2,254.79	0.00
Diabetes Fund	0.00	600.00	600.00	0.00
Other	329.90	0.00	329.90	0.00
Total Incoming Resources	3,261.40	24,523.08	27,784.48	8,180.10
RESOURCES EXPENDED				
Room Hire	290.00	0.00	290.00	1,455.00
Social Events	300.00	574.70	874.70	935.62
Gym Hire	855.00	0.00	855.00	0.00
Insurance	150.20	0.00	150.20	150.20
Media	132.49	0.00	132.49	125.88
Donations	0.00	0.00	0.00	0.00
Media Fund	0.00	1,170.21	1,170.21	0.00
Travel Fund	0.00	0.00	0.00	0.00
Gym Fund	0.00	3,823.00	3,823.00	4,310.00
Equipment Fund	0.00	2,165.99	2,165.99	1,220.00
Diabetes Fund	0.00	0.00	0.00	0.00
Other	504.19	0.00	504.19	59.80
Total Resources Expended	2,231.88	7,733.90	9,965.78	8,256.50
Net Incoming/(outgoing) resources	1,029.52	16,789.18	17,818.70	(76.40)
Total Funds brought forward	373.89	284.71	658.60	735.00
Total funds	1,403.41	17,073.89	18,477.30	658.60
Transfers between Funds	(959.00)	959.00	0.00	0.00
Net Funds carried forward	444.41	18,032.89	18,477.30	658.60

Independent Examiner's Report

Report to the trustees/ members of

The Hounslow Borough Respiratory Support Group

Accounts for the year ended

31st January 2021

Independent examiner's statement

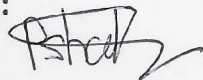
I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination and I believe:

- the accounts accurately reflect the Charity's financial performance and position for the period 1st November 2019 to 31st January 2021.
- the accounts did accord with the accounting records provided

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Name: Poonam Shah ACMA CGMA

Signed:



Date: 21/02/2021