



Trustees' Annual Report

Reporting Period
1st April 2024 to 31st March 2025



Charity Registration Number : 1187381

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Chair's Reflection

This year has marked a significant period of growth and consolidation for Kilburn State of Mind. The move into new premises provided not only greater stability for the charity, but also enabled KSOM to respond more effectively to the needs of the local community. Over the course of the year, we have seen increased participation in activities, strong volunteer engagement, and sustained demand for accessible, inclusive spaces that support wellbeing, creativity and connection.

KSOM's development during the year demonstrates the value of community-led provision. The charity's activities continue to reach people across ages and backgrounds, offering opportunities for creative expression, social connection and practical support. The commitment of our volunteers, partners and supporters has been central to this progress, and I would like to thank everyone who has contributed their time, skills and energy.

While the charity continues to face challenges common to many small organisations, particularly around funding, the trustees have full confidence in KSOM's direction. The strong response from the community reinforces our belief that the services KSOM provides are both needed and valued. We look ahead with a focus on sustainability, partnership working and ensuring that KSOM can continue to thrive and grow responsibly.

Objectives and Activities

The objects of the charity are, for the public benefit, to tackle poverty and hardship, to reduce social and financial exclusion by ensuring access to services regardless of means, and to advance health and well-being (including mental health) in Kilburn and the surrounding areas. KSOM seeks to achieve these objectives in particular, but not exclusively, by using music and the creative arts as a means to strengthen resilience, build confidence, support emotional well-being, and celebrate community identity.

Activities also include providing food and nutritional education; delivering educational and skills-based programmes such as music learning, digital inclusion, mentoring, and activities for children, adults, older people and families; creating a community hub where residents can access support and connection; promoting healthier lifestyles through wellbeing activities and workshops; and advancing citizenship and community development through volunteering, up-skilling and collaborative opportunities.

KSOM is embedded in the diverse community of Kilburn and provides a wide and evolving range of experiences and a valuable resource base for many local people. Beneficiaries include local residents, families, aspiring musicians, music lovers, and older and isolated people. The programme of activities includes free music tuition, community singing, mentoring, access to music and IT support, and the delivery of two local music festivals. KSOM also provides an accessible space for community activities and support groups, a gardening club, children's holiday and after-school schemes, and a community café.

The trustees confirm that they have had due regard to the Charity Commission's guidance on public benefit when planning and delivering the charity's activities.

Volunteers

The volunteer team expanded significantly during the year in line with the growth of KSOM's activities and the increasing demand for its services. Volunteers are central to the charity's delivery and community presence.

The team includes local musicians who play a key role in KSOM's music programmes and festivals, forming an important part of the local music community. ICT specialists contribute by supporting the website and social media, helping maintain KSOM's visibility and communication.

Volunteers also assist with building management, gardening, café operations and supporting children's activities. Their contribution enables the charity to deliver a broad range of programmes in a welcoming and community-led environment.

During the year, KSOM worked with a large volunteer team at its park events, including students from the Institute of Contemporary Music Performance (ICMP), who gained valuable practical experience.

Volunteer involvement benefits both the charity and the individuals involved. Many volunteers report improved wellbeing, confidence, connection and skills development through their participation. The continued growth in volunteer numbers reflects both the expansion of KSOM's work and the strong willingness within the community to contribute to its success.

Achievements and Performance

This year marked a significant period of growth for Kilburn State of Mind. Following the move to new premises, the charity expanded both the scale and range of its activities and reached a substantially broader section of the local community.

Through its expanded programme, KSOM is now firmly embedded in the local area, particularly among families with young children who use the adjacent park and play area. In particular, our School Holiday Clubs and After-School activities were consistently well attended, strengthening relationships with local families and demonstrating clear demand for KSOM's provision.

During the summer months, our café and its outdoor area next to the playground became a popular and valued community resource, especially during events in Grange Park. Weekly activities such as coffee mornings continued to thrive, offering a welcoming and inclusive space. Many attendees subsequently became volunteers, further strengthening community ownership of KSOM's work.

KSOM continued to distribute donated computers and IT equipment to people in need within the community, alongside advice and support on their use. The KSOM choir also continued to thrive, offering learning, wellbeing and enjoyment through inclusive singing. The choir rehearses weekly at Sidings Community Centre and performed at a range of community events including Into the Park and Kilburn festivals, Kingsgate Studios, Kilburn Arms Open Mic and a gala performance at Porchester Hall.

Partnership working developed further throughout the year. KSOM strengthened relationships with community organisations including ICMP Music College, Kingsgate Primary School, the Kiln Theatre

and the One Kilburn Forum, alongside constructive working relationships with culture, funding and events teams within Brent and Camden Councils.

In June, KSOM again delivered the annual free community music festival, Into the Park, in Queen's Park. The festival remains extremely well supported and provides high-quality live music reflecting the area's cultural diversity in a free, family-friendly environment. Volunteer involvement increased significantly, and the event included local craft and community stalls, family activities and multicultural catering. ICMP and other local businesses provided financial support alongside the many musicians who contributed their time and talent.

A notable example of community collaboration this year was the transformation of a derelict outdoor space beside our premises, the Playhut, into a wellbeing garden. Local businesses supported the project by providing volunteer teams to clear and prepare the site. The Royal Parks donated plants and flowers, while further local businesses assisted with transporting over 200 plants. Gardening specialists, local volunteers, children and families worked together to create what is now a quiet, reflective green space and valued community asset. This project demonstrated the power of community, business and social action working together to create meaningful local impact.

Alongside programme growth, KSOM strengthened its core delivery and coordination capacity. Trustees focused on ensuring that systems, oversight and financial management kept pace with expansion. This helped maintain appropriate control and accountability during a year of rapid development, ensuring that funds were directed effectively toward charitable purposes.

Overall, the year's expansion demonstrates both the scale of local need and the effectiveness of KSOM's community-led model. Increased participation, volunteer engagement and repeat use of services indicate strong demand for inclusive provision that supports wellbeing, creativity and social connection.

Financial Review

The year to 31 March 2025 reflects a period of significant growth and activity for the charity.

Total income for the year was **£100,178**, representing a substantial increase on previous years and reflecting successful grant funding, community support and expanded programme delivery across Kilburn.

Total expenditure for the year was **£98,696**. Spending was closely aligned to programme delivery, community activities and the development of the charity's operating base following the move to new premises. This was a year of purposeful investment in delivery capacity and community reach.

At the year end, the charity held approximately **£3,415** in reserves. Trustees recognise that this remains below the level desirable for long-term resilience and have therefore prioritised strengthening reserves in the coming year.

Despite rapid growth in activity, trustees maintained careful oversight of expenditure and financial controls throughout the year. Financial systems and monitoring have continued to develop to ensure funds are managed responsibly and directed toward charitable objectives.

Trustees consider the charity to be financially viable and well positioned for continued development. The focus for the coming year is on consolidating growth, strengthening reserves and maintaining prudent financial management as activity expands.

Structure, Governance and Management

Kilburn State of Mind is a Charitable Incorporated Organisation (CIO) governed by its Constitution. The charity is managed by its Board of Trustees, who are responsible for setting the strategic direction of the charity, ensuring good governance, and overseeing financial management and risk.

During the reporting period the trustees in office were:

- Ray Wells – Chair
- Anna Ferrie – Treasurer
- Catherine (Kate) Gleeson – Trustee

Trustees serve on a voluntary basis and receive no remuneration for their role.

During the latter part of the reporting period and shortly thereafter, the Board was strengthened through the appointment of additional trustees. Shahnila Rashid and Anthony Molloy joined the Board in January, and Catherine Gleeson stepped down from her role. The Board therefore entered the new financial year with increased trustee capacity and a broader range of skills to support the charity's continued development.

Trustees keep the composition of the Board under review to ensure an appropriate balance of skills and experience as the charity grows.

Plans for the Future

KSOM will continue to grow as an inclusive community hub, responding proactively to local need and ensuring that access to wellbeing activity is not limited by financial circumstances. In a community where many residents face social and economic pressures, keeping activities free or low-cost remains a core commitment so that participation is open to all.

The charity will further develop its music-led and creative wellbeing programmes, using music as a practical tool to support mental wellbeing, confidence and connection. Particular focus will be placed on children, families and the elderly alongside intergenerational activities that strengthen community ties.

With increased visibility from its premises and an established presence across both Camden and Brent, KSOM is well positioned to reach more residents and respond to local priorities. Programmes will continue to be shaped by community voice and lived experience to ensure they remain relevant and accessible and consistent with Kilburn's diverse cultural and creative heritage.

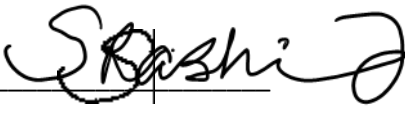
Building on the momentum of recent music and community initiatives, KSOM will continue to use shared musical experiences to bring people together and support wellbeing. These initiatives highlight the role of music as a connector across cultures, ages and backgrounds.

Future development will focus on deepening what works well rather than widening scope. Strengthening music workshops, choirs and creative wellbeing activities will remain central, alongside continued investment in governance, financial resilience and sustainable income generation.

KSOM aims to remain a trusted community partner and enabler — empowering people to participate, build confidence and feel part of community life. The coming years will focus on growing what works, reaching more people and strengthening impact, so that music and creativity continue to play a meaningful role in supporting mental wellbeing and community connection.

Statement of Trustees' Responsibilities

The trustees are responsible for preparing the Trustees' Annual Report and financial statements in accordance with applicable law and United Kingdom Accounting Standards, including FRS 102 and the Charities Statement of Recommended Practice. The trustees are responsible for keeping proper accounting records, safeguarding the assets of the charity, and taking reasonable steps to prevent and detect fraud and other irregularities.

Approved by the Trustees on: 

Signed on behalf of the Trustees:

Name:Shahnila Rashid

Position:Trustee

Date:31st January 2026

Receipts and payments accounts

CC16a

For the period from	Period start date	To	Period end date
	01/04/2024		31/03/2025

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Funding	25,572	57,798	-	83,370	5,000
Sponsorship	2,803	-	-	2,803	-
Donation	6,811	-	-	6,811	9,307
Café Revenue	4,043	-	-	4,043	-
Choir Revenue	3,136	-	-	3,136	-
Other Revenue	16	-	-	16	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	42,380	57,798	-	100,178	14,307
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	42,380	57,798	-	100,178	14,307
A3 Payments					
Premises & Facilities	5,637	1,929	-	7,566	-
Maintenance	-	-	-	-	713
Professional fees & Insurance	171	59	-	230	1,246
Festival Expenses	1,969	8,079	-	10,048	850
Office, IT & comms	1,421	486	-	1,908	-
General Expenses	4,472	1,531	-	6,003	4,095
Interest	-	-	-	-	0
Loan	706	242	-	948	668
Choir Costs	3,830	-	-	3,830	-
Café Costs	2,198	-	-	2,198	-
Artists & Performers	1,400	7,890	-	9,290	-
Music Tuition	-	3,030	-	3,030	3,435
Refreshments	-	-	-	-	467
Subsistence	-	-	-	-	1,650
Travel	1,935	662	-	2,598	2,280
Volunteer expenses	-	-	-	-	2,008
Wages	14,490	4,960	-	19,450	11,808
Stationary	-	-	-	-	440
Subscription	-	-	-	-	992
Project payments	-	24,138	-	24,138	2,194
Service Payments	-	-	-	-	3,560
Programme Expenses	-	3,953	-	3,953	-
Miscellaneous	63	-	-	63	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	38,292	56,959	-	95,251	36,407
A4 Asset and investment purchases, (see table)					
Assets	3,445	-	-	3,445	-
	-	-	-	-	-
Sub total	3,445	-	-	3,445	-
Total payments	41,737	56,959	-	98,696	36,407
Net of receipts/(payments)	643	839	-	1,482	22,101
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	1,933	-	-	1,933	24,034
Cash funds this year end	2,576	839	-	3,415	1,933

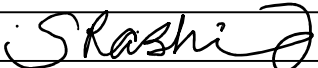
Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank	2,576	839	-
		-	-	-
		-	-	-
	Total cash funds	2,576	839	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets			Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use		Fund to which asset belongs	Cost (optional)	Current value (optional)
	Car		3,309	3,309
	Fridge Freezer		136	136
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities		Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	

C Notes to Accounts

Related Party Transactions £2,215 of payments for expenses were made to two of the trustees connected to business related activities.

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Shahnila Rashid	31.01.2026



Independent examiner's report on the accounts

Section A

Independent Examiner's Report

Report to the trustees

KILBURN STATE OF MIND

31st March 2025

1187381

On accounts for the year ended

Charity no (if any)

Set out on pages

(remember to include the page numbers of additional sheets)

Responsibilities and basis of report

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended
31 / 03 / 2025

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

A.D. Gwib

Signed:

Date:

30/01/2026

ALASDAIR COUTTS

Name:

Relevant professional qualification(s) or body (if any):

Address:

50A LEIGHTON GARDENS

LONDON

NW10 3PT

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

Related Party Transactions

There were approximately £2,215 of expenses relating to Charity based activities were made in total to two of the Trustees.

Funding exceeding Expenditure

Expenditure was only £1.5k lower than funding and income in the financial year. It is my understanding that additional funding for the financial year 2025/26 now exceeds £200k.

Assets - Car

Car Purchase recorded as a company asset. Full ownership to be completed by charity.

Cash Payments

Where possible it would be best for cash payments to have invoices and receipts. The charity is moving to a Pleo expenses card which should assist with this and more invoicing of regular artist / performers